

11
21.02.2026 - 12:44

, 400m

		4:04.10								04.04.2021		
		4:05.16								26.07.2024		
: AQUA 2025												
R.T.												
1.				10.03.2011				+0,82	4:19.69		744	
	50m:	29.71	29.71	150m:	1:36.37	33.74	250m:	2:42.72	32.92	350m:	3:48.22	32.41
	100m:	1:02.63	32.92	200m:	2:09.80	33.43	300m:	3:15.81	33.09	400m:	4:19.69	31.47
2.				17.06.2002				+0,83	4:22.18		723	
	50m:	31.06	31.06	150m:	1:37.92	33.50	300m:	3:18.18	1:06.68	400m:	4:22.18	31.55
	100m:	1:04.42	33.36	200m:	2:11.50	33.58	350m:	3:50.63	32.45			
3.				27.07.2006				+0,79	4:23.89		709	
	50m:	30.12	30.12	150m:	1:36.83	34.12	250m:	2:43.85	33.58	350m:	3:51.17	33.61
	100m:	1:02.71	32.59	200m:	2:10.27	33.44	300m:	3:17.56	33.71	400m:	4:23.89	32.72
4.				02.11.2007				+0,78	4:27.69		679	
	50m:	30.23	30.23	150m:	1:37.96	33.92	250m:	2:45.97	33.95	350m:	3:55.42	34.83
	100m:	1:04.04	33.81	200m:	2:12.02	34.06	300m:	3:20.59	34.62	400m:	4:27.69	32.27
5.				15.11.2012				+1,01	4:29.18		668	
	50m:	30.89	30.89	150m:	1:37.85	33.72	250m:	2:46.23	34.22	350m:	3:55.58	34.65
	100m:	1:04.13	33.24	200m:	2:12.01	34.16	300m:	3:20.93	34.70	400m:	4:29.18	33.60
6.				24.07.2009				+0,75	4:30.20		661	
	50m:	31.38	31.38	150m:	1:39.35	33.94	250m:	2:47.95	34.20	350m:	3:56.93	34.36
	100m:	1:05.41	34.03	200m:	2:13.75	34.40	300m:	3:22.57	34.62	400m:	4:30.20	33.27
7.				18.08.2010				+0,93	4:30.50		658	
	50m:	31.23	31.23	150m:	1:40.13	34.58	250m:	2:49.97	35.04	350m:	3:58.86	33.88
	100m:	1:05.55	34.32	200m:	2:14.93	34.80	300m:	3:24.98	35.01	400m:	4:30.50	31.64
8.				28.03.2009				+0,76	4:30.84		656	
	50m:	29.72	29.72	150m:	1:37.86	34.98	250m:	2:48.22	35.56	350m:	3:58.67	34.81
	100m:	1:02.88	33.16	200m:	2:12.66	34.80	300m:	3:23.86	35.64	400m:	4:30.84	32.17
9.				16.03.2007				+0,73	4:31.45		651	
	50m:	31.10	31.10	200m:	2:14.05	1:09.04	300m:	3:23.56	34.91			
	100m:	1:05.01	33.91	250m:	2:48.65	34.60	400m:	4:31.45	1:07.89			
10.				16.05.2008				+0,78	4:31.79		649	
	50m:	31.03	31.03	150m:	1:40.19	34.26	250m:	2:49.46	34.63	350m:	3:57.73	33.88
	100m:	1:05.93	34.90	200m:	2:14.83	34.64	300m:	3:23.85	34.39	400m:	4:31.79	34.06
11.				26.04.2010				+0,82	4:32.05		647	
	50m:	31.24	31.24	150m:	1:40.44	34.18	250m:	2:49.13	34.00	350m:	3:58.11	34.15
	100m:	1:06.26	35.02	200m:	2:15.13	34.69	300m:	3:23.96	34.83	400m:	4:32.05	33.94
12.				16.07.2010				+0,84	4:33.42		637	
	50m:	31.62	31.62	150m:	1:40.42	34.41	250m:	2:48.45	33.91	350m:	3:59.52	35.60
	100m:	1:06.01	34.39	200m:	2:14.54	34.12	300m:	3:23.92	35.47	400m:	4:33.42	33.90
13.				01.04.2005				+0,87	4:33.76		635	
	50m:	31.34	31.34	150m:	1:39.97	34.79	250m:	2:50.06	34.87	350m:	4:00.35	34.96
	100m:	1:05.18	33.84	200m:	2:15.19	35.22	300m:	3:25.39	35.33	400m:	4:33.76	33.41
14.				05.06.2008				+0,78	4:34.31		631	
	50m:	31.97	31.97	150m:	1:40.30	34.40	250m:	2:49.58	34.53	350m:	3:59.48	34.73
	100m:	1:05.90	33.93	200m:	2:15.05	34.75	300m:	3:24.75	35.17	400m:	4:34.31	34.83
15.				21.09.2007				+0,88	4:34.70		629	
	50m:	32.00	32.00	150m:	1:41.71	35.05	250m:	2:51.82	34.75	350m:	4:01.70	34.81
	100m:	1:06.66	34.66	200m:	2:17.07	35.36	300m:	3:26.89	35.07	400m:	4:34.70	33.00

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Спонсоры соревнований:



11, , 400m ,

R.T.

16.				17.01.2012					+0,78	4:34.88	627	
	50m:	31.95	31.95	150m:	1:41.62	34.99	250m:	2:51.98	35.04	350m:	4:02.04	35.04
	100m:	1:06.63	34.68	200m:	2:16.94	35.32	300m:	3:27.00	35.02	400m:	4:34.88	32.84
17.				21.03.2008					+0,80	4:36.56	616	
	50m:	31.19	31.19	150m:	1:40.40	34.81	250m:	2:49.97	34.41	350m:	4:00.99	35.47
	100m:	1:05.59	34.40	200m:	2:15.56	35.16	300m:	3:25.52	35.55	400m:	4:36.56	35.57
18.				16.11.2009					+0,80	4:36.57	616	
	50m:	30.55	30.55	150m:	1:39.36	34.58	250m:	2:49.96	35.36	350m:	4:01.79	35.76
	100m:	1:04.78	34.23	200m:	2:14.60	35.24	300m:	3:26.03	36.07	400m:	4:36.57	34.78
19.				28.07.2010					+0,82	4:36.86	614	
	50m:	31.64	31.64	150m:	1:41.65	35.84	300m:	3:27.19	1:10.16	400m:	4:36.86	34.04
	100m:	1:05.81	34.17	200m:	2:17.03	35.38	350m:	4:02.82	35.63			
20.				25.04.2011					+0,76	4:37.57	609	
	50m:	31.19	31.19	150m:	1:41.11	35.25	250m:	2:52.90	35.65	350m:	4:04.36	35.59
	100m:	1:05.86	34.67	200m:	2:17.25	36.14	300m:	3:28.77	35.87	400m:	4:37.57	33.21
21.				03.04.2009					+0,82	4:39.46	597	
	50m:	33.27	33.27	150m:	1:44.50	35.52	250m:	2:55.57	35.41	350m:	4:05.44	34.81
	100m:	1:08.98	35.71	200m:	2:20.16	35.66	300m:	3:30.63	35.06	400m:	4:39.46	34.02
22.				16.10.2008					+0,82	4:40.04	593	
	50m:	31.88	31.88	150m:	1:41.92	35.29	250m:	2:53.90	35.84	350m:	4:06.20	35.63
	100m:	1:06.63	34.75	200m:	2:18.06	36.14	300m:	3:30.57	36.67	400m:	4:40.04	33.84
23.				12.02.2010					+0,69	4:41.64	583	
	50m:	31.53	31.53	150m:	1:42.71	35.99	250m:	2:54.65	36.26	350m:	4:07.12	36.20
	100m:	1:06.72	35.19	200m:	2:18.39	35.68	300m:	3:30.92	36.27	400m:	4:41.64	34.52
24.				05.08.2011					+0,75	4:42.06	581	
	50m:	31.50	31.50	150m:	1:42.00	35.72	250m:	2:54.29	36.51	350m:	4:07.31	36.75
	100m:	1:06.28	34.78	200m:	2:17.78	35.78	300m:	3:30.56	36.27	400m:	4:42.06	34.75
25.				09.10.2009					+0,78	4:42.29	579	
	50m:	32.51	32.51	150m:	1:44.15	35.76	250m:	2:55.85	35.93	350m:	4:08.10	35.75
	100m:	1:08.39	35.88	200m:	2:19.92	35.77	300m:	3:32.35	36.50	400m:	4:42.29	34.19
26.				06.08.2011					+0,81	4:42.35	579	
	50m:	32.44	32.44	150m:	1:44.71	36.69	250m:	2:57.54	36.24	350m:	4:08.74	35.14
	100m:	1:08.02	35.58	200m:	2:21.30	36.59	300m:	3:33.60	36.06	400m:	4:42.35	33.61
27.				01.07.2011					+0,76	4:43.08	574	
	50m:	31.58	31.58	150m:	1:41.70	35.48	250m:	2:54.49	36.19	350m:	4:07.46	36.14
	100m:	1:06.22	34.64	200m:	2:18.30	36.60	300m:	3:31.32	36.83	400m:	4:43.08	35.62
28.				05.06.2009					+0,81	4:43.46	572	
	50m:	31.75	31.75	150m:	1:43.63	36.14	250m:	2:56.40	36.44	350m:	4:08.54	36.04
	100m:	1:07.49	35.74	200m:	2:19.96	36.33	300m:	3:32.50	36.10	400m:	4:43.46	34.92
29.				19.05.2010					+0,84	4:43.51	572	
	50m:	31.99	31.99	150m:	1:42.98	36.11	250m:	2:55.61	36.68	350m:	4:08.49	36.51
	100m:	1:06.87	34.88	200m:	2:18.93	35.95	300m:	3:31.98	36.37	400m:	4:43.51	35.02
30.				07.08.2010					+0,68	4:44.40	566	
	50m:	32.19	32.19	150m:	1:44.72	36.92	250m:	2:58.61	37.01	350m:	4:10.94	35.64
	100m:	1:07.80	35.61	200m:	2:21.60	36.88	300m:	3:35.30	36.69	400m:	4:44.40	33.46
31.				26.11.2008					+0,70	4:44.48	566	
	50m:	31.76	31.76	150m:	1:42.91	35.74	250m:	2:54.87	35.99	350m:	4:08.06	36.59
	100m:	1:07.17	35.41	200m:	2:18.88	35.97	300m:	3:31.47	36.60	400m:	4:44.48	36.42
32.				23.01.2009					+0,74	4:45.05	563	
	50m:	32.38	32.38	150m:	1:44.52	36.58	250m:	2:57.14	36.21	350m:	4:09.99	36.36
	100m:	1:07.94	35.56	200m:	2:20.93	36.41	300m:	3:33.63	36.49	400m:	4:45.05	35.06

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Спонсоры соревнований:



11, , 400m ,

R.T.

33.				03.12.2012	I					+0,82	4:45.38	I	561
	50m:	32.58	32.58	150m:	1:44.59	36.22	250m:	2:57.72	36.24	350m:	4:10.75	36.41	
	100m:	1:08.37	35.79	200m:	2:21.48	36.89	300m:	3:34.34	36.62	400m:	4:45.38	34.63	
34.				05.05.2010						+0,82	4:45.64	I	559
	50m:	32.56	32.56	150m:	1:44.37	36.45	250m:	2:57.75	36.50	350m:	4:10.50	36.51	
	100m:	1:07.92	35.36	200m:	2:21.25	36.88	300m:	3:33.99	36.24	400m:	4:45.64	35.14	
35.				20.01.2010						+0,80	4:46.02	I	557
	50m:	30.84	30.84	150m:	1:42.36	36.48	250m:	2:56.37	36.79	350m:	4:10.68	36.73	
	100m:	1:05.88	35.04	200m:	2:19.58	37.22	300m:	3:33.95	37.58	400m:	4:46.02	35.34	
36.				06.11.2008						+0,80	4:46.49	I	554
	50m:	33.10	33.10	150m:	1:45.46	36.55	250m:	2:58.35	36.72	350m:	4:11.00	36.51	
	100m:	1:08.91	35.81	200m:	2:21.63	36.17	300m:	3:34.49	36.14	400m:	4:46.49	35.49	
37.				24.07.2012						+0,89	4:48.68	I	542
	50m:	32.70	32.70	150m:	1:46.08	36.71	250m:	3:00.73	37.26	350m:	4:13.52	36.03	
	100m:	1:09.37	36.67	200m:	2:23.47	37.39	300m:	3:37.49	36.76	400m:	4:48.68	35.16	
38.				09.03.2008						+0,76	4:49.70	I	536
	50m:	33.26	33.26	150m:	1:46.20	36.58	250m:	2:59.11	36.53	350m:	4:13.29	37.46	
	100m:	1:09.62	36.36	200m:	2:22.58	36.38	300m:	3:35.83	36.72	400m:	4:49.70	36.41	
39.				19.09.2010	I					+0,93	4:51.32	I	527
	50m:	32.90	32.90	150m:	1:46.45	37.17	250m:	3:01.30	37.39	350m:	4:15.96	36.64	
	100m:	1:09.28	36.38	200m:	2:23.91	37.46	300m:	3:39.32	38.02	400m:	4:51.32	35.36	
40.				10.08.2011	I					+0,86	4:51.63	I	525
	100m:	1:08.45	1:08.45	250m:	2:59.96	37.35	350m:	4:15.41	37.96				
	200m:	2:22.61	1:14.16	300m:	3:37.45	37.49	400m:	4:51.63	36.22				
41.				02.10.2011	I					+0,86	4:53.09	I	517
	50m:	32.22	32.22	150m:	1:44.93	36.63	250m:	3:00.83	38.17	350m:	4:17.09	38.06	
	100m:	1:08.30	36.08	200m:	2:22.66	37.73	300m:	3:39.03	38.20	400m:	4:53.09	36.00	
42.				08.02.2012	I					+0,91	4:54.51	I	510
	50m:	33.25	33.25	150m:	1:47.32	37.06	250m:	3:03.38	37.94	350m:	4:19.00	37.39	
	100m:	1:10.26	37.01	200m:	2:25.44	38.12	300m:	3:41.61	38.23	400m:	4:54.51	35.51	
43.				24.11.2009						+0,91	4:54.96	I	508
	50m:	32.71	32.71	150m:	1:46.03	37.12	250m:	3:00.52	37.45	350m:	4:15.94	37.73	
	100m:	1:08.91	36.20	200m:	2:23.07	37.04	300m:	3:38.21	37.69	400m:	4:54.96	39.02	
44.				26.06.2008	I					+0,76	4:55.38	I	506
	50m:	33.82	33.82	150m:	1:48.83	37.83	250m:	3:04.32	37.37	350m:	4:18.63	37.06	
	100m:	1:11.00	37.18	200m:	2:26.95	38.12	300m:	3:41.57	37.25	400m:	4:55.38	36.75	
45.				03.09.2010						+0,78	4:56.77	I	498
	50m:	33.83	33.83	150m:	1:48.62	37.90	250m:	3:05.07	38.26	350m:	4:20.54	37.72	
	100m:	1:10.72	36.89	200m:	2:26.81	38.19	300m:	3:42.82	37.75	400m:	4:56.77	36.23	
46.				24.07.2008	I					+0,75	4:57.89	I	493
	50m:	33.67	33.67	150m:	1:47.26	37.11	250m:	3:02.76	38.08	350m:	4:20.47	39.27	
	100m:	1:10.15	36.48	200m:	2:24.68	37.42	300m:	3:41.20	38.44	400m:	4:57.89	37.42	
47.				21.12.2009	I					+0,81	4:58.82	I	488
	50m:	33.71	33.71	150m:	1:48.30	37.66	250m:	3:05.23	38.68	350m:	4:22.06	38.03	
	100m:	1:10.64	36.93	200m:	2:26.55	38.25	300m:	3:44.03	38.80	400m:	4:58.82	36.76	
48.				02.08.2001						+0,82	4:59.90		483
	50m:	33.31	33.31	150m:	1:47.54	37.71	250m:	3:04.20	38.43	350m:	4:22.09	39.13	
	100m:	1:09.83	36.52	200m:	2:25.77	38.23	300m:	3:42.96	38.76	400m:	4:59.90	37.81	
49.				28.01.2011	I					+0,87	5:00.34		481
	50m:	33.78	33.78	150m:	1:51.11	39.36	250m:	3:09.19	39.15	350m:	4:24.62	37.32	
	100m:	1:11.75	37.97	200m:	2:30.04	38.93	300m:	3:47.30	38.11	400m:	5:00.34	35.72	

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Спонсоры соревнований:

11, , 400m ,

R.T.

50.				03.01.2011 I					+0,85	5:03.18	467	
	50m:	32.68	32.68	150m:	1:46.75	38.01	250m:	3:06.01	39.56	350m:	4:25.74	39.60
	100m:	1:08.74	36.06	200m:	2:26.45	39.70	300m:	3:46.14	40.13	400m:	5:03.18	37.44
51.				14.06.2012 I					+0,93	5:04.22	463	
	50m:	34.58	34.58	150m:	1:52.47	39.50	250m:	3:11.69	38.88	350m:	4:28.56	37.54
	100m:	1:12.97	38.39	200m:	2:32.81	40.34	300m:	3:51.02	39.33	400m:	5:04.22	35.66
52.				03.12.2012 I					+0,73	5:05.15	458	
	50m:	33.87	33.87	150m:	1:50.73	38.97	250m:	3:09.63	39.19	350m:	4:27.50	38.40
	100m:	1:11.76	37.89	200m:	2:30.44	39.71	300m:	3:49.10	39.47	400m:	5:05.15	37.65
53.				09.06.2012 I					+0,77	5:05.30	458	
	50m:	33.76	33.76	150m:	1:51.81	39.63	250m:	3:10.97	39.51	350m:	4:29.25	38.95
	100m:	1:12.18	38.42	200m:	2:31.46	39.65	300m:	3:50.30	39.33	400m:	5:05.30	36.05
54.				14.04.2012 I					+0,84	5:05.58	457	
	50m:	33.98	33.98	150m:	1:52.58	39.75	250m:	3:10.56	38.60	350m:	4:28.35	38.48
	100m:	1:12.83	38.85	200m:	2:31.96	39.38	300m:	3:49.87	39.31	400m:	5:05.58	37.23
55.				05.04.2011 I					+0,87	5:05.75	456	
	50m:	33.38	33.38	150m:	1:48.31	38.44	250m:	3:07.49	39.83	350m:	4:28.17	39.88
	100m:	1:09.87	36.49	200m:	2:27.66	39.35	300m:	3:48.29	40.80	400m:	5:05.75	37.58
56.				28.12.2009 I					+0,71	5:07.29	449	
	50m:	33.43	33.43	150m:	1:50.42	39.14	250m:	3:09.87	39.48	400m:	5:07.29	1:17.28
	100m:	1:11.28	37.85	200m:	2:30.39	39.97	300m:	3:50.01	40.14			
57.				20.06.2008					+0,81	5:08.26	445	
	50m:	33.45	33.45	150m:	1:49.49	38.70	250m:	3:08.54	39.60	350m:	4:29.45	40.73
	100m:	1:10.79	37.34	200m:	2:28.94	39.45	300m:	3:48.72	40.18	400m:	5:08.26	38.81
58.				24.02.2012 I					+0,95	5:09.47	440	
	100m:	1:10.42	1:10.42	200m:	2:28.39	1:17.97	300m:	3:50.18	1:21.79	400m:	5:09.47	1:19.29