



ЧЕМПИОНАТ РОССИИ ПО ПЛАВАНИЮ

113

, 400m

18.04.2012 - 17:14

4:03.84	PHELPS Michael	USA	Beijing (CHN)	10.08.2008
4:06.16	CSEH Laszlo	HUN	Beijing (CHN)	10.08.2008
4:13.14				26.04.2009

OQT : 4:16.46 / OST : 4:25.44

: FINA 2011

									RT	FINA			
A													
1.				1988						+0,73	4:15.24	871	
	50m:	27.53	27.53	150m:	1:30.32	32.61	250m:	2:38.36	35.93	350m:	3:45.15	30.58	
	100m:	57.71	30.18	200m:	2:02.43	32.11	300m:	3:14.57	36.21	400m:	4:15.24	30.09	
2.				1991						+0,84	4:20.88	816	
	50m:	26.58	26.58	150m:	1:31.81	34.51	250m:	2:42.10	36.95	350m:	3:50.89	31.43	
	100m:	57.30	30.72	200m:	2:05.15	33.34	300m:	3:19.46	37.36	400m:	4:20.88	29.99	
3.				1984						+0,72	4:21.15	814	
	50m:	27.45	27.45	150m:	1:32.82	34.78	250m:	2:43.70	36.74	350m:	3:50.83	30.60	
	100m:	58.04	30.59	200m:	2:06.96	34.14	300m:	3:20.23	36.53	400m:	4:21.15	30.32	
4.				1988						+0,74	4:21.52	810	
	50m:	27.62	27.62	150m:	1:31.99	33.74	250m:	2:42.29	37.29	350m:	3:51.74	30.75	
	100m:	58.25	30.63	200m:	2:05.00	33.01	300m:	3:20.99	38.70	400m:	4:21.52	29.78	
5.				1990						+0,71	4:23.13	795	
	50m:	27.58	27.58	150m:	1:34.11	35.10	250m:	2:45.30	37.03	350m:	3:53.16	30.50	
	100m:	59.01	31.43	200m:	2:08.27	34.16	300m:	3:22.66	37.36	400m:	4:23.13	29.97	
6.				1991						+0,67	4:24.23	785	
	50m:	27.11	27.11	150m:	1:32.82	34.84	250m:	2:45.52	38.19	350m:	3:54.35	30.43	
	100m:	57.98	30.87	200m:	2:07.33	34.51	300m:	3:23.92	38.40	400m:	4:24.23	29.88	
7.				1992						+0,73	4:25.85	771	
	50m:	27.53	27.53	150m:	1:34.51	35.22	250m:	2:46.70	37.72	350m:	3:55.79	31.42	
	100m:	59.29	31.76	200m:	2:08.98	34.47	300m:	3:24.37	37.67	400m:	4:25.85	30.06	
8.				1992						+0,72	4:29.43	741	
	50m:	27.05	27.05	150m:	1:32.47	33.81	250m:	2:45.33	38.69	350m:	3:57.44	33.05	
	100m:	58.66	31.61	200m:	2:06.64	34.17	300m:	3:24.39	39.06	400m:	4:29.43	31.99	

