



15•18 ДЕКАБРЯ



ВСЕРОССИЙСКИЕ  
СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ  
СРЕДИ ЮНОШЕЙ И ДЕВУШЕК



Всероссийская  
федерация плавания

ВОЛГОГРАД



109  
15.12.2013 - 17:36

, 400m

1996 - 1998

4:04.51  
4:06.02  
4:08.26

25.01.2006  
16.11.2013  
20.12.2012

: FINA 2013

								RT		FINA		
1.				1997				+0,57	<b>4:14.71</b>		790	
	50m:	27.66	27.66	150m:	1:31.21	32.44	250m:	2:39.15	36.08	350m:	3:44.93	30.04
	100m:	58.77	31.11	200m:	2:03.07	31.86	300m:	3:14.89	35.74	400m:	4:14.71	29.78
2.				1997				+0,67	<b>4:17.46</b>		765	
	50m:	27.77	27.77	150m:	1:32.10	32.71	250m:	2:41.22	36.56	350m:	3:48.45	30.87
	100m:	59.39	31.62	200m:	2:04.66	32.56	300m:	3:17.58	36.36	400m:	4:17.46	29.01
3.				1996		-		+0,77	<b>4:17.78</b>		762	
	50m:	28.05	28.05	150m:	1:33.70	34.39	250m:	2:43.78	36.60	350m:	3:50.11	29.98
	100m:	59.31	31.26	200m:	2:07.18	33.48	300m:	3:20.13	36.35	400m:	4:17.78	27.67
4.				1996				+0,65	<b>4:22.06</b>		725	
	50m:	27.67	27.67	150m:	1:33.62	34.13	250m:	2:44.87	36.56	350m:	3:52.81	31.07
	100m:	59.49	31.82	200m:	2:08.31	34.69	300m:	3:21.74	36.87	400m:	4:22.06	29.25
5.				1997		-		+0,73	<b>4:22.64</b>		720	
	50m:	27.71	27.71	150m:	1:36.14	35.90	250m:	2:45.90	35.65	350m:	3:53.48	31.56
	100m:	1:00.24	32.53	200m:	2:10.25	34.11	300m:	3:21.92	36.02	400m:	4:22.64	29.16
6.				1996				+0,75	<b>4:23.37</b>		714	
	50m:	27.80	27.80	150m:	1:34.02	34.02	250m:	2:44.40	37.13	350m:	3:53.40	30.86
	100m:	1:00.00	32.20	200m:	2:07.27	33.25	300m:	3:22.54	38.14	400m:	4:23.37	29.97
7.				1998				+0,67	<b>4:24.45</b>		706	
	50m:	27.06	27.06	150m:	1:33.23	33.98	250m:	2:45.34	38.30	350m:	3:55.12	31.96
	100m:	59.25	32.19	200m:	2:07.04	33.81	300m:	3:23.16	37.82	400m:	4:24.45	29.33
8.				1997				+0,67	<b>4:31.17</b>		655	
	50m:	27.81	27.81	150m:	1:36.56	36.28	250m:	2:50.56	38.81	350m:	4:01.41	31.49
	100m:	1:00.28	32.47	200m:	2:11.75	35.19	300m:	3:29.92	39.36	400m:	4:31.17	29.76