

11
24.02.2021 - 10:22

, 400m

				4:36.25				(CHN)				09.08.2008	
				4:43.78								01.01.1984	
: FINA 2020													
				/				R.T.				FINA	
1.				2005				4:58.92				707	
	50m:	31.61	31.61	150m:	1:45.80	38.39	250m:	3:06.39	42.85	350m:	4:26.33	34.95	
	100m:	1:07.41	35.80	200m:	2:23.54	37.74	300m:	3:51.38	44.99	400m:	4:58.92	32.59	
2.				1992				5:03.20				677	
	50m:	33.02	33.02	150m:	1:53.45	42.11	250m:	3:12.40	38.04	350m:	4:27.54	36.15	
	100m:	1:11.34	38.32	200m:	2:34.36	40.91	300m:	3:51.39	38.99	400m:	5:03.20	35.66	
3.				1999				5:10.04				634	
	50m:	31.17	31.17	150m:	1:47.73	39.49	250m:	3:12.78	45.72	350m:	4:34.66	35.49	
	100m:	1:08.24	37.07	200m:	2:27.06	39.33	300m:	3:59.17	46.39	400m:	5:10.04	35.38	
4.				2004				5:22.77				561	
	50m:	33.31	33.31	150m:	1:55.80	40.99	250m:	3:22.36	47.10	350m:	4:46.87	36.98	
	100m:	1:14.81	41.50	200m:	2:35.26	39.46	300m:	4:09.89	47.53	400m:	5:22.77	35.90	
5.				2005				5:22.84				561	
	50m:	33.75	33.75	150m:	1:54.81	39.94	250m:	3:22.21	48.11	350m:	4:48.02	36.98	
	100m:	1:14.87	41.12	200m:	2:34.10	39.29	300m:	4:11.04	48.83	400m:	5:22.84	34.82	
6.				2005				5:24.26				554	
	50m:	35.24	35.24	150m:	1:59.01	43.10	250m:	3:25.97	45.74	350m:	4:49.11	36.89	
	100m:	1:15.91	40.67	200m:	2:40.23	41.22	300m:	4:12.22	46.25	400m:	5:24.26	35.15	
7.				2004				5:24.34				553	
	50m:	31.67	31.67	150m:	1:50.48	40.68	250m:	3:19.47	48.71	350m:	4:47.38	38.57	
	100m:	1:09.80	38.13	200m:	2:30.76	40.28	300m:	4:08.81	49.34	400m:	5:24.34	36.96	
8.				2003				5:24.52				552	
	50m:	32.41	32.41	150m:	1:55.74	44.56	250m:	3:24.86	46.23	350m:	4:49.23	37.01	
	100m:	1:11.18	38.77	200m:	2:38.63	42.89	300m:	4:12.22	47.36	400m:	5:24.52	35.29	
9.				2006				5:27.27				539	
	50m:	32.08	32.08	150m:	1:53.77	43.44	250m:	3:23.31	48.11	350m:	4:49.90	37.72	
	100m:	1:10.33	38.25	200m:	2:35.20	41.43	300m:	4:12.18	48.87	400m:	5:27.27	37.37	
10.				2006				5:28.31				534	
	50m:	33.69	33.69	150m:	1:53.82	39.73	250m:	3:23.51	50.20	350m:	4:51.13	37.22	
	100m:	1:14.09	40.40	200m:	2:33.31	39.49	300m:	4:13.91	50.40	400m:	5:28.31	37.18	
11.				2004				5:32.93				512	
	50m:	33.23	33.23	150m:	1:54.56	41.94	250m:	3:25.87	48.99	350m:	4:54.91	39.12	
	100m:	1:12.62	39.39	200m:	2:36.88	42.32	300m:	4:15.79	49.92	400m:	5:32.93	38.02	
12.				2008				5:35.36				501	
	50m:	32.83	32.83	150m:	1:55.97	43.02	250m:	3:26.76	49.62	350m:	4:56.79	40.59	
	100m:	1:12.95	40.12	200m:	2:37.14	41.17	300m:	4:16.20	49.44	400m:	5:35.36	38.57	
13.				2004				5:36.75				494	
	50m:	34.48	34.48	150m:	1:58.90	43.60	250m:	3:30.14	49.85	350m:	4:58.34	39.59	
	100m:	1:15.30	40.82	200m:	2:40.29	41.39	300m:	4:18.75	48.61	400m:	5:36.75	38.41	
14.				2004				5:38.78				486	
	50m:	36.54	36.54	150m:	2:06.01	44.81	250m:	3:36.10	47.39	350m:	5:01.21	38.27	
	100m:	1:21.20	44.66	200m:	2:48.71	42.70	300m:	4:22.94	46.84	400m:	5:38.78	37.57	



11,		, 400m						R.T.		FINA		
15.				2004					5:40.41	I	479	
	50m:	36.67	36.67	150m:	2:06.13	46.98	250m:	3:33.45	44.60	350m:	5:01.03	41.84
	100m:	1:19.15	42.48	200m:	2:48.85	42.72	300m:	4:19.19	45.74	400m:	5:40.41	39.38
16.				2004						5:41.19	I	475
	50m:	35.26	35.26	150m:	2:03.99	43.72	250m:	3:35.65	48.80	350m:	5:03.55	38.56
	100m:	1:20.27	45.01	200m:	2:46.85	42.86	300m:	4:24.99	49.34	400m:	5:41.19	37.64
17.				2006	I					5:44.25	I	463
	50m:	34.58	34.58	150m:	1:58.99	43.40	250m:	3:31.45	49.85	350m:	5:05.75	41.67
	100m:	1:15.59	41.01	200m:	2:41.60	42.61	300m:	4:24.08	52.63	400m:	5:44.25	38.50
18.				2006	I					5:44.56	I	461
	50m:	34.58	34.58	150m:	2:02.82	46.72	250m:	3:36.18	49.73	350m:	5:06.01	39.54
	100m:	1:16.10	41.52	200m:	2:46.45	43.63	300m:	4:26.47	50.29	400m:	5:44.56	38.55
DSQ				2006								



, 23 - 26 2021

11, , 400m

11 , 400m (15-17)
24.02.2021 - 10:22

4:36.25 (CHN) 09.08.2008
4:43.78 01.01.1984

: FINA 2020

				/						R.T.	FINA	
1.				2005						4:58.92	707	
	50m:	31.61	31.61	150m:	1:45.80	38.39	250m:	3:06.39	42.85	350m:	4:26.33	34.95
	100m:	1:07.41	35.80	200m:	2:23.54	37.74	300m:	3:51.38	44.99	400m:	4:58.92	32.59
2.				2004						5:22.77	561	
	50m:	33.31	33.31	150m:	1:55.80	40.99	250m:	3:22.36	47.10	350m:	4:46.87	36.98
	100m:	1:14.81	41.50	200m:	2:35.26	39.46	300m:	4:09.89	47.53	400m:	5:22.77	35.90
3.				2005						5:22.84	561	
	50m:	33.75	33.75	150m:	1:54.81	39.94	250m:	3:22.21	48.11	350m:	4:48.02	36.98
	100m:	1:14.87	41.12	200m:	2:34.10	39.29	300m:	4:11.04	48.83	400m:	5:22.84	34.82
4.				2005						5:24.26	554	
	50m:	35.24	35.24	150m:	1:59.01	43.10	250m:	3:25.97	45.74	350m:	4:49.11	36.89
	100m:	1:15.91	40.67	200m:	2:40.23	41.22	300m:	4:12.22	46.25	400m:	5:24.26	35.15
5.				2004						5:24.34	553	
	50m:	31.67	31.67	150m:	1:50.48	40.68	250m:	3:19.47	48.71	350m:	4:47.38	38.57
	100m:	1:09.80	38.13	200m:	2:30.76	40.28	300m:	4:08.81	49.34	400m:	5:24.34	36.96
6.				2006						5:27.27	539	
	50m:	32.08	32.08	150m:	1:53.77	43.44	250m:	3:23.31	48.11	350m:	4:49.90	37.72
	100m:	1:10.33	38.25	200m:	2:35.20	41.43	300m:	4:12.18	48.87	400m:	5:27.27	37.37
7.				2006						5:28.31	534	
	50m:	33.69	33.69	150m:	1:53.82	39.73	250m:	3:23.51	50.20	350m:	4:51.13	37.22
	100m:	1:14.09	40.40	200m:	2:33.31	39.49	300m:	4:13.91	50.40	400m:	5:28.31	37.18
8.				2004						5:32.93	512	
	50m:	33.23	33.23	150m:	1:54.56	41.94	250m:	3:25.87	48.99	350m:	4:54.91	39.12
	100m:	1:12.62	39.39	200m:	2:36.88	42.32	300m:	4:15.79	49.92	400m:	5:32.93	38.02
9.				2004						5:36.75	494	
	50m:	34.48	34.48	150m:	1:58.90	43.60	250m:	3:30.14	49.85	350m:	4:58.34	39.59
	100m:	1:15.30	40.82	200m:	2:40.29	41.39	300m:	4:18.75	48.61	400m:	5:36.75	38.41
10.				2004						5:38.78	486	
	50m:	36.54	36.54	150m:	2:06.01	44.81	250m:	3:36.10	47.39	350m:	5:01.21	38.27
	100m:	1:21.20	44.66	200m:	2:48.71	42.70	300m:	4:22.94	46.84	400m:	5:38.78	37.57
11.				2004						5:40.41	479	
	50m:	36.67	36.67	150m:	2:06.13	46.98	250m:	3:33.45	44.60	350m:	5:01.03	41.84
	100m:	1:19.15	42.48	200m:	2:48.85	42.72	300m:	4:19.19	45.74	400m:	5:40.41	39.38
12.				2004						5:41.19	475	
	50m:	35.26	35.26	150m:	2:03.99	43.72	250m:	3:35.65	48.80	350m:	5:03.55	38.56
	100m:	1:20.27	45.01	200m:	2:46.85	42.86	300m:	4:24.99	49.34	400m:	5:41.19	37.64
13.				2006						5:44.25	463	
	50m:	34.58	34.58	150m:	1:58.99	43.40	250m:	3:31.45	49.85	350m:	5:05.75	41.67
	100m:	1:15.59	41.01	200m:	2:41.60	42.61	300m:	4:24.08	52.63	400m:	5:44.25	38.50

" ", 50

ALT TIMING



, 23 - 26 2021

11, , 400m , (15-17)

14.								R.T.		FINA		
	50m:	34.58	34.58	2006	I				5:44.56	I	461	
	100m:	1:16.10	41.52	150m:	2:02.82	46.72	250m:	3:36.18	49.73	350m:	5:06.01	39.54
DSQ				200m:	2:46.45	43.63	300m:	4:26.47	50.29	400m:	5:44.56	38.55
				2006								

