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, 18 - 21 2020

40 , 1500m
21.02.2020 - 13:3616:13.13 (ESP) 22.07.2003
16:13.13 (ESP) 22.07.2003

: FINA 2020

	/				R.T.				FINA			
1.	2001				+0,83 17:10.82				712			
50m:	31.19	31.19	450m:	5:02.95	34.83	850m:	9:40.48	35.11	1250m:	14:19.58	34.92	
100m:	1:04.31	33.12	500m:	5:37.38	34.43	900m:	10:15.18	34.70	1300m:	14:54.12	34.54	
150m:	1:38.18	33.87	550m:	6:12.27	34.89	950m:	10:50.09	34.91	1350m:	15:29.32	35.20	
200m:	2:11.70	33.52	600m:	6:46.49	34.22	1000m:	11:24.93	34.84	1400m:	16:04.41	35.09	
250m:	2:45.65	33.95	650m:	7:21.35	34.86	1050m:	12:00.08	35.15	1450m:	16:39.15	34.74	
300m:	3:19.44	33.79	700m:	7:55.80	34.45	1100m:	12:34.85	34.77	1500m:	17:10.82	31.67	
350m:	3:54.07	34.63	750m:	8:30.77	34.97	1150m:	13:09.85	35.00				
400m:	4:28.12	34.05	800m:	9:05.37	34.60	1200m:	13:44.66	34.81				
2.	2005				+0,83 17:48.33				639			
50m:	33.00	33.00	450m:	5:16.24	35.66	850m:	10:00.51	36.03	1250m:	14:49.99	36.50	
100m:	1:08.34	35.34	500m:	5:51.65	35.41	900m:	10:36.17	35.66	1300m:	15:26.54	36.55	
150m:	1:43.79	35.45	550m:	6:27.15	35.50	950m:	11:12.14	35.97	1350m:	16:02.55	36.01	
200m:	2:19.28	35.49	600m:	7:02.32	35.17	1000m:	11:47.89	35.75	1400m:	16:38.54	35.99	
250m:	2:54.70	35.42	650m:	7:37.91	35.59	1050m:	12:24.22	36.33	1450m:	17:13.45	34.91	
300m:	3:30.29	35.59	700m:	8:13.16	35.25	1100m:	13:00.41	36.19	1500m:	17:48.33	34.88	
350m:	4:05.38	35.09	750m:	8:48.91	35.75	1150m:	13:37.12	36.71				
400m:	4:40.58	35.20	800m:	9:24.48	35.57	1200m:	14:13.49	36.37				
3.	2004				+0,88 18:04.63				611			
50m:	31.51	31.51	450m:	5:16.85	35.53	850m:	10:07.61	36.59	1250m:	15:01.91	36.30	
100m:	1:06.26	34.75	500m:	5:52.51	35.66	900m:	10:44.41	36.80	1300m:	15:38.82	36.91	
150m:	1:41.93	35.67	550m:	6:28.55	36.04	950m:	11:20.79	36.38	1350m:	16:15.29	36.47	
200m:	2:18.07	36.14	600m:	7:04.62	36.07	1000m:	11:57.85	37.06	1400m:	16:52.78	37.49	
250m:	2:54.03	35.96	650m:	7:40.83	36.21	1050m:	12:34.57	36.72	1450m:	17:28.68	35.90	
300m:	3:29.83	35.80	700m:	8:17.64	36.81	1100m:	13:11.36	36.79	1500m:	18:04.63	35.95	
350m:	4:05.83	36.00	750m:	8:54.48	36.84	1150m:	13:48.40	37.04				
400m:	4:41.32	35.49	800m:	9:31.02	36.54	1200m:	14:25.61	37.21				
4.	2005				+0,86 18:11.20				600			
50m:	32.13	32.13	450m:	5:16.31	35.50	850m:	10:09.42	37.73	1250m:	15:07.59	37.07	
100m:	1:07.58	35.45	500m:	5:51.93	35.62	900m:	10:46.29	36.87	1300m:	15:45.18	37.59	
150m:	1:43.51	35.93	550m:	6:27.60	35.67	950m:	11:24.00	37.71	1350m:	16:22.29	37.11	
200m:	2:19.57	36.06	600m:	7:03.36	35.76	1000m:	12:01.16	37.16	1400m:	16:59.54	37.25	
250m:	2:54.48	34.91	650m:	7:39.52	36.16	1050m:	12:37.99	36.83	1450m:	17:36.21	36.67	
300m:	3:29.93	35.45	700m:	8:16.95	37.43	1100m:	13:15.61	37.62	1500m:	18:11.20	34.99	
350m:	4:05.85	35.92	750m:	8:54.52	37.57	1150m:	13:53.58	37.97				
400m:	4:40.81	34.96	800m:	9:31.69	37.17	1200m:	14:30.52	36.94				
5.	2002				+0,79 18:20.69				584			
50m:	32.87	32.87	450m:	5:23.62	36.92	850m:	10:20.35	37.53	1250m:	15:16.37	37.18	
100m:	1:08.40	35.53	500m:	6:00.13	36.51	900m:	10:56.83	36.48	1300m:	15:53.17	36.80	
150m:	1:44.53	36.13	550m:	6:37.02	36.89	950m:	11:33.84	37.01	1350m:	16:30.93	37.76	
200m:	2:20.97	36.44	600m:	7:14.07	37.05	1000m:	12:10.47	36.63	1400m:	17:07.81	36.88	
250m:	2:57.60	36.63	650m:	7:51.74	37.67	1050m:	12:47.88	37.41	1450m:	17:45.02	37.21	
300m:	3:33.69	36.09	700m:	8:28.63	36.89	1100m:	13:24.81	36.93	1500m:	18:20.69	35.67	
350m:	4:10.25	36.56	750m:	9:06.22	37.59	1150m:	14:02.55	37.74				
400m:	4:46.70	36.45	800m:	9:42.82	36.60	1200m:	14:39.19	36.64				

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40, , 1500m

					R.T.				FINA	
6.	2005 I				+1,04 18:20.73				584	
	50m: 33.49	33.49	450m: 5:29.25	37.38	850m: 10:25.41	37.03	1250m: 15:19.96	36.55		
	100m: 1:09.43	35.94	500m: 6:05.82	36.57	900m: 11:01.93	36.52	1300m: 15:56.70	36.74		
	150m: 1:46.90	37.47	550m: 6:43.00	37.18	950m: 11:39.04	37.11	1350m: 16:34.14	37.44		
	200m: 2:23.94	37.04	600m: 7:19.68	36.68	1000m: 12:15.91	36.87	1400m: 17:10.60	36.46		
	250m: 3:01.33	37.39	650m: 7:57.07	37.39	1050m: 12:52.90	36.99	1450m: 17:46.91	36.31		
	300m: 3:38.07	36.74	700m: 8:34.00	36.93	1100m: 13:29.81	36.91	1500m: 18:20.73	33.82		
	350m: 4:15.58	37.51	750m: 9:11.09	37.09	1150m: 14:06.61	36.80				
	400m: 4:51.87	36.29	800m: 9:48.38	37.29	1200m: 14:43.41	36.80				
7.	2001				+0,91 18:20.88				584	
	50m: 32.89	32.89	450m: 5:26.88	36.90	850m: 10:22.49	37.16	1250m: 15:19.74	37.06		
	100m: 1:08.87	35.98	500m: 6:03.54	36.66	900m: 10:59.52	37.03	1300m: 15:56.38	36.64		
	150m: 1:46.10	37.23	550m: 6:40.61	37.07	950m: 11:36.75	37.23	1350m: 16:33.64	37.26		
	200m: 2:22.39	36.29	600m: 7:17.46	36.85	1000m: 12:13.99	37.24	1400m: 17:10.38	36.74		
	250m: 2:59.39	37.00	650m: 7:54.56	37.10	1050m: 12:51.41	37.42	1450m: 17:46.86	36.48		
	300m: 3:36.41	37.02	700m: 8:31.37	36.81	1100m: 13:28.49	37.08	1500m: 18:20.88	34.02		
	350m: 4:13.77	37.36	750m: 9:08.43	37.06	1150m: 14:05.49	37.00				
	400m: 4:49.98	36.21	800m: 9:45.33	36.90	1200m: 14:42.68	37.19				
8.	2005				+0,66 18:21.71				583	
	50m: 31.93	31.93	450m: 5:15.63	36.63	850m: 10:13.79	37.69	1250m: 15:14.78	37.45		
	100m: 1:06.45	34.52	500m: 5:52.07	36.44	900m: 10:51.49	37.70	1300m: 15:52.64	37.86		
	150m: 1:41.27	34.82	550m: 6:29.20	37.13	950m: 11:29.17	37.68	1350m: 16:30.38	37.74		
	200m: 2:16.26	34.99	600m: 7:06.33	37.13	1000m: 12:06.96	37.79	1400m: 17:08.57	38.19		
	250m: 2:51.52	35.26	650m: 7:43.63	37.30	1050m: 12:44.61	37.65	1450m: 17:45.74	37.17		
	300m: 3:27.00	35.48	700m: 8:21.40	37.77	1100m: 13:22.16	37.55	1500m: 18:21.71	35.97		
	350m: 4:02.95	35.95	750m: 8:59.02	37.62	1150m: 13:59.89	37.73				
	400m: 4:39.00	36.05	800m: 9:36.10	37.08	1200m: 14:37.33	37.44				
9.	2002				+0,89 18:23.00				581	
	50m: 32.36	32.36	450m: 5:20.38	36.39	850m: 10:16.61	37.19	1250m: 15:18.07	37.56		
	100m: 1:07.92	35.56	500m: 5:57.07	36.69	900m: 10:54.10	37.49	1300m: 15:56.05	37.98		
	150m: 1:43.63	35.71	550m: 6:33.88	36.81	950m: 11:31.43	37.33	1350m: 16:33.31	37.26		
	200m: 2:20.05	36.42	600m: 7:10.74	36.86	1000m: 12:09.39	37.96	1400m: 17:10.94	37.63		
	250m: 2:55.64	35.59	650m: 7:47.78	37.04	1050m: 12:46.94	37.55	1450m: 17:47.49	36.55		
	300m: 3:31.74	36.10	700m: 8:25.15	37.37	1100m: 13:24.92	37.98	1500m: 18:23.00	35.51		
	350m: 4:07.78	36.04	750m: 9:02.26	37.11	1150m: 14:02.50	37.58				
	400m: 4:43.99	36.21	800m: 9:39.42	37.16	1200m: 14:40.51	38.01				
10.	2005				+0,89 18:27.50				574	
	50m: 34.13	34.13	450m: 5:28.45	36.62	850m: 10:24.86	37.16	1250m: 15:22.82	37.26		
	100m: 1:12.11	37.98	500m: 6:05.24	36.79	900m: 11:02.43	37.57	1300m: 16:00.31	37.49		
	150m: 1:49.10	36.99	550m: 6:42.10	36.86	950m: 11:39.57	37.14	1350m: 16:37.45	37.14		
	200m: 2:26.15	37.05	600m: 7:19.72	37.62	1000m: 12:16.91	37.34	1400m: 17:14.65	37.20		
	250m: 3:02.64	36.49	650m: 7:56.35	36.63	1050m: 12:53.99	37.08	1450m: 17:51.77	37.12		
	300m: 3:39.45	36.81	700m: 8:33.85	37.50	1100m: 13:30.99	37.00	1500m: 18:27.50	35.73		
	350m: 4:16.26	36.81	750m: 9:10.67	36.82	1150m: 14:08.26	37.27				
	400m: 4:51.83	35.57	800m: 9:47.70	37.03	1200m: 14:45.56	37.30				

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					R.T.				FINA			
11.	2005				+0,96 18:32.66				566			
	50m:	32.34	32.34	450m:	5:26.50	36.97	850m:	10:24.03	37.74	1250m:	15:27.98	38.18
	100m:	1:08.74	36.40	500m:	6:03.64	37.14	900m:	11:01.60	37.57	1300m:	16:05.49	37.51
	150m:	1:45.27	36.53	550m:	6:40.66	37.02	950m:	11:39.90	38.30	1350m:	16:43.14	37.65
	200m:	2:22.60	37.33	600m:	7:17.47	36.81	1000m:	12:17.53	37.63	1400m:	17:20.72	37.58
	250m:	2:59.30	36.70	650m:	7:54.35	36.88	1050m:	12:55.88	38.35	1450m:	17:58.09	37.37
	300m:	3:36.02	36.72	700m:	8:31.45	37.10	1100m:	13:33.79	37.91	1500m:	18:32.66	34.57
	350m:	4:12.55	36.53	750m:	9:09.50	38.05	1150m:	14:11.90	38.11			
	400m:	4:49.53	36.98	800m:	9:46.29	36.79	1200m:	14:49.80	37.90			
12.	2002				+0,65 18:32.99				565			
	50m:	32.59	32.59	450m:	5:29.04	37.89	850m:	10:28.78	38.16	1250m:	15:29.82	37.76
	100m:	1:07.96	35.37	500m:	6:05.81	36.77	900m:	11:05.93	37.15	1300m:	16:07.46	37.64
	150m:	1:45.44	37.48	550m:	6:43.34	37.53	950m:	11:44.27	38.34	1350m:	16:45.07	37.61
	200m:	2:22.02	36.58	600m:	7:20.41	37.07	1000m:	12:21.82	37.55	1400m:	17:22.41	37.34
	250m:	2:59.91	37.89	650m:	7:58.35	37.94	1050m:	13:00.11	38.29	1450m:	17:59.82	37.41
	300m:	3:36.71	36.80	700m:	8:35.11	36.76	1100m:	13:37.49	37.38	1500m:	18:32.99	33.17
	350m:	4:14.61	37.90	750m:	9:12.90	37.79	1150m:	14:14.92	37.43			
	400m:	4:51.15	36.54	800m:	9:50.62	37.72	1200m:	14:52.06	37.14			
13.	2005				+0,81 18:38.23				557			
	50m:	33.08	33.08	450m:	5:27.04	37.21	850m:	10:27.11	38.32	1250m:	15:30.89	38.19
	100m:	1:09.35	36.27	500m:	6:04.44	37.40	900m:	11:04.43	37.32	1300m:	16:08.68	37.79
	150m:	1:45.81	36.46	550m:	6:41.94	37.50	950m:	11:42.69	38.26	1350m:	16:46.91	38.23
	200m:	2:22.66	36.85	600m:	7:18.97	37.03	1000m:	12:20.26	37.57	1400m:	17:24.38	37.47
	250m:	2:59.28	36.62	650m:	7:56.68	37.71	1050m:	12:58.67	38.41	1450m:	18:01.99	37.61
	300m:	3:35.58	36.30	700m:	8:34.04	37.36	1100m:	13:36.38	37.71	1500m:	18:38.23	36.24
	350m:	4:12.71	37.13	750m:	9:11.50	37.46	1150m:	14:15.14	38.76			
	400m:	4:49.83	37.12	800m:	9:48.79	37.29	1200m:	14:52.70	37.56			
14.	2006				+0,71 18:43.34				550			
	100m:	1:09.58	1:09.58	500m:	6:11.46	1:15.55	900m:	11:11.74	1:13.65	1300m:	16:14.49	1:16.90
	200m:	2:24.51	1:14.93	600m:	7:27.18	1:15.72	1000m:	12:26.49	1:14.75	1400m:	17:31.57	1:17.08
	300m:	3:40.06	1:15.55	700m:	8:42.57	1:15.39	1100m:	13:41.39	1:14.90	1500m:	18:43.34	1:11.77
	400m:	4:55.91	1:15.85	800m:	9:58.09	1:15.52	1200m:	14:57.59	1:16.20			
15.	2002				+0,71 18:45.24				547			
	50m:	34.25	34.25	450m:	5:31.92	37.58	850m:	10:33.12	37.51	1250m:	15:36.76	38.29
	100m:	1:10.91	36.66	500m:	6:09.37	37.45	900m:	11:10.97	37.85	1300m:	16:14.39	37.63
	150m:	1:48.50	37.59	550m:	6:47.15	37.78	950m:	11:48.77	37.80	1350m:	16:52.95	38.56
	200m:	2:25.78	37.28	600m:	7:24.47	37.32	1000m:	12:26.27	37.50	1400m:	17:30.84	37.89
	250m:	3:02.99	37.21	650m:	8:02.35	37.88	1050m:	13:04.27	38.00	1450m:	18:08.88	38.04
	300m:	3:40.08	37.09	700m:	8:39.90	37.55	1100m:	13:42.20	37.93	1500m:	18:45.24	36.36
	350m:	4:17.24	37.16	750m:	9:17.97	38.07	1150m:	14:20.49	38.29			
	400m:	4:54.34	37.10	800m:	9:55.61	37.64	1200m:	14:58.47	37.98			
16.	2007 I				+0,70 18:45.75				546			
	50m:	32.43	32.43	450m:	5:34.07	38.67	850m:	10:37.97	38.30	1250m:	15:40.88	38.48
	100m:	1:08.78	36.35	500m:	6:11.66	37.59	900m:	11:15.62	37.65	1300m:	16:18.51	37.63
	150m:	1:46.75	37.97	550m:	6:50.17	38.51	950m:	11:54.26	38.64	1350m:	16:56.57	38.06
	200m:	2:23.95	37.20	600m:	7:27.59	37.42	1000m:	12:31.64	37.38	1400m:	17:34.31	37.74
	250m:	3:02.12	38.17	650m:	8:06.41	38.82	1050m:	13:09.57	37.93	1450m:	18:11.47	37.16
	300m:	3:39.78	37.66	700m:	8:43.83	37.42	1100m:	13:47.13	37.56	1500m:	18:45.75	34.28
	350m:	4:18.02	38.24	750m:	9:22.03	38.20	1150m:	14:24.97	37.84			
	400m:	4:55.40	37.38	800m:	9:59.67	37.64	1200m:	15:02.40	37.43			

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					R.T.				FINA		
17.	2005 I				+0,97 18:48.19				543		
50m:	34.98	34.98	450m:	5:39.13	37.48	850m:	10:41.76	37.66	1250m:	15:41.75	37.88
100m:	1:13.35	38.37	500m:	6:16.62	37.49	900m:	11:19.24	37.48	1300m:	16:19.90	38.15
150m:	1:51.56	38.21	550m:	6:54.72	38.10	950m:	11:56.58	37.34	1350m:	16:56.83	36.93
200m:	2:29.97	38.41	600m:	7:33.13	38.41	1000m:	12:34.01	37.43	1400m:	17:34.61	37.78
250m:	3:07.89	37.92	650m:	8:10.83	37.70	1050m:	13:10.95	36.94	1450m:	18:11.52	36.91
300m:	3:45.78	37.89	700m:	8:48.80	37.97	1100m:	13:48.54	37.59	1500m:	18:48.19	36.67
350m:	4:23.30	37.52	750m:	9:26.28	37.48	1150m:	14:25.61	37.07			
400m:	5:01.65	38.35	800m:	10:04.10	37.82	1200m:	15:03.87	38.26			
18.	2003				+0,83 18:50.75				539		
50m:	32.98	32.98	450m:	5:34.78	38.79	850m:	10:40.21	38.00	1250m:	15:45.31	38.12
100m:	1:09.59	36.61	500m:	6:12.74	37.96	900m:	11:18.19	37.98	1300m:	16:23.24	37.93
150m:	1:47.14	37.55	550m:	6:51.38	38.64	950m:	11:56.95	38.76	1350m:	17:01.49	38.25
200m:	2:24.95	37.81	600m:	7:29.43	38.05	1000m:	12:34.41	37.46	1400m:	17:39.65	38.16
250m:	3:02.87	37.92	650m:	8:07.90	38.47	1050m:	13:12.69	38.28	1450m:	18:16.58	36.93
300m:	3:40.59	37.72	700m:	8:45.72	37.82	1100m:	13:50.64	37.95	1500m:	18:50.75	34.17
350m:	4:18.82	38.23	750m:	9:23.84	38.12	1150m:	14:29.33	38.69			
400m:	4:55.99	37.17	800m:	10:02.21	38.37	1200m:	15:07.19	37.86			
19.	2006				+0,79 18:51.89				537		
100m:	1:10.68	1:10.68	500m:	6:12.63	1:15.80	900m:	11:20.50	1:16.62	1300m:	16:26.18	1:16.00
200m:	2:25.86	1:15.18	600m:	7:29.60	1:16.97	1000m:	12:37.41	1:16.91	1400m:	17:40.85	1:14.67
300m:	3:41.14	1:15.28	700m:	8:46.75	1:17.15	1100m:	13:54.01	1:16.60	1500m:	18:51.89	1:11.04
400m:	4:56.83	1:15.69	800m:	10:03.88	1:17.13	1200m:	15:10.18	1:16.17			
20.	2005				+0,85 18:52.31				537		
50m:	31.00	31.00	450m:	5:31.16	38.78	850m:	10:37.30	38.46	1250m:	15:43.59	38.68
100m:	1:06.25	35.25	500m:	6:09.19	38.03	900m:	11:14.84	37.54	1300m:	16:22.02	38.43
150m:	1:43.83	37.58	550m:	6:47.29	38.10	950m:	11:53.56	38.72	1350m:	17:00.98	38.96
200m:	2:21.25	37.42	600m:	7:25.24	37.95	1000m:	12:31.33	37.77	1400m:	17:38.73	37.75
250m:	2:58.89	37.64	650m:	8:03.62	38.38	1050m:	13:09.81	38.48	1450m:	18:16.77	38.04
300m:	3:35.94	37.05	700m:	8:41.86	38.24	1100m:	13:47.57	37.76	1500m:	18:52.31	35.54
350m:	4:14.44	38.50	750m:	9:20.75	38.89	1150m:	14:26.51	38.94			
400m:	4:52.38	37.94	800m:	9:58.84	38.09	1200m:	15:04.91	38.40			
21.	2005				+0,70 18:55.04 I				533		
50m:	32.98	32.98	450m:	5:29.99	37.65	850m:	10:34.07	38.25	1250m:	15:44.14	39.45
100m:	1:09.09	36.11	500m:	6:07.58	37.59	900m:	11:11.77	37.70	1300m:	16:22.62	38.48
150m:	1:46.49	37.40	550m:	6:45.53	37.95	950m:	11:50.47	38.70	1350m:	17:01.48	38.86
200m:	2:23.52	37.03	600m:	7:23.10	37.57	1000m:	12:28.90	38.43	1400m:	17:39.63	38.15
250m:	3:00.94	37.42	650m:	8:01.77	38.67	1050m:	13:08.04	39.14	1450m:	18:18.69	39.06
300m:	3:38.10	37.16	700m:	8:39.66	37.89	1100m:	13:46.70	38.66	1500m:	18:55.04	36.35
350m:	4:15.09	36.99	750m:	9:18.19	38.53	1150m:	14:26.28	39.58			
400m:	4:52.34	37.25	800m:	9:55.82	37.63	1200m:	15:04.69	38.41			
22.	2005				+0,81 18:55.18 I				533		
50m:	33.65	33.65	450m:	5:32.62	37.62	850m:	10:38.82	38.33	1250m:	15:46.98	38.39
100m:	1:10.47	36.82	500m:	6:10.58	37.96	900m:	11:17.33	38.51	1300m:	16:25.15	38.17
150m:	1:47.68	37.21	550m:	6:48.58	38.00	950m:	11:55.79	38.46	1350m:	17:03.44	38.29
200m:	2:25.49	37.81	600m:	7:26.86	38.28	1000m:	12:34.14	38.35	1400m:	17:41.21	37.77
250m:	3:02.80	37.31	650m:	8:05.42	38.56	1050m:	13:12.67	38.53	1450m:	18:18.78	37.57
300m:	3:40.10	37.30	700m:	8:43.94	38.52	1100m:	13:51.29	38.62	1500m:	18:55.18	36.40
350m:	4:17.44	37.34	750m:	9:22.28	38.34	1150m:	14:29.95	38.66			
400m:	4:55.00	37.56	800m:	10:00.49	38.21	1200m:	15:08.59	38.64			

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40, , 1500m

						R.T.					FINA
23.	2002					+0,88 19:04.78					519
50m:	33.07	33.07	450m:	5:34.85	38.20	850m:	10:44.84	37.79	1250m:	15:54.66	38.40
100m:	1:09.73	36.66	500m:	6:13.36	38.51	900m:	11:23.55	38.71	1300m:	16:34.51	39.85
150m:	1:47.14	37.41	550m:	6:52.00	38.64	950m:	12:02.14	38.59	1350m:	17:13.04	38.53
200m:	2:24.82	37.68	600m:	7:31.08	39.08	1000m:	12:40.96	38.82	1400m:	17:52.01	38.97
250m:	3:02.84	38.02	650m:	8:09.20	38.12	1050m:	13:19.30	38.34	1450m:	18:29.78	37.77
300m:	3:40.19	37.35	700m:	8:48.34	39.14	1100m:	13:58.02	38.72	1500m:	19:04.78	35.00
350m:	4:18.30	38.11	750m:	9:27.28	38.94	1150m:	14:36.54	38.52			
400m:	4:56.65	38.35	800m:	10:07.05	39.77	1200m:	15:16.26	39.72			
24.	2005					+0,84 19:06.53					517
50m:	33.97	33.97	450m:	5:41.01	38.65	850m:	10:49.77	38.86	1250m:	15:58.51	38.86
100m:	1:11.43	37.46	500m:	6:19.31	38.30	900m:	11:28.19	38.42	1300m:	16:36.85	38.34
150m:	1:50.27	38.84	550m:	6:57.94	38.63	950m:	12:06.67	38.48	1350m:	17:15.04	38.19
200m:	2:28.29	38.02	600m:	7:36.26	38.32	1000m:	12:44.95	38.28	1400m:	17:53.04	38.00
250m:	3:06.88	38.59	650m:	8:14.93	38.67	1050m:	13:23.90	38.95	1450m:	18:31.45	38.41
300m:	3:45.07	38.19	700m:	8:53.21	38.28	1100m:	14:02.20	38.30	1500m:	19:06.53	35.08
350m:	4:23.96	38.89	750m:	9:32.29	39.08	1150m:	14:41.19	38.99			
400m:	5:02.36	38.40	800m:	10:10.91	38.62	1200m:	15:19.65	38.46			
25.	2004					+0,79 19:06.93					516
50m:	33.68	33.68	450m:	5:35.27	37.90	850m:	10:42.29	38.11	1250m:	15:53.51	38.81
100m:	1:10.43	36.75	500m:	6:13.53	38.26	900m:	11:21.50	39.21	1300m:	16:33.07	39.56
150m:	1:48.08	37.65	550m:	6:52.07	38.54	950m:	11:59.92	38.42	1350m:	17:11.68	38.61
200m:	2:25.78	37.70	600m:	7:30.29	38.22	1000m:	12:38.75	38.83	1400m:	17:50.67	38.99
250m:	3:03.44	37.66	650m:	8:08.48	38.19	1050m:	13:17.49	38.74	1450m:	18:29.64	38.97
300m:	3:41.32	37.88	700m:	8:47.20	38.72	1100m:	13:56.79	39.30	1500m:	19:06.93	37.29
350m:	4:19.39	38.07	750m:	9:25.46	38.26	1150m:	14:35.64	38.85			
400m:	4:57.37	37.98	800m:	10:04.18	38.72	1200m:	15:14.70	39.06			
26.	2004					+0,72 19:08.55					514
50m:	33.51	33.51	450m:	5:42.09	39.53	850m:	10:51.27	39.64	1250m:	16:01.37	38.24
100m:	1:11.19	37.68	500m:	6:19.42	37.33	900m:	11:30.41	39.14	1300m:	16:39.27	37.90
150m:	1:50.20	39.01	550m:	6:57.85	38.43	950m:	12:09.25	38.84	1350m:	17:17.93	38.66
200m:	2:28.10	37.90	600m:	7:36.14	38.29	1000m:	12:47.94	38.69	1400m:	17:55.79	37.86
250m:	3:07.34	39.24	650m:	8:15.10	38.96	1050m:	13:27.08	39.14	1450m:	18:32.64	36.85
300m:	3:45.38	38.04	700m:	8:53.62	38.52	1100m:	14:05.62	38.54	1500m:	19:08.55	35.91
350m:	4:24.11	38.73	750m:	9:32.63	39.01	1150m:	14:44.47	38.85			
400m:	5:02.56	38.45	800m:	10:11.63	39.00	1200m:	15:23.13	38.66			
27.	2002					+0,90 19:12.58					509
50m:	34.78	34.78	450m:	5:42.64	38.74	850m:	10:50.82	38.85	1250m:	16:02.30	38.57
100m:	1:12.77	37.99	500m:	6:21.16	38.52	900m:	11:29.84	39.02	1300m:	16:40.63	38.33
150m:	1:51.67	38.90	550m:	6:59.58	38.42	950m:	12:08.70	38.86	1350m:	17:19.20	38.57
200m:	2:30.19	38.52	600m:	7:37.93	38.35	1000m:	12:47.71	39.01	1400m:	17:57.51	38.31
250m:	3:08.77	38.58	650m:	8:16.53	38.60	1050m:	13:26.78	39.07	1450m:	18:35.87	38.36
300m:	3:47.06	38.29	700m:	8:55.09	38.56	1100m:	14:05.88	39.10	1500m:	19:12.58	36.71
350m:	4:25.44	38.38	750m:	9:33.62	38.53	1150m:	14:44.64	38.76			
400m:	5:03.90	38.46	800m:	10:11.97	38.35	1200m:	15:23.73	39.09			

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40, , 1500m

					R.T.				FINA			
28.	2004				+0,84 19:16.54 				504			
50m:	33.67	33.67	450m:	5:41.33	39.09	850m:	10:51.20	38.89	1250m:	16:03.84	39.68	
100m:	1:10.83	37.16	500m:	6:19.43	38.10	900m:	11:30.01	38.81	1300m:	16:42.73	38.89	
150m:	1:49.51	38.68	550m:	6:57.87	38.44	950m:	12:09.07	39.06	1350m:	17:22.56	39.83	
200m:	2:27.56	38.05	600m:	7:36.48	38.61	1000m:	12:47.77	38.70	1400m:	18:01.17	38.61	
250m:	3:06.30	38.74	650m:	8:15.77	39.29	1050m:	13:27.07	39.30	1450m:	18:40.08	38.91	
300m:	3:44.57	38.27	700m:	8:54.19	38.42	1100m:	14:05.96	38.89	1500m:	19:16.54	36.46	
350m:	4:23.55	38.98	750m:	9:33.72	39.53	1150m:	14:45.31	39.35				
400m:	5:02.24	38.69	800m:	10:12.31	38.59	1200m:	15:24.16	38.85				
29.	2007				+0,59 19:21.93 				497			
50m:	35.47	35.47	450m:	5:43.77	38.26	850m:	10:53.39	38.40	1250m:	16:07.88	39.31	
100m:	1:13.49	38.02	500m:	6:22.37	38.60	900m:	11:32.40	39.01	1300m:	16:47.56	39.68	
150m:	1:52.30	38.81	550m:	7:01.72	39.35	950m:	12:11.26	38.86	1350m:	17:26.75	39.19	
200m:	2:30.98	38.68	600m:	7:40.32	38.60	1000m:	12:50.65	39.39	1400m:	18:06.35	39.60	
250m:	3:09.92	38.94	650m:	8:19.40	39.08	1050m:	13:29.74	39.09	1450m:	18:44.50	38.15	
300m:	3:48.45	38.53	700m:	8:57.52	38.12	1100m:	14:09.09	39.35	1500m:	19:21.93	37.43	
350m:	4:26.26	37.81	750m:	9:36.58	39.06	1150m:	14:49.17	40.08				
400m:	5:05.51	39.25	800m:	10:14.99	38.41	1200m:	15:28.57	39.40				
30.	2007				+0,81 19:37.23 				478			
50m:	33.62	33.62	450m:	5:45.90	39.23	850m:	11:02.86	39.04	1250m:	16:20.28	38.95	
100m:	1:11.84	38.22	500m:	6:26.16	40.26	900m:	11:42.52	39.66	1300m:	17:01.21	40.93	
150m:	1:50.40	38.56	550m:	7:05.20	39.04	950m:	12:22.27	39.75	1350m:	17:41.65	40.44	
200m:	2:29.64	39.24	600m:	7:45.39	40.19	1000m:	13:01.22	38.95	1400m:	18:21.57	39.92	
250m:	3:07.86	38.22	650m:	8:24.62	39.23	1050m:	13:41.17	39.95	1450m:	19:00.05	38.48	
300m:	3:47.71	39.85	700m:	9:03.91	39.29	1100m:	14:20.84	39.67	1500m:	19:37.23	37.18	
350m:	4:27.15	39.44	750m:	9:43.74	39.83	1150m:	15:01.68	40.84				
400m:	5:06.67	39.52	800m:	10:23.82	40.08	1200m:	15:41.33	39.65				
31.	2007				+1,04 19:57.30 				454			
50m:	34.65	34.65	450m:	5:51.87	40.53	850m:	11:15.76	40.10	1250m:	16:39.04	40.01	
100m:	1:13.36	38.71	500m:	6:32.73	40.86	900m:	11:56.29	40.53	1300m:	17:19.54	40.50	
150m:	1:53.23	39.87	550m:	7:12.80	40.07	950m:	12:36.49	40.20	1350m:	17:59.51	39.97	
200m:	2:33.04	39.81	600m:	7:53.55	40.75	1000m:	13:16.38	39.89	1400m:	18:39.35	39.84	
250m:	3:11.93	38.89	650m:	8:33.79	40.24	1050m:	13:56.86	40.48	1450m:	19:18.02	38.67	
300m:	3:52.41	40.48	700m:	9:14.53	40.74	1100m:	14:38.34	41.48	1500m:	19:57.30	39.28	
350m:	4:31.08	38.67	750m:	9:54.33	39.80	1150m:	15:17.74	39.40				
400m:	5:11.34	40.26	800m:	10:35.66	41.33	1200m:	15:59.03	41.29				
32.	2007				+0,71 20:03.80 				447			
100m:	1:14.48	1:14.48	500m:	6:39.31	1:21.55	900m:	12:03.46	1:20.69	1300m:	17:28.52	1:21.26	
200m:	2:35.84	1:21.36	600m:	8:00.26	1:20.95	1000m:	13:24.57	1:21.11	1400m:	18:45.93	1:17.41	
300m:	3:56.83	1:20.99	700m:	9:22.05	1:21.79	1100m:	14:46.44	1:21.87	1500m:	20:03.80	1:17.87	
400m:	5:17.76	1:20.93	800m:	10:42.77	1:20.72	1200m:	16:07.26	1:20.82				
33.	2005				+1,14 20:04.26 				446			
50m:	34.95	34.95	450m:	5:54.79	40.61	850m:	11:21.50	41.12	1250m:	16:47.66	41.43	
100m:	1:13.38	38.43	500m:	6:35.47	40.68	900m:	12:02.84	41.34	1300m:	17:28.41	40.75	
150m:	1:53.57	40.19	550m:	7:15.48	40.01	950m:	12:43.05	40.21	1350m:	18:07.88	39.47	
200m:	2:33.41	39.84	600m:	7:56.99	41.51	1000m:	13:23.94	40.89	1400m:	18:47.78	39.90	
250m:	3:13.18	39.77	650m:	8:37.26	40.27	1050m:	14:04.34	40.40	1450m:	19:27.07	39.29	
300m:	3:53.97	40.79	700m:	9:18.90	41.64	1100m:	14:45.54	41.20	1500m:	20:04.26	37.19	
350m:	4:33.88	39.91	750m:	9:59.82	40.92	1150m:	15:26.19	40.65				
400m:	5:14.18	40.30	800m:	10:40.38	40.56	1200m:	16:06.23	40.04				

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40, , 1500m

						R.T.					FINA
34.	2006 I					+0,79 20:05.29 I					445
50m:	35.26	35.26	450m:	5:49.68	39.87	850m:	11:13.81	41.48	1250m:	16:44.04	41.88
100m:	1:13.32	38.06	500m:	6:29.73	40.05	900m:	11:54.81	41.00	1300m:	17:25.12	41.08
150m:	1:52.18	38.86	550m:	7:10.06	40.33	950m:	12:36.20	41.39	1350m:	18:06.67	41.55
200m:	2:31.32	39.14	600m:	7:50.22	40.16	1000m:	13:17.03	40.83	1400m:	18:46.78	40.11
250m:	3:11.00	39.68	650m:	8:30.66	40.44	1050m:	13:58.29	41.26	1450m:	19:27.75	40.97
300m:	3:50.01	39.01	700m:	9:10.86	40.20	1100m:	14:39.10	40.81	1500m:	20:05.29	37.54
350m:	4:29.64	39.63	750m:	9:51.91	41.05	1150m:	15:20.62	41.52			
400m:	5:09.81	40.17	800m:	10:32.33	40.42	1200m:	16:02.16	41.54			
35.	2006 I					20:12.64 I					437
50m:	36.85	36.85	450m:	6:01.86	40.67	850m:	11:28.44	40.63	1250m:	16:54.36	40.68
100m:	1:16.85	40.00	500m:	6:42.68	40.82	900m:	12:09.01	40.57	1300m:	17:34.98	40.62
150m:	1:57.30	40.45	550m:	7:23.75	41.07	950m:	12:49.91	40.90	1350m:	18:14.54	39.56
200m:	2:38.11	40.81	600m:	8:04.24	40.49	1000m:	13:30.70	40.79	1400m:	18:54.32	39.78
250m:	3:19.10	40.99	650m:	8:44.87	40.63	1050m:	14:11.47	40.77	1450m:	19:34.06	39.74
300m:	4:00.42	41.32	700m:	9:26.15	41.28	1100m:	14:52.49	41.02	1500m:	20:12.64	38.58
350m:	4:40.86	40.44	750m:	10:06.81	40.66	1150m:	15:32.62	40.13			
400m:	5:21.19	40.33	800m:	10:47.81	41.00	1200m:	16:13.68	41.06			
36.	2005 I					+0,72 20:20.90 I					428
50m:	37.65	37.65	450m:	6:04.73	40.84	850m:	11:31.40	40.88	1250m:	17:00.44	41.40
100m:	1:18.31	40.66	500m:	6:45.28	40.55	900m:	12:12.07	40.67	1300m:	17:41.37	40.93
150m:	1:59.32	41.01	550m:	7:26.51	41.23	950m:	12:53.52	41.45	1350m:	18:22.08	40.71
200m:	2:40.71	41.39	600m:	8:07.27	40.76	1000m:	13:34.41	40.89	1400m:	19:02.69	40.61
250m:	3:21.52	40.81	650m:	8:48.16	40.89	1050m:	14:16.23	41.82	1450m:	19:42.56	39.87
300m:	4:01.70	40.18	700m:	9:29.13	40.97	1100m:	14:57.19	40.96	1500m:	20:20.90	38.34
350m:	4:43.44	41.74	750m:	10:09.46	40.33	1150m:	15:38.36	41.17			
400m:	5:23.89	40.45	800m:	10:50.52	41.06	1200m:	16:19.04	40.68			
DNS	2005										
DNS	2004										

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40, , 1500m

40 , 1500m

(15-17)

21.02.2020 - 13:36

16:13.13

(ESP)

22.07.2003

16:13.13

(ESP)

22.07.2003

: FINA 2020

				/			R.T.			FINA		
1.				2005			+0,83 17:48.33			639		
	50m:	33.00	33.00	450m:	5:16.24	35.66	850m:	10:00.51	36.03	1250m:	14:49.99	36.50
	100m:	1:08.34	35.34	500m:	5:51.65	35.41	900m:	10:36.17	35.66	1300m:	15:26.54	36.55
	150m:	1:43.79	35.45	550m:	6:27.15	35.50	950m:	11:12.14	35.97	1350m:	16:02.55	36.01
	200m:	2:19.28	35.49	600m:	7:02.32	35.17	1000m:	11:47.89	35.75	1400m:	16:38.54	35.99
	250m:	2:54.70	35.42	650m:	7:37.91	35.59	1050m:	12:24.22	36.33	1450m:	17:13.45	34.91
	300m:	3:30.29	35.59	700m:	8:13.16	35.25	1100m:	13:00.41	36.19	1500m:	17:48.33	34.88
	350m:	4:05.38	35.09	750m:	8:48.91	35.75	1150m:	13:37.12	36.71			
	400m:	4:40.58	35.20	800m:	9:24.48	35.57	1200m:	14:13.49	36.37			
2.				2004			+0,88 18:04.63			611		
	50m:	31.51	31.51	450m:	5:16.85	35.53	850m:	10:07.61	36.59	1250m:	15:01.91	36.30
	100m:	1:06.26	34.75	500m:	5:52.51	35.66	900m:	10:44.41	36.80	1300m:	15:38.82	36.91
	150m:	1:41.93	35.67	550m:	6:28.55	36.04	950m:	11:20.79	36.38	1350m:	16:15.29	36.47
	200m:	2:18.07	36.14	600m:	7:04.62	36.07	1000m:	11:57.85	37.06	1400m:	16:52.78	37.49
	250m:	2:54.03	35.96	650m:	7:40.83	36.21	1050m:	12:34.57	36.72	1450m:	17:28.68	35.90
	300m:	3:29.83	35.80	700m:	8:17.64	36.81	1100m:	13:11.36	36.79	1500m:	18:04.63	35.95
	350m:	4:05.83	36.00	750m:	8:54.48	36.84	1150m:	13:48.40	37.04			
	400m:	4:41.32	35.49	800m:	9:31.02	36.54	1200m:	14:25.61	37.21			
3.				2005			+0,86 18:11.20			600		
	50m:	32.13	32.13	450m:	5:16.31	35.50	850m:	10:09.42	37.73	1250m:	15:07.59	37.07
	100m:	1:07.58	35.45	500m:	5:51.93	35.62	900m:	10:46.29	36.87	1300m:	15:45.18	37.59
	150m:	1:43.51	35.93	550m:	6:27.60	35.67	950m:	11:24.00	37.71	1350m:	16:22.29	37.11
	200m:	2:19.57	36.06	600m:	7:03.36	35.76	1000m:	12:01.16	37.16	1400m:	16:59.54	37.25
	250m:	2:54.48	34.91	650m:	7:39.52	36.16	1050m:	12:37.99	36.83	1450m:	17:36.21	36.67
	300m:	3:29.93	35.45	700m:	8:16.95	37.43	1100m:	13:15.61	37.62	1500m:	18:11.20	34.99
	350m:	4:05.85	35.92	750m:	8:54.52	37.57	1150m:	13:53.58	37.97			
	400m:	4:40.81	34.96	800m:	9:31.69	37.17	1200m:	14:30.52	36.94			
4.				2005 I			+1,04 18:20.73			584		
	50m:	33.49	33.49	450m:	5:29.25	37.38	850m:	10:25.41	37.03	1250m:	15:19.96	36.55
	100m:	1:09.43	35.94	500m:	6:05.82	36.57	900m:	11:01.93	36.52	1300m:	15:56.70	36.74
	150m:	1:46.90	37.47	550m:	6:43.00	37.18	950m:	11:39.04	37.11	1350m:	16:34.14	37.44
	200m:	2:23.94	37.04	600m:	7:19.68	36.68	1000m:	12:15.91	36.87	1400m:	17:10.60	36.46
	250m:	3:01.33	37.39	650m:	7:57.07	37.39	1050m:	12:52.90	36.99	1450m:	17:46.91	36.31
	300m:	3:38.07	36.74	700m:	8:34.00	36.93	1100m:	13:29.81	36.91	1500m:	18:20.73	33.82
	350m:	4:15.58	37.51	750m:	9:11.09	37.09	1150m:	14:06.61	36.80			
	400m:	4:51.87	36.29	800m:	9:48.38	37.29	1200m:	14:43.41	36.80			
5.				2005			+0,66 18:21.71			583		
	50m:	31.93	31.93	450m:	5:15.63	36.63	850m:	10:13.79	37.69	1250m:	15:14.78	37.45
	100m:	1:06.45	34.52	500m:	5:52.07	36.44	900m:	10:51.49	37.70	1300m:	15:52.64	37.86
	150m:	1:41.27	34.82	550m:	6:29.20	37.13	950m:	11:29.17	37.68	1350m:	16:30.38	37.74
	200m:	2:16.26	34.99	600m:	7:06.33	37.13	1000m:	12:06.96	37.79	1400m:	17:08.57	38.19
	250m:	2:51.52	35.26	650m:	7:43.63	37.30	1050m:	12:44.61	37.65	1450m:	17:45.74	37.17
	300m:	3:27.00	35.48	700m:	8:21.40	37.77	1100m:	13:22.16	37.55	1500m:	18:21.71	35.97
	350m:	4:02.95	35.95	750m:	8:59.02	37.62	1150m:	13:59.89	37.73			
	400m:	4:39.00	36.05	800m:	9:36.10	37.08	1200m:	14:37.33	37.44			

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, 18 - 21 2020

40, , 1500m , (15-17)

					R.T.				FINA			
6.	2005				+0,89 18:27.50				574			
	50m:	34.13	34.13	450m:	5:28.45	36.62	850m:	10:24.86	37.16	1250m:	15:22.82	37.26
	100m:	1:12.11	37.98	500m:	6:05.24	36.79	900m:	11:02.43	37.57	1300m:	16:00.31	37.49
	150m:	1:49.10	36.99	550m:	6:42.10	36.86	950m:	11:39.57	37.14	1350m:	16:37.45	37.14
	200m:	2:26.15	37.05	600m:	7:19.72	37.62	1000m:	12:16.91	37.34	1400m:	17:14.65	37.20
	250m:	3:02.64	36.49	650m:	7:56.35	36.63	1050m:	12:53.99	37.08	1450m:	17:51.77	37.12
	300m:	3:39.45	36.81	700m:	8:33.85	37.50	1100m:	13:30.99	37.00	1500m:	18:27.50	35.73
	350m:	4:16.26	36.81	750m:	9:10.67	36.82	1150m:	14:08.26	37.27			
	400m:	4:51.83	35.57	800m:	9:47.70	37.03	1200m:	14:45.56	37.30			
7.	2005				+0,96 18:32.66				566			
	50m:	32.34	32.34	450m:	5:26.50	36.97	850m:	10:24.03	37.74	1250m:	15:27.98	38.18
	100m:	1:08.74	36.40	500m:	6:03.64	37.14	900m:	11:01.60	37.57	1300m:	16:05.49	37.51
	150m:	1:45.27	36.53	550m:	6:40.66	37.02	950m:	11:39.90	38.30	1350m:	16:43.14	37.65
	200m:	2:22.60	37.33	600m:	7:17.47	36.81	1000m:	12:17.53	37.63	1400m:	17:20.72	37.58
	250m:	2:59.30	36.70	650m:	7:54.35	36.88	1050m:	12:55.88	38.35	1450m:	17:58.09	37.37
	300m:	3:36.02	36.72	700m:	8:31.45	37.10	1100m:	13:33.79	37.91	1500m:	18:32.66	34.57
	350m:	4:12.55	36.53	750m:	9:09.50	38.05	1150m:	14:11.90	38.11			
	400m:	4:49.53	36.98	800m:	9:46.29	36.79	1200m:	14:49.80	37.90			
8.	2005				+0,81 18:38.23				557			
	50m:	33.08	33.08	450m:	5:27.04	37.21	850m:	10:27.11	38.32	1250m:	15:30.89	38.19
	100m:	1:09.35	36.27	500m:	6:04.44	37.40	900m:	11:04.43	37.32	1300m:	16:08.68	37.79
	150m:	1:45.81	36.46	550m:	6:41.94	37.50	950m:	11:42.69	38.26	1350m:	16:46.91	38.23
	200m:	2:22.66	36.85	600m:	7:18.97	37.03	1000m:	12:20.26	37.57	1400m:	17:24.38	37.47
	250m:	2:59.28	36.62	650m:	7:56.68	37.71	1050m:	12:58.67	38.41	1450m:	18:01.99	37.61
	300m:	3:35.58	36.30	700m:	8:34.04	37.36	1100m:	13:36.38	37.71	1500m:	18:38.23	36.24
	350m:	4:12.71	37.13	750m:	9:11.50	37.46	1150m:	14:15.14	38.76			
	400m:	4:49.83	37.12	800m:	9:48.79	37.29	1200m:	14:52.70	37.56			
9.	2005 I				+0,97 18:48.19				543			
	50m:	34.98	34.98	450m:	5:39.13	37.48	850m:	10:41.76	37.66	1250m:	15:41.75	37.88
	100m:	1:13.35	38.37	500m:	6:16.62	37.49	900m:	11:19.24	37.48	1300m:	16:19.90	38.15
	150m:	1:51.56	38.21	550m:	6:54.72	38.10	950m:	11:56.58	37.34	1350m:	16:56.83	36.93
	200m:	2:29.97	38.41	600m:	7:33.13	38.41	1000m:	12:34.01	37.43	1400m:	17:34.61	37.78
	250m:	3:07.89	37.92	650m:	8:10.83	37.70	1050m:	13:10.95	36.94	1450m:	18:11.52	36.91
	300m:	3:45.78	37.89	700m:	8:48.80	37.97	1100m:	13:48.54	37.59	1500m:	18:48.19	36.67
	350m:	4:23.30	37.52	750m:	9:26.28	37.48	1150m:	14:25.61	37.07			
	400m:	5:01.65	38.35	800m:	10:04.10	37.82	1200m:	15:03.87	38.26			
10.	2003				+0,83 18:50.75				539			
	50m:	32.98	32.98	450m:	5:34.78	38.79	850m:	10:40.21	38.00	1250m:	15:45.31	38.12
	100m:	1:09.59	36.61	500m:	6:12.74	37.96	900m:	11:18.19	37.98	1300m:	16:23.24	37.93
	150m:	1:47.14	37.55	550m:	6:51.38	38.64	950m:	11:56.95	38.76	1350m:	17:01.49	38.25
	200m:	2:24.95	37.81	600m:	7:29.43	38.05	1000m:	12:34.41	37.46	1400m:	17:39.65	38.16
	250m:	3:02.87	37.92	650m:	8:07.90	38.47	1050m:	13:12.69	38.28	1450m:	18:16.58	36.93
	300m:	3:40.59	37.72	700m:	8:45.72	37.82	1100m:	13:50.64	37.95	1500m:	18:50.75	34.17
	350m:	4:18.82	38.23	750m:	9:23.84	38.12	1150m:	14:29.33	38.69			
	400m:	4:55.99	37.17	800m:	10:02.21	38.37	1200m:	15:07.19	37.86			

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40,		, 1500m				(15-17)		R.T.		FINA		
11.			2005					+0,85	18:52.31		537	
	50m:	31.00	31.00	450m:	5:31.16	38.78	850m:	10:37.30	38.46	1250m:	15:43.59	38.68
	100m:	1:06.25	35.25	500m:	6:09.19	38.03	900m:	11:14.84	37.54	1300m:	16:22.02	38.43
	150m:	1:43.83	37.58	550m:	6:47.29	38.10	950m:	11:53.56	38.72	1350m:	17:00.98	38.96
	200m:	2:21.25	37.42	600m:	7:25.24	37.95	1000m:	12:31.33	37.77	1400m:	17:38.73	37.75
	250m:	2:58.89	37.64	650m:	8:03.62	38.38	1050m:	13:09.81	38.48	1450m:	18:16.77	38.04
	300m:	3:35.94	37.05	700m:	8:41.86	38.24	1100m:	13:47.57	37.76	1500m:	18:52.31	35.54
	350m:	4:14.44	38.50	750m:	9:20.75	38.89	1150m:	14:26.51	38.94			
	400m:	4:52.38	37.94	800m:	9:58.84	38.09	1200m:	15:04.91	38.40			
12.			2005					+0,70	18:55.04	I	533	
	50m:	32.98	32.98	450m:	5:29.99	37.65	850m:	10:34.07	38.25	1250m:	15:44.14	39.45
	100m:	1:09.09	36.11	500m:	6:07.58	37.59	900m:	11:11.77	37.70	1300m:	16:22.62	38.48
	150m:	1:46.49	37.40	550m:	6:45.53	37.95	950m:	11:50.47	38.70	1350m:	17:01.48	38.86
	200m:	2:23.52	37.03	600m:	7:23.10	37.57	1000m:	12:28.90	38.43	1400m:	17:39.63	38.15
	250m:	3:00.94	37.42	650m:	8:01.77	38.67	1050m:	13:08.04	39.14	1450m:	18:18.69	39.06
	300m:	3:38.10	37.16	700m:	8:39.66	37.89	1100m:	13:46.70	38.66	1500m:	18:55.04	36.35
	350m:	4:15.09	36.99	750m:	9:18.19	38.53	1150m:	14:26.28	39.58			
	400m:	4:52.34	37.25	800m:	9:55.82	37.63	1200m:	15:04.69	38.41			
13.			2005					+0,81	18:55.18	I	533	
	50m:	33.65	33.65	450m:	5:32.62	37.62	850m:	10:38.82	38.33	1250m:	15:46.98	38.39
	100m:	1:10.47	36.82	500m:	6:10.58	37.96	900m:	11:17.33	38.51	1300m:	16:25.15	38.17
	150m:	1:47.68	37.21	550m:	6:48.58	38.00	950m:	11:55.79	38.46	1350m:	17:03.44	38.29
	200m:	2:25.49	37.81	600m:	7:26.86	38.28	1000m:	12:34.14	38.35	1400m:	17:41.21	37.77
	250m:	3:02.80	37.31	650m:	8:05.42	38.56	1050m:	13:12.67	38.53	1450m:	18:18.78	37.57
	300m:	3:40.10	37.30	700m:	8:43.94	38.52	1100m:	13:51.29	38.62	1500m:	18:55.18	36.40
	350m:	4:17.44	37.34	750m:	9:22.28	38.34	1150m:	14:29.95	38.66			
	400m:	4:55.00	37.56	800m:	10:00.49	38.21	1200m:	15:08.59	38.64			
14.			2005					+0,84	19:06.53	I	517	
	50m:	33.97	33.97	450m:	5:41.01	38.65	850m:	10:49.77	38.86	1250m:	15:58.51	38.86
	100m:	1:11.43	37.46	500m:	6:19.31	38.30	900m:	11:28.19	38.42	1300m:	16:36.85	38.34
	150m:	1:50.27	38.84	550m:	6:57.94	38.63	950m:	12:06.67	38.48	1350m:	17:15.04	38.19
	200m:	2:28.29	38.02	600m:	7:36.26	38.32	1000m:	12:44.95	38.28	1400m:	17:53.04	38.00
	250m:	3:06.88	38.59	650m:	8:14.93	38.67	1050m:	13:23.90	38.95	1450m:	18:31.45	38.41
	300m:	3:45.07	38.19	700m:	8:53.21	38.28	1100m:	14:02.20	38.30	1500m:	19:06.53	35.08
	350m:	4:23.96	38.89	750m:	9:32.29	39.08	1150m:	14:41.19	38.99			
	400m:	5:02.36	38.40	800m:	10:10.91	38.62	1200m:	15:19.65	38.46			
15.			2004	I				+0,79	19:06.93	I	516	
	50m:	33.68	33.68	450m:	5:35.27	37.90	850m:	10:42.29	38.11	1250m:	15:53.51	38.81
	100m:	1:10.43	36.75	500m:	6:13.53	38.26	900m:	11:21.50	39.21	1300m:	16:33.07	39.56
	150m:	1:48.08	37.65	550m:	6:52.07	38.54	950m:	11:59.92	38.42	1350m:	17:11.68	38.61
	200m:	2:25.78	37.70	600m:	7:30.29	38.22	1000m:	12:38.75	38.83	1400m:	17:50.67	38.99
	250m:	3:03.44	37.66	650m:	8:08.48	38.19	1050m:	13:17.49	38.74	1450m:	18:29.64	38.97
	300m:	3:41.32	37.88	700m:	8:47.20	38.72	1100m:	13:56.79	39.30	1500m:	19:06.93	37.29
	350m:	4:19.39	38.07	750m:	9:25.46	38.26	1150m:	14:35.64	38.85			
	400m:	4:57.37	37.98	800m:	10:04.18	38.72	1200m:	15:14.70	39.06			

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40, , 1500m , (15-17)

					R.T.				FINA			
16.	2004				+0,72 19:08.55 				514			
50m:	33.51	33.51	450m:	5:42.09	39.53	850m:	10:51.27	39.64	1250m:	16:01.37	38.24	
100m:	1:11.19	37.68	500m:	6:19.42	37.33	900m:	11:30.41	39.14	1300m:	16:39.27	37.90	
150m:	1:50.20	39.01	550m:	6:57.85	38.43	950m:	12:09.25	38.84	1350m:	17:17.93	38.66	
200m:	2:28.10	37.90	600m:	7:36.14	38.29	1000m:	12:47.94	38.69	1400m:	17:55.79	37.86	
250m:	3:07.34	39.24	650m:	8:15.10	38.96	1050m:	13:27.08	39.14	1450m:	18:32.64	36.85	
300m:	3:45.38	38.04	700m:	8:53.62	38.52	1100m:	14:05.62	38.54	1500m:	19:08.55	35.91	
350m:	4:24.11	38.73	750m:	9:32.63	39.01	1150m:	14:44.47	38.85				
400m:	5:02.56	38.45	800m:	10:11.63	39.00	1200m:	15:23.13	38.66				
17.	2004				+0,84 19:16.54 				504			
50m:	33.67	33.67	450m:	5:41.33	39.09	850m:	10:51.20	38.89	1250m:	16:03.84	39.68	
100m:	1:10.83	37.16	500m:	6:19.43	38.10	900m:	11:30.01	38.81	1300m:	16:42.73	38.89	
150m:	1:49.51	38.68	550m:	6:57.87	38.44	950m:	12:09.07	39.06	1350m:	17:22.56	39.83	
200m:	2:27.56	38.05	600m:	7:36.48	38.61	1000m:	12:47.77	38.70	1400m:	18:01.17	38.61	
250m:	3:06.30	38.74	650m:	8:15.77	39.29	1050m:	13:27.07	39.30	1450m:	18:40.08	38.91	
300m:	3:44.57	38.27	700m:	8:54.19	38.42	1100m:	14:05.96	38.89	1500m:	19:16.54	36.46	
350m:	4:23.55	38.98	750m:	9:33.72	39.53	1150m:	14:45.31	39.35				
400m:	5:02.24	38.69	800m:	10:12.31	38.59	1200m:	15:24.16	38.85				
18.	2005				+1,14 20:04.26 				446			
50m:	34.95	34.95	450m:	5:54.79	40.61	850m:	11:21.50	41.12	1250m:	16:47.66	41.43	
100m:	1:13.38	38.43	500m:	6:35.47	40.68	900m:	12:02.84	41.34	1300m:	17:28.41	40.75	
150m:	1:53.57	40.19	550m:	7:15.48	40.01	950m:	12:43.05	40.21	1350m:	18:07.88	39.47	
200m:	2:33.41	39.84	600m:	7:56.99	41.51	1000m:	13:23.94	40.89	1400m:	18:47.78	39.90	
250m:	3:13.18	39.77	650m:	8:37.26	40.27	1050m:	14:04.34	40.40	1450m:	19:27.07	39.29	
300m:	3:53.97	40.79	700m:	9:18.90	41.64	1100m:	14:45.54	41.20	1500m:	20:04.26	37.19	
350m:	4:33.88	39.91	750m:	9:59.82	40.92	1150m:	15:26.19	40.65				
400m:	5:14.18	40.30	800m:	10:40.38	40.56	1200m:	16:06.23	40.04				
19.	2005				+0,72 20:20.90 				428			
50m:	37.65	37.65	450m:	6:04.73	40.84	850m:	11:31.40	40.88	1250m:	17:00.44	41.40	
100m:	1:18.31	40.66	500m:	6:45.28	40.55	900m:	12:12.07	40.67	1300m:	17:41.37	40.93	
150m:	1:59.32	41.01	550m:	7:26.51	41.23	950m:	12:53.52	41.45	1350m:	18:22.08	40.71	
200m:	2:40.71	41.39	600m:	8:07.27	40.76	1000m:	13:34.41	40.89	1400m:	19:02.69	40.61	
250m:	3:21.52	40.81	650m:	8:48.16	40.89	1050m:	14:16.23	41.82	1450m:	19:42.56	39.87	
300m:	4:01.70	40.18	700m:	9:29.13	40.97	1100m:	14:57.19	40.96	1500m:	20:20.90	38.34	
350m:	4:43.44	41.74	750m:	10:09.46	40.33	1150m:	15:38.36	41.17				
400m:	5:23.89	40.45	800m:	10:50.52	41.06	1200m:	16:19.04	40.68				
DNS	2005											
DNS	2004											