

9 , 400m
24.02.2021 - 11:00

												4:06.01			09.04.2019		
												4:08.81			24.06.2015		
														(AZE)			
: FINA 2020																	
												/			R.T.	FINA	
1.				2004							4:22.73	729					
	50m:	30.80	30.80	150m:	1:37.02	33.42	250m:	2:43.59	33.30	350m:	3:50.34	33.57					
	100m:	1:03.60	32.80	200m:	2:10.29	33.27	300m:	3:16.77	33.18	400m:	4:22.73	32.39					
2.				2005							4:27.37	691					
	50m:	30.70	30.70	150m:	1:40.33	35.11	250m:	2:49.17	34.18	350m:	3:56.43	33.38					
	100m:	1:05.22	34.52	200m:	2:14.99	34.66	300m:	3:23.05	33.88	400m:	4:27.37	30.94					
3.				2006							4:27.70	689					
	50m:	31.58	31.58	150m:	1:39.25	34.20	250m:	2:47.56	34.20	350m:	3:55.25	33.49					
	100m:	1:05.05	33.47	200m:	2:13.36	34.11	300m:	3:21.76	34.20	400m:	4:27.70	32.45					
4.				2004							4:29.18	677					
	50m:	30.62	30.62	150m:	1:38.51	33.94	250m:	2:46.16	33.76	350m:	3:55.41	34.83					
	100m:	1:04.57	33.95	200m:	2:12.40	33.89	300m:	3:20.58	34.42	400m:	4:29.18	33.77					
5.				2007							4:30.06	671					
	50m:	30.49	30.49	150m:	1:38.11	34.48	250m:	2:47.99	35.20	350m:	3:57.92	34.55					
	100m:	1:03.63	33.14	200m:	2:12.79	34.68	300m:	3:23.37	35.38	400m:	4:30.06	32.14					
6.				2006							4:30.23	669					
	50m:	30.63	30.63	150m:	1:38.74	34.34	250m:	2:48.16	34.57	350m:	3:57.89	34.56					
	100m:	1:04.40	33.77	200m:	2:13.59	34.85	300m:	3:23.33	35.17	400m:	4:30.23	32.34					
7.				2006							4:30.59	667					
	50m:	32.01	32.01	150m:	1:39.85	33.83	250m:	2:48.10	34.10	350m:	3:57.55	34.28					
	100m:	1:06.02	34.01	200m:	2:14.00	34.15	300m:	3:23.27	35.17	400m:	4:30.59	33.04					
8.				2004							4:30.74	666					
	100m:	1:05.02	1:05.02	200m:	2:14.27	1:09.25	300m:	3:23.57	1:09.30	400m:	4:30.74	1:07.17					
9.				2004							4:30.87	665					
	50m:	31.58	31.58	150m:	1:39.38	34.22	250m:	2:48.16	34.40	350m:	3:57.31	34.75					
	100m:	1:05.16	33.58	200m:	2:13.76	34.38	300m:	3:22.56	34.40	400m:	4:30.87	33.56					
10.				2003							4:31.81	658					
	50m:	31.05	31.05	150m:	1:40.11	35.08	250m:	2:49.69	34.63	350m:	3:59.05	34.65					
	100m:	1:05.03	33.98	200m:	2:15.06	34.95	300m:	3:24.40	34.71	400m:	4:31.81	32.76					
11.				2005							4:31.99	657					
	50m:	32.43	32.43	150m:	1:40.59	34.36	250m:	2:49.53	34.73	350m:	3:58.49	34.36					
	100m:	1:06.23	33.80	200m:	2:14.80	34.21	300m:	3:24.13	34.60	400m:	4:31.99	33.50					
12.				2003							4:32.82	651					
	50m:	30.97	30.97	150m:	1:39.78	34.64	250m:	2:49.31	34.49	350m:	3:59.08	34.82					
	100m:	1:05.14	34.17	200m:	2:14.82	35.04	300m:	3:24.26	34.95	400m:	4:32.82	33.74					
13.				2006							4:33.23	648					
	50m:	30.94	30.94	150m:	1:38.92	33.91	250m:	2:48.42	34.97	350m:	3:59.04	35.34					
	100m:	1:05.01	34.07	200m:	2:13.45	34.53	300m:	3:23.70	35.28	400m:	4:33.23	34.19					
14.				2005							4:33.36	647					
	50m:	31.92	31.92	150m:	1:40.90	35.01	250m:	2:50.66	35.16	350m:	4:00.24	34.72					
	100m:	1:05.89	33.97	200m:	2:15.50	34.60	300m:	3:25.52	34.86	400m:	4:33.36	33.12					

9,		, 400m						R.T.		FINA	
15.				2005					4:33.58		645
	50m:	31.43	31.43	150m:	1:39.64	34.49	250m:	2:49.16	34.88	350m:	4:00.54
	100m:	1:05.15	33.72	200m:	2:14.28	34.64	300m:	3:24.47	35.31	400m:	4:33.58
16.				2004					4:34.23		641
	100m:	1:06.00	1:06.00	200m:	2:14.97	1:08.97	300m:	3:24.93	1:09.96	400m:	4:34.23
17.				2003					4:34.55		638
	50m:	32.52	32.52	150m:	1:42.62	35.30	250m:	2:52.69	35.06	350m:	4:01.90
	100m:	1:07.32	34.80	200m:	2:17.63	35.01	300m:	3:27.32	34.63	400m:	4:34.55
18.				2006					4:36.08		628
	50m:	30.93	30.93	150m:	1:38.94	34.58	250m:	2:49.67	35.59	350m:	4:01.09
	100m:	1:04.36	33.43	200m:	2:14.08	35.14	300m:	3:25.59	35.92	400m:	4:36.08
19.				2005					4:36.28		626
	50m:	31.32	31.32	150m:	1:41.02	35.06	250m:	2:51.33	35.46	350m:	4:02.15
	100m:	1:05.96	34.64	200m:	2:15.87	34.85	300m:	3:26.88	35.55	400m:	4:36.28
20.				2007					4:36.31		626
	50m:	32.88	32.88	150m:	1:43.33	35.42	250m:	2:53.67	35.49	350m:	4:03.11
	100m:	1:07.91	35.03	200m:	2:18.18	34.85	300m:	3:28.28	34.61	400m:	4:36.31
21.				2005					4:37.57		618
	50m:	30.96	30.96	150m:	1:40.28	35.05	250m:	2:51.09	35.11	350m:	4:02.46
	100m:	1:05.23	34.27	200m:	2:15.98	35.70	300m:	3:26.92	35.83	400m:	4:37.57
22.				2000		-			4:38.25		613
	50m:	31.23	31.23	150m:	1:41.17	35.56	250m:	2:52.94	36.15	350m:	4:03.95
	100m:	1:05.61	34.38	200m:	2:16.79	35.62	300m:	3:28.20	35.26	400m:	4:38.25
23.				2008					4:38.50		612
	50m:	30.73	30.73	150m:	1:40.86	35.28	250m:	2:51.69	34.61	350m:	4:03.39
	100m:	1:05.58	34.85	200m:	2:17.08	36.22	300m:	3:27.99	36.30	400m:	4:38.50
24.				2005					4:38.86		609
	50m:	32.63	32.63	150m:	1:43.59	35.28	250m:	2:54.48	35.28	350m:	4:04.93
	100m:	1:08.31	35.68	200m:	2:19.20	35.61	300m:	3:29.92	35.44	400m:	4:38.86
25.				2005					4:39.11		608
	100m:	1:05.92	1:05.92	200m:	2:15.85	1:09.93	300m:	3:28.30	1:12.45	400m:	4:39.11
26.				2006					4:39.26		607
	50m:	32.17	32.17	150m:	1:42.24	34.81	250m:	2:53.51	35.84	400m:	4:39.26
	100m:	1:07.43	35.26	200m:	2:17.67	35.43	300m:	3:29.47	35.96		1:09.79
27.				2002					4:39.28		606
	50m:	31.99	31.99	150m:	1:42.45	35.53	250m:	2:53.81	35.69	350m:	4:04.97
	100m:	1:06.92	34.93	200m:	2:18.12	35.67	300m:	3:29.38	35.57	400m:	4:39.28
28.				2007					4:39.91		602
	100m:	1:06.53	1:06.53	200m:	2:17.21	1:10.68	300m:	3:28.77	1:11.56	400m:	4:39.91
29.				2006					4:40.73		597
	50m:	31.50	31.50	150m:	1:41.68	35.38	250m:	2:53.52	36.29	350m:	4:05.59
	100m:	1:06.30	34.80	200m:	2:17.23	35.55	300m:	3:29.71	36.19	400m:	4:40.73
30.				2006					4:41.75		591
	50m:	31.94	31.94	150m:	1:41.84	35.40	250m:	2:54.03	35.85	350m:	4:06.96
	100m:	1:06.44	34.50	200m:	2:18.18	36.34	300m:	3:30.42	36.39	400m:	4:41.75

9,		, 400m						R.T.		FINA		
31.				2005					4:41.91		590	
	50m:	32.39	32.39	150m:	1:43.23	36.07	250m:	2:55.38	36.17	350m:	4:07.90	36.14
	100m:	1:07.16	34.77	200m:	2:19.21	35.98	300m:	3:31.76	36.38	400m:	4:41.91	34.01
32.				1999					4:43.28		581	
	100m:	1:06.95	1:06.95	200m:	2:19.31	1:12.36	300m:	3:32.59	1:13.28	400m:	4:43.28	1:10.69
33.				2003					4:43.67		579	
	50m:	33.07	33.07	150m:	1:43.84	35.70	250m:	2:55.12	36.23	350m:	4:08.67	37.29
	100m:	1:08.14	35.07	200m:	2:18.89	35.05	300m:	3:31.38	36.26	400m:	4:43.67	35.00
34.				2002					4:44.14		576	
	50m:	31.67	31.67	150m:	1:42.29	35.72	250m:	2:55.64	36.77	350m:	4:08.51	36.47
	100m:	1:06.57	34.90	200m:	2:18.87	36.58	300m:	3:32.04	36.40	400m:	4:44.14	35.63
35.				2008					4:44.34		575	
	100m:	1:08.19	1:08.19	200m:	2:20.88	36.03	300m:	3:33.43	35.97	400m:	4:44.34	34.55
	150m:	1:44.85	36.66	250m:	2:57.46	36.58	350m:	4:09.79	36.36			
36.				2004					4:44.41		574	
	50m:	32.54	32.54	150m:	1:43.95	36.69	250m:	2:56.94	36.45	350m:	4:09.59	36.32
	100m:	1:07.26	34.72	200m:	2:20.49	36.54	300m:	3:33.27	36.33	400m:	4:44.41	34.82
37.				2006					4:44.61		573	
	100m:	1:08.26	1:08.26	200m:	2:20.71	1:12.45	300m:	3:33.85	1:13.14	400m:	4:44.61	1:10.76
38.				2005					4:45.02		571	
	50m:	31.68	31.68	150m:	1:43.33	36.01	250m:	2:56.18	36.18	350m:	4:09.27	36.54
	100m:	1:07.32	35.64	200m:	2:20.00	36.67	300m:	3:32.73	36.55	400m:	4:45.02	35.75
39.				2008					4:46.79		560	
	50m:	32.65	32.65	150m:	1:45.13	36.73	250m:	2:59.27	37.21	350m:	4:12.56	36.81
	100m:	1:08.40	35.75	200m:	2:22.06	36.93	300m:	3:35.75	36.48	400m:	4:46.79	34.23
40.				2006					4:47.43		556	
	50m:	31.81	31.81	150m:	1:44.83	36.42	250m:	2:58.58	36.65	350m:	4:11.91	36.37
	100m:	1:08.41	36.60	200m:	2:21.93	37.10	300m:	3:35.54	36.96	400m:	4:47.43	35.52
41.				2004					4:48.32		551	
	50m:	32.84	32.84	150m:	1:45.94	36.73	250m:	2:59.66	36.26	350m:	4:12.73	36.49
	100m:	1:09.21	36.37	200m:	2:23.40	37.46	300m:	3:36.24	36.58	400m:	4:48.32	35.59
42.				2005					4:48.49		550	
	50m:	32.92	32.92	150m:	1:44.96	36.58	250m:	2:59.13	37.22	350m:	4:12.75	36.77
	100m:	1:08.38	35.46	200m:	2:21.91	36.95	300m:	3:35.98	36.85	400m:	4:48.49	35.74
43.				2004					4:49.44		545	
	50m:	31.87	31.87	150m:	1:43.87	36.29	250m:	2:57.69	37.10	350m:	4:13.11	37.98
	100m:	1:07.58	35.71	200m:	2:20.59	36.72	300m:	3:35.13	37.44	400m:	4:49.44	36.33
44.				2007					4:49.72		543	
	50m:	32.10	32.10	200m:	2:22.55	37.65	300m:	3:36.59	37.70	400m:	4:49.72	36.23
	150m:	1:44.90	1:12.80	250m:	2:58.89	36.34	350m:	4:13.49	36.90			
45.				2004					4:51.05		536	
	100m:	1:07.38	1:07.38	200m:	2:20.08	1:12.70	300m:	3:36.03	1:15.95	400m:	4:51.05	1:15.02
46.				2005					4:51.49		533	
	50m:	32.39	32.39	150m:	1:45.05	36.65	250m:	3:00.03	37.66	350m:	4:15.12	37.58
	100m:	1:08.40	36.01	200m:	2:22.37	37.32	300m:	3:37.54	37.51	400m:	4:51.49	36.37

	9,	, 400m							R.T.		FINA
47.				2007						4:52.25	529
	50m:	32.89	32.89	150m:	1:46.20	37.22	250m:	3:01.75	38.02	350m:	4:16.57
	100m:	1:08.98	36.09	200m:	2:23.73	37.53	300m:	3:39.63	37.88	400m:	4:52.25
48.				2005						4:52.59	527
	50m:	32.56	32.56	150m:	1:44.67	36.63	250m:	2:59.67	38.13	350m:	4:15.96
	100m:	1:08.04	35.48	200m:	2:21.54	36.87	300m:	3:37.92	38.25	400m:	4:52.59
49.				2007						4:52.87	526
	50m:	31.75	31.75	150m:	1:45.92	38.14	250m:	3:01.30	37.96	350m:	4:17.07
	100m:	1:07.78	36.03	200m:	2:23.34	37.42	300m:	3:39.01	37.71	400m:	4:52.87
50.				2008						4:53.04	525
	50m:	32.85	32.85	200m:	2:24.51	37.88	300m:	3:39.93	37.35	400m:	4:53.04
	150m:	1:46.63	1:13.78	250m:	3:02.58	38.07	350m:	4:17.18	37.25		35.86
51.				2005						4:53.43	523
	100m:	1:06.47	1:06.47	200m:	2:21.96	1:15.49	300m:	3:37.57	1:15.61	400m:	4:53.43
52.				2006						4:54.04	520
	50m:	33.41	33.41	150m:	1:48.27	38.26	300m:	3:41.59	1:15.60		
	100m:	1:10.01	36.60	200m:	2:25.99	37.72	400m:	4:54.04	1:12.45		
53.				2006						4:54.69	516
	50m:	31.99	31.99	150m:	1:45.07	36.42	250m:	3:00.19	36.48	350m:	4:16.73
	100m:	1:08.65	36.66	200m:	2:23.71	38.64	300m:	3:38.67	38.48	400m:	4:54.69
54.				2005						4:54.77	516
	50m:	33.74	33.74	150m:	1:47.56	37.17	250m:	3:02.16	37.35	350m:	4:18.65
	100m:	1:10.39	36.65	200m:	2:24.81	37.25	300m:	3:40.27	38.11	400m:	4:54.77
55.				2005						4:55.16	514
	50m:	32.10	32.10	150m:	1:45.36	37.16	250m:	3:01.49	38.20	350m:	4:17.71
	100m:	1:08.20	36.10	200m:	2:23.29	37.93	300m:	3:39.91	38.42	400m:	4:55.16
56.				2006						4:55.49	512
	50m:	32.11	32.11	150m:	1:45.97	36.57	250m:	3:01.59	37.63	350m:	4:18.11
	100m:	1:09.40	37.29	200m:	2:23.96	37.99	300m:	3:40.46	38.87	400m:	4:55.49
57.				2005						4:55.95	510
	50m:	31.40	31.40	150m:	1:43.78	37.36	250m:	3:00.27	38.53	350m:	4:17.84
	100m:	1:06.42	35.02	200m:	2:21.74	37.96	300m:	3:39.21	38.94	400m:	4:55.95
58.				2006						4:56.33	508
	50m:	33.32	33.32	150m:	1:48.67	38.41	250m:	3:05.62	38.35	350m:	4:21.74
	100m:	1:10.26	36.94	200m:	2:27.27	38.60	300m:	3:44.09	38.47	400m:	4:56.33
59.				2006						4:56.88	505
	50m:	33.58	33.58	150m:	1:47.73	37.26	250m:	3:04.08	38.07	350m:	4:20.89
	100m:	1:10.47	36.89	200m:	2:26.01	38.28	300m:	3:42.65	38.57	400m:	4:56.88
				2005						4:56.88	505
	50m:	32.34	32.34	150m:	1:46.83	38.01	250m:	3:04.63	39.21	350m:	4:21.25
	100m:	1:08.82	36.48	200m:	2:25.42	38.59	300m:	3:43.02	38.39	400m:	4:56.88
61.				2008						4:58.49	497
	50m:	32.57	32.57	150m:	1:45.80	37.21	250m:	3:02.53	38.84	350m:	4:20.58
	100m:	1:08.59	36.02	200m:	2:23.69	37.89	300m:	3:41.57	39.04	400m:	4:58.49
62.				2008						4:59.45	492
	50m:	34.71	34.71	150m:	1:51.93	38.78	250m:	3:09.54	38.86	350m:	4:25.18
	100m:	1:13.15	38.44	200m:	2:30.68	38.75	300m:	3:48.25	38.71	400m:	4:59.45

9,		, 400m						R.T.		FINA	
63.				2006					4:59.48		492
	50m:	32.33	32.33	150m:	1:45.71	37.89	250m:	3:03.39	39.57	350m:	4:21.62
	100m:	1:07.82	35.49	200m:	2:23.82	38.11	300m:	3:43.54	40.15	400m:	4:59.48
64.				2007					4:59.67		491
	50m:	33.04	33.04	150m:	1:47.29	37.58	250m:	3:03.09	38.18	350m:	4:21.00
	100m:	1:09.71	36.67	200m:	2:24.91	37.62	300m:	3:41.95	38.86	400m:	4:59.67
65.				2006					5:00.14		488
	50m:	34.32	34.32	150m:	1:51.60	39.51	250m:	3:09.86	39.13	350m:	4:26.11
	100m:	1:12.09	37.77	200m:	2:30.73	39.13	300m:	3:48.25	38.39	400m:	5:00.14
66.				2007					5:00.47		487
	50m:	33.65	33.65	150m:	1:49.48	38.48	250m:	3:06.41	38.11	350m:	4:22.59
	100m:	1:11.00	37.35	200m:	2:28.30	38.82	300m:	3:44.63	38.22	400m:	5:00.47
67.				2006					5:01.05		484
	50m:	31.86	31.86	150m:	1:47.70	38.54	250m:	3:06.10	39.38	350m:	4:24.65
	100m:	1:09.16	37.30	200m:	2:26.72	39.02	300m:	3:45.36	39.26	400m:	5:01.05
68.				2007					5:01.85		480
	50m:	33.73	33.73	150m:	1:50.62	39.17	250m:	3:08.91	38.95	350m:	4:25.17
	100m:	1:11.45	37.72	200m:	2:29.96	39.34	300m:	3:47.39	38.48	400m:	5:01.85
69.				2008					5:02.72		476
	50m:	33.15	33.15	150m:	1:48.82	39.05	250m:	3:07.56	39.91	350m:	4:26.09
	100m:	1:09.77	36.62	200m:	2:27.65	38.83	300m:	3:47.23	39.67	400m:	5:02.72
70.				2007					5:02.88		475
	50m:	34.74	34.74	150m:	1:52.30	39.40	250m:	3:11.04	39.51	350m:	4:28.09
	100m:	1:12.90	38.16	200m:	2:31.53	39.23	300m:	3:50.04	39.00	400m:	5:02.88
71.				2004					5:03.09		474
	50m:	32.76	32.76	150m:	1:46.85	37.83	250m:	3:05.66	39.78	350m:	4:24.77
	100m:	1:09.02	36.26	200m:	2:25.88	39.03	300m:	3:44.88	39.22	400m:	5:03.09
72.				2006					5:05.67		462
	100m:	1:12.24	1:12.24	200m:	2:30.51	1:18.27	300m:	3:49.42	1:18.91	400m:	5:05.67
73.				2003					5:05.94		461
	50m:	34.32	34.32	150m:	1:51.66	39.82	250m:	3:10.00	39.26	350m:	4:29.17
	100m:	1:11.84	37.52	200m:	2:30.74	39.08	300m:	3:49.93	39.93	400m:	5:05.94
74.				2007					5:06.23		460
	50m:	32.66	32.66	150m:	1:47.89	37.57	250m:	3:07.25	39.90	350m:	4:27.30
	100m:	1:10.32	37.66	200m:	2:27.35	39.46	300m:	3:47.99	40.74	400m:	5:06.23
75.				2007					5:06.65		458
	100m:	1:09.89	1:09.89	200m:	2:28.45	1:18.56	300m:	3:48.61	1:20.16	400m:	5:06.65
76.				2008					5:07.64		454
	50m:	33.21	33.21	150m:	1:49.24	39.42	250m:	3:09.37	40.53	350m:	4:29.51
	100m:	1:09.82	36.61	200m:	2:28.84	39.60	300m:	3:48.59	39.22	400m:	5:07.64
77.				2006					5:09.35		446
	50m:	32.99	32.99	150m:	1:48.21	39.09	250m:	3:08.60	40.54	350m:	4:30.10
	100m:	1:09.12	36.13	200m:	2:28.06	39.85	300m:	3:49.48	40.88	400m:	5:09.35
78.				2007					5:11.60		436
	50m:	34.99	34.99	150m:	1:52.67	39.16	250m:	3:11.76	39.22	350m:	4:32.25
	100m:	1:13.51	38.52	200m:	2:32.54	39.87	300m:	3:52.04	40.28	400m:	5:11.60

9,		, 400m						R.T.		FINA		
79.				2005					5:12.87		431	
	50m:	33.13	33.13	150m:	1:52.37	40.47	250m:	3:13.36	40.60	350m:	4:35.02	40.47
	100m:	1:11.90	38.77	200m:	2:32.76	40.39	300m:	3:54.55	41.19	400m:	5:12.87	37.85
80.				2005						5:13.65	428	
	50m:	35.71	35.71	150m:	1:53.08	39.67	250m:	3:12.86	40.84	350m:	4:34.77	41.32
	100m:	1:13.41	37.70	200m:	2:32.02	38.94	300m:	3:53.45	40.59	400m:	5:13.65	38.88
81.				2005						5:17.44	413	
	50m:	34.93	34.93	150m:	1:53.56	39.84	250m:	3:16.07	41.45	350m:	4:37.99	40.53
	100m:	1:13.72	38.79	200m:	2:34.62	41.06	300m:	3:57.46	41.39	400m:	5:17.44	39.45
82.				2007						5:18.04	410	
	50m:	33.93	33.93	150m:	1:52.94	41.17	250m:	3:16.08	42.55	350m:	4:39.28	41.50
	100m:	1:11.77	37.84	200m:	2:33.53	40.59	300m:	3:57.78	41.70	400m:	5:18.04	38.76
83.				2006						5:36.85	345	
	50m:	36.18	36.18	150m:	2:00.82	42.53	250m:	3:27.32	43.38	350m:	4:55.07	43.32
	100m:	1:18.29	42.11	200m:	2:43.94	43.12	300m:	4:11.75	44.43	400m:	5:36.85	41.78
DSQ				2005								
DSQ				2008								

9, , 400m

9 , 400m

(15-17)

24.02.2021 - 11:00

4:06.01

09.04.2019

4:08.81

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24.06.2015

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									R.T.			FINA
1.				2004						4:22.73		729
	50m:	30.80	30.80	150m:	1:37.02	33.42	250m:	2:43.59	33.30	350m:	3:50.34	33.57
	100m:	1:03.60	32.80	200m:	2:10.29	33.27	300m:	3:16.77	33.18	400m:	4:22.73	32.39
2.				2005						4:27.37		691
	50m:	30.70	30.70	150m:	1:40.33	35.11	250m:	2:49.17	34.18	350m:	3:56.43	33.38
	100m:	1:05.22	34.52	200m:	2:14.99	34.66	300m:	3:23.05	33.88	400m:	4:27.37	30.94
3.				2006						4:27.70		689
	50m:	31.58	31.58	150m:	1:39.25	34.20	250m:	2:47.56	34.20	350m:	3:55.25	33.49
	100m:	1:05.05	33.47	200m:	2:13.36	34.11	300m:	3:21.76	34.20	400m:	4:27.70	32.45
4.				2004						4:29.18		677
	50m:	30.62	30.62	150m:	1:38.51	33.94	250m:	2:46.16	33.76	350m:	3:55.41	34.83
	100m:	1:04.57	33.95	200m:	2:12.40	33.89	300m:	3:20.58	34.42	400m:	4:29.18	33.77
5.				2006						4:30.23		669
	50m:	30.63	30.63	150m:	1:38.74	34.34	250m:	2:48.16	34.57	350m:	3:57.89	34.56
	100m:	1:04.40	33.77	200m:	2:13.59	34.85	300m:	3:23.33	35.17	400m:	4:30.23	32.34
6.				2006						4:30.59		667
	50m:	32.01	32.01	150m:	1:39.85	33.83	250m:	2:48.10	34.10	350m:	3:57.55	34.28
	100m:	1:06.02	34.01	200m:	2:14.00	34.15	300m:	3:23.27	35.17	400m:	4:30.59	33.04
7.				2004						4:30.74		666
	100m:	1:05.02	1:05.02	200m:	2:14.27	1:09.25	300m:	3:23.57	1:09.30	400m:	4:30.74	1:07.17
8.				2004						4:30.87		665
	50m:	31.58	31.58	150m:	1:39.38	34.22	250m:	2:48.16	34.40	350m:	3:57.31	34.75
	100m:	1:05.16	33.58	200m:	2:13.76	34.38	300m:	3:22.56	34.40	400m:	4:30.87	33.56
9.				2005						4:31.99		657
	50m:	32.43	32.43	150m:	1:40.59	34.36	250m:	2:49.53	34.73	350m:	3:58.49	34.36
	100m:	1:06.23	33.80	200m:	2:14.80	34.21	300m:	3:24.13	34.60	400m:	4:31.99	33.50
10.				2006						4:33.23		648
	50m:	30.94	30.94	150m:	1:38.92	33.91	250m:	2:48.42	34.97	350m:	3:59.04	35.34
	100m:	1:05.01	34.07	200m:	2:13.45	34.53	300m:	3:23.70	35.28	400m:	4:33.23	34.19
11.				2005						4:33.36		647
	50m:	31.92	31.92	150m:	1:40.90	35.01	250m:	2:50.66	35.16	350m:	4:00.24	34.72
	100m:	1:05.89	33.97	200m:	2:15.50	34.60	300m:	3:25.52	34.86	400m:	4:33.36	33.12
12.				2005						4:33.58		645
	50m:	31.43	31.43	150m:	1:39.64	34.49	250m:	2:49.16	34.88	350m:	4:00.54	36.07
	100m:	1:05.15	33.72	200m:	2:14.28	34.64	300m:	3:24.47	35.31	400m:	4:33.58	33.04
13.				2004						4:34.23		641
	100m:	1:06.00	1:06.00	200m:	2:14.97	1:08.97	300m:	3:24.93	1:09.96	400m:	4:34.23	1:09.30
14.				2006						4:36.08		628
	50m:	30.93	30.93	150m:	1:38.94	34.58	250m:	2:49.67	35.59	350m:	4:01.09	35.50
	100m:	1:04.36	33.43	200m:	2:14.08	35.14	300m:	3:25.59	35.92	400m:	4:36.08	34.99

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9,		, 400m				(15-17)		R.T.		FINA		
15.				2005					4:36.28		626	
	50m:	31.32	31.32	150m:	1:41.02	35.06	250m:	2:51.33	35.46	350m:	4:02.15	35.27
	100m:	1:05.96	34.64	200m:	2:15.87	34.85	300m:	3:26.88	35.55	400m:	4:36.28	34.13
16.				2005					4:37.57		618	
	50m:	30.96	30.96	150m:	1:40.28	35.05	250m:	2:51.09	35.11	350m:	4:02.46	35.54
	100m:	1:05.23	34.27	200m:	2:15.98	35.70	300m:	3:26.92	35.83	400m:	4:37.57	35.11
17.				2005					4:38.86		609	
	50m:	32.63	32.63	150m:	1:43.59	35.28	250m:	2:54.48	35.28	350m:	4:04.93	35.01
	100m:	1:08.31	35.68	200m:	2:19.20	35.61	300m:	3:29.92	35.44	400m:	4:38.86	33.93
18.				2005					4:39.11		608	
	100m:	1:05.92	1:05.92	200m:	2:15.85	1:09.93	300m:	3:28.30	1:12.45	400m:	4:39.11	1:10.81
19.				2006					4:39.26		607	
	50m:	32.17	32.17	150m:	1:42.24	34.81	250m:	2:53.51	35.84	400m:	4:39.26	1:09.79
	100m:	1:07.43	35.26	200m:	2:17.67	35.43	300m:	3:29.47	35.96			
20.				2006					4:40.73		597	
	50m:	31.50	31.50	150m:	1:41.68	35.38	250m:	2:53.52	36.29	350m:	4:05.59	35.88
	100m:	1:06.30	34.80	200m:	2:17.23	35.55	300m:	3:29.71	36.19	400m:	4:40.73	35.14
21.				2006					4:41.75		591	
	50m:	31.94	31.94	150m:	1:41.84	35.40	250m:	2:54.03	35.85	350m:	4:06.96	36.54
	100m:	1:06.44	34.50	200m:	2:18.18	36.34	300m:	3:30.42	36.39	400m:	4:41.75	34.79
22.				2005					4:41.91		590	
	50m:	32.39	32.39	150m:	1:43.23	36.07	250m:	2:55.38	36.17	350m:	4:07.90	36.14
	100m:	1:07.16	34.77	200m:	2:19.21	35.98	300m:	3:31.76	36.38	400m:	4:41.91	34.01
23.				2004					4:44.41		574	
	50m:	32.54	32.54	150m:	1:43.95	36.69	250m:	2:56.94	36.45	350m:	4:09.59	36.32
	100m:	1:07.26	34.72	200m:	2:20.49	36.54	300m:	3:33.27	36.33	400m:	4:44.41	34.82
24.				2006					4:44.61		573	
	100m:	1:08.26	1:08.26	200m:	2:20.71	1:12.45	300m:	3:33.85	1:13.14	400m:	4:44.61	1:10.76
25.				2005					4:45.02		571	
	50m:	31.68	31.68	150m:	1:43.33	36.01	250m:	2:56.18	36.18	350m:	4:09.27	36.54
	100m:	1:07.32	35.64	200m:	2:20.00	36.67	300m:	3:32.73	36.55	400m:	4:45.02	35.75
26.				2006					4:47.43		556	
	50m:	31.81	31.81	150m:	1:44.83	36.42	250m:	2:58.58	36.65	350m:	4:11.91	36.37
	100m:	1:08.41	36.60	200m:	2:21.93	37.10	300m:	3:35.54	36.96	400m:	4:47.43	35.52
27.				2004					4:48.32		551	
	50m:	32.84	32.84	150m:	1:45.94	36.73	250m:	2:59.66	36.26	350m:	4:12.73	36.49
	100m:	1:09.21	36.37	200m:	2:23.40	37.46	300m:	3:36.24	36.58	400m:	4:48.32	35.59
28.				2005					4:48.49		550	
	50m:	32.92	32.92	150m:	1:44.96	36.58	250m:	2:59.13	37.22	350m:	4:12.75	36.77
	100m:	1:08.38	35.46	200m:	2:21.91	36.95	300m:	3:35.98	36.85	400m:	4:48.49	35.74
29.				2004					4:49.44		545	
	50m:	31.87	31.87	150m:	1:43.87	36.29	250m:	2:57.69	37.10	350m:	4:13.11	37.98
	100m:	1:07.58	35.71	200m:	2:20.59	36.72	300m:	3:35.13	37.44	400m:	4:49.44	36.33
30.				2004					4:51.05		536	
	100m:	1:07.38	1:07.38	200m:	2:20.08	1:12.70	300m:	3:36.03	1:15.95	400m:	4:51.05	1:15.02

9,		, 400m				(15-17)		R.T.		FINA	
31.				2005					4:51.49		533
	50m:	32.39	32.39	150m:	1:45.05	36.65	250m:	3:00.03	37.66	350m:	4:15.12
	100m:	1:08.40	36.01	200m:	2:22.37	37.32	300m:	3:37.54	37.51	400m:	4:51.49
32.				2005					4:52.59		527
	50m:	32.56	32.56	150m:	1:44.67	36.63	250m:	2:59.67	38.13	350m:	4:15.96
	100m:	1:08.04	35.48	200m:	2:21.54	36.87	300m:	3:37.92	38.25	400m:	4:52.59
33.				2005					4:53.43		523
	100m:	1:06.47	1:06.47	200m:	2:21.96	1:15.49	300m:	3:37.57	1:15.61	400m:	4:53.43
34.				2006					4:54.04		520
	50m:	33.41	33.41	150m:	1:48.27	38.26	300m:	3:41.59	1:15.60		
	100m:	1:10.01	36.60	200m:	2:25.99	37.72	400m:	4:54.04	1:12.45		
35.				2006					4:54.69		516
	50m:	31.99	31.99	150m:	1:45.07	36.42	250m:	3:00.19	36.48	350m:	4:16.73
	100m:	1:08.65	36.66	200m:	2:23.71	38.64	300m:	3:38.67	38.48	400m:	4:54.69
36.				2005					4:54.77		516
	50m:	33.74	33.74	150m:	1:47.56	37.17	250m:	3:02.16	37.35	350m:	4:18.65
	100m:	1:10.39	36.65	200m:	2:24.81	37.25	300m:	3:40.27	38.11	400m:	4:54.77
37.				2005					4:55.16		514
	50m:	32.10	32.10	150m:	1:45.36	37.16	250m:	3:01.49	38.20	350m:	4:17.71
	100m:	1:08.20	36.10	200m:	2:23.29	37.93	300m:	3:39.91	38.42	400m:	4:55.16
38.				2006					4:55.49		512
	50m:	32.11	32.11	150m:	1:45.97	36.57	250m:	3:01.59	37.63	350m:	4:18.11
	100m:	1:09.40	37.29	200m:	2:23.96	37.99	300m:	3:40.46	38.87	400m:	4:55.49
39.				2005					4:55.95		510
	50m:	31.40	31.40	150m:	1:43.78	37.36	250m:	3:00.27	38.53	350m:	4:17.84
	100m:	1:06.42	35.02	200m:	2:21.74	37.96	300m:	3:39.21	38.94	400m:	4:55.95
40.				2006					4:56.33		508
	50m:	33.32	33.32	150m:	1:48.67	38.41	250m:	3:05.62	38.35	350m:	4:21.74
	100m:	1:10.26	36.94	200m:	2:27.27	38.60	300m:	3:44.09	38.47	400m:	4:56.33
41.				2006					4:56.88		505
	50m:	33.58	33.58	150m:	1:47.73	37.26	250m:	3:04.08	38.07	350m:	4:20.89
	100m:	1:10.47	36.89	200m:	2:26.01	38.28	300m:	3:42.65	38.57	400m:	4:56.88
				2005					4:56.88		505
	50m:	32.34	32.34	150m:	1:46.83	38.01	250m:	3:04.63	39.21	350m:	4:21.25
	100m:	1:08.82	36.48	200m:	2:25.42	38.59	300m:	3:43.02	38.39	400m:	4:56.88
43.				2006					4:59.48		492
	50m:	32.33	32.33	150m:	1:45.71	37.89	250m:	3:03.39	39.57	350m:	4:21.62
	100m:	1:07.82	35.49	200m:	2:23.82	38.11	300m:	3:43.54	40.15	400m:	4:59.48
44.				2006					5:00.14		488
	50m:	34.32	34.32	150m:	1:51.60	39.51	250m:	3:09.86	39.13	350m:	4:26.11
	100m:	1:12.09	37.77	200m:	2:30.73	39.13	300m:	3:48.25	38.39	400m:	5:00.14
45.				2006					5:01.05		484
	50m:	31.86	31.86	150m:	1:47.70	38.54	250m:	3:06.10	39.38	350m:	4:24.65
	100m:	1:09.16	37.30	200m:	2:26.72	39.02	300m:	3:45.36	39.26	400m:	5:01.05
46.				2004					5:03.09		474
	50m:	32.76	32.76	150m:	1:46.85	37.83	250m:	3:05.66	39.78	350m:	4:24.77
	100m:	1:09.02	36.26	200m:	2:25.88	39.03	300m:	3:44.88	39.22	400m:	5:03.09

	9,	, 400m	,	(15-17)					R.T.		FINA	
47.				2006						5:05.67	462	
	100m:	1:12.24	1:12.24	200m:	2:30.51	1:18.27	300m:	3:49.42	1:18.91	400m:	5:05.67	1:16.25
48.				2006						5:09.35	446	
	50m:	32.99	32.99	150m:	1:48.21	39.09	250m:	3:08.60	40.54	350m:	4:30.10	40.62
	100m:	1:09.12	36.13	200m:	2:28.06	39.85	300m:	3:49.48	40.88	400m:	5:09.35	39.25
49.				2005						5:12.87	431	
	50m:	33.13	33.13	150m:	1:52.37	40.47	250m:	3:13.36	40.60	350m:	4:35.02	40.47
	100m:	1:11.90	38.77	200m:	2:32.76	40.39	300m:	3:54.55	41.19	400m:	5:12.87	37.85
50.				2005						5:13.65	428	
	50m:	35.71	35.71	150m:	1:53.08	39.67	250m:	3:12.86	40.84	350m:	4:34.77	41.32
	100m:	1:13.41	37.70	200m:	2:32.02	38.94	300m:	3:53.45	40.59	400m:	5:13.65	38.88
51.				2005						5:17.44	413	
	50m:	34.93	34.93	150m:	1:53.56	39.84	250m:	3:16.07	41.45	350m:	4:37.99	40.53
	100m:	1:13.72	38.79	200m:	2:34.62	41.06	300m:	3:57.46	41.39	400m:	5:17.44	39.45
52.				2006						5:36.85	345	
	50m:	36.18	36.18	150m:	2:00.82	42.53	250m:	3:27.32	43.38	350m:	4:55.07	43.32
	100m:	1:18.29	42.11	200m:	2:43.94	43.12	300m:	4:11.75	44.43	400m:	5:36.85	41.78
DSQ				2005								

