



МЕЖДУНАРОДНЫЕ СОРЕВНОВАНИЯ НА ПРИЗЫ
ВСЕРОССИЙСКОЙ ФЕДЕРАЦИИ ПЛАВАНИЯ

RSF International Swimming Competitions

2012

5

, 400m

17.03.2012 - 10:13

WR	4:29.45	RICE Stephanie	AUS	Beijing (CHN)	10.08.2008
ER	4:30.31	HOSSZU Katinka	HUN	Rome (ITA)	02.08.2009
NR	4:36.25			(CHN)	09.08.2008

OQT : 4:41.75 / OST : 4:51.75

: FINA 2012

1.				1988	RUS				+0,79	4:45.92	836	A
	50m:	30.41	30.41	150m:	1:41.67	36.88	250m:	2:58.36	40.42	350m:	4:13.20	33.85
	100m:	1:04.79	34.38	200m:	2:17.94	36.27	300m:	3:39.35	40.99	400m:	4:45.92	32.72
2.				1995	RUS				+0,75	4:53.40	774	A
	50m:	31.07	31.07	150m:	1:46.66	39.48	250m:	3:04.29	38.85	350m:	4:18.94	34.22
	100m:	1:07.18	36.11	200m:	2:25.44	38.78	300m:	3:44.72	40.43	400m:	4:53.40	34.46
3.				1995	RUS				+0,89	4:55.06	761	A
	50m:	31.08	31.08	150m:	1:44.33	37.79	250m:	3:03.20	42.08	350m:	4:20.55	34.84
	100m:	1:06.54	35.46	200m:	2:21.12	36.79	300m:	3:45.71	42.51	400m:	4:55.06	34.51
4.				1993	RUS				+0,85	4:56.44	750	A
	50m:	31.65	31.65	150m:	1:47.16	39.12	250m:	3:07.94	42.69	350m:	4:24.98	34.03
	100m:	1:08.04	36.39	200m:	2:25.25	38.09	300m:	3:50.61	42.67	400m:	4:56.44	1:05.83
5.				1988	SLO				+0,86	4:56.50	750	A
	50m:	31.68	31.68	150m:	1:46.40	38.89	250m:	3:07.83	42.79	350m:	4:24.98	34.03
	100m:	1:07.51	35.83	200m:	2:25.04	38.64	300m:	3:50.95	43.12	400m:	4:56.50	31.52
6.				1988	RUS				+0,56	5:02.53	706	A
	50m:	32.38	32.38	150m:	1:50.11	40.54	250m:	3:12.40	43.41	350m:	4:29.77	34.77
	100m:	1:09.57	37.19	200m:	2:28.99	38.88	300m:	3:55.00	42.60	400m:	5:02.53	32.76
7.				1993	RUS				+0,79	5:03.67	698	A
	50m:	32.66	32.66	150m:	1:50.43	40.30	250m:	3:13.14	43.20	350m:	4:30.99	34.38
	100m:	1:10.13	37.47	200m:	2:29.94	39.51	300m:	3:56.61	43.47	400m:	5:03.67	32.68
8.				1996	RUS				+0,57	5:10.04	656	A
	50m:	32.16	32.16	150m:	1:48.58	40.47	250m:	3:13.54	45.46	350m:	4:34.27	35.55
	100m:	1:08.11	35.95	200m:	2:28.08	39.50	300m:	3:58.72	45.18	400m:	5:10.04	35.77
9.				1995	RUS				+1,02	5:18.21	607	R
	50m:	32.90	32.90	150m:	1:51.32	40.82	250m:	3:17.48		350m:	4:40.73	
	100m:	1:10.50	37.60	200m:	4:03.05	2:11.73	300m:	5:18.21	2:00.73	400m:	5:18.21	37.48

