

26
11.03.2021 - 15:05

, 1500m

16:13.13

(ESP)

22.07.2003

16:13.13

(ESP)

22.07.2003

: FINA 2020

	/			R.T.						FINA	
1.	2004			17:16.64						700	
50m:	32.23	32.23	450m:	5:12.78	34.85	850m:	9:48.84	34.65	1250m:	14:23.98	34.83
100m:	1:07.23	35.00	500m:	5:47.31	34.53	900m:	10:22.92	34.08	1300m:	14:58.73	34.75
150m:	1:42.90	35.67	550m:	6:21.73	34.42	950m:	10:57.29	34.37	1350m:	15:33.74	35.01
200m:	2:17.72	34.82	600m:	6:56.20	34.47	1000m:	11:31.30	34.01	1400m:	16:08.57	34.83
250m:	2:53.04	35.32	650m:	7:30.84	34.64	1050m:	12:05.89	34.59	1450m:	16:43.36	34.79
300m:	3:27.91	34.87	700m:	8:05.39	34.55	1100m:	12:39.91	34.02	1500m:	17:16.64	33.28
350m:	4:02.96	35.05	750m:	8:39.98	34.59	1150m:	13:14.61	34.70			
400m:	4:37.93	34.97	800m:	9:14.19	34.21	1200m:	13:49.15	34.54			
2.	2003			17:28.73						676	
50m:	32.57	32.57	450m:	5:13.94	34.94	850m:	9:52.11	34.84	1250m:	14:33.53	35.74
100m:	1:07.75	35.18	500m:	5:48.55	34.61	900m:	10:26.79	34.68	1300m:	15:08.68	35.15
150m:	1:43.52	35.77	550m:	6:23.54	34.99	950m:	11:02.09	35.30	1350m:	15:44.14	35.46
200m:	2:18.84	35.32	600m:	6:58.17	34.63	1000m:	11:37.07	34.98	1400m:	16:19.43	35.29
250m:	2:54.14	35.30	650m:	7:33.13	34.96	1050m:	12:12.39	35.32	1450m:	16:54.39	34.96
300m:	3:29.05	34.91	700m:	8:07.66	34.53	1100m:	12:47.65	35.26	1500m:	17:28.73	34.34
350m:	4:04.20	35.15	750m:	8:42.59	34.93	1150m:	13:23.06	35.41			
400m:	4:39.00	34.80	800m:	9:17.27	34.68	1200m:	13:57.79	34.73			
3.	2004			17:33.39						667	
50m:	32.46	32.46	450m:	5:14.53	35.16	850m:	9:54.33	35.42	1250m:	14:37.60	35.81
100m:	1:07.81	35.35	500m:	5:49.37	34.84	900m:	10:29.38	35.05	1300m:	15:12.82	35.22
150m:	1:43.50	35.69	550m:	6:24.26	34.89	950m:	11:04.72	35.34	1350m:	15:48.77	35.95
200m:	2:18.73	35.23	600m:	6:59.00	34.74	1000m:	11:40.11	35.39	1400m:	16:24.28	35.51
250m:	2:53.96	35.23	650m:	7:33.97	34.97	1050m:	12:15.54	35.43	1450m:	16:59.33	35.05
300m:	3:29.06	35.10	700m:	8:08.94	34.97	1100m:	12:50.89	35.35	1500m:	17:33.39	34.06
350m:	4:04.14	35.08	750m:	8:43.90	34.96	1150m:	13:26.46	35.57			
400m:	4:39.37	35.23	800m:	9:18.91	35.01	1200m:	14:01.79	35.33			
4.	2005			17:56.60						624	
50m:	32.39	32.39	450m:	5:14.74	35.33	850m:	10:02.62	36.10	1250m:	14:55.70	36.72
100m:	1:07.17	34.78	500m:	5:50.38	35.64	900m:	10:39.30	36.68	1300m:	15:32.12	36.42
150m:	1:42.57	35.40	550m:	6:26.09	35.71	950m:	11:15.90	36.60	1350m:	16:08.52	36.40
200m:	2:18.24	35.67	600m:	7:01.91	35.82	1000m:	11:52.34	36.44	1400m:	16:44.99	36.47
250m:	2:53.62	35.38	650m:	7:37.63	35.72	1050m:	12:28.87	36.53	1450m:	17:21.53	36.54
300m:	3:29.16	35.54	700m:	8:13.91	36.28	1100m:	13:05.53	36.66	1500m:	17:56.60	35.07
350m:	4:04.21	35.05	750m:	8:50.24	36.33	1150m:	13:42.76	37.23			
400m:	4:39.41	35.20	800m:	9:26.52	36.28	1200m:	14:18.98	36.22			
5.	2005			18:10.68						601	
50m:	32.99	32.99	450m:	5:24.88	36.64	850m:	10:17.01	36.76	1250m:	15:09.16	37.32
100m:	1:09.21	36.22	500m:	6:01.26	36.38	900m:	10:53.17	36.16	1300m:	15:45.27	36.11
150m:	1:46.31	37.10	550m:	6:38.13	36.87	950m:	11:29.88	36.71	1350m:	16:22.59	37.32
200m:	2:22.50	36.19	600m:	7:14.12	35.99	1000m:	12:05.90	36.02	1400m:	16:58.81	36.22
250m:	2:59.46	36.96	650m:	7:51.45	37.33	1050m:	12:42.40	36.50	1450m:	17:35.37	36.56
300m:	3:35.76	36.30	700m:	8:27.43	35.98	1100m:	13:18.57	36.17	1500m:	18:10.68	35.31
350m:	4:12.48	36.72	750m:	9:04.16	36.73	1150m:	13:55.56	36.99			
400m:	4:48.24	35.76	800m:	9:40.25	36.09	1200m:	14:31.84	36.28			

26, , 1500m

									R.T.					FINA	
6.										18:16.55					591
	50m:	34.82	34.82	450m:	5:30.81	37.16	850m:	10:24.33	36.72	1250m:	15:16.10	36.48			
	100m:	1:11.43	36.61	500m:	6:07.88	37.07	900m:	11:00.72	36.39	1300m:	15:52.32	36.22			
	150m:	1:48.51	37.08	550m:	6:44.64	36.76	950m:	11:37.28	36.56	1350m:	16:28.78	36.46			
	200m:	2:25.42	36.91	600m:	7:21.22	36.58	1000m:	12:13.95	36.67	1400m:	17:05.24	36.46			
	250m:	3:02.53	37.11	650m:	7:57.81	36.59	1050m:	12:50.54	36.59	1450m:	17:41.19	35.95			
	300m:	3:39.68	37.15	700m:	8:34.57	36.76	1100m:	13:27.02	36.48	1500m:	18:16.55	35.36			
	350m:	4:16.67	36.99	750m:	9:11.22	36.65	1150m:	14:03.29	36.27						
	400m:	4:53.65	36.98	800m:	9:47.61	36.39	1200m:	14:39.62	36.33						
7.										18:19.38					586
	50m:	32.81	32.81	450m:	5:27.13	37.12	850m:	10:22.78	37.40	1250m:	15:20.47	37.27			
	100m:	1:09.29	36.48	500m:	6:03.61	36.48	900m:	11:00.17	37.39	1300m:	15:57.20	36.73			
	150m:	1:46.66	37.37	550m:	6:40.39	36.78	950m:	11:37.45	37.28	1350m:	16:34.09	36.89			
	200m:	2:23.22	36.56	600m:	7:17.27	36.88	1000m:	12:14.71	37.26	1400m:	17:10.31	36.22			
	250m:	3:00.22	37.00	650m:	7:54.42	37.15	1050m:	12:51.67	36.96	1450m:	17:45.87	35.56			
	300m:	3:36.78	36.56	700m:	8:31.26	36.84	1100m:	13:28.88	37.21	1500m:	18:19.38	33.51			
	350m:	4:13.33	36.55	750m:	9:08.44	37.18	1150m:	14:06.18	37.30						
	400m:	4:50.01	36.68	800m:	9:45.38	36.94	1200m:	14:43.20	37.02						
8.										18:20.40					585
	50m:	33.10	33.10	450m:	5:25.35	36.32	850m:	10:18.15	37.35	1250m:	15:18.61	37.98			
	100m:	1:09.40	36.30	500m:	6:01.90	36.55	900m:	10:55.13	36.98	1300m:	15:55.76	37.15			
	150m:	1:46.47	37.07	550m:	6:38.48	36.58	950m:	11:33.16	38.03	1350m:	16:32.63	36.87			
	200m:	2:23.03	36.56	600m:	7:14.77	36.29	1000m:	12:10.52	37.36	1400m:	17:09.21	36.58			
	250m:	2:59.74	36.71	650m:	7:51.47	36.70	1050m:	12:47.85	37.33	1450m:	17:45.62	36.41			
	300m:	3:36.34	36.60	700m:	8:27.88	36.41	1100m:	13:25.29	37.44	1500m:	18:20.40	34.78			
	350m:	4:13.06	36.72	750m:	9:04.44	36.56	1150m:	14:03.29	38.00						
	400m:	4:49.03	35.97	800m:	9:40.80	36.36	1200m:	14:40.63	37.34						
9.										18:22.43					582
	50m:	33.64	33.64	450m:	5:25.50	37.28	850m:	10:20.92	37.63	1250m:	15:19.84	37.80			
	100m:	1:09.22	35.58	500m:	6:02.08	36.58	900m:	10:58.00	37.08	1300m:	15:57.25	37.41			
	150m:	1:45.81	36.59	550m:	6:39.29	37.21	950m:	11:35.67	37.67	1350m:	16:34.78	37.53			
	200m:	2:21.73	35.92	600m:	7:16.11	36.82	1000m:	12:13.00	37.33	1400m:	17:11.72	36.94			
	250m:	2:58.39	36.66	650m:	7:53.20	37.09	1050m:	12:50.47	37.47	1450m:	17:48.59	36.87			
	300m:	3:34.49	36.10	700m:	8:29.38	36.18	1100m:	13:27.43	36.96	1500m:	18:22.43	33.84			
	350m:	4:11.47	36.98	750m:	9:06.51	37.13	1150m:	14:04.90	37.47						
	400m:	4:48.22	36.75	800m:	9:43.29	36.78	1200m:	14:42.04	37.14						
10.										18:22.54					581
	50m:	33.19	33.19	450m:	5:24.29	37.15	850m:	10:22.95	37.50	1250m:	15:22.65	37.07			
	100m:	1:08.49	35.30	500m:	6:01.13	36.84	900m:	11:00.21	37.26	1300m:	15:59.73	37.08			
	150m:	1:44.60	36.11	550m:	6:38.42	37.29	950m:	11:37.71	37.50	1350m:	16:36.89	37.16			
	200m:	2:20.80	36.20	600m:	7:15.97	37.55	1000m:	12:14.70	36.99	1400m:	17:13.74	36.85			
	250m:	2:57.27	36.47	650m:	7:53.34	37.37	1050m:	12:52.62	37.92	1450m:	17:49.84	36.10			
	300m:	3:33.76	36.49	700m:	8:30.66	37.32	1100m:	13:30.22	37.60	1500m:	18:22.54	32.70			
	350m:	4:10.38	36.62	750m:	9:07.98	37.32	1150m:	14:08.43	38.21						
	400m:	4:47.14	36.76	800m:	9:45.45	37.47	1200m:	14:45.58	37.15						
11.										18:42.82					550
	50m:	34.14	34.14	450m:	5:30.93	37.99	850m:	10:33.86	38.33	1250m:	15:36.89	37.54			
	100m:	1:09.96	35.82	500m:	6:08.58	37.65	900m:	11:11.45	37.59	1300m:	16:15.36	38.47			
	150m:	1:46.46	36.50	550m:	6:45.79	37.21	950m:	11:50.30	38.85	1350m:	16:53.42	38.06			
	200m:	2:23.30	36.84	600m:	7:23.35	37.56	1000m:	12:27.77	37.47	1400m:	17:31.51	38.09			
	250m:	3:00.37	37.07	650m:	8:01.35	38.00	1050m:	13:05.93	38.16	1450m:	18:09.06	37.55			
	300m:	3:38.20	37.83	700m:	8:39.17	37.82	1100m:	13:43.32	37.39	1500m:	18:42.82	33.76			
	350m:	4:15.76	37.56	750m:	9:17.57	38.40	1150m:	14:21.56	38.24						
	400m:	4:52.94	37.18	800m:	9:55.53	37.96	1200m:	14:59.35	37.79						

26, , 1500m

	/				R.T.				FINA		
12.	2006				-				18:42.89		550
50m:	33.01	33.01	450m:	5:35.43	38.56	850m:	10:36.06	37.86	1250m:	15:37.13	37.70
100m:	1:09.74	36.73	500m:	6:12.76	37.33	900m:	11:12.97	36.91	1300m:	16:15.16	38.03
150m:	1:47.44	37.70	550m:	6:50.15	37.39	950m:	11:50.20	37.23	1350m:	16:53.83	38.67
200m:	2:25.27	37.83	600m:	7:27.04	36.89	1000m:	12:27.78	37.58	1400m:	17:31.94	38.11
250m:	3:02.89	37.62	650m:	8:05.05	38.01	1050m:	13:05.60	37.82	1450m:	18:09.31	37.37
300m:	3:40.72	37.83	700m:	8:42.91	37.86	1100m:	13:42.90	37.30	1500m:	18:42.89	33.58
350m:	4:19.05	38.33	750m:	9:20.46	37.55	1150m:	14:21.79	38.89			
400m:	4:56.87	37.82	800m:	9:58.20	37.74	1200m:	14:59.43	37.64			
13.	2004								18:43.06		550
50m:	33.70	33.70	450m:	5:29.98	37.17	850m:	10:31.38	37.82	1250m:	15:35.89	38.08
100m:	1:10.00	36.30	500m:	6:07.05	37.07	900m:	11:09.34	37.96	1300m:	16:13.84	37.95
150m:	1:46.63	36.63	550m:	6:44.65	37.60	950m:	11:47.11	37.77	1350m:	16:51.52	37.68
200m:	2:23.38	36.75	600m:	7:22.59	37.94	1000m:	12:25.23	38.12	1400m:	17:29.38	37.86
250m:	3:00.52	37.14	650m:	8:00.11	37.52	1050m:	13:03.32	38.09	1450m:	18:07.02	37.64
300m:	3:38.35	37.83	700m:	8:37.71	37.60	1100m:	13:41.35	38.03	1500m:	18:43.06	36.04
350m:	4:15.66	37.31	750m:	9:15.52	37.81	1150m:	14:19.65	38.30			
400m:	4:52.81	37.15	800m:	9:53.56	38.04	1200m:	14:57.81	38.16			
14.	2005								19:20.35 		499
50m:	32.03	32.03	450m:	5:32.25	38.06	850m:	10:42.83	39.97	1250m:	16:03.97	40.73
100m:	1:07.19	35.16	500m:	6:10.39	38.14	900m:	11:22.43	39.60	1300m:	16:43.65	39.68
150m:	1:44.94	37.75	550m:	6:48.99	38.60	950m:	12:02.47	40.04	1350m:	17:23.48	39.83
200m:	2:22.17	37.23	600m:	7:27.49	38.50	1000m:	12:42.28	39.81	1400m:	18:03.51	40.03
250m:	2:59.97	37.80	650m:	8:05.79	38.30	1050m:	13:22.22	39.94	1450m:	18:42.63	39.12
300m:	3:37.82	37.85	700m:	8:44.53	38.74	1100m:	14:01.96	39.74	1500m:	19:20.35	37.72
350m:	4:16.40	38.58	750m:	9:23.40	38.87	1150m:	14:42.98	41.02			
400m:	4:54.19	37.79	800m:	10:02.86	39.46	1200m:	15:23.24	40.26			
15.	2007								19:52.48 		459
50m:	34.90	34.90	450m:	5:54.53	40.74	850m:	11:13.57	39.87	1250m:	16:34.44	39.94
100m:	1:13.82	38.92	500m:	6:33.81	39.28	900m:	11:53.40	39.83	1300m:	17:14.93	40.49
150m:	1:54.19	40.37	550m:	7:13.50	39.69	950m:	12:34.03	40.63	1350m:	17:54.85	39.92
200m:	2:33.42	39.23	600m:	7:53.89	40.39	1000m:	13:13.98	39.95	1400m:	18:34.57	39.72
250m:	3:13.21	39.79	650m:	8:33.87	39.98	1050m:	13:53.94	39.96	1450m:	19:14.68	40.11
300m:	3:53.20	39.99	700m:	9:14.01	40.14	1100m:	14:34.14	40.20	1500m:	19:52.48	37.80
350m:	4:33.76	40.56	750m:	9:54.29	40.28	1150m:	15:14.03	39.89			
400m:	5:13.79	40.03	800m:	10:33.70	39.41	1200m:	15:54.50	40.47			
16.	2005				- 2				20:24.35 		424
50m:	36.27	36.27	450m:	6:00.85	41.08	850m:	11:30.18	41.54	1250m:	17:01.23	41.87
100m:	1:15.09	38.82	500m:	6:41.40	40.55	900m:	12:10.69	40.51	1300m:	17:42.57	41.34
150m:	1:55.50	40.41	550m:	7:22.43	41.03	950m:	12:52.08	41.39	1350m:	18:24.31	41.74
200m:	2:35.52	40.02	600m:	8:03.28	40.85	1000m:	13:32.89	40.81	1400m:	19:04.94	40.63
250m:	3:16.44	40.92	650m:	8:44.86	41.58	1050m:	14:15.01	42.12	1450m:	19:45.27	40.33
300m:	3:57.30	40.86	700m:	9:26.00	41.14	1100m:	14:56.03	41.02	1500m:	20:24.35	39.08
350m:	4:38.89	41.59	750m:	10:07.36	41.36	1150m:	15:38.05	42.02			
400m:	5:19.77	40.88	800m:	10:48.64	41.28	1200m:	16:19.36	41.31			
17.	2007								20:25.98 		423
50m:	34.30	34.30	450m:	5:59.33	41.14	850m:	11:30.92	41.82	1250m:	17:04.00	40.14
100m:	1:13.27	38.97	500m:	6:40.96	41.63	900m:	12:12.92	42.00	1300m:	17:46.97	42.97
150m:	1:53.62	40.35	550m:	7:22.41	41.45	950m:	12:54.09	41.17	1350m:	18:29.14	42.17
200m:	2:34.40	40.78	600m:	8:04.00	41.59	1000m:	13:35.56	41.47	1400m:	19:10.59	41.45
250m:	3:14.84	40.44	650m:	8:45.33	41.33	1050m:	14:17.17	41.61	1450m:	19:50.15	39.56
300m:	3:55.73	40.89	700m:	9:27.03	41.70	1100m:	14:59.58	42.41	1500m:	20:25.98	35.83
350m:	4:36.73	41.00	750m:	10:07.66	40.63	1150m:	15:41.28	41.70			
400m:	5:18.19	41.46	800m:	10:49.10	41.44	1200m:	16:23.86	42.58			