

1.	, 100m				
1.		2006	- 1	<b>1:04.08</b>	648
2.		2000		<b>1:05.11</b>	618
3.		2000	- 1	<b>1:05.17</b>	616
1.	, 100m				(15-17 )
1.		2005		<b>1:06.48</b>	581
2.		2004		<b>1:11.32  </b>	470
3.		2003		<b>1:11.34  </b>	470
2.	, 100m				
1.		2000		<b>54.41</b>	752
2.		2000		<b>56.43</b>	674
3.		1996		<b>56.45</b>	674
2.	, 100m				(17-18 )
1.		2002	- 1	<b>58.43</b>	608
2.		2003	- 1	<b>58.53</b>	604
3.		2002		<b>58.99</b>	590
3.	, 100m				
1.		2004		<b>1:04.06</b>	725
2.		2002		<b>1:05.70</b>	672
3.		1997		<b>1:07.53</b>	619
3.	, 100m				(15-17 )
1.		2004		<b>1:04.06</b>	725
2.		2004	- 1	<b>1:07.69</b>	615
3.		2003		<b>1:08.04</b>	605
4.	, 100m				
1.		2004		<b>56.26</b>	782
2.		2002		<b>58.94</b>	680
3.		1992	- 1	<b>59.24</b>	670

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4.	, 100m				(17-18 )
1.		2002		<b>58.94</b>	680
2.		2003	- 1	<b>1:01.00</b>	614
3.		2002		<b>1:02.66</b>	566
5.	, 100m				
1.		2002		<b>58.10</b>	705
2.		2006	- 1	<b>58.15</b>	703
3.		2000		<b>1:00.82</b>	614
5.	, 100m				(15-17 )
1.		2003		<b>1:01.05</b>	607
2.		2004	- 1	<b>1:01.96</b>	581
3.		2004		<b>1:02.09</b>	577
6.	, 100m				
1.		2000		<b>51.12</b>	772
2.		1995	- 1	<b>52.15</b>	727
3.		1994		<b>52.82</b>	700
6.	, 100m				(17-18 )
1.		2002		<b>54.11</b>	651
2.		2002	- 1	<b>54.44</b>	639
3.		2002	- 1	<b>54.56</b>	635
7.	, 50m				
1.		1989		<b>28.27</b>	773
2.		1997		<b>28.39</b>	763
3.		1983		<b>29.11</b>	708
7.	, 50m				(17-18 )
1.		2003	- 1	<b>30.84</b>	595
2.		2003		<b>30.89</b>	592
3.		2003		<b>31.11</b>	580
8.	, 50m				
1.		2007		<b>33.10</b>	700
2.		2002		<b>33.27</b>	690
3.		2006		<b>34.26</b>	631

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8. , 50m (15-17 )

1.	2003		<b>34.54</b>	616
2.	2003		<b>34.64</b>	611
3.	2005		<b>35.40</b>	572

9. , 400m

1.	2002		<b>4:36.36</b>	626
2.	2004		<b>4:40.73</b>	597
3.	2006		<b>4:41.40</b>	593

9. , 400m (15-17 )

1.	2004		<b>4:40.73</b>	597
2.	2004	( )	<b>4:44.95</b>	571
3.	2005		<b>4:46.31</b>	563

10. , 400m

1.	2004		<b>4:12.57</b>	661
2.	2001		<b>4:13.68</b>	652
3.	1999	- 1	<b>4:13.86</b>	651

10. , 400m (17-18 )

1.	2003	- 1	<b>4:19.51</b>	609
2.	2003		<b>4:24.58</b>	575
3.	2003		<b>4:26.07</b>	565

11. , 400m

1.	2005		<b>5:08.25</b>	645
2.	2006		<b>5:19.20</b>	581
3.	2002	( )	<b>5:27.68</b>	537

11. , 400m (15-17 )

1.	2005		<b>5:08.25</b>	645
2.	2003		<b>5:39.20</b>	484
3.	2005		<b>5:43.44</b>	466

12. , 400m

1.	1997		<b>4:38.58</b>	670
2.	2004		<b>4:42.57</b>	642
3.	2001		<b>4:51.08</b>	587

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12.	, 400m				(17-18 )
1.		2002	( )	<b>4:51.94</b>	582
2.		2003		<b>5:04.83</b>	511
3.		2002		<b>5:10.56</b>	484
13.	, 200m				
1.		2005		<b>2:39.90</b>	658
2.		2007		<b>2:40.82</b>	647
3.		2006		<b>2:41.59</b>	638
13.	, 200m				(15-17 )
1.		2005		<b>2:39.90</b>	658
2.		2005		<b>2:51.67</b>	532
3.		2003		<b>2:54.82</b>	503
14.	, 200m				
1.		2004		<b>2:22.65</b>	691
2.		1997		<b>2:22.80</b>	688
3.		2003		<b>2:29.08</b>	605
14.	, 200m				(17-18 )
1.		2003		<b>2:29.08</b>	605
2.		2003	- 1	<b>2:29.31</b>	602
3.		2003		<b>2:30.35</b>	590
15.	, 200m				
1.		2000		<b>2:09.08</b>	631
2.		2001		<b>2:10.11</b>	616
3.		1995	- 1	<b>2:10.42</b>	612
15.	, 200m				(17-18 )
1.		2003		<b>2:11.02</b>	603
2.		2002		<b>2:15.50</b>	545
3.		2002	- 1	<b>2:15.79</b>	542
16.	, 200m				
1.		2007		<b>2:34.13</b>	493
2.		2003		<b>2:36.20</b>	474
3.		2003		<b>2:44.56</b>	405

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16.	, 200m					(15-17 )
1.		2003			<b>2:36.20</b>	474
2.		2003			<b>2:44.56</b>	405
3.		2003			<b>2:45.76</b>	396
17.	, 50m					
1.		2004			<b>25.87</b>	798
2.		1992		- 1	<b>26.79</b>	718
3.		2000			<b>27.34</b>	676
17.	, 50m					(17-18 )
1.		2003		- 1	<b>27.65</b>	653
2.		2002			<b>27.83</b>	641
3.		2003			<b>28.39</b>	604
18.	, 50m					
1.		2004			<b>29.94</b>	731
2.		2002			<b>30.24</b>	710
3.		2000		- 1	<b>30.60</b>	685
18.	, 50m					(15-17 )
1.		2004			<b>29.94</b>	731
2.		2003			<b>31.36</b>	636
3.		2004		- 1	<b>31.66</b>	618
19.	, 4 x 200m					
1.					<b>9:02.95</b>	614
2.					<b>9:06.37</b>	602
3.		- 1		- 1	<b>9:11.16</b>	587
20.	, 4 x 200m					
1.					<b>7:54.54</b>	686
2.					<b>7:54.85</b>	684
3.		- 1		- 1	<b>7:56.73</b>	676
21.	, 200m					
1.		2002			<b>2:08.58</b>	678
2.		2006		- 1	<b>2:11.68</b>	631
3.		2002		( )	<b>2:13.38</b>	607

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21.	, 200m				(15-17 )
1.		2005		<b>2:14.68</b>	590
2.		2004	( )	<b>2:15.66</b>	577
3.		2004		<b>2:15.90</b>	574
22.	, 200m				
1.		2004		<b>2:18.95</b>	699
2.		2005		<b>2:23.20</b>	639
3.		2006		<b>2:29.60</b>	560
22.	, 200m				(15-17 )
1.		2004		<b>2:18.95</b>	699
2.		2005		<b>2:23.20</b>	639
3.		2005	- 1	<b>2:35.84</b>	495
23.	, 200m				
1.		2004		<b>2:03.35</b>	746
2.		2002		<b>2:08.54</b>	660
3.		2004		<b>2:13.02</b>	595
23.	, 200m				(17-18 )
1.		2002		<b>2:08.54</b>	660
2.		2003	- 1	<b>2:16.70</b>	548
3.		2003		<b>2:19.02</b>	521
24.	, 100m				
1.		2002		<b>1:14.20</b>	645
2.		2007		<b>1:14.22</b>	645
3.		2005		<b>1:14.90</b>	627
24.	, 100m				(15-17 )
1.		2005		<b>1:14.90</b>	627
2.		2003		<b>1:18.21</b>	551
3.		2003		<b>1:20.45</b>	506
25.	, 50m				
1.		1996		<b>24.97</b>	709
2.		2000		<b>25.11</b>	697
3.		2004		<b>25.53</b>	663

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25.	, 50m				(17-18 )
1.		2002	- 1	<b>25.59</b>	659
2.		2002		<b>26.36</b>	603
3.		2003		<b>26.47</b>	595
26.	, 50m				
1.		2000	- 1	<b>28.14</b>	654
2.		2006	- 1	<b>28.41</b>	635
3.		2000		<b>28.70</b>	616
26.	, 50m				(15-17 )
1.		2004		<b>30.17</b>	530
2.		2003		<b>30.25</b>	526
3.		2003		<b>30.32</b>	523
27.	, 4 x 100m				
1.				<b>3:32.97</b>	690
2.	- 1		- 1	<b>3:34.04</b>	680
3.				<b>3:34.49</b>	675
28.	, 4 x 100m				
1.	- 1		- 1	<b>4:01.48</b>	658
2.				<b>4:06.67</b>	617
3.				<b>4:07.93</b>	608
29.	, 800m				
1.		2006		<b>9:32.43</b>	607
2.		2004		<b>9:38.23</b>	589
3.		2006		<b>9:40.09</b>	583
29.	, 800m				(15-17 )
1.		2004		<b>9:38.23</b>	589
2.		2004		<b>9:51.01</b>	551
3.		2004		<b>10:18.77</b>	480
30.	, 1500m				
1.		2004		<b>16:22.57</b>	696
2.		2004		<b>16:47.59</b>	646
3.		2001		<b>16:51.13</b>	639

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30.	, 1500m				(17-18 )
1.		2003		<b>17:41.28</b>	552
2.		2002		<b>17:59.50</b>	525
3.		2003		<b>18:18.86</b>	498
31.	, 200m				
1.		1995	- 1	<b>1:55.07</b>	696
2.		2004		<b>1:56.44</b>	672
3.		1999	- 1	<b>1:57.67</b>	651
31.	, 200m				(17-18 )
1.		2003		<b>2:00.70</b>	603
2.		2002	- 1	<b>2:01.04</b>	598
3.		2003		<b>2:01.38</b>	593
32.	, 100m				
1.		1993	( )	<b>1:03.38</b>	722
2.		1997		<b>1:04.26</b>	693
3.		2004		<b>1:05.12</b>	666
32.	, 100m				(17-18 )
1.		2003		<b>1:07.35</b>	602
2.		2002	- 1	<b>1:08.09</b>	582
3.		2003		<b>1:09.59</b>	546
33.	, 200m				
1.		2000		<b>2:09.68</b>	679
2.		2003	- 1	<b>2:10.01</b>	674
3.		2002		<b>2:14.53</b>	608
33.	, 200m				(17-18 )
1.		2003	- 1	<b>2:10.01</b>	674
2.		2002		<b>2:14.53</b>	608
3.		2003	- 1	<b>2:15.15</b>	600
34.	, 200m				
1.		2006	- 1	<b>2:21.53</b>	707
2.		2004		<b>2:21.91</b>	701
3.		2004	- 1	<b>2:29.46</b>	600



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34.	, 200m				(15-17 )
1.		2004		<b>2:21.91</b>	701
2.		2004	- 1	<b>2:29.46</b>	600
3.		2004		<b>2:31.18</b>	580
35.	, 50m				
1.		2000		<b>23.22</b>	730
2.		1995		<b>23.50</b>	704
3.		1994	- 1	<b>23.51</b>	703
35.	, 50m				(17-18 )
1.		2003		<b>24.41</b>	628
2.		2002	- 1	<b>24.63</b>	611
3.		2002	- 1	<b>24.88</b>	593
36.	, 50m				
1.		2000	- 1	<b>26.61</b>	703
2.		2002		<b>26.74</b>	693
3.		2006	- 1	<b>27.31</b>	651
36.	, 50m				(15-17 )
1.		2004		<b>27.46</b>	640
2.		2003		<b>28.04</b>	601
3.		2004		<b>28.26</b>	587
37.	, 4 x 100m				
1.	- 1		- 1	<b>3:55.40</b>	682
2.				<b>3:55.80</b>	679
3.				<b>3:57.79</b>	662
38.	, 4 x 100m				
1.				<b>4:28.47</b>	632
2.	- 1		- 1	<b>4:29.46</b>	625
3.				<b>4:33.42</b>	598
39.	, 800m				
1.		2004		<b>8:34.97</b>	676
2.		2004		<b>8:44.09</b>	642
3.		2001		<b>8:45.87</b>	635

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39. , 800m (17-18 )

1.	2003		<b>9:10.81</b>	553
2.	2003		<b>9:19.56</b>	527
3.	2003		<b>9:20.64</b>	524

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40. , 1500m

1.	2005		<b>18:14.27</b>	595
2.	2006		<b>18:18.16</b>	588
3.	2006		<b>18:18.49</b>	588

40. , 1500m

(15-17 )

1.	2005		<b>18:14.27</b>	595
2.	2004		<b>18:33.81</b>	564
3.	2004		<b>19:12.28</b>	509

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