

11
20.02.2024 - 12:32

, 400m

4:04.10
4:07.17

04.04.2021
19.04.2023

: FINA 2024

								R.T.			
1.				1998	-			+0,76	4:12.21		812
	50m:	29.16	29.16	150m:	1:32.73	31.88	250m:	2:36.48	31.83	350m:	3:40.49
	100m:	1:00.85	31.69	200m:	2:04.65	31.92	300m:	3:08.57	32.09	400m:	4:12.21
2.				2006	-			+0,98	4:19.05		750
	50m:	29.44	29.44	150m:	1:33.96	32.54	250m:	2:39.96	33.09	350m:	3:46.55
	100m:	1:01.42	31.98	200m:	2:06.87	32.91	300m:	3:13.36	33.40	400m:	4:19.05
3.				1998				+0,72	4:21.54		728
	50m:	30.27	30.27	150m:	1:36.29	33.16	250m:	2:43.06	33.36	350m:	3:49.75
	100m:	1:03.13	32.86	200m:	2:09.70	33.41	300m:	3:16.67	33.61	400m:	4:21.54
4.				2001	-			+0,75	4:22.86		718
	50m:	29.32	29.32	150m:	1:34.47	32.94	250m:	2:41.70	33.53	350m:	3:49.57
	100m:	1:01.53	32.21	200m:	2:08.17	33.70	300m:	3:16.20	34.50	400m:	4:22.86
5.				2006				+0,72	4:23.23		714
	50m:	30.80	30.80	150m:	1:37.72	33.41	250m:	2:44.93	33.53	350m:	3:51.77
	100m:	1:04.31	33.51	200m:	2:11.40	33.68	300m:	3:18.62	33.69	400m:	4:23.23
6.				1998					4:23.46		713
	50m:	30.29	30.29	150m:	1:35.63	32.90	250m:	2:42.85	33.50	350m:	3:50.36
	100m:	1:02.73	32.44	200m:	2:09.35	33.72	300m:	3:16.86	34.01	400m:	4:23.46
7.				1997	-				4:23.84		710
	50m:	30.31	30.31	150m:	1:35.93	33.24	250m:	2:42.35	33.28	350m:	3:49.87
	100m:	1:02.69	32.38	200m:	2:09.07	33.14	300m:	3:15.96	33.61	400m:	4:23.84
8.				2003				+0,83	4:26.30		690
	50m:	30.42	30.42	150m:	1:37.90	33.80	250m:	2:44.81	33.10	350m:	3:52.86
	100m:	1:04.10	33.68	200m:	2:11.71	33.81	300m:	3:18.72	33.91	400m:	4:26.30
9.				2003					4:29.03		669
	50m:	30.35	30.35	150m:	1:38.20	34.59	250m:	2:47.31	34.72	350m:	3:56.67
	100m:	1:03.61	33.26	200m:	2:12.59	34.39	300m:	3:22.02	34.71	400m:	4:29.03
10.				2007				+0,78	4:29.52		666
	50m:	31.33	31.33	150m:	1:39.68	34.17	250m:	2:47.95	34.05	350m:	3:56.44
	100m:	1:05.51	34.18	200m:	2:13.90	34.22	300m:	3:22.46	34.51	400m:	4:29.52
11.				2006				+0,75	4:29.88		663
	50m:	31.38	31.38	150m:	1:38.69	33.80	250m:	2:47.41	34.53	350m:	3:57.28
	100m:	1:04.89	33.51	200m:	2:12.88	34.19	300m:	3:22.40	34.99	400m:	4:29.88
12.				2002				+0,73	4:30.09		661
	50m:	30.42	30.42	150m:	1:38.66	34.69	250m:	2:48.65	34.57	350m:	3:56.98
	100m:	1:03.97	33.55	200m:	2:14.08	35.42	300m:	3:22.78	34.13	400m:	4:30.09
13.				2010	-			+0,91	4:30.85		656
	50m:	31.71	31.71	150m:	1:39.77	34.10	250m:	2:47.81	34.03	350m:	3:56.51
	100m:	1:05.67	33.96	200m:	2:13.78	34.01	300m:	3:22.34	34.53	400m:	4:30.85
14.				2007					4:32.96		641
	50m:	32.07	32.07	150m:	1:41.27	34.85	250m:	2:51.41	35.10	350m:	4:01.00
	100m:	1:06.42	34.35	200m:	2:16.31	35.04	300m:	3:26.33	34.92	400m:	4:32.96
15.				2009					4:35.32		624
	50m:	30.32	30.32	150m:	1:40.32	35.49	250m:	2:50.68	34.53	350m:	4:00.73
	100m:	1:04.83	34.51	200m:	2:16.15	35.83	300m:	3:25.85	35.17	400m:	4:35.32

ALGE SWIM TIME

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		11, , 400m						R.T.			
16.				2004					4:35.64		622
	50m:	30.52	30.52	150m:	1:38.66	34.53	250m:	2:49.80	35.86	350m:	4:02.36
	100m:	1:04.13	33.61	200m:	2:13.94	35.28	300m:	3:25.74	35.94	400m:	4:35.64
17.				2005					+0,80	4:35.67	622
	50m:	31.72	31.72	150m:	1:40.67	34.66	250m:	2:50.65	35.09	350m:	4:01.15
	100m:	1:06.01	34.29	200m:	2:15.56	34.89	300m:	3:26.10	35.45	400m:	4:35.67
18.				2010						4:35.78	621
	50m:	31.24	31.24	150m:	1:39.62	34.48	250m:	2:50.12	34.89	350m:	4:02.09
	100m:	1:05.14	33.90	200m:	2:15.23	35.61	300m:	3:26.62	36.50	400m:	4:35.78
19.				2008						4:35.89	621
	50m:	33.16	33.16	150m:	1:43.22	35.28	250m:	2:53.05	34.80	350m:	4:02.50
	100m:	1:07.94	34.78	200m:	2:18.25	35.03	300m:	3:27.82	34.77	400m:	4:35.89
20.				2006					+0,73	4:37.85	607
	50m:	30.80	30.80	150m:	1:39.34	34.88	250m:	2:50.58	35.99	350m:	4:03.13
	100m:	1:04.46	33.66	200m:	2:14.59	35.25	300m:	3:26.81	36.23	400m:	4:37.85
21.				2005					+0,77	4:37.99	607
	50m:	30.32	30.32	150m:	1:37.89	34.15	250m:	2:48.41	35.43	350m:	4:01.41
	100m:	1:03.74	33.42	200m:	2:12.98	35.09	300m:	3:24.85	36.44	400m:	4:37.99
22.				2009					+0,81	4:38.33	604
	50m:	32.54	32.54	150m:	1:42.93	35.38	250m:	2:54.25	35.36	350m:	4:04.35
	100m:	1:07.55	35.01	200m:	2:18.89	35.96	300m:	3:29.41	35.16	400m:	4:38.33
23.				2009					+0,85	4:39.02	600
	50m:	32.01	32.01	150m:	1:41.89	35.11	250m:	2:52.99	36.10	350m:	4:04.72
	100m:	1:06.78	34.77	200m:	2:16.89	35.00	300m:	3:28.60	35.61	400m:	4:39.02
24.				2008					+0,70	4:44.01	569
	50m:	31.57	31.57	150m:	1:41.90	35.69	250m:	2:54.47	36.24	350m:	4:08.10
	100m:	1:06.21	34.64	200m:	2:18.23	36.33	300m:	3:31.10	36.63	400m:	4:44.01
25.				2003					+0,97	4:46.14	556
	50m:	32.39	32.39	150m:	1:43.94	35.86	250m:	2:56.23	36.05	350m:	4:09.83
	100m:	1:08.08	35.69	200m:	2:20.18	36.24	300m:	3:33.24	37.01	400m:	4:46.14
26.				2010					+0,80	4:47.07	551
	50m:	31.15	31.15	150m:	1:41.88	36.24	250m:	2:55.70	37.15	350m:	4:10.68
	100m:	1:05.64	34.49	200m:	2:18.55	36.67	300m:	3:33.06	37.36	400m:	4:47.07
27.				2006					+0,92	4:48.44	543
	50m:	32.28	32.28	150m:	1:44.19	36.23	250m:	2:57.79	36.59	350m:	4:12.16
	100m:	1:07.96	35.68	200m:	2:21.20	37.01	300m:	3:35.22	37.43	400m:	4:48.44
28.				2009					+0,83	4:50.87	529
	50m:	31.88	31.88	150m:	1:44.62	36.67	250m:	2:59.59	37.62	350m:	4:14.92
	100m:	1:07.95	36.07	200m:	2:21.97	37.35	300m:	3:37.44	37.85	400m:	4:50.87
29.				2009						4:54.16	512
	50m:	32.17	32.17	150m:	1:46.18	37.81	250m:	3:02.83	38.09	350m:	4:19.04
	100m:	1:08.37	36.20	200m:	2:24.74	38.56	300m:	3:40.93	38.10	400m:	4:54.16
30.				2001						4:54.95	508
	50m:	33.79	33.79	150m:	1:47.98	37.47	250m:	3:02.98	37.53	350m:	4:18.86
	100m:	1:10.51	36.72	200m:	2:25.45	37.47	300m:	3:41.05	38.07	400m:	4:54.95
31.				2009					+0,90	4:56.37	500
	50m:	33.55	33.55	150m:	1:47.57	37.69	250m:	3:03.94	38.47	350m:	4:20.53
	100m:	1:09.88	36.33	200m:	2:25.47	37.90	300m:	3:42.56	38.62	400m:	4:56.37
32.				2009					+0,75	4:56.39	500
	50m:	33.60	33.60	150m:	1:48.95	37.30	250m:	3:03.69	36.61	350m:	4:19.69
	100m:	1:11.65	38.05	200m:	2:27.08	38.13	300m:	3:41.97	38.28	400m:	4:56.39

ALGE SWIM TIME

СПОНСОРЫ СОРЕВНОВАНИЙ:





		11,	, 400m						R.T.			
33.				2007						4:57.69		494
	50m:	33.00	33.00	150m:	1:47.42	37.82	250m:	3:04.36	38.75	350m:	4:21.31	38.68
	100m:	1:09.60	36.60	200m:	2:25.61	38.19	300m:	3:42.63	38.27	400m:	4:57.69	36.38
34.				2007					+0,80	5:00.94		478
	50m:	33.75	33.75	150m:	1:48.28	37.93	250m:	3:05.75	38.41	350m:	4:23.11	38.62
	100m:	1:10.35	36.60	200m:	2:27.34	39.06	300m:	3:44.49	38.74	400m:	5:00.94	37.83
DSQ				2009								

