

, 18 - 21 2026

13  
19.03.2026 - 9:46

, 400m

				3:43.45					(CHN)	09.08.2008		
				3:46.64					(ROU)	19.08.2025		
				/					R.T.			
1.				05.11.2005					<b>3:56.76</b>			
	50m:	27.66	27.66	150m:	1:28.34	30.46	250m:	2:27.85	29.81	350m:	3:27.65	29.59
	100m:	57.88	30.22	200m:	1:58.04	29.70	300m:	2:58.06	30.21	400m:	3:56.76	29.11
2.				07.10.2005					<b>4:02.40</b>			
	50m:	27.63	27.63	150m:	1:28.83	30.68	250m:	2:28.53	29.67	350m:	3:29.55	30.62
	100m:	58.15	30.52	200m:	1:58.86	30.03	300m:	2:58.93	30.40	400m:	4:02.40	32.85
3.				02.09.2003					<b>4:05.09</b>			
	50m:	28.27	28.27	150m:	1:30.37	31.16	250m:	2:33.17	31.38	350m:	3:35.75	31.26
	100m:	59.21	30.94	200m:	2:01.79	31.42	300m:	3:04.49	31.32	400m:	4:05.09	29.34
4.				15.09.2007					<b>4:07.05</b>			
	50m:	27.88	27.88	150m:	1:29.33	30.71	250m:	2:33.85	32.54	350m:	3:37.70	31.06
	100m:	58.62	30.74	200m:	2:01.31	31.98	300m:	3:06.64	32.79	400m:	4:07.05	29.35
5.				14.03.2005					<b>4:09.71</b>			
	50m:	28.68	28.68	150m:	1:31.72	31.80	250m:	2:35.89	32.39	350m:	3:40.53	31.94
	100m:	59.92	31.24	200m:	2:03.50	31.78	300m:	3:08.59	32.70	400m:	4:09.71	29.18
6.				16.03.2007					<b>4:10.84</b>			
	50m:	27.52	27.52	150m:	1:31.83	32.25	250m:	2:36.68	32.53	350m:	3:41.04	31.87
	100m:	59.58	32.06	200m:	2:04.15	32.32	300m:	3:09.17	32.49	400m:	4:10.84	29.80
7.				28.02.2003					<b>4:11.25</b>			
	50m:	28.83	28.83	150m:	1:31.51	31.76	250m:	2:35.31	31.86	350m:	3:39.83	32.11
	100m:	59.75	30.92	200m:	2:03.45	31.94	300m:	3:07.72	32.41	400m:	4:11.25	31.42
8.				03.02.2006					<b>4:13.60</b>			
	50m:	28.63	28.63	150m:	1:31.98	31.97	250m:	2:36.47	32.34	350m:	3:41.71	32.58
	100m:	1:00.01	31.38	200m:	2:04.13	32.15	300m:	3:09.13	32.66	400m:	4:13.60	31.89
9.				18.01.2007					<b>4:18.32</b>			
	50m:	29.31	29.31	150m:	1:34.21	32.67	250m:	2:40.41	33.07	350m:	3:47.18	32.77
	100m:	1:01.54	32.23	200m:	2:07.34	33.13	300m:	3:14.41	34.00	400m:	4:18.32	31.14
10.				14.11.2009					<b>4:18.81</b>			
	50m:	28.32	28.32	150m:	1:32.58	32.40	250m:	2:38.51	32.57	350m:	3:46.01	33.61
	100m:	1:00.18	31.86	200m:	2:05.94	33.36	300m:	3:12.40	33.89	400m:	4:18.81	32.80
11.				08.03.2009					<b>4:21.79</b>			
	50m:	28.87	28.87	150m:	1:34.08	32.98	250m:	2:42.30	34.30	350m:	3:49.73	33.29
	100m:	1:01.10	32.23	200m:	2:08.00	33.92	300m:	3:16.44	34.14	400m:	4:21.79	32.06
12.				21.12.2009					<b>4:22.36</b>			
	50m:	28.03	28.03	150m:	1:32.91	32.79	250m:	2:40.20	33.72	350m:	3:48.99	34.22
	100m:	1:00.12	32.09	200m:	2:06.48	33.57	300m:	3:14.77	34.57	400m:	4:22.36	33.37
13.				10.12.2010					<b>4:26.31</b>			
	50m:	29.33	29.33	150m:	1:35.40	33.58	250m:	2:45.08	35.24	350m:	3:53.84	33.92
	100m:	1:01.82	32.49	200m:	2:09.84	34.44	300m:	3:19.92	34.84	400m:	4:26.31	32.47
14.				28.01.2007					<b>4:26.86</b>			
	50m:	29.21	29.21	150m:	1:35.33	33.49	250m:	2:43.72	33.71	350m:	3:52.74	34.20
	100m:	1:01.84	32.63	200m:	2:10.01	34.68	300m:	3:18.54	34.82	400m:	4:26.86	34.12
15.				06.02.2010					<b>4:27.57</b>			
	50m:	30.04	30.04	150m:	1:35.97	33.05	250m:	2:43.78	34.36	350m:	3:53.73	34.02
	100m:	1:02.92	32.88	200m:	2:09.42	33.45	300m:	3:19.71	35.93	400m:	4:27.57	33.84

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13,		, 400m								R.T.		
16.				11.03.2010	I					<b>4:27.62</b>	I	
	50m:	30.00	30.00	150m:	1:38.57	34.50	250m:	2:48.28	34.51	350m:	3:56.66	33.62
	100m:	1:04.07	34.07	200m:	2:13.77	35.20	300m:	3:23.04	34.76	400m:	4:27.62	30.96
17.				10.10.2010	I		-	-	-2	<b>4:32.33</b>		
	50m:	29.67	29.67	150m:	1:37.18	35.02	250m:	2:47.79	35.77	350m:	3:58.46	35.71
	100m:	1:02.16	32.49	200m:	2:12.02	34.84	300m:	3:22.75	34.96	400m:	4:32.33	33.87
18.				09.10.2009	I					<b>4:32.95</b>		
	50m:	29.21	29.21	150m:	1:36.56	34.20	250m:	2:47.21	35.36	350m:	3:57.69	35.17
	100m:	1:02.36	33.15	200m:	2:11.85	35.29	300m:	3:22.52	35.31	400m:	4:32.95	35.26
19.				23.01.2010	I		-			<b>4:37.44</b>		
	50m:	30.67	30.67	150m:	2:14.67	34.88	250m:	3:27.50	36.14	350m:	4:37.44	33.32
	100m:	1:39.79	1:09.12	200m:	2:51.36	36.69	300m:	4:04.12	36.62	400m:	4:37.44	
20.				24.07.2011	I		-	-	-2	<b>4:37.52</b>		
	50m:	30.67	30.67	150m:	1:40.06	35.07	250m:	2:51.54	35.79	350m:	4:02.96	35.24
	100m:	1:04.99	34.32	200m:	2:15.75	35.69	300m:	3:27.72	36.18	400m:	4:37.52	34.56
21.				06.06.2009	I		-			<b>4:38.91</b>		
	50m:	32.11	32.11	150m:	1:43.86	36.14	250m:	2:54.75	35.13	350m:	4:05.23	35.11
	100m:	1:07.72	35.61	200m:	2:19.62	35.76	300m:	3:30.12	35.37	400m:	4:38.91	33.68
22.				25.07.2011	I		-	-	-2	<b>4:46.78</b>		
	50m:	31.10	31.10	150m:	1:42.33	36.04	250m:	2:56.28	37.26	350m:	4:11.57	38.13
	100m:	1:06.29	35.19	200m:	2:19.02	36.69	300m:	3:33.44	37.16	400m:	4:46.78	35.21
23.				23.08.2010	I		-			<b>4:53.99</b>		
	50m:	31.43	31.43	150m:	1:46.31	37.73	250m:	3:01.83	37.97	350m:	4:17.73	37.99
	100m:	1:08.58	37.15	200m:	2:23.86	37.55	300m:	3:39.74	37.91	400m:	4:53.99	36.26
24.				18.06.2010	I		-			<b>5:01.64</b>		
	50m:	31.03	31.03	150m:	1:42.25	36.38	250m:	3:00.30	39.81	350m:	4:22.34	41.36
	100m:	1:05.87	34.84	200m:	2:20.49	38.24	300m:	3:40.98	40.68	400m:	5:01.64	39.30