

6 , 200m
18.02.2026 - 10:48

				1:43.90					(ITA)	28.07.2009		
				1:43.90					(ITA)	28.07.2009		
: AQUA 2025												
								R.T.				
1.			29.06.2000					+0,21	1:48.63	827		
	50m:	25.58	25.58	100m:	53.52	27.94	150m:	1:21.22	27.70	200m:	1:48.63	27.41
2.			03.06.1995					+0,70	1:51.12	773		
	50m:	26.13	26.13	100m:	54.55	28.42	150m:	1:22.70	28.15	200m:	1:51.12	28.42
3.			18.03.2007					+0,25	1:51.45	766		
	50m:	26.27	26.27	100m:	54.73	28.46	150m:	1:23.10	28.37	200m:	1:51.45	28.35
			28.03.2007			-		+0,31	1:51.45	766		
	50m:	26.43	26.43	100m:	55.48	29.05	150m:	1:24.07	28.59	200m:	1:51.45	27.38
5.			06.11.1999					+0,46	1:51.59	763		
	50m:	26.30	26.30	100m:	55.25	28.95	150m:	1:24.05	28.80	200m:	1:51.59	27.54
6.			04.09.2008					+0,28	1:51.67	762		
	50m:	26.61	26.61	100m:	55.56	28.95	150m:	1:24.06	28.50	200m:	1:51.67	27.61
7.			12.09.2007			-		+0,55	1:52.03	754		
	50m:	26.44	26.44	100m:	55.54	29.10	150m:	1:24.28	28.74	200m:	1:52.03	27.75
8.			17.12.2007					+0,25	1:52.06	754		
	50m:	26.09	26.09	100m:	54.81	28.72	150m:	1:23.49	28.68	200m:	1:52.06	28.57
9.			26.05.2008					+0,59	1:52.16	752		
	50m:	26.72	26.72	100m:	55.99	29.27	150m:	1:24.59	28.60	200m:	1:52.16	27.57
10.			05.12.1995					+0,23	1:52.48	745		
	50m:	26.27	26.27	100m:	54.74	28.47	150m:	1:23.63	28.89	200m:	1:52.48	28.85
11.			02.07.2001					+0,24	1:52.77	739		
	50m:	26.14	26.14	100m:	55.01	28.87	150m:	1:23.89	28.88	200m:	1:52.77	28.88
12.			14.02.2003					+0,29	1:52.82	738		
	50m:	26.06	26.06	100m:	54.71	28.65	150m:	1:24.03	29.32	200m:	1:52.82	28.79
13.			30.10.2008					+0,26	1:53.03	734		
	50m:	26.83	26.83	100m:	56.25	29.42	150m:	1:24.78	28.53	200m:	1:53.03	28.25
14.			01.05.2008					+0,59	1:53.24	730		
	50m:	27.08	27.08	100m:	56.27	29.19	150m:	1:25.19	28.92	200m:	1:53.24	28.05
15.			18.09.2003					+0,24	1:53.38	728		
	50m:	26.87	26.87	100m:	55.12	28.25	150m:	1:23.35	28.23	200m:	1:53.38	30.03
16.			07.03.2005					+0,54	1:53.41	727		
	50m:	26.74	26.74	100m:	56.04	29.30	150m:	1:25.24	29.20	200m:	1:53.41	28.17
17.			27.12.2006				()	+0,61	1:53.56	724		
	50m:	26.06	26.06	100m:	54.96	28.90	150m:	1:24.13	29.17	200m:	1:53.56	29.43
18.			11.12.2007			-		+0,22	1:53.58	724		
	50m:	26.09	26.09	100m:	54.91	28.82	150m:	1:24.49	29.58	200m:	1:53.58	29.09
19.			05.12.2006			-		+0,26	1:53.70	721		
	50m:	26.42	26.42	100m:	55.28	28.86	150m:	1:24.48	29.20	200m:	1:53.70	29.22
20.			31.08.2007					+0,59	1:54.50	706		
	50m:	26.99	26.99	100m:	56.12	29.13	150m:	1:26.09	29.97	200m:	1:54.50	28.41

6, , 200m								R.T.			
21.		/	06.01.2007	-				+0,56	1:54.53	706	
50m:	25.87	25.87	100m:	54.68	28.81	150m:	1:24.33	29.65	200m:	1:54.53	30.20
22.			01.01.2006					+0,52	1:54.60	705	
50m:	26.97	26.97	100m:	56.01	29.04	150m:	1:25.57	29.56	200m:	1:54.60	29.03
23.			21.03.1999					+0,61	1:54.68	703	
50m:	26.77	26.77	100m:	55.99	29.22	150m:	1:25.63	29.64	200m:	1:54.68	29.05
24.			07.02.2007	-				+0,33	1:55.14	695	
50m:	26.73	26.73	100m:	56.12	29.39	150m:	1:25.52	29.40	200m:	1:55.14	29.62
25.			11.11.2002					+0,69	1:55.23	693	
50m:	27.51	27.51	100m:	57.53	30.02	150m:	1:26.61	29.08	200m:	1:55.23	28.62
26.			25.01.2006	-				+0,59	1:55.28	692	
50m:	26.20	26.20	100m:	55.87	29.67	150m:	1:26.06	30.19	200m:	1:55.28	29.22
27.			05.11.2008					+0,65	1:55.35	691	
50m:	26.60	26.60	100m:	56.05	29.45	150m:	1:26.08	30.03	200m:	1:55.35	29.27
28.			11.03.2005					+0,37	1:55.49	688	
50m:	27.51	27.51	100m:	56.98	29.47	150m:	1:26.69	29.71	200m:	1:55.49	28.80
29.			20.07.2004		Swimming Club Uster			+0,28	1:55.75	684	
50m:	26.61	26.61	100m:	55.41	28.80	150m:	1:25.57	30.16	200m:	1:55.75	30.18
30.			15.01.2009					+0,24	1:56.11	677	
50m:	26.11	26.11	100m:	55.66	29.55	150m:	1:25.78	30.12	200m:	1:56.11	30.33
31.			09.07.2007					+0,22	1:56.32	674	
50m:	26.72	26.72	100m:	56.88	30.16	150m:	1:26.60	29.72	200m:	1:56.32	29.72
32.			18.03.2008					+0,59	1:56.47	671	
50m:	27.19	27.19	100m:	56.98	29.79	200m:	1:56.47	59.49			
33.			28.07.2006					+0,55	1:56.54	670	
50m:	27.28	27.28	100m:	56.80	29.52	150m:	1:26.77	29.97	200m:	1:56.54	29.77
34.			04.02.2008	-				+0,42	1:56.56	670	
50m:	27.20	27.20	100m:	57.08	29.88	150m:	1:27.11	30.03	200m:	1:56.56	29.45
35.			18.01.2005					+0,22	1:56.90	664	
50m:	26.44	26.44	100m:	55.34	28.90	150m:	1:25.97	30.63	200m:	1:56.90	30.93
36.			28.03.2008					+0,28	1:57.22	658	
50m:	26.57	26.57	100m:	55.80	29.23	150m:	1:26.31	30.51	200m:	1:57.22	30.91
37.			12.02.2007					+0,31	1:57.31	657	
50m:	27.10	27.10	100m:	57.25	30.15	150m:	1:27.39	30.14	200m:	1:57.31	29.92
38.			05.11.2006					+0,21	1:57.48	654	
50m:	26.21	26.21	100m:	55.37	29.16	150m:	1:26.25	30.88	200m:	1:57.48	31.23
39.			14.07.2010					+0,28	1:57.61	652	
50m:	27.48	27.48	100m:	56.98	29.50	150m:	1:26.99	30.01	200m:	1:57.61	30.62
40.			23.06.2005					+0,21	1:57.65	651	
50m:	27.92	27.92	100m:	58.43	30.51	150m:	1:28.46	30.03	200m:	1:57.65	29.19
41.			15.04.2008					+0,32	1:57.66	651	
50m:	27.85	27.85	100m:	58.00	30.15	150m:	1:28.46	30.46	200m:	1:57.66	29.20
42.			30.09.2001	-				+0,30	1:57.72	650	
50m:	27.19	27.19	100m:	56.80	29.61	150m:	1:27.42	30.62	200m:	1:57.72	30.30
43.			28.11.2008					+0,56	1:57.82	648	
50m:	26.50	26.50	100m:	56.21	29.71	150m:	1:27.68	31.47	200m:	1:57.82	30.14

		6, , 200m						R.T.			
44.		08.03.2004						+0,27	1:58.17		643
	50m:	27.93	27.93	100m:	59.31	31.38	150m:	1:29.19	29.88	200m:	1:58.17 28.98
45.		03.03.2008						+0,53	1:58.41		639
	50m:	27.51	27.51	100m:	58.58	31.07	150m:	1:28.81	30.23	200m:	1:58.41 29.60
46.		03.06.2010						+0,66	1:58.44		638
	50m:	27.71	27.71	100m:	57.59	29.88	150m:	1:28.16	30.57	200m:	1:58.44 30.28
47.		21.02.2007						+0,34	1:58.53		637
	50m:	27.31	27.31	100m:	57.90	30.59	150m:	1:28.75	30.85	200m:	1:58.53 29.78
48.		03.07.1997						+0,29	1:58.84		632
	50m:	27.07	27.07	100m:	57.88	30.81	150m:	1:28.58	30.70	200m:	1:58.84 30.26
49.		22.06.2005							1:58.88		631
	50m:	26.52	26.52	100m:	55.51	28.99	150m:	1:26.29	30.78	200m:	1:58.88 32.59
50.		18.02.2008						+0,60	1:58.90		631
	50m:	27.07	27.07	100m:	57.45	30.38	150m:	1:28.48	31.03	200m:	1:58.90 30.42
51.		27.12.2008						+0,60	1:58.96		630
	50m:	27.36	27.36	100m:	58.11	30.75	150m:	1:29.07	30.96	200m:	1:58.96 29.89
52.		05.08.2010						+0,28	1:59.10		628
	50m:	27.90	27.90	100m:	58.62	30.72	150m:	1:28.70	30.08	200m:	1:59.10 30.40
53.		30.06.2011 I						+0,66	1:59.17		627
	50m:	27.64	27.64	100m:	58.08	30.44	150m:	1:28.17	30.09	200m:	1:59.17 31.00
54.		25.09.2007						+0,49	1:59.33		624
	50m:	26.99	26.99	100m:	57.15	30.16	150m:	1:28.39	31.24	200m:	1:59.33 30.94
55.		02.05.2007						+0,26	1:59.51		621
	50m:	27.96	27.96	100m:	58.12	30.16	150m:	1:28.89	30.77	200m:	1:59.51 30.62
56.		05.08.2008						+0,57	1:59.54		621
	50m:	27.85	27.85	100m:	58.79	30.94	150m:	1:28.83	30.04	200m:	1:59.54 30.71
57.		13.04.2011						+0,23	2:00.03		613
	50m:	27.99	27.99	100m:	58.47	30.48	150m:	1:29.68	31.21	200m:	2:00.03 30.35
58.		16.04.2008						+0,32	2:00.09		612
	50m:	26.51	26.51	100m:	57.02	30.51	150m:	1:28.89	31.87	200m:	2:00.09 31.20
		13.12.1999						+0,24	2:00.09		612
	50m:	27.07	27.07	100m:	57.40	30.33	150m:	1:28.94	31.54	200m:	2:00.09 31.15
60.		07.06.2011						+0,64	2:00.51		606
	50m:	27.78	27.78	100m:	57.98	30.20	150m:	1:29.48	31.50	200m:	2:00.51 31.03
61.		28.05.2003						+0,26	2:00.56		605
	50m:	27.94	27.94	100m:	58.71	30.77	150m:	1:29.66	30.95	200m:	2:00.56 30.90
62.		15.01.2009						+0,55	2:01.05		598
	50m:	28.07	28.07	100m:	59.37	31.30	150m:	1:30.87	31.50	200m:	2:01.05 30.18
63.		22.09.2008						+0,67	2:01.08		597
	50m:	28.08	28.08	100m:	58.76	30.68	150m:	1:29.87	31.11	200m:	2:01.08 31.21
64.		11.12.2008						+0,51	2:01.14		596
	50m:	27.43	27.43	100m:	58.10	30.67	150m:	1:29.20	31.10	200m:	2:01.14 31.94
65.		22.03.2010						+0,63	2:01.62		589
	50m:	26.81	26.81	100m:	57.19	30.38	150m:	1:29.11	31.92	200m:	2:01.62 32.51
66.		02.01.2004						+0,22	2:01.73		588
	50m:	27.87	27.87	100m:	58.95	31.08	150m:	1:30.67	31.72	200m:	2:01.73 31.06

6, , 200m								R.T.			
67.			03.03.2011					+0,57	2:01.80		587
	50m: 26.85	26.85	100m: 56.78	29.93	150m: 1:28.56	31.78	200m: 2:01.80				33.24
68.			17.06.2009					+0,27	2:01.98		584
	50m: 28.89	28.89	100m: 59.96	31.07	150m: 1:31.37	31.41	200m: 2:01.98				30.61
69.			11.09.2008					+0,56	2:02.36		579
	50m: 26.93	26.93	100m: 58.32	31.39	150m: 1:30.72	32.40	200m: 2:02.36				31.64
70.			15.10.2007					+0,67	2:02.43		578
	50m: 27.63	27.63	100m: 57.85	30.22	150m: 1:29.44	31.59	200m: 2:02.43				32.99
71.			26.11.2008					+0,21	2:02.49		577
	50m: 26.52	26.52	100m: 58.14	31.62	150m: 1:30.46	32.32	200m: 2:02.49				32.03
72.			03.07.2009					+0,24	2:02.75		573
	50m: 27.59	27.59	100m: 59.08	31.49	150m: 1:31.99	32.91	200m: 2:02.75				30.76
73.			29.01.2009					+0,22	2:02.86		572
	50m: 27.97	27.97	100m: 59.20	31.23	150m: 1:30.77	31.57	200m: 2:02.86				32.09
74.			27.09.2011					+0,34	2:02.88		571
	50m: 28.07	28.07	100m: 59.16	31.09	150m: 1:31.40	32.24	200m: 2:02.88				31.48
75.			26.06.2008					+0,28	2:03.09		569
	50m: 27.67	27.67	100m: 59.31	31.64	150m: 1:31.68	32.37	200m: 2:03.09				31.41
76.			14.01.2011					+0,55	2:03.19		567
	50m: 27.69	27.69	100m: 58.92	31.23	150m: 1:31.36	32.44	200m: 2:03.19				31.83
77.			03.11.2009					+0,32	2:03.37		565
	50m: 30.13	30.13	100m: 1:00.99	30.86	150m: 1:33.20	32.21	200m: 2:03.37				30.17
78.			11.11.2010					+0,21	2:03.47		563
	50m: 28.09	28.09	100m: 59.56	31.47	150m: 1:31.58	32.02	200m: 2:03.47				31.89
79.			21.12.2010					+0,44	2:03.53		562
	50m: 27.19	27.19	100m: 58.01	30.82	150m: 1:30.79	32.78	200m: 2:03.53				32.74
80.			11.01.2004					+0,55	2:03.55		562
	50m: 27.59	27.59	100m: 58.13	30.54	150m: 1:30.38	32.25	200m: 2:03.55				33.17
81.			08.03.2010					+0,64	2:03.82		559
	50m: 27.82	27.82	100m: 58.73	30.91	200m: 2:03.82	1:05.09					
82.			31.08.2010					+0,61	2:03.91		557
	50m: 27.81	27.81	100m: 58.71	30.90	150m: 1:30.75	32.04	200m: 2:03.91				33.16
83.			15.04.2011					+0,59	2:03.97		556
	50m: 28.66	28.66	100m: 1:00.38	31.72	150m: 1:32.59	32.21	200m: 2:03.97				31.38
84.			22.05.2010					+0,32	2:04.72		547
	50m: 28.39	28.39	100m: 59.64	31.25	150m: 1:31.59	31.95	200m: 2:04.72				33.13
85.			06.08.2010					+0,68	2:04.73		546
	50m: 28.22	28.22	100m: 1:00.78	32.56	150m: 1:33.31	32.53	200m: 2:04.73				31.42
86.			15.03.2009					+0,21	2:04.88		544
	50m: 28.19	28.19	100m: 1:00.37	32.18	150m: 1:33.43	33.06	200m: 2:04.88				31.45
87.			24.07.2010					+0,52	2:05.02		543
	50m: 28.30	28.30	100m: 59.95	31.65	150m: 1:32.45	32.50	200m: 2:05.02				32.57
88.			07.03.2012					+0,48	2:05.33		539
	50m: 28.34	28.34	100m: 1:00.48	32.14	150m: 1:33.05	32.57	200m: 2:05.33				32.28
89.			08.05.2010					+0,25	2:05.76		533
	50m: 28.47	28.47	100m: 1:01.01	32.54	200m: 2:05.76	1:04.75					

		6, , 200m						R.T.			
90.		/	28.01.2011					+0,44	2:06.05		529
50m:	28.70	28.70	100m: 1:00.54	31.84	150m: 1:33.58	33.04	200m: 2:06.05				32.47
91.		/	02.11.2010					+0,59	2:06.06		529
50m:	28.96	28.96	100m: 1:01.12	32.16	150m: 1:33.46	32.34	200m: 2:06.06				32.60
92.		/	29.03.2009					+0,74	2:06.45		524
50m:	27.27	27.27	100m: 58.53	31.26	150m: 1:32.17	33.64	200m: 2:06.45				34.28
93.		/	12.11.2009					+0,68	2:06.48		524
50m:	28.57	28.57	100m: 1:00.53	31.96	150m: 1:34.39	33.86	200m: 2:06.48				32.09
94.		/	06.07.2010					+0,59	2:06.72		521
50m:	27.71	27.71	100m: 59.33	31.62	150m: 1:33.28	33.95	200m: 2:06.72				33.44
95.		/	22.12.2010					+0,45	2:07.27		514
50m:	29.29	29.29	100m: 1:01.62	32.33	150m: 1:34.47	32.85	200m: 2:07.27				32.80
96.		/	23.08.2008					+0,55	2:07.50		512
50m:	28.27	28.27	100m: 1:00.46	32.19	150m: 1:33.68	33.22	200m: 2:07.50				33.82
97.		/	11.01.2010					+0,24	2:07.51		511
50m:	28.43	28.43	100m: 1:00.34	31.91	150m: 1:34.10	33.76	200m: 2:07.51				33.41
98.		/	03.02.2012					+0,65	2:07.78		508
50m:	29.68	29.68	100m: 1:01.74	32.06	150m: 1:35.49	33.75	200m: 2:07.78				32.29
99.		/	10.03.2006					+0,56	2:07.84		507
50m:	28.86	28.86	100m: 1:01.06	32.20	150m: 1:34.58	33.52	200m: 2:07.84				33.26
100.		/	27.07.2010					+0,63	2:07.91		507
50m:	28.92	28.92	100m: 1:01.26	32.34	150m: 1:34.84	33.58	200m: 2:07.91				33.07
101.		/	27.12.2008					+0,23	2:07.93		506
50m:	28.27	28.27	100m: 1:00.20	31.93	150m: 1:34.04	33.84	200m: 2:07.93				33.89
102.		/	31.01.2009					+0,75	2:07.94		506
50m:	28.90	28.90	100m: 1:01.40	32.50	150m: 1:34.89	33.49	200m: 2:07.94				33.05
103.		/	07.03.2012					+0,31	2:08.17		504
50m:	30.23	30.23	100m: 1:03.16	32.93	150m: 1:36.54	33.38	200m: 2:08.17				31.63
104.		/	07.11.2010					+0,21	2:08.54		499
50m:	28.49	28.49	100m: 1:00.09	31.60	150m: 1:33.87	33.78	200m: 2:08.54				34.67
105.		/	06.07.2011					+0,54	2:08.65		498
50m:	29.13	29.13	100m: 1:01.99	32.86	150m: 1:35.71	33.72	200m: 2:08.65				32.94
106.		/	30.01.2008					+0,61	2:08.81		496
50m:	28.03	28.03	100m: 1:00.73	32.70	150m: 1:35.15	34.42	200m: 2:08.81				33.66
107.		/	28.11.2009					+0,63	2:08.85		496
50m:	29.53	29.53	100m: 1:01.75	32.22	150m: 1:35.50	33.75	200m: 2:08.85				33.35
108.		/	07.04.2010					+0,22	2:09.00		494
50m:	29.06	29.06	100m: 1:01.22	32.16	150m: 1:35.33	34.11	200m: 2:09.00				33.67
109.		/	19.07.2009					+0,52	2:09.50		488
50m:	28.75	28.75	100m: 1:00.53	31.78	150m: 1:34.50	33.97	200m: 2:09.50				35.00
110.		/	18.06.2010					+0,60	2:10.00		483
100m:	1:02.62	1:02.62	200m: 2:10.00	1:07.38							
111.		/	13.02.2010					+0,30	2:10.27		480
50m:	28.58	28.58	100m: 1:01.37	32.79	150m: 1:35.98	34.61	200m: 2:10.27				34.29
112.		/	13.02.2009					+0,59	2:10.28		479
50m:	30.11	30.11	100m: 1:03.33	33.22	150m: 1:37.65	34.32	200m: 2:10.28				32.63

КУБОК по плаванию РОССИИ

18-19
ФЕВРАЛЯ
2026

РУЗА

СЕВЕРНЫЙ МИКРОРАЙОН, Д. 10,
ДВОРЕЦ ВОДНЫХ ВИДОВ СПОРТА «РУЗА»

1 ЭТАП

		6, , 200m						R.T.			
113.			/						+0,59	2:11.08	471
	100m:	1:02.08	1:02.08	200m:	2:11.08	1:09.00					
114.			08.10.2012	I					+0,36	2:11.81	463
	50m:	30.29	30.29	100m:	1:03.54	33.25	150m:	1:38.07	34.53	200m:	2:11.81 33.74
115.			16.04.2010	I					+0,40	2:13.16	449
	50m:	30.81	30.81	100m:	1:04.66	33.85	150m:	1:39.29	34.63	200m:	2:13.16 33.87
116.			10.08.2011	I					+0,26	2:13.70	444
	50m:	29.72	29.72	100m:	1:03.12	33.40	150m:	1:38.49	35.37	200m:	2:13.70 35.21
117.			13.10.2010	I					+0,65	2:14.08	440
	50m:	28.72	28.72	100m:	1:01.66	32.94	150m:	1:37.23	35.57	200m:	2:14.08 36.85
DSQ			28.10.2011	I							

Спонсоры соревнований: