

25 , 800m
28.06.2016 - 13:37

		7:46.05						(ITA)		28.07.2009		
		7:56.65								27.05.2006		
: FINA 2016												
		/						R.T.		FINA		
1.				1999				+0,72	8:04.27		813	
	50m:	27.21	27.21	250m:	2:29.17	31.21	450m:	4:32.65	30.61	650m:	6:35.32	30.70
	100m:	56.91	29.70	300m:	3:00.07	30.90	500m:	5:03.12	30.47	700m:	7:06.27	30.95
	150m:	1:27.32	30.41	350m:	3:31.31	31.24	550m:	5:34.08	30.96	750m:	7:35.81	29.54
	200m:	1:57.96	30.64	400m:	4:02.04	30.73	600m:	6:04.62	30.54	800m:	8:04.27	28.46
2.				1998				+0,70	8:07.02		800	
	50m:	27.19	27.19	250m:	2:29.31	31.22	450m:	4:33.58	30.90	650m:	6:37.26	30.85
	100m:	56.85	29.66	300m:	3:00.36	31.05	500m:	5:04.43	30.85	700m:	7:08.17	30.91
	150m:	1:27.50	30.65	350m:	3:31.61	31.25	550m:	5:35.35	30.92	750m:	7:38.12	29.95
	200m:	1:58.09	30.59	400m:	4:02.68	31.07	600m:	6:06.41	31.06	800m:	8:07.02	28.90
3.				1999				+0,77	8:34.69		677	
	50m:	28.33	28.33	250m:	2:34.29	31.70	450m:	4:44.72	32.44	650m:	6:56.81	32.99
	100m:	59.61	31.28	300m:	3:06.84	32.55	500m:	5:17.87	33.15	700m:	7:30.22	33.41
	150m:	1:30.52	30.91	350m:	3:39.12	32.28	550m:	5:50.67	32.80	750m:	8:03.01	32.79
	200m:	2:02.59	32.07	400m:	4:12.28	33.16	600m:	6:23.82	33.15	800m:	8:34.69	31.68
4.				2000				+0,95	8:35.17		675	
	50m:	29.56	29.56	250m:	2:36.89	32.59	450m:	4:47.94	32.97	650m:	7:01.15	33.40
	100m:	1:00.14	30.58	300m:	3:09.19	32.30	500m:	5:21.17	33.23	700m:	7:33.57	32.42
	150m:	1:32.38	32.24	350m:	3:42.14	32.95	550m:	5:54.22	33.05	750m:	8:05.70	32.13
	200m:	2:04.30	31.92	400m:	4:14.97	32.83	600m:	6:27.75	33.53	800m:	8:35.17	29.47
5.				1996				+0,66	8:39.64		658	
	50m:	28.69	28.69	250m:	2:36.87	32.50	450m:	4:49.58	33.13	650m:	7:02.30	32.97
	100m:	1:00.29	31.60	300m:	3:10.05	33.18	500m:	5:22.94	33.36	700m:	7:35.69	33.39
	150m:	1:31.99	31.70	350m:	3:42.91	32.86	550m:	5:55.74	32.80	750m:	8:07.81	32.12
	200m:	2:04.37	32.38	400m:	4:16.45	33.54	600m:	6:29.33	33.59	800m:	8:39.64	31.83
6.				1991				+0,86	8:39.83		657	
	50m:	29.48	29.48	250m:	2:38.32	32.61	450m:	4:50.17	33.39	650m:	7:02.81	33.37
	100m:	1:00.92	31.44	300m:	3:10.93	32.61	500m:	5:23.11	32.94	700m:	7:35.76	32.95
	150m:	1:33.78	32.86	350m:	3:44.22	33.29	550m:	5:56.38	33.27	750m:	8:08.88	33.12
	200m:	2:05.71	31.93	400m:	4:16.78	32.56	600m:	6:29.44	33.06	800m:	8:39.83	30.95
7.				2001				+0,74	8:45.20		637	
	50m:	28.51	28.51	250m:	2:39.33	33.79	450m:	4:52.11	33.56	650m:	7:05.80	33.93
	100m:	1:00.13	31.62	300m:	3:12.07	32.74	500m:	5:25.45	33.34	700m:	7:39.37	33.57
	150m:	1:33.04	32.91	350m:	3:45.52	33.45	550m:	5:58.48	33.03	750m:	8:12.96	33.59
	200m:	2:05.54	32.50	400m:	4:18.55	33.03	600m:	6:31.87	33.39	800m:	8:45.20	32.24
8.				2000				+1,10	8:45.49		636	
	50m:	31.58	31.58	250m:	2:42.98	32.35	450m:	4:55.17	32.86	650m:	7:08.53	32.89
	100m:	1:05.18	33.60	300m:	3:16.15	33.17	500m:	5:28.78	33.61	700m:	7:42.22	33.69
	150m:	1:37.68	32.50	350m:	3:48.97	32.82	550m:	6:01.81	33.03	750m:	8:14.60	32.38
	200m:	2:10.63	32.95	400m:	4:22.31	33.34	600m:	6:35.64	33.83	800m:	8:45.49	30.89
9.				1998				+0,87	8:52.33		612	
	50m:	29.17	29.17	250m:	2:39.79	32.29	450m:	4:53.44	33.48	650m:	7:10.42	33.94
	100m:	1:01.56	32.39	300m:	3:13.24	33.45	500m:	5:28.38	34.94	700m:	7:45.49	35.07
	150m:	1:33.92	32.36	350m:	3:46.45	33.21	550m:	6:01.95	33.57	750m:	8:19.39	33.90
	200m:	2:07.50	33.58	400m:	4:19.96	33.51	600m:	6:36.48	34.53	800m:	8:52.33	32.94

25,		, 800m						R.T.		FINA		
10.				1999				+0,78	8:55.19		602	
	50m:	28.92	28.92	250m:	2:39.11	32.73	450m:	4:53.69	33.35	650m:	7:10.99	34.28
	100m:	1:01.50	32.58	300m:	3:13.15	34.04	500m:	5:28.30	34.61	700m:	7:46.25	35.26
	150m:	1:33.02	31.52	350m:	3:46.13	32.98	550m:	6:02.03	33.73	750m:	8:20.90	34.65
	200m:	2:06.38	33.36	400m:	4:20.34	34.21	600m:	6:36.71	34.68	800m:	8:55.19	34.29
11.				2000				+0,82	8:56.29		599	
	50m:	29.14	29.14	250m:	2:41.86	33.38	450m:	4:57.74	33.48	650m:	7:15.66	34.06
	100m:	1:02.32	33.18	300m:	3:16.33	34.47	500m:	5:32.32	34.58	700m:	7:49.69	34.03
	150m:	1:34.94	32.62	350m:	3:50.14	33.81	550m:	6:06.43	34.11	750m:	8:23.60	33.91
	200m:	2:08.48	33.54	400m:	4:24.26	34.12	600m:	6:41.60	35.17	800m:	8:56.29	32.69
12.				2000				+0,83	8:58.94		590	
	50m:	30.83	30.83	250m:	2:47.33	34.61	450m:	5:04.41	34.00	650m:	7:20.59	34.51
	100m:	1:04.16	33.33	300m:	3:21.72	34.39	500m:	5:37.81	33.40	700m:	7:54.05	33.46
	150m:	1:38.60	34.44	350m:	3:56.60	34.88	550m:	6:11.96	34.15	750m:	8:27.85	33.80
	200m:	2:12.72	34.12	400m:	4:30.41	33.81	600m:	6:46.08	34.12	800m:	8:58.94	31.09
13.				1999					9:00.66		584	
	50m:	32.08	32.08	250m:	2:46.07	33.66	450m:	5:01.66	34.59	650m:	7:19.73	34.86
	100m:	1:05.61	33.53	300m:	3:19.39	33.32	500m:	5:35.47	33.81	700m:	7:53.75	34.02
	150m:	1:39.22	33.61	350m:	3:53.36	33.97	550m:	6:10.40	34.93	750m:	8:28.36	34.61
	200m:	2:12.41	33.19	400m:	4:27.07	33.71	600m:	6:44.87	34.47	800m:	9:00.66	32.30
14.				2001				+0,70	9:00.84		584	
	50m:	30.16	30.16	250m:	2:43.44	33.91	450m:	5:01.94	34.50	650m:	7:20.71	34.07
	100m:	1:02.96	32.80	300m:	3:18.20	34.76	500m:	5:36.87	34.93	700m:	7:55.42	34.71
	150m:	1:35.68	32.72	350m:	3:52.75	34.55	550m:	6:11.65	34.78	750m:	8:29.09	33.67
	200m:	2:09.53	33.85	400m:	4:27.44	34.69	600m:	6:46.64	34.99	800m:	9:00.84	31.75
15.				1997				+0,77	9:02.12		580	
	50m:	28.95	28.95	250m:	2:40.69	33.37	450m:	4:58.97	34.28	650m:	7:18.63	34.55
	100m:	1:01.16	32.21	300m:	3:15.40	34.71	500m:	5:34.29	35.32	700m:	7:53.59	34.96
	150m:	1:33.47	32.31	350m:	3:49.47	34.07	550m:	6:08.70	34.41	750m:	8:28.09	34.50
	200m:	2:07.32	33.85	400m:	4:24.69	35.22	600m:	6:44.08	35.38	800m:	9:02.12	34.03
16.				2001 I				+0,78	9:02.49		578	
	50m:	31.61	31.61	250m:	2:48.78	34.22	450m:	5:05.07	33.89	650m:	7:22.00	34.39
	100m:	1:05.91	34.30	300m:	3:23.18	34.40	500m:	5:38.98	33.91	700m:	7:55.92	33.92
	150m:	1:40.19	34.28	350m:	3:57.26	34.08	550m:	6:13.55	34.57	750m:	8:29.69	33.77
	200m:	2:14.56	34.37	400m:	4:31.18	33.92	600m:	6:47.61	34.06	800m:	9:02.49	32.80
17.				2000				+0,79	9:04.11		573	
	50m:	29.72	29.72	250m:	2:45.29	34.35	450m:	5:02.98	35.09	650m:	7:21.89	34.72
	100m:	1:03.20	33.48	300m:	3:19.23	33.94	500m:	5:37.73	34.75	700m:	7:56.39	34.50
	150m:	1:37.14	33.94	350m:	3:53.68	34.45	550m:	6:12.58	34.85	750m:	8:30.84	34.45
	200m:	2:10.94	33.80	400m:	4:27.89	34.21	600m:	6:47.17	34.59	800m:	9:04.11	33.27
18.				2001 I				+0,93	9:11.03 I		552	
	50m:	32.11	32.11	250m:	2:50.68	34.65	450m:	5:10.56	35.53	650m:	7:29.88	35.15
	100m:	1:06.42	34.31	300m:	3:25.12	34.44	500m:	5:44.62	34.06	700m:	8:04.73	34.85
	150m:	1:41.49	35.07	350m:	4:00.52	35.40	550m:	6:19.65	35.03	750m:	8:39.23	34.50
	200m:	2:16.03	34.54	400m:	4:35.03	34.51	600m:	6:54.73	35.08	800m:	9:11.03	31.80
19.				2001 I				+0,73	9:13.03 I		546	
	50m:	30.30	30.30	250m:	2:47.24	35.09	450m:	5:09.57	36.13	650m:	7:31.87	35.80
	100m:	1:03.42	33.12	300m:	3:22.12	34.88	500m:	5:45.11	35.54	700m:	8:07.20	35.33
	150m:	1:37.71	34.29	350m:	3:57.96	35.84	550m:	6:20.85	35.74	750m:	8:42.00	34.80
	200m:	2:12.15	34.44	400m:	4:33.44	35.48	600m:	6:56.07	35.22	800m:	9:13.03	31.03

25,		, 800m						R.T.		FINA	
20.				2001	I			+0,72	9:17.94	I	532
	50m:	31.96	31.96	250m:	2:52.30	34.76	450m:	5:13.60	34.44	650m:	7:35.04 35.10
	100m:	1:07.84	35.88	300m:	3:28.07	35.77	500m:	5:49.17	35.57	700m:	8:10.89 35.85
	150m:	1:42.38	34.54	350m:	4:03.24	35.17	550m:	6:24.06	34.89	750m:	8:44.63 33.74
	200m:	2:17.54	35.16	400m:	4:39.16	35.92	600m:	6:59.94	35.88	800m:	9:17.94 33.31
21.				2000	I			+0,81	9:21.27	I	522
	50m:	30.67	30.67	250m:	2:50.49	35.19	450m:	5:13.01	35.79	650m:	7:36.94 36.43
	100m:	1:05.11	34.44	300m:	3:26.07	35.58	500m:	5:48.93	35.92	700m:	8:13.08 36.14
	150m:	1:40.25	35.14	350m:	4:01.45	35.38	550m:	6:24.88	35.95	750m:	8:48.01 34.93
	200m:	2:15.30	35.05	400m:	4:37.22	35.77	600m:	7:00.51	35.63	800m:	9:21.27 33.26
				2000	I			+0,89	9:21.27	I	522
	50m:	31.72	31.72	250m:	2:49.90	34.54	450m:	5:11.15	35.25	650m:	7:34.66 35.87
	100m:	1:06.28	34.56	300m:	3:25.60	35.70	500m:	5:47.10	35.95	700m:	8:11.04 36.38
	150m:	1:40.27	33.99	350m:	4:00.79	35.19	550m:	6:22.49	35.39	750m:	8:45.82 34.78
	200m:	2:15.36	35.09	400m:	4:35.90	35.11	600m:	6:58.79	36.30	800m:	9:21.27 35.45
23.				1999				+0,79	9:22.07	I	520
	50m:	30.76	30.76	250m:	2:48.54	34.99	450m:	5:10.44	35.60	650m:	7:34.65 36.38
	100m:	1:04.19	33.43	300m:	3:23.80	35.26	500m:	5:46.37	35.93	700m:	8:11.08 36.43
	150m:	1:38.75	34.56	350m:	3:59.35	35.55	550m:	6:22.38	36.01	750m:	8:47.21 36.13
	200m:	2:13.55	34.80	400m:	4:34.84	35.49	600m:	6:58.27	35.89	800m:	9:22.07 34.86
24.				1998				+0,87	9:36.10	I	483
	50m:	31.81	31.81	250m:	2:52.06	35.49	450m:	5:19.17	36.65	650m:	7:47.75 36.43
	100m:	1:06.40	34.59	300m:	3:29.04	36.98	500m:	5:57.26	38.09	700m:	8:24.78 37.03
	150m:	1:40.66	34.26	350m:	4:05.32	36.28	550m:	6:33.72	36.46	750m:	9:00.66 35.88
	200m:	2:16.57	35.91	400m:	4:42.52	37.20	600m:	7:11.32	37.60	800m:	9:36.10 35.44
25.				1999	I			+0,84	9:43.02	I	466
	50m:	30.47	30.47	250m:	2:53.56	36.30	450m:	5:22.22	37.74	650m:	7:53.82 38.27
	100m:	1:05.02	34.55	300m:	3:29.66	36.10	500m:	5:59.73	37.51	700m:	8:31.01 37.19
	150m:	1:41.12	36.10	350m:	4:07.78	38.12	550m:	6:37.62	37.89	750m:	9:08.60 37.59
	200m:	2:17.26	36.14	400m:	4:44.48	36.70	600m:	7:15.55	37.93	800m:	9:43.02 34.42