

20
11.03.2021 - 13:15

, 400m

: FINA 2020

									R.T.	FINA
1.				2003					4:48.94	
	20m:	4:48.94	4:48.94	150m:	1:46.27	37.76	300m:	3:42.45	39.57	
	50m:	32.05		200m:	2:22.43	36.16	350m:	4:16.21	33.76	
	100m:	1:08.51	36.46	250m:	3:02.88	40.45	400m:	4:48.94	32.73	
2.				2002					4:58.64	
	20m:	4:58.64	4:58.64	150m:	1:48.78	39.70	300m:	3:52.83	42.38	
	50m:	32.16		200m:	2:27.27	38.49	350m:	4:26.50	33.67	
	100m:	1:09.08	36.92	250m:	3:10.45	43.18	400m:	4:58.64	32.14	
3.				2000					5:00.53	
	20m:	5:00.53	5:00.53	150m:	1:46.84	38.37	300m:	3:50.37	43.19	
	50m:	31.13		200m:	2:24.26	37.42	350m:	4:26.17	35.80	
	100m:	1:08.47	37.34	250m:	3:07.18	42.92	400m:	5:00.53	34.36	
4.				2004					5:10.61	
	20m:	5:10.61	5:10.61	150m:	1:51.98	41.08	300m:	4:00.79	44.47	
	50m:	32.90		200m:	2:31.28	39.30	350m:	4:36.56	35.77	
	100m:	1:10.90	38.00	250m:	3:16.32	45.04	400m:	5:10.61	34.05	
5.				2005		-			5:12.41	
	20m:	5:12.41	5:12.41	150m:	1:49.08	41.37	300m:	3:59.85	45.41	
	50m:	32.14		200m:	2:29.81	40.73	350m:	4:37.02	37.17	
	100m:	1:07.71	35.57	250m:	3:14.44	44.63	400m:	5:12.41	35.39	
6.				1996					5:17.16	
	20m:	5:17.16	5:17.16	150m:	1:54.53	41.62	300m:	4:05.98	46.31	
	50m:	33.33		200m:	2:34.37	39.84	350m:	4:42.31	36.33	
	100m:	1:12.91	39.58	250m:	3:19.67	45.30	400m:	5:17.16	34.85	
7.				2006		-			5:19.58	
	20m:	5:19.58	5:19.58	150m:	1:52.67	41.89	300m:	4:06.16	47.75	
	50m:	32.49		200m:	2:31.88	39.21	350m:	4:43.48	37.32	
	100m:	1:10.78	38.29	250m:	3:18.41	46.53	400m:	5:19.58	36.10	
8.				2007 I					5:19.70	
	20m:	5:19.70	5:19.70	150m:	1:54.83	41.77	300m:	4:05.22	45.60	
	50m:	33.96		200m:	2:34.98	40.15	350m:	4:43.22	38.00	
	100m:	1:13.06	39.10	250m:	3:19.62	44.64	400m:	5:19.70	36.48	
9.				2004					5:26.09 I	
	20m:	5:26.09	5:26.09	150m:	1:56.94	43.97	300m:	4:14.58	47.68	
	50m:	33.45		200m:	2:38.28	41.34	350m:	4:51.45	36.87	
	100m:	1:12.97	39.52	250m:	3:26.90	48.62	400m:	5:26.09	34.64	
10.				2004					5:30.94 I	
	20m:	5:30.94	5:30.94	150m:	1:59.31	45.81	300m:	4:15.34	45.93	
	50m:	34.13		200m:	2:43.05	43.74	350m:	4:54.41	39.07	
	100m:	1:13.50	39.37	250m:	3:29.41	46.36	400m:	5:30.94	36.53	
11.				2007 I					5:37.14 I	
	20m:	5:37.14	5:37.14	150m:	1:56.06	43.00	300m:	4:18.13	50.18	
	50m:	33.19		200m:	2:37.75	41.69	350m:	4:58.30	40.17	
	100m:	1:13.06	39.87	250m:	3:27.95	50.20	400m:	5:37.14	38.84	
12.				2005					5:37.22 I	
	20m:	5:37.22	5:37.22	150m:	2:01.20	44.96	300m:	4:22.82	50.20	
	50m:	34.52		200m:	2:43.26	42.06	350m:	5:02.02	39.20	
	100m:	1:16.24	41.72	250m:	3:32.62	49.36	400m:	5:37.22	35.20	

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	20,		, 400m						R.T.		FINA
13.				/							
				2008						5:39.16	
	20m:	5:39.16	5:39.16	150m:	2:02.36	44.27	300m:	4:22.46	49.31		
	50m:	35.91		200m:	2:44.11	41.75	350m:	5:01.48	39.02		
	100m:	1:18.09	42.18	250m:	3:33.15	49.04	400m:	5:39.16	37.68		
14.				2007						5:39.82	
	20m:	5:39.82	5:39.82	150m:	2:00.66	43.28	300m:	4:23.25	50.79		
	50m:	35.33		200m:	2:43.72	43.06	350m:	5:02.79	39.54		
	100m:	1:17.38	42.05	250m:	3:32.46	48.74	400m:	5:39.82	37.03		
DSQ				2008							