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, 08 - 11 2019

11 , 1500m
08.10.2019 - 13:2114:16.13
14:39.57

(FIN)

09.12.2006
29.11.2018

: FINA 2019

			/				R.T.				FINA	
1.			2002				+0,84 15:16.67				791	
	50m:	27.93	27.93	450m:	4:30.02	30.32	850m:	8:33.46	30.82	1250m:	12:42.11	31.30
	100m:	58.16	30.23	500m:	5:00.35	30.33	900m:	9:04.26	30.80	1300m:	13:13.38	31.27
	150m:	1:28.14	29.98	550m:	5:30.72	30.37	950m:	9:35.23	30.97	1350m:	13:44.76	31.38
	200m:	1:58.51	30.37	600m:	6:00.88	30.16	1000m:	10:06.16	30.93	1400m:	14:16.13	31.37
	250m:	2:28.80	30.29	650m:	6:31.26	30.38	1050m:	10:37.39	31.23	1450m:	14:47.57	31.44
	300m:	2:59.19	30.39	700m:	7:01.59	30.33	1100m:	11:08.64	31.25	1500m:	15:16.67	29.10
	350m:	3:29.45	30.26	750m:	7:32.09	30.50	1150m:	11:39.73	31.09			
	400m:	3:59.70	30.25	800m:	8:02.64	30.55	1200m:	12:10.81	31.08			
2.			2000				+0,97 15:38.69				737	
	25m:	13.72	13.72	400m:	4:04.48	15.57	775m:	8:01.21	15.99	1150m:	12:00.89	15.98
	50m:	28.74	15.02	425m:	4:20.32	15.84	800m:	8:17.23	16.02	1175m:	12:16.92	16.03
	75m:	43.90	15.16	450m:	4:36.13	15.81	825m:	8:33.12	15.89	1200m:	12:32.99	16.07
	100m:	59.55	15.65	475m:	4:51.73	15.60	850m:	8:49.31	16.19	1225m:	12:48.99	16.00
	125m:	1:14.82	15.27	500m:	5:07.43	15.70	875m:	9:05.44	16.13	1250m:	13:04.96	15.97
	150m:	1:29.98	15.16	525m:	5:23.21	15.78	900m:	9:21.40	15.96	1275m:	13:20.71	15.75
	175m:	1:45.36	15.38	550m:	5:38.96	15.75	925m:	9:37.38	15.98	1300m:	13:36.47	15.76
	200m:	2:00.73	15.37	575m:	5:54.78	15.82	950m:	9:53.21	15.83	1325m:	13:51.93	15.46
	225m:	2:16.10	15.37	600m:	6:10.41	15.63	975m:	10:09.38	16.17	1350m:	14:07.39	15.46
	250m:	2:31.45	15.35	625m:	6:26.37	15.96	1000m:	10:25.55	16.17	1375m:	14:23.04	15.65
	275m:	2:46.83	15.38	650m:	6:42.05	15.68	1025m:	10:41.59	16.04	1400m:	14:38.69	15.65
	300m:	3:02.18	15.35	675m:	6:57.98	15.93	1050m:	10:57.37	15.78	1425m:	14:54.20	15.51
	325m:	3:17.68	15.50	700m:	7:13.56	15.58	1075m:	11:13.22	15.85	1450m:	15:09.85	15.65
	350m:	3:33.25	15.57	725m:	7:29.44	15.88	1100m:	11:29.06	15.84	1475m:	15:24.78	14.93
	375m:	3:48.91	15.66	750m:	7:45.22	15.78	1125m:	11:44.91	15.85	1500m:	15:38.69	13.91
3.			2001				+0,89 15:43.30				726	
	25m:	13.68	13.68	400m:	4:05.01	15.51	775m:	8:02.66	15.99	1150m:	12:01.57	15.67
	50m:	28.47	14.79	425m:	4:20.75	15.74	800m:	8:18.31	15.65	1175m:	12:17.83	16.26
	75m:	43.58	15.11	450m:	4:36.40	15.65	825m:	8:34.19	15.88	1200m:	12:33.63	15.80
	100m:	58.73	15.15	475m:	4:52.37	15.97	850m:	8:49.92	15.73	1225m:	12:49.88	16.25
	125m:	1:14.10	15.37	500m:	5:08.17	15.80	875m:	9:05.91	15.99	1250m:	13:05.99	16.11
	150m:	1:29.42	15.32	525m:	5:23.97	15.80	900m:	9:21.93	16.02	1275m:	13:22.23	16.24
	175m:	1:44.91	15.49	550m:	5:39.64	15.67	925m:	9:37.89	15.96	1300m:	13:38.20	15.97
	200m:	2:00.22	15.31	575m:	5:55.66	16.02	950m:	9:53.62	15.73	1325m:	13:54.16	15.96
	225m:	2:15.74	15.52	600m:	6:11.31	15.65	975m:	10:09.75	16.13	1350m:	14:09.91	15.75
	250m:	2:31.37	15.63	625m:	6:27.19	15.88	1000m:	10:25.81	16.06	1375m:	14:25.85	15.94
	275m:	2:47.25	15.88	650m:	6:43.01	15.82	1025m:	10:41.93	16.12	1400m:	14:41.56	15.71
	300m:	3:02.97	15.72	675m:	6:59.13	16.12	1050m:	10:57.92	15.99	1425m:	14:57.53	15.97
	325m:	3:18.53	15.56	700m:	7:14.92	15.79	1075m:	11:13.92	16.00	1450m:	15:13.36	15.83
	350m:	3:33.93	15.40	725m:	7:30.95	16.03	1100m:	11:29.77	15.85	1475m:	15:29.01	15.65
	375m:	3:49.50	15.57	750m:	7:46.67	15.72	1125m:	11:45.90	16.13	1500m:	15:43.30	14.29

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11, , 1500m

							R.T.		FINA	
4.			2004				+0,68 15:57.68		694	
	25m:		400m:	4:09.95	775m:		1150m:	12:10.74		
	50m:	28.17	425m:		800m:	8:26.42	1175m:			
	75m:		450m:	4:41.80	825m:		1200m:	12:43.08		
	100m:	59.46	475m:		850m:	8:57.35	1225m:			
	125m:		500m:	5:13.77	875m:		1250m:	13:15.44		
	150m:	1:30.96	525m:		900m:	9:29.53	1275m:			
	175m:		550m:	5:45.57	925m:		1300m:	13:48.11		
	200m:	2:03.28	575m:		950m:	10:01.75	1325m:			
	225m:		600m:	6:17.73	975m:		1350m:	14:20.21		
	250m:	2:34.87	625m:		1000m:	10:33.76	1375m:			
	275m:		650m:	6:49.81	1025m:		1400m:	14:52.37		
	300m:	3:06.50	675m:		1050m:	11:06.20	1425m:			
	325m:		700m:	7:21.97	1075m:		1450m:	15:24.48		
	350m:	3:38.33	725m:		1100m:	11:38.38	1475m:			
	375m:		750m:	7:54.11	1125m:		1500m:	15:57.68		
5.			1999				+0,84 15:58.43		692	
	25m:	13.49 13.49	400m:	4:08.98 16.23	775m:	8:09.12 15.71	1150m:	12:11.76 16.11		
	50m:	28.67 15.18	425m:	4:24.84 15.86	800m:	8:25.10 15.98	1175m:	12:27.58 15.82		
	75m:	43.87 15.20	450m:	4:41.02 16.18	825m:	8:41.07 15.97	1200m:	12:43.60 16.02		
	100m:	59.38 15.51	475m:	4:57.04 16.02	850m:	8:57.24 16.17	1225m:	13:00.17 16.57		
	125m:	1:14.92 15.54	500m:	5:12.96 15.92	875m:	9:13.24 16.00	1250m:	13:16.45 16.28		
	150m:	1:30.69 15.77	525m:	5:28.92 15.96	900m:	9:29.30 16.06	1275m:	13:33.23 16.78		
	175m:	1:46.27 15.58	550m:	5:44.84 15.92	925m:	9:45.21 15.91	1300m:	13:49.64 16.41		
	200m:	2:01.92 15.65	575m:	6:01.00 16.16	950m:	10:01.10 15.89	1325m:	14:05.72 16.08		
	225m:	2:17.49 15.57	600m:	6:16.89 15.89	975m:	10:17.73 16.63	1350m:	14:22.41 16.69		
	250m:	2:33.23 15.74	625m:	6:33.01 16.12	1000m:	10:33.60 15.87	1375m:	14:38.94 16.53		
	275m:	2:49.14 15.91	650m:	6:49.04 16.03	1025m:	10:50.03 16.43	1400m:	14:55.10 16.16		
	300m:	3:05.26 16.12	675m:	7:05.11 16.07	1050m:	11:06.40 16.37	1425m:	15:10.91 15.81		
	325m:	3:20.91 15.65	700m:	7:21.51 16.40	1075m:	11:22.59 16.19	1450m:	15:27.22 16.31		
	350m:	3:36.75 15.84	725m:	7:37.29 15.78	1100m:	11:39.10 16.51	1475m:	15:43.52 16.30		
	375m:	3:52.75 16.00	750m:	7:53.41 16.12	1125m:	11:55.65 16.55	1500m:	15:58.43 14.91		
6.			2003				+0,86 15:59.05		691	
	25m:	13.36 13.36	400m:	4:11.84	775m:	7:40.42	1150m:	12:14.82		19.54
	50m:	29.59 16.23	425m:		800m:	8:28.88 48.46	1175m:			
	75m:	43.09 13.50	450m:	4:43.65	825m:	8:12.79	1200m:	12:47.33		
	100m:	1:01.18 18.09	475m:		850m:	9:01.16 48.37	1225m:			
	125m:	1:13.23 12.05	500m:	5:15.66	875m:	8:44.90	1250m:	13:19.44		
	150m:	1:32.50 19.27	525m:	5:15.66	900m:	9:33.54 48.64	1275m:			
	175m:	1:43.25 10.75	550m:	5:48.01 32.35	925m:	9:17.15	1300m:	13:51.86		
	200m:	2:04.48 21.23	575m:	5:45.79	950m:	10:05.51 48.36	1325m:			
	225m:		600m:	6:19.81 34.02	975m:	9:49.50	1350m:	14:24.21		
	250m:	2:36.32	625m:	6:16.21	1000m:	10:37.95 48.45	1375m:			
	275m:		650m:	6:51.96 35.75	1025m:	10:21.60	1400m:	14:56.67		
	300m:	3:08.06	675m:	6:46.44	1050m:	11:10.21 48.61	1425m:			
	325m:		700m:	7:24.06 37.62	1075m:	11:24.07 13.86	1450m:	15:28.82		
	350m:	3:39.97	725m:	7:07.93	1100m:	11:42.58 18.51	1475m:	15:44.70 15.88		
	375m:		750m:	7:56.43 48.50	1125m:	11:55.28 12.70	1500m:	15:59.05 14.35		

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2019

11, , 1500m

							R.T.		FINA			
7.			2002				+0,77 16:10.67		666			
	25m:	13.60	13.60	400m:	4:08.52	16.08	775m:	8:13.27	16.44	1150m:	13:02.24	52.27
	50m:	28.99	15.39	425m:	4:24.55	16.03	800m:	8:29.72	16.45	1175m:	12:44.80	
	75m:	44.40	15.41	450m:	4:40.82	16.27	825m:	8:46.21	16.49	1200m:	13:37.32	52.52
	100m:	59.90	15.50	475m:	4:56.85	16.03	850m:	9:02.81	16.60	1225m:	13:20.03	
	125m:	1:15.47	15.57	500m:	5:13.39	16.54	875m:	9:19.63	16.82	1250m:	14:11.34	51.31
	150m:	1:30.92	15.45	525m:	5:29.69	16.30	900m:	9:36.24	16.61	1275m:	13:54.26	
	175m:	1:46.43	15.51	550m:	5:46.24	16.55	925m:	9:53.16	16.92	1300m:	14:45.33	51.07
	200m:	2:01.92	15.49	575m:	6:02.54	16.30	950m:	10:09.99	16.83	1325m:	14:28.56	
	225m:	2:17.52	15.60	600m:	6:18.89	16.35	975m:	10:26.82	16.83	1350m:	15:19.60	51.04
	250m:	2:33.04	15.52	625m:	6:35.07	16.18	1000m:	10:44.16	17.34	1375m:	15:02.51	
	275m:	2:48.87	15.83	650m:	6:51.41	16.34	1025m:	11:01.07	16.91	1400m:	15:53.39	50.88
	300m:	3:04.69	15.82	675m:	7:07.65	16.24	1050m:	11:18.17	17.10	1425m:	15:36.72	
	325m:	3:20.49	15.80	700m:	7:24.01	16.36	1075m:	11:35.57	17.40	1450m:	16:26.61	49.89
	350m:	3:36.45	15.96	725m:	7:40.29	16.28	1100m:	12:27.37	51.80	1475m:	16:10.67	
	375m:	3:52.44	15.99	750m:	7:56.83	16.54	1125m:	12:09.97		1500m:	16:10.67	
8.			2002				+0,84 16:25.76		636			
	25m:	13.22	13.22	400m:	4:14.65	16.57	775m:	8:23.00	16.58	1150m:	12:32.67	16.78
	50m:	28.03	14.81	425m:	4:30.92	16.27	800m:	8:39.54	16.54	1175m:	12:49.21	16.54
	75m:	43.15	15.12	450m:	4:47.49	16.57	825m:	8:55.96	16.42	1200m:	13:06.02	16.81
	100m:	58.92	15.77	475m:	5:04.03	16.54	850m:	9:12.66	16.70	1225m:	13:22.97	16.95
	125m:	1:14.71	15.79	500m:	5:20.81	16.78	875m:	9:29.13	16.47	1250m:	13:40.13	17.16
	150m:	1:31.01	16.30	525m:	5:37.16	16.35	900m:	9:45.99	16.86	1275m:	13:56.72	16.59
	175m:	1:47.03	16.02	550m:	5:53.93	16.77	925m:	10:02.32	16.33	1300m:	14:13.47	16.75
	200m:	2:03.12	16.09	575m:	6:10.07	16.14	950m:	10:19.08	16.76	1325m:	14:30.30	16.83
	225m:	2:19.35	16.23	600m:	6:27.02	16.95	975m:	10:35.84	16.76	1350m:	14:47.37	17.07
	250m:	2:35.88	16.53	625m:	6:43.45	16.43	1000m:	10:52.74	16.90	1375m:	15:04.12	16.75
	275m:	2:52.36	16.48	650m:	7:00.43	16.98	1025m:	11:09.23	16.49	1400m:	15:20.97	16.85
	300m:	3:08.93	16.57	675m:	7:16.86	16.43	1050m:	11:25.86	16.63	1425m:	15:37.55	16.58
	325m:	3:25.03	16.10	700m:	7:33.49	16.63	1075m:	11:42.64	16.78	1450m:	15:54.14	16.59
	350m:	3:41.70	16.67	725m:	7:49.67	16.18	1100m:	11:59.14	16.50	1475m:	16:10.06	15.92
	375m:	3:58.08	16.38	750m:	8:06.42	16.75	1125m:	12:15.89	16.75	1500m:	16:25.76	15.70
9.			2003				+0,77 16:28.40		631			
	25m:	13.66	13.66	400m:	4:17.02	16.46	775m:	8:25.69	16.64	1150m:	12:35.99	16.75
	50m:	29.26	15.60	425m:	4:33.73	16.71	800m:	8:42.34	16.65	1175m:	12:52.86	16.87
	75m:	45.18	15.92	450m:	4:50.21	16.48	825m:	8:59.00	16.66	1200m:	13:09.66	16.80
	100m:	1:01.34	16.16	475m:	5:06.69	16.48	850m:	9:15.71	16.71	1225m:	13:26.38	16.72
	125m:	1:17.50	16.16	500m:	5:23.36	16.67	875m:	9:32.31	16.60	1250m:	13:43.24	16.86
	150m:	1:33.77	16.27	525m:	5:39.88	16.52	900m:	9:49.06	16.75	1275m:	13:59.87	16.63
	175m:	1:50.13	16.36	550m:	5:56.42	16.54	925m:	10:05.85	16.79	1300m:	14:16.58	16.71
	200m:	2:06.35	16.22	575m:	6:12.89	16.47	950m:	10:22.45	16.60	1325m:	14:33.41	16.83
	225m:	2:22.79	16.44	600m:	6:29.44	16.55	975m:	10:39.10	16.65	1350m:	14:50.24	16.83
	250m:	2:38.97	16.18	625m:	6:45.94	16.50	1000m:	10:55.67	16.57	1375m:	15:07.21	16.97
	275m:	2:55.30	16.33	650m:	7:02.46	16.52	1025m:	11:12.35	16.68	1400m:	15:24.00	16.79
	300m:	3:11.49	16.19	675m:	7:19.25	16.79	1050m:	11:28.98	16.63	1425m:	15:40.71	16.71
	325m:	3:27.80	16.31	700m:	7:35.75	16.50	1075m:	11:45.61	16.63	1450m:	15:57.46	16.75
	350m:	3:44.12	16.32	725m:	7:52.41	16.66	1100m:	12:02.31	16.70	1475m:	16:13.58	16.12
	375m:	4:00.56	16.44	750m:	8:09.05	16.64	1125m:	12:19.24	16.93	1500m:	16:28.40	14.82

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2019

11, , 1500m

							R.T.		FINA			
10.			1999				+0,72 16:28.78		630			
	25m:	13.72	13.72	400m:	4:21.05	16.70	775m:	8:31.95	16.67	1150m:	12:39.99	16.61
	50m:	29.45	15.73	425m:	4:37.48	16.43	800m:	8:48.28	16.33	1175m:	12:56.26	16.27
	75m:	45.66	16.21	450m:	4:54.16	16.68	825m:	9:04.86	16.58	1200m:	13:13.18	16.92
	100m:	1:02.21	16.55	475m:	5:10.87	16.71	850m:	9:21.72	16.86	1225m:	13:29.73	16.55
	125m:	1:18.46	16.25	500m:	5:27.48	16.61	875m:	9:38.37	16.65	1250m:	13:46.49	16.76
	150m:	1:35.24	16.78	525m:	5:44.05	16.57	900m:	9:54.98	16.61	1275m:	14:02.88	16.39
	175m:	1:51.58	16.34	550m:	6:00.79	16.74	925m:	10:11.49	16.51	1300m:	14:19.46	16.58
	200m:	2:08.32	16.74	575m:	6:17.78	16.99	950m:	10:28.11	16.62	1325m:	14:36.04	16.58
	225m:	2:24.89	16.57	600m:	6:34.60	16.82	975m:	10:44.39	16.28	1350m:	14:52.72	16.68
	250m:	2:41.49	16.60	625m:	6:51.25	16.65	1000m:	11:00.99	16.60	1375m:	15:09.64	16.92
	275m:	2:57.89	16.40	650m:	7:08.04	16.79	1025m:	11:17.56	16.57	1400m:	15:26.33	16.69
	300m:	3:14.69	16.80	675m:	7:24.86	16.82	1050m:	11:34.04	16.48	1425m:	15:43.26	16.93
	325m:	3:31.15	16.46	700m:	7:41.61	16.75	1075m:	11:50.39	16.35	1450m:	15:59.57	16.31
	350m:	3:47.85	16.70	725m:	7:58.57	16.96	1100m:	12:06.89	16.50	1475m:	16:14.46	14.89
	375m:	4:04.35	16.50	750m:	8:15.28	16.71	1125m:	12:23.38	16.49	1500m:	16:28.78	14.32
11.			2004				+0,79 16:29.96		628			
	25m:	13.42	13.42	400m:	4:15.29	16.82	775m:	8:25.36	16.81	1150m:	12:35.80	16.83
	50m:	28.10	14.68	425m:	4:31.77	16.48	800m:	8:42.16	16.80	1175m:	12:52.46	16.66
	75m:	43.49	15.39	450m:	4:48.46	16.69	825m:	8:58.79	16.63	1200m:	13:09.35	16.89
	100m:	59.18	15.69	475m:	5:04.91	16.45	850m:	9:15.42	16.63	1225m:	13:25.90	16.55
	125m:	1:14.90	15.72	500m:	5:21.66	16.75	875m:	9:32.03	16.61	1250m:	13:42.70	16.80
	150m:	1:31.07	16.17	525m:	5:38.45	16.79	900m:	9:49.00	16.97	1275m:	13:59.18	16.48
	175m:	1:47.06	15.99	550m:	5:55.21	16.76	925m:	10:05.56	16.56	1300m:	14:16.36	17.18
	200m:	2:03.40	16.34	575m:	6:11.83	16.62	950m:	10:22.12	16.56	1325m:	14:33.19	16.83
	225m:	2:19.79	16.39	600m:	6:28.50	16.67	975m:	10:38.82	16.70	1350m:	14:50.17	16.98
	250m:	2:36.22	16.43	625m:	6:45.27	16.77	1000m:	10:55.44	16.62	1375m:	15:06.84	16.67
	275m:	2:52.43	16.21	650m:	7:01.91	16.64	1025m:	11:12.23	16.79	1400m:	15:23.64	16.80
	300m:	3:08.98	16.55	675m:	7:18.30	16.39	1050m:	11:28.96	16.73	1425m:	15:40.58	16.94
	325m:	3:25.48	16.50	700m:	7:35.16	16.86	1075m:	11:45.68	16.72	1450m:	15:57.36	16.78
	350m:	3:42.02	16.54	725m:	7:51.86	16.70	1100m:	12:02.33	16.65	1475m:	16:13.83	16.47
	375m:	3:58.47	16.45	750m:	8:08.55	16.69	1125m:	12:18.97	16.64	1500m:	16:29.96	16.13
12.			2004				+0,77 16:32.29		624			
	25m:	13.60	13.60	400m:	4:13.57	23.03	775m:	8:24.04	16.50	1150m:	12:36.46	16.96
	50m:	28.50	14.90	425m:	4:30.15	16.58	800m:	8:40.95	16.91	1175m:	12:53.31	16.85
	75m:	43.47	14.97	450m:	4:46.90	16.75	825m:	8:57.61	16.66	1200m:	13:10.15	16.84
	100m:	59.04	15.57	475m:	5:03.52	16.62	850m:	9:14.42	16.81	1225m:	13:27.11	16.96
	125m:	1:14.64	15.60	500m:	5:20.26	16.74	875m:	9:31.07	16.65	1250m:	13:44.17	17.06
	150m:	1:30.63	15.99	525m:	5:37.01	16.75	900m:	9:47.87	16.80	1275m:	14:01.04	16.87
	175m:	1:46.38	15.75	550m:	5:53.74	16.73	925m:	10:04.53	16.66	1300m:	14:18.25	17.21
	200m:	2:02.74	16.36	575m:	6:10.32	16.58	950m:	10:21.31	16.78	1325m:	14:35.12	16.87
	225m:	2:18.91	16.17	600m:	6:27.19	16.87	975m:	10:38.12	16.81	1350m:	14:52.32	17.20
	250m:	2:35.40	16.49	625m:	6:43.92	16.73	1000m:	10:55.23	17.11	1375m:	15:09.19	16.87
	275m:	2:47.18	11.78	650m:	7:00.58	16.66	1025m:	11:12.10	16.87	1400m:	15:26.30	17.11
	300m:	3:07.96	20.78	675m:	7:17.23	16.65	1050m:	11:29.00	16.90	1425m:	15:43.48	17.18
	325m:	3:24.21	16.25	700m:	7:34.01	16.78	1075m:	11:45.83	16.83	1450m:	16:00.44	16.96
	350m:	3:40.65	16.44	725m:	7:50.68	16.67	1100m:	12:02.72	16.89	1475m:	16:16.60	16.16
	375m:	3:50.54	9.89	750m:	8:07.54	16.86	1125m:	12:19.50	16.78	1500m:	16:32.29	15.69

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2019

11, , 1500m

							R.T.		FINA			
13.	2003 I						+0,72 16:35.18		618			
25m:	14.17	14.17	400m:	4:22.05	16.65	775m:	8:31.34	16.49	1150m:	12:41.64	16.89	
50m:	29.77	15.60	425m:	4:38.68	16.63	800m:	8:47.86	16.52	1175m:	12:58.43	16.79	
75m:	45.94	16.17	450m:	4:55.20	16.52	825m:	9:04.58	16.72	1200m:	13:15.09	16.66	
100m:	1:02.40	16.46	475m:	5:11.76	16.56	850m:	9:21.25	16.67	1225m:	13:31.68	16.59	
125m:	1:18.75	16.35	500m:	5:28.28	16.52	875m:	9:37.92	16.67	1250m:	13:48.43	16.75	
150m:	1:35.48	16.73	525m:	5:44.82	16.54	900m:	9:54.51	16.59	1275m:	14:05.08	16.65	
175m:	1:51.96	16.48	550m:	6:01.34	16.52	925m:	10:11.05	16.54	1300m:	14:21.92	16.84	
200m:	2:08.65	16.69	575m:	6:18.11	16.77	950m:	10:28.01	16.96	1325m:	14:38.54	16.62	
225m:	2:25.12	16.47	600m:	6:34.65	16.54	975m:	10:44.70	16.69	1350m:	14:55.22	16.68	
250m:	2:41.86	16.74	625m:	6:51.51	16.86	1000m:	11:01.50	16.80	1375m:	15:12.21	16.99	
275m:	2:58.39	16.53	650m:	7:08.19	16.68	1025m:	11:18.07	16.57	1400m:	15:29.04	16.83	
300m:	3:15.22	16.83	675m:	7:24.81	16.62	1050m:	11:34.86	16.79	1425m:	15:45.70	16.66	
325m:	3:31.87	16.65	700m:	7:41.44	16.63	1075m:	11:51.41	16.55	1450m:	16:02.78	17.08	
350m:	3:48.50	16.63	725m:	7:58.23	16.79	1100m:	12:08.23	16.82	1475m:	16:19.17	16.39	
375m:	4:05.40	16.90	750m:	8:14.85	16.62	1125m:	12:24.75	16.52	1500m:	16:35.18	16.01	
14.	2002						+0,83 16:35.44		618			
25m:	14.09	14.09	400m:	4:18.21	16.32	775m:	8:28.80	16.86	1150m:	12:41.40	17.00	
50m:	29.50	15.41	425m:	4:34.92	16.71	800m:	8:45.84	17.04	1175m:	12:58.32	16.92	
75m:	45.56	16.06	450m:	4:51.32	16.40	825m:	9:02.42	16.58	1200m:	13:15.00	16.68	
100m:	1:01.73	16.17	475m:	5:08.08	16.76	850m:	9:18.81	16.39	1225m:	13:31.57	16.57	
125m:	1:18.03	16.30	500m:	5:24.80	16.72	875m:	9:35.66	16.85	1250m:	13:48.51	16.94	
150m:	1:34.26	16.23	525m:	5:41.46	16.66	900m:	9:52.38	16.72	1275m:	14:05.43	16.92	
175m:	1:50.64	16.38	550m:	5:58.00	16.54	925m:	10:09.32	16.94	1300m:	14:22.28	16.85	
200m:	2:06.98	16.34	575m:	6:14.96	16.96	950m:	10:26.41	17.09	1325m:	14:39.18	16.90	
225m:	2:23.26	16.28	600m:	6:31.77	16.81	975m:	10:43.21	16.80	1350m:	14:56.11	16.93	
250m:	2:39.65	16.39	625m:	6:48.52	16.75	1000m:	10:59.84	16.63	1375m:	15:13.13	17.02	
275m:	2:55.86	16.21	650m:	7:05.36	16.84	1025m:	11:16.77	16.93	1400m:	15:29.45	16.32	
300m:	3:12.15	16.29	675m:	7:21.83	16.47	1050m:	11:33.98	17.21	1425m:	15:46.03	16.58	
325m:	3:28.58	16.43	700m:	7:38.59	16.76	1075m:	11:50.71	16.73	1450m:	16:03.16	17.13	
350m:	3:45.11	16.53	725m:	7:55.45	16.86	1100m:	12:07.49	16.78	1475m:	16:19.91	16.75	
375m:	4:01.89	16.78	750m:	8:11.94	16.49	1125m:	12:24.40	16.91	1500m:	16:35.44	15.53	
15.	2003						16:38.20		613			
25m:	13.99	13.99	400m:	4:14.63	16.37	775m:	8:24.47	16.86	1150m:	12:39.42	17.12	
50m:	29.11	15.12	425m:	4:31.09	16.46	800m:	8:41.56	17.09	1175m:	12:56.68	17.26	
75m:	44.90	15.79	450m:	4:47.48	16.39	825m:	8:58.42	16.86	1200m:	13:13.91	17.23	
100m:	1:00.71	15.81	475m:	5:04.12	16.64	850m:	9:15.28	16.86	1225m:	13:31.13	17.22	
125m:	1:16.61	15.90	500m:	5:20.71	16.59	875m:	9:32.00	16.72	1250m:	13:48.24	17.11	
150m:	1:32.50	15.89	525m:	5:37.33	16.62	900m:	9:48.80	16.80	1275m:	14:05.42	17.18	
175m:	1:48.36	15.86	550m:	5:53.97	16.64	925m:	10:05.62	16.82	1300m:	14:22.71	17.29	
200m:	2:04.32	15.96	575m:	6:10.53	16.56	950m:	10:22.56	16.94	1325m:	14:39.90	17.19	
225m:	2:20.60	16.28	600m:	6:27.05	16.52	975m:	10:39.72	17.16	1350m:	14:57.21	17.31	
250m:	2:36.80	16.20	625m:	6:43.94	16.89	1000m:	10:56.45	16.73	1375m:	15:14.41	17.20	
275m:	2:53.01	16.21	650m:	7:00.60	16.66	1025m:	11:13.63	17.18	1400m:	15:31.61	17.20	
300m:	3:09.41	16.40	675m:	7:17.38	16.78	1050m:	11:30.68	17.05	1425m:	15:48.64	17.03	
325m:	3:25.74	16.33	700m:	7:33.93	16.55	1075m:	11:47.82	17.14	1450m:	16:05.55	16.91	
350m:	3:41.87	16.13	725m:	7:50.89	16.96	1100m:	12:04.96	17.14	1475m:	16:22.21	16.66	
375m:	3:58.26	16.39	750m:	8:07.61	16.72	1125m:	12:22.30	17.34	1500m:	16:38.20	15.99	

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2019

11, , 1500m

				/			R.T.			FINA		
16.				2004			+0,75 16:42.65			605		
	25m:	14.26	14.26	400m:	4:23.08	16.77	775m:	8:34.68	16.63	1150m:	12:48.15	17.06
	50m:	29.77	15.51	425m:	4:39.75	16.67	800m:	8:51.72	17.04	1175m:	13:04.88	16.73
	75m:	45.73	15.96	450m:	4:56.58	16.83	825m:	9:08.33	16.61	1200m:	13:21.95	17.07
	100m:	1:02.01	16.28	475m:	5:13.25	16.67	850m:	9:25.24	16.91	1225m:	13:38.66	16.71
	125m:	1:18.42	16.41	500m:	5:30.04	16.79	875m:	9:41.98	16.74	1250m:	13:55.77	17.11
	150m:	1:34.95	16.53	525m:	5:46.57	16.53	900m:	9:59.05	17.07	1275m:	14:12.64	16.87
	175m:	1:51.59	16.64	550m:	6:03.41	16.84	925m:	10:15.85	16.80	1300m:	14:29.49	16.85
	200m:	2:08.40	16.81	575m:	6:20.01	16.60	950m:	10:33.14	17.29	1325m:	14:46.17	16.68
	225m:	2:25.14	16.74	600m:	6:36.99	16.98	975m:	10:49.78	16.64	1350m:	15:03.16	16.99
	250m:	2:42.11	16.97	625m:	6:53.61	16.62	1000m:	11:06.97	17.19	1375m:	15:19.86	16.70
	275m:	2:58.82	16.71	650m:	7:10.66	17.05	1025m:	11:23.72	16.75	1400m:	15:36.93	17.07
	300m:	3:15.71	16.89	675m:	7:27.24	16.58	1050m:	11:40.63	16.91	1425m:	15:53.51	16.58
	325m:	3:32.71	17.00	700m:	7:44.39	17.15	1075m:	11:57.51	16.88	1450m:	16:10.48	16.97
	350m:	3:49.58	16.87	725m:	8:01.08	16.69	1100m:	12:14.48	16.97	1475m:	16:26.75	16.27
	375m:	4:06.31	16.73	750m:	8:18.05	16.97	1125m:	12:31.09	16.61	1500m:	16:42.65	15.90
17.				2003			+0,94 16:45.70			599		
	25m:	14.05	14.05	400m:	4:19.65	16.62	775m:	8:32.55	16.78	1150m:	12:50.50	17.43
	50m:	29.54	15.49	425m:	4:36.39	16.74	800m:	8:49.54	16.99	1175m:	13:07.85	17.35
	75m:	45.62	16.08	450m:	4:53.22	16.83	825m:	9:06.65	17.11	1200m:	13:25.11	17.26
	100m:	1:02.07	16.45	475m:	5:09.48	16.26	850m:	9:24.04	17.39	1225m:	13:41.58	16.47
	125m:	1:18.20	16.13	500m:	5:25.90	16.42	875m:	9:40.88	16.84	1250m:	13:58.62	17.04
	150m:	1:34.60	16.40	525m:	5:42.70	16.80	900m:	9:58.10	17.22	1275m:	14:16.04	17.42
	175m:	1:51.20	16.60	550m:	5:59.52	16.82	925m:	10:14.96	16.86	1300m:	14:33.69	17.65
	200m:	2:07.43	16.23	575m:	6:16.52	17.00	950m:	10:32.03	17.07	1325m:	14:50.81	17.12
	225m:	2:23.77	16.34	600m:	6:33.34	16.82	975m:	10:49.30	17.27	1350m:	15:08.33	17.52
	250m:	2:40.27	16.50	625m:	6:50.18	16.84	1000m:	11:06.64	17.34	1375m:	15:25.02	16.69
	275m:	2:56.83	16.56	650m:	7:07.34	17.16	1025m:	11:23.97	17.33	1400m:	15:42.20	17.18
	300m:	3:13.31	16.48	675m:	7:24.04	16.70	1050m:	11:41.68	17.71	1425m:	15:58.88	16.68
	325m:	3:30.05	16.74	700m:	7:41.37	17.33	1075m:	11:58.81	17.13	1450m:	16:15.79	16.91
	350m:	3:46.53	16.48	725m:	7:58.49	17.12	1100m:	12:16.17	17.36	1475m:	16:31.62	15.83
	375m:	4:03.03	16.50	750m:	8:15.77	17.28	1125m:	12:33.07	16.90	1500m:	16:45.70	14.08
18.				2002			+0,84 16:49.15			593		
	25m:	14.09	14.09	400m:	4:24.36	17.00	775m:	8:39.47	17.07	1150m:	12:54.22	16.90
	50m:	29.70	15.61	425m:	4:41.45	17.09	800m:	8:56.57	17.10	1175m:	13:11.17	16.95
	75m:	46.08	16.38	450m:	4:58.40	16.95	825m:	9:13.56	16.99	1200m:	13:28.09	16.92
	100m:	1:02.67	16.59	475m:	5:15.35	16.95	850m:	9:30.49	16.93	1225m:	13:45.19	17.10
	125m:	1:19.34	16.67	500m:	5:31.98	16.63	875m:	9:47.30	16.81	1250m:	14:02.17	16.98
	150m:	1:35.91	16.57	525m:	5:49.00	17.02	900m:	10:04.26	16.96	1275m:	14:19.50	17.33
	175m:	1:52.76	16.85	550m:	6:05.89	16.89	925m:	10:21.46	17.20	1300m:	14:36.35	16.85
	200m:	2:09.33	16.57	575m:	6:23.30	17.41	950m:	10:38.57	17.11	1325m:	14:53.47	17.12
	225m:	2:26.34	17.01	600m:	6:40.67	17.37	975m:	10:55.24	16.67	1350m:	15:10.42	16.95
	250m:	2:42.87	16.53	625m:	6:57.46	16.79	1000m:	11:12.50	17.26	1375m:	15:27.42	17.00
	275m:	2:59.72	16.85	650m:	7:14.46	17.00	1025m:	11:29.33	16.83	1400m:	15:44.35	16.93
	300m:	3:16.51	16.79	675m:	7:31.31	16.85	1050m:	11:46.56	17.23	1425m:	16:01.47	17.12
	325m:	3:33.29	16.78	700m:	7:48.41	17.10	1075m:	12:03.27	16.71	1450m:	16:18.43	16.96
	350m:	3:50.26	16.97	725m:	8:05.28	16.87	1100m:	12:20.22	16.95	1475m:	16:34.09	15.66
	375m:	4:07.36	17.10	750m:	8:22.40	17.12	1125m:	12:37.32	17.10	1500m:	16:49.15	15.06

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2019

11, , 1500m

							R.T.			FINA		
19.	2002						+0,80 16:50.15			591		
25m:	13.63	13.63	400m:	4:17.73	16.76	775m:	8:32.09	17.19	1150m:	12:51.88	17.56	
50m:	29.08	15.45	425m:	4:34.38	16.65	800m:	8:49.65	17.56	1175m:	13:09.02	17.14	
75m:	44.48	15.40	450m:	4:51.30	16.92	825m:	9:06.93	17.28	1200m:	13:26.55	17.53	
100m:	1:00.52	16.04	475m:	5:07.98	16.68	850m:	9:24.19	17.26	1225m:	13:43.92	17.37	
125m:	1:16.29	15.77	500m:	5:25.02	17.04	875m:	9:41.36	17.17	1250m:	14:01.76	17.84	
150m:	1:32.44	16.15	525m:	5:41.82	16.80	900m:	9:58.94	17.58	1275m:	14:19.00	17.24	
175m:	1:48.61	16.17	550m:	5:58.72	16.90	925m:	10:15.92	16.98	1300m:	14:35.99	16.99	
200m:	2:05.10	16.49	575m:	6:15.60	16.88	950m:	10:33.60	17.68	1325m:	14:52.96	16.97	
225m:	2:21.37	16.27	600m:	6:32.71	17.11	975m:	10:50.79	17.19	1350m:	15:10.43	17.47	
250m:	2:38.09	16.72	625m:	6:49.57	16.86	1000m:	11:07.67	16.88	1375m:	15:27.49	17.06	
275m:	2:54.40	16.31	650m:	7:06.68	17.11	1025m:	11:24.68	17.01	1400m:	15:44.81	17.32	
300m:	3:11.00	16.60	675m:	7:23.47	16.79	1050m:	11:42.31	17.63	1425m:	16:01.75	16.94	
325m:	3:27.54	16.54	700m:	7:40.61	17.14	1075m:	11:59.73	17.42	1450m:	16:18.86	17.11	
350m:	3:44.24	16.70	725m:	7:57.66	17.05	1100m:	12:17.22	17.49	1475m:	16:35.14	16.28	
375m:	4:00.97	16.73	750m:	8:14.90	17.24	1125m:	12:34.32	17.10	1500m:	16:50.15	15.01	
20.	2000						+0,82 16:50.51			591		
25m:	13.98	13.98	400m:	4:23.02	17.09	775m:	8:31.29	10.35	1150m:	12:55.82	17.52	
50m:	29.59	15.61	425m:	4:40.00	16.98	800m:	8:55.62	24.33	1175m:	13:12.67	16.85	
75m:	45.44	15.85	450m:	4:56.94	16.94	825m:	9:12.56	16.94	1200m:	13:30.05	17.38	
100m:	1:01.64	16.20	475m:	5:13.55	16.61	850m:	9:29.69	17.13	1225m:	13:41.92	11.87	
125m:	1:18.05	16.41	500m:	5:30.57	17.02	875m:	9:46.72	17.03	1250m:	14:04.30	22.38	
150m:	1:34.88	16.83	525m:	5:47.36	16.79	900m:	10:04.25	17.53	1275m:			
175m:	1:51.49	16.61	550m:	6:04.32	16.96	925m:	10:21.08	16.83	1300m:	14:38.66		
200m:	2:08.30	16.81	575m:	6:21.00	16.68	950m:	10:38.39	17.31	1325m:			
225m:	2:24.88	16.58	600m:	6:38.26	17.26	975m:	10:55.50	17.11	1350m:	15:12.83		
250m:	2:41.56	16.68	625m:	6:48.47	10.21	1000m:	11:12.66	17.16	1375m:	15:29.56	16.73	
275m:	2:58.41	16.85	650m:	7:12.13	23.66	1025m:	11:29.70	17.04	1400m:	15:46.75	17.19	
300m:	3:15.29	16.88	675m:	7:29.02	16.89	1050m:	11:47.03	17.33	1425m:	16:03.60	16.85	
325m:	3:32.11	16.82	700m:	7:46.49	17.47	1075m:	12:03.94	16.91	1450m:	16:20.23	16.63	
350m:	3:49.02	16.91	725m:	8:03.63	17.14	1100m:	12:21.14	17.20	1475m:	16:36.15	15.92	
375m:	4:05.93	16.91	750m:	8:20.94	17.31	1125m:	12:38.30	17.16	1500m:	16:50.51	14.36	
21.	2004						+0,87 16:54.86			583		
50m:	28.52	28.52	450m:	4:54.36	34.65	850m:	9:31.08	34.92	1250m:	14:08.65	34.93	
100m:	59.85	31.33	500m:	5:28.96	34.60	900m:	10:05.89	34.81	1300m:	14:41.61	32.96	
150m:	1:32.14	32.29	550m:	6:03.25	34.29	950m:	10:40.52	34.63	1350m:	15:16.59	34.98	
200m:	2:04.91	32.77	600m:	6:37.86	34.61	1000m:	11:15.16	34.64	1400m:	15:50.19	33.60	
250m:	2:38.42	33.51	650m:	7:12.52	34.66	1050m:	11:50.31	35.15	1450m:	16:21.92	31.73	
300m:	3:11.97	33.55	700m:	7:46.78	34.26	1100m:	12:23.70	33.39	1500m:	16:54.86	32.94	
350m:	3:45.67	33.70	750m:	8:21.38	34.60	1150m:	12:58.78	35.08				
400m:	4:19.71	34.04	800m:	8:56.16	34.78	1200m:	13:33.72	34.94				
22.	2002						16:55.99			581		
25m:	14.20	14.20	350m:	3:47.52	16.76	675m:	7:29.38	17.40	1000m:	11:14.19	17.27	
50m:	29.56	15.36	375m:	4:04.36	16.84	700m:	7:46.61	17.23	1025m:	11:31.49	17.30	
75m:	45.53	15.97	400m:	4:21.19	16.83	725m:	8:03.87	17.26	1050m:	11:48.79	17.30	
100m:	1:01.57	16.04	425m:	4:38.07	16.88	750m:	8:21.17	17.30	1075m:	12:05.85	17.06	
125m:	1:17.99	16.42	450m:	4:55.07	17.00	775m:	8:38.38	17.21	1100m:	12:23.43	17.58	
150m:	1:34.34	16.35	475m:	5:11.99	16.92	800m:	8:55.81	17.43	1125m:	12:40.61	17.18	
175m:	1:50.79	16.45	500m:	5:28.95	16.96	825m:	9:12.97	17.16	1150m:	12:58.24	17.63	
200m:	2:07.25	16.46	525m:	5:45.90	16.95	850m:	9:30.35	17.38	1175m:	13:15.42	17.18	
225m:	2:23.92	16.67	550m:	6:03.19	17.29	875m:	9:47.46	17.11	1200m:	13:32.82	17.40	
250m:	2:40.68	16.76	575m:	6:20.47	17.28	900m:	10:04.99	17.53	1225m:	13:50.24	17.42	
275m:	2:57.44	16.76	600m:	6:37.85	17.38	925m:	10:22.12	17.13	1250m:	14:07.60	17.36	
300m:	3:14.13	16.69	625m:	6:54.77	16.92	950m:	10:39.62	17.50	1275m:	14:24.95	17.35	
325m:	3:30.76	16.63	650m:	7:11.98	17.21	975m:	10:56.92	17.30	1300m:	14:42.40	17.45	
1325m:	14:59.41	17.01	1375m:	15:33.99	17.16	1425m:	16:07.59	16.35	1475m:	16:40.66	16.64	
1350m:	15:16.83	17.42	1400m:	15:51.24	17.25	1450m:	16:24.02	16.43	1500m:	16:55.99	15.33	

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2019

11, , 1500m

							R.T.			FINA		
23.	2004						+0,69	16:56.70	580			
	25m: 13.96	13.96	400m: 4:23.78	16.80	775m: 8:39.50	17.01	1150m: 12:56.25					
	50m: 29.65	15.69	425m: 4:40.60	16.82	800m: 8:56.39	16.89	1175m: 13:16.89					
	75m: 45.93	16.28	450m: 4:57.68	17.08	825m: 9:13.30	16.91	1200m: 13:30.94					
	100m: 1:02.24	16.31	475m: 5:14.55	16.87	850m: 9:30.35	17.05	1225m: 13:46.67	15.73				
	125m: 1:18.79	16.55	500m: 5:31.66	17.11	875m: 9:49.21	17.45	1250m: 14:05.16	18.49				
	150m: 1:35.44	16.65	525m: 5:48.56	16.90	900m: 10:04.44	17.41	1275m: 14:22.58	17.42				
	175m: 1:51.97	16.53	550m: 6:05.88	17.32	925m: 10:23.66	17.14	1300m: 14:40.04	17.46				
	200m: 2:08.86	16.89	575m: 6:22.87	16.99	950m: 10:38.51	17.28	1325m: 14:57.27	17.23				
	225m: 2:25.70	16.84	600m: 6:40.06	17.19	975m: 10:58.64	17.70	1350m: 15:14.56	17.29				
	250m: 2:42.54	16.84	625m: 6:57.34	17.28	1000m: 11:13.02	17.37	1375m: 15:31.97	17.41				
	275m: 2:59.24	16.70	650m: 7:14.35	17.01	1025m: 11:33.13	17.12	1400m: 15:49.53	17.56				
	300m: 3:16.35	17.11	675m: 7:31.35	17.00	1050m: 11:47.29	17.31	1425m: 16:06.88	17.35				
	325m: 3:33.10	16.75	700m: 7:48.46	17.11	1075m: 12:07.97	17.31	1450m: 16:23.88	17.00				
	350m: 3:50.01	16.91	725m: 8:05.56	17.10	1100m: 12:22.00	17.62	1475m: 16:40.63	16.75				
	375m: 4:06.98	16.97	750m: 8:22.49	16.93	1125m: 12:42.45	17.30	1500m: 16:56.70	16.07				
24.	2003						17:00.35	574				
	25m: 14.46	14.46	400m: 4:22.39	16.70	775m: 8:39.94	17.04	1150m: 12:59.74	17.29				
	50m: 30.03	15.57	425m: 4:39.32	16.93	800m: 8:57.13	17.19	1175m: 13:16.89	17.15				
	75m: 46.09	16.06	450m: 4:56.09	16.77	825m: 9:14.35	17.22	1200m: 13:34.10	17.21				
	100m: 1:02.47	16.38	475m: 5:13.13	17.04	850m: 9:31.76	17.41	1225m: 13:51.65	17.55				
	125m: 1:18.77	16.30	500m: 5:30.21	17.08	875m: 9:49.21	17.45	1250m: 14:09.20	17.55				
	150m: 1:35.34	16.57	525m: 5:47.43	17.22	900m: 10:06.52	17.31	1275m: 14:26.94	17.74				
	175m: 1:51.77	16.43	550m: 6:04.56	17.13	925m: 10:23.66	17.14	1300m: 14:44.05	17.11				
	200m: 2:08.21	16.44	575m: 6:21.83	17.27	950m: 10:40.94	17.28	1325m: 15:01.34	17.29				
	225m: 2:24.85	16.64	600m: 6:39.46	17.63	975m: 10:58.64	17.70	1350m: 15:18.78	17.44				
	250m: 2:41.46	16.61	625m: 6:56.46	17.00	1000m: 11:16.01	17.37	1375m: 15:36.18	17.40				
	275m: 2:58.08	16.62	650m: 7:13.83	17.37	1025m: 11:33.13	17.12	1400m: 15:53.70	17.52				
	300m: 3:15.01	16.93	675m: 7:31.29	17.46	1050m: 11:50.66	17.53	1425m: 16:10.61	16.91				
	325m: 3:31.98	16.97	700m: 7:48.33	17.04	1075m: 12:07.97	17.31	1450m: 16:27.75	17.14				
	350m: 3:48.75	16.77	725m: 8:05.58	17.25	1100m: 12:25.15	17.18	1475m: 16:44.64	16.89				
	375m: 4:05.69	16.94	750m: 8:22.90	17.32	1125m: 12:42.45	17.30	1500m: 17:00.35	15.71				
25.	2004 I						+0,75	17:00.64	573			
	25m: 13.33	13.33	400m: 4:24.13	17.00	775m: 8:43.19	17.03	1150m: 13:02.35	17.31				
	50m: 28.89	15.56	425m: 4:41.62	17.49	800m: 9:00.44	17.25	1175m: 13:19.08	16.73				
	75m: 44.55	15.66	450m: 4:58.54	16.92	825m: 9:18.12	17.68	1200m: 13:36.54	17.46				
	100m: 1:00.98	16.43	475m: 5:15.86	17.32	850m: 9:35.24	17.12	1225m: 13:54.29	17.75				
	125m: 1:17.01	16.03	500m: 5:32.30	16.44	875m: 9:52.58	17.34	1250m: 14:11.26	16.97				
	150m: 1:33.89	16.88	525m: 5:49.97	17.67	900m: 10:09.69	17.11	1275m: 14:29.06	17.80				
	175m: 1:50.56	16.67	550m: 6:07.50	17.53	925m: 10:26.62	16.93	1300m: 14:46.05	16.99				
	200m: 2:07.68	17.12	575m: 6:24.68	17.18	950m: 10:43.96	17.34	1325m: 15:03.77	17.72				
	225m: 2:24.42	16.74	600m: 6:42.22	17.54	975m: 11:01.82	17.86	1350m: 15:21.55	17.78				
	250m: 2:41.92	17.50	625m: 6:59.41	17.19	1000m: 11:18.66	16.84	1375m: 15:38.17	16.62				
	275m: 2:59.00	17.08	650m: 7:17.17	17.76	1025m: 11:35.75	17.09	1400m: 15:55.33	17.16				
	300m: 3:16.35	17.35	675m: 7:34.10	16.93	1050m: 11:53.04	17.29	1425m: 16:11.88	16.55				
	325m: 3:32.94	16.59	700m: 7:51.26	17.16	1075m: 12:10.58	17.54	1450m: 16:28.87	16.99				
	350m: 3:50.30	17.36	725m: 8:08.73	17.47	1100m: 12:28.20	17.62	1475m: 16:45.30	16.43				
	375m: 4:07.13	16.83	750m: 8:26.16	17.43	1125m: 12:45.04	16.84	1500m: 17:00.64	15.34				

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11, , 1500m

							R.T.		FINA			
26.			2003 I				+0,84 17:00.70		573			
	25m:	14.44	14.44	425m:	4:43.83	17.57	800m:	9:01.30	16.95	1175m:	13:19.31	17.26
	50m:	30.32	15.88	450m:	5:00.92	17.09	825m:	9:18.60	17.30	1200m:	13:36.48	17.17
	75m:	46.48	16.16	475m:	5:18.04	17.12	850m:	9:35.70	17.10	1225m:	13:53.54	17.06
	100m:	1:02.77	16.29	500m:	5:34.99	16.95	875m:	9:52.96	17.26	1250m:	14:10.53	16.99
	125m:	1:19.33	16.56	525m:	5:52.08	17.09	900m:	10:10.04	17.08	1275m:	14:27.74	17.21
	150m:	1:35.84	16.51	550m:	6:09.40	17.32	925m:	10:27.34	17.30	1300m:	14:45.21	17.47
	175m:	1:52.97	17.13	575m:	6:26.79	17.39	950m:	10:44.44	17.10	1325m:	15:02.70	17.49
	200m:	2:09.60	16.63	600m:	6:44.02	17.23	975m:	11:01.80	17.36	1350m:	15:20.17	17.47
	225m:	2:26.44	16.84	625m:	7:01.20	17.18	1000m:	11:18.87	17.07	1375m:	15:37.25	17.08
	250m:	2:43.58	17.14	650m:	7:18.41	17.21	1025m:	11:35.90	17.03	1400m:	15:54.01	16.76
	275m:	3:00.48	16.90	675m:	7:35.67	17.26	1050m:	11:52.86	16.96	1425m:	16:11.02	17.01
	300m:	3:17.37	16.89	700m:	7:52.84	17.17	1075m:	12:10.30	17.44	1450m:	16:27.90	16.88
	325m:	4:08.84	51.47	725m:	8:10.35	17.51	1100m:	12:27.26	16.96	1475m:	16:44.63	16.73
	350m:	3:51.31		750m:	8:27.50	17.15	1125m:	12:44.82	17.56	1500m:	17:00.70	16.07
	400m:	4:26.26	34.95	775m:	8:44.35	16.85	1150m:	13:02.05	17.23			
27.			2004				+0,78 17:08.28		560			
	25m:	13.02	13.02	400m:	4:17.91	17.20	775m:	8:38.96	17.64	1150m:	12:59.04	17.70
	50m:	28.09	15.07	425m:	4:34.78	16.87	800m:	8:56.15	17.19	1175m:	13:17.16	18.12
	75m:	43.29	15.20	450m:	4:52.08	17.30	825m:	9:13.45	17.30	1200m:	13:34.92	17.76
	100m:	59.22	15.93	475m:	5:09.40	17.32	850m:	9:30.43	16.98	1225m:	13:53.03	18.11
	125m:	1:15.28	16.06	500m:	5:26.29	16.89	875m:	9:47.82	17.39	1250m:	14:10.89	17.86
	150m:	1:31.53	16.25	525m:	5:43.77	17.48	900m:	10:05.35	17.53	1275m:	14:29.02	18.13
	175m:	1:47.93	16.40	550m:	6:01.29	17.52	925m:	10:22.80	17.45	1300m:	14:47.08	18.06
	200m:	2:04.52	16.59	575m:	6:18.88	17.59	950m:	10:39.70	16.90	1325m:	15:05.24	18.16
	225m:	2:20.98	16.46	600m:	6:36.33	17.45	975m:	10:56.44	16.74	1350m:	15:23.30	18.06
	250m:	2:37.44	16.46	625m:	6:53.90	17.57	1000m:	11:13.36	16.92	1375m:	15:41.44	18.14
	275m:	2:53.85	16.41	650m:	7:11.23	17.33	1025m:	11:30.83	17.47	1400m:	15:59.31	17.87
	300m:	3:10.52	16.67	675m:	7:28.65	17.42	1050m:	11:48.50	17.67	1425m:	16:17.02	17.71
	325m:	3:27.18	16.66	700m:	7:46.19	17.54	1075m:	12:06.07	17.57	1450m:	16:33.89	16.87
	350m:	3:43.83	16.65	725m:	8:03.60	17.41	1100m:	12:23.57	17.50	1475m:	16:51.48	17.59
	375m:	4:00.71	16.88	750m:	8:21.32	17.72	1125m:	12:41.34	17.77	1500m:	17:08.28	16.80
28.			2003 I				+0,80 17:08.39		560			
	25m:	14.16	14.16	400m:	4:26.10	17.28	775m:	8:44.57	17.22	1150m:	13:05.07	17.02
	50m:	30.21	16.05	425m:	4:43.01	16.91	800m:	9:02.01	17.44	1175m:	13:22.62	17.55
	75m:	46.65	16.44	450m:	5:00.36	17.35	825m:	9:19.43	17.42	1200m:	13:39.97	17.35
	100m:	1:03.20	16.55	475m:	5:17.52	17.16	850m:	9:36.80	17.37	1225m:	13:57.18	17.21
	125m:	1:19.99	16.79	500m:	5:34.42	16.90	875m:	9:54.32	17.52	1250m:	14:15.17	17.99
	150m:	1:36.50	16.51	525m:	5:51.52	17.10	900m:	10:11.57	17.25	1275m:	14:32.52	17.35
	175m:	1:53.43	16.93	550m:	6:08.80	17.28	925m:	10:28.65	17.08	1300m:	14:50.14	17.62
	200m:	2:09.92	16.49	575m:	6:25.97	17.17	950m:	10:46.13	17.48	1325m:	15:07.51	17.37
	225m:	2:26.89	16.97	600m:	6:43.42	17.45	975m:	11:03.45	17.32	1350m:	15:24.94	17.43
	250m:	2:43.69	16.80	625m:	7:00.58	17.16	1000m:	11:21.08	17.63	1375m:	15:42.76	17.82
	275m:	3:00.95	17.26	650m:	7:17.82	17.24	1025m:	11:38.25	17.17	1400m:	16:00.79	18.03
	300m:	3:17.92	16.97	675m:	7:35.14	17.32	1050m:	11:55.72	17.47	1425m:	16:17.72	16.93
	325m:	3:34.93	17.01	700m:	7:52.50	17.36	1075m:	12:12.98	17.26	1450m:	16:35.11	17.39
	350m:	3:51.93	17.00	725m:	8:09.83	17.33	1100m:	12:30.66	17.68	1475m:	16:51.70	16.59
	375m:	4:08.82	16.89	750m:	8:27.35	17.52	1125m:	12:48.05	17.39	1500m:	17:08.39	16.69

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2019

11, , 1500m

							R.T.		FINA			
29.			2004				+0,88 17:13.89		551			
	25m:	14.10	14.10	400m:	4:26.94	17.12	775m:	8:47.06	17.50	1150m:	13:09.05	17.56
	50m:	30.10	16.00	425m:	4:44.15	17.21	800m:	9:04.41	17.35	1175m:	13:26.59	17.54
	75m:	46.60	16.50	450m:	5:01.42	17.27	825m:	9:21.65	17.24	1200m:	13:44.45	17.86
	100m:	1:03.44	16.84	475m:	5:18.57	17.15	850m:	9:39.06	17.41	1225m:	14:01.90	17.45
	125m:	1:20.39	16.95	500m:	5:36.04	17.47	875m:	9:56.69	17.63	1250m:	14:19.35	17.45
	150m:	1:37.41	17.02	525m:	5:53.20	17.16	900m:	10:14.22	17.53	1275m:	14:37.11	17.76
	175m:	1:53.88	16.47	550m:	6:10.35	17.15	925m:	10:31.58	17.36	1300m:	14:54.73	17.62
	200m:	2:10.79	16.91	575m:	6:27.58	17.23	950m:	10:48.99	17.41	1325m:	15:12.03	17.30
	225m:	2:27.65	16.86	600m:	6:44.91	17.33	975m:	11:06.38	17.39	1350m:	15:29.74	17.71
	250m:	2:44.60	16.95	625m:	7:02.10	17.19	1000m:	11:23.92	17.54	1375m:	15:47.38	17.64
	275m:	3:01.72	17.12	650m:	7:19.68	17.58	1025m:	11:41.30	17.38	1400m:	16:05.37	17.99
	300m:	3:18.93	17.21	675m:	7:36.77	17.09	1050m:	11:59.03	17.73	1425m:	16:22.94	17.57
	325m:	3:35.68	16.75	700m:	7:54.75	17.98	1075m:	12:16.14	17.11	1450m:	16:40.27	17.33
	350m:	3:52.88	17.20	725m:	8:12.24	17.49	1100m:	12:33.98	17.84	1475m:	16:57.46	17.19
	375m:	4:09.82	16.94	750m:	8:29.56	17.32	1125m:	12:51.49	17.51	1500m:	17:13.89	16.43
30.			2004				+0,77 17:16.75 I		547			
	25m:	14.35	14.35	400m:	4:33.22	17.47	775m:	8:55.19	17.80	1150m:	13:16.61	17.46
	50m:	30.25	15.90	425m:	4:50.52	17.30	800m:	9:12.50	17.31	1175m:	13:34.35	17.74
	75m:	46.92	16.67	450m:	5:07.99	17.47	825m:	9:30.02	17.52	1200m:	13:51.86	17.51
	100m:	1:04.00	17.08	475m:	5:25.46	17.47	850m:	9:47.22	17.20	1225m:	14:09.25	17.39
	125m:	1:21.00	17.00	500m:	5:42.97	17.51	875m:	10:04.55	17.33	1250m:	14:26.60	17.35
	150m:	1:38.07	17.07	525m:	6:00.63	17.66	900m:	10:21.76	17.21	1275m:	14:43.86	17.26
	175m:	1:55.45	17.38	550m:	6:18.05	17.42	925m:	10:39.32	17.56	1300m:	15:01.19	17.33
	200m:	2:12.89	17.44	575m:	6:35.84	17.79	950m:	10:56.82	17.50	1325m:	15:18.42	17.23
	225m:	2:30.26	17.37	600m:	6:53.21	17.37	975m:	11:14.26	17.44	1350m:	15:35.82	17.40
	250m:	2:47.77	17.51	625m:	7:10.63	17.42	1000m:	11:31.65	17.39	1375m:	15:53.36	17.54
	275m:	3:05.58	17.81	650m:	7:28.06	17.43	1025m:	11:48.90	17.25	1400m:	16:10.72	17.36
	300m:	3:23.04	17.46	675m:	7:45.39	17.33	1050m:	12:06.19	17.29	1425m:	16:28.02	17.30
	325m:	3:40.73	17.69	700m:	8:02.54	17.15	1075m:	12:24.14	17.95	1450m:	16:45.29	17.27
	350m:	3:58.07	17.34	725m:	8:20.18	17.64	1100m:	12:41.63	17.49	1475m:	17:01.25	15.96
	375m:	4:15.75	17.68	750m:	8:37.39	17.21	1125m:	12:59.15	17.52	1500m:	17:16.75	15.50
31.			2004 I				17:19.03 I		543			
	25m:	14.12	14.12	400m:	4:29.42	17.28	775m:	8:52.11	17.42	1150m:	13:14.89	17.63
	50m:	29.70	15.58	425m:	4:47.09	17.67	800m:	9:09.86	17.75	1175m:	13:32.79	17.90
	75m:	45.97	16.27	450m:	5:04.27	17.18	825m:	9:27.48	17.62	1200m:	13:50.06	17.27
	100m:	1:02.67	16.70	475m:	5:21.78	17.51	850m:	9:44.68	17.20	1225m:	14:07.86	17.80
	125m:	1:19.41	16.74	500m:	5:39.32	17.54	875m:	10:02.42	17.74	1250m:	14:25.52	17.66
	150m:	1:36.50	17.09	525m:	5:56.90	17.58	900m:	10:20.06	17.64	1275m:	14:43.25	17.73
	175m:	1:53.49	16.99	550m:	6:14.33	17.43	925m:	10:37.53	17.47	1300m:	15:00.70	17.45
	200m:	2:10.52	17.03	575m:	6:32.14	17.81	950m:	10:54.75	17.22	1325m:	15:18.51	17.81
	225m:	2:27.66	17.14	600m:	6:49.63	17.49	975m:	11:12.27	17.52	1350m:	15:35.96	17.45
	250m:	2:44.71	17.05	625m:	7:07.50	17.87	1000m:	11:29.80	17.53	1375m:	15:53.87	17.91
	275m:	3:02.14	17.43	650m:	7:24.77	17.27	1025m:	11:47.39	17.59	1400m:	16:11.32	17.45
	300m:	3:19.33	17.19	675m:	7:42.53	17.76	1050m:	12:04.91	17.52	1425m:	16:28.77	17.45
	325m:	3:37.04	17.71	700m:	7:59.88	17.35	1075m:	12:22.15	17.24	1450m:	16:45.75	16.98
	350m:	3:54.55	17.51	725m:	8:17.44	17.56	1100m:	12:39.55	17.40	1475m:	17:02.59	16.84
	375m:	4:12.14	17.59	750m:	8:34.69	17.25	1125m:	12:57.26	17.71	1500m:	17:19.03	16.44

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11, , 1500m

						R.T.		FINA				
32.			2003			+0,71	17:21.18	I	540			
	25m:		400m:	4:23.88		775m:	1150m:	13:10.68				
	50m:	29.84	425m:			800m:	1175m:					
	75m:		450m:	4:57.86		825m:	1200m:	13:46.43				
	100m:	1:02.70	475m:			850m:	1225m:					
	125m:		500m:	5:32.35		875m:	1250m:	14:22.73				
	150m:	1:36.12	525m:			900m:	1300m:	14:58.90	36.17			
	175m:		550m:	6:06.91		925m:	1325m:					
	200m:	2:09.25	575m:			950m:	1350m:	15:33.21				
	225m:		600m:	6:41.88		975m:	1375m:					
	250m:	2:42.83	625m:			1000m:	1400m:	16:11.27				
	275m:		650m:	7:16.95		1025m:	1425m:					
	300m:	3:16.71	675m:			1050m:	1450m:	16:46.54				
	325m:		700m:	7:51.78		1075m:	1475m:					
	350m:	3:50.24	725m:			1100m:	1500m:	17:21.18				
	375m:		750m:	8:27.00		1125m:						
33.			2004			+0,65	17:25.98	I	532			
	25m:	14.17	14.17	400m:	4:26.66	17.16	775m:	8:49.90	17.88	1150m:	13:15.65	17.57
	50m:	30.32	16.15	425m:	4:43.87	17.21	800m:	9:07.51	17.61	1175m:	13:33.34	17.69
	75m:	46.22	15.90	450m:	5:01.25	17.38	825m:	9:25.24	17.73	1200m:	13:51.21	17.87
	100m:	1:03.05	16.83	475m:	5:18.46	17.21	850m:	9:42.83	17.59	1225m:	14:08.99	17.78
	125m:	1:19.72	16.67	500m:	5:35.97	17.51	875m:	10:00.77	17.94	1250m:	14:27.04	18.05
	150m:	1:36.60	16.88	525m:	5:53.43	17.46	900m:	10:18.67	17.90	1275m:	14:44.87	17.83
	175m:	1:53.33	16.73	550m:	6:11.14	17.71	925m:	10:36.32	17.65	1300m:	15:02.74	17.87
	200m:	2:10.35	17.02	575m:	6:28.92	17.78	950m:	10:54.21	17.89	1325m:	15:20.82	18.08
	225m:	2:26.81	16.46	600m:	6:46.45	17.53	975m:	11:12.01	17.80	1350m:	15:38.90	18.08
	250m:	2:43.86	17.05	625m:	7:03.93	17.48	1000m:	11:29.74	17.73	1375m:	15:56.95	18.05
	275m:	3:00.75	16.89	650m:	7:21.48	17.55	1025m:	11:46.88	17.14	1400m:	16:15.29	18.34
	300m:	3:18.14	17.39	675m:	7:38.99	17.51	1050m:	12:04.73	17.85	1425m:	16:33.53	18.24
	325m:	3:35.14	17.00	700m:	7:56.59	17.60	1075m:	12:22.49	17.76	1450m:	16:51.82	18.29
	350m:	3:52.45	17.31	725m:	8:14.18	17.59	1100m:	12:40.41	17.92	1475m:	17:09.33	17.51
	375m:	4:09.50	17.05	750m:	8:32.02	17.84	1125m:	12:58.08	17.67	1500m:	17:25.98	16.65
34.			2003	I			+0,89	17:26.34	I	532		
	25m:	13.87	13.87	400m:	4:25.25	16.91	775m:	8:48.98	18.03	1150m:	13:16.21	17.38
	50m:	29.08	15.21	425m:	4:42.87	17.62	800m:	9:06.61	17.63	1175m:	13:34.14	17.93
	75m:	45.23	16.15	450m:	5:00.03	17.16	825m:	9:25.12	18.51	1200m:	13:52.16	18.02
	100m:	1:01.42	16.19	475m:	5:17.63	17.60	850m:	9:42.75	17.63	1225m:	14:10.55	18.39
	125m:	1:18.10	16.68	500m:	5:34.74	17.11	875m:	10:00.11	17.36	1250m:	14:28.31	17.76
	150m:	1:34.50	16.40	525m:	5:52.42	17.68	900m:	10:18.34	18.23	1275m:	14:46.35	18.04
	175m:	1:51.43	16.93	550m:	6:10.15	17.73	925m:	10:36.41	18.07	1300m:	15:04.42	18.07
	200m:	2:08.20	16.77	575m:	6:27.62	17.47	950m:	10:54.23	17.82	1325m:	15:22.20	17.78
	225m:	2:25.33	17.13	600m:	6:45.31	17.69	975m:	11:12.30	18.07	1350m:	15:40.05	17.85
	250m:	2:42.31	16.98	625m:	7:03.07	17.76	1000m:	11:29.72	17.42	1375m:	15:57.85	17.80
	275m:	2:59.63	17.32	650m:	7:20.67	17.60	1025m:	11:47.35	17.63	1400m:	16:15.69	17.84
	300m:	3:16.53	16.90	675m:	7:38.36	17.69	1050m:	12:05.55	18.20	1425m:	16:33.51	17.82
	325m:	3:33.82	17.29	700m:	7:55.67	17.31	1075m:	12:23.28	17.73	1450m:	16:51.21	17.70
	350m:	3:50.79	16.97	725m:	8:13.37	17.70	1100m:	12:40.80	17.52	1475m:	17:08.88	17.67
	375m:	4:08.34	17.55	750m:	8:30.95	17.58	1125m:	12:58.83	18.03	1500m:	17:26.34	17.46

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11, , 1500m

				R.T.						FINA		
35.	2004 I			+0,79 17:28.86 I						528		
	25m:	14.02	14.02	400m:	4:30.79	17.80	775m:	8:54.94	17.44	1150m:	13:21.07	18.28
	50m:	29.65	15.63	425m:	4:48.34	17.55	800m:	9:12.51	17.57	1175m:	13:38.53	17.46
	75m:	45.81	16.16	450m:	5:06.10	17.76	825m:	9:30.29	17.78	1200m:	13:56.17	17.64
	100m:	1:02.61	16.80	475m:	5:23.52	17.42	850m:	9:48.36	18.07	1225m:	14:13.83	17.66
	125m:	1:19.51	16.90	500m:	5:41.26	17.74	875m:	10:05.90	17.54	1250m:	14:32.01	18.18
	150m:	1:36.50	16.99	525m:	5:58.76	17.50	900m:	10:23.77	17.87	1275m:	14:49.60	17.59
	175m:	1:53.60	17.10	550m:	6:16.19	17.43	925m:	10:41.42	17.65	1300m:	15:07.47	17.87
	200m:	2:11.09	17.49	575m:	6:33.70	17.51	950m:	10:59.21	17.79	1325m:	15:25.32	17.85
	225m:	2:28.36	17.27	600m:	6:51.35	17.65	975m:	11:16.76	17.55	1350m:	15:43.55	18.23
	250m:	2:45.92	17.56	625m:	7:08.68	17.33	1000m:	11:34.88	18.12	1375m:	16:01.05	17.50
	275m:	3:03.32	17.40	650m:	7:26.48	17.80	1025m:	11:52.22	17.34	1400m:	16:19.18	18.13
	300m:	3:20.78	17.46	675m:	7:44.37	17.89	1050m:	12:10.20	17.98	1425m:	16:36.60	17.42
	325m:	3:38.11	17.33	700m:	8:02.03	17.66	1075m:	12:27.45	17.25	1450m:	16:53.89	17.29
	350m:	3:55.79	17.68	725m:	8:19.70	17.67	1100m:	12:45.36	17.91	1475m:	17:11.61	17.72
	375m:	4:12.99	17.20	750m:	8:37.50	17.80	1125m:	13:02.79	17.43	1500m:	17:28.86	17.25
36.	2003			+0,79 17:39.46 I						512		
	50m:	29.67	29.67	450m:	5:07.25	35.14	850m:	9:51.46	36.11	1250m:	14:41.21	36.70
	100m:	1:03.46	33.79	500m:	5:42.38	35.13	900m:	10:26.86	35.40	1300m:	15:17.56	36.35
	150m:	1:38.01	34.55	550m:	6:17.61	35.23	950m:	11:02.93	36.07	1350m:	15:53.76	36.20
	200m:	2:12.68	34.67	600m:	6:53.26	35.65	1000m:	11:39.11	36.18	1400m:	16:29.45	35.69
	250m:	2:47.20	34.52	650m:	7:28.47	35.21	1050m:	12:16.05	36.94	1450m:	17:04.60	35.15
	300m:	3:22.14	34.94	700m:	8:04.21	35.74	1100m:	12:51.99	35.94	1500m:	17:39.46	34.86
	350m:	3:57.07	34.93	750m:	8:39.71	35.50	1150m:	13:28.33	36.34			
	400m:	4:32.11	35.04	800m:	9:15.35	35.64	1200m:	14:04.51	36.18			
37.	2004 I			+0,82 17:52.99 I						493		
	25m:	14.41	14.41	400m:	4:31.90	17.63	775m:	8:59.92	17.68	1150m:	13:33.21	19.12
	50m:	30.34	15.93	425m:	4:49.44	17.54	800m:	9:17.83	17.91	1175m:	13:52.02	18.81
	75m:	46.59	16.25	450m:	5:07.03	17.59	825m:	9:35.61	17.78	1200m:	14:11.02	19.00
	100m:	1:03.35	16.76	475m:	5:24.96	17.93	850m:	9:53.86	18.25	1225m:	14:29.60	18.58
	125m:	1:19.94	16.59	500m:	5:42.74	17.78	875m:	10:11.95	18.09	1250m:	14:48.67	19.07
	150m:	1:36.97	17.03	525m:	6:00.50	17.76	900m:	10:30.19	18.24	1275m:	15:07.35	18.68
	175m:	1:54.12	17.15	550m:	6:18.47	17.97	925m:	10:48.15	17.96	1300m:	15:26.51	19.16
	200m:	2:11.69	17.57	575m:	6:36.51	18.04	950m:	11:06.43	18.28	1325m:	15:45.34	18.83
	225m:	2:28.99	17.30	600m:	6:54.51	18.00	975m:	11:24.56	18.13	1350m:	16:04.24	18.90
	250m:	2:46.78	17.79	625m:	7:12.66	18.15	1000m:	11:42.84	18.28	1375m:	16:22.70	18.46
	275m:	3:04.09	17.31	650m:	7:30.73	18.07	1025m:	12:00.70	17.86	1400m:	16:41.27	18.57
	300m:	3:21.43	17.34	675m:	7:48.53	17.80	1050m:	12:19.01	18.31	1425m:	16:59.54	18.27
	325m:	3:39.14	17.71	700m:	8:06.24	17.71	1075m:	12:37.12	18.11	1450m:	17:17.86	18.32
	350m:	3:56.57	17.43	725m:	8:24.05	17.81	1100m:	12:55.68	18.56	1475m:	17:36.17	18.31
	375m:	4:14.27	17.70	750m:	8:42.24	18.19	1125m:	13:14.09	18.41	1500m:	17:52.99	16.82
38.	2004 I			+0,83 17:53.51 I						493		
	50m:	30.73	30.73	450m:	5:11.45	35.89	850m:	10:02.00	36.09	1250m:	14:53.58	37.13
	100m:	1:04.97	34.24	500m:	5:48.04	36.59	900m:	10:38.15	36.15	1300m:	15:30.52	36.94
	150m:	1:38.83	33.86	550m:	6:23.94	35.90	950m:	11:14.38	36.23	1350m:	16:07.34	36.82
	200m:	2:13.52	34.69	600m:	7:00.34	36.40	1000m:	11:51.02	36.64	1400m:	16:43.47	36.13
	250m:	2:48.84	35.32	650m:	7:36.67	36.33	1050m:	12:27.57	36.55	1450m:	17:19.38	35.91
	300m:	3:24.29	35.45	700m:	8:12.89	36.22	1100m:	13:04.08	36.51	1500m:	17:53.51	34.13
	350m:	3:59.88	35.59	750m:	8:49.50	36.61	1150m:	13:40.30	36.22			
	400m:	4:35.56	35.68	800m:	9:25.91	36.41	1200m:	14:16.45	36.15			

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11, , 1500m

						R.T.					FINA				
39.	2004 I					+0,95 17:55.16 I					490				
	25m:	14.33	14.33	400m:	4:35.25	17.89	775m:	9:01.73	18.01	1150m:	13:37.48	18.65			
	50m:	30.34	16.01	425m:	4:53.03	17.78	800m:	9:19.73	18.00	1175m:	13:55.83	18.35			
	75m:	47.30	16.96	450m:	5:11.14	18.11	825m:	9:37.78	18.05	1200m:	14:14.29	18.46			
	100m:	1:04.53	17.23	475m:	5:28.47	17.33	850m:	9:55.81	18.03	1225m:	14:32.90	18.61			
	125m:	1:21.65	17.12	500m:	5:46.14	17.67	875m:	10:13.88	18.07	1250m:	14:51.99	19.09			
	150m:	1:39.39	17.74	525m:	6:03.52	17.38	900m:	10:32.16	18.28	1275m:	15:10.66	18.67			
	175m:	1:56.35	16.96	550m:	6:21.44	17.92	925m:	10:50.83	18.67	1300m:	15:29.51	18.85			
	200m:	2:14.36	18.01	575m:	6:39.00	17.56	950m:	11:09.32	18.49	1325m:	15:48.44	18.93			
	225m:	2:31.82	17.46	600m:	6:57.01	18.01	975m:	11:27.76	18.44	1350m:	16:06.89	18.45			
	250m:	2:49.59	17.77	625m:	7:14.68	17.67	1000m:	11:46.02	18.26	1375m:	16:24.74	17.85			
	275m:	3:06.93	17.34	650m:	7:32.32	17.64	1025m:	12:04.51	18.49	1400m:	16:42.96	18.22			
	300m:	3:24.57	17.64	675m:	7:50.09	17.77	1050m:	12:22.99	18.48	1425m:	17:01.07	18.11			
	325m:	3:42.11	17.54	700m:	8:08.04	17.95	1075m:	12:41.17	18.18	1450m:	17:19.38	18.31			
	350m:	4:00.13	18.02	725m:	8:25.88	17.84	1100m:	13:00.03	18.86	1475m:	17:37.70	18.32			
	375m:	4:17.36	17.23	750m:	8:43.72	17.84	1125m:	13:18.83	18.80	1500m:	17:55.16	17.46			
40.	2004 I					+0,94 19:05.10					406				
	25m:	14.74	14.74	400m:	4:52.05		775m:			1150m:	14:35.94				
	50m:	31.67	16.93	425m:			800m:	10:03.70		1175m:					
	75m:	47.61	15.94	450m:	5:31.25		825m:			1200m:	15:14.53				
	100m:	1:06.02	18.41	475m:			850m:	10:42.75		1225m:					
	125m:	1:21.69	15.67	500m:	6:09.85		875m:			1250m:	15:53.54				
	150m:	1:41.86	20.17	525m:			900m:	11:21.51		1275m:					
	175m:	1:56.17	14.31	550m:	6:48.41		925m:			1300m:	16:32.58				
	200m:	2:18.45	22.28	575m:			950m:	12:00.56		1325m:					
	225m:			600m:	7:28.20		975m:			1350m:	17:11.80				
	250m:	2:56.38		625m:			1000m:	12:39.47		1375m:					
	275m:			650m:	8:07.66		1025m:			1400m:	17:50.14				
	300m:	3:34.42		675m:			1050m:	13:18.47		1425m:					
	325m:			700m:	8:45.76		1075m:			1450m:	18:28.27				
	350m:	4:13.04		725m:			1100m:	13:57.39		1475m:					
	375m:			750m:	9:24.88		1125m:			1500m:	19:05.10				

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, 08 - 11 2019

11, , 1500m

11 , 1500m

(17-18)

08.10.2019 - 13:21

14:16.13

(FIN)

09.12.2006

14:39.57

29.11.2018

: FINA 2019

	/						R.T.						FINA
1.	2002						+0,84 15:16.67						791
50m:	27.93	27.93	450m:	4:30.02	30.32	850m:	8:33.46	30.82	1250m:	12:42.11	31.30		
100m:	58.16	30.23	500m:	5:00.35	30.33	900m:	9:04.26	30.80	1300m:	13:13.38	31.27		
150m:	1:28.14	29.98	550m:	5:30.72	30.37	950m:	9:35.23	30.97	1350m:	13:44.76	31.38		
200m:	1:58.51	30.37	600m:	6:00.88	30.16	1000m:	10:06.16	30.93	1400m:	14:16.13	31.37		
250m:	2:28.80	30.29	650m:	6:31.26	30.38	1050m:	10:37.39	31.23	1450m:	14:47.57	31.44		
300m:	2:59.19	30.39	700m:	7:01.59	30.33	1100m:	11:08.64	31.25	1500m:	15:16.67	29.10		
350m:	3:29.45	30.26	750m:	7:32.09	30.50	1150m:	11:39.73	31.09					
400m:	3:59.70	30.25	800m:	8:02.64	30.55	1200m:	12:10.81	31.08					
2.	2001						+0,89 15:43.30						726
25m:	13.68	13.68	400m:	4:05.01	15.51	775m:	8:02.66	15.99	1150m:	12:01.57	15.67		
50m:	28.47	14.79	425m:	4:20.75	15.74	800m:	8:18.31	15.65	1175m:	12:17.83	16.26		
75m:	43.58	15.11	450m:	4:36.40	15.65	825m:	8:34.19	15.88	1200m:	12:33.63	15.80		
100m:	58.73	15.15	475m:	4:52.37	15.97	850m:	8:49.92	15.73	1225m:	12:49.88	16.25		
125m:	1:14.10	15.37	500m:	5:08.17	15.80	875m:	9:05.91	15.99	1250m:	13:05.99	16.11		
150m:	1:29.42	15.32	525m:	5:23.97	15.80	900m:	9:21.93	16.02	1275m:	13:22.23	16.24		
175m:	1:44.91	15.49	550m:	5:39.64	15.67	925m:	9:37.89	15.96	1300m:	13:38.20	15.97		
200m:	2:00.22	15.31	575m:	5:55.66	16.02	950m:	9:53.62	15.73	1325m:	13:54.16	15.96		
225m:	2:15.74	15.52	600m:	6:11.31	15.65	975m:	10:09.75	16.13	1350m:	14:09.91	15.75		
250m:	2:31.37	15.63	625m:	6:27.19	15.88	1000m:	10:25.81	16.06	1375m:	14:25.85	15.94		
275m:	2:47.25	15.88	650m:	6:43.01	15.82	1025m:	10:41.93	16.12	1400m:	14:41.56	15.71		
300m:	3:02.97	15.72	675m:	6:59.13	16.12	1050m:	10:57.92	15.99	1425m:	14:57.53	15.97		
325m:	3:18.53	15.56	700m:	7:14.92	15.79	1075m:	11:13.92	16.00	1450m:	15:13.36	15.83		
350m:	3:33.93	15.40	725m:	7:30.95	16.03	1100m:	11:29.77	15.85	1475m:	15:29.01	15.65		
375m:	3:49.50	15.57	750m:	7:46.67	15.72	1125m:	11:45.90	16.13	1500m:	15:43.30	14.29		
3.	2002						+0,77 16:10.67						666
25m:	13.60	13.60	400m:	4:08.52	16.08	775m:	8:13.27	16.44	1150m:	13:02.24	52.27		
50m:	28.99	15.39	425m:	4:24.55	16.03	800m:	8:29.72	16.45	1175m:	12:44.80			
75m:	44.40	15.41	450m:	4:40.82	16.27	825m:	8:46.21	16.49	1200m:	13:37.32	52.52		
100m:	59.90	15.50	475m:	4:56.85	16.03	850m:	9:02.81	16.60	1225m:	13:20.03			
125m:	1:15.47	15.57	500m:	5:13.39	16.54	875m:	9:19.63	16.82	1250m:	14:11.34	51.31		
150m:	1:30.92	15.45	525m:	5:29.69	16.30	900m:	9:36.24	16.61	1275m:	13:54.26			
175m:	1:46.43	15.51	550m:	5:46.24	16.55	925m:	9:53.16	16.92	1300m:	14:45.33	51.07		
200m:	2:01.92	15.49	575m:	6:02.54	16.30	950m:	10:09.99	16.83	1325m:	14:28.56			
225m:	2:17.52	15.60	600m:	6:18.89	16.35	975m:	10:26.82	16.83	1350m:	15:19.60	51.04		
250m:	2:33.04	15.52	625m:	6:35.07	16.18	1000m:	10:44.16	17.34	1375m:	15:02.51			
275m:	2:48.87	15.83	650m:	6:51.41	16.34	1025m:	11:01.07	16.91	1400m:	15:53.39	50.88		
300m:	3:04.69	15.82	675m:	7:07.65	16.24	1050m:	11:18.17	17.10	1425m:	15:36.72			
325m:	3:20.49	15.80	700m:	7:24.01	16.36	1075m:	11:35.57	17.40	1450m:	16:26.61	49.89		
350m:	3:36.45	15.96	725m:	7:40.29	16.28	1100m:	12:27.37	51.80	1475m:	16:10.67			
375m:	3:52.44	15.99	750m:	7:56.83	16.54	1125m:	12:09.97		1500m:	16:10.67			

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, 08 - 11 2019

11, , 1500m , (17-18)

							R.T.			FINA	
4.	2002						+0,84 16:25.76			636	
	25m: 13.22	13.22	400m: 4:14.65	16.57	775m: 8:23.00	16.58	1150m: 12:32.67	16.78			
	50m: 28.03	14.81	425m: 4:30.92	16.27	800m: 8:39.54	16.54	1175m: 12:49.21	16.54			
	75m: 43.15	15.12	450m: 4:47.49	16.57	825m: 8:55.96	16.42	1200m: 13:06.02	16.81			
	100m: 58.92	15.77	475m: 5:04.03	16.54	850m: 9:12.66	16.70	1225m: 13:22.97	16.95			
	125m: 1:14.71	15.79	500m: 5:20.81	16.78	875m: 9:29.13	16.47	1250m: 13:40.13	17.16			
	150m: 1:31.01	16.30	525m: 5:37.16	16.35	900m: 9:45.99	16.86	1275m: 13:56.72	16.59			
	175m: 1:47.03	16.02	550m: 5:53.93	16.77	925m: 10:02.32	16.33	1300m: 14:13.47	16.75			
	200m: 2:03.12	16.09	575m: 6:10.07	16.14	950m: 10:19.08	16.76	1325m: 14:30.30	16.83			
	225m: 2:19.35	16.23	600m: 6:27.02	16.95	975m: 10:35.84	16.76	1350m: 14:47.37	17.07			
	250m: 2:35.88	16.53	625m: 6:43.45	16.43	1000m: 10:52.74	16.90	1375m: 15:04.12	16.75			
	275m: 2:52.36	16.48	650m: 7:00.43	16.98	1025m: 11:09.23	16.49	1400m: 15:20.97	16.85			
	300m: 3:08.93	16.57	675m: 7:16.86	16.43	1050m: 11:25.86	16.63	1425m: 15:37.55	16.58			
	325m: 3:25.03	16.10	700m: 7:33.49	16.63	1075m: 11:42.64	16.78	1450m: 15:54.14	16.59			
	350m: 3:41.70	16.67	725m: 7:49.67	16.18	1100m: 11:59.14	16.50	1475m: 16:10.06	15.92			
	375m: 3:58.08	16.38	750m: 8:06.42	16.75	1125m: 12:15.89	16.75	1500m: 16:25.76	15.70			
5.	2002						+0,83 16:35.44			618	
	25m: 14.09	14.09	400m: 4:18.21	16.32	775m: 8:28.80	16.86	1150m: 12:41.40	17.00			
	50m: 29.50	15.41	425m: 4:34.92	16.71	800m: 8:45.84	17.04	1175m: 12:58.32	16.92			
	75m: 45.56	16.06	450m: 4:51.32	16.40	825m: 9:02.42	16.58	1200m: 13:15.00	16.68			
	100m: 1:01.73	16.17	475m: 5:08.08	16.76	850m: 9:18.81	16.39	1225m: 13:31.57	16.57			
	125m: 1:18.03	16.30	500m: 5:24.80	16.72	875m: 9:35.66	16.85	1250m: 13:48.51	16.94			
	150m: 1:34.26	16.23	525m: 5:41.46	16.66	900m: 9:52.38	16.72	1275m: 14:05.43	16.92			
	175m: 1:50.64	16.38	550m: 5:58.00	16.54	925m: 10:09.32	16.94	1300m: 14:22.28	16.85			
	200m: 2:06.98	16.34	575m: 6:14.96	16.96	950m: 10:26.41	17.09	1325m: 14:39.18	16.90			
	225m: 2:23.26	16.28	600m: 6:31.77	16.81	975m: 10:43.21	16.80	1350m: 14:56.11	16.93			
	250m: 2:39.65	16.39	625m: 6:48.52	16.75	1000m: 10:59.84	16.63	1375m: 15:13.13	17.02			
	275m: 2:55.86	16.21	650m: 7:05.36	16.84	1025m: 11:16.77	16.93	1400m: 15:29.45	16.32			
	300m: 3:12.15	16.29	675m: 7:21.83	16.47	1050m: 11:33.98	17.21	1425m: 15:46.03	16.58			
	325m: 3:28.58	16.43	700m: 7:38.59	16.76	1075m: 11:50.71	16.73	1450m: 16:03.16	17.13			
	350m: 3:45.11	16.53	725m: 7:55.45	16.86	1100m: 12:07.49	16.78	1475m: 16:19.91	16.75			
	375m: 4:01.89	16.78	750m: 8:11.94	16.49	1125m: 12:24.40	16.91	1500m: 16:35.44	15.53			
6.	2002						+0,84 16:49.15			593	
	25m: 14.09	14.09	400m: 4:24.36	17.00	775m: 8:39.47	17.07	1150m: 12:54.22	16.90			
	50m: 29.70	15.61	425m: 4:41.45	17.09	800m: 8:56.57	17.10	1175m: 13:11.17	16.95			
	75m: 46.08	16.38	450m: 4:58.40	16.95	825m: 9:13.56	16.99	1200m: 13:28.09	16.92			
	100m: 1:02.67	16.59	475m: 5:15.35	16.95	850m: 9:30.49	16.93	1225m: 13:45.19	17.10			
	125m: 1:19.34	16.67	500m: 5:31.98	16.63	875m: 9:47.30	16.81	1250m: 14:02.17	16.98			
	150m: 1:35.91	16.57	525m: 5:49.00	17.02	900m: 10:04.26	16.96	1275m: 14:19.50	17.33			
	175m: 1:52.76	16.85	550m: 6:05.89	16.89	925m: 10:21.46	17.20	1300m: 14:36.35	16.85			
	200m: 2:09.33	16.57	575m: 6:23.30	17.41	950m: 10:38.57	17.11	1325m: 14:53.47	17.12			
	225m: 2:26.34	17.01	600m: 6:40.67	17.37	975m: 10:55.24	16.67	1350m: 15:10.42	16.95			
	250m: 2:42.87	16.53	625m: 6:57.46	16.79	1000m: 11:12.50	17.26	1375m: 15:27.42	17.00			
	275m: 2:59.72	16.85	650m: 7:14.46	17.00	1025m: 11:29.33	16.83	1400m: 15:44.35	16.93			
	300m: 3:16.51	16.79	675m: 7:31.31	16.85	1050m: 11:46.56	17.23	1425m: 16:01.47	17.12			
	325m: 3:33.29	16.78	700m: 7:48.41	17.10	1075m: 12:03.27	16.71	1450m: 16:18.43	16.96			
	350m: 3:50.26	16.97	725m: 8:05.28	16.87	1100m: 12:20.22	16.95	1475m: 16:34.09	15.66			
	375m: 4:07.36	17.10	750m: 8:22.40	17.12	1125m: 12:37.32	17.10	1500m: 16:49.15	15.06			

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, 08 - 11 2019

11, , 1500m , (17-18)

							R.T.		FINA		
7.	/						+0,80	16:50.15	591		
	2002										
	25m: 13.63	13.63	400m: 4:17.73	16.76	775m: 8:32.09	17.19	1150m: 12:51.88	17.56	1175m: 13:09.02	17.14	
	50m: 29.08	15.45	425m: 4:34.38	16.65	800m: 8:49.65	17.56	1200m: 13:26.55	17.28	1225m: 13:43.92	17.37	
	75m: 44.48	15.40	450m: 4:51.30	16.92	825m: 9:06.93	17.26	1250m: 14:01.76	17.58	1275m: 14:19.00	17.24	
	100m: 1:00.52	16.04	475m: 5:07.98	16.68	850m: 9:24.19	17.26	1300m: 14:35.99	17.01	1325m: 14:52.96	16.97	
	125m: 1:16.29	15.77	500m: 5:25.02	17.04	875m: 9:41.36	17.17	1350m: 15:10.43	17.19	1375m: 15:27.49	17.06	
	150m: 1:32.44	16.15	525m: 5:41.82	16.80	900m: 9:58.94	17.58	1400m: 15:44.81	17.63	1425m: 16:01.75	16.94	
	175m: 1:48.61	16.17	550m: 5:58.72	16.90	925m: 10:15.92	16.98	1450m: 16:18.86	17.42	1475m: 16:35.14	16.28	
	200m: 2:05.10	16.49	575m: 6:15.60	16.88	950m: 10:33.60	17.68	1500m: 16:50.15	17.10		15.01	
	225m: 2:21.37	16.27	600m: 6:32.71	17.11	975m: 10:50.79	17.19					
	250m: 2:38.09	16.72	625m: 6:49.57	16.86	1000m: 11:07.67	16.88					
	275m: 2:54.40	16.31	650m: 7:06.68	17.11	1025m: 11:24.68	17.01					
	300m: 3:11.00	16.60	675m: 7:23.47	16.79	1050m: 11:42.31	17.63					
	325m: 3:27.54	16.54	700m: 7:40.61	17.14	1075m: 11:59.73	17.42					
	350m: 3:44.24	16.70	725m: 7:57.66	17.05	1100m: 12:17.22	17.49					
	375m: 4:00.97	16.73	750m: 8:14.90	17.24	1125m: 12:34.32	17.10					
8.	/						16:55.99	581			
	2002										
	25m: 14.20	14.20	400m: 4:21.19	16.83	775m: 8:38.38	17.21	1150m: 12:58.24	17.43	1175m: 13:15.42	17.18	
	50m: 29.56	15.36	425m: 4:38.07	16.88	800m: 8:55.81	17.43	1200m: 13:32.82	17.16	1225m: 13:50.24	17.42	
	75m: 45.53	15.97	450m: 4:55.07	17.00	825m: 9:12.97	17.16	1250m: 14:07.60	17.38	1275m: 14:24.95	17.35	
	100m: 1:01.57	16.04	475m: 5:11.99	16.92	850m: 9:30.35	17.38	1300m: 14:42.40	17.53	1325m: 14:59.41	17.01	
	125m: 1:17.99	16.42	500m: 5:28.95	16.96	875m: 9:47.46	17.11	1350m: 15:16.83	17.13	1375m: 15:33.99	17.16	
	150m: 1:34.34	16.35	525m: 5:45.90	16.95	900m: 10:04.99	17.53	1400m: 15:51.24	17.27	1425m: 16:07.59	17.25	
	175m: 1:50.79	16.45	550m: 6:03.19	17.29	925m: 10:22.12	17.13	1450m: 16:24.02	17.30	1475m: 16:40.66	16.64	
	200m: 2:07.25	16.46	575m: 6:20.47	17.28	950m: 10:39.62	17.50	1500m: 16:55.99	17.30		15.33	
	225m: 2:23.92	16.67	600m: 6:37.85	17.38	975m: 10:56.92	17.30					
	250m: 2:40.68	16.76	625m: 6:54.77	16.92	1000m: 11:14.19	17.27					
	275m: 2:57.44	16.76	650m: 7:11.98	17.21	1025m: 11:31.49	17.30					
	300m: 3:14.13	16.69	675m: 7:29.38	17.40	1050m: 11:48.79	17.30					
	325m: 3:30.76	16.63	700m: 7:46.61	17.23	1075m: 12:05.85	17.06					
	350m: 3:47.52	16.76	725m: 8:03.87	17.26	1100m: 12:23.43	17.58					
	375m: 4:04.36	16.84	750m: 8:21.17	17.30	1125m: 12:40.61	17.18					

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, 08 - 11 2019

11, , 1500m

11 , 1500m

(15-16)

08.10.2019 - 13:21

14:16.13
14:39.57

(FIN)

09.12.2006
29.11.2018

: FINA 2019

		/		R.T.		FINA	
1.			2004		+0,68	15:57.68	694
	25m:		400m: 4:09.95			1150m: 12:10.74	
	50m: 28.17		425m:	775m: 8:26.42		1175m:	
	75m:		450m: 4:41.80			1200m: 12:43.08	
	100m: 59.46		475m:	850m: 8:57.35		1225m:	
	125m:		500m: 5:13.77			1250m: 13:15.44	
	150m: 1:30.96		525m:	900m: 9:29.53		1275m:	
	175m:		550m: 5:45.57			1300m: 13:48.11	
	200m: 2:03.28		575m:	950m: 10:01.75		1325m:	
	225m:		600m: 6:17.73			1350m: 14:20.21	
	250m: 2:34.87		625m:	1000m: 10:33.76		1375m:	
	275m:		650m: 6:49.81			1400m: 14:52.37	
	300m: 3:06.50		675m:	1025m:	11:06.20	1425m:	
	325m:		700m: 7:21.97			1450m: 15:24.48	
	350m: 3:38.33		725m:	1050m: 11:06.20		1475m:	
	375m:		750m: 7:54.11			1500m: 15:57.68	
2.			2003		+0,86	15:59.05	691
	25m: 13.36	13.36	400m: 4:11.84			1150m: 12:14.82	19.54
	50m: 29.59	16.23	425m:	775m: 7:40.42		1175m:	
	75m: 43.09	13.50	450m: 4:43.65		48.46	1200m: 12:47.33	
	100m: 1:01.18	18.09	475m:	800m: 8:28.88		1225m: 12:47.33	
	125m: 1:13.23	12.05	500m: 5:15.66		48.37	1250m: 13:19.44	
	150m: 1:32.50	19.27	525m: 5:15.66		48.64	1275m: 13:19.44	
	175m: 1:43.25	10.75	550m: 5:48.01	32.35		1300m: 13:51.86	
	200m: 2:04.48	21.23	575m: 5:45.79		48.36	1325m: 13:51.86	
	225m:		600m: 6:19.81	34.02		1350m: 14:24.21	
	250m: 2:36.32		625m: 6:16.21		48.45	1375m: 14:24.21	
	275m:		650m: 6:51.96	35.75		1400m: 14:56.67	
	300m: 3:08.06		675m: 6:46.44		48.61	1425m: 14:56.67	
	325m:		700m: 7:24.06	37.62	13.86	1450m: 15:28.82	
	350m: 3:39.97		725m: 7:07.93		18.51	1475m: 15:44.70	15.88
	375m:		750m: 7:56.43	48.50	12.70	1500m: 15:59.05	14.35
3.			2003		+0,77	16:28.40	631
	25m: 13.66	13.66	400m: 4:17.02	16.46	16.64	1150m: 12:35.99	16.75
	50m: 29.26	15.60	425m: 4:33.73	16.71	16.65	1175m: 12:52.86	16.87
	75m: 45.18	15.92	450m: 4:50.21	16.48	16.66	1200m: 13:09.66	16.80
	100m: 1:01.34	16.16	475m: 5:06.69	16.48	16.71	1225m: 13:26.38	16.72
	125m: 1:17.50	16.16	500m: 5:23.36	16.67	16.60	1250m: 13:43.24	16.86
	150m: 1:33.77	16.27	525m: 5:39.88	16.52	16.75	1275m: 13:59.87	16.63
	175m: 1:50.13	16.36	550m: 5:56.42	16.54	16.79	1300m: 14:16.58	16.71
	200m: 2:06.35	16.22	575m: 6:12.89	16.47	16.60	1325m: 14:33.41	16.83
	225m: 2:22.79	16.44	600m: 6:29.44	16.55	16.65	1350m: 14:50.24	16.83
	250m: 2:38.97	16.18	625m: 6:45.94	16.50	16.57	1375m: 15:07.21	16.97
	275m: 2:55.30	16.33	650m: 7:02.46	16.52	16.68	1400m: 15:24.00	16.79
	300m: 3:11.49	16.19	675m: 7:19.25	16.79	16.63	1425m: 15:40.71	16.71
	325m: 3:27.80	16.31	700m: 7:35.75	16.50	16.63	1450m: 15:57.46	16.75
	350m: 3:44.12	16.32	725m: 7:52.41	16.66	16.70	1475m: 16:13.58	16.12
	375m: 4:00.56	16.44	750m: 8:09.05	16.64	16.93	1500m: 16:28.40	14.82

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11, , 1500m , (15-16)

	/			R.T.			FINA				
4.	2004			+0,79 16:29.96			628				
25m:	13.42	13.42	400m:	4:15.29	16.82	775m:	8:25.36	16.81	1150m:	12:35.80	16.83
50m:	28.10	14.68	425m:	4:31.77	16.48	800m:	8:42.16	16.80	1175m:	12:52.46	16.66
75m:	43.49	15.39	450m:	4:48.46	16.69	825m:	8:58.79	16.63	1200m:	13:09.35	16.89
100m:	59.18	15.69	475m:	5:04.91	16.45	850m:	9:15.42	16.63	1225m:	13:25.90	16.55
125m:	1:14.90	15.72	500m:	5:21.66	16.75	875m:	9:32.03	16.61	1250m:	13:42.70	16.80
150m:	1:31.07	16.17	525m:	5:38.45	16.79	900m:	9:49.00	16.97	1275m:	13:59.18	16.48
175m:	1:47.06	15.99	550m:	5:55.21	16.76	925m:	10:05.56	16.56	1300m:	14:16.36	17.18
200m:	2:03.40	16.34	575m:	6:11.83	16.62	950m:	10:22.12	16.56	1325m:	14:33.19	16.83
225m:	2:19.79	16.39	600m:	6:28.50	16.67	975m:	10:38.82	16.70	1350m:	14:50.17	16.98
250m:	2:36.22	16.43	625m:	6:45.27	16.77	1000m:	10:55.44	16.62	1375m:	15:06.84	16.67
275m:	2:52.43	16.21	650m:	7:01.91	16.64	1025m:	11:12.23	16.79	1400m:	15:23.64	16.80
300m:	3:08.98	16.55	675m:	7:18.30	16.39	1050m:	11:28.96	16.73	1425m:	15:40.58	16.94
325m:	3:25.48	16.50	700m:	7:35.16	16.86	1075m:	11:45.68	16.72	1450m:	15:57.36	16.78
350m:	3:42.02	16.54	725m:	7:51.86	16.70	1100m:	12:02.33	16.65	1475m:	16:13.83	16.47
375m:	3:58.47	16.45	750m:	8:08.55	16.69	1125m:	12:18.97	16.64	1500m:	16:29.96	16.13
5.	2004			+0,77 16:32.29			624				
25m:	13.60	13.60	400m:	4:13.57	23.03	775m:	8:24.04	16.50	1150m:	12:36.46	16.96
50m:	28.50	14.90	425m:	4:30.15	16.58	800m:	8:40.95	16.91	1175m:	12:53.31	16.85
75m:	43.47	14.97	450m:	4:46.90	16.75	825m:	8:57.61	16.66	1200m:	13:10.15	16.84
100m:	59.04	15.57	475m:	5:03.52	16.62	850m:	9:14.42	16.81	1225m:	13:27.11	16.96
125m:	1:14.64	15.60	500m:	5:20.26	16.74	875m:	9:31.07	16.65	1250m:	13:44.17	17.06
150m:	1:30.63	15.99	525m:	5:37.01	16.75	900m:	9:47.87	16.80	1275m:	14:01.04	16.87
175m:	1:46.38	15.75	550m:	5:53.74	16.73	925m:	10:04.53	16.66	1300m:	14:18.25	17.21
200m:	2:02.74	16.36	575m:	6:10.32	16.58	950m:	10:21.31	16.78	1325m:	14:35.12	16.87
225m:	2:18.91	16.17	600m:	6:27.19	16.87	975m:	10:38.12	16.81	1350m:	14:52.32	17.20
250m:	2:35.40	16.49	625m:	6:43.92	16.73	1000m:	10:55.23	17.11	1375m:	15:09.19	16.87
275m:	2:47.18	11.78	650m:	7:00.58	16.66	1025m:	11:12.10	16.87	1400m:	15:26.30	17.11
300m:	3:07.96	20.78	675m:	7:17.23	16.65	1050m:	11:29.00	16.90	1425m:	15:43.48	17.18
325m:	3:24.21	16.25	700m:	7:34.01	16.78	1075m:	11:45.83	16.83	1450m:	16:00.44	16.96
350m:	3:40.65	16.44	725m:	7:50.68	16.67	1100m:	12:02.72	16.89	1475m:	16:16.60	16.16
375m:	3:50.54	9.89	750m:	8:07.54	16.86	1125m:	12:19.50	16.78	1500m:	16:32.29	15.69
6.	2003 I			+0,72 16:35.18			618				
25m:	14.17	14.17	400m:	4:22.05	16.65	775m:	8:31.34	16.49	1150m:	12:41.64	16.89
50m:	29.77	15.60	425m:	4:38.68	16.63	800m:	8:47.86	16.52	1175m:	12:58.43	16.79
75m:	45.94	16.17	450m:	4:55.20	16.52	825m:	9:04.58	16.72	1200m:	13:15.09	16.66
100m:	1:02.40	16.46	475m:	5:11.76	16.56	850m:	9:21.25	16.67	1225m:	13:31.68	16.59
125m:	1:18.75	16.35	500m:	5:28.28	16.52	875m:	9:37.92	16.67	1250m:	13:48.43	16.75
150m:	1:35.48	16.73	525m:	5:44.82	16.54	900m:	9:54.51	16.59	1275m:	14:05.08	16.65
175m:	1:51.96	16.48	550m:	6:01.34	16.52	925m:	10:11.05	16.54	1300m:	14:21.92	16.84
200m:	2:08.65	16.69	575m:	6:18.11	16.77	950m:	10:28.01	16.96	1325m:	14:38.54	16.62
225m:	2:25.12	16.47	600m:	6:34.65	16.54	975m:	10:44.70	16.69	1350m:	14:55.22	16.68
250m:	2:41.86	16.74	625m:	6:51.51	16.86	1000m:	11:01.50	16.80	1375m:	15:12.21	16.99
275m:	2:58.39	16.53	650m:	7:08.19	16.68	1025m:	11:18.07	16.57	1400m:	15:29.04	16.83
300m:	3:15.22	16.83	675m:	7:24.81	16.62	1050m:	11:34.86	16.79	1425m:	15:45.70	16.66
325m:	3:31.87	16.65	700m:	7:41.44	16.63	1075m:	11:51.41	16.55	1450m:	16:02.78	17.08
350m:	3:48.50	16.63	725m:	7:58.23	16.79	1100m:	12:08.23	16.82	1475m:	16:19.17	16.39
375m:	4:05.40	16.90	750m:	8:14.85	16.62	1125m:	12:24.75	16.52	1500m:	16:35.18	16.01

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11, , 1500m , (15-16)

	/			R.T.			FINA				
7.	2003			16:38.20			613				
25m:	13.99	13.99	400m:	4:14.63	16.37	775m:	8:24.47	16.86	1150m:	12:39.42	17.12
50m:	29.11	15.12	425m:	4:31.09	16.46	800m:	8:41.56	17.09	1175m:	12:56.68	17.26
75m:	44.90	15.79	450m:	4:47.48	16.39	825m:	8:58.42	16.86	1200m:	13:13.91	17.23
100m:	1:00.71	15.81	475m:	5:04.12	16.64	850m:	9:15.28	16.86	1225m:	13:31.13	17.22
125m:	1:16.61	15.90	500m:	5:20.71	16.59	875m:	9:32.00	16.72	1250m:	13:48.24	17.11
150m:	1:32.50	15.89	525m:	5:37.33	16.62	900m:	9:48.80	16.80	1275m:	14:05.42	17.18
175m:	1:48.36	15.86	550m:	5:53.97	16.64	925m:	10:05.62	16.82	1300m:	14:22.71	17.29
200m:	2:04.32	15.96	575m:	6:10.53	16.56	950m:	10:22.56	16.94	1325m:	14:39.90	17.19
225m:	2:20.60	16.28	600m:	6:27.05	16.52	975m:	10:39.72	17.16	1350m:	14:57.21	17.31
250m:	2:36.80	16.20	625m:	6:43.94	16.89	1000m:	10:56.45	16.73	1375m:	15:14.41	17.20
275m:	2:53.01	16.21	650m:	7:00.60	16.66	1025m:	11:13.63	17.18	1400m:	15:31.61	17.20
300m:	3:09.41	16.40	675m:	7:17.38	16.78	1050m:	11:30.68	17.05	1425m:	15:48.64	17.03
325m:	3:25.74	16.33	700m:	7:33.93	16.55	1075m:	11:47.82	17.14	1450m:	16:05.55	16.91
350m:	3:41.87	16.13	725m:	7:50.89	16.96	1100m:	12:04.96	17.14	1475m:	16:22.21	16.66
375m:	3:58.26	16.39	750m:	8:07.61	16.72	1125m:	12:22.30	17.34	1500m:	16:38.20	15.99
8.	2004			+0,75 16:42.65			605				
25m:	14.26	14.26	400m:	4:23.08	16.77	775m:	8:34.68	16.63	1150m:	12:48.15	17.06
50m:	29.77	15.51	425m:	4:39.75	16.67	800m:	8:51.72	17.04	1175m:	13:04.88	16.73
75m:	45.73	15.96	450m:	4:56.58	16.83	825m:	9:08.33	16.61	1200m:	13:21.95	17.07
100m:	1:02.01	16.28	475m:	5:13.25	16.67	850m:	9:25.24	16.91	1225m:	13:38.66	16.71
125m:	1:18.42	16.41	500m:	5:30.04	16.79	875m:	9:41.98	16.74	1250m:	13:55.77	17.11
150m:	1:34.95	16.53	525m:	5:46.57	16.53	900m:	9:59.05	17.07	1275m:	14:12.64	16.87
175m:	1:51.59	16.64	550m:	6:03.41	16.84	925m:	10:15.85	16.80	1300m:	14:29.49	16.85
200m:	2:08.40	16.81	575m:	6:20.01	16.60	950m:	10:33.14	17.29	1325m:	14:46.17	16.68
225m:	2:25.14	16.74	600m:	6:36.99	16.98	975m:	10:49.78	16.64	1350m:	15:03.16	16.99
250m:	2:42.11	16.97	625m:	6:53.61	16.62	1000m:	11:06.97	17.19	1375m:	15:19.86	16.70
275m:	2:58.82	16.71	650m:	7:10.66	17.05	1025m:	11:23.72	16.75	1400m:	15:36.93	17.07
300m:	3:15.71	16.89	675m:	7:27.24	16.58	1050m:	11:40.63	16.91	1425m:	15:53.51	16.58
325m:	3:32.71	17.00	700m:	7:44.39	17.15	1075m:	11:57.51	16.88	1450m:	16:10.48	16.97
350m:	3:49.58	16.87	725m:	8:01.08	16.69	1100m:	12:14.48	16.97	1475m:	16:26.75	16.27
375m:	4:06.31	16.73	750m:	8:18.05	16.97	1125m:	12:31.09	16.61	1500m:	16:42.65	15.90
9.	2003			+0,94 16:45.70			599				
25m:	14.05	14.05	400m:	4:19.65	16.62	775m:	8:32.55	16.78	1150m:	12:50.50	17.43
50m:	29.54	15.49	425m:	4:36.39	16.74	800m:	8:49.54	16.99	1175m:	13:07.85	17.35
75m:	45.62	16.08	450m:	4:53.22	16.83	825m:	9:06.65	17.11	1200m:	13:25.11	17.26
100m:	1:02.07	16.45	475m:	5:09.48	16.26	850m:	9:24.04	17.39	1225m:	13:41.58	16.47
125m:	1:18.20	16.13	500m:	5:25.90	16.42	875m:	9:40.88	16.84	1250m:	13:58.62	17.04
150m:	1:34.60	16.40	525m:	5:42.70	16.80	900m:	9:58.10	17.22	1275m:	14:16.04	17.42
175m:	1:51.20	16.60	550m:	5:59.52	16.82	925m:	10:14.96	16.86	1300m:	14:33.69	17.65
200m:	2:07.43	16.23	575m:	6:16.52	17.00	950m:	10:32.03	17.07	1325m:	14:50.81	17.12
225m:	2:23.77	16.34	600m:	6:33.34	16.82	975m:	10:49.30	17.27	1350m:	15:08.33	17.52
250m:	2:40.27	16.50	625m:	6:50.18	16.84	1000m:	11:06.64	17.34	1375m:	15:25.02	16.69
275m:	2:56.83	16.56	650m:	7:07.34	17.16	1025m:	11:23.97	17.33	1400m:	15:42.20	17.18
300m:	3:13.31	16.48	675m:	7:24.04	16.70	1050m:	11:41.68	17.71	1425m:	15:58.88	16.68
325m:	3:30.05	16.74	700m:	7:41.37	17.33	1075m:	11:58.81	17.13	1450m:	16:15.79	16.91
350m:	3:46.53	16.48	725m:	7:58.49	17.12	1100m:	12:16.17	17.36	1475m:	16:31.62	15.83
375m:	4:03.03	16.50	750m:	8:15.77	17.28	1125m:	12:33.07	16.90	1500m:	16:45.70	14.08

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11, , 1500m , (15-16)

							R.T.		FINA			
10.			2004				+0,87 16:54.86		583			
	50m:	28.52	28.52	450m:	4:54.36	34.65	850m:	9:31.08	34.92	1250m:	14:08.65	34.93
	100m:	59.85	31.33	500m:	5:28.96	34.60	900m:	10:05.89	34.81	1300m:	14:41.61	32.96
	150m:	1:32.14	32.29	550m:	6:03.25	34.29	950m:	10:40.52	34.63	1350m:	15:16.59	34.98
	200m:	2:04.91	32.77	600m:	6:37.86	34.61	1000m:	11:15.16	34.64	1400m:	15:50.19	33.60
	250m:	2:38.42	33.51	650m:	7:12.52	34.66	1050m:	11:50.31	35.15	1450m:	16:21.92	31.73
	300m:	3:11.97	33.55	700m:	7:46.78	34.26	1100m:	12:23.70	33.39	1500m:	16:54.86	32.94
	350m:	3:45.67	33.70	750m:	8:21.38	34.60	1150m:	12:58.78	35.08			
	400m:	4:19.71	34.04	800m:	8:56.16	34.78	1200m:	13:33.72	34.94			
11.			2004				+0,69 16:56.70		580			
	25m:	13.96	13.96	400m:	4:23.78	16.80	775m:	8:39.50	17.01	1150m:	12:56.25	
	50m:	29.65	15.69	425m:	4:40.60	16.82	800m:	8:56.39	16.89	1175m:		
	75m:	45.93	16.28	450m:	4:57.68	17.08	825m:	9:13.30	16.91	1200m:	13:30.94	
	100m:	1:02.24	16.31	475m:	5:14.55	16.87	850m:	9:30.35	17.05	1225m:	13:46.67	15.73
	125m:	1:18.79	16.55	500m:	5:31.66	17.11	875m:			1250m:	14:05.16	18.49
	150m:	1:35.44	16.65	525m:	5:48.56	16.90	900m:	10:04.44		1275m:	14:22.58	17.42
	175m:	1:51.97	16.53	550m:	6:05.88	17.32	925m:			1300m:	14:40.04	17.46
	200m:	2:08.86	16.89	575m:	6:22.87	16.99	950m:	10:38.51		1325m:	14:57.27	17.23
	225m:	2:25.70	16.84	600m:	6:40.06	17.19	975m:			1350m:	15:14.56	17.29
	250m:	2:42.54	16.84	625m:	6:57.34	17.28	1000m:	11:13.02		1375m:	15:31.97	17.41
	275m:	2:59.24	16.70	650m:	7:14.35	17.01	1025m:	11:27.29		1400m:	15:49.53	17.56
	300m:	3:16.35	17.11	675m:	7:31.35	17.00	1050m:	11:47.29		1425m:	16:06.88	17.35
	325m:	3:33.10	16.75	700m:	7:48.46	17.11	1075m:			1450m:	16:23.88	17.00
	350m:	3:50.01	16.91	725m:	8:05.56	17.10	1100m:	12:22.00		1475m:	16:40.63	16.75
	375m:	4:06.98	16.97	750m:	8:22.49	16.93	1125m:			1500m:	16:56.70	16.07
12.			2003				17:00.35		574			
	25m:	14.46	14.46	400m:	4:22.39	16.70	775m:	8:39.94	17.04	1150m:	12:59.74	17.29
	50m:	30.03	15.57	425m:	4:39.32	16.93	800m:	8:57.13	17.19	1175m:	13:16.89	17.15
	75m:	46.09	16.06	450m:	4:56.09	16.77	825m:	9:14.35	17.22	1200m:	13:34.10	17.21
	100m:	1:02.47	16.38	475m:	5:13.13	17.04	850m:	9:31.76	17.41	1225m:	13:51.65	17.55
	125m:	1:18.77	16.30	500m:	5:30.21	17.08	875m:	9:49.21	17.45	1250m:	14:09.20	17.55
	150m:	1:35.34	16.57	525m:	5:47.43	17.22	900m:	10:06.52	17.31	1275m:	14:26.94	17.74
	175m:	1:51.77	16.43	550m:	6:04.56	17.13	925m:	10:23.66	17.14	1300m:	14:44.05	17.11
	200m:	2:08.21	16.44	575m:	6:21.83	17.27	950m:	10:40.94	17.28	1325m:	15:01.34	17.29
	225m:	2:24.85	16.64	600m:	6:39.46	17.63	975m:	10:58.64	17.70	1350m:	15:18.78	17.44
	250m:	2:41.46	16.61	625m:	6:56.46	17.00	1000m:	11:16.01	17.37	1375m:	15:36.18	17.40
	275m:	2:58.08	16.62	650m:	7:13.83	17.37	1025m:	11:33.13	17.12	1400m:	15:53.70	17.52
	300m:	3:15.01	16.93	675m:	7:31.29	17.46	1050m:	11:50.66	17.53	1425m:	16:10.61	16.91
	325m:	3:31.98	16.97	700m:	7:48.33	17.04	1075m:	12:07.97	17.31	1450m:	16:27.75	17.14
	350m:	3:48.75	16.77	725m:	8:05.58	17.25	1100m:	12:25.15	17.18	1475m:	16:44.64	16.89
	375m:	4:05.69	16.94	750m:	8:22.90	17.32	1125m:	12:42.45	17.30	1500m:	17:00.35	15.71
13.			2004 I				+0,75 17:00.64		573			
	25m:	13.33	13.33	350m:	3:50.30	17.36	675m:	7:34.10	16.93	1000m:	11:18.66	16.84
	50m:	28.89	15.56	375m:	4:07.13	16.83	700m:	7:51.26	17.16	1025m:	11:35.75	17.09
	75m:	44.55	15.66	400m:	4:24.13	17.00	725m:	8:08.73	17.47	1050m:	11:53.04	17.29
	100m:	1:00.98	16.43	425m:	4:41.62	17.49	750m:	8:26.16	17.43	1075m:	12:10.58	17.54
	125m:	1:17.01	16.03	450m:	4:58.54	16.92	775m:	8:43.19	17.03	1100m:	12:28.20	17.62
	150m:	1:33.89	16.88	475m:	5:15.86	17.32	800m:	9:00.44	17.25	1125m:	12:45.04	16.84
	175m:	1:50.56	16.67	500m:	5:32.30	16.44	825m:	9:18.12	17.68	1150m:	13:02.35	17.31
	200m:	2:07.68	17.12	525m:	5:49.97	17.67	850m:	9:35.24	17.12	1175m:	13:19.08	16.73
	225m:	2:24.42	16.74	550m:	6:07.50	17.53	875m:	9:52.58	17.34	1200m:	13:36.54	17.46
	250m:	2:41.92	17.50	575m:	6:24.68	17.18	900m:	10:09.69	17.11	1225m:	13:54.29	17.75
	275m:	2:59.00	17.08	600m:	6:42.22	17.54	925m:	10:26.62	16.93	1250m:	14:11.26	16.97
	300m:	3:16.35	17.35	625m:	6:59.41	17.19	950m:	10:43.96	17.34	1275m:	14:29.06	17.80
	325m:	3:32.94	16.59	650m:	7:17.17	17.76	975m:	11:01.82	17.86	1300m:	14:46.05	16.99
	1325m:	15:03.77	17.72	1375m:	15:38.17	16.62	1425m:	16:11.88	16.55	1475m:	16:45.30	16.43
	1350m:	15:21.55	17.78	1400m:	15:55.33	17.16	1450m:	16:28.87	16.99	1500m:	17:00.64	15.34

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11, , 1500m , (15-16)

							R.T.		FINA			
14.			2003 I				+0,84 17:00.70		573			
	25m:	14.44	14.44	425m:	4:43.83	17.57	800m:	9:01.30	16.95	1175m:	13:19.31	17.26
	50m:	30.32	15.88	450m:	5:00.92	17.09	825m:	9:18.60	17.30	1200m:	13:36.48	17.17
	75m:	46.48	16.16	475m:	5:18.04	17.12	850m:	9:35.70	17.10	1225m:	13:53.54	17.06
	100m:	1:02.77	16.29	500m:	5:34.99	16.95	875m:	9:52.96	17.26	1250m:	14:10.53	16.99
	125m:	1:19.33	16.56	525m:	5:52.08	17.09	900m:	10:10.04	17.08	1275m:	14:27.74	17.21
	150m:	1:35.84	16.51	550m:	6:09.40	17.32	925m:	10:27.34	17.30	1300m:	14:45.21	17.47
	175m:	1:52.97	17.13	575m:	6:26.79	17.39	950m:	10:44.44	17.10	1325m:	15:02.70	17.49
	200m:	2:09.60	16.63	600m:	6:44.02	17.23	975m:	11:01.80	17.36	1350m:	15:20.17	17.47
	225m:	2:26.44	16.84	625m:	7:01.20	17.18	1000m:	11:18.87	17.07	1375m:	15:37.25	17.08
	250m:	2:43.58	17.14	650m:	7:18.41	17.21	1025m:	11:35.90	17.03	1400m:	15:54.01	16.76
	275m:	3:00.48	16.90	675m:	7:35.67	17.26	1050m:	11:52.86	16.96	1425m:	16:11.02	17.01
	300m:	3:17.37	16.89	700m:	7:52.84	17.17	1075m:	12:10.30	17.44	1450m:	16:27.90	16.88
	325m:	4:08.84	51.47	725m:	8:10.35	17.51	1100m:	12:27.26	16.96	1475m:	16:44.63	16.73
	350m:	3:51.31		750m:	8:27.50	17.15	1125m:	12:44.82	17.56	1500m:	17:00.70	16.07
	400m:	4:26.26	34.95	775m:	8:44.35	16.85	1150m:	13:02.05	17.23			
15.			2004				+0,78 17:08.28		560			
	25m:	13.02	13.02	400m:	4:17.91	17.20	775m:	8:38.96	17.64	1150m:	12:59.04	17.70
	50m:	28.09	15.07	425m:	4:34.78	16.87	800m:	8:56.15	17.19	1175m:	13:17.16	18.12
	75m:	43.29	15.20	450m:	4:52.08	17.30	825m:	9:13.45	17.30	1200m:	13:34.92	17.76
	100m:	59.22	15.93	475m:	5:09.40	17.32	850m:	9:30.43	16.98	1225m:	13:53.03	18.11
	125m:	1:15.28	16.06	500m:	5:26.29	16.89	875m:	9:47.82	17.39	1250m:	14:10.89	17.86
	150m:	1:31.53	16.25	525m:	5:43.77	17.48	900m:	10:05.35	17.53	1275m:	14:29.02	18.13
	175m:	1:47.93	16.40	550m:	6:01.29	17.52	925m:	10:22.80	17.45	1300m:	14:47.08	18.06
	200m:	2:04.52	16.59	575m:	6:18.88	17.59	950m:	10:39.70	16.90	1325m:	15:05.24	18.16
	225m:	2:20.98	16.46	600m:	6:36.33	17.45	975m:	10:56.44	16.74	1350m:	15:23.30	18.06
	250m:	2:37.44	16.46	625m:	6:53.90	17.57	1000m:	11:13.36	16.92	1375m:	15:41.44	18.14
	275m:	2:53.85	16.41	650m:	7:11.23	17.33	1025m:	11:30.83	17.47	1400m:	15:59.31	17.87
	300m:	3:10.52	16.67	675m:	7:28.65	17.42	1050m:	11:48.50	17.67	1425m:	16:17.02	17.71
	325m:	3:27.18	16.66	700m:	7:46.19	17.54	1075m:	12:06.07	17.57	1450m:	16:33.89	16.87
	350m:	3:43.83	16.65	725m:	8:03.60	17.41	1100m:	12:23.57	17.50	1475m:	16:51.48	17.59
	375m:	4:00.71	16.88	750m:	8:21.32	17.72	1125m:	12:41.34	17.77	1500m:	17:08.28	16.80
16.			2003 I				+0,80 17:08.39		560			
	25m:	14.16	14.16	400m:	4:26.10	17.28	775m:	8:44.57	17.22	1150m:	13:05.07	17.02
	50m:	30.21	16.05	425m:	4:43.01	16.91	800m:	9:02.01	17.44	1175m:	13:22.62	17.55
	75m:	46.65	16.44	450m:	5:00.36	17.35	825m:	9:19.43	17.42	1200m:	13:39.97	17.35
	100m:	1:03.20	16.55	475m:	5:17.52	17.16	850m:	9:36.80	17.37	1225m:	13:57.18	17.21
	125m:	1:19.99	16.79	500m:	5:34.42	16.90	875m:	9:54.32	17.52	1250m:	14:15.17	17.99
	150m:	1:36.50	16.51	525m:	5:51.52	17.10	900m:	10:11.57	17.25	1275m:	14:32.52	17.35
	175m:	1:53.43	16.93	550m:	6:08.80	17.28	925m:	10:28.65	17.08	1300m:	14:50.14	17.62
	200m:	2:09.92	16.49	575m:	6:25.97	17.17	950m:	10:46.13	17.48	1325m:	15:07.51	17.37
	225m:	2:26.89	16.97	600m:	6:43.42	17.45	975m:	11:03.45	17.32	1350m:	15:24.94	17.43
	250m:	2:43.69	16.80	625m:	7:00.58	17.16	1000m:	11:21.08	17.63	1375m:	15:42.76	17.82
	275m:	3:00.95	17.26	650m:	7:17.82	17.24	1025m:	11:38.25	17.17	1400m:	16:00.79	18.03
	300m:	3:17.92	16.97	675m:	7:35.14	17.32	1050m:	11:55.72	17.47	1425m:	16:17.72	16.93
	325m:	3:34.93	17.01	700m:	7:52.50	17.36	1075m:	12:12.98	17.26	1450m:	16:35.11	17.39
	350m:	3:51.93	17.00	725m:	8:09.83	17.33	1100m:	12:30.66	17.68	1475m:	16:51.70	16.59
	375m:	4:08.82	16.89	750m:	8:27.35	17.52	1125m:	12:48.05	17.39	1500m:	17:08.39	16.69

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11, , 1500m , (15-16)

							R.T.			FINA	
17.	2004						+0,88 17:13.89			551	
25m:	14.10	14.10	400m:	4:26.94	17.12	775m:	8:47.06	17.50	1150m:	13:09.05	17.56
50m:	30.10	16.00	425m:	4:44.15	17.21	800m:	9:04.41	17.35	1175m:	13:26.59	17.54
75m:	46.60	16.50	450m:	5:01.42	17.27	825m:	9:21.65	17.24	1200m:	13:44.45	17.86
100m:	1:03.44	16.84	475m:	5:18.57	17.15	850m:	9:39.06	17.41	1225m:	14:01.90	17.45
125m:	1:20.39	16.95	500m:	5:36.04	17.47	875m:	9:56.69	17.63	1250m:	14:19.35	17.45
150m:	1:37.41	17.02	525m:	5:53.20	17.16	900m:	10:14.22	17.53	1275m:	14:37.11	17.76
175m:	1:53.88	16.47	550m:	6:10.35	17.15	925m:	10:31.58	17.36	1300m:	14:54.73	17.62
200m:	2:10.79	16.91	575m:	6:27.58	17.23	950m:	10:48.99	17.41	1325m:	15:12.03	17.30
225m:	2:27.65	16.86	600m:	6:44.91	17.33	975m:	11:06.38	17.39	1350m:	15:29.74	17.71
250m:	2:44.60	16.95	625m:	7:02.10	17.19	1000m:	11:23.92	17.54	1375m:	15:47.38	17.64
275m:	3:01.72	17.12	650m:	7:19.68	17.58	1025m:	11:41.30	17.38	1400m:	16:05.37	17.99
300m:	3:18.93	17.21	675m:	7:36.77	17.09	1050m:	11:59.03	17.73	1425m:	16:22.94	17.57
325m:	3:35.68	16.75	700m:	7:54.75	17.98	1075m:	12:16.14	17.11	1450m:	16:40.27	17.33
350m:	3:52.88	17.20	725m:	8:12.24	17.49	1100m:	12:33.98	17.84	1475m:	16:57.46	17.19
375m:	4:09.82	16.94	750m:	8:29.56	17.32	1125m:	12:51.49	17.51	1500m:	17:13.89	16.43
18.	2004						+0,77 17:16.75 I			547	
25m:	14.35	14.35	400m:	4:33.22	17.47	775m:	8:55.19	17.80	1150m:	13:16.61	17.46
50m:	30.25	15.90	425m:	4:50.52	17.30	800m:	9:12.50	17.31	1175m:	13:34.35	17.74
75m:	46.92	16.67	450m:	5:07.99	17.47	825m:	9:30.02	17.52	1200m:	13:51.86	17.51
100m:	1:04.00	17.08	475m:	5:25.46	17.47	850m:	9:47.22	17.20	1225m:	14:09.25	17.39
125m:	1:21.00	17.00	500m:	5:42.97	17.51	875m:	10:04.55	17.33	1250m:	14:26.60	17.35
150m:	1:38.07	17.07	525m:	6:00.63	17.66	900m:	10:21.76	17.21	1275m:	14:43.86	17.26
175m:	1:55.45	17.38	550m:	6:18.05	17.42	925m:	10:39.32	17.56	1300m:	15:01.19	17.33
200m:	2:12.89	17.44	575m:	6:35.84	17.79	950m:	10:56.82	17.50	1325m:	15:18.42	17.23
225m:	2:30.26	17.37	600m:	6:53.21	17.37	975m:	11:14.26	17.44	1350m:	15:35.82	17.40
250m:	2:47.77	17.51	625m:	7:10.63	17.42	1000m:	11:31.65	17.39	1375m:	15:53.36	17.54
275m:	3:05.58	17.81	650m:	7:28.06	17.43	1025m:	11:48.90	17.25	1400m:	16:10.72	17.36
300m:	3:23.04	17.46	675m:	7:45.39	17.33	1050m:	12:06.19	17.29	1425m:	16:28.02	17.30
325m:	3:40.73	17.69	700m:	8:02.54	17.15	1075m:	12:24.14	17.95	1450m:	16:45.29	17.27
350m:	3:58.07	17.34	725m:	8:20.18	17.64	1100m:	12:41.63	17.49	1475m:	17:01.25	15.96
375m:	4:15.75	17.68	750m:	8:37.39	17.21	1125m:	12:59.15	17.52	1500m:	17:16.75	15.50
19.	2004 I						17:19.03 I			543	
25m:	14.12	14.12	400m:	4:29.42	17.28	775m:	8:52.11	17.42	1150m:	13:14.89	17.63
50m:	29.70	15.58	425m:	4:47.09	17.67	800m:	9:09.86	17.75	1175m:	13:32.79	17.90
75m:	45.97	16.27	450m:	5:04.27	17.18	825m:	9:27.48	17.62	1200m:	13:50.06	17.27
100m:	1:02.67	16.70	475m:	5:21.78	17.51	850m:	9:44.68	17.20	1225m:	14:07.86	17.80
125m:	1:19.41	16.74	500m:	5:39.32	17.54	875m:	10:02.42	17.74	1250m:	14:25.52	17.66
150m:	1:36.50	17.09	525m:	5:56.90	17.58	900m:	10:20.06	17.64	1275m:	14:43.25	17.73
175m:	1:53.49	16.99	550m:	6:14.33	17.43	925m:	10:37.53	17.47	1300m:	15:00.70	17.45
200m:	2:10.52	17.03	575m:	6:32.14	17.81	950m:	10:54.75	17.22	1325m:	15:18.51	17.81
225m:	2:27.66	17.14	600m:	6:49.63	17.49	975m:	11:12.27	17.52	1350m:	15:35.96	17.45
250m:	2:44.71	17.05	625m:	7:07.50	17.87	1000m:	11:29.80	17.53	1375m:	15:53.87	17.91
275m:	3:02.14	17.43	650m:	7:24.77	17.27	1025m:	11:47.39	17.59	1400m:	16:11.32	17.45
300m:	3:19.33	17.19	675m:	7:42.53	17.76	1050m:	12:04.91	17.52	1425m:	16:28.77	17.45
325m:	3:37.04	17.71	700m:	7:59.88	17.35	1075m:	12:22.15	17.24	1450m:	16:45.75	16.98
350m:	3:54.55	17.51	725m:	8:17.44	17.56	1100m:	12:39.55	17.40	1475m:	17:02.59	16.84
375m:	4:12.14	17.59	750m:	8:34.69	17.25	1125m:	12:57.26	17.71	1500m:	17:19.03	16.44

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11, , 1500m , (15-16)						R.T.		FINA	
20.			2003			+0,71	17:21.18	I	540
	25m:		400m: 4:23.88		775m:		1150m: 13:10.68		
	50m: 29.84		425m:		800m: 9:02.25		1175m:		
	75m:		450m: 4:57.86		825m:		1200m: 13:46.43		
	100m: 1:02.70		475m:		850m: 9:37.87		1225m:		
	125m:		500m: 5:32.35		875m:		1250m: 14:22.73		
	150m: 1:36.12		525m:		900m: 10:13.04		1300m: 14:58.90	36.17	
	175m:		550m: 6:06.91		925m:		1325m:		
	200m: 2:09.25		575m:		950m: 10:48.16		1350m: 15:33.21		
	225m:		600m: 6:41.88		975m:		1375m:		
	250m: 2:42.83		625m:		1000m: 11:24.13		1400m: 16:11.27		
	275m:		650m: 7:16.95		1025m:		1425m:		
	300m: 3:16.71		675m:		1050m: 11:59.52		1450m: 16:46.54		
	325m:		700m: 7:51.78		1075m:		1475m:		
	350m: 3:50.24		725m:		1100m: 12:34.86		1500m: 17:21.18		
	375m:		750m: 8:27.00		1125m:				
21.			2004			+0,65	17:25.98	I	532
	25m: 14.17	14.17	400m: 4:26.66	17.16	775m: 8:49.90	17.88	1150m: 13:15.65	17.57	
	50m: 30.32	16.15	425m: 4:43.87	17.21	800m: 9:07.51	17.61	1175m: 13:33.34	17.69	
	75m: 46.22	15.90	450m: 5:01.25	17.38	825m: 9:25.24	17.73	1200m: 13:51.21	17.87	
	100m: 1:03.05	16.83	475m: 5:18.46	17.21	850m: 9:42.83	17.59	1225m: 14:08.99	17.78	
	125m: 1:19.72	16.67	500m: 5:35.97	17.51	875m: 10:00.77	17.94	1250m: 14:27.04	18.05	
	150m: 1:36.60	16.88	525m: 5:53.43	17.46	900m: 10:18.67	17.90	1275m: 14:44.87	17.83	
	175m: 1:53.33	16.73	550m: 6:11.14	17.71	925m: 10:36.32	17.65	1300m: 15:02.74	17.87	
	200m: 2:10.35	17.02	575m: 6:28.92	17.78	950m: 10:54.21	17.89	1325m: 15:20.82	18.08	
	225m: 2:26.81	16.46	600m: 6:46.45	17.53	975m: 11:12.01	17.80	1350m: 15:38.90	18.08	
	250m: 2:43.86	17.05	625m: 7:03.93	17.48	1000m: 11:29.74	17.73	1375m: 15:56.95	18.05	
	275m: 3:00.75	16.89	650m: 7:21.48	17.55	1025m: 11:46.88	17.14	1400m: 16:15.29	18.34	
	300m: 3:18.14	17.39	675m: 7:38.99	17.51	1050m: 12:04.73	17.85	1425m: 16:33.53	18.24	
	325m: 3:35.14	17.00	700m: 7:56.59	17.60	1075m: 12:22.49	17.76	1450m: 16:51.82	18.29	
	350m: 3:52.45	17.31	725m: 8:14.18	17.59	1100m: 12:40.41	17.92	1475m: 17:09.33	17.51	
	375m: 4:09.50	17.05	750m: 8:32.02	17.84	1125m: 12:58.08	17.67	1500m: 17:25.98	16.65	
22.			2003	I		+0,89	17:26.34	I	532
	25m: 13.87	13.87	400m: 4:25.25	16.91	775m: 8:48.98	18.03	1150m: 13:16.21	17.38	
	50m: 29.08	15.21	425m: 4:42.87	17.62	800m: 9:06.61	17.63	1175m: 13:34.14	17.93	
	75m: 45.23	16.15	450m: 5:00.03	17.16	825m: 9:25.12	18.51	1200m: 13:52.16	18.02	
	100m: 1:01.42	16.19	475m: 5:17.63	17.60	850m: 9:42.75	17.63	1225m: 14:10.55	18.39	
	125m: 1:18.10	16.68	500m: 5:34.74	17.11	875m: 10:00.11	17.36	1250m: 14:28.31	17.76	
	150m: 1:34.50	16.40	525m: 5:52.42	17.68	900m: 10:18.34	18.23	1275m: 14:46.35	18.04	
	175m: 1:51.43	16.93	550m: 6:10.15	17.73	925m: 10:36.41	18.07	1300m: 15:04.42	18.07	
	200m: 2:08.20	16.77	575m: 6:27.62	17.47	950m: 10:54.23	17.82	1325m: 15:22.20	17.78	
	225m: 2:25.33	17.13	600m: 6:45.31	17.69	975m: 11:12.30	18.07	1350m: 15:40.05	17.85	
	250m: 2:42.31	16.98	625m: 7:03.07	17.76	1000m: 11:29.72	17.42	1375m: 15:57.85	17.80	
	275m: 2:59.63	17.32	650m: 7:20.67	17.60	1025m: 11:47.35	17.63	1400m: 16:15.69	17.84	
	300m: 3:16.53	16.90	675m: 7:38.36	17.69	1050m: 12:05.55	18.20	1425m: 16:33.51	17.82	
	325m: 3:33.82	17.29	700m: 7:55.67	17.31	1075m: 12:23.28	17.73	1450m: 16:51.21	17.70	
	350m: 3:50.79	16.97	725m: 8:13.37	17.70	1100m: 12:40.80	17.52	1475m: 17:08.88	17.67	
	375m: 4:08.34	17.55	750m: 8:30.95	17.58	1125m: 12:58.83	18.03	1500m: 17:26.34	17.46	

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11, , 1500m , (15-16)

							R.T.			FINA		
23.	2004 I						+0,79 17:28.86 I			528		
25m:	14.02	14.02	400m:	4:30.79	17.80	775m:	8:54.94	17.44	1150m:	13:21.07	18.28	
50m:	29.65	15.63	425m:	4:48.34	17.55	800m:	9:12.51	17.57	1175m:	13:38.53	17.46	
75m:	45.81	16.16	450m:	5:06.10	17.76	825m:	9:30.29	17.78	1200m:	13:56.17	17.64	
100m:	1:02.61	16.80	475m:	5:23.52	17.42	850m:	9:48.36	18.07	1225m:	14:13.83	17.66	
125m:	1:19.51	16.90	500m:	5:41.26	17.74	875m:	10:05.90	17.54	1250m:	14:32.01	18.18	
150m:	1:36.50	16.99	525m:	5:58.76	17.50	900m:	10:23.77	17.87	1275m:	14:49.60	17.59	
175m:	1:53.60	17.10	550m:	6:16.19	17.43	925m:	10:41.42	17.65	1300m:	15:07.47	17.87	
200m:	2:11.09	17.49	575m:	6:33.70	17.51	950m:	10:59.21	17.79	1325m:	15:25.32	17.85	
225m:	2:28.36	17.27	600m:	6:51.35	17.65	975m:	11:16.76	17.55	1350m:	15:43.55	18.23	
250m:	2:45.92	17.56	625m:	7:08.68	17.33	1000m:	11:34.88	18.12	1375m:	16:01.05	17.50	
275m:	3:03.32	17.40	650m:	7:26.48	17.80	1025m:	11:52.22	17.34	1400m:	16:19.18	18.13	
300m:	3:20.78	17.46	675m:	7:44.37	17.89	1050m:	12:10.20	17.98	1425m:	16:36.60	17.42	
325m:	3:38.11	17.33	700m:	8:02.03	17.66	1075m:	12:27.45	17.25	1450m:	16:53.89	17.29	
350m:	3:55.79	17.68	725m:	8:19.70	17.67	1100m:	12:45.36	17.91	1475m:	17:11.61	17.72	
375m:	4:12.99	17.20	750m:	8:37.50	17.80	1125m:	13:02.79	17.43	1500m:	17:28.86	17.25	
24.	2003						+0,79 17:39.46 I			512		
50m:	29.67	29.67	450m:	5:07.25	35.14	850m:	9:51.46	36.11	1250m:	14:41.21	36.70	
100m:	1:03.46	33.79	500m:	5:42.38	35.13	900m:	10:26.86	35.40	1300m:	15:17.56	36.35	
150m:	1:38.01	34.55	550m:	6:17.61	35.23	950m:	11:02.93	36.07	1350m:	15:53.76	36.20	
200m:	2:12.68	34.67	600m:	6:53.26	35.65	1000m:	11:39.11	36.18	1400m:	16:29.45	35.69	
250m:	2:47.20	34.52	650m:	7:28.47	35.21	1050m:	12:16.05	36.94	1450m:	17:04.60	35.15	
300m:	3:22.14	34.94	700m:	8:04.21	35.74	1100m:	12:51.99	35.94	1500m:	17:39.46	34.86	
350m:	3:57.07	34.93	750m:	8:39.71	35.50	1150m:	13:28.33	36.34				
400m:	4:32.11	35.04	800m:	9:15.35	35.64	1200m:	14:04.51	36.18				
25.	2004 I						+0,82 17:52.99 I			493		
25m:	14.41	14.41	400m:	4:31.90	17.63	775m:	8:59.92	17.68	1150m:	13:33.21	19.12	
50m:	30.34	15.93	425m:	4:49.44	17.54	800m:	9:17.83	17.91	1175m:	13:52.02	18.81	
75m:	46.59	16.25	450m:	5:07.03	17.59	825m:	9:35.61	17.78	1200m:	14:11.02	19.00	
100m:	1:03.35	16.76	475m:	5:24.96	17.93	850m:	9:53.86	18.25	1225m:	14:29.60	18.58	
125m:	1:19.94	16.59	500m:	5:42.74	17.78	875m:	10:11.95	18.09	1250m:	14:48.67	19.07	
150m:	1:36.97	17.03	525m:	6:00.50	17.76	900m:	10:30.19	18.24	1275m:	15:07.35	18.68	
175m:	1:54.12	17.15	550m:	6:18.47	17.97	925m:	10:48.15	17.96	1300m:	15:26.51	19.16	
200m:	2:11.69	17.57	575m:	6:36.51	18.04	950m:	11:06.43	18.28	1325m:	15:45.34	18.83	
225m:	2:28.99	17.30	600m:	6:54.51	18.00	975m:	11:24.56	18.13	1350m:	16:04.24	18.90	
250m:	2:46.78	17.79	625m:	7:12.66	18.15	1000m:	11:42.84	18.28	1375m:	16:22.70	18.46	
275m:	3:04.09	17.31	650m:	7:30.73	18.07	1025m:	12:00.70	17.86	1400m:	16:41.27	18.57	
300m:	3:21.43	17.34	675m:	7:48.53	17.80	1050m:	12:19.01	18.31	1425m:	16:59.54	18.27	
325m:	3:39.14	17.71	700m:	8:06.24	17.71	1075m:	12:37.12	18.11	1450m:	17:17.86	18.32	
350m:	3:56.57	17.43	725m:	8:24.05	17.81	1100m:	12:55.68	18.56	1475m:	17:36.17	18.31	
375m:	4:14.27	17.70	750m:	8:42.24	18.19	1125m:	13:14.09	18.41	1500m:	17:52.99	16.82	
26.	2004 I						+0,83 17:53.51 I			493		
50m:	30.73	30.73	450m:	5:11.45	35.89	850m:	10:02.00	36.09	1250m:	14:53.58	37.13	
100m:	1:04.97	34.24	500m:	5:48.04	36.59	900m:	10:38.15	36.15	1300m:	15:30.52	36.94	
150m:	1:38.83	33.86	550m:	6:23.94	35.90	950m:	11:14.38	36.23	1350m:	16:07.34	36.82	
200m:	2:13.52	34.69	600m:	7:00.34	36.40	1000m:	11:51.02	36.64	1400m:	16:43.47	36.13	
250m:	2:48.84	35.32	650m:	7:36.67	36.33	1050m:	12:27.57	36.55	1450m:	17:19.38	35.91	
300m:	3:24.29	35.45	700m:	8:12.89	36.22	1100m:	13:04.08	36.51	1500m:	17:53.51	34.13	
350m:	3:59.88	35.59	750m:	8:49.50	36.61	1150m:	13:40.30	36.22				
400m:	4:35.56	35.68	800m:	9:25.91	36.41	1200m:	14:16.45	36.15				

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11, , 1500m , (15-16)

	/			R.T.					FINA		
27.	2004 I			+0,95 17:55.16 I					490		
	25m: 14.33	14.33	400m: 4:35.25	17.89	775m: 9:01.73	18.01	1150m: 13:37.48	18.65			
	50m: 30.34	16.01	425m: 4:53.03	17.78	800m: 9:19.73	18.00	1175m: 13:55.83	18.35			
	75m: 47.30	16.96	450m: 5:11.14	18.11	825m: 9:37.78	18.05	1200m: 14:14.29	18.46			
	100m: 1:04.53	17.23	475m: 5:28.47	17.33	850m: 9:55.81	18.03	1225m: 14:32.90	18.61			
	125m: 1:21.65	17.12	500m: 5:46.14	17.67	875m: 10:13.88	18.07	1250m: 14:51.99	19.09			
	150m: 1:39.39	17.74	525m: 6:03.52	17.38	900m: 10:32.16	18.28	1275m: 15:10.66	18.67			
	175m: 1:56.35	16.96	550m: 6:21.44	17.92	925m: 10:50.83	18.67	1300m: 15:29.51	18.85			
	200m: 2:14.36	18.01	575m: 6:39.00	17.56	950m: 11:09.32	18.49	1325m: 15:48.44	18.93			
	225m: 2:31.82	17.46	600m: 6:57.01	18.01	975m: 11:27.76	18.44	1350m: 16:06.89	18.45			
	250m: 2:49.59	17.77	625m: 7:14.68	17.67	1000m: 11:46.02	18.26	1375m: 16:24.74	17.85			
	275m: 3:06.93	17.34	650m: 7:32.32	17.64	1025m: 12:04.51	18.49	1400m: 16:42.96	18.22			
	300m: 3:24.57	17.64	675m: 7:50.09	17.77	1050m: 12:22.99	18.48	1425m: 17:01.07	18.11			
	325m: 3:42.11	17.54	700m: 8:08.04	17.95	1075m: 12:41.17	18.18	1450m: 17:19.38	18.31			
	350m: 4:00.13	18.02	725m: 8:25.88	17.84	1100m: 13:00.03	18.86	1475m: 17:37.70	18.32			
	375m: 4:17.36	17.23	750m: 8:43.72	17.84	1125m: 13:18.83	18.80	1500m: 17:55.16	17.46			
28.	2004 I			+0,94 19:05.10					406		
	25m: 14.74	14.74	400m: 4:52.05		775m:		1150m: 14:35.94				
	50m: 31.67	16.93	425m:		800m: 10:03.70		1175m:				
	75m: 47.61	15.94	450m: 5:31.25		825m:		1200m: 15:14.53				
	100m: 1:06.02	18.41	475m:		850m: 10:42.75		1225m:				
	125m: 1:21.69	15.67	500m: 6:09.85		875m:		1250m: 15:53.54				
	150m: 1:41.86	20.17	525m:		900m: 11:21.51		1275m:				
	175m: 1:56.17	14.31	550m: 6:48.41		925m:		1300m: 16:32.58				
	200m: 2:18.45	22.28	575m:		950m: 12:00.56		1325m:				
	225m:		600m: 7:28.20		975m:		1350m: 17:11.80				
	250m: 2:56.38		625m:		1000m: 12:39.47		1375m:				
	275m:		650m: 8:07.66		1025m:		1400m: 17:50.14				
	300m: 3:34.42		675m:		1050m: 13:18.47		1425m:				
	325m:		700m: 8:45.76		1075m:		1450m: 18:28.27				
	350m: 4:13.04		725m:		1100m: 13:57.39		1475m:				
	375m:		750m: 9:24.88		1125m:		1500m: 19:05.10				