

19 , 800m (14-15)
10.04.2026 - 13:19

8:18.77 (JPN) 29.07.2021
8:24.93 14.04.2025

: AQUA 2026

	/				R.T.				
1.	23.10.2012				+0,75 8:49.06				766
	50m: 29.55	29.55	250m: 2:41.82	33.50	450m: 4:56.41	33.69	650m: 7:10.69	33.51	
	100m: 1:02.06	32.51	300m: 3:15.33	33.51	500m: 5:29.86	33.45	700m: 7:44.17	33.48	
	150m: 1:34.91	32.85	350m: 3:49.31	33.98	550m: 6:03.45	33.59	750m: 8:17.46	33.29	
	200m: 2:08.32	33.41	400m: 4:22.72	33.41	600m: 6:37.18	33.73	800m: 8:49.06	31.60	
2.	15.02.2011				+0,78 9:06.64				694
	50m: 30.70	30.70	250m: 2:46.32	34.86	450m: 5:05.75	34.82	650m: 7:24.97	34.65	
	100m: 1:03.68	32.98	300m: 3:21.14	34.82	500m: 5:40.58	34.83	700m: 7:59.52	34.55	
	150m: 1:37.34	33.66	350m: 3:56.27	35.13	550m: 6:15.68	35.10	750m: 8:33.88	34.36	
	200m: 2:11.46	34.12	400m: 4:30.93	34.66	600m: 6:50.32	34.64	800m: 9:06.64	32.76	
3.	07.02.2012				+0,73 9:09.85				682
	50m: 30.12	30.12	250m: 2:46.15	34.31	450m: 5:05.29	34.90	650m: 7:26.39	35.18	
	100m: 1:03.43	33.31	300m: 3:20.88	34.73	500m: 5:40.66	35.37	700m: 8:01.35	34.96	
	150m: 1:37.56	34.13	350m: 3:55.52	34.64	550m: 6:15.86	35.20	750m: 8:35.80	34.45	
	200m: 2:11.84	34.28	400m: 4:30.39	34.87	600m: 6:51.21	35.35	800m: 9:09.85	34.05	
4.	11.04.2011				+0,87 9:11.83				675
	50m: 31.32	31.32	250m: 2:48.78	34.77	450m: 5:08.42	34.70	650m: 7:28.55	34.70	
	100m: 1:05.02	33.70	300m: 3:23.51	34.73	500m: 5:43.62	35.20	700m: 8:04.25	35.70	
	150m: 1:39.39	34.37	350m: 3:58.39	34.88	550m: 6:18.52	34.90	750m: 8:38.19	33.94	
	200m: 2:14.01	34.62	400m: 4:33.72	35.33	600m: 6:53.85	35.33	800m: 9:11.83	33.64	
5.	03.02.2012				+0,71 9:14.12				666
	50m: 30.56	30.56	250m: 2:49.46	35.38	450m: 5:09.56	34.79	650m: 7:29.24	35.05	
	100m: 1:04.42	33.86	300m: 3:24.48	35.02	500m: 5:44.23	34.67	700m: 8:04.17	34.93	
	150m: 1:38.92	34.50	350m: 4:00.02	35.54	550m: 6:19.17	34.94	750m: 8:39.21	35.04	
	200m: 2:14.08	35.16	400m: 4:34.77	34.75	600m: 6:54.19	35.02	800m: 9:14.12	34.91	
6.	13.10.2011				+0,81 9:16.58				658
	50m: 31.05	31.05	250m: 2:48.37	34.82	450m: 5:08.09	35.03	650m: 7:29.99	35.84	
	100m: 1:04.92	33.87	300m: 3:22.99	34.62	500m: 5:43.42	35.33	700m: 8:05.74	35.75	
	150m: 1:39.38	34.46	350m: 3:58.16	35.17	550m: 6:19.00	35.58	750m: 8:41.80	36.06	
	200m: 2:13.55	34.17	400m: 4:33.06	34.90	600m: 6:54.15	35.15	800m: 9:16.58	34.78	
7.	27.05.2012				+0,72 9:17.89				653
	50m: 31.03	31.03	250m: 2:51.19	35.73	450m: 5:12.65	35.27	650m: 7:33.64	35.52	
	100m: 1:05.28	34.25	300m: 3:26.89	35.70	500m: 5:47.57	34.92	700m: 8:08.78	35.14	
	150m: 1:40.17	34.89	350m: 4:01.64	34.75	550m: 6:22.72	35.15	750m: 8:43.79	35.01	
	200m: 2:15.46	35.29	400m: 4:37.38	35.74	600m: 6:58.12	35.40	800m: 9:17.89	34.10	
8.	29.08.2012				+0,88 9:21.14				642
	50m: 32.00	32.00	250m: 2:51.16	35.10	450m: 5:13.89	35.73	650m: 7:37.13	35.88	
	100m: 1:06.39	34.39	300m: 3:26.70	35.54	500m: 5:49.51	35.62	700m: 8:12.79	35.66	
	150m: 1:40.83	34.44	350m: 4:02.39	35.69	550m: 6:25.33	35.82	750m: 8:47.99	35.20	
	200m: 2:16.06	35.23	400m: 4:38.16	35.77	600m: 7:01.25	35.92	800m: 9:21.14	33.15	
9.	16.11.2011				+0,90 9:21.16				642
	50m: 31.10	31.10	250m: 2:51.28	35.41	450m: 5:13.67	35.83	650m: 7:37.31	35.81	
	100m: 1:05.24	34.14	300m: 3:26.67	35.39	500m: 5:49.72	36.05	700m: 8:12.97	35.66	
	150m: 1:40.59	35.35	350m: 4:02.22	35.55	550m: 6:25.46	35.74	750m: 8:47.90	34.93	
	200m: 2:15.87	35.28	400m: 4:37.84	35.62	600m: 7:01.50	36.04	800m: 9:21.16	33.26	

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SWISS TIMING QUANTUM ACUATICS

19, , 800m , (14-15)

					R.T.					
10.	31.01.2012				+0,74				9:22.06	639
	50m: 30.21	30.21	250m: 2:48.78	35.38	450m: 5:10.75	35.63	650m: 7:34.79	36.37		
	100m: 1:03.80	33.59	300m: 3:24.19	35.41	500m: 5:46.60	35.85	700m: 8:10.68	35.89		
	150m: 1:38.35	34.55	350m: 3:59.65	35.46	550m: 6:22.43	35.83	750m: 8:46.91	36.23		
	200m: 2:13.40	35.05	400m: 4:35.12	35.47	600m: 6:58.42	35.99	800m: 9:22.06	35.15		
11.	18.01.2012				+0,76				9:24.35	631
	50m: 31.33	31.33	250m: 2:51.10	35.16	450m: 5:14.31	35.77	650m: 7:38.25	36.23		
	100m: 1:05.67	34.34	300m: 3:26.47	35.37	500m: 5:50.23	35.92	700m: 8:14.15	35.90		
	150m: 1:40.84	35.17	350m: 4:02.39	35.92	550m: 6:25.86	35.63	750m: 8:50.16	36.01		
	200m: 2:15.94	35.10	400m: 4:38.54	36.15	600m: 7:02.02	36.16	800m: 9:24.35	34.19		
12.	24.10.2011				+0,86				9:25.77	626
	50m: 32.50	32.50	250m: 2:53.50	35.43	450m: 5:16.58	35.84	650m: 7:39.86	35.77		
	100m: 1:07.17	34.67	300m: 3:28.99	35.49	500m: 5:52.36	35.78	700m: 8:15.98	36.12		
	150m: 1:42.58	35.41	350m: 4:04.66	35.67	550m: 6:28.08	35.72	750m: 8:51.41	35.43		
	200m: 2:18.07	35.49	400m: 4:40.74	36.08	600m: 7:04.09	36.01	800m: 9:25.77	34.36		
13.	30.07.2011				+0,73				9:26.63	623
	50m: 32.98	32.98	250m: 2:55.29	35.72	450m: 5:17.60	35.91	650m: 7:42.02	36.37		
	100m: 1:08.21	35.23	300m: 3:31.04	35.75	500m: 5:53.51	35.91	700m: 8:17.21	35.19		
	150m: 1:44.05	35.84	350m: 4:06.46	35.42	550m: 6:29.65	36.14	750m: 8:52.94	35.73		
	200m: 2:19.57	35.52	400m: 4:41.69	35.23	600m: 7:05.65	36.00	800m: 9:26.63	33.69		
14.	12.01.2011				+0,88				9:28.10	618
	50m: 32.48	32.48	250m: 2:53.84	35.71	450m: 5:18.78	36.56	650m: 7:43.54	36.00		
	100m: 1:07.31	34.83	300m: 3:29.78	35.94	500m: 5:55.05	36.27	700m: 8:19.66	36.12		
	150m: 1:42.86	35.55	350m: 4:05.74	35.96	550m: 6:31.17	36.12	750m: 8:54.86	35.20		
	200m: 2:18.13	35.27	400m: 4:42.22	36.48	600m: 7:07.54	36.37	800m: 9:28.10	33.24		
15.	25.05.2011				+0,81				9:28.42	617
	50m: 30.83	30.83	250m: 2:52.43	35.95	450m: 5:15.18	35.77	650m: 7:40.11	36.69		
	100m: 1:05.02	34.19	300m: 3:27.91	35.48	500m: 5:50.83	35.65	700m: 8:16.40	36.29		
	150m: 1:40.70	35.68	350m: 4:03.90	35.99	550m: 6:27.25	36.42	750m: 8:54.03	37.63		
	200m: 2:16.48	35.78	400m: 4:39.41	35.51	600m: 7:03.42	36.17	800m: 9:28.42	34.39		
16.	21.02.2012				+0,80				9:33.93	600
	50m: 32.40	32.40	250m: 2:56.72	35.94	450m: 5:21.19	35.97	650m: 7:46.92	36.66		
	100m: 1:08.35	35.95	300m: 3:32.78	36.06	500m: 5:57.80	36.61	700m: 8:23.23	36.31		
	150m: 1:44.61	36.26	350m: 4:08.82	36.04	550m: 6:33.90	36.10	750m: 8:59.05	35.82		
	200m: 2:20.78	36.17	400m: 4:45.22	36.40	600m: 7:10.26	36.36	800m: 9:33.93	34.88		
17.	07.03.2012				+0,87				9:34.40	598
	50m: 32.19	32.19	250m: 2:56.59	36.86	450m: 5:22.62	36.96	650m: 7:48.73	36.67		
	100m: 1:07.52	35.33	300m: 3:32.55	35.96	500m: 5:58.96	36.34	700m: 8:25.19	36.46		
	150m: 1:43.80	36.28	350m: 4:09.61	37.06	550m: 6:35.65	36.69	750m: 9:00.86	35.67		
	200m: 2:19.73	35.93	400m: 4:45.66	36.05	600m: 7:12.06	36.41	800m: 9:34.40	33.54		
18.	15.01.2012				+0,77				9:35.24	596
	50m: 31.29	31.29	250m: 2:53.12	36.23	450m: 5:18.78	36.32	650m: 7:46.10	37.06		
	100m: 1:05.78	34.49	300m: 3:29.48	36.36	500m: 5:55.23	36.45	700m: 8:22.94	36.84		
	150m: 1:41.12	35.34	350m: 4:05.99	36.51	550m: 6:32.11	36.88	750m: 8:59.89	36.95		
	200m: 2:16.89	35.77	400m: 4:42.46	36.47	600m: 7:09.04	36.93	800m: 9:35.24	35.35		
19.	26.07.2011				+0,84				9:35.39	595
	50m: 32.30	32.30	250m: 2:54.72	36.16	450m: 5:19.30	36.27	650m: 7:47.23	36.95		
	100m: 1:07.36	35.06	300m: 3:30.82	36.10	500m: 5:56.12	36.82	700m: 8:24.53	37.30		
	150m: 1:42.91	35.55	350m: 4:06.98	36.16	550m: 6:33.09	36.97	750m: 9:01.21	36.68		
	200m: 2:18.56	35.65	400m: 4:43.03	36.05	600m: 7:10.28	37.19	800m: 9:35.39	34.18		

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SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

КУБОК АЛЕКСАНДРА ПОПОВА

19, , 800m , (14-15)

					R.T.				
20.	15.07.2012 I				+0,88 9:35.42				595
	50m: 32.37	32.37	250m: 2:55.74	36.27	450m: 5:22.41	37.27	650m: 7:49.95	37.44	
	100m: 1:07.44	35.07	300m: 3:31.87	36.13	500m: 5:59.04	36.63	700m: 8:26.48	36.53	
	150m: 1:43.20	35.76	350m: 4:08.92	37.05	550m: 6:36.02	36.98	750m: 9:02.91	36.43	
	200m: 2:19.47	36.27	400m: 4:45.14	36.22	600m: 7:12.51	36.49	800m: 9:35.42	32.51	
21.	15.11.2012				+0,95 9:37.34				589
	50m: 32.23	32.23	250m: 2:54.25	35.68	450m: 5:19.63	36.76	650m: 7:47.75	37.61	
	100m: 1:07.38	35.15	300m: 3:30.24	35.99	500m: 5:56.23	36.60	700m: 8:24.52	36.77	
	150m: 1:42.57	35.19	350m: 4:06.54	36.30	550m: 6:33.41	37.18	750m: 9:01.26	36.74	
	200m: 2:18.57	36.00	400m: 4:42.87	36.33	600m: 7:10.14	36.73	800m: 9:37.34	36.08	
22.	26.10.2012 I				+0,85 9:40.59				579
	50m: 32.99	32.99	250m: 2:58.81	36.83	450m: 5:25.47	37.29	650m: 7:51.55	36.60	
	100m: 1:08.68	35.69	300m: 3:35.09	36.28	500m: 6:01.86	36.39	700m: 8:28.03	36.48	
	150m: 1:45.33	36.65	350m: 4:12.10	37.01	550m: 6:38.57	36.71	750m: 9:05.10	37.07	
	200m: 2:21.98	36.65	400m: 4:48.18	36.08	600m: 7:14.95	36.38	800m: 9:40.59	35.49	
23.	12.10.2012				+0,80 9:41.10				578
	50m: 32.69	32.69	250m: 2:56.16	36.92	450m: 5:23.49	37.49	650m: 7:51.90	37.21	
	100m: 1:07.38	34.69	300m: 3:32.41	36.25	500m: 6:00.17	36.68	700m: 8:28.72	36.82	
	150m: 1:43.34	35.96	350m: 4:09.44	37.03	550m: 6:37.59	37.42	750m: 9:05.81	37.09	
	200m: 2:19.24	35.90	400m: 4:46.00	36.56	600m: 7:14.69	37.10	800m: 9:41.10	35.29	
24.	11.06.2011				+0,72 9:43.74 I				570
	50m: 32.57	32.57	250m: 2:56.36	36.19	450m: 5:23.69	36.97	650m: 7:53.30	37.68	
	100m: 1:07.90	35.33	300m: 3:33.04	36.68	500m: 6:01.01	37.32	700m: 8:31.15	37.85	
	150m: 1:43.58	35.68	350m: 4:09.76	36.72	550m: 6:38.19	37.18	750m: 9:08.08	36.93	
	200m: 2:20.17	36.59	400m: 4:46.72	36.96	600m: 7:15.62	37.43	800m: 9:43.74	35.66	
25.	30.01.2011 I				+0,77 9:44.47 I				568
	50m: 32.36	32.36	250m: 2:56.77	36.37	450m: 5:25.95	37.33	650m: 7:55.75	37.49	
	100m: 1:08.12	35.76	300m: 3:33.95	37.18	500m: 6:03.21	37.26	700m: 8:32.97	37.22	
	150m: 1:44.10	35.98	350m: 4:11.04	37.09	550m: 6:41.14	37.93	750m: 9:09.15	36.18	
	200m: 2:20.40	36.30	400m: 4:48.62	37.58	600m: 7:18.26	37.12	800m: 9:44.47	35.32	
26.	01.07.2011				+0,77 9:45.84 I				564
	50m: 32.04	32.04	250m: 2:55.37	36.38	450m: 5:23.47	37.70	650m: 7:53.91	37.95	
	100m: 1:07.19	35.15	300m: 3:31.52	36.15	500m: 6:00.66	37.19	700m: 8:31.86	37.95	
	150m: 1:43.19	36.00	350m: 4:08.70	37.18	550m: 6:38.59	37.93	750m: 9:09.61	37.75	
	200m: 2:18.99	35.80	400m: 4:45.77	37.07	600m: 7:15.96	37.37	800m: 9:45.84	36.23	
27.	19.04.2011				+0,88 9:46.38 I				562
	50m: 31.53	31.53	250m: 2:57.38	37.28	450m: 5:26.81	37.50	650m: 7:55.99	37.57	
	100m: 1:06.62	35.09	300m: 3:34.52	37.14	500m: 6:03.78	36.97	700m: 8:33.21	37.22	
	150m: 1:43.41	36.79	350m: 4:12.42	37.90	550m: 6:41.17	37.39	750m: 9:10.51	37.30	
	200m: 2:20.10	36.69	400m: 4:49.31	36.89	600m: 7:18.42	37.25	800m: 9:46.38	35.87	
28.	01.05.2011				+0,85 9:47.01 I				560
	50m: 34.72	34.72	250m: 3:02.10	36.93	450m: 5:30.34	37.14	650m: 7:58.79	37.55	
	100m: 1:11.48	36.76	300m: 3:38.95	36.85	500m: 6:07.06	36.72	700m: 8:35.41	36.62	
	150m: 1:48.40	36.92	350m: 4:16.15	37.20	550m: 6:44.06	37.00	750m: 9:11.93	36.52	
	200m: 2:25.17	36.77	400m: 4:53.20	37.05	600m: 7:21.24	37.18	800m: 9:47.01	35.08	
29.	06.10.2012				+0,90 9:47.80 I				558
	50m: 32.29	32.29	250m: 2:58.71	37.10	450m: 5:26.77	37.44	650m: 7:56.21	37.31	
	100m: 1:08.01	35.72	300m: 3:35.37	36.66	500m: 6:04.15	37.38	700m: 8:34.15	37.94	
	150m: 1:44.74	36.73	350m: 4:12.36	36.99	550m: 6:41.83	37.68	750m: 9:11.98	37.83	
	200m: 2:21.61	36.87	400m: 4:49.33	36.97	600m: 7:18.90	37.07	800m: 9:47.80	35.82	

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SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

КУБОК АЛЕКСАНДРА ПОПОВА

19, , 800m , (14-15)

								R.T.			
30.				29.11.2012	I			+0,72	9:49.48	I	553
	50m:	31.44	31.44	250m:	2:56.23	36.52	450m:	5:25.92	37.79	650m:	7:58.62 38.02
	100m:	1:06.99	35.55	300m:	3:33.40	37.17	500m:	6:04.08	38.16	700m:	8:36.48 37.86
	150m:	1:43.10	36.11	350m:	4:10.26	36.86	550m:	6:42.52	38.44	750m:	9:13.43 36.95
	200m:	2:19.71	36.61	400m:	4:48.13	37.87	600m:	7:20.60	38.08	800m:	9:49.48 36.05
31.				05.10.2012				+0,82	9:49.49	I	553
	50m:	32.49	32.49	250m:	2:58.39	37.41	450m:	5:27.73	38.05	650m:	7:58.95 38.30
	100m:	1:08.05	35.56	300m:	3:35.22	36.83	500m:	6:05.55	37.82	700m:	8:36.29 37.34
	150m:	1:44.74	36.69	350m:	4:12.61	37.39	550m:	6:43.04	37.49	750m:	9:13.66 37.37
	200m:	2:20.98	36.24	400m:	4:49.68	37.07	600m:	7:20.65	37.61	800m:	9:49.49 35.83
32.				16.04.2011	I			+0,71	9:53.09	I	543
	50m:	32.38	32.38	250m:	2:59.57	37.75	450m:	5:31.03	38.12	650m:	8:02.70 37.66
	100m:	1:07.61	35.23	300m:	3:36.81	37.24	500m:	6:08.84	37.81	700m:	8:40.33 37.63
	150m:	1:44.86	37.25	350m:	4:15.05	38.24	550m:	6:47.12	38.28	750m:	9:17.14 36.81
	200m:	2:21.82	36.96	400m:	4:52.91	37.86	600m:	7:25.04	37.92	800m:	9:53.09 35.95
33.				26.06.2011				+0,92	9:55.51	I	537
	50m:	32.63	32.63	250m:	3:01.76	36.57	450m:	5:33.42	39.00	650m:	8:06.25 37.19
	100m:	1:09.07	36.44	300m:	3:39.47	37.71	500m:	6:11.75	38.33	700m:	8:44.55 38.30
	150m:	1:46.25	37.18	350m:	4:16.36	36.89	550m:	6:50.32	38.57	750m:	9:20.90 36.35
	200m:	2:25.19	38.94	400m:	4:54.42	38.06	600m:	7:29.06	38.74	800m:	9:55.51 34.61
34.				26.05.2012	I			+0,87	9:55.61	I	536
	50m:	32.79	32.79	250m:	3:01.93	37.88	450m:	5:33.93	38.32	650m:	8:06.47 38.05
	100m:	1:09.14	36.35	300m:	3:40.00	38.07	500m:	6:11.81	37.88	700m:	8:44.51 38.04
	150m:	1:46.14	37.00	350m:	4:18.00	38.00	550m:	6:50.13	38.32	750m:	9:21.98 37.47
	200m:	2:24.05	37.91	400m:	4:55.61	37.61	600m:	7:28.42	38.29	800m:	9:55.61 33.63
35.				03.12.2011	I			+0,80	9:57.96	I	530
	50m:	32.38	32.38	250m:	3:00.14	37.81	450m:	5:32.62	38.08	650m:	8:05.57 37.89
	100m:	1:07.90	35.52	300m:	3:38.25	38.11	500m:	6:10.84	38.22	700m:	8:44.39 38.82
	150m:	1:44.96	37.06	350m:	4:16.35	38.10	550m:	6:49.20	38.36	750m:	9:21.48 37.09
	200m:	2:22.33	37.37	400m:	4:54.54	38.19	600m:	7:27.68	38.48	800m:	9:57.96 36.48
36.				30.06.2011				+0,73	9:59.65	I	526
	50m:	33.96	33.96	250m:	3:03.23	37.92	450m:	5:35.46	38.23	650m:	8:09.22 38.19
	100m:	1:10.20	36.24	300m:	3:41.15	37.92	500m:	6:13.97	38.51	700m:	8:46.53 37.31
	150m:	1:48.05	37.85	350m:	4:18.99	37.84	550m:	6:52.79	38.82	750m:	9:24.02 37.49
	200m:	2:25.31	37.26	400m:	4:57.23	38.24	600m:	7:31.03	38.24	800m:	9:59.65 35.63
37.				26.01.2012	I			+0,85	10:00.93	I	522
	50m:	33.10	33.10	250m:	3:03.79	38.39	450m:	5:35.87	38.30	650m:	8:09.09 38.00
	100m:	1:09.93	36.83	300m:	3:41.47	37.68	500m:	6:14.03	38.16	700m:	8:47.59 38.50
	150m:	1:47.74	37.81	350m:	4:19.73	38.26	550m:	6:52.54	38.51	750m:	9:25.97 38.38
	200m:	2:25.40	37.66	400m:	4:57.57	37.84	600m:	7:31.09	38.55	800m:	10:00.93 34.96
38.				10.12.2011	I			+0,80	10:01.05	I	522
	50m:	32.80	32.80	250m:	3:00.28	37.70	450m:	5:33.61	39.08	650m:	8:10.49 38.98
	100m:	1:08.48	35.68	300m:	3:38.76	38.48	500m:	6:13.04	39.43	700m:	8:49.00 38.51
	150m:	1:45.43	36.95	350m:	4:16.59	37.83	550m:	6:52.10	39.06	750m:	9:27.18 38.18
	200m:	2:22.58	37.15	400m:	4:54.53	37.94	600m:	7:31.51	39.41	800m:	10:01.05 33.87
39.				01.07.2012		-	-	+0,73	10:01.18	I	522
	50m:	33.13	33.13	250m:	3:04.54	37.75	450m:	5:37.04	37.90	650m:	8:08.28 37.97
	100m:	1:10.86	37.73	300m:	3:42.65	38.11	500m:	6:14.66	37.62	700m:	8:46.71 38.43
	150m:	1:48.58	37.72	350m:	4:20.80	38.15	550m:	6:52.44	37.78	750m:	9:24.14 37.43
	200m:	2:26.79	38.21	400m:	4:59.14	38.34	600m:	7:30.31	37.87	800m:	10:01.18 37.04

19, , 800m , (14-15)

									R.T.	
40.	21.09.2011								+0,89 10:02.34	519
	50m: 32.38	32.38	250m: 3:02.00	38.25	450m: 5:34.74	38.34	650m: 8:09.75	39.00		
	100m: 1:08.48	36.10	300m: 3:40.07	38.07	500m: 6:13.72	38.98	700m: 8:48.00	38.25		
	150m: 1:46.24	37.76	350m: 4:18.47	38.40	550m: 6:52.48	38.76	750m: 9:26.54	38.54		
	200m: 2:23.75	37.51	400m: 4:56.40	37.93	600m: 7:30.75	38.27	800m: 10:02.34	35.80		
41.	31.01.2012								+0,73 10:03.08	517
	50m: 33.04	33.04	250m: 3:04.95	38.27	450m: 5:38.53	38.87	650m: 8:11.91	38.35		
	100m: 1:10.57	37.53	300m: 3:43.00	38.05	500m: 6:16.75	38.22	700m: 8:50.19	38.28		
	150m: 1:48.34	37.77	350m: 4:21.11	38.11	550m: 6:55.01	38.26	750m: 9:27.25	37.06		
	200m: 2:26.68	38.34	400m: 4:59.66	38.55	600m: 7:33.56	38.55	800m: 10:03.08	35.83		
42.	27.11.2012								+0,69 10:05.19	511
	50m: 33.97	33.97	250m: 3:08.22	37.86	450m: 5:43.19	38.74	650m: 8:16.51	37.91		
	100m: 1:12.42	38.45	300m: 3:47.26	39.04	500m: 6:21.92	38.73	700m: 8:53.92	37.41		
	150m: 1:51.34	38.92	350m: 4:25.78	38.52	550m: 7:00.32	38.40	750m: 9:30.65	36.73		
	200m: 2:30.36	39.02	400m: 5:04.45	38.67	600m: 7:38.60	38.28	800m: 10:05.19	34.54		
43.	14.03.2012								+0,92 10:06.19	509
	50m: 32.75	32.75	250m: 2:59.37	37.50	450m: 5:32.90	38.77	650m: 8:08.80	38.95		
	100m: 1:08.51	35.76	300m: 3:37.47	38.10	500m: 6:11.54	38.64	700m: 8:48.20	39.40		
	150m: 1:44.61	36.10	350m: 4:15.60	38.13	550m: 6:50.71	39.17	750m: 9:27.86	39.66		
	200m: 2:21.87	37.26	400m: 4:54.13	38.53	600m: 7:29.85	39.14	800m: 10:06.19	38.33		
44.	20.07.2012								10:11.17	497
	50m: 34.16	34.16	250m: 3:05.45	38.30	450m: 5:40.26	39.25	650m: 8:15.64	39.15		
	100m: 1:11.05	36.89	300m: 3:42.94	37.49	500m: 6:18.86	38.60	700m: 8:54.52	38.88		
	150m: 1:48.69	37.64	350m: 4:21.62	38.68	550m: 6:58.40	39.54	750m: 9:33.90	39.38		
	200m: 2:27.15	38.46	400m: 5:01.01	39.39	600m: 7:36.49	38.09	800m: 10:11.17	37.27		
45.	09.06.2011								+0,92 10:12.75	493
	50m: 33.81	33.81	250m: 3:05.10	38.56	450m: 5:39.74	39.29	650m: 8:17.07	39.20		
	100m: 1:10.49	36.68	300m: 3:43.35	38.25	500m: 6:19.51	39.77	700m: 8:56.33	39.26		
	150m: 1:48.34	37.85	350m: 4:21.68	38.33	550m: 6:58.91	39.40	750m: 9:34.84	38.51		
	200m: 2:26.54	38.20	400m: 5:00.45	38.77	600m: 7:37.87	38.96	800m: 10:12.75	37.91		
46.	27.10.2011								+0,94 10:23.97	467
	50m: 33.62	33.62	250m: 3:05.45	38.95	450m: 5:45.52	40.21	650m: 8:26.47	41.47		
	100m: 1:10.37	36.75	300m: 3:44.79	39.34	500m: 6:25.39	39.87	700m: 9:05.77	39.30		
	150m: 1:48.18	37.81	350m: 4:25.42	40.63	550m: 7:05.31	39.92	750m: 9:46.35	40.58		
	200m: 2:26.50	38.32	400m: 5:05.31	39.89	600m: 7:45.00	39.69	800m: 10:23.97	37.62		
47.	03.12.2012								+0,70 10:27.45	459
	50m: 33.91	33.91	250m: 3:08.46	39.59	450m: 5:48.29	40.00	650m: 8:29.34	40.53		
	100m: 1:11.27	37.36	300m: 3:48.45	39.99	500m: 6:28.31	40.02	700m: 9:09.04	39.70		
	150m: 1:50.04	38.77	350m: 4:28.60	40.15	550m: 7:08.73	40.42	750m: 9:49.04	40.00		
	200m: 2:28.87	38.83	400m: 5:08.29	39.69	600m: 7:48.81	40.08	800m: 10:27.45	38.41		
48.	02.05.2012								+0,89 10:42.26	428
	50m: 34.96	34.96	250m: 3:13.94	40.51	450m: 5:55.52	41.32	650m: 8:40.93	41.75		
	100m: 1:13.60	38.64	300m: 3:52.80	38.86	500m: 6:36.36	40.84	700m: 9:22.24	41.31		
	150m: 1:53.49	39.89	350m: 4:33.08	40.28	550m: 7:17.67	41.31	750m: 10:03.15	40.91		
	200m: 2:33.43	39.94	400m: 5:14.20	41.12	600m: 7:59.18	41.51	800m: 10:42.26	39.11		