

30
28.02.2019 - 15:10

, 1500m

	14:41.13	(CHN)	15.08.2008
	14:59.56	- - (BRA)	12.08.2016

: FINA 2019

	/			R.T.			FINA				
1.	2000			15:36.69			804				
50m:	28.68	28.68	450m:	4:43.42	31.86	850m:	8:54.00	31.44	1250m:	13:02.95	31.42
100m:	1:00.16	31.48	500m:	5:14.69	31.27	900m:	9:24.88	30.88	1300m:	13:33.93	30.98
150m:	1:32.29	32.13	550m:	5:46.13	31.44	950m:	9:56.00	31.12	1350m:	14:05.48	31.55
200m:	2:04.07	31.78	600m:	6:17.24	31.11	1000m:	10:27.07	31.07	1400m:	14:36.37	30.89
250m:	2:36.50	32.43	650m:	6:48.80	31.56	1050m:	10:58.31	31.24	1450m:	15:07.49	31.12
300m:	3:08.16	31.66	700m:	7:19.90	31.10	1100m:	11:29.24	30.93	1500m:	15:36.69	29.20
350m:	3:40.08	31.92	750m:	7:51.31	31.41	1150m:	12:00.62	31.38			
400m:	4:11.56	31.48	800m:	8:22.56	31.25	1200m:	12:31.53	30.91			
2.	2001			15:37.05			803				
50m:	28.42	28.42	450m:	4:43.80	31.83	850m:	8:54.70	31.86	1250m:	13:04.80	31.57
100m:	1:00.21	31.79	500m:	5:15.24	31.44	900m:	9:25.45	30.75	1300m:	13:35.91	31.11
150m:	1:32.55	32.34	550m:	5:46.57	31.33	950m:	9:56.73	31.28	1350m:	14:07.42	31.51
200m:	2:04.38	31.83	600m:	6:17.66	31.09	1000m:	10:27.93	31.20	1400m:	14:38.76	31.34
250m:	2:36.72	32.34	650m:	6:49.19	31.53	1050m:	10:59.06	31.13	1450m:	15:09.48	30.72
300m:	3:08.43	31.71	700m:	7:20.19	31.00	1100m:	11:30.10	31.04	1500m:	15:37.05	27.57
350m:	3:40.45	32.02	750m:	7:51.65	31.46	1150m:	12:01.99	31.89			
400m:	4:11.97	31.52	800m:	8:22.84	31.19	1200m:	12:33.23	31.24			
3.	1997			15:43.14			787				
50m:	29.13	29.13	450m:	4:43.83	31.94	850m:	8:56.32	31.81	1250m:	13:07.64	31.43
100m:	1:00.39	31.26	500m:	5:15.53	31.70	900m:	9:27.87	31.55	1300m:	13:38.93	31.29
150m:	1:32.53	32.14	550m:	5:47.00	31.47	950m:	9:59.53	31.66	1350m:	14:10.53	31.60
200m:	2:04.47	31.94	600m:	6:18.19	31.19	1000m:	10:31.09	31.56	1400m:	14:42.35	31.82
250m:	2:36.58	32.11	650m:	6:49.76	31.57	1050m:	11:02.47	31.38	1450m:	15:13.32	30.97
300m:	3:08.43	31.85	700m:	7:21.17	31.41	1100m:	11:33.73	31.26	1500m:	15:43.14	29.82
350m:	3:40.17	31.74	750m:	7:52.82	31.65	1150m:	12:04.98	31.25			
400m:	4:11.89	31.72	800m:	8:24.51	31.69	1200m:	12:36.21	31.23			
4.	1998			15:48.76			773				
50m:	29.08	29.08	450m:	4:42.73	32.17	850m:	8:55.72	31.94	1250m:	13:10.31	32.22
100m:	1:00.66	31.58	500m:	5:13.90	31.17	900m:	9:27.05	31.33	1300m:	13:41.89	31.58
150m:	1:32.58	31.92	550m:	5:46.04	32.14	950m:	9:58.89	31.84	1350m:	14:14.31	32.42
200m:	2:04.06	31.48	600m:	6:17.41	31.37	1000m:	10:30.39	31.50	1400m:	14:46.29	31.98
250m:	2:35.99	31.93	650m:	6:49.32	31.91	1050m:	11:02.59	32.20	1450m:	15:18.74	32.45
300m:	3:07.01	31.02	700m:	7:20.57	31.25	1100m:	11:34.23	31.64	1500m:	15:48.76	30.02
350m:	3:39.20	32.19	750m:	7:52.45	31.88	1150m:	12:06.46	32.23			
400m:	4:10.56	31.36	800m:	8:23.78	31.33	1200m:	12:38.09	31.63			
5.	1994			15:59.51			748				
50m:	28.67	28.67	450m:	4:43.33	31.97	850m:	8:57.81	31.82	1250m:	13:17.58	33.25
100m:	59.99	31.32	500m:	5:14.96	31.63	900m:	9:29.60	31.79	1300m:	13:50.39	32.81
150m:	1:32.07	32.08	550m:	5:47.12	32.16	950m:	10:01.86	32.26	1350m:	14:23.86	33.47
200m:	2:03.96	31.89	600m:	6:18.79	31.67	1000m:	10:33.77	31.91	1400m:	14:56.66	32.80
250m:	2:36.41	32.45	650m:	6:50.38	31.59	1050m:	11:06.50	32.73	1450m:	15:29.73	33.07
300m:	3:08.02	31.61	700m:	7:21.88	31.50	1100m:	11:38.68	32.18	1500m:	15:59.51	29.78
350m:	3:39.66	31.64	750m:	7:54.07	32.19	1150m:	12:11.93	33.25			
400m:	4:11.36	31.70	800m:	8:25.99	31.92	1200m:	12:44.33	32.40			

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						R.T.					FINA	
6.	1997					16:12.31					718	
50m:	29.28	29.28	450m:	4:45.70	31.89	850m:	9:07.83	32.68	1250m:	13:31.86	32.86	
100m:	1:01.18	31.90	500m:	5:18.31	32.61	900m:	9:40.77	32.94	1300m:	14:05.00	33.14	
150m:	1:32.73	31.55	550m:	5:50.59	32.28	950m:	10:13.50	32.73	1350m:	14:37.77	32.77	
200m:	2:05.11	32.38	600m:	6:23.44	32.85	1000m:	10:46.69	33.19	1400m:	15:10.95	33.18	
250m:	2:37.06	31.95	650m:	6:56.00	32.56	1050m:	11:19.43	32.74	1450m:	15:42.86	31.91	
300m:	3:09.27	32.21	700m:	7:29.03	33.03	1100m:	11:52.41	32.98	1500m:	16:12.31	29.45	
350m:	3:41.16	31.89	750m:	8:01.99	32.96	1150m:	12:25.60	33.19				
400m:	4:13.81	32.65	800m:	8:35.15	33.16	1200m:	12:59.00	33.40				
7.	1995					16:13.39					716	
50m:	30.01	30.01	450m:	4:50.81	33.01	850m:	9:13.58	32.83	1250m:	13:36.07	32.85	
100m:	1:02.26	32.25	500m:	5:23.62	32.81	900m:	9:46.08	32.50	1300m:	14:08.12	32.05	
150m:	1:34.73	32.47	550m:	5:56.08	32.46	950m:	10:19.08	33.00	1350m:	14:40.81	32.69	
200m:	2:07.17	32.44	600m:	6:28.61	32.53	1000m:	10:51.96	32.88	1400m:	15:13.45	32.64	
250m:	2:40.03	32.86	650m:	7:01.67	33.06	1050m:	11:25.39	33.43	1450m:	15:45.07	31.62	
300m:	3:12.56	32.53	700m:	7:34.53	32.86	1100m:	11:58.03	32.64	1500m:	16:13.39	28.32	
350m:	3:45.55	32.99	750m:	8:07.92	33.39	1150m:	12:30.93	32.90				
400m:	4:17.80	32.25	800m:	8:40.75	32.83	1200m:	13:03.22	32.29				
8.	2003					16:15.77					711	
50m:	28.34	28.34	450m:	4:45.23	32.81	850m:	9:09.41	33.30	1250m:	13:32.98	33.69	
100m:	59.51	31.17	500m:	5:18.07	32.84	900m:	9:41.74	32.33	1300m:	14:05.76	32.78	
150m:	1:31.27	31.76	550m:	5:51.16	33.09	950m:	10:14.77	33.03	1350m:	14:39.21	33.45	
200m:	2:03.14	31.87	600m:	6:23.77	32.61	1000m:	10:47.53	32.76	1400m:	15:11.51	32.30	
250m:	2:35.51	32.37	650m:	6:57.11	33.34	1050m:	11:21.03	33.50	1450m:	15:44.42	32.91	
300m:	3:07.58	32.07	700m:	7:29.98	32.87	1100m:	11:53.85	32.82	1500m:	16:15.77	31.35	
350m:	3:39.93	32.35	750m:	8:03.53	33.55	1150m:	12:27.17	33.32				
400m:	4:12.42	32.49	800m:	8:36.11	32.58	1200m:	12:59.29	32.12				
9.	2000					16:19.76					702	
50m:	29.19	29.19	450m:	4:48.49	32.81	850m:	9:13.45	33.28	1250m:	13:37.84	33.63	
100m:	1:00.66	31.47	500m:	5:21.59	33.10	900m:	9:46.25	32.80	1300m:	14:10.49	32.65	
150m:	1:32.16	31.50	550m:	5:54.51	32.92	950m:	10:19.55	33.30	1350m:	14:43.70	33.21	
200m:	2:04.46	32.30	600m:	6:27.58	33.07	1000m:	10:52.54	32.99	1400m:	15:16.53	32.83	
250m:	2:37.02	32.56	650m:	7:01.02	33.44	1050m:	11:25.60	33.06	1450m:	15:49.13	32.60	
300m:	3:09.44	32.42	700m:	7:34.11	33.09	1100m:	11:58.16	32.56	1500m:	16:19.76	30.63	
350m:	3:42.77	33.33	750m:	8:06.98	32.87	1150m:	12:31.45	33.29				
400m:	4:15.68	32.91	800m:	8:40.17	33.19	1200m:	13:04.21	32.76				
10.	2000					16:31.96					677	
50m:	29.53	29.53	450m:	4:45.07	31.53	850m:	9:07.67	32.51	1250m:	13:39.54	34.33	
100m:	1:02.10	32.57	500m:	5:17.75	32.68	900m:	9:41.33	33.66	1300m:	14:14.62	35.08	
150m:	1:33.59	31.49	550m:	5:49.68	31.93	950m:	10:14.08	32.75	1350m:	14:47.91	33.29	
200m:	2:06.00	32.41	600m:	6:22.94	33.26	1000m:	10:48.35	34.27	1400m:	15:23.38	35.47	
250m:	2:37.38	31.38	650m:	6:55.44	32.50	1050m:	11:22.07	33.72	1450m:	15:57.23	33.85	
300m:	3:09.67	32.29	700m:	7:28.97	33.53	1100m:	11:56.33	34.26	1500m:	16:31.96	34.73	
350m:	3:41.23	31.56	750m:	8:01.63	32.66	1150m:	12:30.07	33.74				
400m:	4:13.54	32.31	800m:	8:35.16	33.53	1200m:	13:05.21	35.14				

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					R.T.				FINA		
11.	2003				16:33.44				673		
50m:	29.93	29.93	450m:	4:51.32	33.34	850m:	9:17.20	33.91	1250m:	13:47.86	34.22
100m:	1:01.99	32.06	500m:	5:23.92	32.60	900m:	9:50.53	33.33	1300m:	14:21.26	33.40
150m:	1:34.61	32.62	550m:	5:57.46	33.54	950m:	10:24.58	34.05	1350m:	14:55.43	34.17
200m:	2:07.08	32.47	600m:	6:30.19	32.73	1000m:	10:58.27	33.69	1400m:	15:28.88	33.45
250m:	2:39.92	32.84	650m:	7:03.58	33.39	1050m:	11:32.61	34.34	1450m:	16:02.24	33.36
300m:	3:12.06	32.14	700m:	7:36.43	32.85	1100m:	12:06.18	33.57	1500m:	16:33.44	31.20
350m:	3:45.25	33.19	750m:	8:10.28	33.85	1150m:	12:40.26	34.08			
400m:	4:17.98	32.73	800m:	8:43.29	33.01	1200m:	13:13.64	33.38			
12.	1999				16:41.04				658		
50m:	29.55	29.55	450m:	4:52.89	33.36	850m:	9:19.24	33.62	1250m:	13:50.51	34.15
100m:	1:01.53	31.98	500m:	5:26.18	33.29	900m:	9:52.81	33.57	1300m:	14:24.70	34.19
150m:	1:34.45	32.92	550m:	5:59.50	33.32	950m:	10:26.60	33.79	1350m:	14:58.61	33.91
200m:	2:07.17	32.72	600m:	6:32.60	33.10	1000m:	11:00.19	33.59	1400m:	15:32.99	34.38
250m:	2:40.44	33.27	650m:	7:05.84	33.24	1050m:	11:34.11	33.92	1450m:	16:07.13	34.14
300m:	3:13.52	33.08	700m:	7:38.92	33.08	1100m:	12:08.26	34.15	1500m:	16:41.04	33.91
350m:	3:46.77	33.25	750m:	8:12.22	33.30	1150m:	12:42.53	34.27			
400m:	4:19.53	32.76	800m:	8:45.62	33.40	1200m:	13:16.36	33.83			
13.	2004				16:48.65				643		
50m:	29.58	29.58	450m:	5:01.73	35.86	850m:	9:34.05	34.30	1250m:	14:00.42	34.08
100m:	1:01.44	31.86	500m:	5:34.31	32.58	900m:	10:06.63	32.58	1300m:	14:34.06	33.64
150m:	1:34.83	33.39	550m:	6:09.01	34.70	950m:	10:39.61	32.98	1350m:	15:08.69	34.63
200m:	2:09.07	34.24	600m:	6:42.37	33.36	1000m:	11:12.30	32.69	1400m:	15:42.66	33.97
250m:	2:42.05	32.98	650m:	7:17.27	34.90	1050m:	11:46.10	33.80	1450m:	16:15.57	32.91
300m:	3:15.71	33.66	700m:	7:51.86	34.59	1100m:	12:19.16	33.06	1500m:	16:48.65	33.08
350m:	3:50.59	34.88	750m:	8:25.92	34.06	1150m:	12:52.77	33.61			
400m:	4:25.87	35.28	800m:	8:59.75	33.83	1200m:	13:26.34	33.57			
14.	2001				16:51.69				638		
50m:	30.10	30.10	450m:	4:54.15	33.61	850m:	9:27.10	33.92	1250m:	14:02.97	34.49
100m:	1:02.15	32.05	500m:	5:28.13	33.98	900m:	10:01.61	34.51	1300m:	14:37.53	34.56
150m:	1:34.62	32.47	550m:	6:01.84	33.71	950m:	10:35.99	34.38	1350m:	15:11.50	33.97
200m:	2:07.41	32.79	600m:	6:35.72	33.88	1000m:	11:10.77	34.78	1400m:	15:45.56	34.06
250m:	2:40.23	32.82	650m:	7:09.90	34.18	1050m:	11:45.12	34.35	1450m:	16:18.86	33.30
300m:	3:13.47	33.24	700m:	7:44.46	34.56	1100m:	12:20.04	34.92	1500m:	16:51.69	32.83
350m:	3:46.92	33.45	750m:	8:18.74	34.28	1150m:	12:54.17	34.13			
400m:	4:20.54	33.62	800m:	8:53.18	34.44	1200m:	13:28.48	34.31			
15.	2002				16:51.91				637		
50m:	29.84	29.84	450m:	5:00.33	33.81	850m:	9:32.66	33.90	1250m:	14:04.58	33.69
100m:	1:03.46	33.62	500m:	5:34.76	34.43	900m:	10:06.70	34.04	1300m:	14:38.87	34.29
150m:	1:37.10	33.64	550m:	6:08.48	33.72	950m:	10:40.48	33.78	1350m:	15:12.32	33.45
200m:	2:10.89	33.79	600m:	6:42.65	34.17	1000m:	11:14.50	34.02	1400m:	15:46.44	34.12
250m:	2:44.81	33.92	650m:	7:16.34	33.69	1050m:	11:48.67	34.17	1450m:	16:19.76	33.32
300m:	3:18.71	33.90	700m:	7:50.69	34.35	1100m:	12:22.82	34.15	1500m:	16:51.91	32.15
350m:	3:52.52	33.81	750m:	8:24.47	33.78	1150m:	12:56.61	33.79			
400m:	4:26.52	34.00	800m:	8:58.76	34.29	1200m:	13:30.89	34.28			

	30,	, 1500m						R.T.		FINA
16.			2002					16:53.51		634
	50m: 29.01	29.01	450m: 4:55.67	33.46	850m: 9:28.44	34.45	1250m: 14:01.79	34.55		
	100m: 1:02.14	33.13	500m: 5:28.99	33.32	900m: 10:02.92	34.48	1300m: 14:36.20	34.41		
	150m: 1:35.48	33.34	550m: 6:03.13	34.14	950m: 10:37.41	34.49	1350m: 15:11.09	34.89		
	200m: 2:08.92	33.44	600m: 6:36.98	33.85	1000m: 11:11.76	34.35	1400m: 15:45.81	34.72		
	250m: 2:42.23	33.31	650m: 7:11.25	34.27	1050m: 11:45.65	33.89	1450m: 16:20.31	34.50		
	300m: 3:15.26	33.03	700m: 7:45.23	33.98	1100m: 12:19.55	33.90	1500m: 16:53.51	33.20		
	350m: 3:48.77	33.51	750m: 8:20.01	34.78	1150m: 12:53.37	33.82				
	400m: 4:22.21	33.44	800m: 8:53.99	33.98	1200m: 13:27.24	33.87				
17.			2002					16:53.82		634
	50m: 30.47	30.47	450m: 4:59.08	33.65	850m: 9:30.72	34.32	1250m: 14:03.77	34.43		
	100m: 1:04.43	33.96	500m: 5:32.74	33.66	900m: 10:04.86	34.14	1300m: 14:38.11	34.34		
	150m: 1:37.63	33.20	550m: 6:07.02	34.28	950m: 10:38.72	33.86	1350m: 15:12.31	34.20		
	200m: 2:11.40	33.77	600m: 6:40.99	33.97	1000m: 11:12.87	34.15	1400m: 15:47.13	34.82		
	250m: 2:44.43	33.03	650m: 7:14.85	33.86	1050m: 11:46.88	34.01	1450m: 16:21.11	33.98		
	300m: 3:18.19	33.76	700m: 7:48.65	33.80	1100m: 12:21.21	34.33	1500m: 16:53.82	32.71		
	350m: 3:51.61	33.42	750m: 8:22.51	33.86	1150m: 12:55.13	33.92				
	400m: 4:25.43	33.82	800m: 8:56.40	33.89	1200m: 13:29.34	34.21				
18.			2003					16:57.19		627
	50m: 29.21	29.21	450m: 4:58.50	33.75	850m: 9:31.93	34.29	1250m: 14:07.00	34.66		
	100m: 1:02.15	32.94	500m: 5:32.67	34.17	900m: 10:06.34	34.41	1300m: 14:41.28	34.28		
	150m: 1:35.43	33.28	550m: 6:06.39	33.72	950m: 10:40.57	34.23	1350m: 15:15.84	34.56		
	200m: 2:09.10	33.67	600m: 6:40.79	34.40	1000m: 11:14.66	34.09	1400m: 15:50.27	34.43		
	250m: 2:42.55	33.45	650m: 7:14.92	34.13	1050m: 11:49.25	34.59	1450m: 16:24.38	34.11		
	300m: 3:16.78	34.23	700m: 7:49.27	34.35	1100m: 12:23.59	34.34	1500m: 16:57.19	32.81		
	350m: 3:50.31	33.53	750m: 8:22.93	33.66	1150m: 12:58.10	34.51				
	400m: 4:24.75	34.44	800m: 8:57.64	34.71	1200m: 13:32.34	34.24				
19.			1999					16:58.05		626
	50m: 30.13	30.13	450m: 4:56.15	34.00	850m: 9:33.87	34.38	1250m: 14:08.44	33.85		
	100m: 1:02.56	32.43	500m: 5:30.69	34.54	900m: 10:08.43	34.56	1300m: 14:43.24	34.80		
	150m: 1:34.99	32.43	550m: 6:05.33	34.64	950m: 10:42.70	34.27	1350m: 15:17.21	33.97		
	200m: 2:07.77	32.78	600m: 6:40.69	35.36	1000m: 11:17.07	34.37	1400m: 15:51.84	34.63		
	250m: 2:40.81	33.04	650m: 7:15.12	34.43	1050m: 11:51.04	33.97	1450m: 16:24.86	33.02		
	300m: 3:14.50	33.69	700m: 7:50.02	34.90	1100m: 12:25.94	34.90	1500m: 16:58.05	33.19		
	350m: 3:48.03	33.53	750m: 8:24.32	34.30	1150m: 12:59.93	33.99				
	400m: 4:22.15	34.12	800m: 8:59.49	35.17	1200m: 13:34.59	34.66				
20.			2001					17:08.36		607
	50m: 30.16	30.16	450m: 4:54.72	33.97	850m: 9:32.55	35.17	1250m: 14:14.54	35.24		
	100m: 1:02.18	32.02	500m: 5:28.75	34.03	900m: 10:07.79	35.24	1300m: 14:49.50	34.96		
	150m: 1:34.81	32.63	550m: 6:03.06	34.31	950m: 10:43.58	35.79	1350m: 15:24.91	35.41		
	200m: 2:07.78	32.97	600m: 6:37.57	34.51	1000m: 11:18.29	34.71	1400m: 15:59.81	34.90		
	250m: 2:40.74	32.96	650m: 7:12.11	34.54	1050m: 11:53.55	35.26	1450m: 16:34.50	34.69		
	300m: 3:13.81	33.07	700m: 7:46.95	34.84	1100m: 12:28.56	35.01	1500m: 17:08.36	33.86		
	350m: 3:47.21	33.40	750m: 8:22.11	35.16	1150m: 13:03.98	35.42				
	400m: 4:20.75	33.54	800m: 8:57.38	35.27	1200m: 13:39.30	35.32				

	30,	, 1500m						R.T.		FINA
21.			2002					17:11.99		601
	50m: 30.73	30.73	450m: 5:06.01	34.35	850m: 9:45.63	35.30	1250m: 14:22.21	34.83		
	100m: 1:03.87	33.14	500m: 5:40.41	34.40	900m: 10:19.97	34.34	1300m: 14:56.58	34.37		
	150m: 1:38.62	34.75	550m: 6:15.45	35.04	950m: 10:55.38	35.41	1350m: 15:31.03	34.45		
	200m: 2:12.48	33.86	600m: 6:50.08	34.63	1000m: 11:29.98	34.60	1400m: 16:05.52	34.49		
	250m: 2:47.58	35.10	650m: 7:25.48	35.40	1050m: 12:04.27	34.29	1450m: 16:39.39	33.87		
	300m: 3:22.16	34.58	700m: 8:00.36	34.88	1100m: 12:38.38	34.11	1500m: 17:11.99	32.60		
	350m: 3:57.38	35.22	750m: 8:35.97	35.61	1150m: 13:13.25	34.87				
	400m: 4:31.66	34.28	800m: 9:10.33	34.36	1200m: 13:47.38	34.13				
22.			1999					17:12.26		600
	50m: 30.36	30.36	450m: 5:02.97	34.77	850m: 9:40.22	34.77	1250m: 14:21.18	35.12		
	100m: 1:03.40	33.04	500m: 5:37.62	34.65	900m: 10:15.09	34.87	1300m: 14:56.17	34.99		
	150m: 1:36.87	33.47	550m: 6:11.67	34.05	950m: 10:50.03	34.94	1350m: 15:30.60	34.43		
	200m: 2:10.62	33.75	600m: 6:46.29	34.62	1000m: 11:25.57	35.54	1400m: 16:05.30	34.70		
	250m: 2:44.59	33.97	650m: 7:21.07	34.78	1050m: 12:00.57	35.00	1450m: 16:39.35	34.05		
	300m: 3:18.80	34.21	700m: 7:55.64	34.57	1100m: 12:36.10	35.53	1500m: 17:12.26	32.91		
	350m: 3:53.42	34.62	750m: 8:30.48	34.84	1150m: 13:11.13	35.03				
	400m: 4:28.20	34.78	800m: 9:05.45	34.97	1200m: 13:46.06	34.93				
23.			2003					17:12.86		599
	50m: 29.25	29.25	450m: 4:52.63	33.32	850m: 9:28.58	35.29	1250m: 14:15.22	36.28		
	100m: 1:00.96	31.71	500m: 5:26.40	33.77	900m: 10:03.72	35.14	1300m: 14:51.21	35.99		
	150m: 1:33.75	32.79	550m: 6:00.05	33.65	950m: 10:39.51	35.79	1350m: 15:27.55	36.34		
	200m: 2:06.37	32.62	600m: 6:34.41	34.36	1000m: 11:15.15	35.64	1400m: 16:03.10	35.55		
	250m: 2:39.60	33.23	650m: 7:09.35	34.94	1050m: 11:51.30	36.15	1450m: 16:38.54	35.44		
	300m: 3:12.66	33.06	700m: 7:43.30	33.95	1100m: 12:26.94	35.64	1500m: 17:12.86	34.32		
	350m: 3:45.94	33.28	750m: 8:18.07	34.77	1150m: 13:03.06	36.12				
	400m: 4:19.31	33.37	800m: 8:53.29	35.22	1200m: 13:38.94	35.88				
24.			2002					17:16.00		594
	50m: 30.67	30.67	450m: 5:01.96	34.43	850m: 9:41.11	35.03	1250m: 14:22.55	35.61		
	100m: 1:03.97	33.30	500m: 5:36.52	34.56	900m: 10:16.32	35.21	1300m: 14:57.89	35.34		
	150m: 1:37.35	33.38	550m: 6:11.17	34.65	950m: 10:51.66	35.34	1350m: 15:33.26	35.37		
	200m: 2:11.26	33.91	600m: 6:45.73	34.56	1000m: 11:26.56	34.90	1400m: 16:08.33	35.07		
	250m: 2:44.96	33.70	650m: 7:20.54	34.81	1050m: 12:01.57	35.01	1450m: 16:42.63	34.30		
	300m: 3:19.17	34.21	700m: 7:55.74	35.20	1100m: 12:36.54	34.97	1500m: 17:16.00	33.37		
	350m: 3:53.28	34.11	750m: 8:30.91	35.17	1150m: 13:11.91	35.37				
	400m: 4:27.53	34.25	800m: 9:06.08	35.17	1200m: 13:46.94	35.03				
25.			2003					17:16.37		593
	50m: 30.75	30.75	450m: 5:07.08	34.91	850m: 9:44.03	35.15	1250m: 14:23.41	34.93		
	100m: 1:04.46	33.71	500m: 5:41.32	34.24	900m: 10:18.45	34.42	1300m: 14:58.79	35.38		
	150m: 1:38.94	34.48	550m: 6:15.83	34.51	950m: 10:53.44	34.99	1350m: 15:33.46	34.67		
	200m: 2:13.35	34.41	600m: 6:50.34	34.51	1000m: 11:28.48	35.04	1400m: 16:09.20	35.74		
	250m: 2:48.04	34.69	650m: 7:25.31	34.97	1050m: 12:03.67	35.19	1450m: 16:42.64	33.44		
	300m: 3:22.79	34.75	700m: 7:59.48	34.17	1100m: 12:38.13	34.46	1500m: 17:16.37	33.73		
	350m: 3:57.61	34.82	750m: 8:34.22	34.74	1150m: 13:13.09	34.96				
	400m: 4:32.17	34.56	800m: 9:08.88	34.66	1200m: 13:48.48	35.39				

30, , 1500m

					R.T.				FINA	
26.	2003				17:19.29				588	
	50m: 28.87	28.87	450m: 5:02.75	33.12	850m: 9:45.60	35.21	1250m: 14:27.80	33.05		
	100m: 1:01.91	33.04	500m: 5:37.81	35.06	900m: 10:21.54	35.94	1300m: 15:02.39	34.59		
	150m: 1:36.14	34.23	550m: 6:13.03	35.22	950m: 10:57.67	36.13	1350m: 15:37.15	34.76		
	200m: 2:10.88	34.74	600m: 6:48.33	35.30	1000m: 11:33.43	35.76	1400m: 16:13.02	35.87		
	250m: 2:45.30	34.42	650m: 7:23.99	35.66	1050m: 12:08.33	34.90	1450m: 16:47.68	34.66		
	300m: 3:19.54	34.24	700m: 7:59.38	35.39	1100m: 12:44.24	35.91	1500m: 17:19.29	31.61		
	350m: 3:54.35	34.81	750m: 8:34.47	35.09	1150m: 13:19.42	35.18				
	400m: 4:29.63	35.28	800m: 9:10.39	35.92	1200m: 13:54.75	35.33				
27.	1998				17:23.22				582	
	50m: 29.82	29.82	450m: 5:01.26	34.95	850m: 9:42.36	35.67	1250m: 14:27.38	36.10		
	100m: 1:01.96	32.14	500m: 5:36.08	34.82	900m: 10:17.55	35.19	1300m: 15:02.59	35.21		
	150m: 1:35.13	33.17	550m: 6:10.60	34.52	950m: 10:53.29	35.74	1350m: 15:37.63	35.04		
	200m: 2:08.64	33.51	600m: 6:45.02	34.42	1000m: 11:28.31	35.02	1400m: 16:12.89	35.26		
	250m: 2:42.60	33.96	650m: 7:20.72	35.70	1050m: 12:04.14	35.83	1450m: 16:48.90	36.01		
	300m: 3:16.85	34.25	700m: 7:55.88	35.16	1100m: 12:39.95	35.81	1500m: 17:23.22	34.32		
	350m: 3:51.82	34.97	750m: 8:31.36	35.48	1150m: 13:15.84	35.89				
	400m: 4:26.31	34.49	800m: 9:06.69	35.33	1200m: 13:51.28	35.44				
28.	2002 I				17:26.99				575	
	50m: 30.50	30.50	450m: 5:10.72	35.58	850m: 9:54.23	35.47	1250m: 14:36.49	34.92		
	100m: 1:04.16	33.66	500m: 5:45.76	35.04	900m: 10:29.79	35.56	1300m: 15:11.50	35.01		
	150m: 1:38.81	34.65	550m: 6:21.63	35.87	950m: 11:05.13	35.34	1350m: 15:46.57	35.07		
	200m: 2:13.63	34.82	600m: 6:57.01	35.38	1000m: 11:40.74	35.61	1400m: 16:21.41	34.84		
	250m: 2:48.90	35.27	650m: 7:32.62	35.61	1050m: 12:16.10	35.36	1450m: 16:55.64	34.23		
	300m: 3:24.07	35.17	700m: 8:07.91	35.29	1100m: 12:51.20	35.10	1500m: 17:26.99	31.35		
	350m: 3:59.64	35.57	750m: 8:43.42	35.51	1150m: 13:26.56	35.36				
	400m: 4:35.14	35.50	800m: 9:18.76	35.34	1200m: 14:01.57	35.01				
29.	2004				17:29.94				570	
	50m: 32.24	32.24	450m: 5:11.90	35.68	850m: 9:54.22	35.35	1250m: 14:37.34	35.52		
	100m: 1:06.96	34.72	500m: 5:46.92	35.02	900m: 10:29.62	35.40	1300m: 15:12.61	35.27		
	150m: 1:41.96	35.00	550m: 6:22.64	35.72	950m: 11:05.08	35.46	1350m: 15:47.95	35.34		
	200m: 2:16.34	34.38	600m: 6:57.86	35.22	1000m: 11:40.26	35.18	1400m: 16:22.71	34.76		
	250m: 2:51.11	34.77	650m: 7:33.27	35.41	1050m: 12:15.43	35.17	1450m: 16:57.17	34.46		
	300m: 3:25.95	34.84	700m: 8:08.31	35.04	1100m: 12:51.04	35.61	1500m: 17:29.94	32.77		
	350m: 4:01.15	35.20	750m: 8:43.85	35.54	1150m: 13:26.62	35.58				
	400m: 4:36.22	35.07	800m: 9:18.87	35.02	1200m: 14:01.82	35.20				
30.	2001				17:32.97				566	
	50m: 30.80	30.80	450m: 5:09.18	35.36	850m: 9:53.25	35.87	1250m: 14:38.26	35.13		
	100m: 1:04.26	33.46	500m: 5:44.30	35.12	900m: 10:29.01	35.76	1300m: 15:14.23	35.97		
	150m: 1:38.73	34.47	550m: 6:18.72	34.42	950m: 11:05.17	36.16	1350m: 15:49.56	35.33		
	200m: 2:13.76	35.03	600m: 6:53.79	35.07	1000m: 11:41.02	35.85	1400m: 16:25.50	35.94		
	250m: 2:48.92	35.16	650m: 7:29.83	36.04	1050m: 12:16.04	35.02	1450m: 16:59.68	34.18		
	300m: 3:23.87	34.95	700m: 8:05.73	35.90	1100m: 12:51.70	35.66	1500m: 17:32.97	33.29		
	350m: 3:58.95	35.08	750m: 8:41.53	35.80	1150m: 13:27.16	35.46				
	400m: 4:33.82	34.87	800m: 9:17.38	35.85	1200m: 14:03.13	35.97				

30, , 1500m

						R.T.					FINA
31.	2003					17:34.52					563
50m:	31.09	31.09	450m:	5:08.32	34.80	850m:	9:52.08	35.10	1250m:	14:39.04	35.66
100m:	1:05.35	34.26	500m:	5:43.89	35.57	900m:	10:28.20	36.12	1300m:	15:15.24	36.20
150m:	1:39.57	34.22	550m:	6:18.67	34.78	950m:	11:03.82	35.62	1350m:	15:50.76	35.52
200m:	2:14.02	34.45	600m:	6:54.22	35.55	1000m:	11:39.98	36.16	1400m:	16:26.90	36.14
250m:	2:48.53	34.51	650m:	7:29.48	35.26	1050m:	12:15.44	35.46	1450m:	17:01.20	34.30
300m:	3:23.43	34.90	700m:	8:05.44	35.96	1100m:	12:51.70	36.26	1500m:	17:34.52	33.32
350m:	3:58.38	34.95	750m:	8:40.97	35.53	1150m:	13:27.13	35.43			
400m:	4:33.52	35.14	800m:	9:16.98	36.01	1200m:	14:03.38	36.25			
32.	2002					17:35.45					562
50m:	30.02	30.02	450m:	5:07.58	35.10	850m:	9:51.99	35.70	1250m:	14:39.22	35.78
100m:	1:03.16	33.14	500m:	5:42.75	35.17	900m:	10:27.41	35.42	1300m:	15:15.10	35.88
150m:	1:38.07	34.91	550m:	6:18.57	35.82	950m:	11:03.54	36.13	1350m:	15:51.62	36.52
200m:	2:12.53	34.46	600m:	6:54.17	35.60	1000m:	11:39.82	36.28	1400m:	16:27.30	35.68
250m:	2:47.52	34.99	650m:	7:30.13	35.96	1050m:	12:16.39	36.57	1450m:	17:02.35	35.05
300m:	3:22.35	34.83	700m:	8:05.89	35.76	1100m:	12:51.86	35.47	1500m:	17:35.45	33.10
350m:	3:57.74	35.39	750m:	8:40.89	35.00	1150m:	13:27.80	35.94			
400m:	4:32.48	34.74	800m:	9:16.29	35.40	1200m:	14:03.44	35.64			
33.	2003 I					17:42.00 I					551
50m:	30.04	30.04	450m:	5:07.95	35.38	850m:	9:53.83	36.43	1250m:	14:42.81	36.46
100m:	1:03.60	33.56	500m:	5:43.13	35.18	900m:	10:29.61	35.78	1300m:	15:18.54	35.73
150m:	1:38.35	34.75	550m:	6:18.98	35.85	950m:	11:05.77	36.16	1350m:	15:54.83	36.29
200m:	2:13.05	34.70	600m:	6:54.02	35.04	1000m:	11:41.40	35.63	1400m:	16:30.77	35.94
250m:	2:48.02	34.97	650m:	7:30.16	36.14	1050m:	12:18.05	36.65	1450m:	17:06.88	36.11
300m:	3:22.56	34.54	700m:	8:05.55	35.39	1100m:	12:53.91	35.86	1500m:	17:42.00	35.12
350m:	3:57.94	35.38	750m:	8:41.59	36.04	1150m:	13:30.46	36.55			
400m:	4:32.57	34.63	800m:	9:17.40	35.81	1200m:	14:06.35	35.89			
34.	2003 I					17:48.87 I					541
50m:	30.99	30.99	450m:	5:11.27	35.77	850m:	9:56.55	36.02	1250m:	14:46.82	36.41
100m:	1:04.69	33.70	500m:	5:47.23	35.96	900m:	10:32.42	35.87	1300m:	15:23.30	36.48
150m:	1:39.38	34.69	550m:	6:23.34	36.11	950m:	11:08.81	36.39	1350m:	16:00.03	36.73
200m:	2:13.83	34.45	600m:	6:57.81	34.47	1000m:	11:45.20	36.39	1400m:	16:36.29	36.26
250m:	2:49.01	35.18	650m:	7:33.49	35.68	1050m:	12:21.79	36.59	1450m:	17:12.74	36.45
300m:	3:24.34	35.33	700m:	8:08.89	35.40	1100m:	12:58.43	36.64	1500m:	17:48.87	36.13
350m:	4:00.05	35.71	750m:	8:44.93	36.04	1150m:	13:34.39	35.96			
400m:	4:35.50	35.45	800m:	9:20.53	35.60	1200m:	14:10.41	36.02			
35.	2003					17:50.88 I					538
50m:	31.46	31.46	450m:	5:12.53	35.52	850m:	10:00.19	36.14	1250m:	14:51.55	36.03
100m:	1:06.21	34.75	500m:	5:48.57	36.04	900m:	10:36.52	36.33	1300m:	15:28.02	36.47
150m:	1:40.59	34.38	550m:	6:24.06	35.49	950m:	11:13.04	36.52	1350m:	16:04.30	36.28
200m:	2:15.95	35.36	600m:	7:00.29	36.23	1000m:	11:49.64	36.60	1400m:	16:40.63	36.33
250m:	2:50.77	34.82	650m:	7:35.97	35.68	1050m:	12:25.80	36.16	1450m:	17:16.18	35.55
300m:	3:26.26	35.49	700m:	8:11.80	35.83	1100m:	13:02.54	36.74	1500m:	17:50.88	34.70
350m:	4:01.22	34.96	750m:	8:47.68	35.88	1150m:	13:38.69	36.15			
400m:	4:37.01	35.79	800m:	9:24.05	36.37	1200m:	14:15.52	36.83			

30, , 1500m

					R.T.				FINA			
36.	2004				17:53.16				534			
50m:	31.00	31.00	450m:	5:17.74	35.81	850m:	10:05.68	35.71	1250m:	14:56.10	36.27	
100m:	1:06.24	35.24	500m:	5:53.80	36.06	900m:	10:42.11	36.43	1300m:	15:33.08	36.98	
150m:	1:41.61	35.37	550m:	6:29.42	35.62	950m:	11:18.49	36.38	1350m:	16:09.66	36.58	
200m:	2:17.34	35.73	600m:	7:05.85	36.43	1000m:	11:53.92	35.43	1400m:	16:45.63	35.97	
250m:	2:53.43	36.09	650m:	7:41.84	35.99	1050m:	12:29.90	35.98	1450m:	17:20.25	34.62	
300m:	3:30.26	36.83	700m:	8:17.78	35.94	1100m:	13:05.87	35.97	1500m:	17:53.16	32.91	
350m:	4:05.90	35.64	750m:	8:53.84	36.06	1150m:	13:42.96	37.09				
400m:	4:41.93	36.03	800m:	9:29.97	36.13	1200m:	14:19.83	36.87				
37.	2003				17:53.24				534			
50m:	29.88	29.88	450m:	5:10.35	35.49	850m:	10:02.50	36.72	1250m:	14:55.13	36.43	
100m:	1:04.05	34.17	500m:	5:46.03	35.68	900m:	10:39.18	36.68	1300m:	15:32.24	37.11	
150m:	1:38.77	34.72	550m:	6:21.98	35.95	950m:	11:15.75	36.57	1350m:	16:08.66	36.42	
200m:	2:14.01	35.24	600m:	6:58.72	36.74	1000m:	11:52.97	37.22	1400m:	16:45.62	36.96	
250m:	2:48.55	34.54	650m:	7:34.95	36.23	1050m:	12:29.07	36.10	1450m:	17:20.12	34.50	
300m:	3:24.39	35.84	700m:	8:12.08	37.13	1100m:	13:04.63	35.56	1500m:	17:53.24	33.12	
350m:	3:59.74	35.35	750m:	8:48.90	36.82	1150m:	13:41.31	36.68				
400m:	4:34.86	35.12	800m:	9:25.78	36.88	1200m:	14:18.70	37.39				
38.	2002				17:55.28				531			
50m:	29.87	29.87	450m:	5:11.80	36.44	850m:	10:05.86	37.42	1250m:	14:59.70	36.80	
100m:	1:03.45	33.58	500m:	5:48.01	36.21	900m:	10:41.95	36.09	1300m:	15:35.39	35.69	
150m:	1:38.79	35.34	550m:	6:24.71	36.70	950m:	11:19.10	37.15	1350m:	16:11.76	36.37	
200m:	2:13.73	34.94	600m:	7:00.85	36.14	1000m:	11:55.20	36.10	1400m:	16:47.15	35.39	
250m:	2:49.03	35.30	650m:	7:38.03	37.18	1050m:	12:32.59	37.39	1450m:	17:23.01	35.86	
300m:	3:24.00	34.97	700m:	8:14.41	36.38	1100m:	13:09.49	36.90	1500m:	17:55.28	32.27	
350m:	3:59.92	35.92	750m:	8:51.95	37.54	1150m:	13:46.53	37.04				
400m:	4:35.36	35.44	800m:	9:28.44	36.49	1200m:	14:22.90	36.37				
39.	2004				17:55.30				531			
50m:	29.90	29.90	450m:	5:07.81	35.17	850m:	9:56.64	37.37	1250m:	14:54.80	36.92	
100m:	1:04.22	34.32	500m:	5:43.26	35.45	900m:	10:33.73	37.09	1300m:	15:32.19	37.39	
150m:	1:39.21	34.99	550m:	6:18.69	35.43	950m:	11:11.16	37.43	1350m:	16:08.99	36.80	
200m:	2:13.91	34.70	600m:	6:53.90	35.21	1000m:	11:47.91	36.75	1400m:	16:45.68	36.69	
250m:	2:48.81	34.90	650m:	7:30.33	36.43	1050m:	12:25.87	37.96	1450m:	17:21.23	35.55	
300m:	3:23.62	34.81	700m:	8:06.18	35.85	1100m:	13:03.08	37.21	1500m:	17:55.30	34.07	
350m:	3:58.00	34.38	750m:	8:42.68	36.50	1150m:	13:40.90	37.82				
400m:	4:32.64	34.64	800m:	9:19.27	36.59	1200m:	14:17.88	36.98				
40.	2004				17:59.09				525			
50m:	32.50	32.50	450m:	5:17.81	36.18	850m:	10:08.61	36.52	1250m:	14:58.52	36.31	
100m:	1:07.10	34.60	500m:	5:53.66	35.85	900m:	10:44.45	35.84	1300m:	15:34.92	36.40	
150m:	1:42.74	35.64	550m:	6:30.21	36.55	950m:	11:21.05	36.60	1350m:	16:11.71	36.79	
200m:	2:17.92	35.18	600m:	7:06.33	36.12	1000m:	11:57.15	36.10	1400m:	16:48.00	36.29	
250m:	2:53.94	36.02	650m:	7:43.19	36.86	1050m:	12:33.61	36.46	1450m:	17:24.07	36.07	
300m:	3:29.66	35.72	700m:	8:19.22	36.03	1100m:	13:09.54	35.93	1500m:	17:59.09	35.02	
350m:	4:05.85	36.19	750m:	8:55.88	36.66	1150m:	13:46.00	36.46				
400m:	4:41.63	35.78	800m:	9:32.09	36.21	1200m:	14:22.21	36.21				

30, , 1500m

					R.T.				FINA		
41.	2004 I				18:04.36 I				518		
50m:	30.59	30.59	450m:	5:15.41	36.49	850m:	10:07.88	37.47	1250m:	15:04.57	37.35
100m:	1:05.08	34.49	500m:	5:51.45	36.04	900m:	10:44.23	36.35	1300m:	15:41.46	36.89
150m:	1:40.41	35.33	550m:	6:27.66	36.21	950m:	11:21.54	37.31	1350m:	16:18.56	37.10
200m:	2:16.33	35.92	600m:	7:03.92	36.26	1000m:	11:58.69	37.15	1400m:	16:54.73	36.17
250m:	2:52.43	36.10	650m:	7:40.50	36.58	1050m:	12:36.09	37.40	1450m:	17:29.93	35.20
300m:	3:27.79	35.36	700m:	8:17.10	36.60	1100m:	13:12.82	36.73	1500m:	18:04.36	34.43
350m:	4:03.37	35.58	750m:	8:54.08	36.98	1150m:	13:50.42	37.60			
400m:	4:38.92	35.55	800m:	9:30.41	36.33	1200m:	14:27.22	36.80			
42.	2003				18:09.74 I				510		
50m:	32.04	32.04	450m:	5:21.89	36.68	850m:	10:15.19	36.91	1250m:	15:09.52	36.74
100m:	1:06.91	34.87	500m:	5:58.38	36.49	900m:	10:51.96	36.77	1300m:	15:46.17	36.65
150m:	1:43.01	36.10	550m:	6:34.78	36.40	950m:	11:28.88	36.92	1350m:	16:23.31	37.14
200m:	2:19.27	36.26	600m:	7:11.47	36.69	1000m:	12:05.51	36.63	1400m:	16:59.66	36.35
250m:	2:55.54	36.27	650m:	7:47.93	36.46	1050m:	12:42.25	36.74	1450m:	17:35.34	35.68
300m:	3:31.73	36.19	700m:	8:24.55	36.62	1100m:	13:19.01	36.76	1500m:	18:09.74	34.40
350m:	4:08.38	36.65	750m:	9:01.60	37.05	1150m:	13:56.04	37.03			
400m:	4:45.21	36.83	800m:	9:38.28	36.68	1200m:	14:32.78	36.74			
43.	2002 I				18:13.13 I				505		
50m:	31.94	31.94	450m:	5:19.05	36.43	850m:	10:10.45	36.86	1250m:	15:06.03	36.74
100m:	1:07.32	35.38	500m:	5:55.09	36.04	900m:	10:47.35	36.90	1300m:	15:43.74	37.71
150m:	1:43.03	35.71	550m:	6:31.32	36.23	950m:	11:24.53	37.18	1350m:	16:20.78	37.04
200m:	2:18.39	35.36	600m:	7:07.40	36.08	1000m:	12:01.47	36.94	1400m:	16:58.05	37.27
250m:	2:54.60	36.21	650m:	7:44.04	36.64	1050m:	12:38.78	37.31	1450m:	17:34.71	36.66
300m:	3:30.45	35.85	700m:	8:20.28	36.24	1100m:	13:16.09	37.31	1500m:	18:13.13	38.42
350m:	4:06.83	36.38	750m:	8:57.31	37.03	1150m:	13:52.00	35.91			
400m:	4:42.62	35.79	800m:	9:33.59	36.28	1200m:	14:29.29	37.29			
44.	2004 I				18:13.44 I				505		
50m:	31.62	31.62	450m:	5:20.67	36.26	850m:	10:15.67	36.72	1250m:	15:10.22	36.36
100m:	1:07.14	35.52	500m:	5:58.08	37.41	900m:	10:52.46	36.79	1300m:	15:47.53	37.31
150m:	1:42.31	35.17	550m:	6:34.40	36.32	950m:	11:29.15	36.69	1350m:	16:23.99	36.46
200m:	2:18.16	35.85	600m:	7:11.60	37.20	1000m:	12:06.58	37.43	1400m:	17:01.19	37.20
250m:	2:54.17	36.01	650m:	7:48.16	36.56	1050m:	12:43.12	36.54	1450m:	17:37.04	35.85
300m:	3:31.05	36.88	700m:	8:25.24	37.08	1100m:	13:20.17	37.05	1500m:	18:13.44	36.40
350m:	4:07.22	36.17	750m:	9:01.90	36.66	1150m:	13:56.62	36.45			
400m:	4:44.41	37.19	800m:	9:38.95	37.05	1200m:	14:33.86	37.24			
45.	2002 I				18:14.02 I				504		
50m:	30.17	30.17	450m:	5:17.23	37.10	850m:	10:13.96	37.72	1250m:	15:10.62	37.03
100m:	1:04.10	33.93	500m:	5:53.68	36.45	900m:	10:50.66	36.70	1300m:	15:48.09	37.47
150m:	1:39.49	35.39	550m:	6:31.08	37.40	950m:	11:28.05	37.39	1350m:	16:25.49	37.40
200m:	2:14.98	35.49	600m:	7:07.57	36.49	1000m:	12:04.83	36.78	1400m:	17:02.48	36.99
250m:	2:51.00	36.02	650m:	7:45.23	37.66	1050m:	12:42.36	37.53	1450m:	17:39.49	37.01
300m:	3:27.08	36.08	700m:	8:21.98	36.75	1100m:	13:19.54	37.18	1500m:	18:14.02	34.53
350m:	4:03.75	36.67	750m:	8:59.25	37.27	1150m:	13:56.56	37.02			
400m:	4:40.13	36.38	800m:	9:36.24	36.99	1200m:	14:33.59	37.03			

30, , 1500m

					R.T.				FINA			
46.	2001				18:14.81				503			
	50m:	31.39	31.39	450m:	5:20.36	35.97	850m:	10:14.62	37.03	1250m:	15:11.55	37.07
	100m:	1:06.75	35.36	500m:	5:57.05	36.69	900m:	10:52.00	37.38	1300m:	15:48.90	37.35
	150m:	1:42.50	35.75	550m:	6:33.49	36.44	950m:	11:28.79	36.79	1350m:	16:25.83	36.93
	200m:	2:18.40	35.90	600m:	7:10.21	36.72	1000m:	12:06.08	37.29	1400m:	17:03.29	37.46
	250m:	2:54.85	36.45	650m:	7:46.36	36.15	1050m:	12:42.99	36.91	1450m:	17:40.29	37.00
	300m:	3:31.29	36.44	700m:	8:23.91	37.55	1100m:	13:20.16	37.17	1500m:	18:14.81	34.52
	350m:	4:07.54	36.25	750m:	9:00.37	36.46	1150m:	13:56.99	36.83			
	400m:	4:44.39	36.85	800m:	9:37.59	37.22	1200m:	14:34.48	37.49			
47.	2003				18:26.47				487			
	50m:	32.17	32.17	450m:	5:23.46	36.75	850m:	10:18.64	36.52	1250m:	15:18.32	37.38
	100m:	1:09.19	37.02	500m:	6:00.55	37.09	900m:	10:56.47	37.83	1300m:	15:56.50	38.18
	150m:	1:45.01	35.82	550m:	6:36.98	36.43	950m:	11:33.73	37.26	1350m:	16:33.58	37.08
	200m:	2:21.71	36.70	600m:	7:14.17	37.19	1000m:	12:11.23	37.50	1400m:	17:11.76	38.18
	250m:	2:57.81	36.10	650m:	7:50.90	36.73	1050m:	12:48.12	36.89	1450m:	17:49.44	37.68
	300m:	3:34.07	36.26	700m:	8:28.24	37.34	1100m:	13:25.92	37.80	1500m:	18:26.47	37.03
	350m:	4:10.11	36.04	750m:	9:04.80	36.56	1150m:	14:03.20	37.28			
	400m:	4:46.71	36.60	800m:	9:42.12	37.32	1200m:	14:40.94	37.74			
48.	2002				18:29.84				483			
	50m:	29.90	29.90	450m:	5:11.45	36.51	850m:	10:10.17	38.83	1250m:	15:21.73	39.02
	100m:	1:03.21	33.31	500m:	5:47.44	35.99	900m:	10:50.05	39.88	1300m:	15:59.95	38.22
	150m:	1:37.29	34.08	550m:	6:24.42	36.98	950m:	11:30.04	39.99	1350m:	16:37.63	37.68
	200m:	2:12.14	34.85	600m:	7:00.74	36.32	1000m:	12:09.32	39.28	1400m:	17:15.04	37.41
	250m:	2:47.59	35.45	650m:	7:38.13	37.39	1050m:	12:48.25	38.93	1450m:	17:52.79	37.75
	300m:	3:22.84	35.25	700m:	8:14.95	36.82	1100m:	13:26.07	37.82	1500m:	18:29.84	37.05
	350m:	3:58.92	36.08	750m:	8:53.14	38.19	1150m:	14:05.02	38.95			
	400m:	4:34.94	36.02	800m:	9:31.34	38.20	1200m:	14:42.71	37.69			
49.	2002				18:33.25				478			
	50m:	31.28	31.28	450m:	5:16.15	37.07	850m:	10:18.48	38.22	1250m:	15:23.81	38.22
	100m:	1:05.61	34.33	500m:	5:53.19	37.04	900m:	10:56.86	38.38	1300m:	16:02.01	38.20
	150m:	1:40.39	34.78	550m:	6:31.03	37.84	950m:	11:34.81	37.95	1350m:	16:40.23	38.22
	200m:	2:15.25	34.86	600m:	7:08.72	37.69	1000m:	12:12.92	38.11	1400m:	17:18.46	38.23
	250m:	2:50.67	35.42	650m:	7:46.51	37.79	1050m:	12:51.09	38.17	1450m:	17:56.58	38.12
	300m:	3:26.46	35.79	700m:	8:24.40	37.89	1100m:	13:29.55	38.46	1500m:	18:33.25	36.67
	350m:	4:02.81	36.35	750m:	9:02.51	38.11	1150m:	14:07.84	38.29			
	400m:	4:39.08	36.27	800m:	9:40.26	37.75	1200m:	14:45.59	37.75			
50.	2003				18:33.91				478			
	50m:	31.84	31.84	450m:	5:25.55	38.05	850m:	10:29.29	38.34	1250m:	15:30.35	38.18
	100m:	1:06.82	34.98	500m:	6:03.53	37.98	900m:	11:06.46	37.17	1300m:	16:07.63	37.28
	150m:	1:43.08	36.26	550m:	6:41.30	37.77	950m:	11:44.04	37.58	1350m:	16:45.88	38.25
	200m:	2:19.58	36.50	600m:	7:19.20	37.90	1000m:	12:21.28	37.24	1400m:	17:23.29	37.41
	250m:	2:56.28	36.70	650m:	7:57.75	38.55	1050m:	12:59.50	38.22	1450m:	18:00.18	36.89
	300m:	3:33.11	36.83	700m:	8:35.63	37.88	1100m:	13:36.67	37.17	1500m:	18:33.91	33.73
	350m:	4:10.23	37.12	750m:	9:13.55	37.92	1150m:	14:14.80	38.13			
	400m:	4:47.50	37.27	800m:	9:50.95	37.40	1200m:	14:52.17	37.37			



30, , 1500m

					R.T.				FINA		
51.	2004 I				18:34.12 I				477		
50m:	32.80	32.80	450m:	5:30.37	36.60	850m:	10:29.06	37.03	1250m:	15:28.20	37.01
100m:	1:09.98	37.18	500m:	6:08.19	37.82	900m:	11:06.89	37.83	1300m:	16:05.95	37.75
150m:	1:46.89	36.91	550m:	6:45.25	37.06	950m:	11:43.87	36.98	1350m:	16:43.18	37.23
200m:	2:24.67	37.78	600m:	7:22.82	37.57	1000m:	12:21.77	37.90	1400m:	17:21.04	37.86
250m:	3:01.41	36.74	650m:	7:59.88	37.06	1050m:	12:58.88	37.11	1450m:	17:57.89	36.85
300m:	3:39.17	37.76	700m:	8:37.46	37.58	1100m:	13:36.50	37.62	1500m:	18:34.12	36.23
350m:	4:16.18	37.01	750m:	9:14.24	36.78	1150m:	14:13.26	36.76			
400m:	4:53.77	37.59	800m:	9:52.03	37.79	1200m:	14:51.19	37.93			
52.	2002 I				18:46.67				462		
50m:	32.70	32.70	450m:	5:31.15	38.26	850m:	10:34.60	38.39	1250m:	15:41.82	37.27
100m:	1:09.46	36.76	500m:	6:09.32	38.17	900m:	11:12.73	38.13	1300m:	16:20.30	38.48
150m:	1:46.39	36.93	550m:	6:47.08	37.76	950m:	11:50.53	37.80	1350m:	16:57.33	37.03
200m:	2:23.42	37.03	600m:	7:24.85	37.77	1000m:	12:29.48	38.95	1400m:	17:34.21	36.88
250m:	3:00.20	36.78	650m:	8:02.58	37.73	1050m:	13:08.47	38.99	1450m:	18:11.35	37.14
300m:	3:37.66	37.46	700m:	8:40.53	37.95	1100m:	13:46.66	38.19	1500m:	18:46.67	35.32
350m:	4:15.26	37.60	750m:	9:17.82	37.29	1150m:	14:25.44	38.78			
400m:	4:52.89	37.63	800m:	9:56.21	38.39	1200m:	15:04.55	39.11			
53.	2003 I				18:56.76				449		
50m:	32.76	32.76	450m:	5:36.87	39.02	850m:	10:41.18	38.06	1250m:	15:48.86	39.31
100m:	1:08.84	36.08	500m:	6:15.61	38.74	900m:	11:19.53	38.35	1300m:	16:27.83	38.97
150m:	1:46.57	37.73	550m:	6:53.94	38.33	950m:	11:57.99	38.46	1350m:	17:06.56	38.73
200m:	2:24.91	38.34	600m:	7:31.84	37.90	1000m:	12:36.19	38.20	1400m:	17:44.82	38.26
250m:	3:03.46	38.55	650m:	8:10.42	38.58	1050m:	13:14.80	38.61	1450m:	18:21.76	36.94
300m:	3:41.43	37.97	700m:	8:47.94	37.52	1100m:	13:52.59	37.79	1500m:	18:56.76	35.00
350m:	4:19.67	38.24	750m:	9:25.76	37.82	1150m:	14:31.61	39.02			
400m:	4:57.85	38.18	800m:	10:03.12	37.36	1200m:	15:09.55	37.94			
54.	2004 I				18:57.59				448		
50m:	31.38	31.38	450m:	5:30.29	38.60	850m:	10:40.77	38.54	1250m:	15:50.26	39.26
100m:	1:06.81	35.43	500m:	6:08.43	38.14	900m:	11:19.22	38.45	1300m:	16:28.66	38.40
150m:	1:43.57	36.76	550m:	6:47.75	39.32	950m:	11:57.94	38.72	1350m:	17:07.02	38.36
200m:	2:20.29	36.72	600m:	7:26.51	38.76	1000m:	12:36.32	38.38	1400m:	17:45.42	38.40
250m:	2:57.38	37.09	650m:	8:05.91	39.40	1050m:	13:15.17	38.85	1450m:	18:21.76	36.34
300m:	3:35.08	37.70	700m:	8:44.82	38.91	1100m:	13:53.44	38.27	1500m:	18:57.59	35.83
350m:	4:13.73	38.65	750m:	9:23.91	39.09	1150m:	14:32.12	38.68			
400m:	4:51.69	37.96	800m:	10:02.23	38.32	1200m:	15:11.00	38.88			
55.	2004 I				19:13.03				431		
50m:	33.19	33.19	450m:	5:37.60	38.59	850m:	10:44.66	39.20	1250m:	15:58.16	39.76
100m:	1:09.87	36.68	500m:	6:16.00	38.40	900m:	11:23.87	39.21	1300m:	16:38.19	40.03
150m:	1:46.96	37.09	550m:	6:54.71	38.71	950m:	12:02.03	38.16	1350m:	17:18.26	40.07
200m:	2:25.20	38.24	600m:	7:32.87	38.16	1000m:	12:41.39	39.36	1400m:	17:56.50	38.24
250m:	3:03.05	37.85	650m:	8:10.16	37.29	1050m:	13:20.02	38.63	1450m:	18:35.16	38.66
300m:	3:42.03	38.98	700m:	8:49.08	38.92	1100m:	13:59.80	39.78	1500m:	19:13.03	37.87
350m:	4:19.96	37.93	750m:	9:26.34	37.26	1150m:	14:38.97	39.17			
400m:	4:59.01	39.05	800m:	10:05.46	39.12	1200m:	15:18.40	39.43			

DNS 2003
DNS 2000

30, , 1500m

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, 1500m

(17-18)

28.02.2019 - 15:10

14:41.13

(CHN)

15.08.2008

14:59.56

(BRA)

12.08.2016

: FINA 2019

	/			R.T.			FINA				
1.	2001			15:37.05			803				
50m:	28.42	28.42	450m:	4:43.80	31.83	850m:	8:54.70	31.86	1250m:	13:04.80	31.57
100m:	1:00.21	31.79	500m:	5:15.24	31.44	900m:	9:25.45	30.75	1300m:	13:35.91	31.11
150m:	1:32.55	32.34	550m:	5:46.57	31.33	950m:	9:56.73	31.28	1350m:	14:07.42	31.51
200m:	2:04.38	31.83	600m:	6:17.66	31.09	1000m:	10:27.93	31.20	1400m:	14:38.76	31.34
250m:	2:36.72	32.34	650m:	6:49.19	31.53	1050m:	10:59.06	31.13	1450m:	15:09.48	30.72
300m:	3:08.43	31.71	700m:	7:20.19	31.00	1100m:	11:30.10	31.04	1500m:	15:37.05	27.57
350m:	3:40.45	32.02	750m:	7:51.65	31.46	1150m:	12:01.99	31.89			
400m:	4:11.97	31.52	800m:	8:22.84	31.19	1200m:	12:33.23	31.24			
2.	2001			16:51.69			638				
50m:	30.10	30.10	450m:	4:54.15	33.61	850m:	9:27.10	33.92	1250m:	14:02.97	34.49
100m:	1:02.15	32.05	500m:	5:28.13	33.98	900m:	10:01.61	34.51	1300m:	14:37.53	34.56
150m:	1:34.62	32.47	550m:	6:01.84	33.71	950m:	10:35.99	34.38	1350m:	15:11.50	33.97
200m:	2:07.41	32.79	600m:	6:35.72	33.88	1000m:	11:10.77	34.78	1400m:	15:45.56	34.06
250m:	2:40.23	32.82	650m:	7:09.90	34.18	1050m:	11:45.12	34.35	1450m:	16:18.86	33.30
300m:	3:13.47	33.24	700m:	7:44.46	34.56	1100m:	12:20.04	34.92	1500m:	16:51.69	32.83
350m:	3:46.92	33.45	750m:	8:18.74	34.28	1150m:	12:54.17	34.13			
400m:	4:20.54	33.62	800m:	8:53.18	34.44	1200m:	13:28.48	34.31			
3.	2002			16:51.91			637				
50m:	29.84	29.84	450m:	5:00.33	33.81	850m:	9:32.66	33.90	1250m:	14:04.58	33.69
100m:	1:03.46	33.62	500m:	5:34.76	34.43	900m:	10:06.70	34.04	1300m:	14:38.87	34.29
150m:	1:37.10	33.64	550m:	6:08.48	33.72	950m:	10:40.48	33.78	1350m:	15:12.32	33.45
200m:	2:10.89	33.79	600m:	6:42.65	34.17	1000m:	11:14.50	34.02	1400m:	15:46.44	34.12
250m:	2:44.81	33.92	650m:	7:16.34	33.69	1050m:	11:48.67	34.17	1450m:	16:19.76	33.32
300m:	3:18.71	33.90	700m:	7:50.69	34.35	1100m:	12:22.82	34.15	1500m:	16:51.91	32.15
350m:	3:52.52	33.81	750m:	8:24.47	33.78	1150m:	12:56.61	33.79			
400m:	4:26.52	34.00	800m:	8:58.76	34.29	1200m:	13:30.89	34.28			
4.	2002			16:53.51			634				
50m:	29.01	29.01	450m:	4:55.67	33.46	850m:	9:28.44	34.45	1250m:	14:01.79	34.55
100m:	1:02.14	33.13	500m:	5:28.99	33.32	900m:	10:02.92	34.48	1300m:	14:36.20	34.41
150m:	1:35.48	33.34	550m:	6:03.13	34.14	950m:	10:37.41	34.49	1350m:	15:11.09	34.89
200m:	2:08.92	33.44	600m:	6:36.98	33.85	1000m:	11:11.76	34.35	1400m:	15:45.81	34.72
250m:	2:42.23	33.31	650m:	7:11.25	34.27	1050m:	11:45.65	33.89	1450m:	16:20.31	34.50
300m:	3:15.26	33.03	700m:	7:45.23	33.98	1100m:	12:19.55	33.90	1500m:	16:53.51	33.20
350m:	3:48.77	33.51	750m:	8:20.01	34.78	1150m:	12:53.37	33.82			
400m:	4:22.21	33.44	800m:	8:53.99	33.98	1200m:	13:27.24	33.87			
5.	2002			16:53.82			634				
50m:	30.47	30.47	450m:	4:59.08	33.65	850m:	9:30.72	34.32	1250m:	14:03.77	34.43
100m:	1:04.43	33.96	500m:	5:32.74	33.66	900m:	10:04.86	34.14	1300m:	14:38.11	34.34
150m:	1:37.63	33.20	550m:	6:07.02	34.28	950m:	10:38.72	33.86	1350m:	15:12.31	34.20
200m:	2:11.40	33.77	600m:	6:40.99	33.97	1000m:	11:12.87	34.15	1400m:	15:47.13	34.82
250m:	2:44.43	33.03	650m:	7:14.85	33.86	1050m:	11:46.88	34.01	1450m:	16:21.11	33.98
300m:	3:18.19	33.76	700m:	7:48.65	33.80	1100m:	12:21.21	34.33	1500m:	16:53.82	32.71
350m:	3:51.61	33.42	750m:	8:22.51	33.86	1150m:	12:55.13	33.92			
400m:	4:25.43	33.82	800m:	8:56.40	33.89	1200m:	13:29.34	34.21			

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30, , 1500m , (17-18)

								R.T.		FINA		
6.			2001					17:08.36		607		
	50m:	30.16	30.16	450m:	4:54.72	33.97	850m:	9:32.55	35.17	1250m:	14:14.54	35.24
	100m:	1:02.18	32.02	500m:	5:28.75	34.03	900m:	10:07.79	35.24	1300m:	14:49.50	34.96
	150m:	1:34.81	32.63	550m:	6:03.06	34.31	950m:	10:43.58	35.79	1350m:	15:24.91	35.41
	200m:	2:07.78	32.97	600m:	6:37.57	34.51	1000m:	11:18.29	34.71	1400m:	15:59.81	34.90
	250m:	2:40.74	32.96	650m:	7:12.11	34.54	1050m:	11:53.55	35.26	1450m:	16:34.50	34.69
	300m:	3:13.81	33.07	700m:	7:46.95	34.84	1100m:	12:28.56	35.01	1500m:	17:08.36	33.86
	350m:	3:47.21	33.40	750m:	8:22.11	35.16	1150m:	13:03.98	35.42			
	400m:	4:20.75	33.54	800m:	8:57.38	35.27	1200m:	13:39.30	35.32			
7.			2002					17:11.99		601		
	50m:	30.73	30.73	450m:	5:06.01	34.35	850m:	9:45.63	35.30	1250m:	14:22.21	34.83
	100m:	1:03.87	33.14	500m:	5:40.41	34.40	900m:	10:19.97	34.34	1300m:	14:56.58	34.37
	150m:	1:38.62	34.75	550m:	6:15.45	35.04	950m:	10:55.38	35.41	1350m:	15:31.03	34.45
	200m:	2:12.48	33.86	600m:	6:50.08	34.63	1000m:	11:29.98	34.60	1400m:	16:05.52	34.49
	250m:	2:47.58	35.10	650m:	7:25.48	35.40	1050m:	12:04.27	34.29	1450m:	16:39.39	33.87
	300m:	3:22.16	34.58	700m:	8:00.36	34.88	1100m:	12:38.38	34.11	1500m:	17:11.99	32.60
	350m:	3:57.38	35.22	750m:	8:35.97	35.61	1150m:	13:13.25	34.87			
	400m:	4:31.66	34.28	800m:	9:10.33	34.36	1200m:	13:47.38	34.13			
8.			2002					17:16.00		594		
	50m:	30.67	30.67	450m:	5:01.96	34.43	850m:	9:41.11	35.03	1250m:	14:22.55	35.61
	100m:	1:03.97	33.30	500m:	5:36.52	34.56	900m:	10:16.32	35.21	1300m:	14:57.89	35.34
	150m:	1:37.35	33.38	550m:	6:11.17	34.65	950m:	10:51.66	35.34	1350m:	15:33.26	35.37
	200m:	2:11.26	33.91	600m:	6:45.73	34.56	1000m:	11:26.56	34.90	1400m:	16:08.33	35.07
	250m:	2:44.96	33.70	650m:	7:20.54	34.81	1050m:	12:01.57	35.01	1450m:	16:42.63	34.30
	300m:	3:19.17	34.21	700m:	7:55.74	35.20	1100m:	12:36.54	34.97	1500m:	17:16.00	33.37
	350m:	3:53.28	34.11	750m:	8:30.91	35.17	1150m:	13:11.91	35.37			
	400m:	4:27.53	34.25	800m:	9:06.08	35.17	1200m:	13:46.94	35.03			
9.			2002 I					17:26.99		575		
	50m:	30.50	30.50	450m:	5:10.72	35.58	850m:	9:54.23	35.47	1250m:	14:36.49	34.92
	100m:	1:04.16	33.66	500m:	5:45.76	35.04	900m:	10:29.79	35.56	1300m:	15:11.50	35.01
	150m:	1:38.81	34.65	550m:	6:21.63	35.87	950m:	11:05.13	35.34	1350m:	15:46.57	35.07
	200m:	2:13.63	34.82	600m:	6:57.01	35.38	1000m:	11:40.74	35.61	1400m:	16:21.41	34.84
	250m:	2:48.90	35.27	650m:	7:32.62	35.61	1050m:	12:16.10	35.36	1450m:	16:55.64	34.23
	300m:	3:24.07	35.17	700m:	8:07.91	35.29	1100m:	12:51.20	35.10	1500m:	17:26.99	31.35
	350m:	3:59.64	35.57	750m:	8:43.42	35.51	1150m:	13:26.56	35.36			
	400m:	4:35.14	35.50	800m:	9:18.76	35.34	1200m:	14:01.57	35.01			
10.			2001					17:32.97		566		
	50m:	30.80	30.80	450m:	5:09.18	35.36	850m:	9:53.25	35.87	1250m:	14:38.26	35.13
	100m:	1:04.26	33.46	500m:	5:44.30	35.12	900m:	10:29.01	35.76	1300m:	15:14.23	35.97
	150m:	1:38.73	34.47	550m:	6:18.72	34.42	950m:	11:05.17	36.16	1350m:	15:49.56	35.33
	200m:	2:13.76	35.03	600m:	6:53.79	35.07	1000m:	11:41.02	35.85	1400m:	16:25.50	35.94
	250m:	2:48.92	35.16	650m:	7:29.83	36.04	1050m:	12:16.04	35.02	1450m:	16:59.68	34.18
	300m:	3:23.87	34.95	700m:	8:05.73	35.90	1100m:	12:51.70	35.66	1500m:	17:32.97	33.29
	350m:	3:58.95	35.08	750m:	8:41.53	35.80	1150m:	13:27.16	35.46			
	400m:	4:33.82	34.87	800m:	9:17.38	35.85	1200m:	14:03.13	35.97			

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30, , 1500m , (17-18)

								R.T.		FINA		
11.			2002					17:35.45		562		
	50m:	30.02	30.02	450m:	5:07.58	35.10	850m:	9:51.99	35.70	1250m:	14:39.22	35.78
	100m:	1:03.16	33.14	500m:	5:42.75	35.17	900m:	10:27.41	35.42	1300m:	15:15.10	35.88
	150m:	1:38.07	34.91	550m:	6:18.57	35.82	950m:	11:03.54	36.13	1350m:	15:51.62	36.52
	200m:	2:12.53	34.46	600m:	6:54.17	35.60	1000m:	11:39.82	36.28	1400m:	16:27.30	35.68
	250m:	2:47.52	34.99	650m:	7:30.13	35.96	1050m:	12:16.39	36.57	1450m:	17:02.35	35.05
	300m:	3:22.35	34.83	700m:	8:05.89	35.76	1100m:	12:51.86	35.47	1500m:	17:35.45	33.10
	350m:	3:57.74	35.39	750m:	8:40.89	35.00	1150m:	13:27.80	35.94			
	400m:	4:32.48	34.74	800m:	9:16.29	35.40	1200m:	14:03.44	35.64			
12.			2002					17:55.28 		531		
	50m:	29.87	29.87	450m:	5:11.80	36.44	850m:	10:05.86	37.42	1250m:	14:59.70	36.80
	100m:	1:03.45	33.58	500m:	5:48.01	36.21	900m:	10:41.95	36.09	1300m:	15:35.39	35.69
	150m:	1:38.79	35.34	550m:	6:24.71	36.70	950m:	11:19.10	37.15	1350m:	16:11.76	36.37
	200m:	2:13.73	34.94	600m:	7:00.85	36.14	1000m:	11:55.20	36.10	1400m:	16:47.15	35.39
	250m:	2:49.03	35.30	650m:	7:38.03	37.18	1050m:	12:32.59	37.39	1450m:	17:23.01	35.86
	300m:	3:24.00	34.97	700m:	8:14.41	36.38	1100m:	13:09.49	36.90	1500m:	17:55.28	32.27
	350m:	3:59.92	35.92	750m:	8:51.95	37.54	1150m:	13:46.53	37.04			
	400m:	4:35.36	35.44	800m:	9:28.44	36.49	1200m:	14:22.90	36.37			
13.			2002					18:13.13 		505		
	50m:	31.94	31.94	450m:	5:19.05	36.43	850m:	10:10.45	36.86	1250m:	15:06.03	36.74
	100m:	1:07.32	35.38	500m:	5:55.09	36.04	900m:	10:47.35	36.90	1300m:	15:43.74	37.71
	150m:	1:43.03	35.71	550m:	6:31.32	36.23	950m:	11:24.53	37.18	1350m:	16:20.78	37.04
	200m:	2:18.39	35.36	600m:	7:07.40	36.08	1000m:	12:01.47	36.94	1400m:	16:58.05	37.27
	250m:	2:54.60	36.21	650m:	7:44.04	36.64	1050m:	12:38.78	37.31	1450m:	17:34.71	36.66
	300m:	3:30.45	35.85	700m:	8:20.28	36.24	1100m:	13:16.09	37.31	1500m:	18:13.13	38.42
	350m:	4:06.83	36.38	750m:	8:57.31	37.03	1150m:	13:52.00	35.91			
	400m:	4:42.62	35.79	800m:	9:33.59	36.28	1200m:	14:29.29	37.29			
14.			2002					18:14.02 		504		
	50m:	30.17	30.17	450m:	5:17.23	37.10	850m:	10:13.96	37.72	1250m:	15:10.62	37.03
	100m:	1:04.10	33.93	500m:	5:53.68	36.45	900m:	10:50.66	36.70	1300m:	15:48.09	37.47
	150m:	1:39.49	35.39	550m:	6:31.08	37.40	950m:	11:28.05	37.39	1350m:	16:25.49	37.40
	200m:	2:14.98	35.49	600m:	7:07.57	36.49	1000m:	12:04.83	36.78	1400m:	17:02.48	36.99
	250m:	2:51.00	36.02	650m:	7:45.23	37.66	1050m:	12:42.36	37.53	1450m:	17:39.49	37.01
	300m:	3:27.08	36.08	700m:	8:21.98	36.75	1100m:	13:19.54	37.18	1500m:	18:14.02	34.53
	350m:	4:03.75	36.67	750m:	8:59.25	37.27	1150m:	13:56.56	37.02			
	400m:	4:40.13	36.38	800m:	9:36.24	36.99	1200m:	14:33.59	37.03			
15.			2001					18:14.81 		503		
	50m:	31.39	31.39	450m:	5:20.36	35.97	850m:	10:14.62	37.03	1250m:	15:11.55	37.07
	100m:	1:06.75	35.36	500m:	5:57.05	36.69	900m:	10:52.00	37.38	1300m:	15:48.90	37.35
	150m:	1:42.50	35.75	550m:	6:33.49	36.44	950m:	11:28.79	36.79	1350m:	16:25.83	36.93
	200m:	2:18.40	35.90	600m:	7:10.21	36.72	1000m:	12:06.08	37.29	1400m:	17:03.29	37.46
	250m:	2:54.85	36.45	650m:	7:46.36	36.15	1050m:	12:42.99	36.91	1450m:	17:40.29	37.00
	300m:	3:31.29	36.44	700m:	8:23.91	37.55	1100m:	13:20.16	37.17	1500m:	18:14.81	34.52
	350m:	4:07.54	36.25	750m:	9:00.37	36.46	1150m:	13:56.99	36.83			
	400m:	4:44.39	36.85	800m:	9:37.59	37.22	1200m:	14:34.48	37.49			

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							R.T.		FINA		
16.			2002				18:29.84		483		
50m:	29.90	29.90	450m:	5:11.45	36.51	850m:	10:10.17	38.83	1250m:	15:21.73	39.02
100m:	1:03.21	33.31	500m:	5:47.44	35.99	900m:	10:50.05	39.88	1300m:	15:59.95	38.22
150m:	1:37.29	34.08	550m:	6:24.42	36.98	950m:	11:30.04	39.99	1350m:	16:37.63	37.68
200m:	2:12.14	34.85	600m:	7:00.74	36.32	1000m:	12:09.32	39.28	1400m:	17:15.04	37.41
250m:	2:47.59	35.45	650m:	7:38.13	37.39	1050m:	12:48.25	38.93	1450m:	17:52.79	37.75
300m:	3:22.84	35.25	700m:	8:14.95	36.82	1100m:	13:26.07	37.82	1500m:	18:29.84	37.05
350m:	3:58.92	36.08	750m:	8:53.14	38.19	1150m:	14:05.02	38.95			
400m:	4:34.94	36.02	800m:	9:31.34	38.20	1200m:	14:42.71	37.69			
17.			2002				18:33.25		478		
50m:	31.28	31.28	450m:	5:16.15	37.07	850m:	10:18.48	38.22	1250m:	15:23.81	38.22
100m:	1:05.61	34.33	500m:	5:53.19	37.04	900m:	10:56.86	38.38	1300m:	16:02.01	38.20
150m:	1:40.39	34.78	550m:	6:31.03	37.84	950m:	11:34.81	37.95	1350m:	16:40.23	38.22
200m:	2:15.25	34.86	600m:	7:08.72	37.69	1000m:	12:12.92	38.11	1400m:	17:18.46	38.23
250m:	2:50.67	35.42	650m:	7:46.51	37.79	1050m:	12:51.09	38.17	1450m:	17:56.58	38.12
300m:	3:26.46	35.79	700m:	8:24.40	37.89	1100m:	13:29.55	38.46	1500m:	18:33.25	36.67
350m:	4:02.81	36.35	750m:	9:02.51	38.11	1150m:	14:07.84	38.29			
400m:	4:39.08	36.27	800m:	9:40.26	37.75	1200m:	14:45.59	37.75			
18.			2002				18:46.67		462		
50m:	32.70	32.70	450m:	5:31.15	38.26	850m:	10:34.60	38.39	1250m:	15:41.82	37.27
100m:	1:09.46	36.76	500m:	6:09.32	38.17	900m:	11:12.73	38.13	1300m:	16:20.30	38.48
150m:	1:46.39	36.93	550m:	6:47.08	37.76	950m:	11:50.53	37.80	1350m:	16:57.33	37.03
200m:	2:23.42	37.03	600m:	7:24.85	37.77	1000m:	12:29.48	38.95	1400m:	17:34.21	36.88
250m:	3:00.20	36.78	650m:	8:02.58	37.73	1050m:	13:08.47	38.99	1450m:	18:11.35	37.14
300m:	3:37.66	37.46	700m:	8:40.53	37.95	1100m:	13:46.66	38.19	1500m:	18:46.67	35.32
350m:	4:15.26	37.60	750m:	9:17.82	37.29	1150m:	14:25.44	38.78			
400m:	4:52.89	37.63	800m:	9:56.21	38.39	1200m:	15:04.55	39.11			