

19
19.03.2026 - 11:00

, 800m

		8:18.77				(JPN)				29.07.2021		
		8:24.93								14.04.2025		
		/				R.T.						
1.		12.04.1998								9:13.73		
	50m:	32.61	32.61	250m:	2:50.43	34.88	450m:	5:10.37	34.77	650m:	7:30.00	35.11
	100m:	1:06.61	34.00	300m:	3:25.28	34.85	500m:	5:45.00	34.63	700m:	8:05.02	35.02
	150m:	1:40.82	34.21	350m:	4:00.35	35.07	550m:	6:19.86	34.86	750m:	8:39.84	34.82
	200m:	2:15.55	34.73	400m:	4:35.60	35.25	600m:	6:54.89	35.03	800m:	9:13.73	33.89
2.		10.09.2010				-				9:17.62		
	50m:	31.27	31.27	250m:	2:50.97	35.01	450m:	5:12.76	35.25	650m:	7:34.56	35.34
	100m:	1:05.45	34.18	300m:	3:26.59	35.62	500m:	5:48.34	35.58	700m:	8:09.97	35.41
	150m:	1:40.42	34.97	350m:	4:01.95	35.36	550m:	6:23.56	35.22	750m:	8:44.57	34.60
	200m:	2:15.96	35.54	400m:	4:37.51	35.56	600m:	6:59.22	35.66	800m:	9:17.62	33.05
3.		22.10.2009								9:32.25		
	50m:	32.34	32.34	250m:	2:51.57	35.46	450m:	5:15.71	36.37	650m:	7:43.33	36.76
	100m:	1:06.49	34.15	300m:	3:27.06	35.49	500m:	5:52.39	36.68	700m:	8:20.38	37.05
	150m:	1:41.54	35.05	350m:	4:03.40	36.34	550m:	6:29.42	37.03	750m:	8:57.15	36.77
	200m:	2:16.11	34.57	400m:	4:39.34	35.94	600m:	7:06.57	37.15	800m:	9:32.25	35.10
4.		09.07.2008								9:40.03		
	50m:	31.93	31.93	250m:	2:54.87	36.13	450m:	5:22.46	36.93	650m:	7:50.21	37.04
	100m:	1:07.03	35.10	300m:	3:31.58	36.71	500m:	5:59.36	36.90	700m:	8:27.77	37.56
	150m:	1:42.65	35.62	350m:	4:08.55	36.97	550m:	6:36.23	36.87	750m:	8:49.52	21.75
	200m:	2:18.74	36.09	400m:	4:45.53	36.98	600m:	7:13.17	36.94	800m:	9:40.03	50.51
5.		14.03.2010								9:49.27		
	50m:	31.85	31.85	250m:	2:56.99	36.96	450m:	5:27.56	37.78	650m:	7:57.76	36.54
	100m:	1:07.20	35.35	300m:	3:34.16	37.17	500m:	6:05.57	38.01	700m:	8:36.65	38.89
	150m:	1:42.83	35.63	350m:	4:12.33	38.17	550m:	6:42.81	37.24	750m:	9:13.20	36.55
	200m:	2:20.03	37.20	400m:	4:49.78	37.45	600m:	7:21.22	38.41	800m:	9:49.27	36.07
6.		21.08.2010				I				9:50.10		
	50m:	33.36	33.36	250m:	2:59.60	37.52	450m:	5:29.76	37.44	650m:	7:59.82	37.33
	100m:	1:08.51	35.15	300m:	3:37.04	37.44	500m:	6:07.32	37.56	700m:	8:37.49	37.67
	150m:	1:45.30	36.79	350m:	4:14.75	37.71	550m:	6:45.02	37.70	750m:	9:14.41	36.92
	200m:	2:22.08	36.78	400m:	4:52.32	37.57	600m:	7:22.49	37.47	800m:	9:50.10	35.69
7.		21.12.2005				-				9:57.33		
	50m:	32.80	32.80	250m:	3:00.84	37.75	450m:	5:33.29	38.02	650m:	8:06.35	37.85
	100m:	1:08.86	36.06	300m:	3:38.76	37.92	500m:	6:11.71	38.42	700m:	8:44.20	37.85
	150m:	1:45.77	36.91	350m:	4:17.07	38.31	550m:	6:50.23	38.52	750m:	9:21.49	37.29
	200m:	2:23.09	37.32	400m:	4:55.27	38.20	600m:	7:28.50	38.27	800m:	9:57.33	35.84
8.		17.01.2012				I				9:58.10		
	50m:	33.73	33.73	250m:	3:02.42	37.88	450m:	5:34.00	37.77	650m:	8:07.30	38.11
	100m:	1:09.87	36.14	300m:	3:40.33	37.91	500m:	6:12.46	38.46	700m:	8:45.50	38.20
	150m:	1:46.99	37.12	350m:	4:18.12	37.79	550m:	6:50.86	38.40	750m:	9:23.15	37.65
	200m:	2:24.54	37.55	400m:	4:56.23	38.11	600m:	7:29.19	38.33	800m:	9:58.10	34.95
9.		18.03.2008				-				10:01.22		
	50m:	34.18	34.18	250m:	3:05.04	38.10	450m:	5:37.18	38.48	650m:	8:09.65	38.00
	100m:	1:11.40	37.22	300m:	3:42.40	37.36	500m:	6:15.06	37.88	700m:	8:47.90	38.25
	150m:	1:49.38	37.98	350m:	4:20.64	38.24	550m:	6:53.27	38.21	750m:	9:25.30	37.40
	200m:	2:26.94	37.56	400m:	4:58.70	38.06	600m:	7:31.65	38.38	800m:	10:01.22	35.92
10.		24.04.2010				I				10:09.40		
	50m:	32.12	32.12	250m:	3:02.04	38.16	450m:	5:37.80	39.17	650m:	8:15.38	39.69
	100m:	1:08.34	36.22	300m:	3:40.74	38.70	500m:	6:16.91	39.11	700m:	8:54.63	39.25
	150m:	1:46.04	37.70	350m:	4:20.00	39.26	550m:	6:56.27	39.36	750m:	9:33.50	38.87
	200m:	2:23.88	37.84	400m:	4:58.63	38.63	600m:	7:35.69	39.42	800m:	10:09.40	35.90

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19, , 800m

										R.T.		
11.			22.07.2009	I						10:12.20	I	
	50m:	33.56	33.56	250m:	3:02.60	38.18	450m:	5:39.24	39.46	650m:	8:17.41	39.33
	100m:	1:09.55	35.99	300m:	3:41.29	38.69	500m:	6:18.81	39.57	700m:	8:57.09	39.68
	150m:	1:46.95	37.40	350m:	4:20.51	39.22	550m:	6:58.43	39.62	750m:	9:35.80	38.71
	200m:	2:24.42	37.47	400m:	4:59.78	39.27	600m:	7:38.08	39.65	800m:	10:12.20	36.40
12.			22.05.2010	I			-			10:16.95	I	
	50m:	34.26	34.26	250m:	3:07.98	38.95	450m:	5:45.56	39.47	650m:	8:22.19	38.09
	100m:	1:11.95	37.69	300m:	3:47.41	39.43	500m:	6:25.27	39.71	700m:	9:00.94	38.75
	150m:	1:50.47	38.52	350m:	4:26.60	39.19	550m:	7:04.58	39.31	750m:	9:39.61	38.67
	200m:	2:29.03	38.56	400m:	5:06.09	39.49	600m:	7:44.10	39.52	800m:	10:16.95	37.34