



# ЧЕМПИОНАТ РОССИИ ПО ПЛАВАНИЮ

## КАЗАНЬ



### 5-9 НОЯБРЯ

2016 года



ВФП  
Всероссийская федерация плавания

127  
07.11.2016 - 19:19

, 400m

		4:01.49		RUS		(TUR)		14.12.2012				
		4:03.08						10.11.2015				
: FINA 2016												
		/		R.T.		FINA						
1.			1991	-		+0,73	<b>4:00.65</b>		925			
	25m:	13.45	13.45	125m:	1:14.11	15.06	225m:	2:15.00	15.09	325m:	3:15.08	14.88
	50m:	28.49	15.04	150m:	1:29.31	15.20	250m:	2:30.13	15.13	350m:	3:30.27	15.19
	75m:	43.69	15.20	175m:	1:44.51	15.20	275m:	2:45.19	15.06	375m:	3:45.69	15.42
	100m:	59.05	15.36	200m:	1:59.91	15.40	300m:	3:00.20	15.01	400m:	4:00.65	14.96
2.			1999				+0,65	<b>4:05.12</b>		875		
	25m:	13.51	13.51	125m:	1:15.05	15.41	225m:	2:17.64	15.56	325m:	3:20.15	15.47
	50m:	28.81	15.30	150m:	1:30.46	15.41	250m:	2:33.35	15.71	350m:	3:35.47	15.32
	75m:	44.10	15.29	175m:	1:46.16	15.70	275m:	2:48.98	15.63	375m:	3:50.69	15.22
	100m:	59.64	15.54	200m:	2:02.08	15.92	300m:	3:04.68	15.70	400m:	4:05.12	14.43
3.			1998				+0,70	<b>4:06.13</b>		865		
	25m:	13.27	13.27	125m:	1:14.49	15.31	225m:	2:16.99	15.54	325m:	3:19.70	15.44
	50m:	28.39	15.12	150m:	1:30.18	15.69	250m:	2:32.64	15.65	350m:	3:35.35	15.65
	75m:	43.64	15.25	175m:	1:45.70	15.52	275m:	2:48.39	15.75	375m:	3:50.82	15.47
	100m:	59.18	15.54	200m:	2:01.45	15.75	300m:	3:04.26	15.87	400m:	4:06.13	15.31
4.			1997	-			+0,72	<b>4:08.35</b>		842		
	25m:	13.70	13.70	125m:	1:14.58	15.50	225m:	2:17.27	15.74	325m:	3:21.02	15.89
	50m:	28.44	14.74	150m:	1:30.10	15.52	250m:	2:33.10	15.83	350m:	3:37.10	16.08
	75m:	43.63	15.19	175m:	1:45.75	15.65	275m:	2:49.10	16.00	375m:	3:53.03	15.93
	100m:	59.08	15.45	200m:	2:01.53	15.78	300m:	3:05.13	16.03	400m:	4:08.35	15.32
5.			2000				+0,76	<b>4:09.14</b>		834		
	25m:	13.44	13.44	125m:	1:14.42	15.37	225m:	2:17.72	15.98	325m:	3:22.78	16.46
	50m:	28.30	14.86	150m:	1:30.00	15.58	250m:	2:33.67	15.95	350m:	3:39.21	16.43
	75m:	43.55	15.25	175m:	1:45.91	15.91	275m:	2:49.92	16.25	375m:	3:54.53	15.32
	100m:	59.05	15.50	200m:	2:01.74	15.83	300m:	3:06.32	16.40	400m:	4:09.14	14.61
6.			2000				+0,74	<b>4:09.97</b>		825		
	25m:	13.45	13.45	125m:	1:14.79	15.52	225m:	2:18.21	15.89	325m:	3:23.29	16.21
	50m:	28.34	14.89	150m:	1:30.59	15.80	250m:	2:34.51	16.30	350m:	3:39.83	16.54
	75m:	43.74	15.40	175m:	1:46.33	15.74	275m:	2:50.69	16.18	375m:	3:55.05	15.22
	100m:	59.27	15.53	200m:	2:02.32	15.99	300m:	3:07.08	16.39	400m:	4:09.97	14.92
7.			1998				+0,73	<b>4:10.12</b>		824		
	25m:	13.48	13.48	125m:	1:15.54	15.83	225m:	2:18.27	15.38	325m:	3:22.07	16.11
	50m:	28.69	15.21	150m:	1:31.10	15.56	250m:	2:33.90	15.63	350m:	3:38.15	16.08
	75m:	44.17	15.48	175m:	1:47.01	15.91	275m:	2:49.96	16.06	375m:	3:54.56	16.41
	100m:	59.71	15.54	200m:	2:02.89	15.88	300m:	3:05.96	16.00	400m:	4:10.12	15.56
8.			1997				+0,83	<b>4:11.96</b>		806		
	25m:	13.54	13.54	125m:	1:15.28	15.68	225m:	2:18.00	15.60	325m:	3:22.68	16.42
	50m:	28.54	15.00	150m:	1:30.89	15.61	250m:	2:33.68	15.68	350m:	3:39.23	16.55
	75m:	44.03	15.49	175m:	1:46.70	15.81	275m:	2:49.95	16.27	375m:	3:55.88	16.65
	100m:	59.60	15.57	200m:	2:02.40	15.70	300m:	3:06.26	16.31	400m:	4:11.96	16.08