

, 23 - 26 2021

12
24.02.2021 - 16:00

, 400m

4:11.50
4:11.50

29.10.2020
29.10.2020

: FINA 2020

				/			R.T.			FINA		
1.				1999			4:34.44			701		
	50m:	27.38	27.38	150m:	1:35.96	36.27	250m:	2:49.03	37.60	350m:	4:01.97	33.05
	100m:	59.69	32.31	200m:	2:11.43	35.47	300m:	3:28.92	39.89	400m:	4:34.44	32.47
2.				2002			4:40.76			655		
	50m:	28.63	28.63	150m:	1:37.95	35.37	250m:	2:54.24	41.04	350m:	4:08.96	32.69
	100m:	1:02.58	33.95	200m:	2:13.20	35.25	300m:	3:36.27	42.03	400m:	4:40.76	31.80
3.				2006			4:42.66			641		
	50m:	29.52	29.52	150m:	1:41.45	36.63	250m:	2:57.61	39.70	350m:	4:11.46	33.79
	100m:	1:04.82	35.30	200m:	2:17.91	36.46	300m:	3:37.67	40.06	400m:	4:42.66	31.20
4.				2004			4:43.87			633		
	50m:	29.17	29.17	150m:	1:41.15	37.92	250m:	2:59.75	41.67	350m:	4:13.83	32.65
	100m:	1:03.23	34.06	200m:	2:18.08	36.93	300m:	3:41.18	41.43	400m:	4:43.87	30.04
5.				2005			4:47.43			610		
	50m:	29.62	29.62	150m:	1:40.86	37.23	250m:	2:58.88	41.04	350m:	4:14.86	33.46
	100m:	1:03.63	34.01	200m:	2:17.84	36.98	300m:	3:41.40	42.52	400m:	4:47.43	32.57
6.				2004			4:48.98			600		
	50m:	28.79	28.79	150m:	1:41.05	36.65	250m:	2:59.58	41.65	350m:	4:15.64	33.88
	100m:	1:04.40	35.61	200m:	2:17.93	36.88	300m:	3:41.76	42.18	400m:	4:48.98	33.34
7.				2006			4:49.42			598		
	50m:	29.77	29.77	150m:	1:42.97	37.71	250m:	3:02.25	41.22	350m:	4:16.86	32.49
	100m:	1:05.26	35.49	200m:	2:21.03	38.06	300m:	3:44.37	42.12	400m:	4:49.42	32.56
8.				2004			4:54.07			570		
	50m:	29.95	29.95	150m:	1:42.49	37.68	250m:	3:03.18	42.90	350m:	4:20.32	33.37
	100m:	1:04.81	34.86	200m:	2:20.28	37.79	300m:	3:46.95	43.77	400m:	4:54.07	33.75
9.				2001			4:58.65			544		
	50m:	30.78	30.78	150m:	1:43.57	35.76	250m:	3:04.15	44.08	350m:	4:23.09	35.25
	100m:	1:07.81	37.03	200m:	2:20.07	36.50	300m:	3:47.84	43.69	400m:	4:58.65	35.56
10.				2004			5:04.15			515		
	50m:	28.57	28.57	150m:	1:42.60	38.63	250m:	3:04.98	43.56	350m:	4:26.53	38.03
	100m:	1:03.97	35.40	200m:	2:21.42	38.82	300m:	3:48.50	43.52	400m:	5:04.15	37.62
11.				2005			5:09.08			491		
	50m:	30.73	30.73	150m:	1:49.65	42.05	250m:	3:12.95	42.23	350m:	4:34.09	37.62
	100m:	1:07.60	36.87	200m:	2:30.72	41.07	300m:	3:56.47	43.52	400m:	5:09.08	34.99
12.				2005			5:19.20			445		
	50m:	29.44	29.44	150m:	1:48.27	40.55	250m:	3:14.68	45.42	350m:	4:41.53	39.15
	100m:	1:07.72	38.28	200m:	2:29.26	40.99	300m:	4:02.38	47.70	400m:	5:19.20	37.67
13.				2006			5:23.99			426		
	50m:	31.50	31.50	150m:	1:52.89	42.87	250m:	3:20.38	45.16	350m:	4:48.05	39.04
	100m:	1:10.02	38.52	200m:	2:35.22	42.33	300m:	4:09.01	48.63	400m:	5:23.99	35.94



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12, , 400m

			/					R.T.		FINA		
14.			2005	I				5:27.78		411		
	50m:	30.67	30.67	150m:	1:50.36	42.85	250m:	3:20.07	47.15	350m:	4:48.45	39.74
	100m:	1:07.51	36.84	200m:	2:32.92	42.56	300m:	4:08.71	48.64	400m:	5:27.78	39.33
DSQ			2003									
DSQ			2004									
DSQ			2004									



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12, , 400m

12 , 400m (17-18)
24.02.2021 - 16:00

4:11.50 29.10.2020
4:11.50 29.10.2020

: FINA 2020

			/					R.T.		FINA		
1.			2004						4:43.87	633		
	50m:	29.17	29.17	150m:	1:41.15	37.92	250m:	2:59.75	41.67	350m:	4:13.83	32.65
	100m:	1:03.23	34.06	200m:	2:18.08	36.93	300m:	3:41.18	41.43	400m:	4:43.87	30.04
2.			2004						4:48.98	600		
	50m:	28.79	28.79	150m:	1:41.05	36.65	250m:	2:59.58	41.65	350m:	4:15.64	33.88
	100m:	1:04.40	35.61	200m:	2:17.93	36.88	300m:	3:41.76	42.18	400m:	4:48.98	33.34
3.			2004						4:54.07 	570		
	50m:	29.95	29.95	150m:	1:42.49	37.68	250m:	3:03.18	42.90	350m:	4:20.32	33.37
	100m:	1:04.81	34.86	200m:	2:20.28	37.79	300m:	3:46.95	43.77	400m:	4:54.07	33.75
4.			2004						5:04.15 	515		
	50m:	28.57	28.57	150m:	1:42.60	38.63	250m:	3:04.98	43.56	350m:	4:26.53	38.03
	100m:	1:03.97	35.40	200m:	2:21.42	38.82	300m:	3:48.50	43.52	400m:	5:04.15	37.62
DSQ			2003									
DSQ			2004									
DSQ			2004									



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12, , 400m

EXH			/					R.T.		FINA		
			1995					4:31.63		723		
	50m:	28.02	28.02	150m:	1:35.05	34.62	250m:	2:47.40	38.50	350m:	3:59.01	33.10
	100m:	1:00.43	32.41	200m:	2:08.90	33.85	300m:	3:25.91	38.51	400m:	4:31.63	32.62

