



МЕЖДУНАРОДНЫЕ СОРЕВНОВАНИЯ НА ПРИЗЫ
ВСЕРОССИЙСКОЙ ФЕДЕРАЦИИ ПЛАВАНИЯ

RSF International Swimming Competitions

2012

21

, 400m

18.03.2012 - 10:13

WR	4:03.84	PHELPS Michael	USA	Beijing (CHN)	10.08.2008
ER	4:06.16	CSEH Laszlo	HUN	Beijing (CHN)	10.08.2008
NR	4:13.14				26.04.2009

OQT : 4:16.46 / OST : 4:25.44

: FINA 2012

1.				1984	RUS				+0,74	4:30.38	733	A
	50m:	28.13	28.13	150m:	1:37.91	37.10	250m:	2:50.74	37.48	350m:	4:00.50	31.67
	100m:	1:00.81	32.68	200m:	2:13.26	35.35	300m:	3:28.83	38.09	400m:	4:30.38	29.88
2.				1995	RUS				+0,64	4:30.80	730	A
	50m:	28.47	28.47	150m:	1:38.34	36.04	250m:	2:50.78	37.24	350m:	4:00.45	32.37
	100m:	1:02.30	33.83	200m:	2:13.54	35.20	300m:	3:28.08	37.30	400m:	4:30.80	30.35
3.				1991	RUS				+0,80	4:31.28	726	A
	50m:	27.77	27.77	150m:	1:35.18	35.41	250m:	2:48.15	37.91	350m:	3:59.33	32.55
	100m:	59.77	32.00	200m:	2:10.24	35.06	300m:	3:26.78	38.63	400m:	4:31.28	31.95
4.				1990	RUS					4:32.82	713	A
	50m:	28.38	28.38	150m:	1:38.42	36.61	250m:	2:52.21	37.17	350m:	4:02.25	32.34
	100m:	1:01.81	33.43	200m:	2:15.04	36.62	300m:	3:29.91	37.70	400m:	4:32.82	30.57
5.				1991	RUS				+0,74	4:35.14	696	A
	50m:	29.29	29.29	150m:	1:38.99	36.91	250m:	2:52.96	38.55	350m:	4:03.67	32.06
	100m:	1:02.08	32.79	200m:	2:14.41	35.42	300m:	3:31.61	38.65	400m:	4:35.14	31.47
6.				1995	RUS	-				4:35.74	691	A
	50m:	29.22	29.22	150m:	1:38.60	36.46	250m:	2:53.48	38.29	350m:	4:05.77	33.75
	100m:	1:02.14	32.92	200m:	2:15.19	36.59	300m:	3:32.02	38.54	400m:	4:35.74	29.97
7.				1992	RUS				+0,89	4:35.79	691	A
	50m:	29.60	29.60	150m:	1:40.14	36.28	250m:	2:55.03	40.29	350m:	4:06.58	30.65
	100m:	1:03.86	34.26	200m:	2:14.74	34.60	300m:	3:35.93	40.90	400m:	4:35.79	29.21
8.				1989	RUS				+0,83	4:36.34	687	A
	50m:	29.47	29.47	150m:	1:40.22	36.89	250m:	2:55.45	40.05	350m:	4:06.78	31.63
	100m:	1:03.33	33.86	200m:	2:15.40	35.18	300m:	3:35.15	39.70	400m:	4:36.34	29.56
9.				1993	RUS				+0,68	4:37.80	676	R
	50m:	28.90	28.90	150m:	1:38.56	36.01	250m:	2:53.13	39.54	350m:	4:06.53	33.07
	100m:	1:02.55	33.65	200m:	2:13.59	35.03	300m:	3:33.46	40.33	400m:	4:37.80	31.27
10.				1989	SLO				+0,78	4:38.82	668	R
	50m:	28.22	28.22	150m:	1:36.84	35.95	250m:	2:53.71	41.70	350m:	4:08.05	31.85
	100m:	1:00.89	32.67	200m:	2:12.01	35.17	300m:	3:36.20	42.49	400m:	4:38.82	30.77
11.				1995	RUS	-			+0,67	4:39.09	666	
	50m:	30.11	30.11	150m:	1:42.51	37.09	250m:	2:56.53	38.14	350m:	4:09.18	33.35
	100m:	1:05.42	35.31	200m:	2:18.39	35.88	300m:	3:35.83	39.30	400m:	4:39.09	29.91
12.				1992	RUS				+0,84	4:40.97	653	
	50m:	29.43	29.43	150m:	1:41.85	37.72	250m:	2:57.77	38.93	350m:	4:09.68	32.46
	100m:	1:04.13	34.70	200m:	2:18.84	36.99	300m:	3:37.22	39.45	400m:	4:40.97	31.29
13.				1995	RUS	-			+0,78	4:44.92	626	
	50m:	29.07	29.07	150m:	1:42.09	37.89	250m:	2:59.92	41.54	350m:	4:14.63	32.66
	100m:	1:04.20	35.13	200m:	2:18.38	36.29	300m:	3:41.97	42.05	400m:	4:44.92	30.29
14.				1994	RUS				+0,83	4:46.21	618	
	50m:	29.11	29.11	150m:	1:40.97	38.31	250m:	2:59.24	41.36	350m:	4:46.21	31.76
	100m:	1:02.66	33.55	200m:	2:17.88	36.91	350m:	4:14.45	1:15.21			





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15.				1995	RUS	-			+0,78	4:46.23	618	
	50m:	28.32	28.32	150m:	1:37.92	35.99	250m:	2:55.80	41.83	350m:	4:12.47	33.71
	100m:	1:01.93	33.61	200m:	2:13.97	36.05	300m:	3:38.76	42.96	400m:	4:46.23	33.76
16.				1990	RUS	-			+0,61	4:46.29	617	
	50m:	29.04	29.04	150m:	1:40.60	36.38	250m:	2:56.57	39.82	350m:	4:11.21	33.56
	100m:	1:04.22	35.18	200m:	2:16.75	36.15	300m:	3:37.65	41.08	400m:	4:46.29	35.08
17.				1994	RUS	-			+0,75	4:51.07	587	
	50m:	29.57	29.57	150m:	1:42.57	37.39	250m:	3:00.89	41.86	350m:	4:17.79	35.03
	100m:	1:05.18	35.61	200m:	2:19.03	36.46	300m:	3:42.76	41.87	400m:	4:51.07	33.28
DSQ				1991	RUS							

