



ЧЕМПИОНАТ РОССИИ ПО ПЛАВАНИЮ

105

, 400m

17.04.2012 - 17:40

4:29.45	RICE Stephanie	AUS	Beijing (CHN)	10.08.2008
4:30.31	HOSSZU Katinka	HUN	Rome (ITA)	02.08.2009
4:36.25			(CHN)	09.08.2008

OQT : 4:41.75 / OST : 4:51.75

: FINA 2011

								RT		FINA		
A												
1.				1988				+0,80	4:38.69		903	
	50m:	29.92	29.92	150m:	1:38.93	34.83	250m:	2:53.42	39.99	350m:	4:06.64	32.91
	100m:	1:04.10	34.18	200m:	2:13.43	34.50	300m:	3:33.73	40.31	400m:	4:38.69	32.05
2.				1986				+0,78	4:45.24		842	
	50m:	31.81	31.81	150m:	1:44.11	37.80	250m:	3:01.14	39.69	350m:	4:13.24	32.05
	100m:	1:06.31	34.50	200m:	2:21.45	37.34	300m:	3:41.19	40.05	400m:	4:45.24	32.00
3.				1995				+0,81	4:47.39		824	
	50m:	30.90	30.90	150m:	1:44.18	37.84	250m:	3:01.41	40.54	350m:	4:15.25	33.10
	100m:	1:06.34	35.44	200m:	2:20.87	36.69	300m:	3:42.15	40.74	400m:	4:47.39	32.14
4.				1990				+0,76	4:48.03		818	
	50m:	31.56	31.56	150m:	1:41.28	36.49	250m:	2:59.35	42.47	350m:	4:14.78	33.66
	100m:	1:04.79	33.23	200m:	2:16.88	35.60	300m:	3:41.12	41.77	400m:	4:48.03	33.25
5.				1993				+0,85	4:49.31		807	
	50m:	30.61	30.61	150m:	1:42.76	37.84	250m:	3:01.39	42.37	350m:	4:17.19	33.99
	100m:	1:04.92	34.31	200m:	2:19.02	36.26	300m:	3:43.20	41.81	400m:	4:49.31	32.12
6.				1988				+0,84	4:49.45		806	
	50m:	30.69	30.69	150m:	1:43.67	38.01	250m:	3:02.81	42.26	350m:	4:17.41	34.25
	100m:	1:05.66	34.97	200m:	2:20.55	36.88	300m:	3:43.16	40.35	400m:	4:49.45	32.04
7.				1983				+0,78	4:57.68		741	
	50m:	31.82	31.82	150m:	1:46.78	38.83	250m:	3:06.07	41.22	350m:	4:24.21	35.67
	100m:	1:07.95	36.13	200m:	2:24.85	38.07	300m:	3:48.54	42.47	400m:	4:57.68	33.47
8.				1992				+0,77	4:58.15		738	
	50m:	30.70	30.70	150m:	1:46.03	39.87	250m:	3:06.98	42.06	350m:	4:24.27	35.43
	100m:	1:06.16	35.46	200m:	2:24.92	38.89	300m:	3:48.84	41.86	400m:	4:58.15	33.88

