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9 , 400m
24.02.2021 - 10:00

												4:06.01			09.04.2019								
												4:08.81	(AZE)			24.06.2015							
: FINA 2020																							
												/	R.T.				FINA						
1.				2001					+0,82	4:26.11	701												
	50m:	30.87	30.87	150m:	1:37.67	33.58	250m:	2:45.46	34.31	350m:	3:53.79	34.44											
	100m:	1:04.09	33.22	200m:	2:11.15	33.48	300m:	3:19.35	33.89	400m:	4:26.11	32.32											
2.				2003					+0,81	4:27.94	687												
	50m:	30.84	30.84	150m:	1:38.69	34.06	250m:	2:46.68	34.50	350m:	3:55.21	34.44											
	100m:	1:04.63	33.79	200m:	2:12.18	33.49	300m:	3:20.77	34.09	400m:	4:27.94	32.73											
3.				2005					+0,82	4:32.00	657												
	50m:	30.89	30.89	150m:	1:37.90	33.91	250m:	2:46.97	34.97	350m:	3:57.55	35.44											
	100m:	1:03.99	33.10	200m:	2:12.00	34.10	300m:	3:22.11	35.14	400m:	4:32.00	34.45											
4.				2005					+0,82	4:32.41	654												
	50m:	30.23	30.23	150m:	1:37.27	33.58	250m:	2:46.78	34.78	350m:	3:57.75	35.44											
	100m:	1:03.69	33.46	200m:	2:12.00	34.73	300m:	3:22.31	35.53	400m:	4:32.41	34.66											
5.				2008					+0,83	4:34.41	639												
	50m:	31.44	31.44	150m:	1:41.21	34.90	250m:	2:51.63	35.23	350m:	4:01.13	34.28											
	100m:	1:06.31	34.87	200m:	2:16.40	35.19	300m:	3:26.85	35.22	400m:	4:34.41	33.28											
6.				2007					+0,57	4:36.23	627												
	50m:	31.30	31.30	150m:	1:39.98	34.89	250m:	2:50.42	35.11	350m:	4:01.55	35.47											
	100m:	1:05.09	33.79	200m:	2:15.31	35.33	300m:	3:26.08	35.66	400m:	4:36.23	34.68											
7.				2002					+0,78	4:37.25	620												
	50m:	30.98	30.98	150m:	1:38.37	34.21	250m:	2:49.31	35.44	350m:	4:01.71	36.26											
	100m:	1:04.16	33.18	200m:	2:13.87	35.50	300m:	3:25.45	36.14	400m:	4:37.25	35.54											
8.				2001					+0,73	4:37.57	618												
	50m:	31.50	31.50	150m:	1:41.61	35.23	250m:	2:52.87	35.45	350m:	4:03.74	35.06											
	100m:	1:06.38	34.88	200m:	2:17.42	35.81	300m:	3:28.68	35.81	400m:	4:37.57	33.83											
9.				2004					+0,77	4:37.58	618												
	50m:	31.66	31.66	150m:	1:41.86	35.48	250m:	2:53.11	35.58	350m:	4:04.15	35.31											
	100m:	1:06.38	34.72	200m:	2:17.53	35.67	300m:	3:28.84	35.73	400m:	4:37.58	33.43											
10.				2005					+0,68	4:38.38	612												
	50m:	31.68	31.68	150m:	1:41.53	35.32	250m:	2:52.15	35.24	350m:	4:03.40	35.93											
	100m:	1:06.21	34.53	200m:	2:16.91	35.38	300m:	3:27.47	35.32	400m:	4:38.38	34.98											
11.				2006					+0,85	4:38.43	612												
	50m:	31.79	31.79	150m:	1:41.47	35.04	250m:	2:53.06	35.87	350m:	4:06.47	36.83											
	100m:	1:06.43	34.64	200m:	2:17.19	35.72	300m:	3:29.64	36.58	400m:	4:38.43	31.96											
12.				2006					+0,77	4:38.94	609												
	50m:	31.17	31.17	150m:	1:41.05	35.60	250m:	2:52.48	35.84	350m:	4:04.78	36.52											
	100m:	1:05.45	34.28	200m:	2:16.64	35.59	300m:	3:28.26	35.78	400m:	4:38.94	34.16											
13.				2005					+0,85	4:39.14	607												
	50m:	31.36	31.36	150m:	1:40.50	34.84	250m:	2:51.26	35.09	350m:	4:04.15	35.82											
	100m:	1:05.66	34.30	200m:	2:16.17	35.67	300m:	3:28.33	37.07	400m:	4:39.14	34.99											
14.				2005					+0,82	4:39.72	604												
	50m:	30.69	30.69	150m:	1:40.75	35.40	250m:	2:53.27	35.97	350m:	4:05.20	35.34											
	100m:	1:05.35	34.66	200m:	2:17.30	36.55	300m:	3:29.86	36.59	400m:	4:39.72	34.52											

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9, , 400m								R.T.			FINA	
15.				2007	I			+0,83	4:40.86		596	
	50m:	32.51	32.51	150m:	1:43.53	35.94	250m:	2:56.15	36.19	350m:	4:07.69	34.96
	100m:	1:07.59	35.08	200m:	2:19.96	36.43	300m:	3:32.73	36.58	400m:	4:40.86	33.17
16.				2007						4:41.52	592	
	50m:	31.95	31.95	150m:	1:41.79	35.36	250m:	2:53.63	35.82	350m:	4:06.86	36.59
	100m:	1:06.43	34.48	200m:	2:17.81	36.02	300m:	3:30.27	36.64	400m:	4:41.52	34.66
17.				2006	I			+0,85	4:42.85		584	
	50m:	32.21	32.21	150m:	1:42.55	35.66	250m:	2:55.24	36.57	350m:	4:08.21	36.25
	100m:	1:06.89	34.68	200m:	2:18.67	36.12	300m:	3:31.96	36.72	400m:	4:42.85	34.64
18.				2004				+0,73	4:43.71		578	
	50m:	31.63	31.63	150m:	1:42.65	35.78	250m:	2:54.58	36.03	350m:	4:07.81	36.49
	100m:	1:06.87	35.24	200m:	2:18.55	35.90	300m:	3:31.32	36.74	400m:	4:43.71	35.90
19.				2006				+0,79	4:44.05	I	576	
	50m:	33.14	33.14	150m:	1:44.76	36.15	250m:	2:57.31	36.33	350m:	4:09.17	35.63
	100m:	1:08.61	35.47	200m:	2:20.98	36.22	300m:	3:33.54	36.23	400m:	4:44.05	34.88
20.				2005				+0,91	4:44.10	I	576	
	50m:	32.27	32.27	150m:	1:43.94	36.09	250m:	2:56.67	36.39	350m:	4:09.83	36.33
	100m:	1:07.85	35.58	200m:	2:20.28	36.34	300m:	3:33.50	36.83	400m:	4:44.10	34.27
21.				2006				+0,87	4:44.54	I	573	
	50m:	30.65	30.65	150m:	1:40.52	35.64	250m:	2:53.73	37.04	350m:	4:08.34	37.03
	100m:	1:04.88	34.23	200m:	2:16.69	36.17	300m:	3:31.31	37.58	400m:	4:44.54	36.20
22.				2002	I			+0,88	4:44.82	I	572	
	50m:	32.45	32.45	150m:	1:46.30	37.21	250m:	2:58.96	36.02	350m:	4:10.08	35.31
	100m:	1:09.09	36.64	200m:	2:22.94	36.64	300m:	3:34.77	35.81	400m:	4:44.82	34.74
23.				2006				+0,97	4:45.86	I	565	
	50m:	32.17	32.17	150m:	1:45.03	37.04	250m:	2:58.24	36.68	350m:	4:11.69	36.71
	100m:	1:07.99	35.82	200m:	2:21.56	36.53	300m:	3:34.98	36.74	400m:	4:45.86	34.17
24.				2008	I			+0,87	4:45.92	I	565	
	50m:	33.16	33.16	150m:	1:45.24	36.62	250m:	2:58.56	37.02	350m:	4:11.37	36.35
	100m:	1:08.62	35.46	200m:	2:21.54	36.30	300m:	3:35.02	36.46	400m:	4:45.92	34.55
25.				2004				+0,72	4:46.00	I	565	
	50m:	32.05	32.05	150m:	1:42.35	35.66	250m:	2:55.12	36.75	350m:	4:09.57	37.45
	100m:	1:06.69	34.64	200m:	2:18.37	36.02	300m:	3:32.12	37.00	400m:	4:46.00	36.43
26.				2006	I			+0,85	4:46.03	I	564	
	50m:	31.08	31.08	150m:	1:40.46	35.38	250m:	2:53.86	37.07	350m:	4:09.11	37.65
	100m:	1:05.08	34.00	200m:	2:16.79	36.33	300m:	3:31.46	37.60	400m:	4:46.03	36.92
27.				2004				+0,71	4:46.07	I	564	
	50m:	32.43	32.43	150m:	1:45.15	36.74	250m:	2:59.35	37.19	350m:	4:11.44	35.49
	100m:	1:08.41	35.98	200m:	2:22.16	37.01	300m:	3:35.95	36.60	400m:	4:46.07	34.63
28.				2003				+0,85	4:46.71	I	560	
	50m:	31.95	31.95	150m:	1:43.15	36.20	250m:	2:56.93	37.00	350m:	4:10.67	37.13
	100m:	1:06.95	35.00	200m:	2:19.93	36.78	300m:	3:33.54	36.61	400m:	4:46.71	36.04
29.				2004				+0,75	4:46.83	I	560	
	50m:	31.55	31.55	150m:	1:41.17	35.31	250m:	2:54.22	36.67	350m:	4:09.83	37.62
	100m:	1:05.86	34.31	200m:	2:17.55	36.38	300m:	3:32.21	37.99	400m:	4:46.83	37.00

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9, , 400m								R.T.		FINA	
30.			2004					+0,78	4:46.90	I	559
	50m: 32.45	32.45	150m: 1:45.22	36.62	250m: 2:59.81	37.39	350m: 4:12.51				36.02
	100m: 1:08.60	36.15	200m: 2:22.42	37.20	300m: 3:36.49	36.68	400m: 4:46.90				34.39
31.			2007						4:47.20	I	558
	50m: 33.01	33.01	150m: 1:45.59	36.48	250m: 2:59.12	36.54	350m: 4:12.86				36.58
	100m: 1:09.11	36.10	200m: 2:22.58	36.99	300m: 3:36.28	37.16	400m: 4:47.20				34.34
32.			2005					+0,46	4:47.33	I	557
	50m: 31.90	31.90	150m: 1:44.88	37.00	250m: 2:58.17	36.55	350m: 4:11.98				36.70
	100m: 1:07.88	35.98	200m: 2:21.62	36.74	300m: 3:35.28	37.11	400m: 4:47.33				35.35
33.			2005					+0,72	4:47.55	I	556
	50m: 33.07	33.07	150m: 1:44.77	36.22	250m: 2:57.63	36.95	350m: 4:12.43				37.91
	100m: 1:08.55	35.48	200m: 2:20.68	35.91	300m: 3:34.52	36.89	400m: 4:47.55				35.12
34.			2005					+0,81	4:48.14	I	552
	50m: 31.95	31.95	150m: 1:44.48	36.86	250m: 2:58.58	37.45	350m: 4:12.41				37.00
	100m: 1:07.62	35.67	200m: 2:21.13	36.65	300m: 3:35.41	36.83	400m: 4:48.14				35.73
35.			2004					+0,71	4:48.39	I	551
	50m: 33.09	33.09	150m: 1:46.13	36.27	250m: 2:58.93	36.20	350m: 4:12.83				37.41
	100m: 1:09.86	36.77	200m: 2:22.73	36.60	300m: 3:35.42	36.49	400m: 4:48.39				35.56
36.			2005					+0,81	4:48.48	I	550
	50m: 30.65	30.65	150m: 1:41.20	36.17	250m: 2:57.44	37.91	350m: 4:12.77				37.09
	100m: 1:05.03	34.38	200m: 2:19.53	38.33	300m: 3:35.68	38.24	400m: 4:48.48				35.71
37.			2005					+0,86	4:48.64	I	549
	50m: 32.13	32.13	150m: 1:43.25	35.79	250m: 2:55.72	36.12	350m: 4:10.14				37.34
	100m: 1:07.46	35.33	200m: 2:19.60	36.35	300m: 3:32.80	37.08	400m: 4:48.64				38.50
38.			2005					+0,69	4:49.10	I	547
	50m: 31.11	31.11	150m: 1:42.81	37.04	250m: 2:57.84	37.83	350m: 4:12.57				37.13
	100m: 1:05.77	34.66	200m: 2:20.01	37.20	300m: 3:35.44	37.60	400m: 4:49.10				36.53
39.			2007					+0,75	4:49.14	I	546
	50m: 32.10	32.10	150m: 1:45.09	36.99	250m: 2:59.16	37.42	350m: 4:13.97				37.70
	100m: 1:08.10	36.00	200m: 2:21.74	36.65	300m: 3:36.27	37.11	400m: 4:49.14				35.17
40.			2006 I					+0,70	4:49.88	I	542
	50m: 32.44	32.44	150m: 1:44.68	36.92	250m: 2:58.74	37.35	350m: 4:13.69				37.62
	100m: 1:07.76	35.32	200m: 2:21.39	36.71	300m: 3:36.07	37.33	400m: 4:49.88				36.19
41.			2005 I					+0,77	4:51.02	I	536
	50m: 32.02	32.02	150m: 1:43.31	36.19	250m: 2:57.48	37.22	350m: 4:13.48				38.42
	100m: 1:07.12	35.10	200m: 2:20.26	36.95	300m: 3:35.06	37.58	400m: 4:51.02				37.54
42.			2004					+0,73	4:51.16	I	535
	50m: 32.36	32.36	150m: 1:44.84	36.72	250m: 2:59.55	37.32	350m: 4:14.53				37.33
	100m: 1:08.12	35.76	200m: 2:22.23	37.39	300m: 3:37.20	37.65	400m: 4:51.16				36.63
43.			2005					+0,70	4:51.71	I	532
	50m: 30.65	30.65	150m: 1:42.93	37.74	250m: 2:57.96	36.76	350m: 4:14.46				38.48
	100m: 1:05.19	34.54	200m: 2:21.20	38.27	300m: 3:35.98	38.02	400m: 4:51.71				37.25
44.			2004					+0,89	4:51.80	I	532
	50m: 33.27	33.27	150m: 1:46.81	36.91	250m: 3:01.16	37.16	350m: 4:16.46				37.26
	100m: 1:09.90	36.63	200m: 2:24.00	37.19	300m: 3:39.20	38.04	400m: 4:51.80				35.34



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							R.T.			FINA		
45.	2005						+0,92			4:52.67	I	527
	50m:	32.18	32.18	150m:	1:46.14	37.33	250m:	3:01.80	37.33	350m:	4:16.93	37.07
	100m:	1:08.81	36.63	200m:	2:24.47	38.33	300m:	3:39.86	38.06	400m:	4:52.67	35.74
46.	2006						+0,92			4:53.72	I	521
	50m:	31.38	31.38	150m:	1:44.80	37.45	250m:	3:00.42	38.54	350m:	4:16.93	38.25
	100m:	1:07.35	35.97	200m:	2:21.88	37.08	300m:	3:38.68	38.26	400m:	4:53.72	36.79
47.	2006						+0,73			4:54.17	I	519
	50m:	32.30	32.30	150m:	1:45.16	36.87	250m:	3:01.11	37.58	350m:	4:17.14	37.31
	100m:	1:08.29	35.99	200m:	2:23.53	38.37	300m:	3:39.83	38.72	400m:	4:54.17	37.03
48.	2008						+0,95			4:54.61	I	517
	50m:	34.12	34.12	150m:	1:48.41	37.66	250m:	3:03.76	37.73	350m:	4:18.66	37.41
	100m:	1:10.75	36.63	200m:	2:26.03	37.62	300m:	3:41.25	37.49	400m:	4:54.61	35.95
49.	2006						+0,88			4:55.07	I	514
	50m:	32.66	32.66	150m:	1:45.34	37.30	250m:	3:00.85	37.87	350m:	4:17.15	38.30
	100m:	1:08.04	35.38	200m:	2:22.98	37.64	300m:	3:38.85	38.00	400m:	4:55.07	37.92
50.	2004						+0,68			4:55.16	I	514
	50m:	32.90	32.90	150m:	1:46.42	37.31	250m:	3:01.58	37.53	350m:	4:17.70	38.28
	100m:	1:09.11	36.21	200m:	2:24.05	37.63	300m:	3:39.42	37.84	400m:	4:55.16	37.46
51.	2007						+0,60			4:55.76	I	511
	50m:	31.18	31.18	150m:	1:44.80	37.59	250m:	3:00.98	38.12	350m:	4:19.32	38.70
	100m:	1:07.21	36.03	200m:	2:22.86	38.06	300m:	3:40.62	39.64	400m:	4:55.76	36.44
52.	2006						+0,47			4:56.35	I	507
	50m:	32.72	32.72	150m:	1:46.94	37.61	250m:	3:03.22	37.91	350m:	4:19.88	38.21
	100m:	1:09.33	36.61	200m:	2:25.31	38.37	300m:	3:41.67	38.45	400m:	4:56.35	36.47
53.	2004						+1,00			4:56.68	I	506
	50m:	33.33	33.33	150m:	1:48.83	38.13	250m:	3:04.90	37.77	350m:	4:20.56	37.19
	100m:	1:10.70	37.37	200m:	2:27.13	38.30	300m:	3:43.37	38.47	400m:	4:56.68	36.12
54.	2006						+0,42			4:57.15	I	503
	50m:	32.38	32.38	150m:	1:46.68	37.69	250m:	3:04.44	38.91	350m:	4:21.09	38.04
	100m:	1:08.99	36.61	200m:	2:25.53	38.85	300m:	3:43.05	38.61	400m:	4:57.15	36.06
55.	2006						+0,82			4:57.18	I	503
	50m:	32.88	32.88	150m:	1:46.46	37.52	250m:	3:02.98	38.69	350m:	4:20.26	38.49
	100m:	1:08.94	36.06	200m:	2:24.29	37.83	300m:	3:41.77	38.79	400m:	4:57.18	36.92
56.	2007						+0,93			4:57.19	I	503
	50m:	33.55	33.55	150m:	1:47.32	38.02	250m:	3:05.00	39.57	350m:	4:21.86	37.96
	100m:	1:09.30	35.75	200m:	2:25.43	38.11	300m:	3:43.90	38.90	400m:	4:57.19	35.33
57.	2008						+0,88			4:57.64	I	501
	50m:	34.67	34.67	150m:	1:48.66	37.67	250m:	3:05.55	38.13	350m:	4:22.00	38.08
	100m:	1:10.99	36.32	200m:	2:27.42	38.76	300m:	3:43.92	38.37	400m:	4:57.64	35.64
58.	2006						+0,76			4:58.01	I	499
	50m:	35.65	35.65	150m:	1:52.93	38.81	250m:	3:09.19	37.69	350m:	4:23.46	36.70
	100m:	1:14.12	38.47	200m:	2:31.50	38.57	300m:	3:46.76	37.57	400m:	4:58.01	34.55
59.	2007						+0,83			5:00.22	I	488
	50m:	33.56	33.56	150m:	1:47.01	37.07	250m:	3:03.34	38.20	350m:	4:21.60	39.64
	100m:	1:09.94	36.38	200m:	2:25.14	38.13	300m:	3:41.96	38.62	400m:	5:00.22	38.62

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9, , 400m								R.T.		FINA	
60.			2006	I				+0,82	5:01.75	I	481
	50m: 34.81	34.81	150m: 1:50.47	38.18	250m: 3:07.41	38.46	350m: 4:25.90	38.98	38.46	4:25.90	39.51
	100m: 1:12.29	37.48	200m: 2:28.95	38.48	300m: 3:46.39	38.98	400m: 5:01.75			5:01.75	35.85
61.			2002					+0,78	5:01.81	I	480
	50m: 34.10	34.10	150m: 1:51.30	39.20	250m: 3:08.74	38.92	350m: 4:25.26			4:25.26	37.65
	100m: 1:12.10	38.00	200m: 2:29.82	38.52	300m: 3:47.61	38.87	400m: 5:01.81			5:01.81	36.55
			2003					+0,70	5:01.81	I	480
	50m: 33.82	33.82	150m: 1:49.84	38.41	250m: 3:07.84	39.07	350m: 4:25.36			4:25.36	38.46
	100m: 1:11.43	37.61	200m: 2:28.77	38.93	300m: 3:46.90	39.06	400m: 5:01.81			5:01.81	36.45
63.			2006	I				+0,73	5:03.20		474
	50m: 34.36	34.36	150m: 1:51.21	39.02	250m: 3:09.94	39.47	350m: 4:27.49			4:27.49	38.88
	100m: 1:12.19	37.83	200m: 2:30.47	39.26	300m: 3:48.61	38.67	400m: 5:03.20			5:03.20	35.71
64.			2004					+0,89	5:03.30		473
	50m: 33.15	33.15	150m: 1:50.73	38.94	250m: 3:08.71	38.92	350m: 4:26.90			4:26.90	38.59
	100m: 1:11.79	38.64	200m: 2:29.79	39.06	300m: 3:48.31	39.60	400m: 5:03.30			5:03.30	36.40
65.			2005	I				+0,91	5:03.58		472
	50m: 34.08	34.08	150m: 1:49.39	38.29	250m: 3:07.69	39.50	350m: 4:26.11			4:26.11	38.82
	100m: 1:11.10	37.02	200m: 2:28.19	38.80	300m: 3:47.29	39.60	400m: 5:03.58			5:03.58	37.47
66.			2006					+0,98	5:04.00		470
	50m: 31.93	31.93	150m: 1:48.37	39.84	250m: 3:08.00	39.48	350m: 4:27.80			4:27.80	39.20
	100m: 1:08.53	36.60	200m: 2:28.52	40.15	300m: 3:48.60	40.60	400m: 5:04.00			5:04.00	36.20
67.			2004					+0,71	5:04.30		469
	50m: 34.40	34.40	150m: 1:51.34	38.96	250m: 3:09.18	38.83	350m: 4:26.54			4:26.54	38.49
	100m: 1:12.38	37.98	200m: 2:30.35	39.01	300m: 3:48.05	38.87	400m: 5:04.30			5:04.30	37.76
68.			2005	I				+0,74	5:07.37		455
	50m: 33.26	33.26	150m: 1:50.84	39.53	250m: 3:11.30	40.74	350m: 4:30.80			4:30.80	39.59
	100m: 1:11.31	38.05	200m: 2:30.56	39.72	300m: 3:51.21	39.91	400m: 5:07.37			5:07.37	36.57
69.			2006	I				+0,92	5:07.88		453
	50m: 33.79	33.79	150m: 1:49.39	38.86	250m: 3:08.34	39.96	350m: 4:28.31			4:28.31	40.45
	100m: 1:10.53	36.74	200m: 2:28.38	38.99	300m: 3:47.86	39.52	400m: 5:07.88			5:07.88	39.57
70.			2007	I				+1,07	5:09.19		447
	50m: 34.25	34.25	150m: 1:52.36	39.65	250m: 3:11.89	39.41	350m: 4:31.16			4:31.16	39.35
	100m: 1:12.71	38.46	200m: 2:32.48	40.12	300m: 3:51.81	39.92	400m: 5:09.19			5:09.19	38.03
71.			2006	I				+0,68	5:09.73		444
	50m: 34.16	34.16	150m: 1:51.60	39.11	250m: 3:10.99	39.74	350m: 4:30.99			4:30.99	39.73
	100m: 1:12.49	38.33	200m: 2:31.25	39.65	300m: 3:51.26	40.27	400m: 5:09.73			5:09.73	38.74
72.			2002					+0,78	5:10.74		440
	50m: 33.00	33.00	150m: 1:45.90	37.72	250m: 3:06.65	41.56	350m: 4:30.73			4:30.73	42.56
	100m: 1:08.18	35.18	200m: 2:25.09	39.19	300m: 3:48.17	41.52	400m: 5:10.74			5:10.74	40.01
73.			2005	I				+0,74	5:17.13		414
	50m: 34.96	34.96	150m: 1:54.54	40.78	250m: 3:16.19	41.13	350m: 4:37.43			4:37.43	40.76
	100m: 1:13.76	38.80	200m: 2:35.06	40.52	300m: 3:56.67	40.48	400m: 5:17.13			5:17.13	39.70
DSQ			2007								
DSQ			2000								



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9, , 400m

9 , 400m

(15-17)

24.02.2021 - 10:00

4:06.01

09.04.2019

4:08.81

(AZE)

24.06.2015

: FINA 2020

								R.T.		FINA			
1.				2005					+0,82	4:32.00	657		
	50m:	30.89	30.89	150m:	1:37.90	33.91	250m:	2:46.97	34.97	350m:	3:57.55	35.44	
	100m:	1:03.99	33.10	200m:	2:12.00	34.10	300m:	3:22.11	35.14	400m:	4:32.00	34.45	
2.				2005					+0,82	4:32.41	654		
	50m:	30.23	30.23	150m:	1:37.27	33.58	250m:	2:46.78	34.78	350m:	3:57.75	35.44	
	100m:	1:03.69	33.46	200m:	2:12.00	34.73	300m:	3:22.31	35.53	400m:	4:32.41	34.66	
3.				2004					+0,77	4:37.58	618		
	50m:	31.66	31.66	150m:	1:41.86	35.48	250m:	2:53.11	35.58	350m:	4:04.15	35.31	
	100m:	1:06.38	34.72	200m:	2:17.53	35.67	300m:	3:28.84	35.73	400m:	4:37.58	33.43	
4.				2005					+0,68	4:38.38	612		
	50m:	31.68	31.68	150m:	1:41.53	35.32	250m:	2:52.15	35.24	350m:	4:03.40	35.93	
	100m:	1:06.21	34.53	200m:	2:16.91	35.38	300m:	3:27.47	35.32	400m:	4:38.38	34.98	
5.				2006					-	+0,85	4:38.43	612	
	50m:	31.79	31.79	150m:	1:41.47	35.04	250m:	2:53.06	35.87	350m:	4:06.47	36.83	
	100m:	1:06.43	34.64	200m:	2:17.19	35.72	300m:	3:29.64	36.58	400m:	4:38.43	31.96	
6.				2006					+0,77	4:38.94	609		
	50m:	31.17	31.17	150m:	1:41.05	35.60	250m:	2:52.48	35.84	350m:	4:04.78	36.52	
	100m:	1:05.45	34.28	200m:	2:16.64	35.59	300m:	3:28.26	35.78	400m:	4:38.94	34.16	
7.				2005					+0,85	4:39.14	607		
	50m:	31.36	31.36	150m:	1:40.50	34.84	250m:	2:51.26	35.09	350m:	4:04.15	35.82	
	100m:	1:05.66	34.30	200m:	2:16.17	35.67	300m:	3:28.33	37.07	400m:	4:39.14	34.99	
8.				2005					+0,82	4:39.72	604		
	50m:	30.69	30.69	150m:	1:40.75	35.40	250m:	2:53.27	35.97	350m:	4:05.20	35.34	
	100m:	1:05.35	34.66	200m:	2:17.30	36.55	300m:	3:29.86	36.59	400m:	4:39.72	34.52	
9.				2006					+0,85	4:42.85	584		
	50m:	32.21	32.21	150m:	1:42.55	35.66	250m:	2:55.24	36.57	350m:	4:08.21	36.25	
	100m:	1:06.89	34.68	200m:	2:18.67	36.12	300m:	3:31.96	36.72	400m:	4:42.85	34.64	
10.				2004					+0,73	4:43.71	578		
	50m:	31.63	31.63	150m:	1:42.65	35.78	250m:	2:54.58	36.03	350m:	4:07.81	36.49	
	100m:	1:06.87	35.24	200m:	2:18.55	35.90	300m:	3:31.32	36.74	400m:	4:43.71	35.90	
11.				2006					+0,79	4:44.05	576		
	50m:	33.14	33.14	150m:	1:44.76	36.15	250m:	2:57.31	36.33	350m:	4:09.17	35.63	
	100m:	1:08.61	35.47	200m:	2:20.98	36.22	300m:	3:33.54	36.23	400m:	4:44.05	34.88	
12.				2005					+0,91	4:44.10	576		
	50m:	32.27	32.27	150m:	1:43.94	36.09	250m:	2:56.67	36.39	350m:	4:09.83	36.33	
	100m:	1:07.85	35.58	200m:	2:20.28	36.34	300m:	3:33.50	36.83	400m:	4:44.10	34.27	
13.				2006					+0,87	4:44.54	573		
	50m:	30.65	30.65	150m:	1:40.52	35.64	250m:	2:53.73	37.04	350m:	4:08.34	37.03	
	100m:	1:04.88	34.23	200m:	2:16.69	36.17	300m:	3:31.31	37.58	400m:	4:44.54	36.20	

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9, , 400m				(15-17)				R.T.		FINA	
14.			2006					+0,97	4:45.86	I	565
	50m: 32.17	32.17	150m: 1:45.03	37.04	250m: 2:58.24	36.68	350m: 4:11.69	36.68	36.74	4:11.69	36.71
	100m: 1:07.99	35.82	200m: 2:21.56	36.53	300m: 3:34.98	36.74	400m: 4:45.86			4:45.86	34.17
15.			2004					+0,72	4:46.00	I	565
	50m: 32.05	32.05	150m: 1:42.35	35.66	250m: 2:55.12	36.75	350m: 4:09.57	36.75	37.00	4:09.57	37.45
	100m: 1:06.69	34.64	200m: 2:18.37	36.02	300m: 3:32.12	37.00	400m: 4:46.00			4:46.00	36.43
16.			2006 I					+0,85	4:46.03	I	564
	50m: 31.08	31.08	150m: 1:40.46	35.38	250m: 2:53.86	37.07	350m: 4:09.11	37.07	37.60	4:09.11	37.65
	100m: 1:05.08	34.00	200m: 2:16.79	36.33	300m: 3:31.46	37.60	400m: 4:46.03			4:46.03	36.92
17.			2004					+0,71	4:46.07	I	564
	50m: 32.43	32.43	150m: 1:45.15	36.74	250m: 2:59.35	37.19	350m: 4:11.44	37.19	36.60	4:11.44	35.49
	100m: 1:08.41	35.98	200m: 2:22.16	37.01	300m: 3:35.95	36.60	400m: 4:46.07			4:46.07	34.63
18.			2004					+0,75	4:46.83	I	560
	50m: 31.55	31.55	150m: 1:41.17	35.31	250m: 2:54.22	36.67	350m: 4:09.83	36.67	37.99	4:09.83	37.62
	100m: 1:05.86	34.31	200m: 2:17.55	36.38	300m: 3:32.21	37.99	400m: 4:46.83			4:46.83	37.00
19.			2004					+0,78	4:46.90	I	559
	50m: 32.45	32.45	150m: 1:45.22	36.62	250m: 2:59.81	37.39	350m: 4:12.51	37.39	36.68	4:12.51	36.02
	100m: 1:08.60	36.15	200m: 2:22.42	37.20	300m: 3:36.49	36.68	400m: 4:46.90			4:46.90	34.39
20.			2005					+0,46	4:47.33	I	557
	50m: 31.90	31.90	150m: 1:44.88	37.00	250m: 2:58.17	36.55	350m: 4:11.98	36.55	37.11	4:11.98	36.70
	100m: 1:07.88	35.98	200m: 2:21.62	36.74	300m: 3:35.28	37.11	400m: 4:47.33			4:47.33	35.35
21.			2005					+0,72	4:47.55	I	556
	50m: 33.07	33.07	150m: 1:44.77	36.22	250m: 2:57.63	36.95	350m: 4:12.43	36.95	36.89	4:12.43	37.91
	100m: 1:08.55	35.48	200m: 2:20.68	35.91	300m: 3:34.52	36.89	400m: 4:47.55			4:47.55	35.12
22.			2005					+0,81	4:48.14	I	552
	50m: 31.95	31.95	150m: 1:44.48	36.86	250m: 2:58.58	37.45	350m: 4:12.41	37.45	36.83	4:12.41	37.00
	100m: 1:07.62	35.67	200m: 2:21.13	36.65	300m: 3:35.41	36.83	400m: 4:48.14			4:48.14	35.73
23.			2004					+0,71	4:48.39	I	551
	50m: 33.09	33.09	150m: 1:46.13	36.27	250m: 2:58.93	36.20	350m: 4:12.83	36.20	36.49	4:12.83	37.41
	100m: 1:09.86	36.77	200m: 2:22.73	36.60	300m: 3:35.42	36.49	400m: 4:48.39			4:48.39	35.56
24.			2005					+0,81	4:48.48	I	550
	50m: 30.65	30.65	150m: 1:41.20	36.17	250m: 2:57.44	37.91	350m: 4:12.77	37.91	38.24	4:12.77	37.09
	100m: 1:05.03	34.38	200m: 2:19.53	38.33	300m: 3:35.68	38.24	400m: 4:48.48			4:48.48	35.71
25.			2005					+0,86	4:48.64	I	549
	50m: 32.13	32.13	150m: 1:43.25	35.79	250m: 2:55.72	36.12	350m: 4:10.14	36.12	37.08	4:10.14	37.34
	100m: 1:07.46	35.33	200m: 2:19.60	36.35	300m: 3:32.80	37.08	400m: 4:48.64			4:48.64	38.50
26.			2005					+0,69	4:49.10	I	547
	50m: 31.11	31.11	150m: 1:42.81	37.04	250m: 2:57.84	37.83	350m: 4:12.57	37.83	37.60	4:12.57	37.13
	100m: 1:05.77	34.66	200m: 2:20.01	37.20	300m: 3:35.44	37.60	400m: 4:49.10			4:49.10	36.53
27.			2006 I					+0,70	4:49.88	I	542
	50m: 32.44	32.44	150m: 1:44.68	36.92	250m: 2:58.74	37.35	350m: 4:13.69	37.35	37.33	4:13.69	37.62
	100m: 1:07.76	35.32	200m: 2:21.39	36.71	300m: 3:36.07	37.33	400m: 4:49.88			4:49.88	36.19
28.			2005 I					+0,77	4:51.02	I	536
	50m: 32.02	32.02	150m: 1:43.31	36.19	250m: 2:57.48	37.22	350m: 4:13.48	37.22	37.58	4:13.48	38.42
	100m: 1:07.12	35.10	200m: 2:20.26	36.95	300m: 3:35.06	37.58	400m: 4:51.02			4:51.02	37.54

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9, , 400m				(15-17)				R.T.			FINA
29.			2004					+0,73	4:51.16		535
	50m: 32.36	32.36	150m: 1:44.84	36.72	250m: 2:59.55	37.32	350m: 4:14.53	37.33			37.33
	100m: 1:08.12	35.76	200m: 2:22.23	37.39	300m: 3:37.20	37.65	400m: 4:51.16	36.63			36.63
30.			2005					+0,70	4:51.71		532
	50m: 30.65	30.65	150m: 1:42.93	37.74	250m: 2:57.96	36.76	350m: 4:14.46	38.48			38.48
	100m: 1:05.19	34.54	200m: 2:21.20	38.27	300m: 3:35.98	38.02	400m: 4:51.71	37.25			37.25
31.			2004					+0,89	4:51.80		532
	50m: 33.27	33.27	150m: 1:46.81	36.91	250m: 3:01.16	37.16	350m: 4:16.46	37.26			37.26
	100m: 1:09.90	36.63	200m: 2:24.00	37.19	300m: 3:39.20	38.04	400m: 4:51.80	35.34			35.34
32.			2005					+0,92	4:52.67		527
	50m: 32.18	32.18	150m: 1:46.14	37.33	250m: 3:01.80	37.33	350m: 4:16.93	37.07			37.07
	100m: 1:08.81	36.63	200m: 2:24.47	38.33	300m: 3:39.86	38.06	400m: 4:52.67	35.74			35.74
33.			2006					+0,92	4:53.72		521
	50m: 31.38	31.38	150m: 1:44.80	37.45	250m: 3:00.42	38.54	350m: 4:16.93	38.25			38.25
	100m: 1:07.35	35.97	200m: 2:21.88	37.08	300m: 3:38.68	38.26	400m: 4:53.72	36.79			36.79
34.			2006					+0,73	4:54.17		519
	50m: 32.30	32.30	150m: 1:45.16	36.87	250m: 3:01.11	37.58	350m: 4:17.14	37.31			37.31
	100m: 1:08.29	35.99	200m: 2:23.53	38.37	300m: 3:39.83	38.72	400m: 4:54.17	37.03			37.03
35.			2006					+0,88	4:55.07		514
	50m: 32.66	32.66	150m: 1:45.34	37.30	250m: 3:00.85	37.87	350m: 4:17.15	38.30			38.30
	100m: 1:08.04	35.38	200m: 2:22.98	37.64	300m: 3:38.85	38.00	400m: 4:55.07	37.92			37.92
36.			2004					+0,68	4:55.16		514
	50m: 32.90	32.90	150m: 1:46.42	37.31	250m: 3:01.58	37.53	350m: 4:17.70	38.28			38.28
	100m: 1:09.11	36.21	200m: 2:24.05	37.63	300m: 3:39.42	37.84	400m: 4:55.16	37.46			37.46
37.			2006					+0,47	4:56.35		507
	50m: 32.72	32.72	150m: 1:46.94	37.61	250m: 3:03.22	37.91	350m: 4:19.88	38.21			38.21
	100m: 1:09.33	36.61	200m: 2:25.31	38.37	300m: 3:41.67	38.45	400m: 4:56.35	36.47			36.47
38.			2004					+1,00	4:56.68		506
	50m: 33.33	33.33	150m: 1:48.83	38.13	250m: 3:04.90	37.77	350m: 4:20.56	37.19			37.19
	100m: 1:10.70	37.37	200m: 2:27.13	38.30	300m: 3:43.37	38.47	400m: 4:56.68	36.12			36.12
39.			2006					+0,42	4:57.15		503
	50m: 32.38	32.38	150m: 1:46.68	37.69	250m: 3:04.44	38.91	350m: 4:21.09	38.04			38.04
	100m: 1:08.99	36.61	200m: 2:25.53	38.85	300m: 3:43.05	38.61	400m: 4:57.15	36.06			36.06
40.			2006					+0,82	4:57.18		503
	50m: 32.88	32.88	150m: 1:46.46	37.52	250m: 3:02.98	38.69	350m: 4:20.26	38.49			38.49
	100m: 1:08.94	36.06	200m: 2:24.29	37.83	300m: 3:41.77	38.79	400m: 4:57.18	36.92			36.92
41.			2006					+0,76	4:58.01		499
	50m: 35.65	35.65	150m: 1:52.93	38.81	250m: 3:09.19	37.69	350m: 4:23.46	36.70			36.70
	100m: 1:14.12	38.47	200m: 2:31.50	38.57	300m: 3:46.76	37.57	400m: 4:58.01	34.55			34.55
42.			2006					+0,82	5:01.75		481
	50m: 34.81	34.81	150m: 1:50.47	38.18	250m: 3:07.41	38.46	350m: 4:25.90	39.51			39.51
	100m: 1:12.29	37.48	200m: 2:28.95	38.48	300m: 3:46.39	38.98	400m: 5:01.75	35.85			35.85
43.			2006					+0,73	5:03.20		474
	50m: 34.36	34.36	150m: 1:51.21	39.02	250m: 3:09.94	39.47	350m: 4:27.49	38.88			38.88
	100m: 1:12.19	37.83	200m: 2:30.47	39.26	300m: 3:48.61	38.67	400m: 5:03.20	35.71			35.71



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9, , 400m				(15-17)				R.T.		FINA		
44.				2004				+0,89	5:03.30		473	
	50m:	33.15	33.15	150m:	1:50.73	38.94	250m:	3:08.71	38.92	350m:	4:26.90	38.59
	100m:	1:11.79	38.64	200m:	2:29.79	39.06	300m:	3:48.31	39.60	400m:	5:03.30	36.40
45.				2005 I				+0,91	5:03.58		472	
	50m:	34.08	34.08	150m:	1:49.39	38.29	250m:	3:07.69	39.50	350m:	4:26.11	38.82
	100m:	1:11.10	37.02	200m:	2:28.19	38.80	300m:	3:47.29	39.60	400m:	5:03.58	37.47
46.				2006				+0,98	5:04.00		470	
	50m:	31.93	31.93	150m:	1:48.37	39.84	250m:	3:08.00	39.48	350m:	4:27.80	39.20
	100m:	1:08.53	36.60	200m:	2:28.52	40.15	300m:	3:48.60	40.60	400m:	5:04.00	36.20
47.				2004				+0,71	5:04.30		469	
	50m:	34.40	34.40	150m:	1:51.34	38.96	250m:	3:09.18	38.83	350m:	4:26.54	38.49
	100m:	1:12.38	37.98	200m:	2:30.35	39.01	300m:	3:48.05	38.87	400m:	5:04.30	37.76
48.				2005 I				+0,74	5:07.37		455	
	50m:	33.26	33.26	150m:	1:50.84	39.53	250m:	3:11.30	40.74	350m:	4:30.80	39.59
	100m:	1:11.31	38.05	200m:	2:30.56	39.72	300m:	3:51.21	39.91	400m:	5:07.37	36.57
49.				2006 I				+0,92	5:07.88		453	
	50m:	33.79	33.79	150m:	1:49.39	38.86	250m:	3:08.34	39.96	350m:	4:28.31	40.45
	100m:	1:10.53	36.74	200m:	2:28.38	38.99	300m:	3:47.86	39.52	400m:	5:07.88	39.57
50.				2006 I				+0,68	5:09.73		444	
	50m:	34.16	34.16	150m:	1:51.60	39.11	250m:	3:10.99	39.74	350m:	4:30.99	39.73
	100m:	1:12.49	38.33	200m:	2:31.25	39.65	300m:	3:51.26	40.27	400m:	5:09.73	38.74
51.				2005 I				+0,74	5:17.13		414	
	50m:	34.96	34.96	150m:	1:54.54	40.78	250m:	3:16.19	41.13	350m:	4:37.43	40.76
	100m:	1:13.76	38.80	200m:	2:35.06	40.52	300m:	3:56.67	40.48	400m:	5:17.13	39.70

