

III

, 07 - 09

2019

25 , 1500m (13-14)
08.08.2019 - 13:55

16:13.13 (ESP) 22.07.2003
16:13.13 (ESP) 22.07.2003

: FINA 2019

		/				R.T.		FINA	
1.		2005				+0,91 17:27.82		677	
	50m: 31.22	31.22	450m: 5:06.44	34.76	850m: 9:48.52	36.22	1250m: 14:34.13	35.81	
	100m: 1:04.87	33.65	500m: 5:40.90	34.46	900m: 10:24.34	35.82	1300m: 15:09.13	35.00	
	150m: 1:39.17	34.30	550m: 6:16.01	35.11	950m: 11:00.12	35.78	1350m: 15:44.59	35.46	
	200m: 2:14.06	34.89	600m: 6:50.68	34.67	1000m: 11:35.63	35.51	1400m: 16:19.77	35.18	
	250m: 2:48.22	34.16	650m: 7:26.06	35.38	1050m: 12:11.38	35.75	1450m: 16:54.31	34.54	
	300m: 3:22.60	34.38	700m: 8:00.99	34.93	1100m: 12:46.99	35.61	1500m: 17:27.82	33.51	
	350m: 3:57.45	34.85	750m: 8:37.03	36.04	1150m: 13:23.05	36.06			
	400m: 4:31.68	34.23	800m: 9:12.30	35.27	1200m: 13:58.32	35.27			
2.		2005				+0,88 17:37.31		659	
	50m: 31.41	31.41	450m: 5:07.29	34.57	850m: 9:54.12	36.63	1250m: 14:41.95	35.93	
	100m: 1:05.61	34.20	500m: 5:42.01	34.72	900m: 10:30.33	36.21	1300m: 15:18.13	36.18	
	150m: 1:39.67	34.06	550m: 6:17.63	35.62	950m: 11:06.58	36.25	1350m: 15:53.32	35.19	
	200m: 2:14.55	34.88	600m: 6:53.07	35.44	1000m: 11:43.55	36.97	1400m: 16:28.90	35.58	
	250m: 2:49.22	34.67	650m: 7:28.50	35.43	1050m: 12:18.96	35.41	1450m: 17:03.75	34.85	
	300m: 3:23.60	34.38	700m: 8:04.75	36.25	1100m: 12:54.99	36.03	1500m: 17:37.31	33.56	
	350m: 3:58.20	34.60	750m: 8:40.71	35.96	1150m: 13:30.05	35.06			
	400m: 4:32.72	34.52	800m: 9:17.49	36.78	1200m: 14:06.02	35.97			
3.		2005				+0,81 17:47.73		640	
	50m: 31.29	31.29	450m: 5:14.31	35.63	850m: 9:59.04	35.25	1250m: 14:48.78	36.78	
	100m: 1:05.45	34.16	500m: 5:49.73	35.42	900m: 10:34.76	35.72	1300m: 15:25.22	36.44	
	150m: 1:40.65	35.20	550m: 6:24.93	35.20	950m: 11:10.52	35.76	1350m: 16:01.76	36.54	
	200m: 2:16.10	35.45	600m: 7:00.69	35.76	1000m: 11:46.19	35.67	1400m: 16:38.47	36.71	
	250m: 2:51.22	35.12	650m: 7:36.48	35.79	1050m: 12:22.42	36.23	1450m: 17:13.72	35.25	
	300m: 3:26.64	35.42	700m: 8:12.03	35.55	1100m: 12:58.99	36.57	1500m: 17:47.73	34.01	
	350m: 4:02.85	36.21	750m: 8:48.12	36.09	1150m: 13:35.29	36.30			
	400m: 4:38.68	35.83	800m: 9:23.79	35.67	1200m: 14:12.00	36.71			
4.		2005				+0,89 18:02.03		615	
	50m: 31.59	31.59	450m: 5:13.24	35.64	850m: 10:06.12	37.07	1250m: 15:01.55	37.26	
	100m: 1:05.35	33.76	500m: 5:49.61	36.37	900m: 10:42.47	36.35	1300m: 15:37.72	36.17	
	150m: 1:39.84	34.49	550m: 6:26.22	36.61	950m: 11:19.40	36.93	1350m: 16:14.77	37.05	
	200m: 2:14.86	35.02	600m: 7:02.85	36.63	1000m: 11:56.02	36.62	1400m: 16:51.54	36.77	
	250m: 2:49.92	35.06	650m: 7:39.23	36.38	1050m: 12:33.09	37.07	1450m: 17:27.39	35.85	
	300m: 3:25.77	35.85	700m: 8:15.87	36.64	1100m: 13:09.99	36.90	1500m: 18:02.03	34.64	
	350m: 4:01.74	35.97	750m: 8:52.58	36.71	1150m: 13:47.24	37.25			
	400m: 4:37.60	35.86	800m: 9:29.05	36.47	1200m: 14:24.29	37.05			
5.		2006				+0,82 18:17.30		590	
	50m: 32.10	32.10	450m: 5:20.01	36.65	850m: 10:14.04	37.07	1250m: 15:12.31	37.65	
	100m: 1:06.97	34.87	500m: 5:56.63	36.62	900m: 10:50.90	36.86	1300m: 15:49.70	37.39	
	150m: 1:42.98	36.01	550m: 6:33.19	36.56	950m: 11:28.11	37.21	1350m: 16:27.27	37.57	
	200m: 2:18.64	35.66	600m: 7:09.95	36.76	1000m: 12:05.09	36.98	1400m: 17:04.59	37.32	
	250m: 2:54.93	36.29	650m: 7:46.37	36.42	1050m: 12:42.25	37.16	1450m: 17:41.19	36.60	
	300m: 3:30.82	35.89	700m: 8:23.41	37.04	1100m: 13:19.64	37.39	1500m: 18:17.30	36.11	
	350m: 4:07.22	36.40	750m: 9:00.17	36.76	1150m: 13:57.22	37.58			
	400m: 4:43.36	36.14	800m: 9:36.97	36.80	1200m: 14:34.66	37.44			
6.		2005				+0,79 18:18.40		588	
	50m: 33.23	33.23	450m: 5:19.64	36.06	850m: 10:10.79	36.48	1250m: 15:11.28	37.71	
	100m: 1:08.27	35.04	500m: 5:55.95	36.31	900m: 10:47.59	36.80	1300m: 15:49.41	38.13	
	150m: 1:43.73	35.46	550m: 6:32.23	36.28	950m: 11:24.99	37.40	1350m: 16:27.18	37.77	
	200m: 2:19.48	35.75	600m: 7:08.76	36.53	1000m: 12:02.86	37.87	1400m: 17:04.89	37.71	
	250m: 2:55.33	35.85	650m: 7:45.23	36.47	1050m: 12:40.38	37.52	1450m: 17:42.11	37.22	
	300m: 3:31.37	36.04	700m: 8:21.55	36.32	1100m: 13:18.22	37.84	1500m: 18:18.40	36.29	
	350m: 4:07.42	36.05	750m: 8:58.00	36.45	1150m: 13:55.78	37.56			
	400m: 4:43.58	36.16	800m: 9:34.31	36.31	1200m: 14:33.57	37.79			

III

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25, , 1500m				(13-14)				R.T.		FINA	
7.				2006				+0,92	18:29.95		570
50m:	32.82	32.82	450m:	5:22.43	37.39	850m:	10:22.09	38.29	1250m:	15:22.70	37.63
100m:	1:07.47	34.65	500m:	5:59.68	37.25	900m:	10:59.67	37.58	1300m:	16:00.52	37.82
150m:	1:43.25	35.78	550m:	6:36.93	37.25	950m:	11:37.45	37.78	1350m:	16:38.16	37.64
200m:	2:18.93	35.68	600m:	7:14.41	37.48	1000m:	12:14.85	37.40	1400m:	17:15.78	37.62
250m:	2:55.02	36.09	650m:	7:51.84	37.43	1050m:	12:52.21	37.36	1450m:	17:53.44	37.66
300m:	3:31.41	36.39	700m:	8:29.28	37.44	1100m:	13:29.82	37.61	1500m:	18:29.95	36.51
350m:	4:08.30	36.89	750m:	9:06.44	37.16	1150m:	14:07.29	37.47			
400m:	4:45.04	36.74	800m:	9:43.80	37.36	1200m:	14:45.07	37.78			
8.			2005					+0,73	18:37.22		559
50m:	31.58	31.58	450m:	5:27.76	37.90	850m:	10:28.10	37.69	1250m:	15:29.87	37.71
100m:	1:07.08	35.50	500m:	6:05.40	37.64	900m:	11:05.89	37.79	1300m:	16:07.87	38.00
150m:	1:43.77	36.69	550m:	6:43.57	38.17	950m:	11:43.85	37.96	1350m:	16:46.39	38.52
200m:	2:21.01	37.24	600m:	7:20.86	37.29	1000m:	12:21.29	37.44	1400m:	17:23.80	37.41
250m:	2:58.08	37.07	650m:	7:57.95	37.09	1050m:	12:58.61	37.32	1450m:	18:01.70	37.90
300m:	3:35.32	37.24	700m:	8:35.38	37.43	1100m:	13:37.35	38.74	1500m:	18:37.22	35.52
350m:	4:12.71	37.39	750m:	9:13.00	37.62	1150m:	14:14.30	36.95			
400m:	4:49.86	37.15	800m:	9:50.41	37.41	1200m:	14:52.16	37.86			
9.			2006					+0,86	18:38.16		557
50m:	33.68	33.68	450m:	5:30.38	37.23	850m:	10:29.62	37.60	1250m:	15:31.96	38.06
100m:	1:09.84	36.16	500m:	6:07.64	37.26	900m:	11:06.66	37.04	1300m:	16:09.57	37.61
150m:	1:46.91	37.07	550m:	6:45.13	37.49	950m:	11:44.68	38.02	1350m:	16:47.24	37.67
200m:	2:23.29	36.38	600m:	7:22.69	37.56	1000m:	12:22.22	37.54	1400m:	17:25.19	37.95
250m:	3:00.78	37.49	650m:	8:00.05	37.36	1050m:	12:59.98	37.76	1450m:	18:02.51	37.32
300m:	3:37.62	36.84	700m:	8:37.76	37.71	1100m:	13:37.53	37.55	1500m:	18:38.16	35.65
350m:	4:15.74	38.12	750m:	9:14.86	37.10	1150m:	14:15.80	38.27			
400m:	4:53.15	37.41	800m:	9:52.02	37.16	1200m:	14:53.90	38.10			
10.			2006 I					+0,79	18:43.93		549
50m:	32.84	32.84	450m:	5:30.10	37.55	850m:	10:32.41	37.85	1250m:	15:36.53	37.85
100m:	1:09.65	36.81	500m:	6:08.09	37.99	900m:	11:10.68	38.27	1300m:	16:14.40	37.87
150m:	1:46.42	36.77	550m:	6:45.55	37.46	950m:	11:48.75	38.07	1350m:	16:52.03	37.63
200m:	2:23.85	37.43	600m:	7:23.09	37.54	1000m:	12:26.78	38.03	1400m:	17:29.90	37.87
250m:	3:01.40	37.55	650m:	8:00.71	37.62	1050m:	13:04.83	38.05	1450m:	18:07.49	37.59
300m:	3:38.19	36.79	700m:	8:38.71	38.00	1100m:	13:42.84	38.01	1500m:	18:43.93	36.44
350m:	4:15.31	37.12	750m:	9:16.63	37.92	1150m:	14:20.59	37.75			
400m:	4:52.55	37.24	800m:	9:54.56	37.93	1200m:	14:58.68	38.09			
11.			2006					+0,76	18:45.35		547
50m:	33.41	33.41	450m:	5:24.76	36.61	850m:	10:25.45	38.03	1250m:	15:34.07	38.93
100m:	1:09.43	36.02	500m:	6:02.22	37.46	900m:	11:03.71	38.26	1300m:	16:12.76	38.69
150m:	1:45.88	36.45	550m:	6:39.06	36.84	950m:	11:42.00	38.29	1350m:	16:51.15	38.39
200m:	2:21.76	35.88	600m:	7:16.51	37.45	1000m:	12:20.79	38.79	1400m:	17:29.60	38.45
250m:	2:58.22	36.46	650m:	7:54.00	37.49	1050m:	12:59.18	38.39	1450m:	18:07.95	38.35
300m:	3:34.68	36.46	700m:	8:31.51	37.51	1100m:	13:37.59	38.41	1500m:	18:45.35	37.40
350m:	4:11.31	36.63	750m:	9:09.45	37.94	1150m:	14:16.51	38.92			
400m:	4:48.15	36.84	800m:	9:47.42	37.97	1200m:	14:55.14	38.63			
12.			2006					+0,60	18:46.94		544
50m:	34.69	34.69	450m:	5:36.54	37.48	850m:	10:37.56	37.88	1250m:	15:40.71	38.16
100m:	1:11.93	37.24	500m:	6:14.28	37.74	900m:	11:15.46	37.90	1300m:	16:18.90	38.19
150m:	1:50.10	38.17	550m:	6:51.77	37.49	950m:	11:53.11	37.65	1350m:	16:56.66	37.76
200m:	2:27.66	37.56	600m:	7:29.02	37.25	1000m:	12:30.91	37.80	1400m:	17:35.05	38.39
250m:	3:05.56	37.90	650m:	8:06.84	37.82	1050m:	13:08.94	38.03	1450m:	18:11.17	36.12
300m:	3:43.33	37.77	700m:	8:44.45	37.61	1100m:	13:46.77	37.83	1500m:	18:46.94	35.77
350m:	4:21.45	38.12	750m:	9:22.04	37.59	1150m:	14:24.57	37.80			
400m:	4:59.06	37.61	800m:	9:59.68	37.64	1200m:	15:02.55	37.98			
13.			2005 I		-			+0,89	18:51.51		538
50m:	34.03	34.03	450m:	5:35.08	38.27	850m:	10:38.05	38.19	1250m:	15:43.22	38.31
100m:	1:10.21	36.18	500m:	6:12.86	37.78	900m:	11:16.06	38.01	1300m:	16:21.34	38.12
150m:	1:47.47	37.26	550m:	6:50.78	37.92	950m:	11:54.17	38.11	1350m:	16:59.78	38.44
200m:	2:24.98	37.51	600m:	7:28.46	37.68	1000m:	12:32.24	38.07	1400m:	17:37.69	37.91
250m:	3:02.98	38.00	650m:	8:06.51	38.05	1050m:	13:10.44	38.20	1450m:	18:15.51	37.82
300m:	3:41.21	38.23	700m:	8:44.34	37.83	1100m:	13:48.53	38.09	1500m:	18:51.51	36.00
350m:	4:19.04	37.83	750m:	9:22.33	37.99	1150m:	14:26.52	37.99			
400m:	4:56.81	37.77	800m:	9:59.86	37.53	1200m:	15:04.91	38.39			

III

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25, 1500m (13-14)								R.T.		FINA	
14.			2005					+0,75	18:54.96	I	533
	50m: 32.85	32.85	450m: 5:33.04	38.03	850m: 10:35.46	38.19	1250m: 15:43.05	39.60			
	100m: 1:09.39	36.54	500m: 6:10.38	37.34	900m: 11:13.68	38.22	1300m: 16:21.31	38.26			
	150m: 1:47.14	37.75	550m: 6:48.92	38.54	950m: 11:51.92	38.24	1350m: 17:01.17	39.86			
	200m: 2:24.40	37.26	600m: 7:26.75	37.83	1000m: 12:29.51	37.59	1400m: 17:39.62	38.45			
	250m: 3:02.20	37.80	650m: 8:03.81	37.06	1050m: 13:08.57	39.06	1450m: 18:18.18	38.56			
	300m: 3:39.45	37.25	700m: 8:41.39	37.58	1100m: 13:46.49	37.92	1500m: 18:54.96	36.78			
	350m: 4:17.31	37.86	750m: 9:19.36	37.97	1150m: 14:24.89	38.40					
	400m: 4:55.01	37.70	800m: 9:57.27	37.91	1200m: 15:03.45	38.56					
15.			2005					+0,79	18:55.75	I	532
	50m: 32.30	32.30	450m: 5:29.64	37.87	850m: 10:32.11	39.18	1250m: 15:42.57	39.85			
	100m: 1:07.75	35.45	500m: 6:07.04	37.40	900m: 11:10.24	38.13	1300m: 16:21.30	38.73			
	150m: 1:44.65	36.90	550m: 6:45.36	38.32	950m: 11:49.57	39.33	1350m: 17:01.14	39.84			
	200m: 2:21.78	37.13	600m: 7:22.47	37.11	1000m: 12:27.73	38.16	1400m: 17:39.25	38.11			
	250m: 2:58.99	37.21	650m: 7:59.44	36.97	1050m: 13:07.17	39.44	1450m: 18:17.75	38.50			
	300m: 3:36.19	37.20	700m: 8:36.71	37.27	1100m: 13:45.19	38.02	1500m: 18:55.75	38.00			
	350m: 4:13.97	37.78	750m: 9:15.52	38.81	1150m: 14:24.67	39.48					
	400m: 4:51.77	37.80	800m: 9:52.93	37.41	1200m: 15:02.72	38.05					
16.			2006					+0,85	19:01.99	I	523
	50m: 33.23	33.23	450m: 5:32.79	38.46	850m: 10:41.41	38.87	1250m: 15:51.25	38.68			
	100m: 1:09.27	36.04	500m: 6:10.73	37.94	900m: 11:19.45	38.04	1300m: 16:29.81	38.56			
	150m: 1:46.73	37.46	550m: 6:49.45	38.72	950m: 11:58.11	38.66	1350m: 17:08.60	38.79			
	200m: 2:23.64	36.91	600m: 7:28.29	38.84	1000m: 12:36.58	38.47	1400m: 17:46.73	38.13			
	250m: 3:01.15	37.51	650m: 8:06.83	38.54	1050m: 13:15.73	39.15	1450m: 18:24.92	38.19			
	300m: 3:38.05	36.90	700m: 8:45.34	38.51	1100m: 13:54.36	38.63	1500m: 19:01.99	37.07			
	350m: 4:16.26	38.21	750m: 9:24.02	38.68	1150m: 14:33.87	39.51					
	400m: 4:54.33	38.07	800m: 10:02.54	38.52	1200m: 15:12.57	38.70					
17.			2006	I				+0,74	19:03.75	I	521
	50m: 33.11	33.11	400m: 4:53.47	36.91	850m: 10:38.51	40.30	1200m: 15:11.86	40.21			
	100m: 1:09.69	36.58	450m: 5:30.63	37.16	900m: 11:16.81	38.30	1250m: 17:08.60	1:56.74			
	150m: 1:46.58	36.89	500m: 6:09.06	38.43	950m: 11:54.94	38.13	1300m: 16:29.43				
	200m: 2:24.23	37.65	550m: 6:46.69	37.63	1000m: 12:33.90	38.96	1400m: 17:47.05	1:17.62			
	250m: 3:01.51	37.28	600m: 7:25.12	38.43	1050m: 13:12.83	38.93	1450m: 18:26.55	39.50			
	300m: 3:38.74	37.23	700m: 8:41.77	1:16.65	1100m: 13:52.12	39.29	1500m: 19:03.75	37.20			
	350m: 4:16.56	37.82	800m: 9:58.21	1:16.44	1150m: 14:31.65	39.53					
18.			2006	I				+0,79	19:08.25	I	515
	50m: 34.32	34.32	450m: 5:37.56	38.16	850m: 10:44.83	38.56	1250m: 15:56.31	39.14			
	100m: 1:12.71	38.39	500m: 6:15.30	37.74	900m: 11:23.16	38.33	1300m: 16:35.56	39.25			
	150m: 1:50.86	38.15	550m: 6:53.63	38.33	950m: 12:01.88	38.72	1350m: 17:14.93	39.37			
	200m: 2:28.93	38.07	600m: 7:32.15	38.52	1000m: 12:40.74	38.86	1400m: 17:53.80	38.87			
	250m: 3:06.11	37.18	650m: 8:10.61	38.46	1050m: 13:20.05	39.31	1450m: 18:31.88	38.08			
	300m: 3:43.77	37.66	700m: 8:48.76	38.15	1100m: 13:58.94	38.89	1500m: 19:08.25	36.37			
	350m: 4:21.42	37.65	750m: 9:27.57	38.81	1150m: 14:38.12	39.18					
	400m: 4:59.40	37.98	800m: 10:06.27	38.70	1200m: 15:17.17	39.05					
19.			2005	I				+0,72	19:12.15	I	509
	50m: 34.31	34.31	450m: 5:36.96	38.18	850m: 10:47.50	39.01	1250m: 15:59.31	39.63			
	100m: 1:11.43	37.12	500m: 6:15.40	38.44	900m: 11:26.59	39.09	1300m: 16:37.98	38.67			
	150m: 1:49.13	37.70	550m: 6:54.34	38.94	950m: 12:06.12	39.53	1350m: 17:17.61	39.63			
	200m: 2:26.63	37.50	600m: 7:32.73	38.39	1000m: 12:44.62	38.50	1400m: 17:56.30	38.69			
	250m: 3:04.79	38.16	650m: 8:11.84	39.11	1050m: 13:23.46	38.84	1450m: 18:34.96	38.66			
	300m: 3:43.20	38.41	700m: 8:50.86	39.02	1100m: 14:01.78	38.32	1500m: 19:12.15	37.19			
	350m: 4:20.87	37.67	750m: 9:29.81	38.95	1150m: 14:41.21	39.43					
	400m: 4:58.78	37.91	800m: 10:08.49	38.68	1200m: 15:19.68	38.47					
20.			2006	I				+0,83	19:55.07	I	456
	50m: 33.42	33.42	450m: 5:42.16	40.03	850m: 11:07.25	40.56	1250m: 16:34.60	40.97			
	100m: 1:10.93	37.51	500m: 6:22.57	40.41	900m: 11:48.42	41.17	1300m: 17:15.04	40.44			
	150m: 1:48.25	37.32	550m: 7:02.55	39.98	950m: 12:29.57	41.15	1350m: 17:55.93	40.89			
	200m: 2:26.81	38.56	600m: 7:42.45	39.90	1000m: 13:10.35	40.78	1400m: 18:36.11	40.18			
	250m: 3:05.69	38.88	650m: 8:23.85	41.40	1050m: 13:51.41	41.06	1450m: 19:16.42	40.31			
	300m: 3:43.21	37.52	700m: 9:03.95	40.10	1100m: 14:31.89	40.48	1500m: 19:55.07	38.65			
	350m: 4:22.71	39.50	750m: 9:44.84	40.89	1150m: 15:13.02	41.13					
	400m: 5:02.13	39.42	800m: 10:26.69	41.85	1200m: 15:53.63	40.61					