

19
11.03.2021 - 12:57

, 400m

: FINA 2020

									R.T.	FINA
1.				2000					4:20.60	
	20m:	4:20.60	4:20.60	150m:	1:32.07	33.42	300m:	3:18.39	36.96	
	50m:	27.18		200m:	2:04.37	32.30	350m:	3:49.74	31.35	
	100m:	58.65	31.47	250m:	2:41.43	37.06	400m:	4:20.60	30.86	
2.				1995					4:30.39	
	20m:	4:30.39	4:30.39	150m:	1:34.43	34.96	300m:	3:26.57	38.46	
	50m:	28.27		200m:	2:09.14	34.71	350m:	3:58.91	32.34	
	100m:	59.47	31.20	250m:	2:48.11	38.97	400m:	4:30.39	31.48	
3.				1994					4:30.95	
	20m:	4:30.95	4:30.95	150m:	1:37.15	36.93	300m:	3:29.02	37.62	
	50m:	27.89		200m:	2:12.96	35.81	350m:	4:00.71	31.69	
	100m:	1:00.22	32.33	250m:	2:51.40	38.44	400m:	4:30.95	30.24	
4.				2001		-			4:33.00	
	20m:	4:33.00	4:33.00	150m:	1:35.75	35.66	300m:	3:29.92	39.53	
	50m:	28.00		200m:	2:10.89	35.14	350m:	4:02.09	32.17	
	100m:	1:00.09	32.09	250m:	2:50.39	39.50	400m:	4:33.00	30.91	
5.				2003		-			4:34.20	
	20m:	4:34.20	4:34.20	150m:	1:34.54	35.09	300m:	3:30.35	41.13	
	50m:	27.68		200m:	2:09.11	34.57	350m:	4:03.23	32.88	
	100m:	59.45	31.77	250m:	2:49.22	40.11	400m:	4:34.20	30.97	
6.				2004					4:36.37	
	20m:	4:36.37	4:36.37	150m:	1:36.20	34.73	300m:	3:32.55	41.54	
	50m:	28.76		200m:	2:10.59	34.39	350m:	4:04.70	32.15	
	100m:	1:01.47	32.71	250m:	2:51.01	40.42	400m:	4:36.37	31.67	
7.				2004					4:36.67	
	20m:	4:36.67	4:36.67	150m:	1:40.23	36.01	300m:	3:36.18	40.28	
	50m:	29.31		200m:	2:15.06	34.83	350m:	4:07.02	30.84	
	100m:	1:04.22	34.91	250m:	2:55.90	40.84	400m:	4:36.67	29.65	
8.				2004					4:38.60	
	20m:	4:38.60	4:38.60	150m:	1:39.06	34.93	300m:	3:33.96	40.72	
	50m:	29.73		200m:	2:13.91	34.85	350m:	4:07.33	33.37	
	100m:	1:04.13	34.40	250m:	2:53.24	39.33	400m:	4:38.60	31.27	
9.				2004					4:47.66	
	20m:	4:47.66	4:47.66	150m:	1:44.29	38.62	300m:	3:43.11	41.06	
	50m:	30.26		200m:	2:21.30	37.01	350m:	4:16.80	33.69	
	100m:	1:05.67	35.41	250m:	3:02.05	40.75	400m:	4:47.66	30.86	
10.				2003					4:49.49	
	20m:	4:49.49	4:49.49	150m:	1:40.34	37.39	300m:	3:43.54	43.67	
	50m:	29.04		200m:	2:17.15	36.81	350m:	4:17.32	33.78	
	100m:	1:02.95	33.91	250m:	2:59.87	42.72	400m:	4:49.49	32.17	
11.				2000					4:54.40	I
	20m:	4:54.40	4:54.40	150m:	1:43.72	38.90	300m:	3:44.80	41.80	
	50m:	29.65		200m:	2:21.62	37.90	350m:	4:20.55	35.75	
	100m:	1:04.82	35.17	250m:	3:03.00	41.38	400m:	4:54.40	33.85	
12.				2004					4:56.65	I
	20m:	4:56.65	4:56.65	150m:	1:43.76	37.90	300m:	3:47.84	43.89	
	50m:	29.45		200m:	2:20.49	36.73	350m:	4:22.44	34.60	
	100m:	1:05.86	36.41	250m:	3:03.95	43.46	400m:	4:56.65	34.21	

" " " " 50

ALGE

, 10 - 12 2021

	19,	, 400m							R.T.	FINA
13.			/	2003						5:07.07
	20m:	5:07.07	5:07.07	150m:	1:46.03	38.40	300m:	3:53.06	44.72	
	50m:	31.61		200m:	2:24.55	38.52	350m:	4:31.65	38.59	
	100m:	1:07.63	36.02	250m:	3:08.34	43.79	400m:	5:07.07	35.42	
14.				2004						5:08.08
	20m:	5:08.08	5:08.08	150m:	1:48.95	39.74	300m:	3:59.60	46.44	
	50m:	30.96		200m:	2:27.98	39.03	350m:	4:34.10	34.50	
	100m:	1:09.21	38.25	250m:	3:13.16	45.18	400m:	5:08.08	33.98	
15.				2005			- 2			5:08.11
	20m:	5:08.11	5:08.11	150m:	1:46.87	40.93	300m:	3:53.72	43.10	
	50m:	30.58		200m:	2:26.38	39.51	350m:	4:32.08	38.36	
	100m:	1:05.94	35.36	250m:	3:10.62	44.24	400m:	5:08.11	36.03	
16.				2004						5:09.21
	20m:	5:09.21	5:09.21	150m:	1:46.80	40.17	300m:	3:55.43	44.92	
	50m:	30.45		200m:	2:25.81	39.01	350m:	4:32.76	37.33	
	100m:	1:06.63	36.18	250m:	3:10.51	44.70	400m:	5:09.21	36.45	
DSQ				2001						
DNS				2003		-				