

26 , 1500m (14-15 )  
20.03.2025 - 13:55

15:50.22 (JPN) 26.07.2021  
16:06.09 18.04.2024

: FINA 2024

			/			R.T.						
1.				2010			+0,73 18:01.11			617		
	50m:	31.52	31.52	450m:	5:16.84	36.74	850m:	10:08.36	36.37	1250m:	15:00.55	36.63
	100m:	1:05.75	34.23	500m:	5:52.75	35.91	900m:	10:43.95	35.59	1300m:	15:37.00	36.45
	150m:	1:41.02	35.27	550m:	6:29.02	36.27	950m:	11:21.34	37.39	1350m:	16:13.69	36.69
	200m:	2:16.65	35.63	600m:	7:05.06	36.04	1000m:	11:57.59	36.25	1400m:	16:50.39	36.70
	250m:	2:52.53	35.88	650m:	7:41.95	36.89	1050m:	12:34.67	37.08	1450m:	17:26.34	35.95
	300m:	3:28.40	35.87	700m:	8:18.41	36.46	1100m:	13:10.95	36.28	1500m:	18:01.11	34.77
	350m:	4:04.56	36.16	750m:	8:55.32	36.91	1150m:	13:47.80	36.85			
	400m:	4:40.10	35.54	800m:	9:31.99	36.67	1200m:	14:23.92	36.12			
2.				2010			-			18:20.51 585		
	50m:	32.40	32.40	450m:	5:27.01	36.64	850m:	10:21.85	36.73	1250m:	15:17.40	37.14
	100m:	1:08.19	35.79	500m:	6:04.25	37.24	900m:	10:58.84	36.99	1300m:	15:54.89	37.49
	150m:	1:44.74	36.55	550m:	6:40.97	36.72	950m:	11:35.80	36.96	1350m:	16:32.01	37.12
	200m:	2:21.69	36.95	600m:	7:18.00	37.03	1000m:	12:12.86	37.06	1400m:	17:09.02	37.01
	250m:	2:59.00	37.31	650m:	7:54.65	36.65	1050m:	12:49.56	36.70	1450m:	17:45.51	36.49
	300m:	3:36.33	37.33	700m:	8:31.57	36.92	1100m:	13:26.51	36.95	1500m:	18:20.51	35.00
	350m:	4:13.25	36.92	750m:	9:08.26	36.69	1150m:	14:03.52	37.01			
	400m:	4:50.37	37.12	800m:	9:45.12	36.86	1200m:	14:40.26	36.74			
3.				2011			+0,79 18:23.84			579		
	50m:	32.89	32.89	450m:	5:27.46	36.66	850m:	10:24.72	37.12	1250m:	15:22.18	36.70
	100m:	1:09.47	36.58	500m:	6:05.38	37.92	900m:	11:02.09	37.37	1300m:	16:00.41	38.23
	150m:	1:45.87	36.40	550m:	6:42.18	36.80	950m:	11:38.77	36.68	1350m:	16:36.58	36.17
	200m:	2:23.04	37.17	600m:	7:19.41	37.23	1000m:	12:16.72	37.95	1400m:	17:14.13	37.55
	250m:	2:59.76	36.72	650m:	7:55.97	36.56	1050m:	12:53.45	36.73	1450m:	17:49.77	35.64
	300m:	3:37.13	37.37	700m:	8:33.39	37.42	1100m:	13:31.17	37.72	1500m:	18:23.84	34.07
	350m:	4:13.77	36.64	750m:	9:10.57	37.18	1150m:	14:08.38	37.21			
	400m:	4:50.80	37.03	800m:	9:47.60	37.03	1200m:	14:45.48	37.10			
4.				2011			+0,75 18:25.16			577		
	50m:	33.73	33.73	450m:	5:28.23	36.93	850m:	10:22.12	36.81	1250m:	15:21.66	37.29
	100m:	1:10.82	37.09	500m:	6:05.32	37.09	900m:	10:59.41	37.29	1300m:	15:59.55	37.89
	150m:	1:47.56	36.74	550m:	6:41.85	36.53	950m:	11:36.42	37.01	1350m:	16:37.44	37.89
	200m:	2:24.67	37.11	600m:	7:18.68	36.83	1000m:	12:13.86	37.44	1400m:	17:15.11	37.67
	250m:	3:00.82	36.15	650m:	7:55.33	36.65	1050m:	12:51.25	37.39	1450m:	17:50.79	35.68
	300m:	3:37.56	36.74	700m:	8:32.13	36.80	1100m:	13:28.94	37.69	1500m:	18:25.16	34.37
	350m:	4:14.17	36.61	750m:	9:08.55	36.42	1150m:	14:06.73	37.79			
	400m:	4:51.30	37.13	800m:	9:45.31	36.76	1200m:	14:44.37	37.64			
5.				2010			+0,86 18:37.61			558		
	50m:	33.23	33.23	450m:	5:27.76	37.04	850m:	10:26.94	37.49	1250m:	15:29.27	37.90
	100m:	1:09.18	35.95	500m:	6:04.84	37.08	900m:	11:04.33	37.39	1300m:	16:07.47	38.20
	150m:	1:45.95	36.77	550m:	6:42.00	37.16	950m:	11:41.77	37.44	1350m:	16:45.79	38.32
	200m:	2:22.82	36.87	600m:	7:19.18	37.18	1000m:	12:19.40	37.63	1400m:	17:23.87	38.08
	250m:	2:59.75	36.93	650m:	7:56.66	37.48	1050m:	12:57.11	37.71	1450m:	18:01.42	37.55
	300m:	3:36.95	37.20	700m:	8:34.16	37.50	1100m:	13:35.14	38.03	1500m:	18:37.61	36.19
	350m:	4:14.00	37.05	750m:	9:11.97	37.81	1150m:	14:13.35	38.21			
	400m:	4:50.72	36.72	800m:	9:49.45	37.48	1200m:	14:51.37	38.02			



26, , 1500m , (14-15 )

											R.T.			
6.				2010							+0,77	19:00.15		526
	50m:	35.01	35.01	450m:	5:38.21	37.83	850m:	10:45.21	38.57	1250m:	15:51.08	38.41		
	100m:	1:11.99	36.98	500m:	6:16.57	38.36	900m:	11:23.29	38.08	1300m:	16:29.18	38.10		
	150m:	1:49.44	37.45	550m:	6:54.66	38.09	950m:	12:01.83	38.54	1350m:	17:07.41	38.23		
	200m:	2:27.29	37.85	600m:	7:33.10	38.44	1000m:	12:39.80	37.97	1400m:	17:45.66	38.25		
	250m:	3:05.31	38.02	650m:	8:11.44	38.34	1050m:	13:18.27	38.47	1450m:	18:23.77	38.11		
	300m:	3:43.58	38.27	700m:	8:49.63	38.19	1100m:	13:56.07	37.80	1500m:	19:00.15	36.38		
	350m:	4:21.84	38.26	750m:	9:28.27	38.64	1150m:	14:34.49	38.42					
	400m:	5:00.38	38.54	800m:	10:06.64	38.37	1200m:	15:12.67	38.18					
7.				2010		-	-	+0,60	19:02.32		523			
	50m:	33.01	33.01	450m:	5:33.99	38.27	850m:	10:41.66	38.37	1250m:	15:53.76	38.94		
	100m:	1:09.63	36.62	500m:	6:12.73	38.74	900m:	11:20.22	38.56	1300m:	16:33.23	39.47		
	150m:	1:46.70	37.07	550m:	6:50.91	38.18	950m:	11:59.05	38.83	1350m:	17:12.08	38.85		
	200m:	2:24.74	38.04	600m:	7:29.10	38.19	1000m:	12:38.24	39.19	1400m:	17:51.55	39.47		
	250m:	3:02.09	37.35	650m:	8:07.32	38.22	1050m:	13:16.88	38.64	1450m:	18:28.33	36.78		
	300m:	3:39.95	37.86	700m:	8:46.04	38.72	1100m:	13:56.37	39.49	1500m:	19:02.32	33.99		
	350m:	4:17.78	37.83	750m:	9:24.29	38.25	1150m:	14:35.06	38.69					
	400m:	4:55.72	37.94	800m:	10:03.29	39.00	1200m:	15:14.82	39.76					
8.				2010		-	-	19:46.23		467				
	50m:	34.58	34.58	450m:	5:49.47	40.11	850m:	11:07.98	39.86	1250m:	16:30.47	40.37		
	100m:	1:13.11	38.53	500m:	6:29.58	40.11	900m:	11:48.58	40.60	1300m:	17:10.46	39.99		
	150m:	1:52.51	39.40	550m:	7:09.41	39.83	950m:	12:28.76	40.18	1350m:	17:51.11	40.65		
	200m:	2:31.78	39.27	600m:	7:49.06	39.65	1000m:	13:09.01	40.25	1400m:	18:30.76	39.65		
	250m:	3:11.56	39.78	650m:	8:28.50	39.44	1050m:	13:49.31	40.30	1450m:	19:09.53	38.77		
	300m:	3:50.32	38.76	700m:	9:08.22	39.72	1100m:	14:29.55	40.24	1500m:	19:46.23	36.70		
	350m:	4:29.75	39.43	750m:	9:48.17	39.95	1150m:	15:09.85	40.30					
	400m:	5:09.36	39.61	800m:	10:28.12	39.95	1200m:	15:50.10	40.25					
9.				2010		-	-	+0,58	19:46.95		466			
	50m:	35.52	35.52	450m:	5:49.92	39.11	850m:	11:12.16	40.18	1250m:	16:32.00	39.92		
	100m:	1:13.80	38.28	500m:	6:30.24	40.32	900m:	11:52.27	40.11	1300m:	17:12.44	40.44		
	150m:	1:52.42	38.62	550m:	7:09.67	39.43	950m:	12:32.00	39.73	1350m:	17:52.26	39.82		
	200m:	2:32.34	39.92	600m:	7:50.36	40.69	1000m:	13:11.50	39.50	1400m:	18:31.53	39.27		
	250m:	3:11.88	39.54	650m:	8:30.87	40.51	1050m:	13:50.94	39.44	1450m:	19:10.02	38.49		
	300m:	3:51.45	39.57	700m:	9:11.39	40.52	1100m:	14:31.61	40.67	1500m:	19:46.95	36.93		
	350m:	4:31.05	39.60	750m:	9:51.52	40.13	1150m:	15:11.56	39.95					
	400m:	5:10.81	39.76	800m:	10:31.98	40.46	1200m:	15:52.08	40.52					
10.				2010		-	-	20:19.62		429				
	50m:	34.40	34.40	450m:	5:52.45	40.58	850m:	11:23.66	41.64	1250m:	16:56.08	41.55		
	100m:	1:13.03	38.63	500m:	6:33.76	41.31	900m:	12:05.31	41.65	1300m:	17:37.64	41.56		
	150m:	1:52.24	39.21	550m:	7:14.66	40.90	950m:	12:46.64	41.33	1350m:	18:19.12	41.48		
	200m:	2:32.14	39.90	600m:	7:56.58	41.92	1000m:	13:28.19	41.55	1400m:	19:00.84	41.72		
	250m:	3:11.53	39.39	650m:	8:37.69	41.11	1050m:	14:09.45	41.26	1450m:	19:40.63	39.79		
	300m:	3:51.49	39.96	700m:	9:19.36	41.67	1100m:	14:51.30	41.85	1500m:	20:19.62	38.99		
	350m:	4:31.14	39.65	750m:	10:00.48	41.12	1150m:	15:32.92	41.62					
	400m:	5:11.87	40.73	800m:	10:42.02	41.54	1200m:	16:14.53	41.61					



26, , 1500m

26 , 1500m

(16-18 )

20.03.2025 - 13:55

15:50.22

(JPN)

26.07.2021

16:06.09

18.04.2024

: FINA 2024

								R.T.				
1.			/					<b>+0,72</b>	<b>18:14.32</b>		<b>595</b>	
	50m:	31.43	31.43	450m:	5:19.98	37.01	850m:	10:16.23	37.34	1250m:	15:12.91	37.06
	100m:	1:05.50	34.07	500m:	5:56.45	36.47	900m:	10:53.34	37.11	1300m:	15:49.38	36.47
	150m:	1:40.99	35.49	550m:	6:33.37	36.92	950m:	11:30.20	36.86	1350m:	16:26.26	36.88
	200m:	2:16.94	35.95	600m:	7:10.33	36.96	1000m:	12:07.32	37.12	1400m:	17:02.96	36.70
	250m:	2:53.16	36.22	650m:	7:47.74	37.41	1050m:	12:44.66	37.34	1450m:	17:39.44	36.48
	300m:	3:29.66	36.50	700m:	8:24.55	36.81	1100m:	13:22.18	37.52	1500m:	18:14.32	34.88
	350m:	4:06.48	36.82	750m:	9:02.01	37.46	1150m:	13:59.09	36.91			
	400m:	4:42.97	36.49	800m:	9:38.89	36.88	1200m:	14:35.85	36.76			
2.										<b>18:37.75</b>	<b>558</b>	
	50m:	33.01	33.01	450m:	5:30.67	37.35	850m:	10:30.53	37.63	1250m:	15:33.25	37.59
	100m:	1:09.81	36.80	500m:	6:08.16	37.49	900m:	11:08.79	38.26	1300m:	16:10.67	37.42
	150m:	1:47.21	37.40	550m:	6:45.86	37.70	950m:	11:46.53	37.74	1350m:	16:48.23	37.56
	200m:	2:24.50	37.29	600m:	7:23.49	37.63	1000m:	12:24.15	37.62	1400m:	17:26.06	37.83
	250m:	3:01.54	37.04	650m:	8:01.08	37.59	1050m:	13:01.64	37.49	1450m:	18:04.10	38.04
	300m:	3:38.58	37.04	700m:	8:38.58	37.50	1100m:	13:39.64	38.00	1500m:	18:37.75	33.65
	350m:	4:16.05	37.47	750m:	9:15.91	37.33	1150m:	14:17.16	37.52			
	400m:	4:53.32	37.27	800m:	9:52.90	36.99	1200m:	14:55.66	38.50			
3.										<b>+0,72</b>	<b>19:13.40</b>	<b>508</b>
	50m:	31.49	31.49	450m:	5:27.87	37.98	850m:	10:34.31	39.66	1250m:	15:39.32	38.51
	100m:	1:07.04	35.55	500m:	6:05.68	37.81	900m:	11:12.93	38.62	1300m:	16:20.36	41.04
	150m:	1:43.32	36.28	550m:	6:42.88	37.20	950m:	11:51.17	38.24	1350m:	17:13.58	53.22
	200m:	2:20.54	37.22	600m:	7:19.57	36.69	1000m:	12:28.90	37.73	1400m:	17:56.18	42.60
	250m:	2:57.32	36.78	650m:	7:57.21	37.64	1050m:	13:07.06	38.16	1450m:	18:36.39	40.21
	300m:	3:34.83	37.51	700m:	8:36.54	39.33	1100m:	13:45.11	38.05	1500m:	19:13.40	37.01
	350m:	4:12.00	37.17	750m:	9:15.63	39.09	1150m:	14:23.11	38.00			
	400m:	4:49.89	37.89	800m:	9:54.65	39.02	1200m:	15:00.81	37.70			
4.										<b>+0,81</b>	<b>19:22.16</b>	<b>496</b>
	50m:	35.19	35.19	450m:	5:42.52	38.29	850m:	10:53.87	39.30	1250m:	16:10.22	39.74
	100m:	1:13.39	38.20	500m:	6:20.94	38.42	900m:	11:33.38	39.51	1300m:	16:49.98	39.76
	150m:	1:52.53	39.14	550m:	6:58.98	38.04	950m:	12:12.80	39.42	1350m:	17:29.71	39.73
	200m:	2:31.29	38.76	600m:	7:37.62	38.64	1000m:	12:52.43	39.63	1400m:	18:09.41	39.70
	250m:	3:09.62	38.33	650m:	8:16.66	39.04	1050m:	13:32.04	39.61	1450m:	18:47.23	37.82
	300m:	3:48.08	38.46	700m:	8:55.78	39.12	1100m:	14:11.29	39.25	1500m:	19:22.16	34.93
	350m:	4:25.62	37.54	750m:	9:35.31	39.53	1150m:	14:50.62	39.33			
	400m:	5:04.23	38.61	800m:	10:14.57	39.26	1200m:	15:30.48	39.86			

