

, 10 - 12 2021

35  
12.03.2021 - 12:23

, 400m

				3:43.45				(CHN)				09.08.2008
				3:47.36				(HUN)				20.08.2019
: FINA 2020												
/												
R.T.												
FINA												
1.				2000	-			<b>3:52.90</b>			843	
	50m:	26.73	26.73	150m:	1:25.20	29.24	250m:	2:23.70	29.42	350m:	3:23.58	30.23
	100m:	55.96	29.23	200m:	1:54.28	29.08	300m:	2:53.35	29.65	400m:	3:52.90	29.32
2.				2000	-			<b>4:00.53</b>			765	
	50m:	27.91	27.91	150m:	1:29.20	30.87	250m:	2:30.33	30.49	350m:	3:31.62	30.61
	100m:	58.33	30.42	200m:	1:59.84	30.64	300m:	3:01.01	30.68	400m:	4:00.53	28.91
3.				2000	-			<b>4:02.13</b>			750	
	50m:	28.07	28.07	150m:	1:29.55	30.93	250m:	2:31.33	30.92	350m:	3:32.79	30.73
	100m:	58.62	30.55	200m:	2:00.41	30.86	300m:	3:02.06	30.73	400m:	4:02.13	29.34
4.				1998	-			<b>4:03.19</b>			741	
	50m:	28.73	28.73	150m:	1:30.59	31.21	250m:	2:33.04	31.13	350m:	3:34.29	29.69
	100m:	59.38	30.65	200m:	2:01.91	31.32	300m:	3:04.60	31.56	400m:	4:03.19	28.90
5.				2001	-			<b>4:04.78</b>			726	
	50m:	27.77	27.77	150m:	1:28.49	30.77	250m:	2:30.53	31.21	350m:	3:34.27	31.80
	100m:	57.72	29.95	200m:	1:59.32	30.83	300m:	3:02.47	31.94	400m:	4:04.78	30.51
6.				1999	-			<b>4:05.73</b>			718	
	50m:	28.39	28.39	150m:	1:30.42	31.10	250m:	2:33.09	31.06	350m:	3:35.96	31.26
	100m:	59.32	30.93	200m:	2:02.03	31.61	300m:	3:04.70	31.61	400m:	4:05.73	29.77
7.				2004	- 1			<b>4:06.14</b>			714	
	50m:	29.12	29.12	150m:	1:31.27	31.38	250m:	2:33.73	31.26	350m:	3:37.00	31.65
	100m:	59.89	30.77	200m:	2:02.47	31.20	300m:	3:05.35	31.62	400m:	4:06.14	29.14
8.				2004	-			<b>4:07.34</b>			704	
	50m:	28.53	28.53	150m:	1:30.58	31.44	250m:	2:34.18	32.05	350m:	3:37.26	31.20
	100m:	59.14	30.61	200m:	2:02.13	31.55	300m:	3:06.06	31.88	400m:	4:07.34	30.08
9.				2002	-			<b>4:07.68</b>			701	
	50m:	29.06	29.06	150m:	1:30.71	30.90	250m:	2:33.52	31.36	350m:	3:37.07	31.79
	100m:	59.81	30.75	200m:	2:02.16	31.45	300m:	3:05.28	31.76	400m:	4:07.68	30.61
10.				2002	-			<b>4:09.33</b>			687	
	50m:	27.73	27.73	150m:	1:30.34	31.81	250m:	2:34.41	31.97	350m:	3:38.50	32.12
	100m:	58.53	30.80	200m:	2:02.44	32.10	300m:	3:06.38	31.97	400m:	4:09.33	30.83
11.				2003	-			<b>4:10.71</b>			676	
	50m:	28.90	28.90	150m:	1:32.41	31.65	250m:	2:36.21	31.91	350m:	3:40.28	31.82
	100m:	1:00.76	31.86	200m:	2:04.30	31.89	300m:	3:08.46	32.25	400m:	4:10.71	30.43
12.				2001	-			<b>4:12.43</b>			662	
	50m:	29.69	29.69	150m:	1:33.34	32.07	250m:	2:38.39	32.61	350m:	3:42.70	31.69
	100m:	1:01.27	31.58	200m:	2:05.78	32.44	300m:	3:11.01	32.62	400m:	4:12.43	29.73
13.				2001	-			<b>4:13.47</b>			654	
	50m:	28.64	28.64	150m:	1:31.04	31.74	250m:	2:35.96	32.61	350m:	3:41.64	32.94
	100m:	59.30	30.66	200m:	2:03.35	32.31	300m:	3:08.70	32.74	400m:	4:13.47	31.83
	-			2002	-			<b>4:13.47</b>			654	
	50m:	28.82	28.82	150m:	1:32.41	32.17	250m:	2:37.89	32.77	350m:	3:44.09	32.94
	100m:	1:00.24	31.42	200m:	2:05.12	32.71	300m:	3:11.15	33.26	400m:	4:13.47	29.38

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	35,		, 400m						R.T.		FINA
15.				2004						<b>4:13.98</b>	650
	50m:	29.15	29.15	150m:	1:32.73	32.27	250m:	2:37.47	32.23	350m:	3:42.55
	100m:	1:00.46	31.31	200m:	2:05.24	32.51	300m:	3:10.03	32.56	400m:	4:13.98
16.				1999						<b>4:14.28</b>	648
	50m:	28.89	28.89	150m:	1:31.79	32.01	250m:	2:36.99	32.97	350m:	3:43.20
	100m:	59.78	30.89	200m:	2:04.02	32.23	300m:	3:10.11	33.12	400m:	4:14.28
17.				2001						<b>4:14.87</b>	643
	50m:	29.52	29.52	150m:	1:33.88	32.44	250m:	2:38.87	32.48	350m:	3:44.04
	100m:	1:01.44	31.92	200m:	2:06.39	32.51	300m:	3:11.45	32.58	400m:	4:14.87
18.				2004						<b>4:14.92</b>	643
	50m:	30.04	30.04	150m:	1:34.39	32.41	250m:	2:38.95	32.38	350m:	3:43.81
	100m:	1:01.98	31.94	200m:	2:06.57	32.18	300m:	3:11.33	32.38	400m:	4:14.92
19.				2003						<b>4:15.23</b>	641
	50m:	28.58	28.58	150m:	1:32.13	31.83	250m:	2:36.77	32.51	350m:	3:42.85
	100m:	1:00.30	31.72	200m:	2:04.26	32.13	300m:	3:09.54	32.77	400m:	4:15.23
20.				2005			- 1			<b>4:15.27</b>	640
	50m:	29.46	29.46	150m:	1:33.39	32.16	250m:	2:38.23	32.30	350m:	3:43.79
	100m:	1:01.23	31.77	200m:	2:05.93	32.54	300m:	3:10.96	32.73	400m:	4:15.27
21.				2005						<b>4:15.58</b>	638
	50m:	29.98	29.98	150m:	1:34.21	32.21	250m:	2:38.69	32.26	350m:	3:44.21
	100m:	1:02.00	32.02	200m:	2:06.43	32.22	300m:	3:11.22	32.53	400m:	4:15.58
22.				1999						<b>4:15.61</b>	638
	50m:	28.64	28.64	150m:	1:32.42	32.01	250m:	2:37.60	32.50	350m:	3:43.76
	100m:	1:00.41	31.77	200m:	2:05.10	32.68	300m:	3:10.86	33.26	400m:	4:15.61
23.				1998						<b>4:16.61</b>	630
	50m:	29.89	29.89	150m:	1:34.46	32.49	250m:	2:39.93	32.61	350m:	3:45.37
	100m:	1:01.97	32.08	200m:	2:07.32	32.86	300m:	3:12.73	32.80	400m:	4:16.61
24.				2005						<b>4:17.47</b>	624
	50m:	28.72	28.72	150m:	1:33.81	33.08	250m:	2:40.30	33.39	350m:	3:47.26
	100m:	1:00.73	32.01	200m:	2:06.91	33.10	300m:	3:14.07	33.77	400m:	4:17.47
25.				2003						<b>4:17.91</b>	621
	50m:	28.95	28.95	150m:	1:32.98	32.56	250m:	2:39.02	33.26	350m:	3:45.53
	100m:	1:00.42	31.47	200m:	2:05.76	32.78	300m:	3:12.34	33.32	400m:	4:17.91
26.				2003						<b>4:18.34</b>	618
	50m:	28.94	28.94	150m:	1:33.11	32.03	250m:	2:39.23	32.87	350m:	3:46.33
	100m:	1:01.08	32.14	200m:	2:06.36	33.25	300m:	3:13.00	33.77	400m:	4:18.34
27.				2001						<b>4:18.50</b>	617
	50m:	28.78	28.78	150m:	1:31.05	31.91	250m:	2:38.09	34.03	350m:	3:45.95
	100m:	59.14	30.36	200m:	2:04.06	33.01	300m:	3:11.85	33.76	400m:	4:18.50
28.				2003						<b>4:19.08</b>	612
	50m:	29.62	29.62	150m:	1:35.14	33.19	250m:	2:40.88	32.13	350m:	3:46.81
	100m:	1:01.95	32.33	200m:	2:08.75	33.61	300m:	3:14.12	33.24	400m:	4:19.08
29.				2004						<b>4:19.26</b>	611
	50m:	28.58	28.58	150m:	1:32.86	32.65	250m:	2:39.91	33.61	350m:	3:46.66
	100m:	1:00.21	31.63	200m:	2:06.30	33.44	300m:	3:13.21	33.30	400m:	4:19.26
30.				2004						<b>4:19.69</b>	608
	50m:	29.68	29.68	150m:	1:34.83	32.52	250m:	2:40.58	32.54	350m:	3:47.37
	100m:	1:02.31	32.63	200m:	2:08.04	33.21	300m:	3:14.27	33.69	400m:	4:19.69

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35,		, 400m						R.T.			FINA
31.				2006			- 1		<b>4:20.84</b>		600
	50m:	30.62	30.62	150m:	1:36.57	33.18	250m:	2:42.76	33.20	350m:	3:48.09
	100m:	1:03.39	32.77	200m:	2:09.56	32.99	300m:	3:15.49	32.73	400m:	4:20.84
32.				2006			- 2		<b>4:22.98</b>		586
	50m:	29.56	29.56	150m:	1:35.75	33.26	250m:	2:42.38	32.89	350m:	3:50.26
	100m:	1:02.49	32.93	200m:	2:09.49	33.74	300m:	3:16.28	33.90	400m:	4:22.98
33.				2004					<b>4:24.14</b>		578
	50m:	29.62	29.62	150m:	1:35.41	33.30	250m:	2:43.15	33.76	350m:	3:51.74
	100m:	1:02.11	32.49	200m:	2:09.39	33.98	300m:	3:17.40	34.25	400m:	4:24.14
34.				2004		-			<b>4:24.58</b>		575
	50m:	27.89	27.89	150m:	1:33.73	33.58	250m:	2:42.25	34.43	350m:	3:51.72
	100m:	1:00.15	32.26	200m:	2:07.82	34.09	300m:	3:16.64	34.39	400m:	4:24.58
35.				2005			- 2		<b>4:24.85</b>		573
	50m:	29.56	29.56	150m:	1:35.39	32.93	250m:	2:43.30	33.58	350m:	3:51.63
	100m:	1:02.46	32.90	200m:	2:09.72	34.33	300m:	3:17.51	34.21	400m:	4:24.85
36.				2004					<b>4:25.70</b>		568
	50m:	29.82	29.82	150m:	1:35.95	33.66	250m:	2:43.47	34.08	350m:	3:52.47
	100m:	1:02.29	32.47	200m:	2:09.39	33.44	300m:	3:17.82	34.35	400m:	4:25.70
37.				2002					<b>4:25.82</b>		567
	50m:	28.75	28.75	150m:	1:33.95	33.33	250m:	2:41.85	34.32	350m:	3:51.96
	100m:	1:00.62	31.87	200m:	2:07.53	33.58	300m:	3:16.59	34.74	400m:	4:25.82
38.				2005					<b>4:26.52</b>		562
	50m:	29.66	29.66	150m:	1:35.84	33.69	250m:	2:44.51	34.63	350m:	3:53.58
	100m:	1:02.15	32.49	200m:	2:09.88	34.04	300m:	3:18.94	34.43	400m:	4:26.52
39.				2006					<b>4:26.64</b>		562
	50m:	30.33	30.33	150m:	1:37.80	34.50	250m:	2:46.50	34.75	350m:	3:55.43
	100m:	1:03.30	32.97	200m:	2:11.75	33.95	300m:	3:21.16	34.66	400m:	4:26.64
40.				2006					<b>4:28.30</b>		551
	50m:	30.19	30.19	150m:	1:38.17	34.32	250m:	2:47.00	34.38	350m:	3:55.66
	100m:	1:03.85	33.66	200m:	2:12.62	34.45	300m:	3:21.47	34.47	400m:	4:28.30
41.				2002			- 2		<b>4:29.26</b>		545
	50m:	30.60	30.60	150m:	1:37.88	33.86	250m:	2:46.55	34.28	350m:	3:55.98
	100m:	1:04.02	33.42	200m:	2:12.27	34.39	300m:	3:21.13	34.58	400m:	4:29.26
42.				2004					<b>4:31.80</b>		530
	50m:	30.49	30.49	150m:	1:40.27	35.04	250m:	2:50.34	34.89	350m:	3:59.26
	100m:	1:05.23	34.74	200m:	2:15.45	35.18	300m:	3:24.99	34.65	400m:	4:31.80
43.				2006					<b>4:34.22</b>		516
	50m:	30.40	30.40	150m:	1:38.80	34.55	250m:	2:49.27	35.45	350m:	4:00.52
	100m:	1:04.25	33.85	200m:	2:13.82	35.02	300m:	3:25.09	35.82	400m:	4:34.22
44.				1999					<b>4:35.66</b>		508
	50m:	30.89	30.89	150m:	1:40.33	35.43	250m:	2:50.44	35.23	350m:	4:01.20
	100m:	1:04.90	34.01	200m:	2:15.21	34.88	300m:	3:25.84	35.40	400m:	4:35.66
45.				2006					<b>4:37.19</b>		500
	50m:	30.52	30.52	150m:	1:41.35	36.20	250m:	2:52.42	35.41	350m:	4:03.58
	100m:	1:05.15	34.63	200m:	2:17.01	35.66	300m:	3:27.99	35.57	400m:	4:37.19
46.				2003					<b>4:38.19</b>		495
	50m:	30.37	30.37	150m:	1:39.18	35.15	250m:	2:50.40	36.00	350m:	4:02.96
	100m:	1:04.03	33.66	200m:	2:14.40	35.22	300m:	3:26.37	35.97	400m:	4:38.19

