

10  
24.02.2021 - 11:55

, 400m

				3:43.45				(CHN)		09.08.2008		
				3:47.36				(HUN)		20.08.2019		
: FINA 2020												
				/				R.T.		FINA		
1.				2000		-			<b>3:59.82</b>		772	
	50m:	27.49	27.49	150m:	1:29.14	31.18	250m:	2:30.47	30.44	350m:	3:31.23	30.27
	100m:	57.96	30.47	200m:	2:00.03	30.89	300m:	3:00.96	30.49	400m:	3:59.82	28.59
2.				2001					<b>4:01.12</b>		760	
	50m:	28.25	28.25	150m:	1:29.38	30.65	250m:	2:30.62	30.27	350m:	3:32.03	30.56
	100m:	58.73	30.48	200m:	2:00.35	30.97	300m:	3:01.47	30.85	400m:	4:01.12	29.09
3.				2000					<b>4:03.22</b>		740	
	100m:	57.64	57.64	200m:	1:58.50	1:00.86	300m:	3:00.70	1:02.20	400m:	4:03.22	1:02.52
4.				2005					<b>4:03.84</b>		735	
	50m:	28.16	28.16	150m:	1:30.04	30.62	250m:	2:31.92	30.99	350m:	3:34.06	30.99
	100m:	59.42	31.26	200m:	2:00.93	30.89	300m:	3:03.07	31.15	400m:	4:03.84	29.78
5.				2000					<b>4:04.33</b>		730	
	50m:	27.42	27.42	150m:	1:29.17	31.43	250m:	2:32.18	31.21	350m:	3:34.80	30.56
	100m:	57.74	30.32	200m:	2:00.97	31.80	300m:	3:04.24	32.06	400m:	4:04.33	29.53
6.				1998		-			<b>4:04.42</b>		729	
	50m:	29.51	29.51	150m:	1:32.08	31.16	250m:	2:34.70	31.03	350m:	3:35.65	29.59
	100m:	1:00.92	31.41	200m:	2:03.67	31.59	300m:	3:06.06	31.36	400m:	4:04.42	28.77
7.				2003					<b>4:05.07</b>		724	
	50m:	27.97	27.97	150m:	1:29.39	30.89	250m:	2:32.63	31.59	350m:	3:36.25	31.90
	100m:	58.50	30.53	200m:	2:01.04	31.65	300m:	3:04.35	31.72	400m:	4:05.07	28.82
8.				2004					<b>4:07.35</b>		704	
	50m:	27.98	27.98	150m:	1:30.44	31.29	250m:	2:34.07	31.99	350m:	3:38.02	32.01
	100m:	59.15	31.17	200m:	2:02.08	31.64	300m:	3:06.01	31.94	400m:	4:07.35	29.33
9.				2002					<b>4:07.39</b>		703	
	50m:	27.50	27.50	150m:	1:30.00	31.79	250m:	2:33.77	32.08	350m:	3:37.84	32.18
	100m:	58.21	30.71	200m:	2:01.69	31.69	300m:	3:05.66	31.89	400m:	4:07.39	29.55
10.				1999		-			<b>4:07.42</b>		703	
	50m:	29.21	29.21	150m:	1:31.87	31.66	250m:	2:34.91	31.45	350m:	3:37.34	31.38
	100m:	1:00.21	31.00	200m:	2:03.46	31.59	300m:	3:05.96	31.05	400m:	4:07.42	30.08
11.				2001					<b>4:08.87</b>		691	
	50m:	29.25	29.25	150m:	1:32.39	32.02	250m:	2:35.37	30.78	350m:	3:36.95	31.48
	100m:	1:00.37	31.12	200m:	2:04.59	32.20	300m:	3:05.47	30.10	400m:	4:08.87	31.92
12.				2004					<b>4:09.04</b>		690	
	50m:	27.66	27.66	150m:	1:29.28	31.50	250m:	2:33.90	32.69	350m:	3:38.92	32.19
	100m:	57.78	30.12	200m:	2:01.21	31.93	300m:	3:06.73	32.83	400m:	4:09.04	30.12
13.				2002					<b>4:10.23</b>		680	
	50m:	28.17	28.17	150m:	1:30.43	31.18	250m:	2:34.42	31.95	350m:	3:38.97	32.22
	100m:	59.25	31.08	200m:	2:02.47	32.04	300m:	3:06.75	32.33	400m:	4:10.23	31.26
14.				2003					<b>4:10.43</b>		678	
	50m:	29.35	29.35	150m:	1:31.74	31.26	250m:	2:34.94	31.73	350m:	3:38.41	31.88
	100m:	1:00.48	31.13	200m:	2:03.21	31.47	300m:	3:06.53	31.59	400m:	4:10.43	32.02

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	10,	, 400m							R.T.		FINA
15.				2005						<b>4:11.27</b>	671
	50m:	30.07	30.07	150m:	1:33.35	31.25	250m:	2:36.85	31.71	350m:	3:40.90
	100m:	1:02.10	32.03	200m:	2:05.14	31.79	300m:	3:09.00	32.15	400m:	4:11.27
16.				1999						<b>4:13.56</b>	653
	100m:	59.54	59.54	200m:	2:03.97	1:04.43	300m:	3:09.85	1:05.88	400m:	4:13.56
17.				2005						<b>4:13.74</b>	652
	50m:	30.19	30.19	150m:	1:33.85	31.74	250m:	2:37.98	32.11	350m:	3:42.54
	100m:	1:02.11	31.92	200m:	2:05.87	32.02	300m:	3:10.54	32.56	400m:	4:13.74
18.				2003						<b>4:13.81</b>	651
	50m:	28.45	28.45	150m:	1:31.53	31.57	250m:	2:35.54	32.15	350m:	3:41.69
	100m:	59.96	31.51	200m:	2:03.39	31.86	300m:	3:08.40	32.86	400m:	4:13.81
19.				2004						<b>4:14.47</b>	646
	50m:	27.96	27.96	150m:	1:31.35	32.38	250m:	2:36.99	33.00	350m:	3:43.22
	100m:	58.97	31.01	200m:	2:03.99	32.64	300m:	3:09.45	32.46	400m:	4:14.47
20.				2004						<b>4:15.00</b>	642
	50m:	28.01	28.01	150m:	1:31.03	31.71	250m:	2:35.88	32.41	350m:	3:42.40
	100m:	59.32	31.31	200m:	2:03.47	32.44	300m:	3:09.12	33.24	400m:	4:15.00
21.				2005						<b>4:15.44</b>	639
	50m:	29.63	29.63	150m:	1:34.52	32.79	250m:	2:39.84	32.68	350m:	3:44.29
	100m:	1:01.73	32.10	200m:	2:07.16	32.64	300m:	3:12.37	32.53	400m:	4:15.44
22.				2004						<b>4:16.65</b>	630
	50m:	30.17	30.17	150m:	1:34.69	32.53	250m:	2:39.98	32.90	350m:	3:44.85
	100m:	1:02.16	31.99	200m:	2:07.08	32.39	300m:	3:12.35	32.37	400m:	4:16.65
23.				2003						<b>4:16.76</b>	629
	50m:	27.51	27.51	150m:	1:28.80	31.01	250m:	2:34.80	33.70	350m:	3:44.15
	100m:	57.79	30.28	200m:	2:01.10	32.30	300m:	3:09.19	34.39	400m:	4:16.76
24.				2005						<b>4:16.98</b>	628
	50m:	30.18	30.18	150m:	1:35.01	32.48	250m:	2:40.34	32.46	350m:	3:45.94
	100m:	1:02.53	32.35	200m:	2:07.88	32.87	300m:	3:13.40	33.06	400m:	4:16.98
25.				2005						<b>4:17.06</b>	627
	50m:	30.22	30.22	150m:	1:35.74	32.88	250m:	2:41.25	32.51	350m:	3:46.36
	100m:	1:02.86	32.64	200m:	2:08.74	33.00	300m:	3:14.07	32.82	400m:	4:17.06
26.				2004						<b>4:17.61</b>	623
	50m:	30.40	30.40	150m:	1:36.33	33.03	250m:	2:42.26	32.77	350m:	3:47.24
	100m:	1:03.30	32.90	200m:	2:09.49	33.16	300m:	3:15.01	32.75	400m:	4:17.61
27.				2006						<b>4:18.19</b>	619
	50m:	29.34	29.34	150m:	1:34.86	33.21	250m:	2:42.10	33.59	350m:	3:47.54
	100m:	1:01.65	32.31	200m:	2:08.51	33.65	300m:	3:15.97	33.87	400m:	4:18.19
28.				2005						<b>4:18.66</b>	615
	50m:	28.72	28.72	150m:	1:33.56	32.78	250m:	2:39.57	33.25	350m:	3:46.48
	100m:	1:00.78	32.06	200m:	2:06.32	32.76	300m:	3:13.29	33.72	400m:	4:18.66
29.				2004						<b>4:19.83</b>	607
	50m:	30.24	30.24	150m:	1:36.08	33.12	250m:	2:42.43	32.98	350m:	3:48.14
	100m:	1:02.96	32.72	200m:	2:09.45	33.37	300m:	3:15.48	33.05	400m:	4:19.83
30.				1999						<b>4:19.88</b>	607
	100m:	1:01.68	1:01.68	200m:	2:07.53	1:05.85	300m:	3:13.96	1:06.43	400m:	4:19.88

	10,	, 400m							R.T.		FINA	
31.			2006	I						<b>4:19.90</b>	I	607
	50m:	30.63	30.63	150m:	1:37.44	33.65	250m:	2:44.27	33.65	350m:	3:49.16	32.36
	100m:	1:03.79	33.16	200m:	2:10.62	33.18	300m:	3:16.80	32.53	400m:	4:19.90	30.74
32.			2003							<b>4:20.61</b>	I	602
	50m:	29.04	29.04	150m:	1:32.94	32.70	250m:	2:39.38	33.59	350m:	3:47.94	34.79
	100m:	1:00.24	31.20	200m:	2:05.79	32.85	300m:	3:13.15	33.77	400m:	4:20.61	32.67
33.			2005							<b>4:20.66</b>	I	601
	50m:	30.06	30.06	150m:	1:36.25	32.81	250m:	2:42.84	32.93	350m:	3:48.99	32.77
	100m:	1:03.44	33.38	200m:	2:09.91	33.66	300m:	3:16.22	33.38	400m:	4:20.66	31.67
34.			2006							<b>4:20.75</b>	I	601
	50m:	28.98	28.98	150m:	1:35.23	33.89	250m:	2:43.07	33.48	350m:	3:49.53	32.51
	100m:	1:01.34	32.36	200m:	2:09.59	34.36	300m:	3:17.02	33.95	400m:	4:20.75	31.22
35.			1999							<b>4:21.53</b>	I	595
	50m:	29.30	29.30	150m:	1:33.80	32.49	250m:	2:40.38	33.49	350m:	3:48.57	34.22
	100m:	1:01.31	32.01	200m:	2:06.89	33.09	300m:	3:14.35	33.97	400m:	4:21.53	32.96
36.			2005							<b>4:21.68</b>	I	594
	100m:	1:01.35	1:01.35	200m:	2:08.63	1:07.28	300m:	3:16.94	1:08.31	400m:	4:21.68	1:04.74
37.			2005							<b>4:21.82</b>	I	593
	50m:	28.87	28.87	150m:	1:34.40	33.78	250m:	2:41.97	34.03	350m:	3:49.53	33.70
	100m:	1:00.62	31.75	200m:	2:07.94	33.54	300m:	3:15.83	33.86	400m:	4:21.82	32.29
38.			2005							<b>4:22.28</b>	I	590
	50m:	30.09	30.09	150m:	1:36.78	33.74	300m:	3:17.60	1:07.04	400m:	4:22.28	31.27
	100m:	1:03.04	32.95	200m:	2:10.56	33.78	350m:	3:51.01	33.41			
39.			2001							<b>4:22.77</b>	I	587
	50m:	28.97	28.97	150m:	1:34.84	33.59	250m:	2:43.28	34.22	350m:	3:50.66	33.27
	100m:	1:01.25	32.28	200m:	2:09.06	34.22	300m:	3:17.39	34.11	400m:	4:22.77	32.11
40.			2005							<b>4:23.18</b>	I	584
	50m:	30.28	30.28	150m:	1:36.83	33.50	250m:	2:43.71	33.37	350m:	3:50.35	33.07
	100m:	1:03.33	33.05	200m:	2:10.34	33.51	300m:	3:17.28	33.57	400m:	4:23.18	32.83
41.			2005							<b>4:23.54</b>	I	582
	50m:	29.41	29.41	150m:	1:36.70	34.17	250m:	2:44.34	33.50	350m:	3:52.12	33.97
	100m:	1:02.53	33.12	200m:	2:10.84	34.14	300m:	3:18.15	33.81	400m:	4:23.54	31.42
42.			2006							<b>4:23.60</b>	I	581
	100m:	1:03.41	1:03.41	200m:	2:10.94	1:07.53	300m:	3:18.47	1:07.53	400m:	4:23.60	1:05.13
43.			2006	I						<b>4:24.41</b>	I	576
	50m:	30.43	30.43	150m:	1:36.43	33.36	250m:	2:43.15	33.41	350m:	3:52.67	35.24
	100m:	1:03.07	32.64	200m:	2:09.74	33.31	300m:	3:17.43	34.28	400m:	4:24.41	31.74
44.			2004							<b>4:25.01</b>	I	572
	50m:	31.09	31.09	150m:	1:39.72	34.47	250m:	2:48.56	34.48	350m:	3:54.22	30.98
	100m:	1:05.25	34.16	200m:	2:14.08	34.36	300m:	3:23.24	34.68	400m:	4:25.01	30.79
45.			2002	I						<b>4:25.05</b>	I	572
	50m:	29.85	29.85	150m:	1:35.60	33.29	250m:	2:43.05	33.92	350m:	3:51.70	34.26
	100m:	1:02.31	32.46	200m:	2:09.13	33.53	300m:	3:17.44	34.39	400m:	4:25.05	33.35
46.			2006	I						<b>4:25.41</b>	I	570
	50m:	28.81	28.81	150m:	1:34.21	33.50	250m:	2:43.30	34.53	350m:	3:52.31	34.21
	100m:	1:00.71	31.90	200m:	2:08.77	34.56	300m:	3:18.10	34.80	400m:	4:25.41	33.10



	10,	, 400m							R.T.		FINA	
47.			2003							<b>4:25.71</b>	568	
	50m:	29.13	29.13	150m:	1:35.28	33.53	250m:	2:43.19	33.98	350m:	3:51.90	35.28
	100m:	1:01.75	32.62	200m:	2:09.21	33.93	300m:	3:16.62	33.43	400m:	4:25.71	33.81
48.			2006							<b>4:25.84</b>	567	
	50m:	27.89	27.89	150m:	1:32.29	33.45	250m:	2:42.28	35.41	350m:	3:53.74	36.04
	100m:	58.84	30.95	200m:	2:06.87	34.58	300m:	3:17.70	35.42	400m:	4:25.84	32.10
49.			2006							<b>4:25.97</b>	566	
	50m:	30.22	30.22	150m:	1:37.73	34.22	250m:	2:46.56	34.66	350m:	3:54.25	33.24
	100m:	1:03.51	33.29	200m:	2:11.90	34.17	300m:	3:21.01	34.45	400m:	4:25.97	31.72
50.			2004							<b>4:26.07</b>	565	
	100m:	1:01.90	1:01.90	200m:	2:09.14	1:07.24	300m:	3:18.06	1:08.92	400m:	4:26.07	1:08.01
51.			2004							<b>4:27.04</b>	559	
	50m:	28.62	28.62	150m:	1:34.60	33.38	250m:	2:43.57	34.57	350m:	3:52.71	35.01
	100m:	1:01.22	32.60	200m:	2:09.00	34.40	300m:	3:17.70	34.13	400m:	4:27.04	34.33
52.			2005							<b>4:27.07</b>	559	
	50m:	30.14	30.14	150m:	1:37.42	34.01	250m:	2:46.31	34.74	350m:	3:54.43	33.92
	100m:	1:03.41	33.27	200m:	2:11.57	34.15	300m:	3:20.51	34.20	400m:	4:27.07	32.64
53.			2004							<b>4:27.29</b>	558	
	50m:	30.04	30.04	150m:	1:36.35	33.92	250m:	2:44.70	34.26	350m:	3:54.08	34.54
	100m:	1:02.43	32.39	200m:	2:10.44	34.09	300m:	3:19.54	34.84	400m:	4:27.29	33.21
54.			2005							<b>4:27.35</b>	557	
	50m:	30.24	30.24	150m:	1:36.42	33.48	250m:	2:44.65	34.30	350m:	3:53.49	34.05
	100m:	1:02.94	32.70	200m:	2:10.35	33.93	300m:	3:19.44	34.79	400m:	4:27.35	33.86
55.			2003							<b>4:27.37</b>	557	
	50m:	30.76	30.76	150m:	1:38.14	34.00	250m:	2:46.56	33.97	350m:	3:54.63	33.66
	100m:	1:04.14	33.38	200m:	2:12.59	34.45	300m:	3:20.97	34.41	400m:	4:27.37	32.74
56.			2006							<b>4:27.46</b>	557	
	50m:	30.14	30.14	150m:	1:36.71	34.03	250m:	2:44.74	33.78	350m:	3:53.77	34.44
	100m:	1:02.68	32.54	200m:	2:10.96	34.25	300m:	3:19.33	34.59	400m:	4:27.46	33.69
57.			2006							<b>4:27.51</b>	556	
	50m:	31.08	31.08	150m:	1:38.32	33.97	250m:	2:46.56	34.32	350m:	3:54.68	34.00
	100m:	1:04.35	33.27	200m:	2:12.24	33.92	300m:	3:20.68	34.12	400m:	4:27.51	32.83
58.			2004							<b>4:27.75</b>	555	
	50m:	28.68	28.68	150m:	1:33.59	32.88	250m:	2:42.34	34.55	350m:	3:53.19	35.81
	100m:	1:00.71	32.03	200m:	2:07.79	34.20	300m:	3:17.38	35.04	400m:	4:27.75	34.56
59.			2002							<b>4:28.16</b>	552	
	50m:	30.01	30.01	150m:	1:37.28	34.07	250m:	2:45.88	34.39	350m:	3:56.43	35.34
	100m:	1:03.21	33.20	200m:	2:11.49	34.21	300m:	3:21.09	35.21	400m:	4:28.16	31.73
60.			2004							<b>4:29.25</b>	546	
	50m:	29.33	29.33	150m:	1:36.77	34.16	250m:	2:46.49	34.95	350m:	3:56.38	34.76
	100m:	1:02.61	33.28	200m:	2:11.54	34.77	300m:	3:21.62	35.13	400m:	4:29.25	32.87
61.			2004							<b>4:29.52</b>	544	
	50m:	30.86	30.86	150m:	1:37.66	33.67	250m:	2:46.23	34.24	350m:	3:55.42	34.47
	100m:	1:03.99	33.13	200m:	2:11.99	34.33	300m:	3:20.95	34.72	400m:	4:29.52	34.10
62.			2005							<b>4:29.78</b>	542	
	50m:	29.39	29.39	150m:	1:34.77	32.93	250m:	2:43.87	34.73	350m:	3:55.02	35.89
	100m:	1:01.84	32.45	200m:	2:09.14	34.37	300m:	3:19.13	35.26	400m:	4:29.78	34.76

" ", " ", 50

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	10,	, 400m							R.T.		FINA	
63.			2006	I						<b>4:30.58</b>	538	
	50m:	30.38	30.38	150m:	1:38.15	34.04	250m:	2:47.44	34.77	350m:	3:57.57	35.19
	100m:	1:04.11	33.73	200m:	2:12.67	34.52	300m:	3:22.38	34.94	400m:	4:30.58	33.01
64.			2005							<b>4:31.20</b>	534	
	50m:	29.30	29.30	150m:	1:35.60	33.44	250m:	2:45.59	35.45	350m:	3:56.66	35.36
	100m:	1:02.16	32.86	200m:	2:10.14	34.54	300m:	3:21.30	35.71	400m:	4:31.20	34.54
65.			2004							<b>4:31.69</b>	531	
	50m:	28.85	28.85	150m:	1:36.46	34.29	250m:	2:46.93	35.54	350m:	3:57.26	35.00
	100m:	1:02.17	33.32	200m:	2:11.39	34.93	300m:	3:22.26	35.33	400m:	4:31.69	34.43
66.			2002							<b>4:31.73</b>	531	
	100m:	1:04.11	1:04.11	200m:	2:12.07	1:07.96	300m:	3:21.61	1:09.54	400m:	4:31.73	1:10.12
67.			2005							<b>4:32.27</b>	528	
	50m:	30.90	30.90	150m:	1:39.62	34.44	250m:	2:49.66	34.41	350m:	3:59.54	34.75
	100m:	1:05.18	34.28	200m:	2:15.25	35.63	300m:	3:24.79	35.13	400m:	4:32.27	32.73
68.			2006	I						<b>4:33.63</b>	520	
	50m:	30.96	30.96	150m:	1:39.71	34.37	250m:	2:50.19	35.38	350m:	4:00.18	34.96
	100m:	1:05.34	34.38	200m:	2:14.81	35.10	300m:	3:25.22	35.03	400m:	4:33.63	33.45
69.			2005	I						<b>4:34.72</b>	514	
	100m:	1:05.01	1:05.01	200m:	2:14.69	1:09.68	300m:	3:25.16	1:10.47	400m:	4:34.72	1:09.56
70.			2005	I						<b>4:36.36</b>	504	
	50m:	29.83	29.83	150m:	1:37.29	34.27	250m:	2:47.86	35.36	350m:	4:00.47	36.41
	100m:	1:03.02	33.19	200m:	2:12.50	35.21	300m:	3:24.06	36.20	400m:	4:36.36	35.89
71.			2003							<b>4:36.79</b>	502	
	50m:	28.09	28.09	150m:	1:33.76	34.10	250m:	2:46.12	37.02	350m:	4:00.90	37.34
	100m:	59.66	31.57	200m:	2:09.10	35.34	300m:	3:23.56	37.44	400m:	4:36.79	35.89
72.			2005	I						<b>4:36.87</b>	502	
	50m:	29.50	29.50	150m:	1:37.55	34.77	250m:	2:49.86	36.33	350m:	4:02.25	36.16
	100m:	1:02.78	33.28	200m:	2:13.53	35.98	300m:	3:26.09	36.23	400m:	4:36.87	34.62
73.			2005	I						<b>4:37.12</b>	500	
	50m:	29.61	29.61	150m:	1:39.64	36.18	250m:	2:52.66	36.38	350m:	4:03.94	35.32
	100m:	1:03.46	33.85	200m:	2:16.28	36.64	300m:	3:28.62	35.96	400m:	4:37.12	33.18
74.			2005	I						<b>4:37.43</b>	499	
	50m:	31.18	31.18	150m:	1:41.47	35.46	250m:	2:53.26	35.74	350m:	4:04.25	35.08
	100m:	1:06.01	34.83	200m:	2:17.52	36.05	300m:	3:29.17	35.91	400m:	4:37.43	33.18
75.			2004							<b>4:37.98</b>	496	
	50m:	29.41	29.41	150m:	1:35.96	34.35	250m:	2:48.76	37.32	350m:	4:02.22	35.39
	100m:	1:01.61	32.20	200m:	2:11.44	35.48	300m:	3:26.83	38.07	400m:	4:37.98	35.76
76.			2002							<b>4:38.46</b>	493	
	100m:	1:05.21	1:05.21	200m:	2:18.32	1:13.11	300m:	3:30.79	1:12.47	400m:	4:38.46	1:07.67
77.			2004	I						<b>4:38.55</b>	493	
	50m:	30.98	30.98	150m:	1:40.51	35.14	250m:	2:52.34	35.93	350m:	4:04.70	36.32
	100m:	1:05.37	34.39	200m:	2:16.41	35.90	300m:	3:28.38	36.04	400m:	4:38.55	33.85
78.			2005							<b>4:39.19</b>	489	
	50m:	29.77	29.77	150m:	1:39.00	35.22	250m:	2:49.80	35.57	350m:	4:02.95	36.53
	100m:	1:03.78	34.01	200m:	2:14.23	35.23	300m:	3:26.42	36.62	400m:	4:39.19	36.24



10,		, 400m						R.T.		FINA	
79.				2006	I				<b>4:39.78</b>		486
	50m:	31.75	31.75	150m:	1:41.80	35.85	250m:	2:53.52	35.91	350m:	4:04.90
	100m:	1:05.95	34.20	200m:	2:17.61	35.81	300m:	3:29.27	35.75	400m:	4:39.78
80.				2005	I				<b>4:40.08</b>		485
	50m:	28.91	28.91	150m:	1:34.57	33.49	250m:	2:46.59	36.65	350m:	4:03.00
	100m:	1:01.08	32.17	200m:	2:09.94	35.37	300m:	3:24.45	37.86	400m:	4:40.08
81.				2005	I				<b>4:41.11</b>		479
	50m:	30.82	30.82	150m:	1:40.89	35.39	250m:	2:53.42	36.26	350m:	4:06.22
	100m:	1:05.50	34.68	200m:	2:17.16	36.27	300m:	3:30.04	36.62	400m:	4:41.11
82.				2005	I				<b>4:42.89</b>		470
	50m:	30.55	30.55	150m:	1:38.91	34.92	300m:	3:28.21	1:13.94	400m:	4:42.89
	100m:	1:03.99	33.44	200m:	2:14.27	35.36	350m:	4:05.78	37.57		37.11
83.				2006	I				<b>4:43.34</b>		468
	50m:	31.26	31.26	150m:	1:41.27	35.31	250m:	2:53.82	36.25	350m:	4:07.65
	100m:	1:05.96	34.70	200m:	2:17.57	36.30	300m:	3:30.59	36.77	400m:	4:43.34
84.				2006	I				<b>4:43.41</b>		468
	50m:	30.16	30.16	150m:	1:39.95	35.62	250m:	2:54.08	37.27	350m:	4:09.46
	100m:	1:04.33	34.17	200m:	2:16.81	36.86	300m:	3:32.22	38.14	400m:	4:43.41
85.				2002	I				<b>4:44.06</b>		464
	50m:	30.33	30.33	150m:	1:39.94	35.82	250m:	2:52.74	36.80	350m:	4:07.13
	100m:	1:04.12	33.79	200m:	2:15.94	36.00	300m:	3:29.92	37.18	400m:	4:44.06
86.				2006	I				<b>4:48.20</b>		445
	50m:	30.43	30.43	150m:	1:42.97	36.83	250m:	2:57.16	37.02	350m:	4:12.57
	100m:	1:06.14	35.71	200m:	2:20.14	37.17	300m:	3:35.05	37.89	400m:	4:48.20
87.				2005	I				<b>4:48.23</b>		445
	50m:	30.35	30.35	150m:	1:40.27	36.30	250m:	2:55.07	37.70	350m:	4:12.25
	100m:	1:03.97	33.62	200m:	2:17.37	37.10	300m:	3:33.47	38.40	400m:	4:48.23
88.				1996					<b>4:50.47</b>		434
	50m:	30.66	30.66	150m:	1:42.15	36.81	250m:	2:57.72	38.25	350m:	4:13.99
	100m:	1:05.34	34.68	200m:	2:19.47	37.32	300m:	3:35.89	38.17	400m:	4:50.47
89.				2004	I				<b>4:59.15</b>		398
	50m:	30.98	30.98	150m:	1:44.21	36.86	250m:	3:01.62	39.82	350m:	4:21.34
	100m:	1:07.35	36.37	200m:	2:21.80	37.59	300m:	3:41.73	40.11	400m:	4:59.15
90.				2004	I				<b>5:00.65</b>		392
	50m:	30.33	30.33	150m:	1:41.08	37.04	250m:	2:59.59	39.37	350m:	4:20.26
	100m:	1:04.04	33.71	200m:	2:20.22	39.14	300m:	3:39.37	39.78	400m:	5:00.65
DSQ				2004							
DNS				2001							
DNS				2000							
DNS				1996							



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10, , 400m  
 10 , 400m (17-18 )  
 24.02.2021 - 11:55

3:43.45 (CHN) 09.08.2008  
 3:47.36 (HUN) 20.08.2019

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							R.T.			FINA		
1.				2003						4:05.07 724		
	50m:	27.97	27.97	150m:	1:29.39	30.89	250m:	2:32.63	31.59	350m:	3:36.25	31.90
	100m:	58.50	30.53	200m:	2:01.04	31.65	300m:	3:04.35	31.72	400m:	4:05.07	28.82
2.				2004						4:07.35 704		
	50m:	27.98	27.98	150m:	1:30.44	31.29	250m:	2:34.07	31.99	350m:	3:38.02	32.01
	100m:	59.15	31.17	200m:	2:02.08	31.64	300m:	3:06.01	31.94	400m:	4:07.35	29.33
3.				2004						4:09.04 690		
	50m:	27.66	27.66	150m:	1:29.28	31.50	250m:	2:33.90	32.69	350m:	3:38.92	32.19
	100m:	57.78	30.12	200m:	2:01.21	31.93	300m:	3:06.73	32.83	400m:	4:09.04	30.12
4.				2003						4:10.43 678		
	50m:	29.35	29.35	150m:	1:31.74	31.26	250m:	2:34.94	31.73	350m:	3:38.41	31.88
	100m:	1:00.48	31.13	200m:	2:03.21	31.47	300m:	3:06.53	31.59	400m:	4:10.43	32.02
5.				2003						4:13.81 651		
	50m:	28.45	28.45	150m:	1:31.53	31.57	250m:	2:35.54	32.15	350m:	3:41.69	33.29
	100m:	59.96	31.51	200m:	2:03.39	31.86	300m:	3:08.40	32.86	400m:	4:13.81	32.12
6.				2004						4:14.47 646		
	50m:	27.96	27.96	150m:	1:31.35	32.38	250m:	2:36.99	33.00	350m:	3:43.22	33.77
	100m:	58.97	31.01	200m:	2:03.99	32.64	300m:	3:09.45	32.46	400m:	4:14.47	31.25
7.				2004						4:15.00 642		
	50m:	28.01	28.01	150m:	1:31.03	31.71	250m:	2:35.88	32.41	350m:	3:42.40	33.28
	100m:	59.32	31.31	200m:	2:03.47	32.44	300m:	3:09.12	33.24	400m:	4:15.00	32.60
8.				2004						4:16.65 630		
	50m:	30.17	30.17	150m:	1:34.69	32.53	250m:	2:39.98	32.90	350m:	3:44.85	32.50
	100m:	1:02.16	31.99	200m:	2:07.08	32.39	300m:	3:12.35	32.37	400m:	4:16.65	31.80
9.				2003						4:16.76 629		
	50m:	27.51	27.51	150m:	1:28.80	31.01	250m:	2:34.80	33.70	350m:	3:44.15	34.96
	100m:	57.79	30.28	200m:	2:01.10	32.30	300m:	3:09.19	34.39	400m:	4:16.76	32.61
10.				2004						4:17.61 I 623		
	50m:	30.40	30.40	150m:	1:36.33	33.03	250m:	2:42.26	32.77	350m:	3:47.24	32.23
	100m:	1:03.30	32.90	200m:	2:09.49	33.16	300m:	3:15.01	32.75	400m:	4:17.61	30.37
11.				2004						4:19.83 I 607		
	50m:	30.24	30.24	150m:	1:36.08	33.12	250m:	2:42.43	32.98	350m:	3:48.14	32.66
	100m:	1:02.96	32.72	200m:	2:09.45	33.37	300m:	3:15.48	33.05	400m:	4:19.83	31.69
12.				2003						4:20.61 I 602		
	50m:	29.04	29.04	150m:	1:32.94	32.70	250m:	2:39.38	33.59	350m:	3:47.94	34.79
	100m:	1:00.24	31.20	200m:	2:05.79	32.85	300m:	3:13.15	33.77	400m:	4:20.61	32.67
13.				2004						4:25.01 I 572		
	50m:	31.09	31.09	150m:	1:39.72	34.47	250m:	2:48.56	34.48	350m:	3:54.22	30.98
	100m:	1:05.25	34.16	200m:	2:14.08	34.36	300m:	3:23.24	34.68	400m:	4:25.01	30.79

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10,		, 400m				(17-18 )		R.T.		FINA	
14.				2003						<b>4:25.71</b>	<b>568</b>
	50m:	29.13	29.13	150m:	1:35.28	33.53	250m:	2:43.19	33.98	350m:	3:51.90
	100m:	1:01.75	32.62	200m:	2:09.21	33.93	300m:	3:16.62	33.43	400m:	4:25.71
15.				2004						<b>4:26.07</b>	<b>565</b>
	100m:	1:01.90	1:01.90	200m:	2:09.14	1:07.24	300m:	3:18.06	1:08.92	400m:	4:26.07
16.				2004						<b>4:27.04</b>	<b>559</b>
	50m:	28.62	28.62	150m:	1:34.60	33.38	250m:	2:43.57	34.57	350m:	3:52.71
	100m:	1:01.22	32.60	200m:	2:09.00	34.40	300m:	3:17.70	34.13	400m:	4:27.04
17.				2004						<b>4:27.29</b>	<b>558</b>
	50m:	30.04	30.04	150m:	1:36.35	33.92	250m:	2:44.70	34.26	350m:	3:54.08
	100m:	1:02.43	32.39	200m:	2:10.44	34.09	300m:	3:19.54	34.84	400m:	4:27.29
18.				2003						<b>4:27.37</b>	<b>557</b>
	50m:	30.76	30.76	150m:	1:38.14	34.00	250m:	2:46.56	33.97	350m:	3:54.63
	100m:	1:04.14	33.38	200m:	2:12.59	34.45	300m:	3:20.97	34.41	400m:	4:27.37
19.				2004						<b>4:27.75</b>	<b>555</b>
	50m:	28.68	28.68	150m:	1:33.59	32.88	250m:	2:42.34	34.55	350m:	3:53.19
	100m:	1:00.71	32.03	200m:	2:07.79	34.20	300m:	3:17.38	35.04	400m:	4:27.75
20.				2004						<b>4:29.25</b>	<b>546</b>
	50m:	29.33	29.33	150m:	1:36.77	34.16	250m:	2:46.49	34.95	350m:	3:56.38
	100m:	1:02.61	33.28	200m:	2:11.54	34.77	300m:	3:21.62	35.13	400m:	4:29.25
21.				2004						<b>4:29.52</b>	<b>544</b>
	50m:	30.86	30.86	150m:	1:37.66	33.67	250m:	2:46.23	34.24	350m:	3:55.42
	100m:	1:03.99	33.13	200m:	2:11.99	34.33	300m:	3:20.95	34.72	400m:	4:29.52
22.				2004						<b>4:31.69</b>	<b>531</b>
	50m:	28.85	28.85	150m:	1:36.46	34.29	250m:	2:46.93	35.54	350m:	3:57.26
	100m:	1:02.17	33.32	200m:	2:11.39	34.93	300m:	3:22.26	35.33	400m:	4:31.69
23.				2003						<b>4:36.79</b>	<b>502</b>
	50m:	28.09	28.09	150m:	1:33.76	34.10	250m:	2:46.12	37.02	350m:	4:00.90
	100m:	59.66	31.57	200m:	2:09.10	35.34	300m:	3:23.56	37.44	400m:	4:36.79
24.				2004						<b>4:37.98</b>	<b>496</b>
	50m:	29.41	29.41	150m:	1:35.96	34.35	250m:	2:48.76	37.32	350m:	4:02.22
	100m:	1:01.61	32.20	200m:	2:11.44	35.48	300m:	3:26.83	38.07	400m:	4:37.98
25.				2004						<b>4:38.55</b>	<b>493</b>
	50m:	30.98	30.98	150m:	1:40.51	35.14	250m:	2:52.34	35.93	350m:	4:04.70
	100m:	1:05.37	34.39	200m:	2:16.41	35.90	300m:	3:28.38	36.04	400m:	4:38.55
26.				2004						<b>4:59.15</b>	<b>398</b>
	50m:	30.98	30.98	150m:	1:44.21	36.86	250m:	3:01.62	39.82	350m:	4:21.34
	100m:	1:07.35	36.37	200m:	2:21.80	37.59	300m:	3:41.73	40.11	400m:	4:59.15
27.				2004						<b>5:00.65</b>	<b>392</b>
	50m:	30.33	30.33	150m:	1:41.08	37.04	250m:	2:59.59	39.37	350m:	4:20.26
	100m:	1:04.04	33.71	200m:	2:20.22	39.14	300m:	3:39.37	39.78	400m:	5:00.65
DSQ				2004							





