

29  
10.03.2022 - 13:37

, 800m

: FINA 2022

									R.T.					FINA
1.					1997				-	8:54.17				747
	50m:	30.66	30.66	250m:	2:44.95	33.85	450m:	4:59.67	33.85	650m:	7:15.10	33.89		
	100m:	1:03.67	33.01	300m:	3:18.51	33.56	500m:	5:33.32	33.65	700m:	7:48.85	33.75		
	150m:	1:37.50	33.83	350m:	3:52.28	33.77	550m:	6:07.36	34.04	750m:	8:22.75	33.90		
	200m:	2:11.10	33.60	400m:	4:25.82	33.54	600m:	6:41.21	33.85	800m:	8:54.17	31.42		
2.					2006					9:00.67				720
	50m:	31.85	31.85	250m:	2:52.16	34.94	450m:	5:09.80	34.11	650m:	7:23.84	33.41		
	100m:	1:06.72	34.87	300m:	3:26.89	34.73	500m:	5:43.49	33.69	700m:	7:57.07	33.23		
	150m:	1:41.89	35.17	350m:	4:01.56	34.67	550m:	6:17.16	33.67	750m:	8:29.28	32.21		
	200m:	2:17.22	35.33	400m:	4:35.69	34.13	600m:	6:50.43	33.27	800m:	9:00.67	31.39		
3.					2006					9:07.67				693
	50m:	31.88	31.88	250m:	2:50.63	34.33	450m:	5:08.87	34.28	650m:	7:26.42	34.22		
	100m:	1:07.00	35.12	300m:	3:25.27	34.64	500m:	5:43.48	34.61	700m:	8:00.93	34.51		
	150m:	1:41.68	34.68	350m:	3:59.75	34.48	550m:	6:17.62	34.14	750m:	8:34.85	33.92		
	200m:	2:16.30	34.62	400m:	4:34.59	34.84	600m:	6:52.20	34.58	800m:	9:07.67	32.82		
4.					2003					9:12.13				676
	50m:	32.11	32.11	250m:	2:52.95	35.04	450m:	5:12.30	34.85	650m:	7:30.93	34.54		
	100m:	1:07.20	35.09	300m:	3:27.72	34.77	500m:	5:47.15	34.85	700m:	8:05.21	34.28		
	150m:	1:42.77	35.57	350m:	4:02.63	34.91	550m:	6:21.84	34.69	750m:	8:39.44	34.23		
	200m:	2:17.91	35.14	400m:	4:37.45	34.82	600m:	6:56.39	34.55	800m:	9:12.13	32.69		
5.					2007					9:12.34				676
	50m:	31.82	31.82	250m:	2:51.53	35.03	450m:	5:12.20	35.10	650m:	7:31.29	34.93		
	100m:	1:06.49	34.67	300m:	3:26.63	35.10	500m:	5:47.03	34.83	700m:	8:06.46	35.17		
	150m:	1:41.37	34.88	350m:	4:02.19	35.56	550m:	6:21.53	34.50	750m:	8:40.16	33.70		
	200m:	2:16.50	35.13	400m:	4:37.10	34.91	600m:	6:56.36	34.83	800m:	9:12.34	32.18		
6.					2007					9:16.16				662
	50m:	32.72	32.72	250m:	2:53.11	34.95	450m:	5:13.31	34.85	650m:	7:33.65	35.08		
	100m:	1:07.61	34.89	300m:	3:27.95	34.84	500m:	5:48.62	35.31	700m:	8:08.43	34.78		
	150m:	1:43.02	35.41	350m:	4:03.33	35.38	550m:	6:23.38	34.76	750m:	8:43.07	34.64		
	200m:	2:18.16	35.14	400m:	4:38.46	35.13	600m:	6:58.57	35.19	800m:	9:16.16	33.09		
7.					2005					9:16.27				661
	50m:	32.02	32.02	250m:	2:51.05	34.98	450m:	5:11.69	35.51	650m:	7:33.24	35.86		
	100m:	1:06.41	34.39	300m:	3:25.95	34.90	500m:	5:46.84	35.15	700m:	8:08.60	35.36		
	150m:	1:41.27	34.86	350m:	4:01.20	35.25	550m:	6:22.28	35.44	750m:	8:43.79	35.19		
	200m:	2:16.07	34.80	400m:	4:36.18	34.98	600m:	6:57.38	35.10	800m:	9:16.27	32.48		
8.					2004					9:16.66				660
	50m:	31.92	31.92	250m:	2:51.64	35.26	450m:	5:12.21	35.44	650m:	7:33.68	35.75		
	100m:	1:06.48	34.56	300m:	3:26.53	34.89	500m:	5:47.09	34.88	700m:	8:08.90	35.22		
	150m:	1:41.65	35.17	350m:	4:01.92	35.39	550m:	6:22.67	35.58	750m:	8:44.21	35.31		
	200m:	2:16.38	34.73	400m:	4:36.77	34.85	600m:	6:57.93	35.26	800m:	9:16.66	32.45		
9.					2007					9:16.96				659
	50m:	32.74	32.74	250m:	2:54.74	35.41	450m:	5:15.53	34.99	650m:	7:34.72	34.54		
	100m:	1:08.23	35.49	300m:	3:29.94	35.20	500m:	5:50.71	35.18	700m:	8:09.30	34.58		
	150m:	1:44.11	35.88	350m:	4:05.33	35.39	550m:	6:25.65	34.94	750m:	8:43.81	34.51		
	200m:	2:19.33	35.22	400m:	4:40.54	35.21	600m:	7:00.18	34.53	800m:	9:16.96	33.15		



29,		, 800m						R.T.	FINA			
10.				2008				<b>9:18.23</b>		<b>654</b>		
	50m:	32.32	32.32	250m:	2:53.72	35.41	450m:	5:13.96	35.06	650m:	7:34.53	35.42
	100m:	1:07.62	35.30	300m:	3:28.69	34.97	500m:	5:48.72	34.76	700m:	8:09.49	34.96
	150m:	1:43.15	35.53	350m:	4:04.06	35.37	550m:	6:23.73	35.01	750m:	8:44.40	34.91
	200m:	2:18.31	35.16	400m:	4:38.90	34.84	600m:	6:59.11	35.38	800m:	9:18.23	33.83
11.				2008				<b>9:18.25</b>		<b>654</b>		
	50m:	31.89	31.89	250m:	2:54.33	35.69	450m:	5:16.06	35.10	650m:	7:36.08	34.86
	100m:	1:07.08	35.19	300m:	3:29.86	35.53	500m:	5:51.34	35.28	700m:	8:11.11	35.03
	150m:	1:42.88	35.80	350m:	4:05.44	35.58	550m:	6:26.38	35.04	750m:	8:45.55	34.44
	200m:	2:18.64	35.76	400m:	4:40.96	35.52	600m:	7:01.22	34.84	800m:	9:18.25	32.70
12.				2008				<b>9:18.92</b>		<b>652</b>		
	50m:	32.79	32.79	250m:	2:52.92	34.93	450m:	5:14.13	35.21	650m:	7:35.78	35.17
	100m:	1:07.58	34.79	300m:	3:28.39	35.47	500m:	5:49.82	35.69	700m:	8:11.35	35.57
	150m:	1:42.92	35.34	350m:	4:03.80	35.41	550m:	6:25.15	35.33	750m:	8:46.19	34.84
	200m:	2:17.99	35.07	400m:	4:38.92	35.12	600m:	7:00.61	35.46	800m:	9:18.92	32.73
13.				2004		-		<b>9:21.13</b>		<b>644</b>		
	50m:	31.80	31.80	250m:	2:53.29	35.88	450m:	5:16.19	35.88	650m:	7:38.22	35.35
	100m:	1:06.64	34.84	300m:	3:28.79	35.50	500m:	5:52.01	35.82	700m:	8:13.16	34.94
	150m:	1:42.15	35.51	350m:	4:04.47	35.68	550m:	6:27.69	35.68	750m:	8:47.97	34.81
	200m:	2:17.41	35.26	400m:	4:40.31	35.84	600m:	7:02.87	35.18	800m:	9:21.13	33.16
14.				2004				<b>9:21.20</b>		<b>644</b>		
	50m:	32.11	32.11	250m:	2:53.50	34.99	450m:	5:15.16	35.06	650m:	7:38.43	35.95
	100m:	1:07.44	35.33	300m:	3:28.86	35.36	500m:	5:50.88	35.72	700m:	8:14.01	35.58
	150m:	1:42.81	35.37	350m:	4:04.29	35.43	550m:	6:26.73	35.85	750m:	8:48.17	34.16
	200m:	2:18.51	35.70	400m:	4:40.10	35.81	600m:	7:02.48	35.75	800m:	9:21.20	33.03
15.				2007				<b>9:26.83</b>		<b>625</b>		
	50m:	31.77	31.77	250m:	2:53.05	35.22	450m:	5:16.10	36.20	650m:	7:41.76	36.49
	100m:	1:07.09	35.32	300m:	3:28.42	35.37	500m:	5:52.24	36.14	700m:	8:17.70	35.94
	150m:	1:42.14	35.05	350m:	4:04.10	35.68	550m:	6:28.78	36.54	750m:	8:53.19	35.49
	200m:	2:17.83	35.69	400m:	4:39.90	35.80	600m:	7:05.27	36.49	800m:	9:26.83	33.64
16.				2006				<b>9:27.61</b>		<b>623</b>		
	50m:	32.01	32.01	250m:	2:53.04	35.55	450m:	5:15.54	36.08	650m:	7:40.26	36.44
	100m:	1:06.81	34.80	300m:	3:28.22	35.18	500m:	5:51.56	36.02	700m:	8:16.53	36.27
	150m:	1:42.00	35.19	350m:	4:04.00	35.78	550m:	6:27.82	36.26	750m:	8:52.87	36.34
	200m:	2:17.49	35.49	400m:	4:39.46	35.46	600m:	7:03.82	36.00	800m:	9:27.61	34.74
17.				2004				<b>9:31.67</b>		<b>609</b>		
	50m:	32.73	32.73	250m:	2:55.04	35.93	450m:	5:19.98	36.34	650m:	7:44.92	36.05
	100m:	1:07.74	35.01	300m:	3:31.09	36.05	500m:	5:56.25	36.27	700m:	8:21.27	36.35
	150m:	1:43.28	35.54	350m:	4:07.24	36.15	550m:	6:32.29	36.04	750m:	8:56.93	35.66
	200m:	2:19.11	35.83	400m:	4:43.64	36.40	600m:	7:08.87	36.58	800m:	9:31.67	34.74
18.				2005				<b>9:32.92</b>		<b>605</b>		
	50m:	32.46	32.46	250m:	2:54.63	35.77	450m:	5:19.32	35.94	650m:	7:45.07	36.44
	100m:	1:07.56	35.10	300m:	3:31.07	36.44	500m:	5:55.69	36.37	700m:	8:22.03	36.96
	150m:	1:42.60	35.04	350m:	4:07.16	36.09	550m:	6:31.98	36.29	750m:	8:58.12	36.09
	200m:	2:18.86	36.26	400m:	4:43.38	36.22	600m:	7:08.63	36.65	800m:	9:32.92	34.80
19.				2005				<b>9:34.10</b>		<b>602</b>		
	50m:	32.24	32.24	250m:	2:53.72	35.43	450m:	5:16.11	36.01	650m:	7:43.35	37.21
	100m:	1:07.33	35.09	300m:	3:28.95	35.23	500m:	5:52.32	36.21	700m:	8:21.12	37.77
	150m:	1:42.82	35.49	350m:	4:04.38	35.43	550m:	6:29.28	36.96	750m:	8:58.78	37.66
	200m:	2:18.29	35.47	400m:	4:40.10	35.72	600m:	7:06.14	36.86	800m:	9:34.10	35.32



29,		, 800m						R.T.	FINA			
20.				2006				<b>9:36.04</b>		<b>596</b>		
	50m:	33.28	33.28	250m:	2:58.45	36.42	450m:	5:24.32	36.69	650m:	7:50.26	36.73
	100m:	1:09.12	35.84	300m:	3:34.64	36.19	500m:	6:00.33	36.01	700m:	8:26.61	36.35
	150m:	1:45.65	36.53	350m:	4:11.06	36.42	550m:	6:37.02	36.69	750m:	9:02.70	36.09
	200m:	2:22.03	36.38	400m:	4:47.63	36.57	600m:	7:13.53	36.51	800m:	9:36.04	33.34
21.				2008				<b>9:38.17</b>		<b>589</b>		
	50m:	32.89	32.89	250m:	2:57.67	36.13	450m:	5:22.92	36.26	650m:	7:49.35	36.79
	100m:	1:09.14	36.25	300m:	3:33.91	36.24	500m:	5:59.57	36.65	700m:	8:26.31	36.96
	150m:	1:44.92	35.78	350m:	4:10.19	36.28	550m:	6:36.00	36.43	750m:	9:02.45	36.14
	200m:	2:21.54	36.62	400m:	4:46.66	36.47	600m:	7:12.56	36.56	800m:	9:38.17	35.72
22.				2005				<b>9:40.33</b>		<b>582</b>		
	50m:	32.95	32.95	250m:	3:00.10	36.82	450m:	5:26.60	36.80	650m:	7:52.61	36.46
	100m:	1:09.68	36.73	300m:	3:36.79	36.69	500m:	6:03.49	36.89	700m:	8:28.67	36.06
	150m:	1:46.42	36.74	350m:	4:13.23	36.44	550m:	6:39.66	36.17	750m:	9:04.33	35.66
	200m:	2:23.28	36.86	400m:	4:49.80	36.57	600m:	7:16.15	36.49	800m:	9:40.33	36.00
23.				2007				<b>9:41.08</b>		<b>580</b>		
	50m:	33.08	33.08	250m:	2:58.45	36.89	450m:	5:24.80	37.05	650m:	7:51.67	37.30
	100m:	1:08.84	35.76	300m:	3:34.71	36.26	500m:	6:01.07	36.27	700m:	8:29.07	37.40
	150m:	1:45.13	36.29	350m:	4:11.03	36.32	550m:	6:37.96	36.89	750m:	9:05.74	36.67
	200m:	2:21.56	36.43	400m:	4:47.75	36.72	600m:	7:14.37	36.41	800m:	9:41.08	35.34
24.				2008				<b>9:41.38</b>		<b>579</b>		
	50m:	34.29	34.29	250m:	3:01.23	36.69	450m:	5:27.66	36.57	650m:	7:54.66	36.93
	100m:	1:11.29	37.00	300m:	3:37.75	36.52	500m:	6:04.34	36.68	700m:	8:31.01	36.35
	150m:	1:47.88	36.59	350m:	4:14.43	36.68	550m:	6:41.29	36.95	750m:	9:06.94	35.93
	200m:	2:24.54	36.66	400m:	4:51.09	36.66	600m:	7:17.73	36.44	800m:	9:41.38	34.44
25.				2006				<b>9:41.94</b>		<b>578</b>		
	50m:	32.92	32.92	250m:	2:59.71	37.18	450m:	5:25.69	36.24	650m:	7:52.99	37.39
	100m:	1:08.95	36.03	300m:	3:36.29	36.58	500m:	6:02.39	36.70	700m:	8:29.82	36.83
	150m:	1:45.76	36.81	350m:	4:12.76	36.47	550m:	6:38.86	36.47	750m:	9:06.38	36.56
	200m:	2:22.53	36.77	400m:	4:49.45	36.69	600m:	7:15.60	36.74	800m:	9:41.94	35.56
26.				2006 I				<b>9:44.01</b>		<b>572</b>		
	50m:	32.20	32.20	250m:	2:56.87	36.45	450m:	5:24.12	36.54	650m:	7:53.06	37.33
	100m:	1:07.57	35.37	300m:	3:33.69	36.82	500m:	6:01.02	36.90	700m:	8:31.16	38.10
	150m:	1:44.39	36.82	350m:	4:10.45	36.76	550m:	6:38.34	37.32	750m:	9:07.96	36.80
	200m:	2:20.42	36.03	400m:	4:47.58	37.13	600m:	7:15.73	37.39	800m:	9:44.01	36.05
27.				2006				<b>9:44.09</b>		<b>571</b>		
	50m:	33.50	33.50	250m:	2:59.55	36.47	450m:	5:26.73	36.67	650m:	7:54.08	36.71
	100m:	1:09.74	36.24	300m:	3:36.23	36.68	500m:	6:03.84	37.11	700m:	8:31.00	36.92
	150m:	1:46.43	36.69	350m:	4:13.39	37.16	550m:	6:40.39	36.55	750m:	9:07.80	36.80
	200m:	2:23.08	36.65	400m:	4:50.06	36.67	600m:	7:17.37	36.98	800m:	9:44.09	36.29
28.				2007				<b>9:47.16 I</b>		<b>562</b>		
	50m:	33.07	33.07	250m:	2:58.92	36.19	450m:	5:26.74	36.93	650m:	7:56.49	37.74
	100m:	1:09.50	36.43	300m:	3:36.05	37.13	500m:	6:03.85	37.11	700m:	8:34.23	37.74
	150m:	1:46.31	36.81	350m:	4:12.83	36.78	550m:	6:41.09	37.24	750m:	9:11.57	37.34
	200m:	2:22.73	36.42	400m:	4:49.81	36.98	600m:	7:18.75	37.66	800m:	9:47.16	35.59
29.				2008				<b>9:50.32 I</b>		<b>553</b>		
	50m:	33.71	33.71	250m:	3:02.60	37.86	450m:	5:31.72	37.25	650m:	8:00.65	37.20
	100m:	1:09.72	36.01	300m:	3:39.79	37.19	500m:	6:09.46	37.74	700m:	8:37.63	36.98
	150m:	1:47.32	37.60	350m:	4:17.07	37.28	550m:	6:46.50	37.04	750m:	9:14.76	37.13
	200m:	2:24.74	37.42	400m:	4:54.47	37.40	600m:	7:23.45	36.95	800m:	9:50.32	35.56



	29,	, 800m						R.T.		FINA		
30.			2008					<b>9:50.74</b>	I	552		
	50m:	33.94	33.94	250m:	3:02.80	37.49	450m:	5:33.17	38.17	650m:	8:02.97	37.40
	100m:	1:10.26	36.32	300m:	3:40.26	37.46	500m:	6:10.31	37.14	700m:	8:40.20	37.23
	150m:	1:47.66	37.40	350m:	4:17.97	37.71	550m:	6:48.28	37.97	750m:	9:17.49	37.29
	200m:	2:25.31	37.65	400m:	4:55.00	37.03	600m:	7:25.57	37.29	800m:	9:50.74	33.25
31.			2009	I				<b>9:50.81</b>	I	552		
	50m:	34.67	34.67	250m:	3:04.29	37.43	450m:	5:32.81	37.43	650m:	8:02.20	37.44
	100m:	1:11.35	36.68	300m:	3:41.28	36.99	500m:	6:09.96	37.15	700m:	8:39.52	37.32
	150m:	1:49.24	37.89	350m:	4:18.55	37.27	550m:	6:47.45	37.49	750m:	9:16.55	37.03
	200m:	2:26.86	37.62	400m:	4:55.38	36.83	600m:	7:24.76	37.31	800m:	9:50.81	34.26
32.			2007					<b>9:53.59</b>	I	544		
	50m:	34.69	34.69	250m:	3:03.05	37.08	450m:	5:31.89	37.39	650m:	8:02.81	37.33
	100m:	1:11.65	36.96	300m:	3:40.25	37.20	500m:	6:09.50	37.61	700m:	8:40.91	38.10
	150m:	1:48.70	37.05	350m:	4:17.51	37.26	550m:	6:47.30	37.80	750m:	9:17.45	36.54
	200m:	2:25.97	37.27	400m:	4:54.50	36.99	600m:	7:25.48	38.18	800m:	9:53.59	36.14
33.			2008	I				<b>9:54.82</b>	I	541		
	50m:	33.33	33.33	250m:	3:01.22	37.74	450m:	5:33.02	38.85	650m:	8:04.35	38.75
	100m:	1:09.57	36.24	300m:	3:38.15	36.93	500m:	6:09.92	36.90	700m:	8:41.52	37.17
	150m:	1:46.59	37.02	350m:	4:16.78	38.63	550m:	6:48.55	38.63	750m:	9:19.45	37.93
	200m:	2:23.48	36.89	400m:	4:54.17	37.39	600m:	7:25.60	37.05	800m:	9:54.82	35.37
34.			2008					<b>9:54.87</b>	I	541		
	50m:	32.21	32.21	250m:	3:01.05	37.67	450m:	5:32.20	37.79	650m:	8:04.44	37.72
	100m:	1:08.66	36.45	300m:	3:38.68	37.63	500m:	6:10.40	38.20	700m:	8:42.54	38.10
	150m:	1:45.71	37.05	350m:	4:16.25	37.57	550m:	6:48.45	38.05	750m:	9:19.13	36.59
	200m:	2:23.38	37.67	400m:	4:54.41	38.16	600m:	7:26.72	38.27	800m:	9:54.87	35.74
35.			2007					<b>9:57.12</b>	I	535		
	50m:	34.99	34.99	250m:	3:05.79	37.95	450m:	5:36.97	37.79	650m:	8:07.24	37.55
	100m:	1:12.34	37.35	300m:	3:43.68	37.89	500m:	6:14.55	37.58	700m:	8:44.68	37.44
	150m:	1:50.15	37.81	350m:	4:21.66	37.98	550m:	6:52.15	37.60	750m:	9:21.39	36.71
	200m:	2:27.84	37.69	400m:	4:59.18	37.52	600m:	7:29.69	37.54	800m:	9:57.12	35.73
36.			2008					<b>10:02.24</b>	I	521		
	50m:	32.88	32.88	250m:	3:05.81	38.32	450m:	5:38.72	37.90	650m:	8:11.51	38.39
	100m:	1:10.09	37.21	300m:	3:44.10	38.29	500m:	6:16.75	38.03	700m:	8:49.08	37.57
	150m:	1:49.04	38.95	350m:	4:22.56	38.46	550m:	6:55.23	38.48	750m:	9:26.68	37.60
	200m:	2:27.49	38.45	400m:	5:00.82	38.26	600m:	7:33.12	37.89	800m:	10:02.24	35.56
37.			2009					<b>10:04.41</b>	I	516		
	50m:	34.39	34.39	250m:	3:05.91	38.09	450m:	5:39.13	38.66	650m:	8:12.02	38.13
	100m:	1:12.03	37.64	300m:	3:43.86	37.95	500m:	6:17.08	37.95	700m:	8:50.78	38.76
	150m:	1:50.13	38.10	350m:	4:22.31	38.45	550m:	6:55.63	38.55	750m:	9:27.95	37.17
	200m:	2:27.82	37.69	400m:	5:00.47	38.16	600m:	7:33.89	38.26	800m:	10:04.41	36.46
38.			2008	I				<b>10:05.29</b>	I	513		
	50m:	33.21	33.21	250m:	3:05.90	38.71	450m:	5:39.85	38.51	650m:	8:13.65	38.87
	100m:	1:10.57	37.36	300m:	3:44.37	38.47	500m:	6:18.11	38.26	700m:	8:52.05	38.40
	150m:	1:48.86	38.29	350m:	4:22.86	38.49	550m:	6:56.37	38.26	750m:	9:29.64	37.59
	200m:	2:27.19	38.33	400m:	5:01.34	38.48	600m:	7:34.78	38.41	800m:	10:05.29	35.65
39.			2007					<b>10:05.47</b>	I	513		
	50m:	32.72	32.72	250m:	3:02.94	38.21	450m:	5:38.12	38.63	650m:	8:11.87	38.31
	100m:	1:09.38	36.66	300m:	3:41.41	38.47	500m:	6:16.60	38.48	700m:	8:50.61	38.74
	150m:	1:47.07	37.69	350m:	4:20.52	39.11	550m:	6:54.91	38.31	750m:	9:29.06	38.45
	200m:	2:24.73	37.66	400m:	4:59.49	38.97	600m:	7:33.56	38.65	800m:	10:05.47	36.41



	29,	, 800m							R.T.		FINA	
40.			2008						<b>10:07.54</b>	I	508	
	50m:	32.91	32.91	250m:	3:05.75	38.35	450m:	5:40.44	38.71	650m:	8:15.41	38.77
	100m:	1:09.35	36.44	300m:	3:44.33	38.58	500m:	6:19.31	38.87	700m:	8:54.59	39.18
	150m:	1:48.55	39.20	350m:	4:23.40	39.07	550m:	6:58.39	39.08	750m:	9:32.09	37.50
	200m:	2:27.40	38.85	400m:	5:01.73	38.33	600m:	7:36.64	38.25	800m:	10:07.54	35.45
41.			2007						<b>10:09.24</b>	I	503	
	50m:	34.16	34.16	250m:	3:05.43	38.07	450m:	5:39.66	38.38	650m:	8:13.45	38.47
	100m:	1:11.03	36.87	300m:	3:44.07	38.64	500m:	6:18.41	38.75	700m:	8:52.50	39.05
	150m:	1:48.96	37.93	350m:	4:22.37	38.30	550m:	6:56.05	37.64	750m:	9:31.34	38.84
	200m:	2:27.36	38.40	400m:	5:01.28	38.91	600m:	7:34.98	38.93	800m:	10:09.24	37.90
42.			2007						<b>10:10.22</b>	I	501	
	50m:	34.54	34.54	250m:	3:08.38	38.74	450m:	5:43.58	38.53	650m:	8:18.10	38.21
	100m:	1:12.44	37.90	300m:	3:47.32	38.94	500m:	6:22.42	38.84	700m:	8:56.30	38.20
	150m:	1:51.00	38.56	350m:	4:26.10	38.78	550m:	7:00.87	38.45	750m:	9:33.68	37.38
	200m:	2:29.64	38.64	400m:	5:05.05	38.95	600m:	7:39.89	39.02	800m:	10:10.22	36.54
43.			2009	I					<b>10:10.39</b>	I	501	
	50m:	34.20	34.20	250m:	3:06.05	37.86	450m:	5:41.41	38.99	650m:	8:16.80	39.09
	100m:	1:11.65	37.45	300m:	3:44.98	38.93	500m:	6:20.31	38.90	700m:	8:55.49	38.69
	150m:	1:49.84	38.19	350m:	4:23.76	38.78	550m:	6:58.88	38.57	750m:	9:33.17	37.68
	200m:	2:28.19	38.35	400m:	5:02.42	38.66	600m:	7:37.71	38.83	800m:	10:10.39	37.22
44.			2008	I					<b>10:12.34</b>	I	496	
	50m:	34.40	34.40	250m:	3:08.26	38.69	450m:	5:43.08	39.12	650m:	8:17.55	38.77
	100m:	1:12.59	38.19	300m:	3:46.62	38.36	500m:	6:21.70	38.62	700m:	8:56.34	38.79
	150m:	1:50.97	38.38	350m:	4:25.37	38.75	550m:	7:00.19	38.49	750m:	9:34.59	38.25
	200m:	2:29.57	38.60	400m:	5:03.96	38.59	600m:	7:38.78	38.59	800m:	10:12.34	37.75
45.			2007						<b>10:13.24</b>	I	494	
	50m:	34.04	34.04	250m:	3:06.96	39.13	450m:	5:42.67	38.54	650m:	8:19.00	39.36
	100m:	1:11.06	37.02	300m:	3:46.01	39.05	500m:	6:21.65	38.98	700m:	8:57.40	38.40
	150m:	1:49.72	38.66	350m:	4:25.11	39.10	550m:	7:00.40	38.75	750m:	9:35.22	37.82
	200m:	2:27.83	38.11	400m:	5:04.13	39.02	600m:	7:39.64	39.24	800m:	10:13.24	38.02
46.			2003	I					<b>10:16.63</b>	I	485	
	50m:	35.08	35.08	250m:	3:10.47	39.37	450m:	5:47.21	39.16	650m:	8:22.39	39.04
	100m:	1:13.56	38.48	300m:	3:49.70	39.23	500m:	6:25.59	38.38	700m:	9:01.40	39.01
	150m:	1:52.31	38.75	350m:	4:29.29	39.59	550m:	7:04.80	39.21	750m:	9:39.41	38.01
	200m:	2:31.10	38.79	400m:	5:08.05	38.76	600m:	7:43.35	38.55	800m:	10:16.63	37.22
47.			2009	I					<b>10:20.56</b>	I	476	
	50m:	34.42	34.42	250m:	3:10.90	39.56	450m:	5:48.93	39.55	650m:	8:27.25	39.63
	100m:	1:12.77	38.35	300m:	3:50.34	39.44	500m:	6:28.56	39.63	700m:	9:06.48	39.23
	150m:	1:51.88	39.11	350m:	4:29.99	39.65	550m:	7:08.02	39.46	750m:	9:44.51	38.03
	200m:	2:31.34	39.46	400m:	5:09.38	39.39	600m:	7:47.62	39.60	800m:	10:20.56	36.05
48.			2008	I					<b>10:21.22</b>	I	475	
	50m:	35.61	35.61	250m:	3:15.12	40.00	450m:	5:53.72	39.00	650m:	8:30.08	38.75
	100m:	1:15.44	39.83	300m:	3:54.80	39.68	500m:	6:33.05	39.33	700m:	9:08.40	38.32
	150m:	1:55.55	40.11	350m:	4:34.80	40.00	550m:	7:12.22	39.17	750m:	9:46.32	37.92
	200m:	2:35.12	39.57	400m:	5:14.72	39.92	600m:	7:51.33	39.11	800m:	10:21.22	34.90
49.			2009	I					<b>10:21.36</b>	I	474	
	50m:	35.01	35.01	250m:	3:11.93	39.41	450m:	5:50.41	39.24	650m:	8:28.10	39.54
	100m:	1:13.77	38.76	300m:	3:51.88	39.95	500m:	6:30.13	39.72	700m:	9:06.41	38.31
	150m:	1:53.46	39.69	350m:	4:31.51	39.63	550m:	7:09.51	39.38	750m:	9:44.79	38.38
	200m:	2:32.52	39.06	400m:	5:11.17	39.66	600m:	7:48.56	39.05	800m:	10:21.36	36.57



29,		, 800m						R.T.		FINA		
50.				2008				<b>10:22.47</b>			472	
	50m:	35.72	35.72	250m:	3:10.03	39.11	450m:	5:47.02	39.73	650m:	8:25.25	40.19
	100m:	1:13.71	37.99	300m:	3:49.06	39.03	500m:	6:25.97	38.95	700m:	9:05.09	39.84
	150m:	1:52.44	38.73	350m:	4:28.18	39.12	550m:	7:05.64	39.67	750m:	9:44.93	39.84
	200m:	2:30.92	38.48	400m:	5:07.29	39.11	600m:	7:45.06	39.42	800m:	10:22.47	37.54
51.				2007				<b>10:26.21</b>			463	
	50m:	35.61	35.61	250m:	3:11.10	39.34	450m:	5:50.32	39.85	650m:	8:28.94	39.80
	100m:	1:13.76	38.15	300m:	3:50.65	39.55	500m:	6:30.07	39.75	700m:	9:08.58	39.64
	150m:	1:52.61	38.85	350m:	4:30.98	40.33	550m:	7:09.68	39.61	750m:	9:47.97	39.39
	200m:	2:31.76	39.15	400m:	5:10.47	39.49	600m:	7:49.14	39.46	800m:	10:26.21	38.24
52.				2008				<b>10:27.30</b>			461	
	50m:	35.86	35.86	250m:	3:13.32	40.08	450m:	5:52.58	39.53	650m:	8:32.22	39.82
	100m:	1:14.20	38.34	300m:	3:53.03	39.71	500m:	6:32.73	40.15	700m:	9:11.78	39.56
	150m:	1:54.00	39.80	350m:	4:33.16	40.13	550m:	7:12.52	39.79	750m:	9:50.54	38.76
	200m:	2:33.24	39.24	400m:	5:13.05	39.89	600m:	7:52.40	39.88	800m:	10:27.30	36.76
53.				2007				<b>10:27.89</b>			460	
	50m:	35.40	35.40	250m:	3:13.80	39.96	450m:	5:52.73	39.39	650m:	8:31.14	39.78
	100m:	1:14.58	39.18	300m:	3:53.68	39.88	500m:	6:32.23	39.50	700m:	9:10.49	39.35
	150m:	1:54.32	39.74	350m:	4:33.56	39.88	550m:	7:11.95	39.72	750m:	9:50.11	39.62
	200m:	2:33.84	39.52	400m:	5:13.34	39.78	600m:	7:51.36	39.41	800m:	10:27.89	37.78
54.				2008				<b>10:28.24</b>			459	
	50m:	34.81	34.81	250m:	3:11.54	39.99	450m:	5:50.45	40.44	650m:	8:30.66	40.52
	100m:	1:13.17	38.36	300m:	3:50.92	39.38	500m:	6:30.23	39.78	700m:	9:10.78	40.12
	150m:	1:52.34	39.17	350m:	4:30.75	39.83	550m:	7:10.31	40.08	750m:	9:50.43	39.65
	200m:	2:31.55	39.21	400m:	5:10.01	39.26	600m:	7:50.14	39.83	800m:	10:28.24	37.81
55.				2007				<b>10:30.29</b>			455	
	50m:	37.20	37.20	250m:	3:15.52	40.07	450m:	5:54.39	40.03	650m:	8:33.42	39.91
	100m:	1:16.31	39.11	300m:	3:54.88	39.36	500m:	6:33.63	39.24	700m:	9:12.71	39.29
	150m:	1:56.04	39.73	350m:	4:34.83	39.95	550m:	7:13.78	40.15	750m:	9:52.76	40.05
	200m:	2:35.45	39.41	400m:	5:14.36	39.53	600m:	7:53.51	39.73	800m:	10:30.29	37.53
56.				2006				<b>10:30.47</b>			454	
	50m:	33.48	33.48	250m:	3:07.27	38.63	450m:	5:47.54	40.69	650m:	8:31.17	41.03
	100m:	1:11.12	37.64	300m:	3:46.81	39.54	500m:	6:28.23	40.69	700m:	9:12.54	41.37
	150m:	1:49.38	38.26	350m:	4:26.42	39.61	550m:	7:09.35	41.12	750m:	9:51.83	39.29
	200m:	2:28.64	39.26	400m:	5:06.85	40.43	600m:	7:50.14	40.79	800m:	10:30.47	38.64
57.				2007				<b>10:31.41</b>			452	
	50m:	35.21	35.21	250m:	3:13.14	39.86	450m:	5:53.20	40.32	650m:	8:34.06	39.88
	100m:	1:13.88	38.67	300m:	3:52.99	39.85	500m:	6:33.58	40.38	700m:	9:14.33	40.27
	150m:	1:53.51	39.63	350m:	4:33.25	40.26	550m:	7:13.92	40.34	750m:	9:53.98	39.65
	200m:	2:33.28	39.77	400m:	5:12.88	39.63	600m:	7:54.18	40.26	800m:	10:31.41	37.43
58.				2008				<b>10:35.24</b>			444	
	50m:	35.16	35.16	250m:	3:12.72	40.19	450m:	5:54.21	40.66	650m:	8:35.45	40.05
	100m:	1:13.48	38.32	300m:	3:53.01	40.29	500m:	6:34.29	40.08	700m:	9:15.64	40.19
	150m:	1:52.52	39.04	350m:	4:33.21	40.20	550m:	7:14.58	40.29	750m:	9:55.68	40.04
	200m:	2:32.53	40.01	400m:	5:13.55	40.34	600m:	7:55.40	40.82	800m:	10:35.24	39.56
59.				2008				<b>10:38.69</b>			437	
	50m:	34.81	34.81	250m:	3:15.50	40.61	450m:	5:56.09	40.59	650m:	8:39.90	40.57
	100m:	1:14.04	39.23	300m:	3:55.44	39.94	500m:	6:37.77	41.68	700m:	9:20.06	40.16
	150m:	1:54.04	40.00	350m:	4:35.78	40.34	550m:	7:18.23	40.46	750m:	10:00.13	40.07
	200m:	2:34.89	40.85	400m:	5:15.50	39.72	600m:	7:59.33	41.10	800m:	10:38.69	38.56



29,		, 800m						R.T.		FINA		
60.				2007	I			<b>10:44.92</b>		<b>424</b>		
	50m:	36.12	36.12	250m:	3:18.31	41.00	450m:	6:03.54	41.14	650m:	8:48.35	42.34
	100m:	1:15.85	39.73	300m:	3:59.78	41.47	500m:	6:43.50	39.96	700m:	9:29.25	40.90
	150m:	1:56.26	40.41	350m:	4:41.73	41.95	550m:	7:25.64	42.14	750m:	10:08.83	39.58
	200m:	2:37.31	41.05	400m:	5:22.40	40.67	600m:	8:06.01	40.37	800m:	10:44.92	36.09
61.				2006	I			<b>10:49.47</b>		<b>415</b>		
	50m:	33.79	33.79	250m:	3:11.01	39.39	450m:	5:55.60	41.95	650m:	8:44.83	42.17
	100m:	1:12.16	38.37	300m:	3:51.60	40.59	500m:	6:37.57	41.97	700m:	9:27.48	42.65
	150m:	1:51.60	39.44	350m:	4:32.93	41.33	550m:	7:20.79	43.22	750m:	10:08.75	41.27
	200m:	2:31.62	40.02	400m:	5:13.65	40.72	600m:	8:02.66	41.87	800m:	10:49.47	40.72
62.				2009	I			<b>10:51.77</b>		<b>411</b>		
	50m:	35.10	35.10	250m:	3:20.12	41.41	450m:	6:08.59	41.92	650m:	8:54.08	40.71
	100m:	1:15.81	40.71	300m:	4:02.31	42.19	500m:	6:50.02	41.43	700m:	9:35.35	41.27
	150m:	1:56.87	41.06	350m:	4:44.05	41.74	550m:	7:32.03	42.01	750m:	10:14.77	39.42
	200m:	2:38.71	41.84	400m:	5:26.67	42.62	600m:	8:13.37	41.34	800m:	10:51.77	37.00
63.				2008	I			<b>10:56.20</b>		<b>403</b>		
	50m:	35.21	35.21	250m:	3:17.62	41.04	450m:	6:05.45	41.91	650m:	8:55.35	42.46
	100m:	1:14.71	39.50	300m:	3:59.21	41.59	500m:	6:48.05	42.60	700m:	9:37.98	42.63
	150m:	1:54.99	40.28	350m:	4:41.00	41.79	550m:	7:29.93	41.88	750m:	10:17.75	39.77
	200m:	2:36.58	41.59	400m:	5:23.54	42.54	600m:	8:12.89	42.96	800m:	10:56.20	38.45
64.				2009	I			<b>10:59.02</b>		<b>398</b>		
	50m:	36.82	36.82	250m:	3:21.23	41.01	450m:	6:07.49	41.43	650m:	8:54.77	41.18
	100m:	1:17.47	40.65	300m:	4:02.67	41.44	500m:	6:49.91	42.42	700m:	9:38.00	43.23
	150m:	1:58.60	41.13	350m:	4:44.50	41.83	550m:	7:31.24	41.33	750m:	10:19.61	41.61
	200m:	2:40.22	41.62	400m:	5:26.06	41.56	600m:	8:13.59	42.35	800m:	10:59.02	39.41
65.				2009	I			<b>11:05.76</b>		<b>386</b>		
	50m:	35.53	35.53	250m:	3:20.59	41.99	450m:	6:11.13	42.64	650m:	9:01.00	42.25
	100m:	1:15.89	40.36	300m:	4:02.77	42.18	500m:	6:53.58	42.45	700m:	9:43.40	42.40
	150m:	1:56.95	41.06	350m:	4:45.59	42.82	550m:	7:36.18	42.60	750m:	10:25.22	41.82
	200m:	2:38.60	41.65	400m:	5:28.49	42.90	600m:	8:18.75	42.57	800m:	11:05.76	40.54



29, , 800m

29 , 800m

(15-17 )

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	/						R.T.				FINA	
1.	2006						<b>9:00.67</b>				720	
	50m:	31.85	31.85	250m:	2:52.16	34.94	450m:	5:09.80	34.11	650m:	7:23.84	33.41
	100m:	1:06.72	34.87	300m:	3:26.89	34.73	500m:	5:43.49	33.69	700m:	7:57.07	33.23
	150m:	1:41.89	35.17	350m:	4:01.56	34.67	550m:	6:17.16	33.67	750m:	8:29.28	32.21
	200m:	2:17.22	35.33	400m:	4:35.69	34.13	600m:	6:50.43	33.27	800m:	9:00.67	31.39
2.	2006						<b>9:07.67</b>				693	
	50m:	31.88	31.88	250m:	2:50.63	34.33	450m:	5:08.87	34.28	650m:	7:26.42	34.22
	100m:	1:07.00	35.12	300m:	3:25.27	34.64	500m:	5:43.48	34.61	700m:	8:00.93	34.51
	150m:	1:41.68	34.68	350m:	3:59.75	34.48	550m:	6:17.62	34.14	750m:	8:34.85	33.92
	200m:	2:16.30	34.62	400m:	4:34.59	34.84	600m:	6:52.20	34.58	800m:	9:07.67	32.82
3.	2007						<b>9:12.34</b>				676	
	50m:	31.82	31.82	250m:	2:51.53	35.03	450m:	5:12.20	35.10	650m:	7:31.29	34.93
	100m:	1:06.49	34.67	300m:	3:26.63	35.10	500m:	5:47.03	34.83	700m:	8:06.46	35.17
	150m:	1:41.37	34.88	350m:	4:02.19	35.56	550m:	6:21.53	34.50	750m:	8:40.16	33.70
	200m:	2:16.50	35.13	400m:	4:37.10	34.91	600m:	6:56.36	34.83	800m:	9:12.34	32.18
4.	2007						<b>9:16.16</b>				662	
	50m:	32.72	32.72	250m:	2:53.11	34.95	450m:	5:13.31	34.85	650m:	7:33.65	35.08
	100m:	1:07.61	34.89	300m:	3:27.95	34.84	500m:	5:48.62	35.31	700m:	8:08.43	34.78
	150m:	1:43.02	35.41	350m:	4:03.33	35.38	550m:	6:23.38	34.76	750m:	8:43.07	34.64
	200m:	2:18.16	35.14	400m:	4:38.46	35.13	600m:	6:58.57	35.19	800m:	9:16.16	33.09
5.	2005						<b>9:16.27</b>				661	
	50m:	32.02	32.02	250m:	2:51.05	34.98	450m:	5:11.69	35.51	650m:	7:33.24	35.86
	100m:	1:06.41	34.39	300m:	3:25.95	34.90	500m:	5:46.84	35.15	700m:	8:08.60	35.36
	150m:	1:41.27	34.86	350m:	4:01.20	35.25	550m:	6:22.28	35.44	750m:	8:43.79	35.19
	200m:	2:16.07	34.80	400m:	4:36.18	34.98	600m:	6:57.38	35.10	800m:	9:16.27	32.48
6.	2007						<b>9:16.96</b>				659	
	50m:	32.74	32.74	250m:	2:54.74	35.41	450m:	5:15.53	34.99	650m:	7:34.72	34.54
	100m:	1:08.23	35.49	300m:	3:29.94	35.20	500m:	5:50.71	35.18	700m:	8:09.30	34.58
	150m:	1:44.11	35.88	350m:	4:05.33	35.39	550m:	6:25.65	34.94	750m:	8:43.81	34.51
	200m:	2:19.33	35.22	400m:	4:40.54	35.21	600m:	7:00.18	34.53	800m:	9:16.96	33.15
7.	2007						<b>9:26.83</b>				625	
	50m:	31.77	31.77	250m:	2:53.05	35.22	450m:	5:16.10	36.20	650m:	7:41.76	36.49
	100m:	1:07.09	35.32	300m:	3:28.42	35.37	500m:	5:52.24	36.14	700m:	8:17.70	35.94
	150m:	1:42.14	35.05	350m:	4:04.10	35.68	550m:	6:28.78	36.54	750m:	8:53.19	35.49
	200m:	2:17.83	35.69	400m:	4:39.90	35.80	600m:	7:05.27	36.49	800m:	9:26.83	33.64
8.	2006						<b>9:27.61</b>				623	
	50m:	32.01	32.01	250m:	2:53.04	35.55	450m:	5:15.54	36.08	650m:	7:40.26	36.44
	100m:	1:06.81	34.80	300m:	3:28.22	35.18	500m:	5:51.56	36.02	700m:	8:16.53	36.27
	150m:	1:42.00	35.19	350m:	4:04.00	35.78	550m:	6:27.82	36.26	750m:	8:52.87	36.34
	200m:	2:17.49	35.49	400m:	4:39.46	35.46	600m:	7:03.82	36.00	800m:	9:27.61	34.74
9.	2005						<b>9:32.92</b>				605	
	50m:	32.46	32.46	250m:	2:54.63	35.77	450m:	5:19.32	35.94	650m:	7:45.07	36.44
	100m:	1:07.56	35.10	300m:	3:31.07	36.44	500m:	5:55.69	36.37	700m:	8:22.03	36.96
	150m:	1:42.60	35.04	350m:	4:07.16	36.09	550m:	6:31.98	36.29	750m:	8:58.12	36.09
	200m:	2:18.86	36.26	400m:	4:43.38	36.22	600m:	7:08.63	36.65	800m:	9:32.92	34.80

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29,		, 800m				(15-17 )		R.T.		FINA		
10.				2005				<b>9:34.10</b>		<b>602</b>		
	50m:	32.24	32.24	250m:	2:53.72	35.43	450m:	5:16.11	36.01	650m:	7:43.35	37.21
	100m:	1:07.33	35.09	300m:	3:28.95	35.23	500m:	5:52.32	36.21	700m:	8:21.12	37.77
	150m:	1:42.82	35.49	350m:	4:04.38	35.43	550m:	6:29.28	36.96	750m:	8:58.78	37.66
	200m:	2:18.29	35.47	400m:	4:40.10	35.72	600m:	7:06.14	36.86	800m:	9:34.10	35.32
11.				2006				<b>9:36.04</b>		<b>596</b>		
	50m:	33.28	33.28	250m:	2:58.45	36.42	450m:	5:24.32	36.69	650m:	7:50.26	36.73
	100m:	1:09.12	35.84	300m:	3:34.64	36.19	500m:	6:00.33	36.01	700m:	8:26.61	36.35
	150m:	1:45.65	36.53	350m:	4:11.06	36.42	550m:	6:37.02	36.69	750m:	9:02.70	36.09
	200m:	2:22.03	36.38	400m:	4:47.63	36.57	600m:	7:13.53	36.51	800m:	9:36.04	33.34
12.				2005				<b>9:40.33</b>		<b>582</b>		
	50m:	32.95	32.95	250m:	3:00.10	36.82	450m:	5:26.60	36.80	650m:	7:52.61	36.46
	100m:	1:09.68	36.73	300m:	3:36.79	36.69	500m:	6:03.49	36.89	700m:	8:28.67	36.06
	150m:	1:46.42	36.74	350m:	4:13.23	36.44	550m:	6:39.66	36.17	750m:	9:04.33	35.66
	200m:	2:23.28	36.86	400m:	4:49.80	36.57	600m:	7:16.15	36.49	800m:	9:40.33	36.00
13.				2007				<b>9:41.08</b>		<b>580</b>		
	50m:	33.08	33.08	250m:	2:58.45	36.89	450m:	5:24.80	37.05	650m:	7:51.67	37.30
	100m:	1:08.84	35.76	300m:	3:34.71	36.26	500m:	6:01.07	36.27	700m:	8:29.07	37.40
	150m:	1:45.13	36.29	350m:	4:11.03	36.32	550m:	6:37.96	36.89	750m:	9:05.74	36.67
	200m:	2:21.56	36.43	400m:	4:47.75	36.72	600m:	7:14.37	36.41	800m:	9:41.08	35.34
14.				2006				<b>9:41.94</b>		<b>578</b>		
	50m:	32.92	32.92	250m:	2:59.71	37.18	450m:	5:25.69	36.24	650m:	7:52.99	37.39
	100m:	1:08.95	36.03	300m:	3:36.29	36.58	500m:	6:02.39	36.70	700m:	8:29.82	36.83
	150m:	1:45.76	36.81	350m:	4:12.76	36.47	550m:	6:38.86	36.47	750m:	9:06.38	36.56
	200m:	2:22.53	36.77	400m:	4:49.45	36.69	600m:	7:15.60	36.74	800m:	9:41.94	35.56
15.				2006				<b>9:44.01</b>		<b>572</b>		
	50m:	32.20	32.20	250m:	2:56.87	36.45	450m:	5:24.12	36.54	650m:	7:53.06	37.33
	100m:	1:07.57	35.37	300m:	3:33.69	36.82	500m:	6:01.02	36.90	700m:	8:31.16	38.10
	150m:	1:44.39	36.82	350m:	4:10.45	36.76	550m:	6:38.34	37.32	750m:	9:07.96	36.80
	200m:	2:20.42	36.03	400m:	4:47.58	37.13	600m:	7:15.73	37.39	800m:	9:44.01	36.05
16.				2006				<b>9:44.09</b>		<b>571</b>		
	50m:	33.50	33.50	250m:	2:59.55	36.47	450m:	5:26.73	36.67	650m:	7:54.08	36.71
	100m:	1:09.74	36.24	300m:	3:36.23	36.68	500m:	6:03.84	37.11	700m:	8:31.00	36.92
	150m:	1:46.43	36.69	350m:	4:13.39	37.16	550m:	6:40.39	36.55	750m:	9:07.80	36.80
	200m:	2:23.08	36.65	400m:	4:50.06	36.67	600m:	7:17.37	36.98	800m:	9:44.09	36.29
17.				2007				<b>9:47.16</b>		<b>562</b>		
	50m:	33.07	33.07	250m:	2:58.92	36.19	450m:	5:26.74	36.93	650m:	7:56.49	37.74
	100m:	1:09.50	36.43	300m:	3:36.05	37.13	500m:	6:03.85	37.11	700m:	8:34.23	37.74
	150m:	1:46.31	36.81	350m:	4:12.83	36.78	550m:	6:41.09	37.24	750m:	9:11.57	37.34
	200m:	2:22.73	36.42	400m:	4:49.81	36.98	600m:	7:18.75	37.66	800m:	9:47.16	35.59
18.				2007				<b>9:53.59</b>		<b>544</b>		
	50m:	34.69	34.69	250m:	3:03.05	37.08	450m:	5:31.89	37.39	650m:	8:02.81	37.33
	100m:	1:11.65	36.96	300m:	3:40.25	37.20	500m:	6:09.50	37.61	700m:	8:40.91	38.10
	150m:	1:48.70	37.05	350m:	4:17.51	37.26	550m:	6:47.30	37.80	750m:	9:17.45	36.54
	200m:	2:25.97	37.27	400m:	4:54.50	36.99	600m:	7:25.48	38.18	800m:	9:53.59	36.14
19.				2007				<b>9:57.12</b>		<b>535</b>		
	50m:	34.99	34.99	250m:	3:05.79	37.95	450m:	5:36.97	37.79	650m:	8:07.24	37.55
	100m:	1:12.34	37.35	300m:	3:43.68	37.89	500m:	6:14.55	37.58	700m:	8:44.68	37.44
	150m:	1:50.15	37.81	350m:	4:21.66	37.98	550m:	6:52.15	37.60	750m:	9:21.39	36.71
	200m:	2:27.84	37.69	400m:	4:59.18	37.52	600m:	7:29.69	37.54	800m:	9:57.12	35.73



29,		, 800m				(15-17 )		R.T.		FINA		
20.				2007				<b>10:05.47</b>	I		<b>513</b>	
	50m:	32.72	32.72	250m:	3:02.94	38.21	450m:	5:38.12	38.63	650m:	8:11.87	38.31
	100m:	1:09.38	36.66	300m:	3:41.41	38.47	500m:	6:16.60	38.48	700m:	8:50.61	38.74
	150m:	1:47.07	37.69	350m:	4:20.52	39.11	550m:	6:54.91	38.31	750m:	9:29.06	38.45
	200m:	2:24.73	37.66	400m:	4:59.49	38.97	600m:	7:33.56	38.65	800m:	10:05.47	36.41
21.				2007				<b>10:09.24</b>	I		<b>503</b>	
	50m:	34.16	34.16	250m:	3:05.43	38.07	450m:	5:39.66	38.38	650m:	8:13.45	38.47
	100m:	1:11.03	36.87	300m:	3:44.07	38.64	500m:	6:18.41	38.75	700m:	8:52.50	39.05
	150m:	1:48.96	37.93	350m:	4:22.37	38.30	550m:	6:56.05	37.64	750m:	9:31.34	38.84
	200m:	2:27.36	38.40	400m:	5:01.28	38.91	600m:	7:34.98	38.93	800m:	10:09.24	37.90
22.				2007				<b>10:10.22</b>	I		<b>501</b>	
	50m:	34.54	34.54	250m:	3:08.38	38.74	450m:	5:43.58	38.53	650m:	8:18.10	38.21
	100m:	1:12.44	37.90	300m:	3:47.32	38.94	500m:	6:22.42	38.84	700m:	8:56.30	38.20
	150m:	1:51.00	38.56	350m:	4:26.10	38.78	550m:	7:00.87	38.45	750m:	9:33.68	37.38
	200m:	2:29.64	38.64	400m:	5:05.05	38.95	600m:	7:39.89	39.02	800m:	10:10.22	36.54
23.				2007				<b>10:13.24</b>	I		<b>494</b>	
	50m:	34.04	34.04	250m:	3:06.96	39.13	450m:	5:42.67	38.54	650m:	8:19.00	39.36
	100m:	1:11.06	37.02	300m:	3:46.01	39.05	500m:	6:21.65	38.98	700m:	8:57.40	38.40
	150m:	1:49.72	38.66	350m:	4:25.11	39.10	550m:	7:00.40	38.75	750m:	9:35.22	37.82
	200m:	2:27.83	38.11	400m:	5:04.13	39.02	600m:	7:39.64	39.24	800m:	10:13.24	38.02
24.				2007	I			<b>10:26.21</b>	I		<b>463</b>	
	50m:	35.61	35.61	250m:	3:11.10	39.34	450m:	5:50.32	39.85	650m:	8:28.94	39.80
	100m:	1:13.76	38.15	300m:	3:50.65	39.55	500m:	6:30.07	39.75	700m:	9:08.58	39.64
	150m:	1:52.61	38.85	350m:	4:30.98	40.33	550m:	7:09.68	39.61	750m:	9:47.97	39.39
	200m:	2:31.76	39.15	400m:	5:10.47	39.49	600m:	7:49.14	39.46	800m:	10:26.21	38.24
25.				2007	I			<b>10:27.89</b>			<b>460</b>	
	50m:	35.40	35.40	250m:	3:13.80	39.96	450m:	5:52.73	39.39	650m:	8:31.14	39.78
	100m:	1:14.58	39.18	300m:	3:53.68	39.88	500m:	6:32.23	39.50	700m:	9:10.49	39.35
	150m:	1:54.32	39.74	350m:	4:33.56	39.88	550m:	7:11.95	39.72	750m:	9:50.11	39.62
	200m:	2:33.84	39.52	400m:	5:13.34	39.78	600m:	7:51.36	39.41	800m:	10:27.89	37.78
26.				2007	I			<b>10:30.29</b>			<b>455</b>	
	50m:	37.20	37.20	250m:	3:15.52	40.07	450m:	5:54.39	40.03	650m:	8:33.42	39.91
	100m:	1:16.31	39.11	300m:	3:54.88	39.36	500m:	6:33.63	39.24	700m:	9:12.71	39.29
	150m:	1:56.04	39.73	350m:	4:34.83	39.95	550m:	7:13.78	40.15	750m:	9:52.76	40.05
	200m:	2:35.45	39.41	400m:	5:14.36	39.53	600m:	7:53.51	39.73	800m:	10:30.29	37.53
27.				2006	I			<b>10:30.47</b>			<b>454</b>	
	50m:	33.48	33.48	250m:	3:07.27	38.63	450m:	5:47.54	40.69	650m:	8:31.17	41.03
	100m:	1:11.12	37.64	300m:	3:46.81	39.54	500m:	6:28.23	40.69	700m:	9:12.54	41.37
	150m:	1:49.38	38.26	350m:	4:26.42	39.61	550m:	7:09.35	41.12	750m:	9:51.83	39.29
	200m:	2:28.64	39.26	400m:	5:06.85	40.43	600m:	7:50.14	40.79	800m:	10:30.47	38.64
28.				2007	I			<b>10:31.41</b>			<b>452</b>	
	50m:	35.21	35.21	250m:	3:13.14	39.86	450m:	5:53.20	40.32	650m:	8:34.06	39.88
	100m:	1:13.88	38.67	300m:	3:52.99	39.85	500m:	6:33.58	40.38	700m:	9:14.33	40.27
	150m:	1:53.51	39.63	350m:	4:33.25	40.26	550m:	7:13.92	40.34	750m:	9:53.98	39.65
	200m:	2:33.28	39.77	400m:	5:12.88	39.63	600m:	7:54.18	40.26	800m:	10:31.41	37.43
29.				2007	I			<b>10:44.92</b>			<b>424</b>	
	50m:	36.12	36.12	250m:	3:18.31	41.00	450m:	6:03.54	41.14	650m:	8:48.35	42.34
	100m:	1:15.85	39.73	300m:	3:59.78	41.47	500m:	6:43.50	39.96	700m:	9:29.25	40.90
	150m:	1:56.26	40.41	350m:	4:41.73	41.95	550m:	7:25.64	42.14	750m:	10:08.83	39.58
	200m:	2:37.31	41.05	400m:	5:22.40	40.67	600m:	8:06.01	40.37	800m:	10:44.92	36.09



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29, , 800m , (15-17 )

30.			/					R.T.		FINA		
			2006 I					<b>10:49.47</b>		<b>415</b>		
	50m:	33.79	33.79	250m:	3:11.01	39.39	450m:	5:55.60	41.95	650m:	8:44.83	42.17
	100m:	1:12.16	38.37	300m:	3:51.60	40.59	500m:	6:37.57	41.97	700m:	9:27.48	42.65
	150m:	1:51.60	39.44	350m:	4:32.93	41.33	550m:	7:20.79	43.22	750m:	10:08.75	41.27
	200m:	2:31.62	40.02	400m:	5:13.65	40.72	600m:	8:02.66	41.87	800m:	10:49.47	40.72

