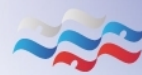


15•18 ДЕКАБРЯ

**ВСЕРОССИЙСКИЕ
СОРЕБНОВАНИЯ ПО ПЛАВАНИЮ
СРЕДИ ЮНОШЕЙ И ДЕВУШЕК**



Всероссийская
федерация плавания

ВОЛГОГРАД



114 , 400m 1996 - 1998
16.12.2013 - 18:09

3:35.75 (TUR) 10.12.2009
3:48.58
3:49.70 21.12.2011

: FINA 2013

					RT				FINA			
1.	1997				+0,73				3:48.48 801			
	50m:	26.29	26.29	150m:	1:24.21	29.12	250m:	2:22.86	29.39	350m:	3:21.33	29.17
	100m:	55.09	28.80	200m:	1:53.47	29.26	300m:	2:52.16	29.30	400m:	3:48.48	27.15
2.	1996				+0,63				3:49.03 795			
	50m:	26.46	26.46	150m:	1:24.57	29.30	250m:	2:23.22	29.30	350m:	3:21.30	29.05
	100m:	55.27	28.81	200m:	1:53.92	29.35	300m:	2:52.25	29.03	400m:	3:49.03	27.73
3.	1996				+0,64				3:49.52 790			
	50m:	26.40	26.40	150m:	1:24.42	29.21	250m:	2:22.81	29.16	350m:	3:21.35	29.27
	100m:	55.21	28.81	200m:	1:53.65	29.23	300m:	2:52.08	29.27	400m:	3:49.52	28.17
4.	1996				+0,48				3:50.02 785			
	50m:	25.76	25.76	150m:	1:23.63	29.13	250m:	2:22.84	29.67	350m:	3:22.04	29.51
	100m:	54.50	28.74	200m:	1:53.17	29.54	300m:	2:52.53	29.69	400m:	3:50.02	27.98
5.	1996				+0,57				3:51.70 768			
	50m:	26.38	26.38	150m:	1:24.50	29.29	250m:	2:23.57	29.52	350m:	3:22.57	29.45
	100m:	55.21	28.83	200m:	1:54.05	29.55	300m:	2:53.12	29.55	400m:	3:51.70	29.13
6.	1997				+0,85				3:54.32 743			
	50m:	26.66	26.66	150m:	1:25.18	29.61	250m:	2:24.84	29.71	350m:	3:25.12	30.46
	100m:	55.57	28.91	200m:	1:55.13	29.95	300m:	2:54.66	29.82	400m:	3:54.32	29.20
7.	1997				+0,67				3:59.30 697			
	50m:	26.54	26.54	150m:	1:24.98	29.55	250m:	2:25.82	30.74	350m:	3:28.55	31.34
	100m:	55.43	28.89	200m:	1:55.08	30.10	300m:	2:57.21	31.39	400m:	3:59.30	30.75
8.	1996				+0,67				4:01.06 682			
	50m:	26.06	26.06	150m:	1:24.35	29.61	250m:	2:24.81	30.43	350m:	3:28.69	32.32
	100m:	54.74	28.68	200m:	1:54.38	30.03	300m:	2:56.37	31.56	400m:	4:01.06	32.37