

, 23 - 26 2021

30
25.02.2021 - 17:31

, 1500m

14:41.13 (CHN) 15.08.2008
14:59.56 - - (BRA) 12.08.2016

: FINA 2020

								R.T.		FINA		
1.			2003					15:24.17		837		
	50m:	28.11	28.11	450m:	4:37.16	31.11	850m:	8:46.68	31.13	1250m:	12:55.15	31.13
	100m:	58.79	30.68	500m:	5:08.45	31.29	900m:	9:17.86	31.18	1300m:	13:26.12	30.97
	150m:	1:29.77	30.98	550m:	5:39.66	31.21	950m:	9:49.21	31.35	1350m:	13:57.24	31.12
	200m:	2:00.87	31.10	600m:	6:10.83	31.17	1000m:	10:20.66	31.45	1400m:	14:27.62	30.38
	250m:	2:32.00	31.13	650m:	6:41.80	30.97	1050m:	10:50.92	30.26	1450m:	14:56.57	28.95
	300m:	3:03.36	31.36	700m:	7:13.01	31.21	1100m:	11:21.61	30.69	1500m:	15:24.17	27.60
	350m:	3:34.80	31.44	750m:	7:44.07	31.06	1150m:	11:52.93	31.32			
	400m:	4:06.05	31.25	800m:	8:15.55	31.48	1200m:	12:24.02	31.09			
2.			1997					15:50.77		768		
	50m:	27.86	27.86	450m:	4:39.35	32.21	850m:	8:54.73	31.45	1250m:	13:12.96	32.14
	100m:	58.53	30.67	500m:	5:11.45	32.10	900m:	9:27.07	32.34	1300m:	13:45.58	32.62
	150m:	1:29.72	31.19	550m:	5:42.95	31.50	950m:	9:58.88	31.81	1350m:	14:17.67	32.09
	200m:	2:01.01	31.29	600m:	6:15.07	32.12	1000m:	10:31.31	32.43	1400m:	14:50.29	32.62
	250m:	2:31.99	30.98	650m:	6:46.77	31.70	1050m:	11:03.30	31.99	1450m:	15:21.39	31.10
	300m:	3:03.52	31.53	700m:	7:18.81	32.04	1100m:	11:35.98	32.68	1500m:	15:50.77	29.38
	350m:	3:35.38	31.86	750m:	7:50.91	32.10	1150m:	12:08.65	32.67			
	400m:	4:07.14	31.76	800m:	8:23.28	32.37	1200m:	12:40.82	32.17			
3.			2003					15:54.61		759		
	50m:	28.20	28.20	450m:	4:39.42	31.73	850m:	8:55.49	32.08	1250m:	13:13.90	32.27
	100m:	59.22	31.02	500m:	5:11.57	32.15	900m:	9:27.63	32.14	1300m:	13:46.62	32.72
	150m:	1:30.27	31.05	550m:	5:43.39	31.82	950m:	9:59.93	32.30	1350m:	14:18.95	32.33
	200m:	2:01.63	31.36	600m:	6:15.45	32.06	1000m:	10:32.45	32.52	1400m:	14:51.50	32.55
	250m:	2:32.83	31.20	650m:	6:47.33	31.88	1050m:	11:04.67	32.22	1450m:	15:23.37	31.87
	300m:	3:04.54	31.71	700m:	7:19.41	32.08	1100m:	11:37.08	32.41	1500m:	15:54.61	31.24
	350m:	3:35.73	31.19	750m:	7:51.31	31.90	1150m:	12:09.29	32.21			
	400m:	4:07.69	31.96	800m:	8:23.41	32.10	1200m:	12:41.63	32.34			
4.			2000					16:10.36		723		
	50m:	28.82	28.82	450m:	4:51.64	33.08	850m:	9:21.55	34.53	1250m:	13:57.74	34.47
	100m:	1:00.44	31.62	500m:	5:25.26	33.62	900m:	9:55.82	34.27	1300m:	14:32.46	34.72
	150m:	1:32.55	32.11	550m:	5:58.83	33.57	950m:	10:30.62	34.80	1350m:	15:07.60	35.14
	200m:	2:05.41	32.86	600m:	6:32.85	34.02	1000m:	11:05.13	34.51	1400m:	15:41.95	34.35
	250m:	2:38.26	32.85	650m:	7:06.30	33.45	1050m:	11:39.43	34.30	1500m:	16:10.36	28.41
	300m:	3:11.64	33.38	700m:	7:39.82	33.52	1100m:	12:14.26	34.83			
	350m:	3:44.85	33.21	750m:	8:12.96	33.14	1150m:	12:48.92	34.66			
	400m:	4:18.56	33.71	800m:	8:47.02	34.06	1200m:	13:23.27	34.35			
5.			2003					16:13.40		716		
	50m:	28.31	28.31	450m:	4:46.54	32.70	850m:	9:09.04	32.81	1250m:	13:32.93	33.25
	100m:	59.85	31.54	500m:	5:19.24	32.70	900m:	9:41.93	32.89	1300m:	14:05.97	33.04
	150m:	1:31.82	31.97	550m:	5:52.04	32.80	950m:	10:14.78	32.85	1350m:	14:39.12	33.15
	200m:	2:04.28	32.46	600m:	6:24.86	32.82	1000m:	10:47.85	33.07	1400m:	15:11.97	32.85
	250m:	2:36.31	32.03	650m:	6:57.68	32.82	1050m:	11:20.65	32.80	1450m:	15:43.70	31.73
	300m:	3:08.54	32.23	700m:	7:30.62	32.94	1100m:	11:53.67	33.02	1500m:	16:13.40	29.70
	350m:	3:41.04	32.50	750m:	8:03.30	32.68	1150m:	12:26.63	32.96			
	400m:	4:13.84	32.80	800m:	8:36.23	32.93	1200m:	12:59.68	33.05			

« », 50

ALGE



, 23 - 26 2021

30, , 1500m

								R.T.		FINA		
6.			2005					16:15.32		712		
	50m:	27.95	27.95	450m:	4:48.32	32.75	850m:	9:08.51	32.42	1250m:	13:30.79	32.91
	100m:	59.56	31.61	500m:	5:21.04	32.72	900m:	9:41.10	32.59	1300m:	14:04.58	33.79
	150m:	1:31.62	32.06	550m:	5:53.20	32.16	950m:	10:13.38	32.28	1350m:	14:37.85	33.27
	200m:	2:04.52	32.90	600m:	6:26.32	33.12	1000m:	10:46.31	32.93	1400m:	15:11.16	33.31
	250m:	2:36.76	32.24	650m:	6:58.76	32.44	1050m:	11:18.67	32.36	1450m:	15:43.09	31.93
	300m:	3:09.43	32.67	700m:	7:31.50	32.74	1100m:	11:51.57	32.90	1500m:	16:15.32	32.23
	350m:	3:42.17	32.74	750m:	8:03.41	31.91	1150m:	12:24.28	32.71			
	400m:	4:15.57	33.40	800m:	8:36.09	32.68	1200m:	12:57.88	33.60			
7.			2001					16:21.78		698		
	50m:	27.65	27.65	450m:	4:47.17	33.18	850m:	9:13.66	33.53	1250m:	13:41.62	33.63
	100m:	59.21	31.56	500m:	5:20.09	32.92	900m:	9:46.75	33.09	1300m:	14:14.26	32.64
	150m:	1:31.15	31.94	550m:	5:53.04	32.95	950m:	10:20.61	33.86	1350m:	14:46.80	32.54
	200m:	2:03.51	32.36	600m:	6:26.41	33.37	1000m:	10:54.19	33.58	1400m:	15:18.90	32.10
	250m:	2:35.64	32.13	650m:	6:59.65	33.24	1050m:	11:27.78	33.59	1450m:	15:50.94	32.04
	300m:	3:08.07	32.43	700m:	7:32.98	33.33	1100m:	12:00.82	33.04	1500m:	16:21.78	30.84
	350m:	3:40.97	32.90	750m:	8:06.28	33.30	1150m:	12:34.12	33.30			
	400m:	4:13.99	33.02	800m:	8:40.13	33.85	1200m:	13:07.99	33.87			
8.			2004					16:22.77		696		
	50m:	28.24	28.24	450m:	4:45.46	32.87	850m:	9:10.30	33.36	1250m:	13:36.76	33.09
	100m:	1:00.10	31.86	500m:	5:18.29	32.83	900m:	9:44.00	33.70	1300m:	14:10.67	33.91
	150m:	1:31.18	31.08	550m:	5:51.19	32.90	950m:	10:17.05	33.05	1350m:	14:44.12	33.45
	200m:	2:03.16	31.98	600m:	6:24.24	33.05	1000m:	10:50.53	33.48	1400m:	15:17.39	33.27
	250m:	2:34.98	31.82	650m:	6:57.15	32.91	1050m:	11:23.34	32.81	1450m:	15:50.56	33.17
	300m:	3:07.19	32.21	700m:	7:30.27	33.12	1100m:	11:56.51	33.17	1500m:	16:22.77	32.21
	350m:	3:39.76	32.57	750m:	8:03.35	33.08	1150m:	12:29.87	33.36			
	400m:	4:12.59	32.83	800m:	8:36.94	33.59	1200m:	13:03.67	33.80			
9.			2000					16:25.09		691		
	50m:	27.98	27.98	450m:	4:44.25	32.66	850m:	9:08.04	33.48	1250m:	13:37.44	34.02
	100m:	59.39	31.41	500m:	5:16.71	32.46	900m:	9:41.84	33.80	1300m:	14:11.19	33.75
	150m:	1:31.00	31.61	550m:	5:49.85	33.14	950m:	10:15.38	33.54	1350m:	14:44.90	33.71
	200m:	2:02.88	31.88	600m:	6:22.56	32.71	1000m:	10:48.40	33.02	1400m:	15:18.70	33.80
	250m:	2:34.82	31.94	650m:	6:55.60	33.04	1050m:	11:22.37	33.97	1450m:	15:52.07	33.37
	300m:	3:06.96	32.14	700m:	7:28.38	32.78	1100m:	11:56.00	33.63	1500m:	16:25.09	33.02
	350m:	3:39.12	32.16	750m:	8:01.56	33.18	1150m:	12:29.94	33.94			
	400m:	4:11.59	32.47	800m:	8:34.56	33.00	1200m:	13:03.42	33.48			
10.			2006					16:26.27		688		
	50m:	27.83	27.83	450m:	4:50.91	33.76	850m:	9:18.13	33.43	1250m:	13:42.51	32.45
	100m:	59.57	31.74	500m:	5:24.32	33.41	900m:	9:51.44	33.31	1300m:	14:14.75	32.24
	150m:	1:31.69	32.12	550m:	5:57.88	33.56	950m:	10:24.68	33.24	1350m:	14:47.67	32.92
	200m:	2:04.20	32.51	600m:	6:31.16	33.28	1000m:	10:57.80	33.12	1400m:	15:19.70	32.03
	250m:	2:37.16	32.96	650m:	7:04.97	33.81	1050m:	11:30.93	33.13	1450m:	15:53.86	34.16
	300m:	3:10.14	32.98	700m:	7:38.16	33.19	1100m:	12:04.16	33.23	1500m:	16:26.27	32.41
	350m:	3:43.57	33.43	750m:	8:11.69	33.53	1150m:	12:37.01	32.85			
	400m:	4:17.15	33.58	800m:	8:44.70	33.01	1200m:	13:10.06	33.05			



, 23 - 26 2021

30, , 1500m

								R.T.		FINA		
11.			2002					16:30.39		680		
	50m:	29.06	29.06	450m:	4:48.71	33.44	850m:	9:16.33	33.52	1250m:	13:45.52	33.65
	100m:	1:00.80	31.74	500m:	5:21.94	33.23	900m:	9:50.24	33.91	1300m:	14:19.30	33.78
	150m:	1:32.36	31.56	550m:	5:55.32	33.38	950m:	10:23.93	33.69	1350m:	14:52.96	33.66
	200m:	2:04.66	32.30	600m:	6:28.72	33.40	1000m:	10:57.18	33.25	1400m:	15:26.36	33.40
	250m:	2:36.90	32.24	650m:	7:02.05	33.33	1050m:	11:30.91	33.73	1450m:	15:58.81	32.45
	300m:	3:09.37	32.47	700m:	7:35.89	33.84	1100m:	12:04.69	33.78	1500m:	16:30.39	31.58
	350m:	3:42.57	33.20	750m:	8:09.51	33.62	1150m:	12:38.25	33.56			
	400m:	4:15.27	32.70	800m:	8:42.81	33.30	1200m:	13:11.87	33.62			
12.			2004					16:31.46		678		
	50m:	29.02	29.02	450m:	4:51.37	33.48	850m:	9:18.12	33.05	1250m:	13:44.27	33.45
	100m:	1:00.59	31.57	500m:	5:24.88	33.51	900m:	9:51.26	33.14	1300m:	14:18.10	33.83
	150m:	1:33.26	32.67	550m:	5:58.75	33.87	950m:	10:24.21	32.95	1350m:	14:51.49	33.39
	200m:	2:05.39	32.13	600m:	6:32.54	33.79	1000m:	10:57.59	33.38	1400m:	15:25.55	34.06
	250m:	2:38.41	33.02	650m:	7:05.88	33.34	1050m:	11:30.61	33.02	1450m:	15:58.45	32.90
	300m:	3:11.34	32.93	700m:	7:38.99	33.11	1100m:	12:03.98	33.37	1500m:	16:31.46	33.01
	350m:	3:44.58	33.24	750m:	8:12.22	33.23	1150m:	12:37.31	33.33			
	400m:	4:17.89	33.31	800m:	8:45.07	32.85	1200m:	13:10.82	33.51			
13.			2003					16:46.57		647		
	50m:	29.92	29.92	450m:	4:53.18	33.42	850m:	9:23.74	33.70	1250m:	13:58.25	34.14
	100m:	1:02.29	32.37	500m:	5:27.13	33.95	900m:	9:58.19	34.45	1300m:	14:32.85	34.60
	150m:	1:34.76	32.47	550m:	6:00.55	33.42	950m:	10:32.23	34.04	1350m:	15:06.62	33.77
	200m:	2:07.41	32.65	600m:	6:34.41	33.86	1000m:	11:06.69	34.46	1400m:	15:41.02	34.40
	250m:	2:40.16	32.75	650m:	7:07.96	33.55	1050m:	11:40.92	34.23	1450m:	16:14.57	33.55
	300m:	3:13.32	33.16	700m:	7:42.21	34.25	1100m:	12:15.70	34.78	1500m:	16:46.57	32.00
	350m:	3:46.16	32.84	750m:	8:15.86	33.65	1150m:	12:49.81	34.11			
	400m:	4:19.76	33.60	800m:	8:50.04	34.18	1200m:	13:24.11	34.30			
14.			1998					16:50.62		640		
	50m:	29.56	29.56	450m:	4:57.41	33.75	850m:	9:29.18	33.96	1250m:	14:02.88	34.15
	100m:	1:02.23	32.67	500m:	5:31.50	34.09	900m:	10:03.33	34.15	1300m:	14:37.26	34.38
	150m:	1:35.10	32.87	550m:	6:05.23	33.73	950m:	10:37.57	34.24	1350m:	15:10.85	33.59
	200m:	2:08.31	33.21	600m:	6:39.35	34.12	1000m:	11:12.12	34.55	1400m:	15:45.02	34.17
	250m:	2:41.80	33.49	650m:	7:13.25	33.90	1050m:	11:46.15	34.03	1450m:	16:18.55	33.53
	300m:	3:15.73	33.93	700m:	7:47.34	34.09	1100m:	12:20.58	34.43	1500m:	16:50.62	32.07
	350m:	3:49.53	33.80	750m:	8:21.13	33.79	1150m:	12:54.50	33.92			
	400m:	4:23.66	34.13	800m:	8:55.22	34.09	1200m:	13:28.73	34.23			
15.			2004					16:52.17		637		
	50m:	29.86	29.86	450m:	4:51.19	33.01	850m:	9:21.24	34.39	1250m:	14:00.17	34.68
	100m:	1:01.21	31.35	500m:	5:24.67	33.48	900m:	9:55.86	34.62	1300m:	14:35.30	35.13
	150m:	1:33.24	32.03	550m:	5:57.86	33.19	950m:	10:30.52	34.66	1350m:	15:09.54	34.24
	200m:	2:05.76	32.52	600m:	6:31.35	33.49	1000m:	11:05.44	34.92	1400m:	15:44.05	34.51
	250m:	2:38.44	32.68	650m:	7:04.84	33.49	1050m:	11:40.35	34.91	1450m:	16:18.75	34.70
	300m:	3:11.38	32.94	700m:	7:38.56	33.72	1100m:	12:15.64	35.29	1500m:	16:52.17	33.42
	350m:	3:44.55	33.17	750m:	8:12.50	33.94	1150m:	12:50.21	34.57			
	400m:	4:18.18	33.63	800m:	8:46.85	34.35	1200m:	13:25.49	35.28			



, 23 - 26 2021

30, , 1500m

								R.T.		FINA		
16.			2004					17:07.81		608		
	50m:	29.29	29.29	450m:	4:56.83	34.23	850m:	9:33.56	34.69	1250m:	14:12.92	34.90
	100m:	1:01.64	32.35	500m:	5:31.14	34.31	900m:	10:08.31	34.75	1300m:	14:48.07	35.15
	150m:	1:34.22	32.58	550m:	6:05.60	34.46	950m:	10:43.59	35.28	1350m:	15:23.71	35.64
	200m:	2:07.66	33.44	600m:	6:40.22	34.62	1000m:	11:18.07	34.48	1400m:	15:58.73	35.02
	250m:	2:40.77	33.11	650m:	7:14.63	34.41	1050m:	11:53.25	35.18	1450m:	16:33.51	34.78
	300m:	3:14.53	33.76	700m:	7:49.23	34.60	1100m:	12:27.94	34.69	1500m:	17:07.81	34.30
	350m:	3:48.53	34.00	750m:	8:24.14	34.91	1150m:	13:03.07	35.13			
	400m:	4:22.60	34.07	800m:	8:58.87	34.73	1200m:	13:38.02	34.95			
17.			2003					17:14.29		597		
	50m:	29.16	29.16	450m:	4:56.18	34.27	900m:	10:08.97	34.56	1300m:	14:51.32	36.16
	100m:	1:01.47	32.31	500m:	5:31.15	34.97	950m:	10:43.99	35.02	1350m:	15:27.30	35.98
	150m:	1:34.00	32.53	550m:	6:05.75	34.60	1000m:	11:18.88	34.89	1400m:	16:03.35	36.05
	200m:	2:07.37	33.37	600m:	6:40.41	34.66	1050m:	11:53.83	34.95	1450m:	16:39.12	35.77
	250m:	2:40.31	32.94	650m:	7:15.03	34.62	1100m:	12:28.55	34.72	1500m:	17:14.29	35.17
	300m:	3:14.19	33.88	700m:	7:49.23	1:09.75	1150m:	13:03.86	35.31			
	350m:	3:47.66	33.47	750m:	8:24.78	34.50	1200m:	13:39.32	35.46			
	400m:	4:21.91	34.25	800m:	8:59.28	34.50	1250m:	14:15.16	35.84			
18.			2002					17:14.49		596		
	50m:	29.62	29.62	450m:	5:05.29	35.17	850m:	9:45.61	35.51	1250m:	14:26.00	34.73
	100m:	1:02.83	33.21	500m:	5:39.71	34.42	900m:	10:20.88	35.27	1300m:	15:01.14	35.14
	150m:	1:36.97	34.14	550m:	6:15.19	35.48	950m:	10:56.27	35.39	1350m:	15:36.15	35.01
	200m:	2:11.22	34.25	600m:	6:50.03	34.84	1000m:	11:31.54	35.27	1400m:	16:09.57	33.42
	250m:	2:45.74	34.52	650m:	7:25.18	35.15	1050m:	12:06.34	34.80	1450m:	16:42.62	33.05
	300m:	3:20.56	34.82	700m:	7:59.83	34.65	1100m:	12:41.63	35.29	1500m:	17:14.49	31.87
	350m:	3:55.23	34.67	750m:	8:35.25	35.42	1150m:	13:16.65	35.02			
	400m:	4:30.12	34.89	800m:	9:10.10	34.85	1200m:	13:51.27	34.62			
19.			2001					17:15.02		595		
	50m:	31.14	31.14	450m:	5:01.16	33.22	850m:	9:39.21	35.65	1250m:	14:23.61	35.36
	100m:	1:04.64	33.50	500m:	5:35.16	34.00	900m:	10:14.62	35.41	1300m:	14:59.14	35.53
	150m:	1:38.37	33.73	550m:	6:09.48	34.32	950m:	10:50.56	35.94	1350m:	15:34.66	35.52
	200m:	2:12.30	33.93	600m:	6:44.13	34.65	1000m:	11:26.36	35.80	1400m:	16:10.19	35.53
	250m:	2:46.03	33.73	650m:	7:18.58	34.45	1050m:	12:01.94	35.58	1450m:	16:43.15	32.96
	300m:	3:20.11	34.08	700m:	7:53.43	34.85	1100m:	12:37.25	35.31	1500m:	17:15.02	31.87
	350m:	3:54.12	34.01	750m:	8:28.31	34.88	1150m:	13:12.81	35.56			
	400m:	4:27.94	33.82	800m:	9:03.56	35.25	1200m:	13:48.25	35.44			
20.			2006 I					17:16.15		594		
	50m:	29.55	29.55	450m:	5:04.72	34.59	850m:	9:43.13	35.02	1250m:	14:23.84	35.27
	100m:	1:02.53	32.98	500m:	5:39.43	34.71	900m:	10:18.46	35.33	1300m:	14:59.19	35.35
	150m:	1:36.79	34.26	550m:	6:14.18	34.75	950m:	10:53.13	34.67	1350m:	15:34.25	35.06
	200m:	2:11.27	34.48	600m:	6:48.71	34.53	1000m:	11:28.13	35.00	1400m:	16:09.46	35.21
	250m:	2:46.22	34.95	650m:	7:23.41	34.70	1050m:	12:02.98	34.85	1450m:	16:43.73	34.27
	300m:	3:20.92	34.70	700m:	7:58.40	34.99	1100m:	12:38.22	35.24	1500m:	17:16.15	32.42
	350m:	3:55.51	34.59	750m:	8:33.02	34.62	1150m:	13:13.69	35.47			
	400m:	4:30.13	34.62	800m:	9:08.11	35.09	1200m:	13:48.57	34.88			



, 23 - 26 2021

30, , 1500m

								R.T.		FINA		
21.			2004					17:17.74		591		
	50m:	31.44	31.44	450m:	5:10.38	35.08	850m:	9:50.58	34.93	1250m:	14:28.30	34.54
	100m:	1:05.72	34.28	500m:	5:45.85	35.47	900m:	10:25.55	34.97	1300m:	15:03.30	35.00
	150m:	1:40.23	34.51	550m:	6:20.84	34.99	950m:	10:59.93	34.38	1350m:	15:37.61	34.31
	200m:	2:14.92	34.69	600m:	6:56.21	35.37	1000m:	11:34.49	34.56	1400m:	16:11.77	34.16
	250m:	2:49.69	34.77	650m:	7:31.16	34.95	1050m:	12:09.30	34.81	1450m:	16:45.35	33.58
	300m:	3:24.73	35.04	700m:	8:06.14	34.98	1100m:	12:44.16	34.86	1500m:	17:17.74	32.39
	350m:	3:59.88	35.15	750m:	8:40.98	34.84	1150m:	13:18.62	34.46			
	400m:	4:35.30	35.42	800m:	9:15.65	34.67	1200m:	13:53.76	35.14			
22.			2005	I				17:23.46		581		
	50m:	30.10	30.10	450m:	5:07.90	34.82	850m:	9:48.53	35.36	1250m:	14:29.60	35.07
	100m:	1:03.53	33.43	500m:	5:42.89	34.99	900m:	10:23.67	35.14	1300m:	15:04.96	35.36
	150m:	1:38.22	34.69	550m:	6:17.96	35.07	950m:	10:59.00	35.33	1350m:	15:40.07	35.11
	200m:	2:13.19	34.97	600m:	6:53.40	35.44	1000m:	11:34.20	35.20	1400m:	16:15.65	35.58
	250m:	2:47.94	34.75	650m:	7:28.20	34.80	1050m:	12:09.20	35.00	1450m:	16:50.32	34.67
	300m:	3:22.76	34.82	700m:	8:02.87	34.67	1100m:	12:44.18	34.98	1500m:	17:23.46	33.14
	350m:	3:57.78	35.02	750m:	8:38.17	35.30	1150m:	13:19.65	35.47			
	400m:	4:33.08	35.30	800m:	9:13.17	35.00	1200m:	13:54.53	34.88			
23.			2005					17:25.24		578		
	50m:	30.16	30.16	450m:	5:05.60	34.58	850m:	9:45.96	34.92	1250m:	14:30.59	35.06
	100m:	1:03.68	33.52	500m:	5:40.66	35.06	900m:	10:21.40	35.44	1300m:	15:06.21	35.62
	150m:	1:37.62	33.94	550m:	6:15.34	34.68	950m:	10:56.86	35.46	1350m:	15:41.40	35.19
	200m:	2:12.36	34.74	600m:	6:50.53	35.19	1000m:	11:32.79	35.93	1400m:	16:17.04	35.64
	250m:	2:46.76	34.40	650m:	7:25.46	34.93	1050m:	12:08.26	35.47	1450m:	16:51.90	34.86
	300m:	3:21.71	34.95	700m:	8:00.95	35.49	1100m:	12:44.19	35.93	1500m:	17:25.24	33.34
	350m:	3:56.04	34.33	750m:	8:35.84	34.89	1150m:	13:19.90	35.71			
	400m:	4:31.02	34.98	800m:	9:11.04	35.20	1200m:	13:55.53	35.63			
24.			2006					17:26.80		576		
	50m:	29.78	29.78	450m:	5:09.24	35.08	850m:	9:51.45	35.29	1250m:	14:33.46	35.30
	100m:	1:03.81	34.03	500m:	5:44.63	35.39	900m:	10:26.84	35.39	1300m:	15:08.94	35.48
	150m:	1:38.61	34.80	550m:	6:19.65	35.02	950m:	11:02.46	35.62	1350m:	15:44.69	35.75
	200m:	2:13.42	34.81	600m:	6:54.80	35.15	1000m:	11:37.44	34.98	1400m:	16:19.89	35.20
	250m:	2:48.55	35.13	650m:	7:30.37	35.57	1050m:	12:12.60	35.16	1450m:	16:53.77	33.88
	300m:	3:23.64	35.09	700m:	8:05.71	35.34	1100m:	12:47.87	35.27	1500m:	17:26.80	33.03
	350m:	3:58.78	35.14	750m:	8:41.11	35.40	1150m:	13:23.00	35.13			
	400m:	4:34.16	35.38	800m:	9:16.16	35.05	1200m:	13:58.16	35.16			
25.			2006	I				17:27.79		574		
	50m:	29.85	29.85	450m:	5:08.26	35.38	850m:	9:50.28	34.91	1250m:	14:33.52	35.42
	100m:	1:03.11	33.26	500m:	5:43.62	35.36	900m:	10:25.65	35.37	1300m:	15:09.42	35.90
	150m:	1:38.05	34.94	550m:	6:18.72	35.10	950m:	11:00.72	35.07	1350m:	15:44.88	35.46
	200m:	2:13.01	34.96	600m:	6:54.25	35.53	1000m:	11:36.16	35.44	1400m:	16:20.73	35.85
	250m:	2:47.68	34.67	650m:	7:29.59	35.34	1050m:	12:11.26	35.10	1450m:	16:54.58	33.85
	300m:	3:22.79	35.11	700m:	8:04.97	35.38	1100m:	12:46.86	35.60	1500m:	17:27.79	33.21
	350m:	3:57.86	35.07	750m:	8:39.92	34.95	1150m:	13:22.29	35.43			
	400m:	4:32.88	35.02	800m:	9:15.37	35.45	1200m:	13:58.10	35.81			



, 23 - 26 2021

30, , 1500m

								R.T.		FINA		
26.			2003	I				17:28.65		573		
	50m:	32.22	32.22	450m:	5:14.78	35.26	850m:	9:55.63	34.88	1250m:	14:36.99	34.61
	100m:	1:07.81	35.59	500m:	5:49.94	35.16	900m:	10:31.14	35.51	1300m:	15:12.58	35.59
	150m:	1:43.03	35.22	550m:	6:24.99	35.05	950m:	11:05.92	34.78	1350m:	15:47.57	34.99
	200m:	2:18.81	35.78	600m:	7:00.26	35.27	1000m:	11:41.24	35.32	1400m:	16:22.71	35.14
	250m:	2:54.04	35.23	650m:	7:35.06	34.80	1050m:	12:16.08	34.84	1450m:	16:56.83	34.12
	300m:	3:29.44	35.40	700m:	8:10.49	35.43	1100m:	12:51.68	35.60	1500m:	17:28.65	31.82
	350m:	4:04.43	34.99	750m:	8:45.38	34.89	1150m:	13:26.77	35.09			
	400m:	4:39.52	35.09	800m:	9:20.75	35.37	1200m:	14:02.38	35.61			
27.			2006	I				17:28.67		573		
	50m:	29.68	29.68	450m:	5:08.15	34.85	850m:	9:51.73	34.67	1250m:	14:34.20	35.47
	100m:	1:03.78	34.10	500m:	5:43.72	35.57	900m:	10:26.92	35.19	1300m:	15:09.76	35.56
	150m:	1:37.92	34.14	550m:	6:19.02	35.30	950m:	11:02.10	35.18	1350m:	15:44.89	35.13
	200m:	2:12.75	34.83	600m:	6:54.70	35.68	1000m:	11:37.52	35.42	1400m:	16:20.33	35.44
	250m:	2:47.92	35.17	650m:	7:30.29	35.59	1050m:	12:12.49	34.97	1450m:	16:54.61	34.28
	300m:	3:22.91	34.99	700m:	8:05.54	35.25	1100m:	12:47.78	35.29	1500m:	17:28.67	34.06
	350m:	3:57.88	34.97	750m:	8:41.20	35.66	1150m:	13:23.40	35.62			
	400m:	4:33.30	35.42	800m:	9:17.06	35.86	1200m:	13:58.73	35.33			
28.			2006					17:32.03		567		
	50m:	29.53	29.53	450m:	5:03.11	34.06	850m:	9:44.94	36.21	1250m:	14:34.76	36.02
	100m:	1:02.73	33.20	500m:	5:38.35	35.24	900m:	10:21.12	36.18	1300m:	15:11.52	36.76
	150m:	1:36.58	33.85	550m:	6:13.60	35.25	950m:	10:57.39	36.27	1350m:	15:47.65	36.13
	200m:	2:10.48	33.90	600m:	6:48.69	35.09	1000m:	11:33.70	36.31	1400m:	16:23.64	35.99
	250m:	2:45.17	34.69	650m:	7:22.92	34.23	1050m:	12:09.72	36.02	1450m:	16:58.78	35.14
	300m:	3:19.82	34.65	700m:	7:58.69	35.77	1100m:	12:46.17	36.45	1500m:	17:32.03	33.25
	350m:	3:53.91	34.09	750m:	8:33.32	34.63	1150m:	13:22.28	36.11			
	400m:	4:29.05	35.14	800m:	9:08.73	35.41	1200m:	13:58.74	36.46			
29.			2003					17:38.21		557		
	50m:	31.71	31.71	450m:	5:11.82	35.38	850m:	9:53.90	35.75	1250m:	14:38.69	35.36
	100m:	1:07.30	35.59	500m:	5:46.99	35.17	900m:	10:28.99	35.09	1300m:	15:15.77	37.08
	150m:	1:41.83	34.53	550m:	6:22.15	35.16	950m:	11:04.95	35.96	1350m:	15:51.07	35.30
	200m:	2:16.80	34.97	600m:	6:57.19	35.04	1000m:	11:40.55	35.60	1400m:	16:26.09	35.02
	250m:	2:51.87	35.07	650m:	7:32.89	35.70	1050m:	12:15.91	35.36	1450m:	17:04.09	38.00
	300m:	3:26.75	34.88	700m:	8:07.88	34.99	1100m:	12:51.50	35.59	1500m:	17:38.21	34.12
	350m:	4:01.64	34.89	750m:	8:43.05	35.17	1150m:	13:27.30	35.80			
	400m:	4:36.44	34.80	800m:	9:18.15	35.10	1200m:	14:03.33	36.03			
30.			2002					17:52.55	I	535		
	50m:	29.66	29.66	450m:	5:14.16	36.04	850m:	10:05.00	36.63	1250m:	14:56.71	36.70
	100m:	1:03.20	33.54	500m:	5:50.41	36.25	900m:	10:41.30	36.30	1300m:	15:33.10	36.39
	150m:	1:37.80	34.60	550m:	6:26.42	36.01	950m:	11:17.65	36.35	1350m:	16:09.17	36.07
	200m:	2:13.06	35.26	600m:	7:02.80	36.38	1000m:	11:53.39	35.74	1400m:	16:44.58	35.41
	250m:	2:49.00	35.94	650m:	7:39.12	36.32	1050m:	12:30.16	36.77	1450m:	17:19.93	35.35
	300m:	3:25.33	36.33	700m:	8:16.03	36.91	1100m:	13:06.63	36.47	1500m:	17:52.55	32.62
	350m:	4:01.56	36.23	750m:	8:52.20	36.17	1150m:	13:43.38	36.75			
	400m:	4:38.12	36.56	800m:	9:28.37	36.17	1200m:	14:20.01	36.63			



30, , 1500m

					R.T.				FINA		
31.	2006 I				18:01.81 I				521		
50m:	30.65	30.65	450m:	5:13.52	35.78	850m:	10:04.18	36.57	1250m:	14:59.78	37.22
100m:	1:05.04	34.39	500m:	5:49.61	36.09	900m:	10:40.95	36.77	1300m:	15:36.03	36.25
150m:	1:40.20	35.16	550m:	6:25.91	36.30	950m:	11:17.90	36.95	1350m:	16:13.60	37.57
200m:	2:15.52	35.32	600m:	7:01.96	36.05	1000m:	11:54.79	36.89	1400m:	16:50.10	36.50
250m:	2:50.92	35.40	650m:	7:38.11	36.15	1050m:	12:31.68	36.89	1450m:	17:26.87	36.77
300m:	3:26.39	35.47	700m:	8:14.67	36.56	1100m:	13:08.95	37.27	1500m:	18:01.81	34.94
350m:	4:02.04	35.65	750m:	8:51.13	36.46	1150m:	13:46.02	37.07			
400m:	4:37.74	35.70	800m:	9:27.61	36.48	1200m:	14:22.56	36.54			
32.	2001				18:09.35 I				511		
50m:	29.68	29.68	450m:	5:11.72	35.35	850m:	10:08.67	37.37	1250m:	15:09.10	37.12
100m:	1:03.44	33.76	500m:	5:48.33	36.61	900m:	10:46.70	38.03	1300m:	15:46.44	37.34
150m:	1:38.75	35.31	550m:	6:24.55	36.22	950m:	11:23.94	37.24	1350m:	16:22.57	36.13
200m:	2:14.23	35.48	600m:	7:01.88	37.33	1000m:	12:01.61	37.67	1400m:	17:00.22	37.65
250m:	2:49.51	35.28	650m:	7:38.52	36.64	1050m:	12:39.00	37.39	1450m:	17:38.00	37.78
300m:	3:25.39	35.88	700m:	8:16.25	37.73	1100m:	13:16.79	37.79	1500m:	18:09.35	31.35
350m:	4:00.74	35.35	750m:	8:53.32	37.07	1150m:	13:53.81	37.02			
400m:	4:36.37	35.63	800m:	9:31.30	37.98	1200m:	14:31.98	38.17			
33.	2006 I				18:12.72 I				506		
50m:	29.84	29.84	450m:	5:16.43	36.81	850m:	10:12.44	36.44	1250m:	15:10.53	37.22
100m:	1:03.72	33.88	500m:	5:53.17	36.74	900m:	10:49.74	37.30	1300m:	15:48.11	37.58
150m:	1:38.43	34.71	550m:	6:29.86	36.69	950m:	11:27.16	37.42	1350m:	16:24.94	36.83
200m:	2:14.12	35.69	600m:	7:07.21	37.35	1000m:	12:04.75	37.59	1400m:	17:01.37	36.43
250m:	2:49.87	35.75	650m:	7:44.22	37.01	1050m:	12:41.82	37.07	1450m:	17:37.96	36.59
300m:	3:26.12	36.25	700m:	8:21.43	37.21	1100m:	13:19.09	37.27	1500m:	18:12.72	34.76
350m:	4:02.79	36.67	750m:	8:59.09	37.66	1150m:	13:55.89	36.80			
400m:	4:39.62	36.83	800m:	9:36.00	36.91	1200m:	14:33.31	37.42			
34.	2006 I				18:12.87 I				506		
50m:	29.53	29.53	500m:	5:54.03	36.91	900m:	10:52.43	37.60	1300m:	15:49.62	37.03
100m:	1:03.72	34.19	550m:	6:31.25	37.22	950m:	11:29.86	37.43	1350m:	16:26.45	36.83
150m:	1:38.89	35.17	600m:	7:08.47	37.22	1000m:	12:07.41	37.55	1400m:	17:02.80	36.35
200m:	2:14.49	35.60	650m:	7:45.95	37.48	1050m:	12:44.59	37.18	1450m:	17:38.35	35.55
250m:	2:50.76	36.27	700m:	8:23.41	37.46	1100m:	13:21.75	37.16	1500m:	18:12.87	34.52
300m:	3:27.05	36.29	750m:	9:00.45	37.04	1150m:	13:59.35	37.60			
350m:	4:03.90	36.85	800m:	9:37.72	37.27	1200m:	14:35.81	36.46			
450m:	5:17.12	1:13.22	850m:	10:14.83	37.11	1250m:	15:12.59	36.78			
35.	2003				18:18.58 I				498		
50m:	30.74	30.74	450m:	5:13.58	35.76	850m:	10:06.90	35.89	1250m:	15:07.46	38.19
100m:	1:05.69	34.95	500m:	5:49.99	36.41	900m:	10:43.91	37.01	1300m:	15:48.09	40.63
150m:	1:41.44	35.75	550m:	6:27.36	37.37	950m:	11:20.63	36.72	1350m:	16:27.45	39.36
200m:	2:15.51	34.07	600m:	7:04.05	36.69	1000m:	11:58.91	38.28	1400m:	17:07.00	39.55
250m:	2:50.11	34.60	650m:	7:40.30	36.25	1050m:	12:33.79	34.88	1450m:	17:43.98	36.98
300m:	3:27.37	37.26	700m:	8:17.57	37.27	1100m:	13:11.77	37.98	1500m:	18:18.58	34.60
350m:	4:02.19	34.82	750m:	8:54.22	36.65	1150m:	13:51.33	39.56			
400m:	4:37.82	35.63	800m:	9:31.01	36.79	1200m:	14:29.27	37.94			



, 23 - 26 2021

30, , 1500m

							R.T.	FINA			
36.	2003						18:57.46	449			
50m:	29.21	29.21	450m:	5:14.64	36.55	850m:	10:21.89	39.87	1250m:	15:43.82	39.64
100m:	1:02.87	33.66	500m:	5:51.45	36.81	900m:	11:01.92	40.03	1300m:	16:23.90	40.08
150m:	1:37.24	34.37	550m:	6:28.45	37.00	950m:	11:41.93	40.01	1350m:	17:02.38	38.48
200m:	2:12.63	35.39	600m:	7:06.02	37.57	1000m:	12:22.52	40.59	1400m:	17:41.35	38.97
250m:	2:48.53	35.90	650m:	7:43.89	37.87	1050m:	13:03.03	40.51	1450m:	18:19.59	38.24
300m:	3:24.91	36.38	700m:	8:23.00	39.11	1100m:	13:43.68	40.65	1500m:	18:57.46	37.87
350m:	4:01.32	36.41	750m:	9:02.19	39.19	1150m:	14:24.06	40.38			
400m:	4:38.09	36.77	800m:	9:42.02	39.83	1200m:	15:04.18	40.12			
37.	2006 I						19:20.64	422			
50m:	32.43	32.43	450m:	5:45.22	39.82	850m:	10:58.53	38.32	1250m:	16:12.10	37.98
100m:	1:09.40	36.97	500m:	6:24.43	39.21	900m:	11:38.23	39.70	1300m:	16:50.39	38.29
150m:	1:48.26	38.86	550m:	7:03.80	39.37	950m:	12:17.30	39.07	1350m:	17:28.12	37.73
200m:	2:26.59	38.33	600m:	7:43.62	39.82	1000m:	12:55.95	38.65	1400m:	18:05.53	37.41
250m:	3:05.91	39.32	650m:	8:23.29	39.67	1050m:	13:36.08	40.13	1450m:	18:43.65	38.12
300m:	3:45.42	39.51	700m:	9:02.46	39.17	1100m:	14:16.31	40.23	1500m:	19:20.64	36.99
350m:	4:25.51	40.09	750m:	9:41.44	38.98	1150m:	14:54.47	38.16			
400m:	5:05.40	39.89	800m:	10:20.21	38.77	1200m:	15:34.12	39.65			
38.	2005 I						20:05.48	377			
50m:	31.15	31.15	450m:	5:51.77	41.12	850m:	11:22.11	41.80	1250m:	16:50.02	41.23
100m:	1:07.36	36.21	500m:	6:32.45	40.68	900m:	12:03.50	41.39	1300m:	17:30.40	40.38
150m:	1:45.21	37.85	550m:	7:13.97	41.52	950m:	12:45.91	42.41	1350m:	18:10.92	40.52
200m:	2:25.11	39.90	600m:	7:54.57	40.60	1000m:	13:27.21	41.30	1400m:	18:50.19	39.27
250m:	3:06.24	41.13	650m:	8:35.35	40.78	1050m:	14:06.76	39.55	1450m:	19:27.71	37.52
300m:	3:47.19	40.95	700m:	9:16.63	41.28	1100m:	14:47.37	40.61	1500m:	20:05.48	37.77
350m:	4:29.33	42.14	750m:	9:58.16	41.53	1150m:	15:27.86	40.49			
400m:	5:10.65	41.32	800m:	10:40.31	42.15	1200m:	16:08.79	40.93			
DNS	1991										



, 23 - 26 2021

30, , 1500m

30 , 1500m (17-18)
25.02.2021 - 17:31

14:41.13 (CHN) 15.08.2008
14:59.56 - - (BRA) 12.08.2016

: FINA 2020

	/						R.T.						FINA	
1.	2003						15:24.17						837	
50m:	28.11	28.11	450m:	4:37.16	31.11	850m:	8:46.68	31.13	1250m:	12:55.15	31.13			
100m:	58.79	30.68	500m:	5:08.45	31.29	900m:	9:17.86	31.18	1300m:	13:26.12	30.97			
150m:	1:29.77	30.98	550m:	5:39.66	31.21	950m:	9:49.21	31.35	1350m:	13:57.24	31.12			
200m:	2:00.87	31.10	600m:	6:10.83	31.17	1000m:	10:20.66	31.45	1400m:	14:27.62	30.38			
250m:	2:32.00	31.13	650m:	6:41.80	30.97	1050m:	10:50.92	30.26	1450m:	14:56.57	28.95			
300m:	3:03.36	31.36	700m:	7:13.01	31.21	1100m:	11:21.61	30.69	1500m:	15:24.17	27.60			
350m:	3:34.80	31.44	750m:	7:44.07	31.06	1150m:	11:52.93	31.32						
400m:	4:06.05	31.25	800m:	8:15.55	31.48	1200m:	12:24.02	31.09						
2.	2003						15:54.61						759	
50m:	28.20	28.20	450m:	4:39.42	31.73	850m:	8:55.49	32.08	1250m:	13:13.90	32.27			
100m:	59.22	31.02	500m:	5:11.57	32.15	900m:	9:27.63	32.14	1300m:	13:46.62	32.72			
150m:	1:30.27	31.05	550m:	5:43.39	31.82	950m:	9:59.93	32.30	1350m:	14:18.95	32.33			
200m:	2:01.63	31.36	600m:	6:15.45	32.06	1000m:	10:32.45	32.52	1400m:	14:51.50	32.55			
250m:	2:32.83	31.20	650m:	6:47.33	31.88	1050m:	11:04.67	32.22	1450m:	15:23.37	31.87			
300m:	3:04.54	31.71	700m:	7:19.41	32.08	1100m:	11:37.08	32.41	1500m:	15:54.61	31.24			
350m:	3:35.73	31.19	750m:	7:51.31	31.90	1150m:	12:09.29	32.21						
400m:	4:07.69	31.96	800m:	8:23.41	32.10	1200m:	12:41.63	32.34						
3.	2003						16:13.40						716	
50m:	28.31	28.31	450m:	4:46.54	32.70	850m:	9:09.04	32.81	1250m:	13:32.93	33.25			
100m:	59.85	31.54	500m:	5:19.24	32.70	900m:	9:41.93	32.89	1300m:	14:05.97	33.04			
150m:	1:31.82	31.97	550m:	5:52.04	32.80	950m:	10:14.78	32.85	1350m:	14:39.12	33.15			
200m:	2:04.28	32.46	600m:	6:24.86	32.82	1000m:	10:47.85	33.07	1400m:	15:11.97	32.85			
250m:	2:36.31	32.03	650m:	6:57.68	32.82	1050m:	11:20.65	32.80	1450m:	15:43.70	31.73			
300m:	3:08.54	32.23	700m:	7:30.62	32.94	1100m:	11:53.67	33.02	1500m:	16:13.40	29.70			
350m:	3:41.04	32.50	750m:	8:03.30	32.68	1150m:	12:26.63	32.96						
400m:	4:13.84	32.80	800m:	8:36.23	32.93	1200m:	12:59.68	33.05						
4.	2004						16:22.77						696	
50m:	28.24	28.24	450m:	4:45.46	32.87	850m:	9:10.30	33.36	1250m:	13:36.76	33.09			
100m:	1:00.10	31.86	500m:	5:18.29	32.83	900m:	9:44.00	33.70	1300m:	14:10.67	33.91			
150m:	1:31.18	31.08	550m:	5:51.19	32.90	950m:	10:17.05	33.05	1350m:	14:44.12	33.45			
200m:	2:03.16	31.98	600m:	6:24.24	33.05	1000m:	10:50.53	33.48	1400m:	15:17.39	33.27			
250m:	2:34.98	31.82	650m:	6:57.15	32.91	1050m:	11:23.34	32.81	1450m:	15:50.56	33.17			
300m:	3:07.19	32.21	700m:	7:30.27	33.12	1100m:	11:56.51	33.17	1500m:	16:22.77	32.21			
350m:	3:39.76	32.57	750m:	8:03.35	33.08	1150m:	12:29.87	33.36						
400m:	4:12.59	32.83	800m:	8:36.94	33.59	1200m:	13:03.67	33.80						
5.	2004						16:31.46						678	
50m:	29.02	29.02	450m:	4:51.37	33.48	850m:	9:18.12	33.05	1250m:	13:44.27	33.45			
100m:	1:00.59	31.57	500m:	5:24.88	33.51	900m:	9:51.26	33.14	1300m:	14:18.10	33.83			
150m:	1:33.26	32.67	550m:	5:58.75	33.87	950m:	10:24.21	32.95	1350m:	14:51.49	33.39			
200m:	2:05.39	32.13	600m:	6:32.54	33.79	1000m:	10:57.59	33.38	1400m:	15:25.55	34.06			
250m:	2:38.41	33.02	650m:	7:05.88	33.34	1050m:	11:30.61	33.02	1450m:	15:58.45	32.90			
300m:	3:11.34	32.93	700m:	7:38.99	33.11	1100m:	12:03.98	33.37	1500m:	16:31.46	33.01			
350m:	3:44.58	33.24	750m:	8:12.22	33.23	1150m:	12:37.31	33.33						
400m:	4:17.89	33.31	800m:	8:45.07	32.85	1200m:	13:10.82	33.51						



, 23 - 26 2021

30, , 1500m , (17-18)

								R.T.		FINA		
6.			2003					16:46.57		647		
	50m:	29.92	29.92	450m:	4:53.18	33.42	850m:	9:23.74	33.70	1250m:	13:58.25	34.14
	100m:	1:02.29	32.37	500m:	5:27.13	33.95	900m:	9:58.19	34.45	1300m:	14:32.85	34.60
	150m:	1:34.76	32.47	550m:	6:00.55	33.42	950m:	10:32.23	34.04	1350m:	15:06.62	33.77
	200m:	2:07.41	32.65	600m:	6:34.41	33.86	1000m:	11:06.69	34.46	1400m:	15:41.02	34.40
	250m:	2:40.16	32.75	650m:	7:07.96	33.55	1050m:	11:40.92	34.23	1450m:	16:14.57	33.55
	300m:	3:13.32	33.16	700m:	7:42.21	34.25	1100m:	12:15.70	34.78	1500m:	16:46.57	32.00
	350m:	3:46.16	32.84	750m:	8:15.86	33.65	1150m:	12:49.81	34.11			
	400m:	4:19.76	33.60	800m:	8:50.04	34.18	1200m:	13:24.11	34.30			
7.			2004					16:52.17		637		
	50m:	29.86	29.86	450m:	4:51.19	33.01	850m:	9:21.24	34.39	1250m:	14:00.17	34.68
	100m:	1:01.21	31.35	500m:	5:24.67	33.48	900m:	9:55.86	34.62	1300m:	14:35.30	35.13
	150m:	1:33.24	32.03	550m:	5:57.86	33.19	950m:	10:30.52	34.66	1350m:	15:09.54	34.24
	200m:	2:05.76	32.52	600m:	6:31.35	33.49	1000m:	11:05.44	34.92	1400m:	15:44.05	34.51
	250m:	2:38.44	32.68	650m:	7:04.84	33.49	1050m:	11:40.35	34.91	1450m:	16:18.75	34.70
	300m:	3:11.38	32.94	700m:	7:38.56	33.72	1100m:	12:15.64	35.29	1500m:	16:52.17	33.42
	350m:	3:44.55	33.17	750m:	8:12.50	33.94	1150m:	12:50.21	34.57			
	400m:	4:18.18	33.63	800m:	8:46.85	34.35	1200m:	13:25.49	35.28			
8.			2004					17:07.81		608		
	50m:	29.29	29.29	450m:	4:56.83	34.23	850m:	9:33.56	34.69	1250m:	14:12.92	34.90
	100m:	1:01.64	32.35	500m:	5:31.14	34.31	900m:	10:08.31	34.75	1300m:	14:48.07	35.15
	150m:	1:34.22	32.58	550m:	6:05.60	34.46	950m:	10:43.59	35.28	1350m:	15:23.71	35.64
	200m:	2:07.66	33.44	600m:	6:40.22	34.62	1000m:	11:18.07	34.48	1400m:	15:58.73	35.02
	250m:	2:40.77	33.11	650m:	7:14.63	34.41	1050m:	11:53.25	35.18	1450m:	16:33.51	34.78
	300m:	3:14.53	33.76	700m:	7:49.23	34.60	1100m:	12:27.94	34.69	1500m:	17:07.81	34.30
	350m:	3:48.53	34.00	750m:	8:24.14	34.91	1150m:	13:03.07	35.13			
	400m:	4:22.60	34.07	800m:	8:58.87	34.73	1200m:	13:38.02	34.95			
9.			2003					17:14.29		597		
	50m:	29.16	29.16	450m:	4:56.18	34.27	900m:	10:08.97	34.56	1300m:	14:51.32	36.16
	100m:	1:01.47	32.31	500m:	5:31.15	34.97	950m:	10:43.99	35.02	1350m:	15:27.30	35.98
	150m:	1:34.00	32.53	550m:	6:05.75	34.60	1000m:	11:18.88	34.89	1400m:	16:03.35	36.05
	200m:	2:07.37	33.37	600m:	6:40.41	34.66	1050m:	11:53.83	34.95	1450m:	16:39.12	35.77
	250m:	2:40.31	32.94	650m:	7:15.03	34.62	1100m:	12:28.55	34.72	1500m:	17:14.29	35.17
	300m:	3:14.19	33.88	700m:	7:49.23	34.60	1150m:	13:03.86	35.31			
	350m:	3:47.66	33.47	750m:	8:24.78	1:09.75	1200m:	13:39.32	35.46			
	400m:	4:21.91	34.25	800m:	8:59.28	34.50	1250m:	14:15.16	35.84			
10.			2004					17:17.74		591		
	50m:	31.44	31.44	450m:	5:10.38	35.08	850m:	9:50.58	34.93	1250m:	14:28.30	34.54
	100m:	1:05.72	34.28	500m:	5:45.85	35.47	900m:	10:25.55	34.97	1300m:	15:03.30	35.00
	150m:	1:40.23	34.51	550m:	6:20.84	34.99	950m:	10:59.93	34.38	1350m:	15:37.61	34.31
	200m:	2:14.92	34.69	600m:	6:56.21	35.37	1000m:	11:34.49	34.56	1400m:	16:11.77	34.16
	250m:	2:49.69	34.77	650m:	7:31.16	34.95	1050m:	12:09.30	34.81	1450m:	16:45.35	33.58
	300m:	3:24.73	35.04	700m:	8:06.14	34.98	1100m:	12:44.16	34.86	1500m:	17:17.74	32.39
	350m:	3:59.88	35.15	750m:	8:40.98	34.84	1150m:	13:18.62	34.46			
	400m:	4:35.30	35.42	800m:	9:15.65	34.67	1200m:	13:53.76	35.14			



, 23 - 26 2021

30, , 1500m , (17-18)

							R.T.	FINA			
11.							17:28.65	573			
50m:	32.22	32.22	450m:	5:14.78	35.26	850m:	9:55.63	34.88	1250m:	14:36.99	34.61
100m:	1:07.81	35.59	500m:	5:49.94	35.16	900m:	10:31.14	35.51	1300m:	15:12.58	35.59
150m:	1:43.03	35.22	550m:	6:24.99	35.05	950m:	11:05.92	34.78	1350m:	15:47.57	34.99
200m:	2:18.81	35.78	600m:	7:00.26	35.27	1000m:	11:41.24	35.32	1400m:	16:22.71	35.14
250m:	2:54.04	35.23	650m:	7:35.06	34.80	1050m:	12:16.08	34.84	1450m:	16:56.83	34.12
300m:	3:29.44	35.40	700m:	8:10.49	35.43	1100m:	12:51.68	35.60	1500m:	17:28.65	31.82
350m:	4:04.43	34.99	750m:	8:45.38	34.89	1150m:	13:26.77	35.09			
400m:	4:39.52	35.09	800m:	9:20.75	35.37	1200m:	14:02.38	35.61			
12.							17:38.21	557			
50m:	31.71	31.71	450m:	5:11.82	35.38	850m:	9:53.90	35.75	1250m:	14:38.69	35.36
100m:	1:07.30	35.59	500m:	5:46.99	35.17	900m:	10:28.99	35.09	1300m:	15:15.77	37.08
150m:	1:41.83	34.53	550m:	6:22.15	35.16	950m:	11:04.95	35.96	1350m:	15:51.07	35.30
200m:	2:16.80	34.97	600m:	6:57.19	35.04	1000m:	11:40.55	35.60	1400m:	16:26.09	35.02
250m:	2:51.87	35.07	650m:	7:32.89	35.70	1050m:	12:15.91	35.36	1450m:	17:04.09	38.00
300m:	3:26.75	34.88	700m:	8:07.88	34.99	1100m:	12:51.50	35.59	1500m:	17:38.21	34.12
350m:	4:01.64	34.89	750m:	8:43.05	35.17	1150m:	13:27.30	35.80			
400m:	4:36.44	34.80	800m:	9:18.15	35.10	1200m:	14:03.33	36.03			
13.							18:18.58	498			
50m:	30.74	30.74	450m:	5:13.58	35.76	850m:	10:06.90	35.89	1250m:	15:07.46	38.19
100m:	1:05.69	34.95	500m:	5:49.99	36.41	900m:	10:43.91	37.01	1300m:	15:48.09	40.63
150m:	1:41.44	35.75	550m:	6:27.36	37.37	950m:	11:20.63	36.72	1350m:	16:27.45	39.36
200m:	2:15.51	34.07	600m:	7:04.05	36.69	1000m:	11:58.91	38.28	1400m:	17:07.00	39.55
250m:	2:50.11	34.60	650m:	7:40.30	36.25	1050m:	12:33.79	34.88	1450m:	17:43.98	36.98
300m:	3:27.37	37.26	700m:	8:17.57	37.27	1100m:	13:11.77	37.98	1500m:	18:18.58	34.60
350m:	4:02.19	34.82	750m:	8:54.22	36.65	1150m:	13:51.33	39.56			
400m:	4:37.82	35.63	800m:	9:31.01	36.79	1200m:	14:29.27	37.94			
14.							18:57.46	449			
50m:	29.21	29.21	450m:	5:14.64	36.55	850m:	10:21.89	39.87	1250m:	15:43.82	39.64
100m:	1:02.87	33.66	500m:	5:51.45	36.81	900m:	11:01.92	40.03	1300m:	16:23.90	40.08
150m:	1:37.24	34.37	550m:	6:28.45	37.00	950m:	11:41.93	40.01	1350m:	17:02.38	38.48
200m:	2:12.63	35.39	600m:	7:06.02	37.57	1000m:	12:22.52	40.59	1400m:	17:41.35	38.97
250m:	2:48.53	35.90	650m:	7:43.89	37.87	1050m:	13:03.03	40.51	1450m:	18:19.59	38.24
300m:	3:24.91	36.38	700m:	8:23.00	39.11	1100m:	13:43.68	40.65	1500m:	18:57.46	37.87
350m:	4:01.32	36.41	750m:	9:02.19	39.19	1150m:	14:24.06	40.38			
400m:	4:38.09	36.77	800m:	9:42.02	39.83	1200m:	15:04.18	40.12			



, 23 - 26 2021

30, , 1500m

EXH			/					R.T.		FINA	
			1998		-			15:26.29		831	
50m:	27.93	27.93	450m:	4:36.70	31.32	850m:	8:46.10	31.05	1250m:	12:54.83	30.98
100m:	58.35	30.42	500m:	5:08.19	31.49	900m:	9:17.59	31.49	1300m:	13:26.06	31.23
150m:	1:29.35	31.00	550m:	5:39.14	30.95	950m:	9:48.74	31.15	1350m:	13:57.18	31.12
200m:	2:00.39	31.04	600m:	6:10.39	31.25	1000m:	10:20.45	31.71	1400m:	14:28.18	31.00
250m:	2:31.45	31.06	650m:	6:41.44	31.05	1050m:	10:51.01	30.56	1450m:	14:57.59	29.41
300m:	3:02.82	31.37	700m:	7:12.71	31.27	1100m:	11:21.94	30.93	1500m:	15:26.29	28.70
350m:	3:34.10	31.28	750m:	7:43.69	30.98	1150m:	11:52.64	30.70			
400m:	4:05.38	31.28	800m:	8:15.05	31.36	1200m:	12:23.85	31.21			

