



МЕЖДУНАРОДНЫЕ СОРЕВНОВАНИЯ НА ПРИЗЫ  
ВСЕРОССИЙСКОЙ ФЕДЕРАЦИИ ПЛАВАНИЯ

RSF International Swimming Competitions

2012

121

, 400m

18.03.2012 - 17:28

WR	4:03.84	PHELPS Michael	USA	Beijing (CHN)	10.08.2008
ER	4:06.16	CSEH Laszlo	HUN	Beijing (CHN)	10.08.2008
NR	4:13.14				26.04.2009

OQT : 4:16.46 / OST : 4:25.44

: FINA 2012

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1.				1984	RUS				+0,74	<b>4:24.18</b>	786	
	50m:	27.77	27.77	150m:	1:34.79	35.15	250m:	2:46.15	37.29	350m:	3:54.30	30.36
	100m:	59.64	31.87	200m:	2:08.86	34.07	300m:	3:23.94	37.79	400m:	4:24.18	29.88
2.				1991	RUS				+0,81	<b>4:24.81</b>	780	
	50m:	26.99	26.99	150m:	1:34.04	34.58	250m:	2:45.02	37.05	350m:	3:54.68	31.57
	100m:	59.46	32.47	200m:	2:07.97	33.93	300m:	3:23.11	38.09	400m:	4:24.81	30.13
3.				1990	RUS				+0,70	<b>4:26.76</b>	763	
	50m:	27.39	27.39	150m:	1:34.11	34.57	250m:	2:45.98		400m:	4:26.76	31.09
	100m:	59.54	32.15	200m:	3:24.04	1:49.93	350m:	3:55.67	1:09.69			
4.				1991	RUS					<b>4:29.71</b>	738	
	50m:	27.76	27.76	150m:	1:36.09	36.34	250m:	2:48.90	38.09	350m:	3:59.04	31.80
	100m:	59.75	31.99	200m:	2:10.81	34.72	300m:	3:27.24	38.34	400m:	4:29.71	30.67
5.				1989	RUS				+0,79	<b>4:34.00</b>	704	
	50m:	28.55	28.55	150m:	1:36.74	36.29	250m:	2:51.03	39.42	350m:	4:02.72	31.62
	100m:	1:00.45	31.90	200m:	2:11.61	34.87	300m:	3:31.10	40.07	400m:	4:34.00	31.28
6.				1995	RUS				+0,67	<b>4:34.30</b>	702	
	50m:	29.23	29.23	200m:	2:16.61	1:13.84	300m:	3:32.06	37.91	400m:	4:34.30	29.59
	100m:	1:02.77	33.54	250m:	2:54.15	37.54	350m:	4:04.71	32.65			
				1995	RUS	-			+0,62	<b>4:34.30</b>	702	
	50m:	27.30	27.30	150m:	1:36.19	36.93	250m:	2:50.70	38.19	350m:	4:04.22	33.98
	100m:	59.26	31.96	200m:	2:12.51	36.32	300m:	3:30.24	39.54	400m:	4:34.30	30.08
8.				1992	RUS				+0,92	<b>4:44.32</b>	630	
	50m:	30.49	30.49	150m:	1:44.84	37.44	250m:	3:01.52	40.83	350m:	4:14.69	31.87
	100m:	1:07.40	36.91	200m:	2:20.69	35.85	300m:	3:42.82	41.30	400m:	4:44.32	29.63

