

, 18 - 21 2020

10
19.02.2020 - 10:31

, 400m

				3:43.45						(CHN)	09.08.2008
				3:47.36						(HUN)	20.08.2019
: FINA 2020											
				/						R.T.	FINA
1.				1998			- 1			4:10.59	677
	100m:	1:00.69	1:00.69	200m:	2:05.19	1:04.50	300m:	3:09.56	1:04.37	400m:	4:10.59 1:01.03
2.				2002						4:11.34	671
	100m:	58.95	58.95	200m:	2:02.65	1:03.70	300m:	3:08.96	1:06.31	400m:	4:11.34 1:02.38
3.				2003						4:12.33	663
	100m:	58.05	58.05	200m:	2:02.15	1:04.10	300m:	3:07.68	1:05.53	400m:	4:12.33 1:04.65
4.				2003						4:14.17	649
	100m:	59.79	59.79	200m:	2:04.47	1:04.68	300m:	3:10.31	1:05.84	400m:	4:14.17 1:03.86
5.				2002			- 1			4:16.25	633
	100m:	1:02.00	1:02.00	200m:	2:06.95	1:04.95	300m:	3:11.62	1:04.67	400m:	4:16.25 1:04.63
6.				2002						4:21.16	598
	100m:	59.56	59.56	200m:	2:05.28	1:05.72	300m:	3:13.83	1:08.55	400m:	4:21.16 1:07.33
7.				2003			- 1			4:22.83	587
	100m:	1:03.36	1:03.36	200m:	2:11.14	1:07.78	300m:	3:18.00	1:06.86	400m:	4:22.83 1:04.83
8.				2004						4:23.02	585
	100m:	59.15	59.15	200m:	2:06.46	1:07.31	300m:	3:16.63	1:10.17	400m:	4:23.02 1:06.39
9.				2001						4:23.48	582
	100m:	1:01.35	1:01.35	200m:	2:09.23	1:07.88	300m:	3:16.56	1:07.33	400m:	4:23.48 1:06.92
10.				2003			- 2			4:23.54	582
	100m:	1:03.45	1:03.45	200m:	2:08.63	1:05.18	300m:	3:13.95	1:05.32	400m:	4:23.54 1:09.59
11.				2003						4:23.66	581
	100m:	1:00.58	1:00.58	200m:	2:07.74	1:07.16	300m:	3:16.33	1:08.59	400m:	4:23.66 1:07.33
12.				2003						4:23.68	581
	100m:	1:01.47	1:01.47	200m:	2:08.88	1:07.41	300m:	3:17.07	1:08.19	400m:	4:23.68 1:06.61
13.				2002						4:24.11	578
	100m:	1:01.75	1:01.75	200m:	2:08.67	1:06.92	300m:	3:16.35	1:07.68	400m:	4:24.11 1:07.76
14.				2004						4:24.20	577
	100m:	1:03.59	1:03.59	200m:	2:12.03	1:08.44	300m:	3:19.88	1:07.85	400m:	4:24.20 1:04.32
15.				2003						4:24.26	577
	100m:	1:01.84	1:01.84	200m:	2:10.06	1:08.22	300m:	3:19.40	1:09.34	400m:	4:24.26 1:04.86
16.				2003						4:24.38	576
	100m:	1:00.92	1:00.92	200m:	2:08.92	1:08.00	300m:	3:17.93	1:09.01	400m:	4:24.38 1:06.45
17.				2003			- 2			4:25.88	567
	100m:	1:04.40	1:04.40	200m:	2:12.10	1:07.70	300m:	3:20.39	1:08.29	400m:	4:25.88 1:05.49
18.				2003						4:25.95	566
	100m:	1:01.93	1:01.93	200m:	2:08.82	1:06.89	300m:	3:17.67	1:08.85	400m:	4:25.95 1:08.28
19.				2003						4:26.06	565
	100m:	1:04.38	1:04.38	200m:	2:12.20	1:07.82	300m:	3:20.59	1:08.39	400m:	4:26.06 1:05.47

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ALT-Timing

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	10,	, 400m							R.T.		FINA	
20.	100m:	1:04.28	1:04.28	2004	200m:	2:11.93	1:07.65	300m:	3:19.36	1:07.43	4:26.60	562
											400m:	4:26.60
												1:07.24
21.	100m:	59.56	59.56	2004	200m:	2:05.74	1:06.18	300m:	3:15.24	1:09.50	4:26.71	561
											400m:	4:26.71
												1:11.47
22.	100m:	1:01.90	1:01.90	2003	200m:	2:09.96	1:08.06	300m:	3:19.35	1:09.39	4:26.89	560
											400m:	4:26.89
												1:07.54
23.	100m:	1:02.14	1:02.14	2003	200m:	2:09.68	1:07.54	300m:	3:18.68	1:09.00	4:27.07	559
											400m:	4:27.07
												1:08.39
24.	100m:	1:00.38	1:00.38	2004	200m:	2:07.43	1:07.05	300m:	3:18.20	1:10.77	4:27.24	558
											400m:	4:27.24
												1:09.04
25.	100m:	1:01.11	1:01.11	2002	200m:	2:10.25	1:09.14	300m:	3:21.09	1:10.84	4:30.89	536
											400m:	4:30.89
												1:09.80
26.	100m:	1:03.06	1:03.06	2005	200m:	2:13.15	1:10.09	300m:	3:23.66	1:10.51	4:31.65	531
											400m:	4:31.65
												1:07.99
27.	100m:	1:02.54	1:02.54	2002	200m:	2:12.57	1:10.03	300m:	3:23.95	1:11.38	4:32.51	526
											400m:	4:32.51
												1:08.56
28.	100m:	1:04.96	1:04.96	2005	200m:	2:15.14	1:10.18	300m:	3:25.80	1:10.66	4:33.01	523
											400m:	4:33.01
												1:07.21
29.	100m:	1:04.12	1:04.12	2005	200m:	2:13.56	1:09.44	300m:	3:23.99	1:10.43	4:33.45	521
											400m:	4:33.45
												1:09.46
30.	100m:	1:02.22	1:02.22	2003	200m:	2:12.16	1:09.94	300m:	3:23.56	1:11.40	4:33.87	518
											400m:	4:33.87
												1:10.31
31.	100m:	1:04.55	1:04.55	2005	200m:	2:14.75	1:10.20	300m:	3:25.89	1:11.14	4:35.46	509
											400m:	4:35.46
												1:09.57
32.	100m:	1:02.47	1:02.47	2004	200m:	2:11.15	1:08.68	300m:	3:22.99	1:11.84	4:35.52	509
											400m:	4:35.52
												1:12.53
33.	100m:	1:04.72	1:04.72	2005	200m:	2:17.07	1:12.35	300m:	3:29.40	1:12.33	4:36.31	505
											400m:	4:36.31
												1:06.91
34.	100m:	1:05.88	1:05.88	2003	200m:	2:17.41	1:11.53	300m:	3:29.27	1:11.86	4:37.85	496
											400m:	4:37.85
												1:08.58
35.	100m:	1:05.42	1:05.42	2003	200m:	2:16.33	1:10.91	300m:	3:27.79	1:11.46	4:38.84	491
											400m:	4:38.84
												1:11.05
36.	100m:	1:07.85	1:07.85	2003	200m:	2:18.51	1:10.66	300m:	3:30.02	1:11.51	4:38.85	491
											400m:	4:38.85
												1:08.83
37.	100m:	1:03.68	1:03.68	2003	200m:	2:14.88	1:11.20	300m:	3:28.92	1:14.04	4:39.23	489
											400m:	4:39.23
												1:10.31
38.	100m:	1:06.01	1:06.01	2005	200m:	2:16.76	1:10.75	300m:	3:29.04	1:12.28	4:40.45	483
											400m:	4:40.45
												1:11.41
39.	100m:	1:03.55	1:03.55	2005	200m:	2:14.82	1:11.27	300m:	3:28.74	1:13.92	4:40.58	482
											400m:	4:40.58
												1:11.84
40.	100m:	1:06.90	1:06.90	2005	200m:	2:18.70	1:11.80	300m:	3:30.89	1:12.19	4:42.07	474
											400m:	4:42.07
												1:11.18



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	10,		, 400m						R.T.		FINA	
41.				2004	I	- 1			4:46.07		455	
	100m:	1:07.22	1:07.22	200m:	2:19.94	1:12.72	300m:	3:33.70	1:13.76	400m:	4:46.07	1:12.37
42.				2002	I				4:50.95		432	
	100m:	1:07.52	1:07.52	200m:	2:21.49	1:13.97	300m:	3:37.51	1:16.02	400m:	4:50.95	1:13.44
43.				2005	I	- 1			4:58.06		402	
	100m:	1:05.48	1:05.48	200m:	2:20.38	1:14.90	300m:	3:39.40	1:19.02	400m:	4:58.06	1:18.66

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10, , 400m

10 , 400m (17-18)
19.02.2020 - 10:31

3:43.45 (CHN) 09.08.2008
3:47.36 (HUN) 20.08.2019

: FINA 2020

									R.T.		FINA	
1.				2002						4:11.34	671	
	100m:	58.95	58.95	200m:	2:02.65	1:03.70	300m:	3:08.96	1:06.31	400m:	4:11.34	1:02.38
2.				2003						4:12.33	663	
	100m:	58.05	58.05	200m:	2:02.15	1:04.10	300m:	3:07.68	1:05.53	400m:	4:12.33	1:04.65
3.				2003						4:14.17	649	
	100m:	59.79	59.79	200m:	2:04.47	1:04.68	300m:	3:10.31	1:05.84	400m:	4:14.17	1:03.86
4.				2002			- 1			4:16.25	633	
	100m:	1:02.00	1:02.00	200m:	2:06.95	1:04.95	300m:	3:11.62	1:04.67	400m:	4:16.25	1:04.63
5.				2002						4:21.16	598	
	100m:	59.56	59.56	200m:	2:05.28	1:05.72	300m:	3:13.83	1:08.55	400m:	4:21.16	1:07.33
6.				2003			- 1			4:22.83	587	
	100m:	1:03.36	1:03.36	200m:	2:11.14	1:07.78	300m:	3:18.00	1:06.86	400m:	4:22.83	1:04.83
7.				2003			- 2			4:23.54	582	
	100m:	1:03.45	1:03.45	200m:	2:08.63	1:05.18	300m:	3:13.95	1:05.32	400m:	4:23.54	1:09.59
8.				2003						4:23.66	581	
	100m:	1:00.58	1:00.58	200m:	2:07.74	1:07.16	300m:	3:16.33	1:08.59	400m:	4:23.66	1:07.33
9.				2003						4:23.68	581	
	100m:	1:01.47	1:01.47	200m:	2:08.88	1:07.41	300m:	3:17.07	1:08.19	400m:	4:23.68	1:06.61
10.				2002						4:24.11	578	
	100m:	1:01.75	1:01.75	200m:	2:08.67	1:06.92	300m:	3:16.35	1:07.68	400m:	4:24.11	1:07.76
11.				2003						4:24.26	577	
	100m:	1:01.84	1:01.84	200m:	2:10.06	1:08.22	300m:	3:19.40	1:09.34	400m:	4:24.26	1:04.86
12.				2003						4:24.38	576	
	100m:	1:00.92	1:00.92	200m:	2:08.92	1:08.00	300m:	3:17.93	1:09.01	400m:	4:24.38	1:06.45
13.				2003			- 2			4:25.88	567	
	100m:	1:04.40	1:04.40	200m:	2:12.10	1:07.70	300m:	3:20.39	1:08.29	400m:	4:25.88	1:05.49
14.				2003						4:25.95	566	
	100m:	1:01.93	1:01.93	200m:	2:08.82	1:06.89	300m:	3:17.67	1:08.85	400m:	4:25.95	1:08.28
15.				2003						4:26.06	565	
	100m:	1:04.38	1:04.38	200m:	2:12.20	1:07.82	300m:	3:20.59	1:08.39	400m:	4:26.06	1:05.47
16.				2003						4:26.89	560	
	100m:	1:01.90	1:01.90	200m:	2:09.96	1:08.06	300m:	3:19.35	1:09.39	400m:	4:26.89	1:07.54
17.				2003			- 2			4:27.07	559	
	100m:	1:02.14	1:02.14	200m:	2:09.68	1:07.54	300m:	3:18.68	1:09.00	400m:	4:27.07	1:08.39
18.				2002						4:30.89	536	
	100m:	1:01.11	1:01.11	200m:	2:10.25	1:09.14	300m:	3:21.09	1:10.84	400m:	4:30.89	1:09.80

" " " 50 ALT-Timing

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, 18 - 21 2020

10,		, 400m				(17-18)							
		/						R.T.		FINA			
19.	100m:	1:02.54	1:02.54	2002	200m:	2:12.57	1:10.03	300m:	3:23.95	1:11.38	4:32.51	526	
											400m:	4:32.51	1:08.56
20.	100m:	1:02.22	1:02.22	2003	200m:	2:12.16	1:09.94	300m:	3:23.56	1:11.40	4:33.87	518	
											400m:	4:33.87	1:10.31
21.	100m:	1:05.88	1:05.88	2003	200m:	2:17.41	1:11.53	300m:	3:29.27	1:11.86	4:37.85	496	
											400m:	4:37.85	1:08.58
22.	100m:	1:05.42	1:05.42	2003	200m:	2:16.33	1:10.91	300m:	3:27.79	1:11.46	4:38.84	491	
											400m:	4:38.84	1:11.05
23.	100m:	1:07.85	1:07.85	2003	200m:	2:18.51	1:10.66	300m:	3:30.02	1:11.51	4:38.85	491	
											400m:	4:38.85	1:08.83
24.	100m:	1:03.68	1:03.68	2003	200m:	2:14.88	1:11.20	300m:	3:28.92	1:14.04	4:39.23	489	
											400m:	4:39.23	1:10.31
25.	100m:	1:07.52	1:07.52	2002	200m:	2:21.49	1:13.97	300m:	3:37.51	1:16.02	4:50.95	432	
											400m:	4:50.95	1:13.44

