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, 08 - 11 2019

37 , 400m
11.10.2019 - 10:53

		3:58.90		RUS		(CAN)		09.12.2016				
		4:03.08						10.11.2015				
: FINA 2019												
		/		R.T.		FINA						
1.			1998			+0,73	4:12.66		793			
	25m:	13.48	13.48	125m:	1:16.37	15.97	225m:	2:20.52	15.96	325m:	3:25.46	16.08
	50m:	28.73	15.25	150m:	1:32.51	16.14	250m:	2:36.85	16.33	350m:	3:41.59	16.13
	75m:	44.37	15.64	175m:	1:48.41	15.90	275m:	2:53.05	16.20	375m:	3:57.40	15.81
	100m:	1:00.40	16.03	200m:	2:04.56	16.15	300m:	3:09.38	16.33	400m:	4:12.66	15.26
2.			2001			+0,79	4:13.02		790			
	25m:	14.17	14.17	125m:	1:16.54	15.87	225m:	2:20.79	16.25	325m:	3:26.35	16.63
	50m:	29.54	15.37	150m:	1:32.42	15.88	250m:	2:36.86	16.07	350m:	3:42.29	15.94
	75m:	45.18	15.64	175m:	1:48.58	16.16	275m:	2:53.48	16.62	375m:	3:58.28	15.99
	100m:	1:00.67	15.49	200m:	2:04.54	15.96	300m:	3:09.72	16.24	400m:	4:13.02	14.74
3.			1998			+0,73	4:15.76		765			
	25m:	13.88	13.88	125m:	1:17.11	15.89	225m:	2:21.99	16.31	325m:	3:27.22	16.29
	50m:	29.40	15.52	150m:	1:33.25	16.14	250m:	2:38.35	16.36	350m:	3:43.60	16.38
	75m:	45.16	15.76	175m:	1:49.39	16.14	275m:	2:54.65	16.30	375m:	3:59.96	16.36
	100m:	1:01.22	16.06	200m:	2:05.68	16.29	300m:	3:10.93	16.28	400m:	4:15.76	15.80
4.			2005			+0,84	4:20.69		722			
	25m:	13.82	13.82	125m:	1:17.43	16.61	225m:	2:24.69	16.82	325m:	3:31.99	16.81
	50m:	28.87	15.05	150m:	1:34.10	16.67	250m:	2:41.56	16.87	350m:	3:48.66	16.67
	75m:	44.66	15.79	175m:	1:50.95	16.85	275m:	2:58.46	16.90	375m:	4:05.07	16.41
	100m:	1:00.82	16.16	200m:	2:07.87	16.92	300m:	3:15.18	16.72	400m:	4:20.69	15.62
5.			2002			+0,83	4:23.50		699			
	25m:	14.35	14.35	125m:	1:18.86	16.39	225m:	2:25.95	16.87	325m:	3:33.77	17.14
	50m:	30.02	15.67	150m:	1:35.46	16.60	250m:	2:42.70	16.75	350m:	3:50.67	16.90
	75m:	46.03	16.01	175m:	1:52.28	16.82	275m:	2:59.62	16.92	375m:	4:07.60	16.93
	100m:	1:02.47	16.44	200m:	2:09.08	16.80	300m:	3:16.63	17.01	400m:	4:23.50	15.90
6.			2003			+0,79	4:26.05		679			
	25m:	14.41	14.41	125m:	1:19.95	16.52	225m:	2:28.09	17.00	325m:	3:36.46	16.51
	50m:	30.43	16.02	150m:	1:36.89	16.94	250m:	2:45.51	17.42	350m:	3:53.52	17.06
	75m:	46.61	16.18	175m:	1:53.92	17.03	275m:	3:02.57	17.06	375m:	4:10.12	16.60
	100m:	1:03.43	16.82	200m:	2:11.09	17.17	300m:	3:19.95	17.38	400m:	4:26.05	15.93
7.			2002			+0,77	4:26.71		674			
	25m:	14.94	14.94	125m:	1:22.73	17.19	225m:	2:30.73	16.97	325m:	3:37.48	16.83
	50m:	31.43	16.49	150m:	1:39.78	17.05	250m:	2:47.41	16.68	350m:	3:54.02	16.54
	75m:	48.42	16.99	175m:	1:56.89	17.11	275m:	3:04.30	16.89	375m:	4:10.91	16.89
	100m:	1:05.54	17.12	200m:	2:13.76	16.87	300m:	3:20.65	16.35	400m:	4:26.71	15.80
8.			2003			+0,80	4:28.23		663			
	25m:	14.40	14.40	125m:	1:19.40	16.53	225m:	2:28.10	17.18	325m:	3:37.33	17.43
	50m:	30.10	15.70	150m:	1:36.72	17.32	250m:	2:45.34	17.24	350m:	3:54.79	17.46
	75m:	46.28	16.18	175m:	1:53.55	16.83	275m:	3:02.60	17.26	375m:	4:12.09	17.30
	100m:	1:02.87	16.59	200m:	2:10.92	17.37	300m:	3:19.90	17.30	400m:	4:28.23	16.14
9.			2004			+0,61	4:28.28		662			
	25m:	14.81	14.81	125m:	1:21.29	17.05	225m:	2:30.83	17.35	325m:	3:39.48	17.10
	50m:	30.79	15.98	150m:	1:38.48	17.19	250m:	2:47.98	17.15	350m:	3:56.33	16.85
	75m:	47.45	16.66	175m:	1:56.00	17.52	275m:	3:05.25	17.27	375m:	4:12.88	16.55
	100m:	1:04.24	16.79	200m:	2:13.48	17.48	300m:	3:22.38	17.13	400m:	4:28.28	15.40

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, 08 - 11 2019

37, , 400m

							R.T.				FINA	
10.	2003						+0,80	4:28.59			660	
	25m:	15.00	15.00	125m:	1:23.00	17.01	225m:	2:31.25	16.56	325m:	3:38.85	16.63
	50m:	31.87	16.87	150m:	1:40.34	17.34	250m:	2:48.26	17.01	350m:	3:55.86	17.01
	75m:	48.76	16.89	175m:	1:57.52	17.18	275m:	3:05.18	16.92	375m:	4:12.49	16.63
	100m:	1:05.99	17.23	200m:	2:14.69	17.17	300m:	3:22.22	17.04	400m:	4:28.59	16.10
11.	2004						+0,83	4:28.83			658	
	25m:	14.68	14.68	125m:	1:20.73	16.92	225m:	2:29.10	17.17	325m:	3:37.77	17.05
	50m:	30.75	16.07	150m:	1:37.65	16.92	250m:	2:45.78	16.68	350m:	3:55.31	17.54
	75m:	47.35	16.60	175m:	1:54.83	17.18	275m:	3:03.35	17.57	375m:	4:12.66	17.35
	100m:	1:03.81	16.46	200m:	2:11.93	17.10	300m:	3:20.72	17.37	400m:	4:28.83	16.17
12.	2005						+0,79	4:30.35			647	
	25m:	14.56	14.56	125m:	1:20.18	17.03	225m:	2:28.76	17.25	325m:	3:38.56	17.49
	50m:	30.34	15.78	150m:	1:37.04	16.86	250m:	2:46.38	17.62	350m:	3:56.08	17.52
	75m:	46.52	16.18	175m:	1:53.99	16.95	275m:	3:03.57	17.19	375m:	4:13.63	17.55
	100m:	1:03.15	16.63	200m:	2:11.51	17.52	300m:	3:21.07	17.50	400m:	4:30.35	16.72
13.	2005						+0,73	4:30.50			646	
	25m:	14.53	14.53	125m:	1:20.68	16.63	225m:	2:29.20	16.92	325m:	3:38.87	17.25
	50m:	30.87	16.34	150m:	1:37.77	17.09	250m:	2:46.52	17.32	350m:	3:56.62	17.75
	75m:	47.42	16.55	175m:	1:54.66	16.89	275m:	3:03.89	17.37	375m:	4:13.91	17.29
	100m:	1:04.05	16.63	200m:	2:12.28	17.62	300m:	3:21.62	17.73	400m:	4:30.50	16.59
14.	2005 I						+0,76	4:31.15			642	
	25m:	14.68	14.68	125m:	1:22.74	17.29	225m:	2:31.58	17.06	325m:	3:40.42	17.42
	50m:	31.00	16.32	150m:	1:39.89	17.15	250m:	2:48.51	16.93	350m:	3:57.73	17.31
	75m:	48.14	17.14	175m:	1:57.22	17.33	275m:	3:05.78	17.27	375m:	4:15.31	17.58
	100m:	1:05.45	17.31	200m:	2:14.52	17.30	300m:	3:23.00	17.22	400m:	4:31.15	15.84
15.	2005						+0,83	4:31.56			639	
	25m:	14.66	14.66	125m:	1:21.94	17.24	225m:	2:31.03	17.34	325m:	3:40.45	17.18
	50m:	30.78	16.12	150m:	1:38.99	17.05	250m:	2:48.47	17.44	350m:	3:57.96	17.51
	75m:	47.78	17.00	175m:	1:56.20	17.21	275m:	3:05.86	17.39	375m:	4:15.12	17.16
	100m:	1:04.70	16.92	200m:	2:13.69	17.49	300m:	3:23.27	17.41	400m:	4:31.56	16.44
16.	2005						+0,41	4:32.51			632	
	25m:	14.69	14.69	125m:	1:22.64	17.45	225m:	2:32.55	17.23	325m:	3:42.10	17.32
	50m:	30.86	16.17	150m:	1:40.13	17.49	250m:	2:49.94	17.39	350m:	3:59.62	17.52
	75m:	47.67	16.81	175m:	1:57.67	17.54	275m:	3:07.37	17.43	375m:	4:16.47	16.85
	100m:	1:05.19	17.52	200m:	2:15.32	17.65	300m:	3:24.78	17.41	400m:	4:32.51	16.04
17.	2006						+0,88	4:33.25			627	
	25m:	14.53	14.53	125m:	1:21.73	17.21	225m:	2:31.14	17.20	325m:	3:41.87	17.64
	50m:	30.76	16.23	150m:	1:39.22	17.49	250m:	2:48.89	17.75	350m:	3:59.89	18.02
	75m:	47.22	16.46	175m:	1:56.34	17.12	275m:	3:06.43	17.54	375m:	4:16.91	17.02
	100m:	1:04.52	17.30	200m:	2:13.94	17.60	300m:	3:24.23	17.80	400m:	4:33.25	16.34
18.	2004						+0,70	4:33.68			624	
	25m:	15.44	15.44	125m:	1:23.20	17.46	225m:	2:32.83	17.63	325m:	3:42.59	17.56
	50m:	31.79	16.35	150m:	1:40.55	17.35	250m:	2:50.11	17.28	350m:	3:59.66	17.07
	75m:	48.96	17.17	175m:	1:58.13	17.58	275m:	3:07.76	17.65	375m:	4:17.43	17.77
	100m:	1:05.74	16.78	200m:	2:15.20	17.07	300m:	3:25.03	17.27	400m:	4:33.68	16.25
19.	2003						+0,83	4:34.78			616	
	25m:	14.67	14.67	125m:	1:22.19	17.49	225m:	2:33.03	17.67	325m:	3:43.50	17.27
	50m:	30.63	15.96	150m:	1:39.83	17.64	250m:	2:50.80	17.77	350m:	4:00.91	17.41
	75m:	47.41	16.78	175m:	1:57.49	17.66	275m:	3:08.64	17.84	375m:	4:18.29	17.38
	100m:	1:04.70	17.29	200m:	2:15.36	17.87	300m:	3:26.23	17.59	400m:	4:34.78	16.49

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, 08 - 11 2019

37, , 400m

					R.T.				FINA			
20.	2005				+0,82				4:35.47		612	
	25m:	14.51	14.51	125m:	1:22.76	17.49	225m:	2:33.35	17.56	325m:	3:44.16	17.31
	50m:	30.89	16.38	150m:	1:40.25	17.49	250m:	2:51.28	17.93	350m:	4:01.82	17.66
	75m:	47.93	17.04	175m:	1:57.93	17.68	275m:	3:09.03	17.75	375m:	4:19.13	17.31
	100m:	1:05.27	17.34	200m:	2:15.79	17.86	300m:	3:26.85	17.82	400m:	4:35.47	16.34
21.	2004				+0,96				4:36.48		605	
	25m:	15.18	15.18	125m:	1:24.37	17.39	225m:	2:33.94	17.46	325m:	3:43.92	17.63
	50m:	32.23	17.05	150m:	1:42.06	17.69	250m:	2:51.58	17.64	350m:	4:01.93	18.01
	75m:	49.36	17.13	175m:	1:59.16	17.10	275m:	3:08.88	17.30	375m:	4:19.75	17.82
	100m:	1:06.98	17.62	200m:	2:16.48	17.32	300m:	3:26.29	17.41	400m:	4:36.48	16.73
22.	2005				+0,77				4:36.60		604	
	25m:	15.38	15.38	125m:	1:24.36	17.25	225m:	2:34.64	17.29	325m:	3:45.04	17.26
	50m:	32.34	16.96	150m:	1:42.11	17.75	250m:	2:52.65	18.01	350m:	4:02.88	17.84
	75m:	49.55	17.21	175m:	1:59.42	17.31	275m:	3:10.01	17.36	375m:	4:19.91	17.03
	100m:	1:07.11	17.56	200m:	2:17.35	17.93	300m:	3:27.78	17.77	400m:	4:36.60	16.69
23.	2002								4:37.57		598	
	25m:	14.81	14.81	125m:	1:20.24	17.19	225m:	2:31.16	18.07	325m:	3:44.59	18.36
	50m:	30.27	15.46	150m:	1:37.61	17.37	250m:	2:49.29	18.13	350m:	4:02.75	18.16
	75m:	46.45	16.18	175m:	1:55.22	17.61	275m:	3:08.01	18.72	375m:	4:20.67	17.92
	100m:	1:03.05	16.60	200m:	2:13.09	17.87	300m:	3:26.23	18.22	400m:	4:37.57	16.90
24.	2005				+0,69				4:37.85		596	
	25m:	15.03	15.03	125m:	1:22.77	17.23	225m:	2:33.52	17.51	325m:	3:45.71	18.00
	50m:	31.45	16.42	150m:	1:40.34	17.57	250m:	2:51.61	18.09	350m:	4:03.73	18.02
	75m:	48.40	16.95	175m:	1:58.06	17.72	275m:	3:09.66	18.05	375m:	4:21.09	17.36
	100m:	1:05.54	17.14	200m:	2:16.01	17.95	300m:	3:27.71	18.05	400m:	4:37.85	16.76
25.	2005				+0,81				4:38.03		595	
	25m:	14.44	14.44	125m:	1:20.33	17.33	225m:	2:31.98	18.08	325m:	3:44.36	18.30
	50m:	30.11	15.67	150m:	1:37.85	17.52	250m:	2:49.88	17.90	350m:	4:02.41	18.05
	75m:	46.18	16.07	175m:	1:55.81	17.96	275m:	3:08.24	18.36	375m:	4:20.70	18.29
	100m:	1:03.00	16.82	200m:	2:13.90	18.09	300m:	3:26.06	17.82	400m:	4:38.03	17.33
26.	2003				+0,83				4:38.06		595	
	25m:	14.68	14.68	125m:	1:22.33	17.22	225m:	2:33.00	17.84	325m:	3:45.09	18.34
	50m:	30.94	16.26	150m:	1:39.81	17.48	250m:	2:50.59	17.59	350m:	4:03.40	18.31
	75m:	47.97	17.03	175m:	1:57.49	17.68	275m:	3:08.72	18.13	375m:	4:21.02	17.62
	100m:	1:05.11	17.14	200m:	2:15.16	17.67	300m:	3:26.75	18.03	400m:	4:38.06	17.04
27.	2005				+0,84				4:38.09		595	
	25m:	15.36	15.36	125m:	1:25.71	17.99	225m:	2:37.56	17.79	325m:	3:46.97	17.33
	50m:	32.72	17.36	150m:	1:43.69	17.98	250m:	2:54.93	17.37	350m:	4:04.72	17.75
	75m:	50.07	17.35	175m:	2:01.78	18.09	275m:	3:11.90	16.97	375m:	4:21.61	16.89
	100m:	1:07.72	17.65	200m:	2:19.77	17.99	300m:	3:29.64	17.74	400m:	4:38.09	16.48
28.	2005				+0,79				4:38.99		589	
	25m:	15.28	15.28	125m:	1:24.22	17.82	225m:	2:35.63	17.76	325m:	3:46.70	17.53
	50m:	31.63	16.35	150m:	1:42.13	17.91	250m:	2:53.15	17.52	350m:	4:04.76	18.06
	75m:	48.93	17.30	175m:	2:00.10	17.97	275m:	3:11.26	18.11	375m:	4:22.63	17.87
	100m:	1:06.40	17.47	200m:	2:17.87	17.77	300m:	3:29.17	17.91	400m:	4:38.99	16.36
29.	2002				+0,89				4:39.04		589	
	25m:	15.00	15.00	125m:	1:22.67	17.79	225m:	2:35.35	18.71	325m:	3:48.13	18.18
	50m:	31.02	16.02	150m:	1:40.71	18.04	250m:	2:53.72	18.37	350m:	4:06.68	18.55
	75m:	47.72	16.70	175m:	1:58.98	18.27	275m:	3:11.68	17.96	375m:	4:23.53	16.85
	100m:	1:04.88	17.16	200m:	2:16.64	17.66	300m:	3:29.95	18.27	400m:	4:39.04	15.51

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, 08 - 11 2019

37, , 400m

					R.T.				FINA			
30.	2003				+0,65				4:39.63	I	585	
	25m:	14.42	14.42	125m:	1:24.03	18.14	225m:	2:36.64	18.65	325m:	3:48.67	17.91
	50m:	30.95	16.53	150m:	1:42.03	18.00	250m:	2:54.88	18.24	350m:	4:06.27	17.60
	75m:	48.57	17.62	175m:	2:00.10	18.07	275m:	3:13.13	18.25	375m:	4:23.47	17.20
	100m:	1:05.89	17.32	200m:	2:17.99	17.89	300m:	3:30.76	17.63	400m:	4:39.63	16.16
31.	2005				+0,71				4:39.70	I	584	
	25m:	14.98	14.98	125m:	1:23.88	17.49	225m:	2:34.71	18.03	325m:	3:46.46	17.63
	50m:	31.62	16.64	150m:	1:41.59	17.71	250m:	2:52.88	18.17	350m:	4:04.37	17.91
	75m:	48.84	17.22	175m:	1:59.24	17.65	275m:	3:10.72	17.84	375m:	4:22.27	17.90
	100m:	1:06.39	17.55	200m:	2:16.68	17.44	300m:	3:28.83	18.11	400m:	4:39.70	17.43
32.	2001				+0,85				4:40.18	I	581	
	25m:	14.89	14.89	125m:	1:23.90	17.69	225m:	2:35.56	18.20	325m:	3:47.82	17.96
	50m:	31.66	16.77	150m:	1:41.88	17.98	250m:	2:53.56	18.00	350m:	4:05.75	17.93
	75m:	48.54	16.88	175m:	1:59.48	17.60	275m:	3:11.38	17.82	375m:	4:23.48	17.73
	100m:	1:06.21	17.67	200m:	2:17.36	17.88	300m:	3:29.86	18.48	400m:	4:40.18	16.70
33.	2004 I				+0,57				4:40.95	I	577	
	25m:	14.35	14.35	125m:	1:21.52	17.03	225m:	2:32.33	18.17	325m:	3:46.29	18.39
	50m:	30.62	16.27	150m:	1:38.67	17.15	250m:	2:50.84	18.51	350m:	4:05.04	18.75
	75m:	47.50	16.88	175m:	1:56.22	17.55	275m:	3:09.22	18.38	375m:	4:23.32	18.28
	100m:	1:04.49	16.99	200m:	2:14.16	17.94	300m:	3:27.90	18.68	400m:	4:40.95	17.63
34.	2004 I				+0,80				4:41.49	I	573	
	25m:	14.97	14.97	125m:	1:24.33	17.83	225m:	2:36.01	18.17	325m:	3:48.49	17.99
	50m:	31.61	16.64	150m:	1:41.95	17.62	250m:	2:54.17	18.16	350m:	4:06.44	17.95
	75m:	48.90	17.29	175m:	2:00.06	18.11	275m:	3:12.31	18.14	375m:	4:24.34	17.90
	100m:	1:06.50	17.60	200m:	2:17.84	17.78	300m:	3:30.50	18.19	400m:	4:41.49	17.15
35.	2002				+0,82				4:41.70	I	572	
	25m:	14.55	14.55	125m:	1:23.51	17.68	225m:	2:35.27	18.18	325m:	3:47.69	18.14
	50m:	31.42	16.87	150m:	1:41.31	17.80	250m:	2:53.24	17.97	350m:	4:05.98	18.29
	75m:	48.41	16.99	175m:	1:59.19	17.88	275m:	3:11.37	18.13	375m:	4:24.20	18.22
	100m:	1:05.83	17.42	200m:	2:17.09	17.90	300m:	3:29.55	18.18	400m:	4:41.70	17.50
36.	2006 I				+1,05				4:42.23	I	569	
	25m:	15.26	15.26	125m:	1:24.93	17.88	225m:	2:37.23	18.11	325m:	3:49.55	18.01
	50m:	31.87	16.61	150m:	1:43.02	18.09	250m:	2:55.49	18.26	350m:	4:07.34	17.79
	75m:	49.22	17.35	175m:	2:01.05	18.03	275m:	3:13.61	18.12	375m:	4:25.29	17.95
	100m:	1:07.05	17.83	200m:	2:19.12	18.07	300m:	3:31.54	17.93	400m:	4:42.23	16.94
37.	2003				+0,77				4:42.38	I	568	
	25m:	14.42	14.42	125m:	1:22.30	17.56	225m:	2:34.52	18.02	325m:	3:48.49	18.39
	50m:	30.76	16.34	150m:	1:40.45	18.15	250m:	2:53.11	18.59	350m:	4:07.26	18.77
	75m:	47.37	16.61	175m:	1:58.32	17.87	275m:	3:11.43	18.32	375m:	4:25.40	18.14
	100m:	1:04.74	17.37	200m:	2:16.50	18.18	300m:	3:30.10	18.67	400m:	4:42.38	16.98
38.	2002				+0,88				4:42.93	I	565	
	25m:	14.94	14.94	125m:	1:24.33	17.65	225m:	2:37.02	18.32	325m:	3:49.48	18.03
	50m:	31.80	16.86	150m:	1:42.49	18.16	250m:	2:55.53	18.51	350m:	4:08.00	18.52
	75m:	48.87	17.07	175m:	2:00.39	17.90	275m:	3:13.29	17.76	375m:	4:25.62	17.62
	100m:	1:06.68	17.81	200m:	2:18.70	18.31	300m:	3:31.45	18.16	400m:	4:42.93	17.31
39.	2006 I				+0,77				4:42.96	I	564	
	25m:	15.51	15.51	125m:	1:25.10	17.77	225m:	2:36.89	17.96	325m:	3:49.72	18.04
	50m:	32.39	16.88	150m:	1:43.09	17.99	250m:	2:55.10	18.21	350m:	4:08.14	18.42
	75m:	49.82	17.43	175m:	2:00.85	17.76	275m:	3:13.38	18.28	375m:	4:25.75	17.61
	100m:	1:07.33	17.51	200m:	2:18.93	18.08	300m:	3:31.68	18.30	400m:	4:42.96	17.21

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, 08 - 11 2019

37, , 400m

					R.T.				FINA			
40.	2005 I				+0,67 4:43.24 I				563			
	25m:	14.62	14.62	125m:	1:25.05	17.99	225m:	2:38.37	18.28	325m:	3:51.19	18.14
	50m:	31.14	16.52	150m:	1:43.27	18.22	250m:	2:56.46	18.09	350m:	4:09.28	18.09
	75m:	48.63	17.49	175m:	2:01.49	18.22	275m:	3:14.92	18.46	375m:	4:26.56	17.28
	100m:	1:07.06	18.43	200m:	2:20.09	18.60	300m:	3:33.05	18.13	400m:	4:43.24	16.68
41.	2005 I				+0,80 4:44.52 I				555			
	25m:	15.39	15.39	125m:	1:25.01	17.91	225m:	2:37.71	18.20	325m:	3:51.60	18.55
	50m:	32.12	16.73	150m:	1:42.93	17.92	250m:	2:56.03	18.32	350m:	4:10.23	18.63
	75m:	49.54	17.42	175m:	2:01.29	18.36	275m:	3:14.67	18.64	375m:	4:28.02	17.79
	100m:	1:07.10	17.56	200m:	2:19.51	18.22	300m:	3:33.05	18.38	400m:	4:44.52	16.50
42.	2003				+0,89 4:44.81 I				554			
	25m:	14.95	14.95	125m:	1:24.08	17.79	225m:	2:36.92	18.60	325m:	3:50.67	18.61
	50m:	31.48	16.53	150m:	1:41.83	17.75	250m:	2:55.20	18.28	350m:	4:08.75	18.08
	75m:	48.72	17.24	175m:	1:59.96	18.13	275m:	3:13.79	18.59	375m:	4:27.35	18.60
	100m:	1:06.29	17.57	200m:	2:18.32	18.36	300m:	3:32.06	18.27	400m:	4:44.81	17.46
43.	2001				+0,87 4:45.24 I				551			
	25m:	14.90	14.90	125m:	1:22.75	17.60	225m:	2:34.85	18.45	325m:	3:49.58	18.98
	50m:	30.84	15.94	150m:	1:40.30	17.55	250m:	2:53.25	18.40	350m:	4:08.11	18.53
	75m:	47.91	17.07	175m:	1:58.36	18.06	275m:	3:12.02	18.77	375m:	4:26.92	18.81
	100m:	1:05.15	17.24	200m:	2:16.40	18.04	300m:	3:30.60	18.58	400m:	4:45.24	18.32
44.	2004				+0,62 4:45.26 I				551			
	25m:	14.44	14.44	125m:	1:23.90	17.56	225m:	2:36.37	17.93	325m:	3:50.40	18.38
	50m:	31.35	16.91	150m:	1:42.06	18.16	250m:	2:55.08	18.71	350m:	4:09.26	18.86
	75m:	48.35	17.00	175m:	2:00.06	18.00	275m:	3:13.10	18.02	375m:	4:27.39	18.13
	100m:	1:06.34	17.99	200m:	2:18.44	18.38	300m:	3:32.02	18.92	400m:	4:45.26	17.87
45.	2005				+0,67 4:46.31 I				545			
	25m:	15.08	15.08	125m:	1:24.64	18.05	225m:	2:37.64	18.48	325m:	3:51.26	18.42
	50m:	31.67	16.59	150m:	1:42.71	18.07	250m:	2:55.98	18.34	350m:	4:09.53	18.27
	75m:	48.99	17.32	175m:	2:00.90	18.19	275m:	3:14.44	18.46	375m:	4:28.45	18.92
	100m:	1:06.59	17.60	200m:	2:19.16	18.26	300m:	3:32.84	18.40	400m:	4:46.31	17.86
46.	2006				+0,69 4:46.88 I				542			
	25m:	15.73	15.73	125m:	1:25.81	18.17	225m:	2:39.62	18.84	325m:	3:54.09	18.81
	50m:	32.54	16.81	150m:	1:43.87	18.06	250m:	2:58.47	18.85	350m:	4:12.97	18.88
	75m:	50.09	17.55	175m:	2:02.33	18.46	275m:	3:17.01	18.54	375m:	4:30.64	17.67
	100m:	1:07.64	17.55	200m:	2:20.78	18.45	300m:	3:35.28	18.27	400m:	4:46.88	16.24
47.	2002				+0,85 4:46.89 I				542			
	25m:	15.14	15.14	125m:	1:25.06	17.65	225m:	2:37.76	18.08	325m:	3:51.80	18.32
	50m:	32.00	16.86	150m:	1:43.18	18.12	250m:	2:56.38	18.62	350m:	4:10.53	18.73
	75m:	49.52	17.52	175m:	2:01.18	18.00	275m:	3:14.75	18.37	375m:	4:28.79	18.26
	100m:	1:07.41	17.89	200m:	2:19.68	18.50	300m:	3:33.48	18.73	400m:	4:46.89	18.10
48.	2004 I				+0,77 4:46.95 I				541			
	25m:	15.70	15.70	125m:	1:26.55	18.38	225m:	2:40.31	18.52	325m:	3:54.00	18.46
	50m:	32.86	17.16	150m:	1:44.89	18.34	250m:	2:59.02	18.71	350m:	4:12.29	18.29
	75m:	50.39	17.53	175m:	2:03.49	18.60	275m:	3:17.34	18.32	375m:	4:30.39	18.10
	100m:	1:08.17	17.78	200m:	2:21.79	18.30	300m:	3:35.54	18.20	400m:	4:46.95	16.56
49.	2004 I				+0,86 4:47.17 I				540			
	25m:	14.89	14.89	125m:	1:25.02	18.17	225m:	2:38.71	18.61	325m:	3:53.03	18.69
	50m:	31.42	16.53	150m:	1:43.11	18.09	250m:	2:57.08	18.37	350m:	4:11.44	18.41
	75m:	49.14	17.72	175m:	2:01.64	18.53	275m:	3:15.80	18.72	375m:	4:30.05	18.61
	100m:	1:06.85	17.71	200m:	2:20.10	18.46	300m:	3:34.34	18.54	400m:	4:47.17	17.12

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, 08 - 11 2019

37, , 400m

							R.T.			FINA		
50.	2002						+0,68	4:47.21	I	540		
	25m:	15.10	15.10	125m:	1:26.15	18.11	225m:	2:40.12	18.25	325m:	3:53.91	18.16
	50m:	32.14	17.04	150m:	1:44.69	18.54	250m:	2:58.99	18.87	350m:	4:12.34	18.43
	75m:	49.80	17.66	175m:	2:03.04	18.35	275m:	3:17.12	18.13	375m:	4:29.97	17.63
	100m:	1:08.04	18.24	200m:	2:21.87	18.83	300m:	3:35.75	18.63	400m:	4:47.21	17.24
51.	2005 I						+0,83	4:47.22	I	540		
	25m:	15.13	15.13	125m:	1:26.28	18.33	225m:	2:39.99	18.29	325m:	3:54.15	18.42
	50m:	32.07	16.94	150m:	1:44.66	18.38	250m:	2:58.59	18.60	350m:	4:12.58	18.43
	75m:	49.59	17.52	175m:	2:03.05	18.39	275m:	3:16.91	18.32	375m:	4:30.35	17.77
	100m:	1:07.95	18.36	200m:	2:21.70	18.65	300m:	3:35.73	18.82	400m:	4:47.22	16.87
52.	2005						+0,77	4:47.33	I	539		
	25m:	13.44	13.44	125m:	1:27.53	18.76	225m:	2:41.63	18.45	325m:	3:55.30	18.71
	50m:	31.18	17.74	150m:	1:45.87	18.34	250m:	2:59.65	18.02	350m:	4:13.55	18.25
	75m:	49.95	18.77	175m:	2:04.78	18.91	275m:	3:18.14	18.49	375m:	4:31.74	18.19
	100m:	1:08.77	18.82	200m:	2:23.18	18.40	300m:	3:36.59	18.45	400m:	4:47.33	15.59
53.	2003						+0,83	4:48.18	I	534		
	25m:	14.76	14.76	125m:	1:23.92	17.80	225m:	2:38.04	18.57	325m:	3:53.69	19.20
	50m:	31.37	16.61	150m:	1:42.16	18.24	250m:	2:56.81	18.77	350m:	4:12.35	18.66
	75m:	48.58	17.21	175m:	2:00.95	18.79	275m:	3:15.72	18.91	375m:	4:31.49	19.14
	100m:	1:06.12	17.54	200m:	2:19.47	18.52	300m:	3:34.49	18.77	400m:	4:48.18	16.69
54.	2003						+0,79	4:49.02	I	530		
	25m:	15.20	15.20	125m:	1:26.34	18.34	225m:	2:40.60	18.52	325m:	3:55.07	18.75
	50m:	32.14	16.94	150m:	1:44.98	18.64	250m:	2:59.23	18.63	350m:	4:13.93	18.86
	75m:	49.76	17.62	175m:	2:03.51	18.53	275m:	3:17.53	18.30	375m:	4:32.01	18.08
	100m:	1:08.00	18.24	200m:	2:22.08	18.57	300m:	3:36.32	18.79	400m:	4:49.02	17.01
55.	2000						+0,93	4:49.18	I	529		
	25m:	16.66	16.66	125m:	1:29.40	15.42	225m:	2:39.03	21.26	325m:	3:57.80	16.16
	50m:	35.40	18.74	150m:	1:45.29	15.89	250m:	2:59.92	20.89	350m:	4:14.85	17.05
	75m:	55.05	19.65	175m:	2:01.22	15.93	275m:	3:21.17	21.25	375m:	4:31.85	17.00
	100m:	1:13.98	18.93	200m:	2:17.77	16.55	300m:	3:41.64	20.47	400m:	4:49.18	17.33
56.	2005 I						+0,61	4:49.44	I	527		
	25m:	15.77	15.77	125m:	1:26.87	18.10	225m:	2:39.34	18.24	325m:	3:53.77	18.79
	50m:	33.04	17.27	150m:	1:45.02	18.15	250m:	2:57.93	18.59	350m:	4:12.77	19.00
	75m:	50.89	17.85	175m:	2:02.97	17.95	275m:	3:16.32	18.39	375m:	4:31.36	18.59
	100m:	1:08.77	17.88	200m:	2:21.10	18.13	300m:	3:34.98	18.66	400m:	4:49.44	18.08
57.	2005 I						+1,12	4:50.25	I	523		
	25m:	16.15	16.15	125m:	1:27.01	18.31	225m:	2:41.07	18.60	325m:	3:56.08	19.03
	50m:	33.15	17.00	150m:	1:45.47	18.46	250m:	3:00.15	19.08	350m:	4:14.60	18.52
	75m:	50.65	17.50	175m:	2:04.02	18.55	275m:	3:18.65	18.50	375m:	4:32.94	18.34
	100m:	1:08.70	18.05	200m:	2:22.47	18.45	300m:	3:37.05	18.40	400m:	4:50.25	17.31
58.	2003 I						+0,72	4:51.75	I	515		
	25m:	15.09	15.09	125m:	1:26.24	18.45	225m:	2:41.47	18.69	325m:	3:57.03	18.63
	50m:	32.11	17.02	150m:	1:44.84	18.60	250m:	3:00.33	18.86	350m:	4:15.79	18.76
	75m:	49.68	17.57	175m:	2:03.86	19.02	275m:	3:19.50	19.17	375m:	4:34.43	18.64
	100m:	1:07.79	18.11	200m:	2:22.78	18.92	300m:	3:38.40	18.90	400m:	4:51.75	17.32
59.	2006 I						+0,79	4:51.93	I	514		
	25m:	15.84	15.84	125m:	1:28.11	18.59	225m:	2:43.09	18.76	325m:	3:58.05	18.46
	50m:	33.13	17.29	150m:	1:46.81	18.70	250m:	3:02.01	18.92	350m:	4:16.75	18.70
	75m:	51.04	17.91	175m:	2:05.61	18.80	275m:	3:20.61	18.60	375m:	4:34.94	18.19
	100m:	1:09.52	18.48	200m:	2:24.33	18.72	300m:	3:39.59	18.98	400m:	4:51.93	16.99

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, 08 - 11 2019

37, , 400m

							R.T.			FINA		
60.	2005						+0,68	4:52.29	I	512		
	25m:	15.40	15.40	125m:	1:26.49	18.13	225m:	2:41.47	19.04	325m:	3:56.99	18.41
	50m:	32.60	17.20	150m:	1:44.84	18.35	250m:	3:00.57	19.10	350m:	4:15.63	18.64
	75m:	50.31	17.71	175m:	2:03.61	18.77	275m:	3:19.65	19.08	375m:	4:34.12	18.49
	100m:	1:08.36	18.05	200m:	2:22.43	18.82	300m:	3:38.58	18.93	400m:	4:52.29	18.17
61.	2005						+0,85	4:53.27	I	507		
	25m:	16.05	16.05	125m:	1:28.13	18.24	225m:	2:43.02	18.94	325m:	3:57.61	18.53
	50m:	33.64	17.59	150m:	1:46.69	18.56	250m:	3:01.81	18.79	350m:	4:16.19	18.58
	75m:	51.52	17.88	175m:	2:05.31	18.62	275m:	3:20.59	18.78	375m:	4:35.45	19.26
	100m:	1:09.89	18.37	200m:	2:24.08	18.77	300m:	3:39.08	18.49	400m:	4:53.27	17.82
62.	2003						+0,90	4:57.86		484		
	25m:	15.31	15.31	125m:	1:27.39	18.75	225m:	2:43.53	19.19	325m:	4:00.87	19.37
	50m:	32.79	17.48	150m:	1:46.34	18.95	250m:	3:02.62	19.09	350m:	4:20.28	19.41
	75m:	50.23	17.44	175m:	2:05.33	18.99	275m:	3:21.86	19.24	375m:	4:39.84	19.56
	100m:	1:08.64	18.41	200m:	2:24.34	19.01	300m:	3:41.50	19.64	400m:	4:57.86	18.02
63.	2005 I						+0,62	4:58.45		481		
	25m:	16.09	16.09	125m:	1:28.80	18.59	225m:	2:44.24	18.99	325m:	4:01.06	19.61
	50m:	33.53	17.44	150m:	1:47.54	18.74	250m:	3:02.98	18.74	350m:	4:20.34	19.28
	75m:	51.80	18.27	175m:	2:06.28	18.74	275m:	3:21.86	18.88	375m:	4:39.76	19.42
	100m:	1:10.21	18.41	200m:	2:25.25	18.97	300m:	3:41.45	19.59	400m:	4:58.45	18.69
64.	2005 I							4:59.88		474		
	25m:	15.54	15.54	125m:	1:28.60	18.89	225m:	2:45.35	19.05	325m:	4:03.63	19.75
	50m:	32.58	17.04	150m:	1:47.84	19.24	250m:	3:04.94	19.59	350m:	4:23.20	19.57
	75m:	50.97	18.39	175m:	2:07.28	19.44	275m:	3:24.83	19.89	375m:	4:42.02	18.82
	100m:	1:09.71	18.74	200m:	2:26.30	19.02	300m:	3:43.88	19.05	400m:	4:59.88	17.86
65.	2004 I						+0,87	5:00.94		469		
	25m:	15.34	15.34	125m:	1:28.06	18.89	225m:	2:45.52	19.49	325m:	4:04.06	19.60
	50m:	32.60	17.26	150m:	1:47.29	19.23	250m:	3:05.54	20.02	350m:	4:23.21	19.15
	75m:	50.51	17.91	175m:	2:06.16	18.87	275m:	3:24.75	19.21	375m:	4:42.41	19.20
	100m:	1:09.17	18.66	200m:	2:26.03	19.87	300m:	3:44.46	19.71	400m:	5:00.94	18.53
66.	2006 I						+0,84	5:09.85		430		
	25m:	15.65	15.65	125m:	1:29.81	19.41	225m:	2:49.06	20.08	325m:	4:10.14	20.55
	50m:	33.25	17.60	150m:	1:49.28	19.47	250m:	3:09.23	20.17	350m:	4:30.36	20.22
	75m:	51.50	18.25	175m:	2:09.29	20.01	275m:	3:29.45	20.22	375m:	4:50.55	20.19
	100m:	1:10.40	18.90	200m:	2:28.98	19.69	300m:	3:49.59	20.14	400m:	5:09.85	19.30
67.	2005 I						+0,96	5:17.84		398		
	25m:	16.56	16.56	125m:	1:35.27	20.37	225m:	2:58.06	20.43	325m:	4:19.65	20.26
	50m:	34.82	18.26	150m:	1:55.95	20.68	250m:	3:18.56	20.50	350m:	4:40.32	20.67
	75m:	54.47	19.65	175m:	2:16.62	20.67	275m:	3:39.14	20.58	375m:	4:59.74	19.42
	100m:	1:14.90	20.43	200m:	2:37.63	21.01	300m:	3:59.39	20.25	400m:	5:17.84	18.10
68.	2004						+0,89	5:30.25		355		
	25m:	17.12	17.12	125m:	1:39.12	20.92	225m:	3:02.04	19.50	325m:	4:26.97	21.47
	50m:	36.89	19.77	150m:	1:59.81	20.69	250m:	3:22.96	20.92	350m:	4:48.11	21.14
	75m:	57.60	20.71	175m:	2:21.11	21.30	275m:	3:44.36	21.40	375m:	5:09.42	21.31
	100m:	1:18.20	20.60	200m:	2:42.54	21.43	300m:	4:05.50	21.14	400m:	5:30.25	20.83
DSQ	2005 I								I			

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, 08 - 11 2019

37, , 400m

37 , 400m

(15-17)

11.10.2019 - 10:53

3:58.90
4:03.08

RUS

(CAN)

09.12.2016
10.11.2015

: FINA 2019

	/						R.T.				FINA	
1.	2002						+0,83 4:23.50				699	
	25m:	14.35	14.35	125m:	1:18.86	16.39	225m:	2:25.95	16.87	325m:	3:33.77	17.14
	50m:	30.02	15.67	150m:	1:35.46	16.60	250m:	2:42.70	16.75	350m:	3:50.67	16.90
	75m:	46.03	16.01	175m:	1:52.28	16.82	275m:	2:59.62	16.92	375m:	4:07.60	16.93
	100m:	1:02.47	16.44	200m:	2:09.08	16.80	300m:	3:16.63	17.01	400m:	4:23.50	15.90
2.	2003						+0,79 4:26.05				679	
	25m:	14.41	14.41	125m:	1:19.95	16.52	225m:	2:28.09	17.00	325m:	3:36.46	16.51
	50m:	30.43	16.02	150m:	1:36.89	16.94	250m:	2:45.51	17.42	350m:	3:53.52	17.06
	75m:	46.61	16.18	175m:	1:53.92	17.03	275m:	3:02.57	17.06	375m:	4:10.12	16.60
	100m:	1:03.43	16.82	200m:	2:11.09	17.17	300m:	3:19.95	17.38	400m:	4:26.05	15.93
3.	2002						+0,77 4:26.71				674	
	25m:	14.94	14.94	125m:	1:22.73	17.19	225m:	2:30.73	16.97	325m:	3:37.48	16.83
	50m:	31.43	16.49	150m:	1:39.78	17.05	250m:	2:47.41	16.68	350m:	3:54.02	16.54
	75m:	48.42	16.99	175m:	1:56.89	17.11	275m:	3:04.30	16.89	375m:	4:10.91	16.89
	100m:	1:05.54	17.12	200m:	2:13.76	16.87	300m:	3:20.65	16.35	400m:	4:26.71	15.80
4.	2003						+0,80 4:28.23				663	
	25m:	14.40	14.40	125m:	1:19.40	16.53	225m:	2:28.10	17.18	325m:	3:37.33	17.43
	50m:	30.10	15.70	150m:	1:36.72	17.32	250m:	2:45.34	17.24	350m:	3:54.79	17.46
	75m:	46.28	16.18	175m:	1:53.55	16.83	275m:	3:02.60	17.26	375m:	4:12.09	17.30
	100m:	1:02.87	16.59	200m:	2:10.92	17.37	300m:	3:19.90	17.30	400m:	4:28.23	16.14
5.	2004						+0,61 4:28.28				662	
	25m:	14.81	14.81	125m:	1:21.29	17.05	225m:	2:30.83	17.35	325m:	3:39.48	17.10
	50m:	30.79	15.98	150m:	1:38.48	17.19	250m:	2:47.98	17.15	350m:	3:56.33	16.85
	75m:	47.45	16.66	175m:	1:56.00	17.52	275m:	3:05.25	17.27	375m:	4:12.88	16.55
	100m:	1:04.24	16.79	200m:	2:13.48	17.48	300m:	3:22.38	17.13	400m:	4:28.28	15.40
6.	2003						+0,80 4:28.59				660	
	25m:	15.00	15.00	125m:	1:23.00	17.01	225m:	2:31.25	16.56	325m:	3:38.85	16.63
	50m:	31.87	16.87	150m:	1:40.34	17.34	250m:	2:48.26	17.01	350m:	3:55.86	17.01
	75m:	48.76	16.89	175m:	1:57.52	17.18	275m:	3:05.18	16.92	375m:	4:12.49	16.63
	100m:	1:05.99	17.23	200m:	2:14.69	17.17	300m:	3:22.22	17.04	400m:	4:28.59	16.10
7.	2004						+0,83 4:28.83				658	
	25m:	14.68	14.68	125m:	1:20.73	16.92	225m:	2:29.10	17.17	325m:	3:37.77	17.05
	50m:	30.75	16.07	150m:	1:37.65	16.92	250m:	2:45.78	16.68	350m:	3:55.31	17.54
	75m:	47.35	16.60	175m:	1:54.83	17.18	275m:	3:03.35	17.57	375m:	4:12.66	17.35
	100m:	1:03.81	16.46	200m:	2:11.93	17.10	300m:	3:20.72	17.37	400m:	4:28.83	16.17
8.	2004						+0,70 4:33.68				624	
	25m:	15.44	15.44	125m:	1:23.20	17.46	225m:	2:32.83	17.63	325m:	3:42.59	17.56
	50m:	31.79	16.35	150m:	1:40.55	17.35	250m:	2:50.11	17.28	350m:	3:59.66	17.07
	75m:	48.96	17.17	175m:	1:58.13	17.58	275m:	3:07.76	17.65	375m:	4:17.43	17.77
	100m:	1:05.74	16.78	200m:	2:15.20	17.07	300m:	3:25.03	17.27	400m:	4:33.68	16.25

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OMEGA

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, 08 - 11 2019

37,		, 400m				(15-17)		R.T.		FINA		
9.				2003				+0,83	4:34.78		616	
	25m:	14.67	14.67	125m:	1:22.19	17.49	225m:	2:33.03	17.67	325m:	3:43.50	17.27
	50m:	30.63	15.96	150m:	1:39.83	17.64	250m:	2:50.80	17.77	350m:	4:00.91	17.41
	75m:	47.41	16.78	175m:	1:57.49	17.66	275m:	3:08.64	17.84	375m:	4:18.29	17.38
	100m:	1:04.70	17.29	200m:	2:15.36	17.87	300m:	3:26.23	17.59	400m:	4:34.78	16.49
10.				2004				+0,96	4:36.48		605	
	25m:	15.18	15.18	125m:	1:24.37	17.39	225m:	2:33.94	17.46	325m:	3:43.92	17.63
	50m:	32.23	17.05	150m:	1:42.06	17.69	250m:	2:51.58	17.64	350m:	4:01.93	18.01
	75m:	49.36	17.13	175m:	1:59.16	17.10	275m:	3:08.88	17.30	375m:	4:19.75	17.82
	100m:	1:06.98	17.62	200m:	2:16.48	17.32	300m:	3:26.29	17.41	400m:	4:36.48	16.73
11.				2002					4:37.57		598	
	25m:	14.81	14.81	125m:	1:20.24	17.19	225m:	2:31.16	18.07	325m:	3:44.59	18.36
	50m:	30.27	15.46	150m:	1:37.61	17.37	250m:	2:49.29	18.13	350m:	4:02.75	18.16
	75m:	46.45	16.18	175m:	1:55.22	17.61	275m:	3:08.01	18.72	375m:	4:20.67	17.92
	100m:	1:03.05	16.60	200m:	2:13.09	17.87	300m:	3:26.23	18.22	400m:	4:37.57	16.90
12.				2003				+0,83	4:38.06	I	595	
	25m:	14.68	14.68	125m:	1:22.33	17.22	225m:	2:33.00	17.84	325m:	3:45.09	18.34
	50m:	30.94	16.26	150m:	1:39.81	17.48	250m:	2:50.59	17.59	350m:	4:03.40	18.31
	75m:	47.97	17.03	175m:	1:57.49	17.68	275m:	3:08.72	18.13	375m:	4:21.02	17.62
	100m:	1:05.11	17.14	200m:	2:15.16	17.67	300m:	3:26.75	18.03	400m:	4:38.06	17.04
13.				2002				+0,89	4:39.04	I	589	
	25m:	15.00	15.00	125m:	1:22.67	17.79	225m:	2:35.35	18.71	325m:	3:48.13	18.18
	50m:	31.02	16.02	150m:	1:40.71	18.04	250m:	2:53.72	18.37	350m:	4:06.68	18.55
	75m:	47.72	16.70	175m:	1:58.98	18.27	275m:	3:11.68	17.96	375m:	4:23.53	16.85
	100m:	1:04.88	17.16	200m:	2:16.64	17.66	300m:	3:29.95	18.27	400m:	4:39.04	15.51
14.				2003				+0,65	4:39.63	I	585	
	25m:	14.42	14.42	125m:	1:24.03	18.14	225m:	2:36.64	18.65	325m:	3:48.67	17.91
	50m:	30.95	16.53	150m:	1:42.03	18.00	250m:	2:54.88	18.24	350m:	4:06.27	17.60
	75m:	48.57	17.62	175m:	2:00.10	18.07	275m:	3:13.13	18.25	375m:	4:23.47	17.20
	100m:	1:05.89	17.32	200m:	2:17.99	17.89	300m:	3:30.76	17.63	400m:	4:39.63	16.16
15.				2004	I			+0,57	4:40.95	I	577	
	25m:	14.35	14.35	125m:	1:21.52	17.03	225m:	2:32.33	18.17	325m:	3:46.29	18.39
	50m:	30.62	16.27	150m:	1:38.67	17.15	250m:	2:50.84	18.51	350m:	4:05.04	18.75
	75m:	47.50	16.88	175m:	1:56.22	17.55	275m:	3:09.22	18.38	375m:	4:23.32	18.28
	100m:	1:04.49	16.99	200m:	2:14.16	17.94	300m:	3:27.90	18.68	400m:	4:40.95	17.63
16.				2004	I			+0,80	4:41.49	I	573	
	25m:	14.97	14.97	125m:	1:24.33	17.83	225m:	2:36.01	18.17	325m:	3:48.49	17.99
	50m:	31.61	16.64	150m:	1:41.95	17.62	250m:	2:54.17	18.16	350m:	4:06.44	17.95
	75m:	48.90	17.29	175m:	2:00.06	18.11	275m:	3:12.31	18.14	375m:	4:24.34	17.90
	100m:	1:06.50	17.60	200m:	2:17.84	17.78	300m:	3:30.50	18.19	400m:	4:41.49	17.15
17.				2002				+0,82	4:41.70	I	572	
	25m:	14.55	14.55	125m:	1:23.51	17.68	225m:	2:35.27	18.18	325m:	3:47.69	18.14
	50m:	31.42	16.87	150m:	1:41.31	17.80	250m:	2:53.24	17.97	350m:	4:05.98	18.29
	75m:	48.41	16.99	175m:	1:59.19	17.88	275m:	3:11.37	18.13	375m:	4:24.20	18.22
	100m:	1:05.83	17.42	200m:	2:17.09	17.90	300m:	3:29.55	18.18	400m:	4:41.70	17.50
18.				2003				+0,77	4:42.38	I	568	
	25m:	14.42	14.42	125m:	1:22.30	17.56	225m:	2:34.52	18.02	325m:	3:48.49	18.39
	50m:	30.76	16.34	150m:	1:40.45	18.15	250m:	2:53.11	18.59	350m:	4:07.26	18.77
	75m:	47.37	16.61	175m:	1:58.32	17.87	275m:	3:11.43	18.32	375m:	4:25.40	18.14
	100m:	1:04.74	17.37	200m:	2:16.50	18.18	300m:	3:30.10	18.67	400m:	4:42.38	16.98

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, 08 - 11 2019

37,		, 400m				(15-17)		R.T.		FINA		
19.				2002				+0,88	4:42.93	I	565	
	25m:	14.94	14.94	125m:	1:24.33	17.65	225m:	2:37.02	18.32	325m:	3:49.48	18.03
	50m:	31.80	16.86	150m:	1:42.49	18.16	250m:	2:55.53	18.51	350m:	4:08.00	18.52
	75m:	48.87	17.07	175m:	2:00.39	17.90	275m:	3:13.29	17.76	375m:	4:25.62	17.62
	100m:	1:06.68	17.81	200m:	2:18.70	18.31	300m:	3:31.45	18.16	400m:	4:42.93	17.31
20.				2003				+0,89	4:44.81	I	554	
	25m:	14.95	14.95	125m:	1:24.08	17.79	225m:	2:36.92	18.60	325m:	3:50.67	18.61
	50m:	31.48	16.53	150m:	1:41.83	17.75	250m:	2:55.20	18.28	350m:	4:08.75	18.08
	75m:	48.72	17.24	175m:	1:59.96	18.13	275m:	3:13.79	18.59	375m:	4:27.35	18.60
	100m:	1:06.29	17.57	200m:	2:18.32	18.36	300m:	3:32.06	18.27	400m:	4:44.81	17.46
21.				2004				+0,62	4:45.26	I	551	
	25m:	14.44	14.44	125m:	1:23.90	17.56	225m:	2:36.37	17.93	325m:	3:50.40	18.38
	50m:	31.35	16.91	150m:	1:42.06	18.16	250m:	2:55.08	18.71	350m:	4:09.26	18.86
	75m:	48.35	17.00	175m:	2:00.06	18.00	275m:	3:13.10	18.02	375m:	4:27.39	18.13
	100m:	1:06.34	17.99	200m:	2:18.44	18.38	300m:	3:32.02	18.92	400m:	4:45.26	17.87
22.				2002				+0,85	4:46.89	I	542	
	25m:	15.14	15.14	125m:	1:25.06	17.65	225m:	2:37.76	18.08	325m:	3:51.80	18.32
	50m:	32.00	16.86	150m:	1:43.18	18.12	250m:	2:56.38	18.62	350m:	4:10.53	18.73
	75m:	49.52	17.52	175m:	2:01.18	18.00	275m:	3:14.75	18.37	375m:	4:28.79	18.26
	100m:	1:07.41	17.89	200m:	2:19.68	18.50	300m:	3:33.48	18.73	400m:	4:46.89	18.10
23.				2004 I				+0,77	4:46.95	I	541	
	25m:	15.70	15.70	125m:	1:26.55	18.38	225m:	2:40.31	18.52	325m:	3:54.00	18.46
	50m:	32.86	17.16	150m:	1:44.89	18.34	250m:	2:59.02	18.71	350m:	4:12.29	18.29
	75m:	50.39	17.53	175m:	2:03.49	18.60	275m:	3:17.34	18.32	375m:	4:30.39	18.10
	100m:	1:08.17	17.78	200m:	2:21.79	18.30	300m:	3:35.54	18.20	400m:	4:46.95	16.56
24.				2004 I				+0,86	4:47.17	I	540	
	25m:	14.89	14.89	125m:	1:25.02	18.17	225m:	2:38.71	18.61	325m:	3:53.03	18.69
	50m:	31.42	16.53	150m:	1:43.11	18.09	250m:	2:57.08	18.37	350m:	4:11.44	18.41
	75m:	49.14	17.72	175m:	2:01.64	18.53	275m:	3:15.80	18.72	375m:	4:30.05	18.61
	100m:	1:06.85	17.71	200m:	2:20.10	18.46	300m:	3:34.34	18.54	400m:	4:47.17	17.12
25.				2002				+0,68	4:47.21	I	540	
	25m:	15.10	15.10	125m:	1:26.15	18.11	225m:	2:40.12	18.25	325m:	3:53.91	18.16
	50m:	32.14	17.04	150m:	1:44.69	18.54	250m:	2:58.99	18.87	350m:	4:12.34	18.43
	75m:	49.80	17.66	175m:	2:03.04	18.35	275m:	3:17.12	18.13	375m:	4:29.97	17.63
	100m:	1:08.04	18.24	200m:	2:21.87	18.83	300m:	3:35.75	18.63	400m:	4:47.21	17.24
26.				2003				+0,83	4:48.18	I	534	
	25m:	14.76	14.76	125m:	1:23.92	17.80	225m:	2:38.04	18.57	325m:	3:53.69	19.20
	50m:	31.37	16.61	150m:	1:42.16	18.24	250m:	2:56.81	18.77	350m:	4:12.35	18.66
	75m:	48.58	17.21	175m:	2:00.95	18.79	275m:	3:15.72	18.91	375m:	4:31.49	19.14
	100m:	1:06.12	17.54	200m:	2:19.47	18.52	300m:	3:34.49	18.77	400m:	4:48.18	16.69
27.				2003				+0,79	4:49.02	I	530	
	25m:	15.20	15.20	125m:	1:26.34	18.34	225m:	2:40.60	18.52	325m:	3:55.07	18.75
	50m:	32.14	16.94	150m:	1:44.98	18.64	250m:	2:59.23	18.63	350m:	4:13.93	18.86
	75m:	49.76	17.62	175m:	2:03.51	18.53	275m:	3:17.53	18.30	375m:	4:32.01	18.08
	100m:	1:08.00	18.24	200m:	2:22.08	18.57	300m:	3:36.32	18.79	400m:	4:49.02	17.01
28.				2003 I				+0,72	4:51.75	I	515	
	25m:	15.09	15.09	125m:	1:26.24	18.45	225m:	2:41.47	18.69	325m:	3:57.03	18.63
	50m:	32.11	17.02	150m:	1:44.84	18.60	250m:	3:00.33	18.86	350m:	4:15.79	18.76
	75m:	49.68	17.57	175m:	2:03.86	19.02	275m:	3:19.50	19.17	375m:	4:34.43	18.64
	100m:	1:07.79	18.11	200m:	2:22.78	18.92	300m:	3:38.40	18.90	400m:	4:51.75	17.32

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, 08 - 11 2019

37,		, 400m				(15-17)						
		/						R.T.		FINA		
29.				2003				+0,90	4:57.86		484	
	25m:	15.31	15.31	125m:	1:27.39	18.75	225m:	2:43.53	19.19	325m:	4:00.87	19.37
	50m:	32.79	17.48	150m:	1:46.34	18.95	250m:	3:02.62	19.09	350m:	4:20.28	19.41
	75m:	50.23	17.44	175m:	2:05.33	18.99	275m:	3:21.86	19.24	375m:	4:39.84	19.56
	100m:	1:08.64	18.41	200m:	2:24.34	19.01	300m:	3:41.50	19.64	400m:	4:57.86	18.02
30.				2004 I				+0,87	5:00.94		469	
	25m:	15.34	15.34	125m:	1:28.06	18.89	225m:	2:45.52	19.49	325m:	4:04.06	19.60
	50m:	32.60	17.26	150m:	1:47.29	19.23	250m:	3:05.54	20.02	350m:	4:23.21	19.15
	75m:	50.51	17.91	175m:	2:06.16	18.87	275m:	3:24.75	19.21	375m:	4:42.41	19.20
	100m:	1:09.17	18.66	200m:	2:26.03	19.87	300m:	3:44.46	19.71	400m:	5:00.94	18.53
31.				2004				+0,89	5:30.25		355	
	25m:	17.12	17.12	125m:	1:39.12	20.92	225m:	3:02.04	19.50	325m:	4:26.97	21.47
	50m:	36.89	19.77	150m:	1:59.81	20.69	250m:	3:22.96	20.92	350m:	4:48.11	21.14
	75m:	57.60	20.71	175m:	2:21.11	21.30	275m:	3:44.36	21.40	375m:	5:09.42	21.31
	100m:	1:18.20	20.60	200m:	2:42.54	21.43	300m:	4:05.50	21.14	400m:	5:30.25	20.83

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, 08 - 11 2019

37, , 400m

37 , 400m

(13-14)

11.10.2019 - 10:53

3:58.90
4:03.08

RUS

(CAN)

09.12.2016
10.11.2015

: FINA 2019

	/						R.T.				FINA		
1.	2005						+0,84				4:20.69		722
	25m:	13.82	13.82	125m:	1:17.43	16.61	225m:	2:24.69	16.82	325m:	3:31.99	16.81	
	50m:	28.87	15.05	150m:	1:34.10	16.67	250m:	2:41.56	16.87	350m:	3:48.66	16.67	
	75m:	44.66	15.79	175m:	1:50.95	16.85	275m:	2:58.46	16.90	375m:	4:05.07	16.41	
	100m:	1:00.82	16.16	200m:	2:07.87	16.92	300m:	3:15.18	16.72	400m:	4:20.69	15.62	
2.	2005						+0,79				4:30.35		647
	25m:	14.56	14.56	125m:	1:20.18	17.03	225m:	2:28.76	17.25	325m:	3:38.56	17.49	
	50m:	30.34	15.78	150m:	1:37.04	16.86	250m:	2:46.38	17.62	350m:	3:56.08	17.52	
	75m:	46.52	16.18	175m:	1:53.99	16.95	275m:	3:03.57	17.19	375m:	4:13.63	17.55	
	100m:	1:03.15	16.63	200m:	2:11.51	17.52	300m:	3:21.07	17.50	400m:	4:30.35	16.72	
3.	2005						+0,73				4:30.50		646
	25m:	14.53	14.53	125m:	1:20.68	16.63	225m:	2:29.20	16.92	325m:	3:38.87	17.25	
	50m:	30.87	16.34	150m:	1:37.77	17.09	250m:	2:46.52	17.32	350m:	3:56.62	17.75	
	75m:	47.42	16.55	175m:	1:54.66	16.89	275m:	3:03.89	17.37	375m:	4:13.91	17.29	
	100m:	1:04.05	16.63	200m:	2:12.28	17.62	300m:	3:21.62	17.73	400m:	4:30.50	16.59	
4.	2005 I						+0,76				4:31.15		642
	25m:	14.68	14.68	125m:	1:22.74	17.29	225m:	2:31.58	17.06	325m:	3:40.42	17.42	
	50m:	31.00	16.32	150m:	1:39.89	17.15	250m:	2:48.51	16.93	350m:	3:57.73	17.31	
	75m:	48.14	17.14	175m:	1:57.22	17.33	275m:	3:05.78	17.27	375m:	4:15.31	17.58	
	100m:	1:05.45	17.31	200m:	2:14.52	17.30	300m:	3:23.00	17.22	400m:	4:31.15	15.84	
5.	2005						+0,83				4:31.56		639
	25m:	14.66	14.66	125m:	1:21.94	17.24	225m:	2:31.03	17.34	325m:	3:40.45	17.18	
	50m:	30.78	16.12	150m:	1:38.99	17.05	250m:	2:48.47	17.44	350m:	3:57.96	17.51	
	75m:	47.78	17.00	175m:	1:56.20	17.21	275m:	3:05.86	17.39	375m:	4:15.12	17.16	
	100m:	1:04.70	16.92	200m:	2:13.69	17.49	300m:	3:23.27	17.41	400m:	4:31.56	16.44	
6.	2005						+0,41				4:32.51		632
	25m:	14.69	14.69	125m:	1:22.64	17.45	225m:	2:32.55	17.23	325m:	3:42.10	17.32	
	50m:	30.86	16.17	150m:	1:40.13	17.49	250m:	2:49.94	17.39	350m:	3:59.62	17.52	
	75m:	47.67	16.81	175m:	1:57.67	17.54	275m:	3:07.37	17.43	375m:	4:16.47	16.85	
	100m:	1:05.19	17.52	200m:	2:15.32	17.65	300m:	3:24.78	17.41	400m:	4:32.51	16.04	
7.	2006						+0,88				4:33.25		627
	25m:	14.53	14.53	125m:	1:21.73	17.21	225m:	2:31.14	17.20	325m:	3:41.87	17.64	
	50m:	30.76	16.23	150m:	1:39.22	17.49	250m:	2:48.89	17.75	350m:	3:59.89	18.02	
	75m:	47.22	16.46	175m:	1:56.34	17.12	275m:	3:06.43	17.54	375m:	4:16.91	17.02	
	100m:	1:04.52	17.30	200m:	2:13.94	17.60	300m:	3:24.23	17.80	400m:	4:33.25	16.34	
8.	2005						+0,82				4:35.47		612
	25m:	14.51	14.51	125m:	1:22.76	17.49	225m:	2:33.35	17.56	325m:	3:44.16	17.31	
	50m:	30.89	16.38	150m:	1:40.25	17.49	250m:	2:51.28	17.93	350m:	4:01.82	17.66	
	75m:	47.93	17.04	175m:	1:57.93	17.68	275m:	3:09.03	17.75	375m:	4:19.13	17.31	
	100m:	1:05.27	17.34	200m:	2:15.79	17.86	300m:	3:26.85	17.82	400m:	4:35.47	16.34	

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OMEGA

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, 08 - 11 2019

37, , 400m (13-14)

							R.T.			FINA		
9.	2005						+0,77 4:36.60			604		
	25m:	15.38	15.38	125m:	1:24.36	17.25	225m:	2:34.64	17.29	325m:	3:45.04	17.26
	50m:	32.34	16.96	150m:	1:42.11	17.75	250m:	2:52.65	18.01	350m:	4:02.88	17.84
	75m:	49.55	17.21	175m:	1:59.42	17.31	275m:	3:10.01	17.36	375m:	4:19.91	17.03
	100m:	1:07.11	17.56	200m:	2:17.35	17.93	300m:	3:27.78	17.77	400m:	4:36.60	16.69
10.	2005						+0,69 4:37.85			596		
	25m:	15.03	15.03	125m:	1:22.77	17.23	225m:	2:33.52	17.51	325m:	3:45.71	18.00
	50m:	31.45	16.42	150m:	1:40.34	17.57	250m:	2:51.61	18.09	350m:	4:03.73	18.02
	75m:	48.40	16.95	175m:	1:58.06	17.72	275m:	3:09.66	18.05	375m:	4:21.09	17.36
	100m:	1:05.54	17.14	200m:	2:16.01	17.95	300m:	3:27.71	18.05	400m:	4:37.85	16.76
11.	2005						+0,81 4:38.03 			595		
	25m:	14.44	14.44	125m:	1:20.33	17.33	225m:	2:31.98	18.08	325m:	3:44.36	18.30
	50m:	30.11	15.67	150m:	1:37.85	17.52	250m:	2:49.88	17.90	350m:	4:02.41	18.05
	75m:	46.18	16.07	175m:	1:55.81	17.96	275m:	3:08.24	18.36	375m:	4:20.70	18.29
	100m:	1:03.00	16.82	200m:	2:13.90	18.09	300m:	3:26.06	17.82	400m:	4:38.03	17.33
12.	2005						+0,84 4:38.09 			595		
	25m:	15.36	15.36	125m:	1:25.71	17.99	225m:	2:37.56	17.79	325m:	3:46.97	17.33
	50m:	32.72	17.36	150m:	1:43.69	17.98	250m:	2:54.93	17.37	350m:	4:04.72	17.75
	75m:	50.07	17.35	175m:	2:01.78	18.09	275m:	3:11.90	16.97	375m:	4:21.61	16.89
	100m:	1:07.72	17.65	200m:	2:19.77	17.99	300m:	3:29.64	17.74	400m:	4:38.09	16.48
13.	2005						+0,79 4:38.99 			589		
	25m:	15.28	15.28	125m:	1:24.22	17.82	225m:	2:35.63	17.76	325m:	3:46.70	17.53
	50m:	31.63	16.35	150m:	1:42.13	17.91	250m:	2:53.15	17.52	350m:	4:04.76	18.06
	75m:	48.93	17.30	175m:	2:00.10	17.97	275m:	3:11.26	18.11	375m:	4:22.63	17.87
	100m:	1:06.40	17.47	200m:	2:17.87	17.77	300m:	3:29.17	17.91	400m:	4:38.99	16.36
14.	2005						+0,71 4:39.70 			584		
	25m:	14.98	14.98	125m:	1:23.88	17.49	225m:	2:34.71	18.03	325m:	3:46.46	17.63
	50m:	31.62	16.64	150m:	1:41.59	17.71	250m:	2:52.88	18.17	350m:	4:04.37	17.91
	75m:	48.84	17.22	175m:	1:59.24	17.65	275m:	3:10.72	17.84	375m:	4:22.27	17.90
	100m:	1:06.39	17.55	200m:	2:16.68	17.44	300m:	3:28.83	18.11	400m:	4:39.70	17.43
15.	2006						+1,05 4:42.23 			569		
	25m:	15.26	15.26	125m:	1:24.93	17.88	225m:	2:37.23	18.11	325m:	3:49.55	18.01
	50m:	31.87	16.61	150m:	1:43.02	18.09	250m:	2:55.49	18.26	350m:	4:07.34	17.79
	75m:	49.22	17.35	175m:	2:01.05	18.03	275m:	3:13.61	18.12	375m:	4:25.29	17.95
	100m:	1:07.05	17.83	200m:	2:19.12	18.07	300m:	3:31.54	17.93	400m:	4:42.23	16.94
16.	2006						+0,77 4:42.96 			564		
	25m:	15.51	15.51	125m:	1:25.10	17.77	225m:	2:36.89	17.96	325m:	3:49.72	18.04
	50m:	32.39	16.88	150m:	1:43.09	17.99	250m:	2:55.10	18.21	350m:	4:08.14	18.42
	75m:	49.82	17.43	175m:	2:00.85	17.76	275m:	3:13.38	18.28	375m:	4:25.75	17.61
	100m:	1:07.33	17.51	200m:	2:18.93	18.08	300m:	3:31.68	18.30	400m:	4:42.96	17.21
17.	2005						+0,67 4:43.24 			563		
	25m:	14.62	14.62	125m:	1:25.05	17.99	225m:	2:38.37	18.28	325m:	3:51.19	18.14
	50m:	31.14	16.52	150m:	1:43.27	18.22	250m:	2:56.46	18.09	350m:	4:09.28	18.09
	75m:	48.63	17.49	175m:	2:01.49	18.22	275m:	3:14.92	18.46	375m:	4:26.56	17.28
	100m:	1:07.06	18.43	200m:	2:20.09	18.60	300m:	3:33.05	18.13	400m:	4:43.24	16.68
18.	2005						+0,80 4:44.52 			555		
	25m:	15.39	15.39	125m:	1:25.01	17.91	225m:	2:37.71	18.20	325m:	3:51.60	18.55
	50m:	32.12	16.73	150m:	1:42.93	17.92	250m:	2:56.03	18.32	350m:	4:10.23	18.63
	75m:	49.54	17.42	175m:	2:01.29	18.36	275m:	3:14.67	18.64	375m:	4:28.02	17.79
	100m:	1:07.10	17.56	200m:	2:19.51	18.22	300m:	3:33.05	18.38	400m:	4:44.52	16.50

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, 08 - 11 2019

37, , 400m (13-14)

							R.T.			FINA		
19.	2005						+0,67			4:46.31 545		
	25m:	15.08	15.08	125m:	1:24.64	18.05	225m:	2:37.64	18.48	325m:	3:51.26	18.42
	50m:	31.67	16.59	150m:	1:42.71	18.07	250m:	2:55.98	18.34	350m:	4:09.53	18.27
	75m:	48.99	17.32	175m:	2:00.90	18.19	275m:	3:14.44	18.46	375m:	4:28.45	18.92
	100m:	1:06.59	17.60	200m:	2:19.16	18.26	300m:	3:32.84	18.40	400m:	4:46.31	17.86
20.	2006						+0,69			4:46.88 542		
	25m:	15.73	15.73	125m:	1:25.81	18.17	225m:	2:39.62	18.84	325m:	3:54.09	18.81
	50m:	32.54	16.81	150m:	1:43.87	18.06	250m:	2:58.47	18.85	350m:	4:12.97	18.88
	75m:	50.09	17.55	175m:	2:02.33	18.46	275m:	3:17.01	18.54	375m:	4:30.64	17.67
	100m:	1:07.64	17.55	200m:	2:20.78	18.45	300m:	3:35.28	18.27	400m:	4:46.88	16.24
21.	2005						+0,83			4:47.22 540		
	25m:	15.13	15.13	125m:	1:26.28	18.33	225m:	2:39.99	18.29	325m:	3:54.15	18.42
	50m:	32.07	16.94	150m:	1:44.66	18.38	250m:	2:58.59	18.60	350m:	4:12.58	18.43
	75m:	49.59	17.52	175m:	2:03.05	18.39	275m:	3:16.91	18.32	375m:	4:30.35	17.77
	100m:	1:07.95	18.36	200m:	2:21.70	18.65	300m:	3:35.73	18.82	400m:	4:47.22	16.87
22.	2005						+0,77			4:47.33 539		
	25m:	13.44	13.44	125m:	1:27.53	18.76	225m:	2:41.63	18.45	325m:	3:55.30	18.71
	50m:	31.18	17.74	150m:	1:45.87	18.34	250m:	2:59.65	18.02	350m:	4:13.55	18.25
	75m:	49.95	18.77	175m:	2:04.78	18.91	275m:	3:18.14	18.49	375m:	4:31.74	18.19
	100m:	1:08.77	18.82	200m:	2:23.18	18.40	300m:	3:36.59	18.45	400m:	4:47.33	15.59
23.	2005						+0,61			4:49.44 527		
	25m:	15.77	15.77	125m:	1:26.87	18.10	225m:	2:39.34	18.24	325m:	3:53.77	18.79
	50m:	33.04	17.27	150m:	1:45.02	18.15	250m:	2:57.93	18.59	350m:	4:12.77	19.00
	75m:	50.89	17.85	175m:	2:02.97	17.95	275m:	3:16.32	18.39	375m:	4:31.36	18.59
	100m:	1:08.77	17.88	200m:	2:21.10	18.13	300m:	3:34.98	18.66	400m:	4:49.44	18.08
24.	2005						+1,12			4:50.25 523		
	25m:	16.15	16.15	125m:	1:27.01	18.31	225m:	2:41.07	18.60	325m:	3:56.08	19.03
	50m:	33.15	17.00	150m:	1:45.47	18.46	250m:	3:00.15	19.08	350m:	4:14.60	18.52
	75m:	50.65	17.50	175m:	2:04.02	18.55	275m:	3:18.65	18.50	375m:	4:32.94	18.34
	100m:	1:08.70	18.05	200m:	2:22.47	18.45	300m:	3:37.05	18.40	400m:	4:50.25	17.31
25.	2006						+0,79			4:51.93 514		
	25m:	15.84	15.84	125m:	1:28.11	18.59	225m:	2:43.09	18.76	325m:	3:58.05	18.46
	50m:	33.13	17.29	150m:	1:46.81	18.70	250m:	3:02.01	18.92	350m:	4:16.75	18.70
	75m:	51.04	17.91	175m:	2:05.61	18.80	275m:	3:20.61	18.60	375m:	4:34.94	18.19
	100m:	1:09.52	18.48	200m:	2:24.33	18.72	300m:	3:39.59	18.98	400m:	4:51.93	16.99
26.	2005						+0,68			4:52.29 512		
	25m:	15.40	15.40	125m:	1:26.49	18.13	225m:	2:41.47	19.04	325m:	3:56.99	18.41
	50m:	32.60	17.20	150m:	1:44.84	18.35	250m:	3:00.57	19.10	350m:	4:15.63	18.64
	75m:	50.31	17.71	175m:	2:03.61	18.77	275m:	3:19.65	19.08	375m:	4:34.12	18.49
	100m:	1:08.36	18.05	200m:	2:22.43	18.82	300m:	3:38.58	18.93	400m:	4:52.29	18.17
27.	2005						+0,85			4:53.27 507		
	25m:	16.05	16.05	125m:	1:28.13	18.24	225m:	2:43.02	18.94	325m:	3:57.61	18.53
	50m:	33.64	17.59	150m:	1:46.69	18.56	250m:	3:01.81	18.79	350m:	4:16.19	18.58
	75m:	51.52	17.88	175m:	2:05.31	18.62	275m:	3:20.59	18.78	375m:	4:35.45	19.26
	100m:	1:09.89	18.37	200m:	2:24.08	18.77	300m:	3:39.08	18.49	400m:	4:53.27	17.82
28.	2005						+0,62			4:58.45 481		
	25m:	16.09	16.09	125m:	1:28.80	18.59	225m:	2:44.24	18.99	325m:	4:01.06	19.61
	50m:	33.53	17.44	150m:	1:47.54	18.74	250m:	3:02.98	18.74	350m:	4:20.34	19.28
	75m:	51.80	18.27	175m:	2:06.28	18.74	275m:	3:21.86	18.88	375m:	4:39.76	19.42
	100m:	1:10.21	18.41	200m:	2:25.25	18.97	300m:	3:41.45	19.59	400m:	4:58.45	18.69

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, 08 - 11 2019

37,		, 400m				(13-14)					
		/						R.T.		FINA	
29.				2005	I				4:59.88		474
	25m:	15.54	15.54	125m:	1:28.60	18.89	225m:	2:45.35	19.05	325m:	4:03.63 19.75
	50m:	32.58	17.04	150m:	1:47.84	19.24	250m:	3:04.94	19.59	350m:	4:23.20 19.57
	75m:	50.97	18.39	175m:	2:07.28	19.44	275m:	3:24.83	19.89	375m:	4:42.02 18.82
	100m:	1:09.71	18.74	200m:	2:26.30	19.02	300m:	3:43.88	19.05	400m:	4:59.88 17.86
30.				2006	I			+0,84	5:09.85		430
	25m:	15.65	15.65	125m:	1:29.81	19.41	225m:	2:49.06	20.08	325m:	4:10.14 20.55
	50m:	33.25	17.60	150m:	1:49.28	19.47	250m:	3:09.23	20.17	350m:	4:30.36 20.22
	75m:	51.50	18.25	175m:	2:09.29	20.01	275m:	3:29.45	20.22	375m:	4:50.55 20.19
	100m:	1:10.40	18.90	200m:	2:28.98	19.69	300m:	3:49.59	20.14	400m:	5:09.85 19.30
31.				2005	I			+0,96	5:17.84		398
	25m:	16.56	16.56	125m:	1:35.27	20.37	225m:	2:58.06	20.43	325m:	4:19.65 20.26
	50m:	34.82	18.26	150m:	1:55.95	20.68	250m:	3:18.56	20.50	350m:	4:40.32 20.67
	75m:	54.47	19.65	175m:	2:16.62	20.67	275m:	3:39.14	20.58	375m:	4:59.74 19.42
	100m:	1:14.90	20.43	200m:	2:37.63	21.01	300m:	3:59.39	20.25	400m:	5:17.84 18.10
DSQ				2005	I						