



МЕЖДУНАРОДНЫЕ СОРЕВНОВАНИЯ НА ПРИЗЫ  
ВСЕРОССИЙСКОЙ ФЕДЕРАЦИИ ПЛАВАНИЯ

RSF International Swimming Competitions

2012

116

, 400m

17.03.2012 - 18:45

WR	3:40.07	BIEDERMANN Paul	GER	Rome (ITA)	26.07.2009
ER	3:40.07	BIEDERMANN Paul	GER	Rome (ITA)	26.07.2009
NR	3:43.45			(CHN)	09.08.2008

OQT : 3:48.92 / OST : 3:54.13

: FINA 2012

A											
1.				1988	RUS	-		+0,74	<b>3:52.06</b>	852	
	50m:	27.01	27.01	150m:	1:26.70	30.01	250m:	2:26.55	29.69	350m: 3:24.81	28.94
	100m:	56.69	29.68	200m:	1:56.86	30.16	300m:	2:55.87	29.32	400m: 3:52.06	27.25
2.				1992	RUS			+0,89	<b>3:52.63</b>	846	
	50m:	27.06	27.06	150m:	1:26.54	29.56	250m:	2:26.16	29.18	350m: 3:24.17	29.00
	100m:	56.98	29.92	200m:	1:56.98	30.44	300m:	2:55.17	29.01	400m: 3:52.63	28.46
3.				1990	RUS			+0,87	<b>3:56.17</b>	809	
	50m:	27.07	27.07	150m:	1:27.26	30.54	250m:	2:28.15	30.61	350m: 3:27.93	29.57
	100m:	56.72	29.65	200m:	1:57.54	30.28	300m:	2:58.36	30.21	400m: 3:56.17	28.24
4.				1990	RUS			+0,73	<b>3:56.31</b>	807	
	50m:	27.01	27.01	150m:	1:26.49	29.93	250m:	2:26.86	29.99	350m: 3:27.49	30.43
	100m:	56.56	29.55	200m:	1:56.87	30.38	300m:	2:57.06	30.20	400m: 3:56.31	28.82
5.				1990	RUS			+0,80	<b>3:57.99</b>	790	
	50m:	26.85	26.85	150m:	1:27.60	30.81	250m:	2:28.50	29.84	350m: 3:28.79	30.41
	100m:	56.79	29.94	200m:	1:58.66	31.06	300m:	2:58.38	29.88	400m: 3:57.99	29.20
6.				1988	RUS			+0,77	<b>3:59.32</b>	777	
	50m:	27.45	27.45	150m:	1:27.36	30.26	250m:	2:28.36	30.61	350m: 3:29.26	30.42
	100m:	57.10	29.65	200m:	1:57.75	30.39	300m:	2:58.84	30.48	400m: 3:59.32	30.06
7.				1994	RUS	-		+0,66	<b>3:59.91</b>	771	
	50m:	27.02	27.02	150m:	1:27.45	30.67	250m:	2:29.13	30.77	350m: 3:30.47	30.43
	100m:	56.78	29.76	200m:	1:58.36	30.91	300m:	3:00.04	30.91	400m: 3:59.91	29.44
8.				1992	RUS			+0,78	<b>4:04.31</b>	730	
	50m:	27.22	27.22	150m:	1:26.44	30.44	250m:	2:28.45	31.15	350m: 3:33.02	32.42
	100m:	56.00	28.78	200m:	1:57.30	30.86	300m:	3:00.60	32.15	400m: 4:04.31	31.29

