

, 19 - 22 2024

10 , 400m (14-15)
20.03.2024 - 13:33

3:43.45 (CHN) 09.08.2008
3:47.36 (HUN) 20.08.2019

: FINA 2024

				/				R.T.					
1.				2009				-				4:08.06	698
	50m:	27.26	27.26	150m:	1:29.16	31.46	250m:	2:32.84	31.84	350m:	3:36.85	31.96	
	100m:	57.70	30.44	200m:	2:01.00	31.84	300m:	3:04.89	32.05	400m:	4:08.06	31.21	
2.				2009								4:13.73	652
	50m:	28.90	28.90	150m:	1:32.32	32.04	250m:	2:37.31	32.41	350m:	3:42.26	32.61	
	100m:	1:00.28	31.38	200m:	2:04.90	32.58	300m:	3:09.65	32.34	400m:	4:13.73	31.47	
3.				2009								4:15.74	637
	50m:	29.12	29.12	150m:	1:33.44	32.76	250m:	2:39.43	33.10	350m:	3:45.20	32.68	
	100m:	1:00.68	31.56	200m:	2:06.33	32.89	300m:	3:12.52	33.09	400m:	4:15.74	30.54	
4.				2009								4:17.71	622
	50m:	27.86	27.86	150m:	1:31.57	32.07	250m:	2:37.94	33.07	350m:	3:45.06	33.47	
	100m:	59.50	31.64	200m:	2:04.87	33.30	300m:	3:11.59	33.65	400m:	4:17.71	32.65	
5.				2009								4:18.56	616
	50m:	27.74	27.74	150m:	1:31.60	32.58	250m:	2:38.65	33.96	350m:	3:46.05	33.40	
	100m:	59.02	31.28	200m:	2:04.69	33.09	300m:	3:12.65	34.00	400m:	4:18.56	32.51	
6.				2009								4:19.03	613
	50m:	29.89	29.89	150m:	1:33.87	32.54	250m:	2:40.06	33.36	350m:	3:48.37	34.58	
	100m:	1:01.33	31.44	200m:	2:06.70	32.83	300m:	3:13.79	33.73	400m:	4:19.03	30.66	
7.				2009								4:21.37	596
	50m:	28.45	28.45	150m:	1:33.62	33.24	250m:	2:41.50	33.91	350m:	3:49.77	33.54	
	100m:	1:00.38	31.93	200m:	2:07.59	33.97	300m:	3:16.23	34.73	400m:	4:21.37	31.60	
8.				2009				-				4:22.76	587
	50m:	30.17	30.17	150m:	1:36.11	33.19	250m:	2:43.54	33.83	350m:	3:51.57	33.72	
	100m:	1:02.92	32.75	200m:	2:09.71	33.60	300m:	3:17.85	34.31	400m:	4:22.76	31.19	
9.				2009								4:23.26	584
	50m:	30.23	30.23	150m:	1:37.14	33.50	250m:	2:44.99	34.07	350m:	3:52.48	33.39	
	100m:	1:03.64	33.41	200m:	2:10.92	33.78	300m:	3:19.09	34.10	400m:	4:23.26	30.78	
10.				2009								4:23.93	579
	50m:	28.33	28.33	150m:	1:33.23	33.12	250m:	2:41.21	34.17	350m:	3:50.38	34.40	
	100m:	1:00.11	31.78	200m:	2:07.04	33.81	300m:	3:15.98	34.77	400m:	4:23.93	33.55	
11.				2009								4:24.10	578
	50m:	28.48	28.48	150m:	1:34.58	33.52	250m:	2:42.70	33.75	350m:	3:51.54	34.28	
	100m:	1:01.06	32.58	200m:	2:08.95	34.37	300m:	3:17.26	34.56	400m:	4:24.10	32.56	
12.				2009								4:27.64	555
	50m:	30.64	30.64	150m:	1:38.42	33.91	250m:	2:47.74	34.55	350m:	3:57.05	34.43	
	100m:	1:04.51	33.87	200m:	2:13.19	34.77	300m:	3:22.62	34.88	400m:	4:27.64	30.59	
13.				2009				-				4:27.98	553
	50m:	30.56	30.56	150m:	1:39.56	34.41	250m:	2:49.34	34.35	350m:	3:57.10	33.41	
	100m:	1:05.15	34.59	200m:	2:14.99	35.43	300m:	3:23.69	34.35	400m:	4:27.98	30.88	
14.				2009				-				4:27.99	553
	50m:	29.39	29.39	150m:	1:36.43	34.24	250m:	2:46.01	34.83	350m:	3:55.16	34.40	
	100m:	1:02.19	32.80	200m:	2:11.18	34.75	300m:	3:20.76	34.75	400m:	4:27.99	32.83	
15.				2009				-				4:28.21	552
	50m:	29.50	29.50	150m:	1:37.03	33.87	250m:	2:46.41	34.75	350m:	3:56.23	34.55	
	100m:	1:03.16	33.66	200m:	2:11.66	34.63	300m:	3:21.68	35.27	400m:	4:28.21	31.98	

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10,		, 400m				(14-15)		R.T.				
16.				2010	I					4:30.86	536	
	50m:	28.52	28.52	150m:	1:36.42	34.93	250m:	2:46.78	34.72	350m:	3:57.17	34.70
	100m:	1:01.49	32.97	200m:	2:12.06	35.64	300m:	3:22.47	35.69	400m:	4:30.86	33.69
17.				2010	I					4:31.68	531	
	50m:	29.36	29.36	150m:	1:37.70	34.32	250m:	2:47.73	34.98	350m:	3:58.30	35.00
	100m:	1:03.38	34.02	200m:	2:12.75	35.05	300m:	3:23.30	35.57	400m:	4:31.68	33.38
18.				2009	I					4:32.18	528	
	50m:	28.97	28.97	150m:	1:36.07	33.53	250m:	2:44.71	34.08	350m:	3:56.24	36.16
	100m:	1:02.54	33.57	200m:	2:10.63	34.56	300m:	3:20.08	35.37	400m:	4:32.18	35.94
19.				2009	I	-	-			4:34.33	516	
	50m:	1:06.72	1:06.72	150m:	2:17.29	35.81	250m:	3:26.42	34.58	350m:	4:34.33	33.82
	100m:	1:41.48	34.76	200m:	2:51.84	34.55	300m:	4:00.51	34.09	400m:	4:34.33	
20.				2009	I	-	-			4:34.35	516	
	50m:	29.89	29.89	150m:	1:37.55	34.24	250m:	2:48.03	35.23	350m:	3:59.93	35.55
	100m:	1:03.31	33.42	200m:	2:12.80	35.25	300m:	3:24.38	36.35	400m:	4:34.35	34.42
21.				2009	I					4:39.19	489	
	50m:	29.81	29.81	150m:	1:38.93	35.29	250m:	2:50.32	35.50	350m:	4:02.75	35.94
	100m:	1:03.64	33.83	200m:	2:14.82	35.89	300m:	3:26.81	36.49	400m:	4:39.19	36.44
22.				2009		-	-			4:40.00	485	
	50m:	29.93	29.93	150m:	1:39.99	35.87	250m:	2:53.87	37.29	350m:	4:07.41	36.19
	100m:	1:04.12	34.19	200m:	2:16.58	36.59	300m:	3:31.22	37.35	400m:	4:40.00	32.59
23.				2009	I					4:42.00	475	
	50m:	29.62	29.62	150m:	1:37.73	34.87	250m:	2:50.60	36.84	350m:	4:05.87	38.04
	100m:	1:02.86	33.24	200m:	2:13.76	36.03	300m:	3:27.83	37.23	400m:	4:42.00	36.13
24.				2009	I	-	-			4:45.56	457	
	50m:	31.09	31.09	150m:	1:42.46	36.23	250m:	2:55.89	36.61	350m:	4:10.45	37.22
	100m:	1:06.23	35.14	200m:	2:19.28	36.82	300m:	3:33.23	37.34	400m:	4:45.56	35.11
DSQ				2009	I							



, 19 - 22 2024

10, , 400m
 10 , 400m (16-18)
 20.03.2024 - 13:33

				3:43.45				(CHN)				09.08.2008
				3:47.36				(HUN)				20.08.2019
: FINA 2024												
/ R.T.												
1.				2006						4:08.65		693
	50m:	28.13	28.13	150m:	1:30.04	31.31	250m:	2:33.45	31.74	350m:	3:37.47	32.18
	100m:	58.73	30.60	200m:	2:01.71	31.67	300m:	3:05.29	31.84	400m:	4:08.65	31.18
2.				2007		-		-		4:08.89		691
	50m:	28.52	28.52	150m:	1:31.20	31.68	250m:	2:35.42	31.61	350m:	3:38.62	30.80
	100m:	59.52	31.00	200m:	2:03.81	32.61	300m:	3:07.82	32.40	400m:	4:08.89	30.27
3.				2006		-		-		4:10.56		677
	50m:	27.66	27.66	150m:	1:29.23	31.33	250m:	2:33.05	32.23	350m:	3:38.21	32.67
	100m:	57.90	30.24	200m:	2:00.82	31.59	300m:	3:05.54	32.49	400m:	4:10.56	32.35
4.				2007		-		-		4:13.46		654
	50m:	27.03	27.03	150m:	1:29.75	31.58	250m:	2:35.46	33.33	350m:	3:42.51	33.40
	100m:	58.17	31.14	200m:	2:02.13	32.38	300m:	3:09.11	33.65	400m:	4:13.46	30.95
5.				2006						4:15.34		640
	50m:	28.70	28.70	150m:	1:32.86	32.14	250m:	2:37.99	32.44	350m:	3:44.42	33.12
	100m:	1:00.72	32.02	200m:	2:05.55	32.69	300m:	3:11.30	33.31	400m:	4:15.34	30.92
6.				2007		-		-		4:16.43		632
	50m:	28.29	28.29	150m:	1:31.80	32.22	250m:	2:37.48	32.84	350m:	4:16.43	1:05.65
	100m:	59.58	31.29	200m:	2:04.64	32.84	300m:	3:10.78	33.30	400m:	4:16.43	
7.				2007		-		-		4:16.60		630
	50m:	28.98	28.98	150m:	1:33.09	32.58	250m:	2:38.88	33.30	350m:	3:45.31	32.98
	100m:	1:00.51	31.53	200m:	2:05.58	32.49	300m:	3:12.33	33.45	400m:	4:16.60	31.29
8.				2006						4:18.03		620
	50m:	29.34	29.34	150m:	1:33.02	32.16	250m:	2:38.61	33.09	350m:	3:45.35	33.42
	100m:	1:00.86	31.52	200m:	2:05.52	32.50	300m:	3:11.93	33.32	400m:	4:18.03	32.68
9.				2006						4:18.35		618
	50m:	28.08	28.08	150m:	1:32.68	32.05	250m:	2:39.48	33.36	350m:	3:46.40	32.67
	100m:	1:00.63	32.55	200m:	2:06.12	33.44	300m:	3:13.73	34.25	400m:	4:18.35	31.95
10.				2006						4:18.69		615
	50m:	29.61	29.61	150m:	1:35.09	32.98	250m:	2:41.85	33.10	350m:	3:47.55	32.35
	100m:	1:02.11	32.50	200m:	2:08.75	33.66	300m:	3:15.20	33.35	400m:	4:18.69	31.14
11.				2008						4:28.59		550
	50m:	29.67	29.67	150m:	1:37.31	34.56	250m:	2:46.43	34.52	350m:	3:56.07	34.66
	100m:	1:02.75	33.08	200m:	2:11.91	34.60	300m:	3:21.41	34.98	400m:	4:28.59	32.52
12.				2007						4:34.12		517
	50m:	30.11	30.11	150m:	1:39.54	35.16	250m:	2:50.95	35.81	350m:	4:01.63	35.77
	100m:	1:04.38	34.27	200m:	2:15.14	35.60	300m:	3:25.86	34.91	400m:	4:34.12	32.49
13.				2008						4:40.03		485
	50m:	29.62	29.62	150m:	1:37.85	34.73	250m:	2:49.12	35.44	350m:	4:02.40	36.91
	100m:	1:03.12	33.50	200m:	2:13.68	35.83	300m:	3:25.49	36.37	400m:	4:40.03	37.63
14.				2008		-				4:46.06		455
	50m:	29.25	29.25	150m:	1:38.39	35.63	250m:	2:51.57	36.45	350m:	4:46.06	1:16.23
	100m:	1:02.76	33.51	200m:	2:15.12	36.73	300m:	3:29.83	38.26	400m:	4:46.06	
15.				2006		-				4:50.42		435
	50m:	29.25	29.25	150m:	1:40.92	36.38	250m:	2:56.18	37.67	350m:	4:13.49	38.75
	100m:	1:04.54	35.29	200m:	2:18.51	37.59	300m:	3:34.74	38.56	400m:	4:50.42	36.93

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