

15
16.10.2014 - 12:25

, 400m

4:04.51
4:06.0225.01.2006
16.11.2013

: FINA 2014

				/			R.T.			FINA		
1.				1999			+0,41 4:19.96			743		
	50m:	26.64	26.64	150m:	1:30.59	32.47	250m:	2:40.63	38.02	350m:	3:50.24	30.51
	100m:	58.12	31.48	200m:	2:02.61	32.02	300m:	3:19.73	39.10	400m:	4:19.96	29.72
2.				1994			4:22.88			718		
	50m:	28.10	28.10	150m:	1:33.09	33.32	250m:	2:44.33	38.09	350m:	3:52.94	30.50
	100m:	59.77	31.67	200m:	2:06.24	33.15	300m:	3:22.44	38.11	400m:	4:22.88	29.94
3.				1997			+0,76 4:23.44			714		
	50m:	29.37	29.37	150m:	1:36.44	33.52	250m:	2:47.06	37.31	350m:	3:54.21	29.55
	100m:	1:02.92	33.55	200m:	2:09.75	33.31	300m:	3:24.66	37.60	400m:	4:23.44	29.23
4.				1998			+0,79 4:24.71			704		
	50m:	27.51	27.51	150m:	1:32.76	33.18	250m:	2:44.60	39.05	350m:	3:54.17	30.99
	100m:	59.58	32.07	200m:	2:05.55	32.79	300m:	3:23.18	38.58	400m:	4:24.71	30.54
5.				1996			+0,78 4:25.43			698		
	50m:	27.69	27.69	150m:	1:33.17	33.80	250m:	2:44.62	37.73	350m:	3:54.45	31.68
	100m:	59.37	31.68	200m:	2:06.89	33.72	300m:	3:22.77	38.15	400m:	4:25.43	30.98
6.				1994			+0,79 4:25.53			697		
	50m:	28.48	28.48	150m:	1:36.51	34.72	250m:	2:45.75	35.13	350m:	3:54.09	31.84
	100m:	1:01.79	33.31	200m:	2:10.62	34.11	300m:	3:22.25	36.50	400m:	4:25.53	31.44
7.				1993			+0,70 4:27.56			681		
	50m:	28.44	28.44	150m:	1:35.56	34.11	250m:	2:46.53	37.54	350m:	3:56.40	31.26
	100m:	1:01.45	33.01	200m:	2:08.99	33.43	300m:	3:25.14	38.61	400m:	4:27.56	31.16
8.				1996			+0,76 4:27.76			680		
	50m:	28.10	28.10	150m:	1:34.89	33.88	250m:	2:46.74	38.14	350m:	3:57.51	31.24
	100m:	1:01.01	32.91	200m:	2:08.60	33.71	300m:	3:26.27	39.53	400m:	4:27.76	30.25
9.				1994			+0,48 4:30.17			662		
	50m:	27.85	27.85	150m:	1:35.13	34.73	250m:	2:48.03	38.45	350m:	3:59.72	32.07
	100m:	1:00.40	32.55	200m:	2:09.58	34.45	300m:	3:27.65	39.62	400m:	4:30.17	30.45
10.				1995			+0,76 4:30.28			661		
	50m:	27.22	27.22	150m:	1:34.23	34.61	250m:	2:47.29	38.61	350m:	3:59.14	32.27
	100m:	59.62	32.40	200m:	2:08.68	34.45	300m:	3:26.87	39.58	400m:	4:30.28	31.14
11.				1996			+0,54 4:30.88			657		
	50m:	28.79	28.79	150m:	1:37.31	34.21	250m:	2:49.53	37.52	350m:	3:59.55	32.04
	100m:	1:03.10	34.31	200m:	2:12.01	34.70	300m:	3:27.51	37.98	400m:	4:30.88	31.33
12.				1994			4:31.03			656		
	50m:	28.59	28.59	150m:	1:36.96	34.97	250m:	2:50.66	39.03	350m:	3:59.92	30.86
	100m:	1:01.99	33.40	200m:	2:11.63	34.67	300m:	3:29.06	38.40	400m:	4:31.03	31.11
13.				1998			+0,63 4:34.27			633		
	50m:	29.52	29.52	150m:	1:40.68	37.11	250m:	2:53.01	36.00	350m:	4:02.38	32.82
	100m:	1:03.57	34.05	200m:	2:17.01	36.33	300m:	3:29.56	36.55	400m:	4:34.27	31.89
14.				1992			+0,69 4:34.31			632		
	50m:	28.72	28.72	150m:	1:35.51	33.79	250m:	2:47.62	38.79	350m:	4:00.89	33.76
	100m:	1:01.72	33.00	200m:	2:08.83	33.32	300m:	3:27.13	39.51	400m:	4:34.31	33.42
15.				1996			+0,44 4:38.14			606		
	50m:	28.79	28.79	150m:	1:38.17	35.92	250m:	2:53.68	39.23	350m:	4:05.94	32.42
	100m:	1:02.25	33.46	200m:	2:14.45	36.28	300m:	3:33.52	39.84	400m:	4:38.14	32.20
16.				1997			+0,59 4:39.39			598		
	50m:	27.61	27.61	150m:	1:35.29	34.63	250m:	2:50.88	40.23	350m:	4:06.43	33.90
	100m:	1:00.66	33.05	200m:	2:10.65	35.36	300m:	3:32.53	41.65	400m:	4:39.39	32.96

15,		, 400m						R.T.		FINA			
17.				1998					4:39.43		598		
	50m:	28.41	28.41	150m:	1:37.56	34.45	250m:	2:53.76	41.91	350m:	4:07.49	32.50	
	100m:	1:03.11	34.70	200m:	2:11.85	34.29	300m:	3:34.99	41.23	400m:	4:39.43	31.94	
18.				1999					+0,70	4:42.14	581		
	50m:	32.06	32.06	150m:	1:43.74	37.75	250m:	2:58.71	38.66	350m:	4:10.81	32.36	
	100m:	1:05.99	33.93	200m:	2:20.05	36.31	300m:	3:38.45	39.74	400m:	4:42.14	31.33	
19.				1996					-	+0,70	4:42.78	577	
	50m:	28.81	28.81	150m:	1:38.52	37.01	250m:	2:53.76	39.76	350m:	4:08.68	34.03	
	100m:	1:01.51	32.70	200m:	2:14.00	35.48	300m:	3:34.65	40.89	400m:	4:42.78	34.10	
20.				1997						4:44.10	569		
	50m:	28.67	28.67	150m:	1:39.52	36.92	250m:	2:55.77	40.65	350m:	4:11.08	34.26	
	100m:	1:02.60	33.93	200m:	2:15.12	35.60	300m:	3:36.82	41.05	400m:	4:44.10	33.02	
21.				1998						+0,78	4:44.13	569	
	50m:	31.44	31.44	150m:	1:43.86	36.24	250m:	2:58.58	38.77	350m:	4:12.01	33.88	
	100m:	1:07.62	36.18	200m:	2:19.81	35.95	300m:	3:38.13	39.55	400m:	4:44.13	32.12	
22.				1999						4:44.70	565		
	50m:	29.63	29.63	150m:	1:39.34	35.41	250m:	2:55.26	41.21	350m:	4:12.21	34.59	
	100m:	1:03.93	34.30	200m:	2:14.05	34.71	300m:	3:37.62	42.36	400m:	4:44.70	32.49	
23.				1997						4:47.96	I	546	
	50m:	28.56	28.56	150m:	1:41.04	38.17	250m:	2:58.75	40.87	350m:	4:13.19	36.05	
	100m:	1:02.87	34.31	200m:	2:17.88	36.84	300m:	3:37.14	38.39	400m:	4:47.96	34.77	
24.				1999						+0,65	4:57.55	I	495
	50m:	30.52	30.52	150m:	1:45.18	38.82	250m:	3:05.76	42.69	350m:	4:24.50	33.74	
	100m:	1:06.36	35.84	200m:	2:23.07	37.89	300m:	3:50.76	45.00	400m:	4:57.55	33.05	
25.				1998						4:58.50	I	491	
	50m:	30.87	30.87	150m:	1:45.36	38.19	250m:	3:04.74	41.63	350m:	4:23.34	35.86	
	100m:	1:07.17	36.30	200m:	2:23.11	37.75	300m:	3:47.48	42.74	400m:	4:58.50	35.16	
26.				1999						+0,72	5:00.76	I	480
	50m:	29.78	29.78	150m:	1:44.99	39.19	250m:	3:07.28	44.21	350m:	4:26.74	35.36	
	100m:	1:05.80	36.02	200m:	2:23.07	38.08	300m:	3:51.38	44.10	400m:	5:00.76	34.02	
27.				1999						5:04.78	I	461	
	50m:	30.72	30.72	150m:	1:46.07	38.72	250m:	3:10.16	44.45	350m:	4:29.79	35.02	
	100m:	1:07.35	36.63	200m:	2:25.71	39.64	300m:	3:54.77	44.61	400m:	5:04.78	34.99	
DSQ				1998							I		
DSQ				1997							I		