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, 23 - 26 2021

29 , 800m
25.02.2021 - 12:49

				8:23.07				(CHN)				14.08.2008
				8:32.86				(ESP)				25.07.2003
: FINA 2020												
/												
R.T.												
FINA												
1.				2001				+0,78	8:59.81	724		
	50m:	31.00	31.00	250m:	2:44.89	33.98	450m:	5:01.53	34.65	650m:	7:20.10	35.13
	100m:	1:04.33	33.33	300m:	3:18.68	33.79	500m:	5:35.64	34.11	700m:	7:54.32	34.22
	150m:	1:37.86	33.53	350m:	3:52.93	34.25	550m:	6:10.58	34.94	750m:	8:28.51	34.19
	200m:	2:10.91	33.05	400m:	4:26.88	33.95	600m:	6:44.97	34.39	800m:	8:59.81	31.30
2.				2003				+0,87	9:06.30	698		
	50m:	31.36	31.36	250m:	2:47.73	34.53	450m:	5:05.45	34.80	650m:	7:24.61	35.00
	100m:	1:05.37	34.01	300m:	3:21.75	34.02	500m:	5:40.14	34.69	700m:	7:58.99	34.38
	150m:	1:39.32	33.95	350m:	3:56.09	34.34	550m:	6:14.98	34.84	750m:	8:33.69	34.70
	200m:	2:13.20	33.88	400m:	4:30.65	34.56	600m:	6:49.61	34.63	800m:	9:06.30	32.61
3.				2005				+0,81	9:20.52	646		
	50m:	32.23	32.23	250m:	2:51.72	35.33	450m:	5:14.90	35.32	650m:	7:36.84	35.24
	100m:	1:07.07	34.84	300m:	3:27.62	35.90	500m:	5:50.87	35.97	700m:	8:13.05	36.21
	150m:	1:41.39	34.32	350m:	4:03.47	35.85	550m:	6:26.08	35.21	750m:	8:47.80	34.75
	200m:	2:16.39	35.00	400m:	4:39.58	36.11	600m:	7:01.60	35.52	800m:	9:20.52	32.72
4.				2004				+0,54	9:20.90	645		
	50m:	32.15	32.15	250m:	2:52.58	35.27	450m:	5:14.79	35.21	650m:	7:37.46	35.29
	100m:	1:06.91	34.76	300m:	3:27.96	35.38	500m:	5:50.83	36.04	700m:	8:13.52	36.06
	150m:	1:41.97	35.06	350m:	4:03.62	35.66	550m:	6:26.19	35.36	750m:	8:47.74	34.22
	200m:	2:17.31	35.34	400m:	4:39.58	35.96	600m:	7:02.17	35.98	800m:	9:20.90	33.16
5.				2005				+0,84	9:25.01	631		
	50m:	32.97	32.97	250m:	2:55.02	35.40	450m:	5:17.58	35.30	650m:	7:40.86	35.50
	100m:	1:08.03	35.06	300m:	3:30.99	35.97	500m:	5:53.26	35.68	700m:	8:16.26	35.40
	150m:	1:44.11	36.08	350m:	4:06.84	35.85	550m:	6:29.38	36.12	750m:	8:51.58	35.32
	200m:	2:19.62	35.51	400m:	4:42.28	35.44	600m:	7:05.36	35.98	800m:	9:25.01	33.43
6.				2007				+0,85	9:26.49	626		
	50m:	31.55	31.55	250m:	2:50.77	35.61	450m:	5:14.36	36.44	650m:	7:38.99	36.35
	100m:	1:05.31	33.76	300m:	3:26.44	35.67	500m:	5:50.23	35.87	700m:	8:15.37	36.38
	150m:	1:40.11	34.80	350m:	4:02.32	35.88	550m:	6:26.48	36.25	750m:	8:51.67	36.30
	200m:	2:15.16	35.05	400m:	4:37.92	35.60	600m:	7:02.64	36.16	800m:	9:26.49	34.82
7.				2003				+0,86	9:33.90	602		
	50m:	32.00	32.00	250m:	2:53.11	35.38	450m:	5:18.18	36.28	650m:	7:45.31	36.34
	100m:	1:06.84	34.84	300m:	3:29.35	36.24	500m:	5:55.36	37.18	700m:	8:22.12	36.81
	150m:	1:42.01	35.17	350m:	4:05.13	35.78	550m:	6:32.05	36.69	750m:	8:57.96	35.84
	200m:	2:17.73	35.72	400m:	4:41.90	36.77	600m:	7:08.97	36.92	800m:	9:33.90	35.94
8.				2005				+0,92	9:36.42	594		
	50m:	32.32	32.32	250m:	2:57.85	36.68	450m:	5:24.24	36.64	650m:	7:49.82	36.31
	100m:	1:08.45	36.13	300m:	3:34.34	36.49	500m:	6:00.62	36.38	700m:	8:26.14	36.32
	150m:	1:44.93	36.48	350m:	4:10.94	36.60	550m:	6:37.08	36.46	750m:	9:02.21	36.07
	200m:	2:21.17	36.24	400m:	4:47.60	36.66	600m:	7:13.51	36.43	800m:	9:36.42	34.21
9.				2007 I					9:39.63	585		
	50m:	32.27	32.27	250m:	2:57.77	37.16	450m:	5:26.78	37.40	650m:	7:55.48	37.16
	100m:	1:07.64	35.37	300m:	3:34.81	37.04	500m:	6:03.83	37.05	700m:	8:31.76	36.28
	150m:	1:44.38	36.74	350m:	4:12.43	37.62	550m:	6:41.38	37.55	750m:	9:06.81	35.05
	200m:	2:20.61	36.23	400m:	4:49.38	36.95	600m:	7:18.32	36.94	800m:	9:39.63	32.82

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29,		, 800m						R.T.		FINA		
10.				2005				+0,96	9:40.01		583	
	50m:	32.95	32.95	250m:	2:59.62	37.11	450m:	5:27.18	37.06	650m:	7:53.82	36.78
	100m:	1:08.41	35.46	300m:	3:36.11	36.49	500m:	6:03.59	36.41	700m:	8:30.45	36.63
	150m:	1:45.77	37.36	350m:	4:13.17	37.06	550m:	6:40.64	37.05	750m:	9:06.06	35.61
	200m:	2:22.51	36.74	400m:	4:50.12	36.95	600m:	7:17.04	36.40	800m:	9:40.01	33.95
11.				2002				+0,79	9:40.11		583	
	50m:	31.75	31.75	250m:	2:55.14	36.52	450m:	5:24.03	37.14	650m:	7:52.36	36.34
	100m:	1:06.59	34.84	300m:	3:32.55	37.41	500m:	6:01.47	37.44	700m:	8:29.47	37.11
	150m:	1:42.18	35.59	350m:	4:09.81	37.26	550m:	6:38.73	37.26	750m:	9:06.07	36.60
	200m:	2:18.62	36.44	400m:	4:46.89	37.08	600m:	7:16.02	37.29	800m:	9:40.11	34.04
12.				2008 I				+0,95	9:40.20		583	
	50m:	33.54	33.54	250m:	2:59.76	37.02	450m:	5:27.13	36.95	650m:	7:54.01	36.76
	100m:	1:09.64	36.10	300m:	3:36.58	36.82	500m:	6:03.72	36.59	700m:	8:30.61	36.60
	150m:	1:45.89	36.25	350m:	4:13.48	36.90	550m:	6:40.52	36.80	750m:	9:05.95	35.34
	200m:	2:22.74	36.85	400m:	4:50.18	36.70	600m:	7:17.25	36.73	800m:	9:40.20	34.25
13.				2006				+0,89	9:40.23		583	
	50m:	32.67	32.67	250m:	2:59.55	36.00	450m:	5:25.89	37.13	650m:	7:52.92	37.04
	100m:	1:08.66	35.99	300m:	3:36.06	36.51	500m:	6:02.12	36.23	700m:	8:29.12	36.20
	150m:	1:46.15	37.49	350m:	4:12.44	36.38	550m:	6:38.96	36.84	750m:	9:05.30	36.18
	200m:	2:23.55	37.40	400m:	4:48.76	36.32	600m:	7:15.88	36.92	800m:	9:40.23	34.93
14.				2005					9:40.63		582	
	50m:	32.54	32.54	250m:	2:59.03	36.78	450m:	5:26.85	36.61	650m:	7:54.00	36.96
	100m:	1:08.57	36.03	300m:	3:35.89	36.86	500m:	6:03.85	37.00	700m:	8:30.33	36.33
	150m:	1:45.47	36.90	350m:	4:13.45	37.56	550m:	6:40.74	36.89	750m:	9:06.99	36.66
	200m:	2:22.25	36.78	400m:	4:50.24	36.79	600m:	7:17.04	36.30	800m:	9:40.63	33.64
15.				2006 I				+0,84	9:42.89		575	
	50m:	32.85	32.85	250m:	2:57.99	36.60	450m:	5:26.00	37.19	650m:	7:54.11	36.93
	100m:	1:08.73	35.88	300m:	3:34.71	36.72	500m:	6:03.07	37.07	700m:	8:30.98	36.87
	150m:	1:44.91	36.18	350m:	4:11.82	37.11	550m:	6:40.23	37.16	750m:	9:07.42	36.44
	200m:	2:21.39	36.48	400m:	4:48.81	36.99	600m:	7:17.18	36.95	800m:	9:42.89	35.47
16.				2006				+0,88	9:45.03		569	
	50m:	31.53	31.53	250m:	2:57.67	36.71	450m:	5:25.26	37.13	650m:	7:55.03	36.56
	100m:	1:07.34	35.81	300m:	3:34.55	36.88	500m:	6:02.55	37.29	700m:	8:32.62	37.59
	150m:	1:44.05	36.71	350m:	4:10.92	36.37	550m:	6:40.37	37.82	750m:	9:09.20	36.58
	200m:	2:20.96	36.91	400m:	4:48.13	37.21	600m:	7:18.47	38.10	800m:	9:45.03	35.83
17.				2005				+0,85	9:45.07		568	
	50m:	32.12	32.12	250m:	2:59.44	36.95	450m:	5:27.72	37.42	650m:	7:56.15	37.05
	100m:	1:08.59	36.47	300m:	3:36.41	36.97	500m:	6:04.90	37.18	700m:	8:32.79	36.64
	150m:	1:45.60	37.01	350m:	4:13.25	36.84	550m:	6:41.97	37.07	750m:	9:08.96	36.17
	200m:	2:22.49	36.89	400m:	4:50.30	37.05	600m:	7:19.10	37.13	800m:	9:45.07	36.11
18.				2007				+0,52	9:46.62 I		564	
	50m:	32.60	32.60	250m:	2:57.92	37.04	450m:	5:26.78	37.33	650m:	7:55.80	36.96
	100m:	1:07.85	35.25	300m:	3:34.96	37.04	500m:	6:04.10	37.32	700m:	8:33.43	37.63
	150m:	1:44.22	36.37	350m:	4:12.38	37.42	550m:	6:41.59	37.49	750m:	9:10.39	36.96
	200m:	2:20.88	36.66	400m:	4:49.45	37.07	600m:	7:18.84	37.25	800m:	9:46.62	36.23
19.				2004				+0,79	9:46.91 I		563	
	50m:	33.16	33.16	250m:	3:00.59	37.16	450m:	5:31.11	37.11	650m:	7:59.85	36.85
	100m:	1:09.29	36.13	300m:	3:38.81	38.22	500m:	6:08.68	37.57	700m:	8:36.91	37.06
	150m:	1:46.07	36.78	350m:	4:16.77	37.96	550m:	6:45.61	36.93	750m:	9:13.21	36.30
	200m:	2:23.43	37.36	400m:	4:54.00	37.23	600m:	7:23.00	37.39	800m:	9:46.91	33.70

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29, , 800m								R.T.		FINA		
20.				2006				+0,93	9:47.05	I	563	
	50m:	33.09	33.09	250m:	3:00.92	37.52	450m:	5:31.21	37.70	650m:	8:00.53	37.21
	100m:	1:09.24	36.15	300m:	3:38.06	37.14	500m:	6:08.82	37.61	700m:	8:37.34	36.81
	150m:	1:46.15	36.91	350m:	4:16.04	37.98	550m:	6:46.12	37.30	750m:	9:13.44	36.10
	200m:	2:23.40	37.25	400m:	4:53.51	37.47	600m:	7:23.32	37.20	800m:	9:47.05	33.61
21.				2005				+0,70	9:47.13	I	562	
	50m:	31.76	31.76	250m:	2:54.73	36.61	450m:	5:22.64	37.51	650m:	7:53.61	38.11
	100m:	1:06.61	34.85	300m:	3:31.19	36.46	500m:	6:00.23	37.59	700m:	8:31.42	37.81
	150m:	1:42.29	35.68	350m:	4:08.18	36.99	550m:	6:38.14	37.91	750m:	9:10.25	38.83
	200m:	2:18.12	35.83	400m:	4:45.13	36.95	600m:	7:15.50	37.36	800m:	9:47.13	36.88
22.				2006				-	+0,67	9:47.92	I	560
	50m:	32.66	32.66	250m:	2:58.50	37.52	450m:	5:27.96	37.47	650m:	8:00.12	37.92
	100m:	1:07.96	35.30	300m:	3:35.40	36.90	500m:	6:05.43	37.47	700m:	8:37.94	37.82
	150m:	1:44.67	36.71	350m:	4:13.09	37.69	550m:	6:43.37	37.94	750m:	9:15.40	37.46
	200m:	2:20.98	36.31	400m:	4:50.49	37.40	600m:	7:22.20	38.83	800m:	9:47.92	32.52
23.				2006				+0,66	9:47.94	I	560	
	50m:	31.86	31.86	250m:	2:55.85	36.86	450m:	5:26.11	38.12	650m:	7:56.64	37.55
	100m:	1:06.76	34.90	300m:	3:33.23	37.38	500m:	6:03.84	37.73	700m:	8:34.00	37.36
	150m:	1:42.63	35.87	350m:	4:10.66	37.43	550m:	6:41.80	37.96	750m:	9:11.71	37.71
	200m:	2:18.99	36.36	400m:	4:47.99	37.33	600m:	7:19.09	37.29	800m:	9:47.94	36.23
24.				2004				+0,72	9:48.16	I	559	
	50m:	33.09	33.09	250m:	3:01.14	37.37	450m:	5:30.27	37.08	650m:	7:59.07	36.55
	100m:	1:09.17	36.08	300m:	3:38.38	37.24	500m:	6:07.70	37.43	700m:	8:36.25	37.18
	150m:	1:46.30	37.13	350m:	4:15.82	37.44	550m:	6:44.61	36.91	750m:	9:12.76	36.51
	200m:	2:23.77	37.47	400m:	4:53.19	37.37	600m:	7:22.52	37.91	800m:	9:48.16	35.40
25.				2005				+0,82	9:48.28	I	559	
	50m:	33.91	33.91	250m:	2:59.26	36.47	450m:	5:28.01	37.56	650m:	7:57.74	37.83
	100m:	1:09.95	36.04	300m:	3:36.22	36.96	500m:	6:04.85	36.84	700m:	8:35.38	37.64
	150m:	1:46.77	36.82	350m:	4:12.89	36.67	550m:	6:42.62	37.77	750m:	9:13.05	37.67
	200m:	2:22.79	36.02	400m:	4:50.45	37.56	600m:	7:19.91	37.29	800m:	9:48.28	35.23
26.				2003				+0,83	9:49.94	I	554	
	50m:	32.22	32.22	250m:	2:59.79	37.00	450m:	5:28.93	36.66	650m:	7:58.52	36.80
	100m:	1:08.69	36.47	300m:	3:37.49	37.70	500m:	6:06.74	37.81	700m:	8:36.13	37.61
	150m:	1:45.69	37.00	350m:	4:14.74	37.25	550m:	6:43.73	36.99	750m:	9:13.28	37.15
	200m:	2:22.79	37.10	400m:	4:52.27	37.53	600m:	7:21.72	37.99	800m:	9:49.94	36.66
27.				2006	I			+0,84	9:53.79	I	544	
	50m:	32.72	32.72	250m:	3:00.66	37.34	450m:	5:30.32	37.65	650m:	8:01.94	38.09
	100m:	1:09.48	36.76	300m:	3:37.75	37.09	500m:	6:08.18	37.86	700m:	8:39.97	38.03
	150m:	1:46.28	36.80	350m:	4:15.14	37.39	550m:	6:46.20	38.02	750m:	9:17.47	37.50
	200m:	2:23.32	37.04	400m:	4:52.67	37.53	600m:	7:23.85	37.65	800m:	9:53.79	36.32
28.				2005				+0,87	9:53.98	I	543	
	50m:	31.79	31.79	250m:	2:56.81	36.96	450m:	5:27.12	38.46	650m:	8:01.09	39.26
	100m:	1:06.90	35.11	300m:	3:33.91	37.10	500m:	6:04.77	37.65	700m:	8:38.55	37.46
	150m:	1:43.05	36.15	350m:	4:10.93	37.02	550m:	6:43.20	38.43	750m:	9:17.03	38.48
	200m:	2:19.85	36.80	400m:	4:48.66	37.73	600m:	7:21.83	38.63	800m:	9:53.98	36.95
29.				2007				+0,74	9:59.89	I	527	
	50m:	33.34	33.34	250m:	3:01.83	38.02	450m:	5:34.05	38.76	650m:	8:08.22	38.75
	100m:	1:09.75	36.41	300m:	3:39.44	37.61	500m:	6:12.35	38.30	700m:	8:46.63	38.41
	150m:	1:47.04	37.29	350m:	4:17.00	37.56	550m:	6:51.10	38.75	750m:	9:25.28	38.65
	200m:	2:23.81	36.77	400m:	4:55.29	38.29	600m:	7:29.47	38.37	800m:	9:59.89	34.61



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29, , 800m

					R.T.				FINA			
30.	2008				10:00.51				526			
	50m:	34.94	34.94	250m:	3:05.98	37.99	450m:	5:37.66	38.32	650m:	8:09.66	38.25
	100m:	1:12.31	37.37	300m:	3:43.79	37.81	500m:	6:15.51	37.85	700m:	8:47.18	37.52
	150m:	1:50.34	38.03	350m:	4:21.97	38.18	550m:	6:53.69	38.18	750m:	9:25.04	37.86
	200m:	2:27.99	37.65	400m:	4:59.34	37.37	600m:	7:31.41	37.72	800m:	10:00.51	35.47
31.	2004				+0,76 10:00.63				525			
	50m:	33.36	33.36	250m:	3:02.91	37.68	450m:	5:35.16	38.37	650m:	8:08.23	38.05
	100m:	1:10.20	36.84	300m:	3:40.68	37.77	500m:	6:13.72	38.56	700m:	8:46.30	38.07
	150m:	1:47.86	37.66	350m:	4:18.71	38.03	550m:	6:51.79	38.07	750m:	9:23.77	37.47
	200m:	2:25.23	37.37	400m:	4:56.79	38.08	600m:	7:30.18	38.39	800m:	10:00.63	36.86
32.	2004				10:01.28				524			
	50m:	33.39	33.39	250m:	3:02.06	37.83	450m:	5:33.62	38.53	650m:	8:07.42	38.79
	100m:	1:09.50	36.11	300m:	3:39.55	37.49	500m:	6:11.85	38.23	700m:	8:45.91	38.49
	150m:	1:46.72	37.22	350m:	4:17.42	37.87	550m:	6:50.23	38.38	750m:	9:24.37	38.46
	200m:	2:24.23	37.51	400m:	4:55.09	37.67	600m:	7:28.63	38.40	800m:	10:01.28	36.91
33.	2007				+0,91 10:01.62				523			
	50m:	33.36	33.36	250m:	3:05.02	38.15	450m:	5:38.42	38.50	650m:	8:11.40	37.94
	100m:	1:10.38	37.02	300m:	3:43.23	38.21	500m:	6:17.08	38.66	700m:	8:49.16	37.76
	150m:	1:48.45	38.07	350m:	4:21.86	38.63	550m:	6:56.23	39.15	750m:	9:26.38	37.22
	200m:	2:26.87	38.42	400m:	4:59.92	38.06	600m:	7:33.46	37.23	800m:	10:01.62	35.24
34.	2005				+0,75 10:04.10				516			
	50m:	32.78	32.78	250m:	3:02.48	37.99	450m:	5:35.41	38.44	650m:	8:10.08	39.04
	100m:	1:08.96	36.18	300m:	3:40.28	37.80	500m:	6:13.59	38.18	700m:	8:48.70	38.62
	150m:	1:46.82	37.86	350m:	4:18.51	38.23	550m:	6:52.46	38.87	750m:	9:27.41	38.71
	200m:	2:24.49	37.67	400m:	4:56.97	38.46	600m:	7:31.04	38.58	800m:	10:04.10	36.69
35.	2007				+0,86 10:06.26				511			
	50m:	32.32	32.32	250m:	3:01.59	37.75	450m:	5:35.43	38.86	650m:	8:11.10	38.92
	100m:	1:08.70	36.38	300m:	3:39.68	38.09	500m:	6:14.20	38.77	700m:	8:50.14	39.04
	150m:	1:46.03	37.33	350m:	4:17.77	38.09	550m:	6:53.10	38.90	750m:	9:28.96	38.82
	200m:	2:23.84	37.81	400m:	4:56.57	38.80	600m:	7:32.18	39.08	800m:	10:06.26	37.30
36.	2004				+1,10 10:06.84				509			
	50m:	33.41	33.41	250m:	3:05.28	38.27	450m:	5:40.25	38.85	650m:	8:15.22	38.54
	100m:	1:10.43	37.02	300m:	3:43.54	38.26	500m:	6:18.90	38.65	700m:	8:53.63	38.41
	150m:	1:48.86	38.43	350m:	4:22.63	39.09	550m:	6:57.76	38.86	750m:	9:31.42	37.79
	200m:	2:27.01	38.15	400m:	5:01.40	38.77	600m:	7:36.68	38.92	800m:	10:06.84	35.42
37.	2006				+0,81 10:07.36				508			
	50m:	34.83	34.83	250m:	3:10.67	39.74	450m:	5:45.30	38.21	650m:	8:16.57	37.33
	100m:	1:12.68	37.85	300m:	3:49.34	38.67	500m:	6:23.50	38.20	700m:	8:53.92	37.35
	150m:	1:52.02	39.34	350m:	4:28.57	39.23	550m:	7:01.40	37.90	750m:	9:31.51	37.59
	200m:	2:30.93	38.91	400m:	5:07.09	38.52	600m:	7:39.24	37.84	800m:	10:07.36	35.85
38.	2006				+0,86 10:08.60				505			
	50m:	32.80	32.80	250m:	3:01.66	37.69	450m:	5:36.24	38.98	650m:	8:12.62	39.58
	100m:	1:09.12	36.32	300m:	3:39.71	38.05	500m:	6:15.16	38.92	700m:	8:51.48	38.86
	150m:	1:46.60	37.48	350m:	4:18.43	38.72	550m:	6:54.36	39.20	750m:	9:30.50	39.02
	200m:	2:23.97	37.37	400m:	4:57.26	38.83	600m:	7:33.04	38.68	800m:	10:08.60	38.10
39.	2006				+0,71 10:12.06				496			
	50m:	32.83	32.83	250m:	3:03.62	38.65	450m:	5:39.91	39.11	650m:	8:17.62	39.92
	100m:	1:09.08	36.25	300m:	3:42.34	38.72	500m:	6:18.65	38.74	700m:	8:56.53	38.91
	150m:	1:46.69	37.61	350m:	4:21.68	39.34	550m:	6:58.68	40.03	750m:	9:35.71	39.18
	200m:	2:24.97	38.28	400m:	5:00.80	39.12	600m:	7:37.70	39.02	800m:	10:12.06	36.35



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29, , 800m

					R.T.				FINA			
40.	2006 I				+0,68 10:14.60 I				490			
	50m:	34.75	34.75	250m:	3:07.25	38.59	450m:	5:41.60	39.07	650m:	8:16.71	38.92
	100m:	1:12.33	37.58	300m:	3:46.06	38.81	500m:	6:20.51	38.91	700m:	8:56.31	39.60
	150m:	1:50.55	38.22	350m:	4:24.31	38.25	550m:	6:59.51	39.00	750m:	9:36.22	39.91
	200m:	2:28.66	38.11	400m:	5:02.53	38.22	600m:	7:37.79	38.28	800m:	10:14.60	38.38
41.	2004 I				+0,92 10:17.10 I				484			
	50m:	33.76	33.76	250m:	3:08.31	39.00	450m:	5:44.97	39.31	650m:	8:21.86	39.18
	100m:	1:11.72	37.96	300m:	3:46.87	38.56	500m:	6:24.30	39.33	700m:	9:00.97	39.11
	150m:	1:50.36	38.64	350m:	4:26.67	39.80	550m:	7:03.49	39.19	750m:	9:39.67	38.70
	200m:	2:29.31	38.95	400m:	5:05.66	38.99	600m:	7:42.68	39.19	800m:	10:17.10	37.43
42.	2003				+0,66 10:20.67 I				476			
	50m:	33.99	33.99	250m:	3:09.05	38.84	450m:	5:46.18	39.58	650m:	8:24.01	39.05
	100m:	1:11.80	37.81	300m:	3:48.08	39.03	500m:	6:25.76	39.58	700m:	9:03.73	39.72
	150m:	1:50.65	38.85	350m:	4:27.31	39.23	550m:	7:05.40	39.64	750m:	9:42.64	38.91
	200m:	2:30.21	39.56	400m:	5:06.60	39.29	600m:	7:44.96	39.56	800m:	10:20.67	38.03
43.	2007 I				+0,94 10:21.68 I				474			
	50m:	33.09	33.09	250m:	3:06.30	39.27	450m:	5:45.21	40.02	650m:	8:25.10	39.97
	100m:	1:09.73	36.64	300m:	3:45.73	39.43	500m:	6:24.93	39.72	700m:	9:04.88	39.78
	150m:	1:47.75	38.02	350m:	4:25.00	39.27	550m:	7:05.21	40.28	750m:	9:43.56	38.68
	200m:	2:27.03	39.28	400m:	5:05.19	40.19	600m:	7:45.13	39.92	800m:	10:21.68	38.12
44.	2005 I				+0,81 10:28.57				458			
	50m:	33.09	33.09	250m:	3:08.41	40.20	450m:	5:49.28	40.80	650m:	8:30.00	40.20
	100m:	1:10.34	37.25	300m:	3:48.39	39.98	500m:	6:29.03	39.75	700m:	9:09.96	39.96
	150m:	1:48.85	38.51	350m:	4:28.67	40.28	550m:	7:09.74	40.71	750m:	9:50.24	40.28
	200m:	2:28.21	39.36	400m:	5:08.48	39.81	600m:	7:49.80	40.06	800m:	10:28.57	38.33
45.	2006 I				+1,03 10:34.02				447			
	50m:	34.31	34.31	250m:	3:11.34	40.30	450m:	5:52.72	40.19	650m:	8:34.28	40.08
	100m:	1:12.14	37.83	300m:	3:51.69	40.35	500m:	6:33.36	40.64	700m:	9:14.61	40.33
	150m:	1:51.37	39.23	350m:	4:32.12	40.43	550m:	7:13.55	40.19	750m:	9:54.57	39.96
	200m:	2:31.04	39.67	400m:	5:12.53	40.41	600m:	7:54.20	40.65	800m:	10:34.02	39.45
46.	2007 I				+0,84 10:39.88				434			
	50m:	34.58	34.58	250m:	3:14.78	40.09	450m:	5:57.38	40.41	650m:	8:39.84	40.65
	100m:	1:13.96	39.38	300m:	3:55.12	40.34	500m:	6:37.90	40.52	700m:	9:21.23	41.39
	150m:	1:54.14	40.18	350m:	4:35.59	40.47	550m:	7:18.28	40.38	750m:	10:00.65	39.42
	200m:	2:34.69	40.55	400m:	5:16.97	41.38	600m:	7:59.19	40.91	800m:	10:39.88	39.23
47.	2007 I				+0,92 10:47.28				420			
	50m:	35.51	35.51	250m:	3:18.92	41.29	450m:	6:03.46	41.50	650m:	8:48.37	41.21
	100m:	1:15.67	40.16	300m:	3:59.99	41.07	500m:	6:44.53	41.07	700m:	9:29.32	40.95
	150m:	1:57.12	41.45	350m:	4:41.77	41.78	550m:	7:26.13	41.60	750m:	10:10.28	40.96
	200m:	2:37.63	40.51	400m:	5:21.96	40.19	600m:	8:07.16	41.03	800m:	10:47.28	37.00
48.	2005				+0,90 10:57.58				400			
	50m:	34.41	34.41	250m:	3:16.39	41.11	450m:	6:03.84	41.95	650m:	8:54.12	43.22
	100m:	1:13.41	39.00	300m:	3:58.23	41.84	500m:	6:45.01	41.17	700m:	9:36.49	42.37
	150m:	1:53.89	40.48	350m:	4:40.31	42.08	550m:	7:27.84	42.83	750m:	10:18.34	41.85
	200m:	2:35.28	41.39	400m:	5:21.89	41.58	600m:	8:10.90	43.06	800m:	10:57.58	39.24
49.	2005 I				+0,76 11:00.09				396			
	50m:	35.86	35.86	250m:	3:19.35	39.83	450m:	6:08.54	42.82	650m:	8:58.04	43.11
	100m:	1:15.98	40.12	300m:	4:01.43	42.08	500m:	6:50.00	41.46	700m:	9:40.82	42.78
	150m:	1:57.05	41.07	350m:	4:44.00	42.57	550m:	7:33.02	43.02	750m:	10:22.01	41.19
	200m:	2:39.52	42.47	400m:	5:25.72	41.72	600m:	8:14.93	41.91	800m:	11:00.09	38.08

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29, , 800m

29 , 800m

(15-17)

25.02.2021 - 12:49

8:23.07

(CHN)

14.08.2008

8:32.86

(ESP)

25.07.2003

: FINA 2020

	/				R.T.				FINA					
1.	2005				+0,81				9:20.52				646	
	50m:	32.23	32.23	250m:	2:51.72	35.33	450m:	5:14.90	35.32	650m:	7:36.84	35.24		
	100m:	1:07.07	34.84	300m:	3:27.62	35.90	500m:	5:50.87	35.97	700m:	8:13.05	36.21		
	150m:	1:41.39	34.32	350m:	4:03.47	35.85	550m:	6:26.08	35.21	750m:	8:47.80	34.75		
	200m:	2:16.39	35.00	400m:	4:39.58	36.11	600m:	7:01.60	35.52	800m:	9:20.52	32.72		
2.	2004				+0,54				9:20.90				645	
	50m:	32.15	32.15	250m:	2:52.58	35.27	450m:	5:14.79	35.21	650m:	7:37.46	35.29		
	100m:	1:06.91	34.76	300m:	3:27.96	35.38	500m:	5:50.83	36.04	700m:	8:13.52	36.06		
	150m:	1:41.97	35.06	350m:	4:03.62	35.66	550m:	6:26.19	35.36	750m:	8:47.74	34.22		
	200m:	2:17.31	35.34	400m:	4:39.58	35.96	600m:	7:02.17	35.98	800m:	9:20.90	33.16		
3.	2005				+0,84				9:25.01				631	
	50m:	32.97	32.97	250m:	2:55.02	35.40	450m:	5:17.58	35.30	650m:	7:40.86	35.50		
	100m:	1:08.03	35.06	300m:	3:30.99	35.97	500m:	5:53.26	35.68	700m:	8:16.26	35.40		
	150m:	1:44.11	36.08	350m:	4:06.84	35.85	550m:	6:29.38	36.12	750m:	8:51.58	35.32		
	200m:	2:19.62	35.51	400m:	4:42.28	35.44	600m:	7:05.36	35.98	800m:	9:25.01	33.43		
4.	2005				+0,92				9:36.42				594	
	50m:	32.32	32.32	250m:	2:57.85	36.68	450m:	5:24.24	36.64	650m:	7:49.82	36.31		
	100m:	1:08.45	36.13	300m:	3:34.34	36.49	500m:	6:00.62	36.38	700m:	8:26.14	36.32		
	150m:	1:44.93	36.48	350m:	4:10.94	36.60	550m:	6:37.08	36.46	750m:	9:02.21	36.07		
	200m:	2:21.17	36.24	400m:	4:47.60	36.66	600m:	7:13.51	36.43	800m:	9:36.42	34.21		
5.	2005				+0,96				9:40.01				583	
	50m:	32.95	32.95	250m:	2:59.62	37.11	450m:	5:27.18	37.06	650m:	7:53.82	36.78		
	100m:	1:08.41	35.46	300m:	3:36.11	36.49	500m:	6:03.59	36.41	700m:	8:30.45	36.63		
	150m:	1:45.77	37.36	350m:	4:13.17	37.06	550m:	6:40.64	37.05	750m:	9:06.06	35.61		
	200m:	2:22.51	36.74	400m:	4:50.12	36.95	600m:	7:17.04	36.40	800m:	9:40.01	33.95		
6.	2006				+0,89				9:40.23				583	
	50m:	32.67	32.67	250m:	2:59.55	36.00	450m:	5:25.89	37.13	650m:	7:52.92	37.04		
	100m:	1:08.66	35.99	300m:	3:36.06	36.51	500m:	6:02.12	36.23	700m:	8:29.12	36.20		
	150m:	1:46.15	37.49	350m:	4:12.44	36.38	550m:	6:38.96	36.84	750m:	9:05.30	36.18		
	200m:	2:23.55	37.40	400m:	4:48.76	36.32	600m:	7:15.88	36.92	800m:	9:40.23	34.93		
7.	2005								9:40.63				582	
	50m:	32.54	32.54	250m:	2:59.03	36.78	450m:	5:26.85	36.61	650m:	7:54.00	36.96		
	100m:	1:08.57	36.03	300m:	3:35.89	36.86	500m:	6:03.85	37.00	700m:	8:30.33	36.33		
	150m:	1:45.47	36.90	350m:	4:13.45	37.56	550m:	6:40.74	36.89	750m:	9:06.99	36.66		
	200m:	2:22.25	36.78	400m:	4:50.24	36.79	600m:	7:17.04	36.30	800m:	9:40.63	33.64		
8.	2006				I				+0,84				9:42.89	575
	50m:	32.85	32.85	250m:	2:57.99	36.60	450m:	5:26.00	37.19	650m:	7:54.11	36.93		
	100m:	1:08.73	35.88	300m:	3:34.71	36.72	500m:	6:03.07	37.07	700m:	8:30.98	36.87		
	150m:	1:44.91	36.18	350m:	4:11.82	37.11	550m:	6:40.23	37.16	750m:	9:07.42	36.44		
	200m:	2:21.39	36.48	400m:	4:48.81	36.99	600m:	7:17.18	36.95	800m:	9:42.89	35.47		

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29, , 800m				(15-17)				R.T.		FINA		
9.				2006				+0,88	9:45.03		569	
	50m:	31.53	31.53	250m:	2:57.67	36.71	450m:	5:25.26	37.13	650m:	7:55.03	36.56
	100m:	1:07.34	35.81	300m:	3:34.55	36.88	500m:	6:02.55	37.29	700m:	8:32.62	37.59
	150m:	1:44.05	36.71	350m:	4:10.92	36.37	550m:	6:40.37	37.82	750m:	9:09.20	36.58
	200m:	2:20.96	36.91	400m:	4:48.13	37.21	600m:	7:18.47	38.10	800m:	9:45.03	35.83
10.				2005				+0,85	9:45.07		568	
	50m:	32.12	32.12	250m:	2:59.44	36.95	450m:	5:27.72	37.42	650m:	7:56.15	37.05
	100m:	1:08.59	36.47	300m:	3:36.41	36.97	500m:	6:04.90	37.18	700m:	8:32.79	36.64
	150m:	1:45.60	37.01	350m:	4:13.25	36.84	550m:	6:41.97	37.07	750m:	9:08.96	36.17
	200m:	2:22.49	36.89	400m:	4:50.30	37.05	600m:	7:19.10	37.13	800m:	9:45.07	36.11
11.				2004				+0,79	9:46.91		563	
	50m:	33.16	33.16	250m:	3:00.59	37.16	450m:	5:31.11	37.11	650m:	7:59.85	36.85
	100m:	1:09.29	36.13	300m:	3:38.81	38.22	500m:	6:08.68	37.57	700m:	8:36.91	37.06
	150m:	1:46.07	36.78	350m:	4:16.77	37.96	550m:	6:45.61	36.93	750m:	9:13.21	36.30
	200m:	2:23.43	37.36	400m:	4:54.00	37.23	600m:	7:23.00	37.39	800m:	9:46.91	33.70
12.				2006				+0,93	9:47.05		563	
	50m:	33.09	33.09	250m:	3:00.92	37.52	450m:	5:31.21	37.70	650m:	8:00.53	37.21
	100m:	1:09.24	36.15	300m:	3:38.06	37.14	500m:	6:08.82	37.61	700m:	8:37.34	36.81
	150m:	1:46.15	36.91	350m:	4:16.04	37.98	550m:	6:46.12	37.30	750m:	9:13.44	36.10
	200m:	2:23.40	37.25	400m:	4:53.51	37.47	600m:	7:23.32	37.20	800m:	9:47.05	33.61
13.				2005				+0,70	9:47.13		562	
	50m:	31.76	31.76	250m:	2:54.73	36.61	450m:	5:22.64	37.51	650m:	7:53.61	38.11
	100m:	1:06.61	34.85	300m:	3:31.19	36.46	500m:	6:00.23	37.59	700m:	8:31.42	37.81
	150m:	1:42.29	35.68	350m:	4:08.18	36.99	550m:	6:38.14	37.91	750m:	9:10.25	38.83
	200m:	2:18.12	35.83	400m:	4:45.13	36.95	600m:	7:15.50	37.36	800m:	9:47.13	36.88
14.				2006				-	+0,67	9:47.92	560	
	50m:	32.66	32.66	250m:	2:58.50	37.52	450m:	5:27.96	37.47	650m:	8:00.12	37.92
	100m:	1:07.96	35.30	300m:	3:35.40	36.90	500m:	6:05.43	37.47	700m:	8:37.94	37.82
	150m:	1:44.67	36.71	350m:	4:13.09	37.69	550m:	6:43.37	37.94	750m:	9:15.40	37.46
	200m:	2:20.98	36.31	400m:	4:50.49	37.40	600m:	7:22.20	38.83	800m:	9:47.92	32.52
15.				2006				+0,66	9:47.94		560	
	50m:	31.86	31.86	250m:	2:55.85	36.86	450m:	5:26.11	38.12	650m:	7:56.64	37.55
	100m:	1:06.76	34.90	300m:	3:33.23	37.38	500m:	6:03.84	37.73	700m:	8:34.00	37.36
	150m:	1:42.63	35.87	350m:	4:10.66	37.43	550m:	6:41.80	37.96	750m:	9:11.71	37.71
	200m:	2:18.99	36.36	400m:	4:47.99	37.33	600m:	7:19.09	37.29	800m:	9:47.94	36.23
16.				2004				+0,72	9:48.16		559	
	50m:	33.09	33.09	250m:	3:01.14	37.37	450m:	5:30.27	37.08	650m:	7:59.07	36.55
	100m:	1:09.17	36.08	300m:	3:38.38	37.24	500m:	6:07.70	37.43	700m:	8:36.25	37.18
	150m:	1:46.30	37.13	350m:	4:15.82	37.44	550m:	6:44.61	36.91	750m:	9:12.76	36.51
	200m:	2:23.77	37.47	400m:	4:53.19	37.37	600m:	7:22.52	37.91	800m:	9:48.16	35.40
17.				2005				+0,82	9:48.28		559	
	50m:	33.91	33.91	250m:	2:59.26	36.47	450m:	5:28.01	37.56	650m:	7:57.74	37.83
	100m:	1:09.95	36.04	300m:	3:36.22	36.96	500m:	6:04.85	36.84	700m:	8:35.38	37.64
	150m:	1:46.77	36.82	350m:	4:12.89	36.67	550m:	6:42.62	37.77	750m:	9:13.05	37.67
	200m:	2:22.79	36.02	400m:	4:50.45	37.56	600m:	7:19.91	37.29	800m:	9:48.28	35.23
18.				2006				+0,84	9:53.79		544	
	50m:	32.72	32.72	250m:	3:00.66	37.34	450m:	5:30.32	37.65	650m:	8:01.94	38.09
	100m:	1:09.48	36.76	300m:	3:37.75	37.09	500m:	6:08.18	37.86	700m:	8:39.97	38.03
	150m:	1:46.28	36.80	350m:	4:15.14	37.39	550m:	6:46.20	38.02	750m:	9:17.47	37.50
	200m:	2:23.32	37.04	400m:	4:52.67	37.53	600m:	7:23.85	37.65	800m:	9:53.79	36.32

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29,	, 800m				(15-17)		R.T.		FINA			
19.			/		2005		+0,87 9:53.98		543			
	50m:	31.79	31.79	250m:	2:56.81	36.96	450m:	5:27.12	38.46	650m:	8:01.09	39.26
	100m:	1:06.90	35.11	300m:	3:33.91	37.10	500m:	6:04.77	37.65	700m:	8:38.55	37.46
	150m:	1:43.05	36.15	350m:	4:10.93	37.02	550m:	6:43.20	38.43	750m:	9:17.03	38.48
	200m:	2:19.85	36.80	400m:	4:48.66	37.73	600m:	7:21.83	38.63	800m:	9:53.98	36.95
20.					2004		+0,76 10:00.63		525			
	50m:	33.36	33.36	250m:	3:02.91	37.68	450m:	5:35.16	38.37	650m:	8:08.23	38.05
	100m:	1:10.20	36.84	300m:	3:40.68	37.77	500m:	6:13.72	38.56	700m:	8:46.30	38.07
	150m:	1:47.86	37.66	350m:	4:18.71	38.03	550m:	6:51.79	38.07	750m:	9:23.77	37.47
	200m:	2:25.23	37.37	400m:	4:56.79	38.08	600m:	7:30.18	38.39	800m:	10:00.63	36.86
21.					2004		10:01.28		524			
	50m:	33.39	33.39	250m:	3:02.06	37.83	450m:	5:33.62	38.53	650m:	8:07.42	38.79
	100m:	1:09.50	36.11	300m:	3:39.55	37.49	500m:	6:11.85	38.23	700m:	8:45.91	38.49
	150m:	1:46.72	37.22	350m:	4:17.42	37.87	550m:	6:50.23	38.38	750m:	9:24.37	38.46
	200m:	2:24.23	37.51	400m:	4:55.09	37.67	600m:	7:28.63	38.40	800m:	10:01.28	36.91
22.					2005		+0,75 10:04.10		516			
	50m:	32.78	32.78	250m:	3:02.48	37.99	450m:	5:35.41	38.44	650m:	8:10.08	39.04
	100m:	1:08.96	36.18	300m:	3:40.28	37.80	500m:	6:13.59	38.18	700m:	8:48.70	38.62
	150m:	1:46.82	37.86	350m:	4:18.51	38.23	550m:	6:52.46	38.87	750m:	9:27.41	38.71
	200m:	2:24.49	37.67	400m:	4:56.97	38.46	600m:	7:31.04	38.58	800m:	10:04.10	36.69
23.					2004		+1,10 10:06.84		509			
	50m:	33.41	33.41	250m:	3:05.28	38.27	450m:	5:40.25	38.85	650m:	8:15.22	38.54
	100m:	1:10.43	37.02	300m:	3:43.54	38.26	500m:	6:18.90	38.65	700m:	8:53.63	38.41
	150m:	1:48.86	38.43	350m:	4:22.63	39.09	550m:	6:57.76	38.86	750m:	9:31.42	37.79
	200m:	2:27.01	38.15	400m:	5:01.40	38.77	600m:	7:36.68	38.92	800m:	10:06.84	35.42
24.					2006		+0,81 10:07.36		508			
	50m:	34.83	34.83	250m:	3:10.67	39.74	450m:	5:45.30	38.21	650m:	8:16.57	37.33
	100m:	1:12.68	37.85	300m:	3:49.34	38.67	500m:	6:23.50	38.20	700m:	8:53.92	37.35
	150m:	1:52.02	39.34	350m:	4:28.57	39.23	550m:	7:01.40	37.90	750m:	9:31.51	37.59
	200m:	2:30.93	38.91	400m:	5:07.09	38.52	600m:	7:39.24	37.84	800m:	10:07.36	35.85
25.					2006		+0,86 10:08.60		505			
	50m:	32.80	32.80	250m:	3:01.66	37.69	450m:	5:36.24	38.98	650m:	8:12.62	39.58
	100m:	1:09.12	36.32	300m:	3:39.71	38.05	500m:	6:15.16	38.92	700m:	8:51.48	38.86
	150m:	1:46.60	37.48	350m:	4:18.43	38.72	550m:	6:54.36	39.20	750m:	9:30.50	39.02
	200m:	2:23.97	37.37	400m:	4:57.26	38.83	600m:	7:33.04	38.68	800m:	10:08.60	38.10
26.					2006		+0,71 10:12.06		496			
	50m:	32.83	32.83	250m:	3:03.62	38.65	450m:	5:39.91	39.11	650m:	8:17.62	39.92
	100m:	1:09.08	36.25	300m:	3:42.34	38.72	500m:	6:18.65	38.74	700m:	8:56.53	38.91
	150m:	1:46.69	37.61	350m:	4:21.68	39.34	550m:	6:58.68	40.03	750m:	9:35.71	39.18
	200m:	2:24.97	38.28	400m:	5:00.80	39.12	600m:	7:37.70	39.02	800m:	10:12.06	36.35
27.					2006		+0,68 10:14.60		490			
	50m:	34.75	34.75	250m:	3:07.25	38.59	450m:	5:41.60	39.07	650m:	8:16.71	38.92
	100m:	1:12.33	37.58	300m:	3:46.06	38.81	500m:	6:20.51	38.91	700m:	8:56.31	39.60
	150m:	1:50.55	38.22	350m:	4:24.31	38.25	550m:	6:59.51	39.00	750m:	9:36.22	39.91
	200m:	2:28.66	38.11	400m:	5:02.53	38.22	600m:	7:37.79	38.28	800m:	10:14.60	38.38
28.					2004		+0,92 10:17.10		484			
	50m:	33.76	33.76	250m:	3:08.31	39.00	450m:	5:44.97	39.31	650m:	8:21.86	39.18
	100m:	1:11.72	37.96	300m:	3:46.87	38.56	500m:	6:24.30	39.33	700m:	9:00.97	39.11
	150m:	1:50.36	38.64	350m:	4:26.67	39.80	550m:	7:03.49	39.19	750m:	9:39.67	38.70
	200m:	2:29.31	38.95	400m:	5:05.66	38.99	600m:	7:42.68	39.19	800m:	10:17.10	37.43

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29, , 800m				(15-17)				R.T.		FINA	
29.			/	2005 I				+0,81	10:28.57		458
	50m: 33.09	33.09		250m: 3:08.41	40.20	450m: 5:49.28	40.80	650m: 8:30.00	40.20		
	100m: 1:10.34	37.25		300m: 3:48.39	39.98	500m: 6:29.03	39.75	700m: 9:09.96	39.96		
	150m: 1:48.85	38.51		350m: 4:28.67	40.28	550m: 7:09.74	40.71	750m: 9:50.24	40.28		
	200m: 2:28.21	39.36		400m: 5:08.48	39.81	600m: 7:49.80	40.06	800m: 10:28.57	38.33		
30.				2006 I				+1,03	10:34.02		447
	50m: 34.31	34.31		250m: 3:11.34	40.30	450m: 5:52.72	40.19	650m: 8:34.28	40.08		
	100m: 1:12.14	37.83		300m: 3:51.69	40.35	500m: 6:33.36	40.64	700m: 9:14.61	40.33		
	150m: 1:51.37	39.23		350m: 4:32.12	40.43	550m: 7:13.55	40.19	750m: 9:54.57	39.96		
	200m: 2:31.04	39.67		400m: 5:12.53	40.41	600m: 7:54.20	40.65	800m: 10:34.02	39.45		
31.				2005				+0,90	10:57.58		400
	50m: 34.41	34.41		250m: 3:16.39	41.11	450m: 6:03.84	41.95	650m: 8:54.12	43.22		
	100m: 1:13.41	39.00		300m: 3:58.23	41.84	500m: 6:45.01	41.17	700m: 9:36.49	42.37		
	150m: 1:53.89	40.48		350m: 4:40.31	42.08	550m: 7:27.84	42.83	750m: 10:18.34	41.85		
	200m: 2:35.28	41.39		400m: 5:21.89	41.58	600m: 8:10.90	43.06	800m: 10:57.58	39.24		
32.				2005 I				+0,76	11:00.09		396
	50m: 35.86	35.86		250m: 3:19.35	39.83	450m: 6:08.54	42.82	650m: 8:58.04	43.11		
	100m: 1:15.98	40.12		300m: 4:01.43	42.08	500m: 6:50.00	41.46	700m: 9:40.82	42.78		
	150m: 1:57.05	41.07		350m: 4:44.00	42.57	550m: 7:33.02	43.02	750m: 10:22.01	41.19		
	200m: 2:39.52	42.47		400m: 5:25.72	41.72	600m: 8:14.93	41.91	800m: 11:00.09	38.08		

