

40 , 1500m  
22.03.2024 - 11:25

			15:50.22							(JPN)	26.07.2021	
			16:13.13							(ESP)	22.07.2003	
: FINA 2024												
			/							R.T.		
1.			2008							17:40.21	654	
	50m:	30.96	30.96	450m:	5:11.72	35.45	850m:	9:57.55	35.45	1250m:	14:44.64	35.97
	100m:	1:05.45	34.49	500m:	5:47.70	35.98	900m:	10:33.50	35.95	1300m:	15:20.54	35.90
	150m:	1:40.00	34.55	550m:	6:23.46	35.76	950m:	11:09.41	35.91	1350m:	15:56.12	35.58
	200m:	2:15.14	35.14	600m:	6:59.34	35.88	1000m:	11:45.39	35.98	1400m:	16:32.14	36.02
	250m:	2:50.22	35.08	650m:	7:34.70	35.36	1050m:	12:21.26	35.87	1450m:	17:06.46	34.32
	300m:	3:25.71	35.49	700m:	8:10.84	36.14	1100m:	12:57.15	35.89	1500m:	17:40.21	33.75
	350m:	4:00.69	34.98	750m:	8:46.17	35.33	1150m:	13:32.53	35.38			
	400m:	4:36.27	35.58	800m:	9:22.10	35.93	1200m:	14:08.67	36.14			
2.			1996							17:49.34	637	
	50m:	32.66	32.66	450m:	5:18.52	35.84	850m:	10:04.68	35.69	1250m:	14:51.01	35.97
	100m:	1:08.48	35.82	500m:	5:54.35	35.83	900m:	10:40.49	35.81	1300m:	15:26.82	35.81
	150m:	1:44.04	35.56	550m:	6:30.16	35.81	950m:	11:16.18	35.69	1350m:	16:02.59	35.77
	200m:	2:19.85	35.81	600m:	7:06.02	35.86	1000m:	11:51.88	35.70	1400m:	16:38.28	35.69
	250m:	2:55.46	35.61	650m:	7:41.66	35.64	1050m:	12:27.54	35.66	1450m:	17:14.03	35.75
	300m:	3:31.43	35.97	700m:	8:17.59	35.93	1100m:	13:03.23	35.69	1500m:	17:49.34	35.31
	350m:	4:06.91	35.48	750m:	8:53.21	35.62	1150m:	13:39.08	35.85			
	400m:	4:42.68	35.77	800m:	9:28.99	35.78	1200m:	14:15.04	35.96			
3.			2009							18:03.08	613	
	50m:	31.20	31.20	450m:	5:16.84	35.88	850m:	10:08.90	36.66	1250m:	15:03.26	36.43
	100m:	1:06.12	34.92	500m:	5:53.24	36.40	900m:	10:45.66	36.76	1300m:	15:40.10	36.84
	150m:	1:41.65	35.53	550m:	6:29.11	35.87	950m:	11:22.28	36.62	1350m:	16:16.30	36.20
	200m:	2:17.39	35.74	600m:	7:05.44	36.33	1000m:	11:59.17	36.89	1400m:	16:53.59	37.29
	250m:	2:53.09	35.70	650m:	7:41.90	36.46	1050m:	12:36.39	37.22	1450m:	17:29.49	35.90
	300m:	3:28.96	35.87	700m:	8:18.83	36.93	1100m:	13:13.15	36.76	1500m:	18:03.08	33.59
	350m:	4:04.79	35.83	750m:	8:55.91	37.08	1150m:	13:49.80	36.65			
	400m:	4:40.96	36.17	800m:	9:32.24	36.33	1200m:	14:26.83	37.03			
4.			2010 I							18:22.80	581	
	50m:	31.75	31.75	450m:	5:25.40	36.83	850m:	10:21.42	37.03	1250m:	15:19.04	36.70
	100m:	1:07.83	36.08	500m:	6:02.50	37.10	900m:	10:59.39	37.97	1300m:	15:57.16	38.12
	150m:	1:44.47	36.64	550m:	6:39.04	36.54	950m:	11:36.06	36.67	1350m:	16:34.03	36.87
	200m:	2:21.38	36.91	600m:	7:16.51	37.47	1000m:	12:13.97	37.91	1400m:	17:11.55	37.52
	250m:	2:58.04	36.66	650m:	7:53.04	36.53	1050m:	12:50.55	36.58	1450m:	17:47.51	35.96
	300m:	3:34.85	36.81	700m:	8:30.37	37.33	1100m:	13:27.85	37.30	1500m:	18:22.80	35.29
	350m:	4:11.95	37.10	750m:	9:07.23	36.86	1150m:	14:04.64	36.79			
	400m:	4:48.57	36.62	800m:	9:44.39	37.16	1200m:	14:42.34	37.70			
5.			2003							19:12.37 I	509	
	50m:	31.91	31.91	450m:	5:26.83	36.74	850m:	10:31.41	39.04	1250m:	15:48.92	39.57
	100m:	1:07.68	35.77	500m:	6:04.59	37.76	900m:	11:09.74	38.33	1300m:	16:29.64	40.72
	150m:	1:43.81	36.13	550m:	6:41.89	37.30	950m:	11:48.29	38.55	1350m:	17:09.95	40.31
	200m:	2:20.78	36.97	600m:	7:19.77	37.88	1000m:	12:28.98	40.69	1400m:	17:50.77	40.82
	250m:	2:57.51	36.73	650m:	7:57.33	37.56	1050m:	13:09.11	40.13	1450m:	18:31.98	41.21
	300m:	3:35.33	37.82	700m:	8:35.28	37.95	1100m:	13:49.63	40.52	1500m:	19:12.37	40.39
	350m:	4:12.51	37.18	750m:	9:13.45	38.17	1150m:	14:28.67	39.04			
	400m:	4:50.09	37.58	800m:	9:52.37	38.92	1200m:	15:09.35	40.68			

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40, , 1500m ,

6.			/					R.T.		
			2010					<b>20:25.94</b>		423
50m:	35.95	35.95	450m:	6:02.60	41.62	850m:	11:34.54	41.44	1250m:	17:04.48 40.59
100m:	1:15.56	39.61	500m:	6:44.26	41.66	900m:	12:16.07	41.53	1300m:	17:45.14 40.66
150m:	1:55.67	40.11	550m:	7:25.73	41.47	950m:	12:57.52	41.45	1350m:	18:25.90 40.76
200m:	2:36.44	40.77	600m:	8:07.48	41.75	1000m:	13:38.80	41.28	1400m:	19:06.77 40.87
250m:	3:17.17	40.73	650m:	8:48.65	41.17	1050m:	14:19.95	41.15	1450m:	19:46.91 40.14
300m:	3:58.20	41.03	700m:	9:30.15	41.50	1100m:	15:01.67	41.72	1500m:	20:25.94 39.03
350m:	4:39.23	41.03	750m:	10:11.44	41.29	1150m:	15:42.86	41.19		
400m:	5:20.98	41.75	800m:	10:53.10	41.66	1200m:	16:23.89	41.03		

DNS 2007