

, 21 - 24 2021

16.	, 200m	(17-18)	03	2:03.56
16.	, 200m		03	2:03.56
38.	, 50m		01	22.49
21.	, 100m		01	48.98
3.	, 200m	(17-18)	04	1:51.04
3.	, 200m		01	1:48.44
12.	, 400m	(17-18)	04	3:53.68
12.	, 400m		04	3:53.68
42.	, 800m	(17-18)	03	8:00.13
42.	, 800m		03	8:00.13
11.	, 1500m	(17-18)	03	15:30.59
11.	, 1500m		03	15:30.59
17.	, 50m	(17-18)	04	26.12
17.	, 50m		01	25.12
5.	, 100m	(17-18)	04	56.41
5.	, 100m		01	53.01
25.	, 200m	(17-18)	04	2:03.24
25.	, 200m		01	1:55.37
28.	, 50m	(15-16)	05	26.01
27.	, 100m		01	56.00
40.	, 4 x 50m			1:40.99
6.	, 200m	(13-14)	08	2:18.23
29.	, 50m	(15-17)	04	27.48
29.	, 50m		04	27.48
34.	, 100m	(15-17)	04	1:01.39
2.	, 200m	(15-17)	04	2:16.19
2.	, 200m	(13-14)	08	2:21.43
36.	, 200m	(13-14)	08	2:21.54
13.	, 400m	(13-14)	08	4:51.60
10.	, 4 x 50m	2008		1:39.58
19.	, 4 x 50m	2008		1:47.69
38.	, 50m	(15-16)	05	23.27
12.	, 400m	(17-18)	03	3:58.59
12.	, 400m		01	3:54.93
42.	, 800m	(17-18)	03	8:09.14
42.	, 800m		00	8:08.38
17.	, 50m	(17-18)	04	26.28
5.	, 100m	(17-18)	04	56.65



, 21 - 24 2021

23.	, 200m	(17-18)	04	2:19.89
28.	, 50m	(17-18)	04	24.23
28.	, 50m		04	24.23
1.	, 100m	(17-18)	04	54.54
1.	, 100m	(15-16)	05	57.87
1.	, 100m		04	54.54
16.	, 200m	(15-16)	05	2:07.58
27.	, 100m	(17-18)	04	57.81
30.	, 4 x 50m			1:32.07
39.	, 50m	(15-17)	06	26.67
22.	, 200m	(13-14)	08	2:08.42
37.	, 400m	(15-17)	05	4:23.90
37.	, 400m		05	4:23.90
20.	, 800m	(15-17)	05	8:58.92
20.	, 800m		05	8:58.92
32.	, 1500m	(15-17)	05	17:51.61
32.	, 1500m		03	17:39.05
24.	, 100m	(13-14)	08	1:06.70
6.	, 200m	(13-14)	08	2:25.02
9.	, 50m		90	32.66
15.	, 200m	(15-17)	06	2:36.97
15.	, 200m		06	2:36.97
29.	, 50m	(13-14)	08	30.18
29.	, 50m		96	27.89
34.	, 100m	(13-14)	08	1:05.63
34.	, 100m		04	1:01.39
2.	, 200m	(15-17)	06	2:29.86
2.	, 200m		04	2:16.19
7.	, 100m	(13-14)	08	1:08.25
13.	, 400m	(13-14)	08	4:59.57
13.	, 400m		08	4:51.60
31.	, 4 x 50m			1:49.14
41.	, 4 x 50m			1:57.96
38.	, 50m	(15-16)	05	23.50
21.	, 100m	(17-18)	04	51.51
21.	, 100m	(15-16)	05	51.03
3.	, 200m	(15-16)	05	1:52.86
3.	, 200m		04	1:51.04
12.	, 400m	(17-18)	04	4:05.51
12.	, 400m	(15-16)	06	4:01.44
12.	, 400m		00	3:56.35
42.	, 800m	(17-18)	04	8:10.42
42.	, 800m		03	8:09.14
11.	, 1500m		00	15:41.45
17.	, 50m	(17-18)	04	26.34
5.	, 100m		04	56.41



, 21 - 24 2021

25.	, 200m	(17-18)	03	2:05.62
14.	, 400m	(15-16)	05	4:41.38
22.	, 200m	(15-17)	05	2:07.24
20.	, 800m	(13-14)	07	9:23.62
18.	, 50m	(13-14)	07	30.47
24.	, 100m	(13-14)	08	1:07.26
24.	, 100m	(13-14)	07	1:07.26
26.	, 100m	(15-17)	06	1:13.06
34.	, 100m		96	1:02.84
38.	, 50m	(15-16)	05	22.83
21.	, 100m	(17-18)	03	50.14
21.	, 100m	(15-16)	05	50.13
3.	, 200m	(15-16)	05	1:49.79
12.	, 400m	(15-16)	05	3:59.23
1.	, 100m	(15-16)	05	57.51
16.	, 200m	(15-16)	05	2:07.55
35.	, 200m	(17-18)	03	2:05.59
30.	, 4 x 50m			1:32.06
39.	, 50m	(15-17)	06	26.43
39.	, 50m	(13-14)	07	27.47
39.	, 50m		06	26.43
4.	, 100m		00	57.77
22.	, 200m	(15-17)	04	2:04.90
22.	, 200m		04	2:04.90
18.	, 50m	(15-17)	06	29.57
18.	, 50m	(13-14)	07	30.10
18.	, 50m		03	28.63
24.	, 100m	(15-17)	06	1:02.72
24.	, 100m	(13-14)	07	1:02.85
24.	, 100m		03	1:01.59
9.	, 50m	(15-17)	05	32.55
9.	, 50m		05	32.55
26.	, 100m	(15-17)	05	1:10.87
26.	, 100m		05	1:10.87
15.	, 200m	(15-17)	05	2:32.33
15.	, 200m		05	2:32.33
29.	, 50m	(13-14)	08	29.61
34.	, 100m	(13-14)	07	1:05.25
34.	, 100m		00	1:01.21
2.	, 200m		00	2:14.03
7.	, 100m	(15-17)	04	1:02.96
7.	, 100m	(13-14)	07	1:05.84
7.	, 100m		04	1:02.96
36.	, 200m	(15-17)	04	2:14.16



, 21 - 24 2021

36.	, 200m		04	2:14.16
13.	, 400m	(15-17)	04	4:51.84
13.	, 400m		00	4:47.86
31.	, 4 x 50m			1:46.84
41.	, 4 x 50m			1:55.47
38.	, 50m	(17-18)	03	23.23
38.	, 50m		05	22.83
38.	, 50m		91	22.83
21.	, 100m	(15-16)	05	50.84
21.	, 100m		05	50.13
3.	, 200m	(17-18)	03	1:53.83
3.	, 200m	(15-16)	05	1:52.78
3.	, 200m		05	1:49.79
11.	, 1500m	(17-18)	04	16:06.76
11.	, 1500m	(15-16)	05	16:07.16
17.	, 50m		96	25.52
5.	, 100m		96	54.14
25.	, 200m	(15-16)	06	2:06.94
25.	, 200m		96	1:58.08
8.	, 50m	(15-16)	06	29.66
33.	, 100m	(17-18)	03	1:02.68
23.	, 200m	(15-16)	06	2:19.76
16.	, 200m		02	2:02.71
14.	, 400m	(15-16)	06	4:35.69
40.	, 4 x 50m			1:41.52
39.	, 50m	(13-14)	08	27.63
39.	, 50m		00	26.61
4.	, 100m	(13-14)	07	59.89
22.	, 200m		00	2:05.21
18.	, 50m		06	29.57
24.	, 100m		06	1:02.72
6.	, 200m	(15-17)	06	2:14.90
6.	, 200m		06	2:14.90
26.	, 100m		00	1:11.71
29.	, 50m	(15-17)	05	28.34
2.	, 200m	(13-14)	07	2:23.54
7.	, 100m		00	1:04.22
36.	, 200m		00	2:17.26
10.	, 4 x 50m	2008		1:40.06
19.	, 4 x 50m	2008		1:48.45
38.	, 50m	(17-18)	03	23.30
21.	, 100m		03	50.14
3.	, 200m	(17-18)	03	1:56.30
42.	, 800m	(15-16)	06	8:23.18
11.	, 1500m	(17-18)	04	16:19.14
11.	, 1500m	(15-16)	06	16:18.51



, 21 - 24 2021

17.	, 50m		00	25.68
25.	, 200m	(15-16)	05	2:09.20
25.	, 200m		00	2:00.97
8.	, 50m	(17-18)	03	28.80
33.	, 100m		03	1:02.68
28.	, 50m	(17-18)	03	25.28
28.	, 50m		91	24.27
16.	, 200m	(17-18)	03	2:03.63
27.	, 100m	(15-16)	06	58.74
27.	, 100m		02	57.17
35.	, 200m	(15-16)	06	2:08.61
14.	, 400m	(17-18)	04	4:33.08
39.	, 50m	(13-14)	07	27.84
39.	, 50m		03	26.65
4.	, 100m	(15-17)	05	59.04
4.	, 100m	(13-14)	08	1:00.20
4.	, 100m		03	58.19
22.	, 200m	(13-14)	08	2:09.15
37.	, 400m	(15-17)	05	4:27.80
37.	, 400m		05	4:27.80
20.	, 800m	(15-17)	05	9:15.37
32.	, 1500m	(15-17)	05	17:52.12
32.	, 1500m	(13-14)	07	18:30.27
18.	, 50m	(15-17)	04	29.94
24.	, 100m		07	1:02.85
6.	, 200m	(13-14)	08	2:26.29
9.	, 50m	(13-14)	07	35.77
9.	, 50m		02	33.08
26.	, 100m		02	1:12.15
15.	, 200m	(15-17)	05	2:38.43
15.	, 200m		02	2:37.16
29.	, 50m	(13-14)	08	30.44
29.	, 50m		03	28.22
34.	, 100m	(15-17)	05	1:03.33
34.	, 100m	(13-14)	07	1:06.69
7.	, 100m	(15-17)	04	1:05.80
36.	, 200m	(15-17)	04	2:20.07
36.	, 200m	(13-14)	08	2:24.74
13.	, 400m	(15-17)	06	4:59.89
13.	, 400m		04	4:51.84



, 21 - 24

2021

5.	, 100m	(15-16)	06	58.15
25.	, 200m	(15-16)	06	2:06.45
8.	, 50m	(17-18)	03	28.42
33.	, 100m	(17-18)	03	1:01.86
23.	, 200m	(17-18)	03	2:13.94
23.	, 200m		03	2:13.94
27.	, 100m	(15-16)	06	57.65
35.	, 200m	(15-16)	06	2:05.03
35.	, 200m		99	2:02.66
14.	, 400m	(17-18)	03	4:28.79
14.	, 400m	(15-16)	06	4:25.06
14.	, 400m		06	4:25.06
17.	, 50m	(15-16)	06	26.92
8.	, 50m	(17-18)	03	28.55
33.	, 100m		03	1:01.86
14.	, 400m		03	4:28.79
26.	, 100m	(13-14)	07	1:16.62
15.	, 200m	(13-14)	07	2:42.13
8.	, 50m	(15-16)	06	29.76
8.	, 50m		03	28.42
33.	, 100m	(17-18)	03	1:03.76
35.	, 200m		06	2:05.03
2.	, 200m	(13-14)	08	2:24.30
2.	, 200m		99	2:19.63
13.	, 400m	(13-14)	08	5:01.71
42.	, 800m	(15-16)	05	8:09.17
11.	, 1500m	(15-16)	05	15:33.52
17.	, 50m	(15-16)	05	26.91
8.	, 50m	(15-16)	05	29.06
8.	, 50m		95	28.00
33.	, 100m	(15-16)	05	1:02.99
33.	, 100m		00	1:01.53
23.	, 200m	(15-16)	05	2:15.79
27.	, 100m	(17-18)	04	56.76
4.	, 100m	(15-17)	04	58.62
4.	, 100m	(13-14)	07	58.81
22.	, 200m	(13-14)	07	2:06.81
37.	, 400m	(15-17)	04	4:21.15
37.	, 400m	(13-14)	08	4:29.37
37.	, 400m		04	4:21.15
20.	, 800m	(15-17)	04	8:57.09
20.	, 800m	(13-14)	08	9:10.88



, 21 - 24 2021

20.	, 800m		04	8:57.09
32.	, 1500m	(15-17)	04	17:03.57
32.	, 1500m		04	17:03.57
6.	, 200m	(15-17)	06	2:14.84
6.	, 200m		06	2:14.84
12.	, 400m	(15-16)	06	4:00.89
42.	, 800m	(15-16)	06	8:18.44
11.	, 1500m		05	15:33.52
5.	, 100m	(15-16)	05	58.65
25.	, 200m	(17-18)	04	2:03.30
8.	, 50m		00	28.37
33.	, 100m	(15-16)	05	1:03.72
23.	, 200m		00	2:15.52
28.	, 50m	(15-16)	05	26.04
27.	, 100m	(15-16)	05	58.28
27.	, 100m		04	56.76
35.	, 200m	(17-18)	04	2:05.61
35.	, 200m	(15-16)	05	2:05.68
35.	, 200m		99	2:03.83
14.	, 400m	(17-18)	04	4:28.86
4.	, 100m	(15-17)	04	58.91
22.	, 200m	(15-17)	04	2:06.02
18.	, 50m	(15-17)	04	29.87
18.	, 50m	(13-14)	07	30.33
24.	, 100m	(15-17)	06	1:03.59
9.	, 50m	(13-14)	08	35.00
29.	, 50m	(15-17)	04	28.34
34.	, 100m	(15-17)	04	1:03.27
36.	, 200m	(13-14)	07	2:22.52
17.	, 50m	(15-16)	05	27.10
17.	, 50m	(15-16)	06	27.10
5.	, 100m	(17-18)	04	56.67
33.	, 100m	(15-16)	06	1:04.99
23.	, 200m	(17-18)	04	2:20.61
23.	, 200m	(15-16)	05	2:20.72
23.	, 200m		05	2:15.79
28.	, 50m	(15-16)	05	26.10
1.	, 100m	(17-18)	04	55.03
1.	, 100m	(15-16)	05	58.64
1.	, 100m		04	55.03
16.	, 200m	(15-16)	05	2:08.14
27.	, 100m	(17-18)	04	57.99
35.	, 200m	(17-18)	03	2:06.09
14.	, 400m		04	4:28.86
30.	, 4 x 50m			1:34.13
40.	, 4 x 50m			1:41.92



, 21 - 24 2021

39.	, 50m	(15-17)	04	26.77
22.	, 200m		04	2:06.02
20.	, 800m		08	9:10.88
18.	, 50m		04	29.87
9.	, 50m	(15-17)	05	33.93
26.	, 100m	(13-14)	08	1:16.81
15.	, 200m	(13-14)	08	2:44.15
7.	, 100m	(13-14)	08	1:08.84
41.	, 4 x 50m			1:58.26
19.	, 4 x 50m	2008		1:51.21
9.	, 50m	(15-17)	06	33.21
26.	, 100m	(15-17)	06	1:12.36
5.	, 100m	(15-16)	05	58.67
38.	, 50m	(17-18)	04	23.17
28.	, 50m	(17-18)	04	24.20
28.	, 50m		04	24.20
1.	, 100m	(17-18)	04	54.09
1.	, 100m		04	54.09
16.	, 200m	(17-18)	04	2:02.41
16.	, 200m		04	2:02.41
32.	, 1500m	(13-14)	07	17:41.19
9.	, 50m	(13-14)	07	34.80
26.	, 100m	(13-14)	07	1:14.25
15.	, 200m	(13-14)	07	2:40.02
21.	, 100m	(17-18)	04	50.83
4.	, 100m		03	57.93
37.	, 400m	(13-14)	07	4:35.97
20.	, 800m	(13-14)	07	9:22.04
32.	, 1500m	(13-14)	07	17:53.00
7.	, 100m	(15-17)	05	1:05.32
36.	, 200m	(15-17)	05	2:18.96
13.	, 400m	(15-17)	05	4:56.28
37.	, 400m	(13-14)	07	4:36.27
32.	, 1500m		07	17:41.19
24.	, 100m	(15-17)	05	1:03.70
6.	, 200m	(15-17)	05	2:17.36
6.	, 200m		05	2:17.36
7.	, 100m		05	1:05.32
36.	, 200m		05	2:18.96
31.	, 4 x 50m			1:49.24
10.	, 4 x 50m	2008		1:40.45

