

, 21 - 23 2021

11 , 1500m (17-18)
21.07.2021 - 12:18

14:41.13 (CHN) 15.08.2008
14:59.56 - - (BRA) 12.08.2016

: FINA 2020

	/				R.T.				FINA			
1.	2003				+0,74 15:33.18				813			
50m:	28.83	28.83	450m:	4:40.07	31.58	850m:	8:49.93	31.68	1250m:	13:00.91	31.94	
100m:	59.58	30.75	500m:	5:11.28	31.21	900m:	9:21.17	31.24	1300m:	13:32.72	31.81	
150m:	1:31.36	31.78	550m:	5:42.62	31.34	950m:	9:52.73	31.56	1350m:	14:04.21	31.49	
200m:	2:02.79	31.43	600m:	6:13.57	30.95	1000m:	10:23.90	31.17	1400m:	14:35.51	31.30	
250m:	2:34.00	31.21	650m:	6:44.88	31.31	1050m:	10:55.12	31.22	1450m:	15:05.78	30.27	
300m:	3:05.58	31.58	700m:	7:15.59	30.71	1100m:	11:26.09	30.97	1500m:	15:33.18	27.40	
350m:	3:37.28	31.70	750m:	7:47.17	31.58	1150m:	11:57.57	31.48				
400m:	4:08.49	31.21	800m:	8:18.25	31.08	1200m:	12:28.97	31.40				
2.	2003				+0,83 15:34.86				808			
50m:	28.45	28.45	450m:	4:38.59	31.40	850m:	8:49.09	31.60	1250m:	13:01.87	31.78	
100m:	59.04	30.59	500m:	5:09.76	31.17	900m:	9:20.56	31.47	1300m:	13:33.42	31.55	
150m:	1:30.83	31.79	550m:	5:41.13	31.37	950m:	9:52.25	31.69	1350m:	14:04.68	31.26	
200m:	2:01.83	31.00	600m:	6:12.50	31.37	1000m:	10:23.69	31.44	1400m:	14:35.75	31.07	
250m:	2:33.27	31.44	650m:	6:43.72	31.22	1050m:	10:55.29	31.60	1450m:	15:05.72	29.97	
300m:	3:04.65	31.38	700m:	7:14.84	31.12	1100m:	11:26.64	31.35	1500m:	15:34.86	29.14	
350m:	3:35.92	31.27	750m:	7:46.20	31.36	1150m:	11:58.40	31.76				
400m:	4:07.19	31.27	800m:	8:17.49	31.29	1200m:	12:30.09	31.69				
3.	2003				+0,79 15:59.77				747			
50m:	29.12	29.12	450m:	4:41.93	31.62	850m:	8:57.13	32.34	1250m:	13:17.08	32.92	
100m:	1:00.00	30.88	500m:	5:13.15	31.22	900m:	9:29.22	32.09	1300m:	13:49.62	32.54	
150m:	1:31.62	31.62	550m:	5:45.37	32.22	950m:	10:01.66	32.44	1350m:	14:22.35	32.73	
200m:	2:03.39	31.77	600m:	6:16.95	31.58	1000m:	10:34.18	32.52	1400m:	14:55.04	32.69	
250m:	2:35.17	31.78	650m:	6:48.86	31.91	1050m:	11:06.42	32.24	1450m:	15:27.28	32.24	
300m:	3:06.81	31.64	700m:	7:20.76	31.90	1100m:	11:38.82	32.40	1500m:	15:59.77	32.49	
350m:	3:38.49	31.68	750m:	7:52.89	32.13	1150m:	12:11.50	32.68				
400m:	4:10.31	31.82	800m:	8:24.79	31.90	1200m:	12:44.16	32.66				
4.	2004				+0,74 16:01.37				743			
50m:	28.67	28.67	450m:	4:46.42	32.39	850m:	9:04.12	32.72	1250m:	13:24.33	32.07	
100m:	1:00.60	31.93	500m:	5:18.86	32.44	900m:	9:36.68	32.56	1300m:	13:56.23	31.90	
150m:	1:32.05	31.45	550m:	5:50.45	31.59	950m:	10:09.50	32.82	1350m:	14:28.49	32.26	
200m:	2:04.52	32.47	600m:	6:22.31	31.86	1000m:	10:42.25	32.75	1400m:	15:00.69	32.20	
250m:	2:37.06	32.54	650m:	6:54.52	32.21	1050m:	11:14.72	32.47	1450m:	15:32.27	31.58	
300m:	3:09.32	32.26	700m:	7:26.57	32.05	1100m:	11:47.51	32.79	1500m:	16:01.37	29.10	
350m:	3:41.85	32.53	750m:	7:59.05	32.48	1150m:	12:19.96	32.45				
400m:	4:14.03	32.18	800m:	8:31.40	32.35	1200m:	12:52.26	32.30				
5.	2003				+0,72 16:05.67				733			
50m:	29.70	29.70	450m:	4:49.49	32.59	850m:	9:08.66	32.61	1250m:	13:26.87	32.60	
100m:	1:01.56	31.86	500m:	5:21.79	32.30	900m:	9:40.87	32.21	1300m:	13:58.97	32.10	
150m:	1:33.94	32.38	550m:	5:54.48	32.69	950m:	10:13.19	32.32	1350m:	14:31.67	32.70	
200m:	2:06.54	32.60	600m:	6:26.63	32.15	1000m:	10:45.24	32.05	1400m:	15:03.97	32.30	
250m:	2:39.34	32.80	650m:	6:58.89	32.26	1050m:	11:17.57	32.33	1450m:	15:35.00	31.03	
300m:	3:11.77	32.43	700m:	7:31.24	32.35	1100m:	11:49.72	32.15	1500m:	16:05.67	30.67	
350m:	3:44.60	32.83	750m:	8:03.80	32.56	1150m:	12:22.10	32.38				
400m:	4:16.90	32.30	800m:	8:36.05	32.25	1200m:	12:54.27	32.17				
6.	2004				+0,78 16:10.48				722			
50m:	28.66	28.66	450m:	4:42.34	32.10	850m:	9:02.85	32.98	1250m:	13:27.19	34.08	
100m:	59.59	30.93	500m:	5:14.62	32.28	900m:	9:35.19	32.34	1300m:	14:00.27	33.08	
150m:	1:31.15	31.56	550m:	5:47.09	32.47	950m:	10:07.92	32.73	1350m:	14:33.06	32.79	
200m:	2:02.84	31.69	600m:	6:19.54	32.45	1000m:	10:40.89	32.97	1400m:	15:06.70	33.64	
250m:	2:34.59	31.75	650m:	6:52.17	32.63	1050m:	11:13.80	32.91	1450m:	15:39.20	32.50	
300m:	3:06.41	31.82	700m:	7:24.20	32.03	1100m:	11:46.80	33.00	1500m:	16:10.48	31.28	
350m:	3:38.06	31.65	750m:	7:57.32	33.12	1150m:	12:20.55	33.75				
400m:	4:10.24	32.18	800m:	8:29.87	32.55	1200m:	12:53.11	32.56				

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11.		, 1500m				(17-18)							
		/						R.T.				FINA	
7.				2003				+0,66	16:13.81			715	
50m:	29.66	29.66	450m:	4:49.26	32.57	850m:	9:08.11	32.38	1250m:	13:30.74	33.28		
100m:	1:01.43	31.77	500m:	5:21.45	32.19	900m:	9:40.93	32.82	1300m:	14:04.21	33.47		
150m:	1:33.85	32.42	550m:	5:53.80	32.35	950m:	10:13.34	32.41	1350m:	14:37.87	33.66		
200m:	2:06.31	32.46	600m:	6:26.16	32.36	1000m:	10:46.10	32.76	1400m:	15:10.69	32.82		
250m:	2:38.84	32.53	650m:	6:58.48	32.32	1050m:	11:18.07	31.97	1450m:	15:43.48	32.79		
300m:	3:11.67	32.83	700m:	7:30.81	32.33	1100m:	11:51.20	33.13	1500m:	16:13.81	30.33		
350m:	3:44.22	32.55	750m:	8:03.07	32.26	1150m:	12:23.98	32.78					
400m:	4:16.69	32.47	800m:	8:35.73	32.66	1200m:	12:57.46	33.48					
8.				2004				+0,71	16:15.96			710	
50m:	29.40	29.40	450m:	4:46.91	32.66	850m:	9:09.25	33.35	1250m:	13:32.64	33.16		
100m:	1:01.12	31.72	500m:	5:19.32	32.41	900m:	9:42.41	33.16	1300m:	14:05.98	33.34		
150m:	1:33.22	32.10	550m:	5:51.83	32.51	950m:	10:15.18	32.77	1350m:	14:38.74	32.76		
200m:	2:05.09	31.87	600m:	6:24.54	32.71	1000m:	10:48.29	33.11	1400m:	15:11.64	32.90		
250m:	2:37.34	32.25	650m:	6:57.53	32.99	1050m:	11:21.07	32.78	1450m:	15:44.23	32.59		
300m:	3:09.54	32.20	700m:	7:30.67	33.14	1100m:	11:54.24	33.17	1500m:	16:15.96	31.73		
350m:	3:41.95	32.41	750m:	8:03.51	32.84	1150m:	12:26.61	32.37					
400m:	4:14.25	32.30	800m:	8:35.90	32.39	1200m:	12:59.48	32.87					
9.				2003				+0,80	16:18.16			706	
50m:	28.66	28.66	450m:	4:45.53	32.29	850m:	9:08.04	33.15	1250m:	13:33.66	33.29		
100m:	59.88	31.22	500m:	5:18.16	32.63	900m:	9:41.05	33.01	1300m:	14:07.20	33.54		
150m:	1:31.39	31.51	550m:	5:50.68	32.52	950m:	10:14.20	33.15	1350m:	14:40.36	33.16		
200m:	2:03.51	32.12	600m:	6:23.50	32.82	1000m:	10:47.55	33.35	1400m:	15:13.79	33.43		
250m:	2:35.59	32.08	650m:	6:56.26	32.76	1050m:	11:20.62	33.07	1450m:	15:46.59	32.80		
300m:	3:07.94	32.35	700m:	7:29.13	32.87	1100m:	11:54.02	33.40	1500m:	16:18.16	31.57		
350m:	3:40.60	32.66	750m:	8:01.95	32.82	1150m:	12:26.96	32.94					
400m:	4:13.24	32.64	800m:	8:34.89	32.94	1200m:	13:00.37	33.41					
10.				2004				+0,71	16:27.17			686	
50m:	28.25	28.25	450m:	4:41.55	32.36	850m:	9:06.44	33.91	1250m:	13:38.12	33.96		
100m:	59.07	30.82	500m:	5:13.62	32.07	900m:	9:40.11	33.67	1300m:	14:12.25	34.13		
150m:	1:30.43	31.36	550m:	5:46.25	32.63	950m:	10:13.84	33.73	1350m:	14:46.21	33.96		
200m:	2:02.03	31.60	600m:	6:19.00	32.75	1000m:	10:48.20	34.36	1400m:	15:19.82	33.61		
250m:	2:33.74	31.71	650m:	6:52.25	33.25	1050m:	11:22.25	34.05	1450m:	15:53.62	33.80		
300m:	3:05.38	31.64	700m:	7:25.70	33.45	1100m:	11:56.52	34.27	1500m:	16:27.17	33.55		
350m:	3:37.41	32.03	750m:	7:59.06	33.36	1150m:	12:30.34	33.82					
400m:	4:09.19	31.78	800m:	8:32.53	33.47	1200m:	13:04.16	33.82					
11.				2003				+0,79	16:31.13			678	
50m:	29.09	29.09	450m:	4:51.20	32.97	850m:	9:17.10	33.42	1250m:	13:44.89	33.73		
100m:	1:01.17	32.08	500m:	5:24.51	33.31	900m:	9:50.39	33.29	1300m:	14:18.83	33.94		
150m:	1:33.76	32.59	550m:	5:57.44	32.93	950m:	10:23.67	33.28	1350m:	14:52.30	33.47		
200m:	2:06.73	32.97	600m:	6:30.37	32.93	1000m:	10:57.10	33.43	1400m:	15:25.50	33.20		
250m:	2:39.01	32.28	650m:	7:03.56	33.19	1050m:	11:30.66	33.56	1450m:	15:59.18	33.68		
300m:	3:12.01	33.00	700m:	7:36.81	33.25	1100m:	12:04.05	33.39	1500m:	16:31.13	31.95		
350m:	3:44.96	32.95	750m:	8:09.83	33.02	1150m:	12:37.64	33.59					
400m:	4:18.23	33.27	800m:	8:43.68	33.85	1200m:	13:11.16	33.52					
12.				2003				+0,79	16:31.72			677	
50m:	30.68	30.68	450m:	4:53.96	33.22	850m:	9:20.42	33.66	1250m:	13:47.56	33.06		
100m:	1:02.64	31.96	500m:	5:27.12	33.16	900m:	9:53.71	33.29	1300m:	14:20.91	33.35		
150m:	1:35.72	33.08	550m:	6:00.47	33.35	950m:	10:27.14	33.43	1350m:	14:54.19	33.28		
200m:	2:08.42	32.70	600m:	6:33.63	33.16	1000m:	11:00.46	33.32	1400m:	15:27.31	33.12		
250m:	2:41.71	33.29	650m:	7:07.00	33.37	1050m:	11:34.03	33.57	1450m:	16:00.07	32.76		
300m:	3:14.49	32.78	700m:	7:40.33	33.33	1100m:	12:07.76	33.73	1500m:	16:31.72	31.65		
350m:	3:47.67	33.18	750m:	8:13.45	33.12	1150m:	12:41.05	33.29					
400m:	4:20.74	33.07	800m:	8:46.76	33.31	1200m:	13:14.50	33.45					
13.				2004				+0,75	16:38.85			663	
50m:	29.50	29.50	450m:	4:52.72	33.48	850m:	9:22.98	33.39	1250m:	13:50.91	33.47		
100m:	1:01.70	32.20	500m:	5:26.64	33.92	900m:	9:56.46	33.48	1300m:	14:24.96	34.05		
150m:	1:34.01	32.31	550m:	6:00.24	33.60	950m:	10:29.72	33.26	1350m:	14:58.71	33.75		
200m:	2:06.75	32.74	600m:	6:34.31	34.07	1000m:	11:03.01	33.29	1400m:	15:32.46	33.75		
250m:	2:39.71	32.96	650m:	7:07.83	33.52	1050m:	11:36.37	33.36	1450m:	16:06.42	33.96		
300m:	3:13.01	33.30	700m:	7:42.62	34.79	1100m:	12:10.08	33.71	1500m:	16:38.85	32.43		
350m:	3:45.66	32.65	750m:	8:15.58	32.96	1150m:	12:43.89	33.81					
400m:	4:19.24	33.58	800m:	8:49.59	34.01	1200m:	13:17.44	33.55					

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11, , 1500m , (17-18)								R.T.		FINA	
14.			2003					+0,76	16:43.62		653
	50m: 28.65	28.65	450m: 4:45.14	33.24	850m: 9:19.28	34.09	1250m: 13:54.29	34.09	1250m: 13:54.29	34.68	
	100m: 59.58	30.93	500m: 5:18.46	33.32	900m: 9:53.45	34.17	1300m: 14:28.40	34.17	1300m: 14:28.40	34.11	
	150m: 1:30.84	31.26	550m: 5:53.19	34.73	950m: 10:28.08	34.63	1350m: 15:02.38	34.63	1350m: 15:02.38	33.98	
	200m: 2:02.49	31.65	600m: 6:27.80	34.61	1000m: 11:02.18	34.10	1400m: 15:36.36	34.10	1400m: 15:36.36	33.98	
	250m: 2:34.45	31.96	650m: 7:02.28	34.48	1050m: 11:36.34	34.16	1450m: 16:10.36	34.16	1450m: 16:10.36	34.00	
	300m: 3:06.43	31.98	700m: 7:36.29	34.01	1100m: 12:10.53	34.19	1500m: 16:43.62	34.19	1500m: 16:43.62	33.26	
	350m: 3:39.07	32.64	750m: 8:11.05	34.76	1150m: 12:44.93	34.40		34.40			
	400m: 4:11.90	32.83	800m: 8:45.19	34.14	1200m: 13:19.61	34.68		34.68			
15.			2004					+0,68	16:44.83		651
	50m: 30.25	30.25	450m: 4:54.70	33.15	850m: 9:22.24	33.86	1250m: 13:54.65	33.86	1250m: 13:54.65	34.02	
	100m: 1:02.36	32.11	500m: 5:27.99	33.29	900m: 9:56.09	33.85	1300m: 14:28.78	33.85	1300m: 14:28.78	34.13	
	150m: 1:35.29	32.93	550m: 6:01.40	33.41	950m: 10:29.95	33.86	1350m: 15:03.65	33.86	1350m: 15:03.65	34.87	
	200m: 2:08.21	32.92	600m: 6:34.53	33.13	1000m: 11:03.83	33.88	1400m: 15:37.58	33.88	1400m: 15:37.58	33.93	
	250m: 2:41.63	33.42	650m: 7:07.95	33.42	1050m: 11:38.00	34.17	1450m: 16:11.71	34.17	1450m: 16:11.71	34.13	
	300m: 3:14.83	33.20	700m: 7:41.34	33.39	1100m: 12:12.08	34.08	1500m: 16:44.83	34.08	1500m: 16:44.83	33.12	
	350m: 3:48.53	33.70	750m: 8:14.92	33.58	1150m: 12:46.68	34.60		34.60			
	400m: 4:21.55	33.02	800m: 8:48.38	33.46	1200m: 13:20.63	33.95		33.95			
16.			2004					+0,67	17:01.30		620
	50m: 29.18	29.18	450m: 4:57.56	33.92	850m: 9:34.04	34.93	1250m: 14:13.51	34.93	1250m: 14:13.51	34.99	
	100m: 1:01.58	32.40	500m: 5:31.71	34.15	900m: 10:08.99	34.95	1300m: 14:48.73	34.95	1300m: 14:48.73	35.22	
	150m: 1:34.87	33.29	550m: 6:05.88	34.17	950m: 10:43.87	34.88	1350m: 15:23.49	34.88	1350m: 15:23.49	34.76	
	200m: 2:08.65	33.78	600m: 6:40.35	34.47	1000m: 11:18.74	34.87	1400m: 15:58.28	34.87	1400m: 15:58.28	34.79	
	250m: 2:41.94	33.29	650m: 7:14.91	34.56	1050m: 11:53.78	35.04	1450m: 16:32.15	35.04	1450m: 16:32.15	33.87	
	300m: 3:16.03	34.09	700m: 7:49.99	35.08	1100m: 12:28.86	35.08	1500m: 17:01.30	35.08	1500m: 17:01.30	29.15	
	350m: 3:49.85	33.82	750m: 8:24.41	34.42	1150m: 13:03.66	34.80		34.80			
	400m: 4:23.64	33.79	800m: 8:59.11	34.70	1200m: 13:38.52	34.86		34.86			
17.			2004					+0,65	17:06.52		610
	50m: 28.88	28.88	450m: 4:58.14	33.92	850m: 9:33.09	34.11	1250m: 14:13.09	34.11	1250m: 14:13.09	34.99	
	100m: 1:01.42	32.54	500m: 5:32.69	34.55	900m: 10:08.21	35.12	1300m: 14:48.78	35.12	1300m: 14:48.78	35.69	
	150m: 1:34.72	33.30	550m: 6:06.85	34.16	950m: 10:42.37	34.16	1350m: 15:23.16	34.16	1350m: 15:23.16	34.38	
	200m: 2:08.18	33.46	600m: 6:42.11	35.26	1000m: 11:17.61	35.24	1400m: 15:58.33	35.24	1400m: 15:58.33	35.17	
	250m: 2:41.81	33.63	650m: 7:16.15	34.04	1050m: 11:52.16	34.55	1450m: 16:31.91	34.55	1450m: 16:31.91	33.58	
	300m: 3:15.89	34.08	700m: 7:50.73	34.58	1100m: 12:27.84	35.68	1500m: 17:06.52	35.68	1500m: 17:06.52	34.61	
	350m: 3:49.98	34.09	750m: 8:24.76	34.03	1150m: 13:02.71	34.87		34.87			
	400m: 4:24.22	34.24	800m: 8:58.98	34.22	1200m: 13:38.10	35.39		35.39			
18.			2003					+0,74	17:11.60		601
	50m: 30.09	30.09	450m: 5:02.35	34.08	850m: 9:37.03	34.36	1250m: 14:16.03	34.36	1250m: 14:16.03	35.50	
	100m: 1:03.44	33.35	500m: 5:36.70	34.35	900m: 10:11.91	34.88	1300m: 14:51.03	34.88	1300m: 14:51.03	35.00	
	150m: 1:36.70	33.26	550m: 6:11.06	34.36	950m: 10:46.51	34.60	1350m: 15:26.38	34.60	1350m: 15:26.38	35.35	
	200m: 2:10.67	33.97	600m: 6:45.39	34.33	1000m: 11:21.30	34.79	1400m: 16:01.98	34.79	1400m: 16:01.98	35.60	
	250m: 2:44.70	34.03	650m: 7:19.53	34.14	1050m: 11:55.84	34.54	1450m: 16:37.44	34.54	1450m: 16:37.44	35.46	
	300m: 3:19.24	34.54	700m: 7:54.02	34.49	1100m: 12:30.73	34.89	1500m: 17:11.60	34.89	1500m: 17:11.60	34.16	
	350m: 3:53.84	34.60	750m: 8:28.23	34.21	1150m: 13:05.47	34.74		34.74			
	400m: 4:28.27	34.43	800m: 9:02.67	34.44	1200m: 13:40.53	35.06		35.06			
19.			2003					+0,73	17:12.58		600
	50m: 30.05	30.05	450m: 5:04.59	35.30	850m: 9:45.22	34.72	1250m: 14:22.43	34.72	1250m: 14:22.43	34.89	
	100m: 1:03.04	32.99	500m: 5:39.82	35.23	900m: 10:20.11	34.89	1300m: 14:57.12	34.89	1300m: 14:57.12	34.69	
	150m: 1:36.39	33.35	550m: 6:14.63	34.81	950m: 10:54.54	34.43	1350m: 15:31.71	34.43	1350m: 15:31.71	34.59	
	200m: 2:10.35	33.96	600m: 6:49.77	35.14	1000m: 11:29.22	34.68	1400m: 16:06.77	34.68	1400m: 16:06.77	35.06	
	250m: 2:44.83	34.48	650m: 7:25.15	35.38	1050m: 12:04.14	34.92	1450m: 16:41.53	34.92	1450m: 16:41.53	34.76	
	300m: 3:19.38	34.55	700m: 8:00.36	35.21	1100m: 12:38.99	34.85	1500m: 17:12.58	34.85	1500m: 17:12.58	31.05	
	350m: 3:54.27	34.89	750m: 8:35.39	35.03	1150m: 13:13.01	34.02		34.02			
	400m: 4:29.29	35.02	800m: 9:10.50	35.11	1200m: 13:47.54	34.53		34.53			
20.			2003					+0,73	17:13.53		598
	50m: 30.65	30.65	450m: 4:56.80	33.83	850m: 9:35.20	34.93	1250m: 14:19.29	34.93	1250m: 14:19.29	35.64	
	100m: 1:03.08	32.43	500m: 5:30.98	34.18	900m: 10:10.51	35.31	1300m: 14:55.04	35.31	1300m: 14:55.04	35.75	
	150m: 1:36.10	33.02	550m: 6:05.27	34.29	950m: 10:45.81	35.30	1350m: 15:30.81	35.30	1350m: 15:30.81	35.77	
	200m: 2:09.39	33.29	600m: 6:39.88	34.61	1000m: 11:21.42	35.61	1400m: 16:06.21	35.61	1400m: 16:06.21	35.40	
	250m: 2:42.35	32.96	650m: 7:14.54	34.66	1050m: 11:56.65	35.23	1450m: 16:40.36	35.23	1450m: 16:40.36	34.15	
	300m: 3:15.90	33.55	700m: 7:49.75	35.21	1100m: 12:32.33	35.68	1500m: 17:13.53	35.68	1500m: 17:13.53	33.17	
	350m: 3:49.29	33.39	750m: 8:24.97	35.22	1150m: 13:08.04	35.71		35.71			
	400m: 4:22.97	33.68	800m: 9:00.27	35.30	1200m: 13:43.65	35.61		35.61			

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11, , 1500m , (17-18)

							R.T.				FINA
21.	2003						+0,91 17:21.65				584
50m:	30.85	30.85	450m:	5:02.61	35.06	850m:	9:45.23	35.82	1250m:	14:28.31	35.60
100m:	1:03.86	33.01	500m:	5:38.07	35.46	900m:	10:20.97	35.74	1300m:	15:03.60	35.29
150m:	1:36.82	32.96	550m:	6:12.77	34.70	950m:	10:56.37	35.40	1350m:	15:38.95	35.35
200m:	2:10.30	33.48	600m:	6:47.80	35.03	1000m:	11:30.96	34.59	1400m:	16:13.50	34.55
250m:	2:44.39	34.09	650m:	7:23.85	36.05	1050m:	12:06.46	35.50	1450m:	16:48.22	34.72
300m:	3:18.53	34.14	700m:	7:59.05	35.20	1100m:	12:41.85	35.39	1500m:	17:21.65	33.43
350m:	3:52.72	34.19	750m:	8:34.71	35.66	1150m:	13:17.06	35.21			
400m:	4:27.55	34.83	800m:	9:09.41	34.70	1200m:	13:52.71	35.65			
22.	2004						+0,74 17:39.11 I				556
50m:	31.09	31.09	450m:	5:09.90	35.40	850m:	9:55.06	36.03	1250m:	14:42.55	35.86
100m:	1:04.82	33.73	500m:	5:45.53	35.63	900m:	10:30.90	35.84	1300m:	15:18.90	36.35
150m:	1:39.16	34.34	550m:	6:20.93	35.40	950m:	11:06.93	36.03	1350m:	15:54.86	35.96
200m:	2:14.34	35.18	600m:	6:56.57	35.64	1000m:	11:42.86	35.93	1400m:	16:30.46	35.60
250m:	2:49.04	34.70	650m:	7:32.06	35.49	1050m:	12:18.63	35.77	1450m:	17:05.87	35.41
300m:	3:24.17	35.13	700m:	8:07.61	35.55	1100m:	12:54.42	35.79	1500m:	17:39.11	33.24
350m:	3:59.50	35.33	750m:	8:43.41	35.80	1150m:	13:30.57	36.15			
400m:	4:34.50	35.00	800m:	9:19.03	35.62	1200m:	14:06.69	36.12			
23.	2004						+0,76 18:01.78 I				521
50m:	30.83	30.83	450m:	5:11.33	35.78	850m:	10:03.55	37.38	1250m:	15:00.11	37.31
100m:	1:04.37	33.54	500m:	5:47.04	35.71	900m:	10:40.38	36.83	1300m:	15:36.52	36.41
150m:	1:38.73	34.36	550m:	6:23.27	36.23	950m:	11:17.69	37.31	1350m:	16:13.26	36.74
200m:	2:13.50	34.77	600m:	6:59.35	36.08	1000m:	11:55.21	37.52	1400m:	16:50.01	36.75
250m:	2:48.88	35.38	650m:	7:35.82	36.47	1050m:	12:32.54	37.33	1450m:	17:26.26	36.25
300m:	3:24.36	35.48	700m:	8:12.39	36.57	1100m:	13:09.79	37.25	1500m:	18:01.78	35.52
350m:	4:00.00	35.64	750m:	8:49.50	37.11	1150m:	13:46.66	36.87			
400m:	4:35.55	35.55	800m:	9:26.17	36.67	1200m:	14:22.80	36.14			
DSQ	2004 I										