

, 19 - 22 2024

12  
20.03.2024 - 14:14

, 400m

(14-15 )

4:08.05  
4:10.02

Kazan /  
(HUN)

25.07.2022  
23.05.2021

: FINA 2024

/

R.T.

1.				2009					<b>4:59.72</b>		529	
	50m:	29.95	29.95	150m:	1:45.68	39.08	250m:	3:07.14	42.56	350m:	4:25.50	35.83
	100m:	1:06.60	36.65	200m:	2:24.58	38.90	300m:	3:49.67	42.53	400m:	4:59.72	34.22
2.				2010 I		-		-	<b>4:59.93</b>		528	
	50m:	30.31	30.31	150m:	1:45.01	39.19	250m:	3:07.03	43.27	350m:	4:26.58	35.11
	100m:	1:05.82	35.51	200m:	2:23.76	38.75	300m:	3:51.47	44.44	400m:	4:59.93	33.35
3.				2010 I		-		-	<b>5:06.47</b>		495	
	50m:	30.73	30.73	150m:	1:45.67	38.60	250m:	3:08.38	43.89	350m:	4:31.06	37.37
	100m:	1:07.07	36.34	200m:	2:24.49	38.82	300m:	3:53.69	45.31	400m:	5:06.47	35.41
DNS				2010 I		-						

, 19 - 22 2024

12, , 400m

20.03.2024 - 14:14 12 , 400m (16-18 )

4:08.05  
4:10.02

Kazan /  
(HUN)

25.07.2022  
23.05.2021

: FINA 2024

				/				R.T.				
1.				2007				<b>4:32.12</b> 707				
	50m:	28.58	28.58	150m:	1:37.55	35.83	250m:	2:50.39	37.36	350m:	4:00.73	32.60
	100m:	1:01.72	33.14	200m:	2:13.03	35.48	300m:	3:28.13	37.74	400m:	4:32.12	31.39
2.				2007				<b>4:40.75</b> 644				
	50m:	28.50	28.50	150m:	1:38.65	36.24	250m:	2:52.57	38.01	350m:	4:06.74	33.05
	100m:	1:02.41	33.91	200m:	2:14.56	35.91	300m:	3:33.69	41.12	400m:	4:40.75	34.01
3.				2008				<b>4:41.31</b> 640				
	50m:	29.61	29.61	150m:	1:40.40	35.91	250m:	2:56.12	40.48	350m:	4:10.79	34.21
	100m:	1:04.49	34.88	200m:	2:15.64	35.24	300m:	3:36.58	40.46	400m:	4:41.31	30.52
4.				2006				<b>4:44.13</b> 621				
	50m:	28.52	28.52	150m:	1:39.76	36.91	250m:	2:57.86	41.38	350m:	4:12.72	33.07
	100m:	1:02.85	34.33	200m:	2:16.48	36.72	300m:	3:39.65	41.79	400m:	4:44.13	31.41
5.				2007				<b>4:58.32</b> 537				
	50m:	1:09.16	1:09.16	150m:	3:48.67	1:28.85	400m:	4:58.32				
	100m:	2:19.82	1:10.66	200m:	4:58.32	1:09.65						
6.				2008				<b>5:05.32</b> 501				
	50m:	30.67	30.67	150m:	1:46.51	39.69	250m:	3:10.45	44.51	350m:	5:05.32	1:10.96
	100m:	1:06.82	36.15	200m:	2:25.94	39.43	300m:	3:54.36	43.91	400m:	5:05.32	
7.				2007				<b>5:06.95</b> 493				
	50m:	29.97	29.97	150m:	1:46.83	41.06	250m:	3:12.04	45.27	350m:	4:33.07	36.16
	100m:	1:05.77	35.80	200m:	2:26.77	39.94	300m:	3:56.91	44.87	400m:	5:06.95	33.88