

30
20.03.2026 - 10:53

, 1500m

15:50.22
16:04.21

(JPN)

26.07.2021
17.04.2025

		/				R.T.			
1.			12.04.1998					17:33.02	
	50m:	32.48	32.48	450m:	5:16.56	35.46	850m:	9:58.40	35.13
	100m:	1:07.57	35.09	500m:	5:52.25	35.69	900m:	10:34.23	35.83
	150m:	1:43.00	35.43	550m:	6:27.14	34.89	950m:	11:09.47	35.24
	200m:	2:18.65	35.65	600m:	7:02.13	34.99	1000m:	11:45.38	35.91
	250m:	2:54.25	35.60	650m:	7:37.20	35.07	1050m:	12:19.80	34.42
	300m:	3:29.95	35.70	700m:	8:12.72	35.52	1100m:	12:54.56	34.76
	350m:	4:05.30	35.35	750m:	8:47.73	35.01	1150m:	13:29.37	34.81
	400m:	4:41.10	35.80	800m:	9:23.27	35.54	1200m:	14:04.39	35.02
2.			10.11.2010					18:12.26	
	50m:	32.13	32.13	450m:	5:16.18	35.54	850m:	10:11.36	37.58
	100m:	1:07.83	35.70	500m:	5:51.86	35.68	900m:	10:49.35	37.99
	150m:	1:43.21	35.38	550m:	6:27.32	35.46	950m:	11:26.18	36.83
	200m:	2:18.99	35.78	600m:	7:03.80	36.48	1000m:	12:04.20	38.02
	250m:	2:54.41	35.42	650m:	7:40.57	36.77	1050m:	12:41.35	37.15
	300m:	3:29.61	35.20	700m:	8:18.43	37.86	1100m:	13:18.65	37.30
	350m:	4:04.88	35.27	750m:	8:55.51	37.08	1150m:	13:55.76	37.11
	400m:	4:40.64	35.76	800m:	9:33.78	38.27	1200m:	14:33.62	37.86
3.			22.10.2009					18:19.74	
	50m:	33.72	33.72	450m:	5:26.58	36.71	850m:	10:21.71	36.98
	100m:	1:10.26	36.54	500m:	6:03.45	36.87	900m:	10:58.45	36.74
	150m:	1:46.83	36.57	550m:	6:40.12	36.67	950m:	11:35.45	37.00
	200m:	2:23.25	36.42	600m:	7:16.79	36.67	1000m:	12:12.08	36.63
	250m:	2:59.81	36.56	650m:	7:54.07	37.28	1050m:	12:49.11	37.03
	300m:	3:36.34	36.53	700m:	8:30.88	36.81	1100m:	13:26.06	36.95
	350m:	4:13.15	36.81	750m:	9:07.93	37.05	1150m:	14:03.26	37.20
	400m:	4:49.87	36.72	800m:	9:44.73	36.80	1200m:	14:40.32	37.06
4.			21.08.2010	I				18:42.35	
	50m:	34.24	34.24	450m:	5:31.89	37.78	850m:	10:33.40	37.74
	100m:	1:11.22	36.98	500m:	6:09.26	37.37	900m:	11:10.84	37.44
	150m:	1:48.33	37.11	550m:	6:46.99	37.73	950m:	11:48.84	38.00
	200m:	2:25.32	36.99	600m:	7:24.56	37.57	1000m:	12:26.55	37.71
	250m:	3:02.56	37.24	650m:	8:02.41	37.85	1050m:	13:04.57	38.02
	300m:	3:39.58	37.02	700m:	8:40.02	37.61	1100m:	13:42.04	37.47
	350m:	4:17.00	37.42	750m:	9:17.96	37.94	1150m:	14:19.81	37.77
	400m:	4:54.11	37.11	800m:	9:55.66	37.70	1200m:	14:57.55	37.74
5.			22.07.2009	I				19:16.64	I
	50m:	35.56	35.56	450m:	5:42.73	38.56	850m:	10:52.05	38.73
	100m:	1:13.31	37.75	500m:	6:21.16	38.43	900m:	11:31.07	39.02
	150m:	1:51.86	38.55	550m:	6:59.82	38.66	950m:	12:09.93	38.86
	200m:	2:30.07	38.21	600m:	7:38.36	38.54	1000m:	12:49.28	39.35
	250m:	3:08.81	38.74	650m:	8:17.07	38.71	1050m:	13:28.54	39.26
	300m:	3:46.95	38.14	700m:	8:55.57	38.50	1100m:	14:07.77	39.23
	350m:	4:25.58	38.63	750m:	9:34.40	38.83	1150m:	14:47.19	39.42
	400m:	5:04.17	38.59	800m:	10:13.32	38.92	1200m:	15:26.67	39.48

30, , 1500m ,

										R.T.	
6.			24.04.2010		-	-	-2		19:16.93		
	50m:	33.30	450m:	5:37.34	38.54	850m:	10:50.17	39.43	1250m:	16:06.12	39.48
	100m:	1:10.31	500m:	6:16.06	38.72	900m:	11:29.78	39.61	1300m:	16:45.36	39.24
	150m:	1:48.16	550m:	6:54.95	38.89	950m:	12:09.44	39.66	1350m:	17:24.73	39.37
	200m:	2:26.03	600m:	7:34.00	39.05	1000m:	12:48.95	39.51	1400m:	18:03.86	39.13
	250m:	3:04.30	650m:	8:13.29	39.29	1050m:	13:28.20	39.25	1450m:	18:42.34	38.48
	300m:	3:42.09	700m:	8:52.34	39.05	1100m:	14:07.53	39.33	1500m:	19:16.93	34.59
	350m:	4:20.32	750m:	9:31.53	39.19	1150m:	14:47.46	39.93			
	400m:	4:58.80	800m:	10:10.74	39.21	1200m:	15:26.64	39.18			
7.			17.01.2012		-	-	-2		19:29.52		
	50m:	34.45	450m:	5:42.24	38.95	850m:	10:59.80	39.71	1250m:	16:16.81	39.59
	100m:	1:11.94	500m:	6:21.51	39.27	900m:	11:39.59	39.79	1300m:	16:56.61	39.80
	150m:	1:49.85	550m:	7:01.10	39.59	950m:	12:18.97	39.38	1350m:	17:36.41	39.80
	200m:	2:28.03	600m:	7:40.37	39.27	1000m:	12:58.55	39.58	1400m:	18:15.48	39.07
	250m:	3:06.47	650m:	8:20.52	40.15	1050m:	13:38.34	39.79	1450m:	18:53.77	38.29
	300m:	3:45.12	700m:	9:00.47	39.95	1100m:	14:17.79	39.45	1500m:	19:29.52	35.75
	350m:	4:23.72	750m:	9:39.84	39.37	1150m:	14:57.67	39.88			
	400m:	5:03.29	800m:	10:20.09	40.25	1200m:	15:37.22	39.55			
8.			22.05.2010		-				19:44.15		
	50m:	35.15	450m:	5:47.96	39.83	850m:	11:07.28	39.69	1250m:	16:28.07	39.82
	100m:	1:13.63	500m:	6:27.89	39.93	900m:	11:47.36	40.08	1300m:	17:08.25	40.18
	150m:	1:52.25	550m:	7:07.53	39.64	950m:	12:27.56	40.20	1350m:	17:47.98	39.73
	200m:	2:31.15	600m:	7:47.77	40.24	1000m:	13:07.41	39.85	1400m:	18:28.02	40.04
	250m:	3:10.08	650m:	8:27.44	39.67	1050m:	13:47.15	39.74	1450m:	19:06.81	38.79
	300m:	3:49.32	700m:	9:07.76	40.32	1100m:	14:27.23	40.08	1500m:	19:44.15	37.34
	350m:	4:28.67	750m:	9:47.63	39.87	1150m:	15:07.68	40.45			
	400m:	5:08.13	800m:	10:27.59	39.96	1200m:	15:48.25	40.57			