

, 01 - 04 2016

11 , 400m
02.02.2016

				3:43.45				(CHN)				09.08.2008
				3:49.02				(GRE)				22.08.1991
: FINA 2015												
				/				R.T.				FINA
1.				1994				4:03.72				736
	50m:	29.07	29.07	150m:	1:31.57	31.65	250m:	2:33.91	31.10	350m:	3:34.43	29.84
	100m:	59.92	30.85	200m:	2:02.81	31.24	300m:	3:04.59	30.68	400m:	4:03.72	29.29
2.				1996				4:04.46				729
	50m:	27.88	27.88	150m:	1:30.01	31.40	250m:	2:33.21	31.41	350m:	3:35.38	30.56
	100m:	58.61	30.73	200m:	2:01.80	31.79	300m:	3:04.82	31.61	400m:	4:04.46	29.08
3.				1994				4:04.54				728
	50m:	28.09	28.09	150m:	1:30.19	31.28	250m:	2:32.60	31.01	350m:	3:35.26	31.27
	100m:	58.91	30.82	200m:	2:01.59	31.40	300m:	3:03.99	31.39	400m:	4:04.54	29.28
4.				1998				4:04.94				725
	50m:	27.80	27.80	150m:	1:30.34	31.30	250m:	2:33.26	31.22	350m:	3:35.67	30.59
	100m:	59.04	31.24	200m:	2:02.04	31.70	300m:	3:05.08	31.82	400m:	4:04.94	29.27
5.				1997				4:05.47				720
	50m:	28.45	28.45	150m:	1:30.59	31.24	250m:	2:32.81	30.99	350m:	3:35.39	31.10
	100m:	59.35	30.90	200m:	2:01.82	31.23	300m:	3:04.29	31.48	400m:	4:05.47	30.08
6.				2000				4:06.92				707
	50m:	28.01	28.01	150m:	1:29.55	30.86	250m:	2:32.03	31.32	350m:	3:36.30	32.34
	100m:	58.69	30.68	200m:	2:00.71	31.16	300m:	3:03.96	31.93	400m:	4:06.92	30.62
7.				1998				4:09.68				684
	50m:	28.52	28.52	150m:	1:30.34	30.86	250m:	2:33.70	31.90	350m:	3:38.52	32.73
	100m:	59.48	30.96	200m:	2:01.80	31.46	300m:	3:05.79	32.09	400m:	4:09.68	31.16
8.				1998				4:10.62				677
	50m:	28.60	28.60	150m:	1:32.01	31.90	250m:	2:36.25	32.21	350m:	3:39.86	31.82
	100m:	1:00.11	31.51	200m:	2:04.04	32.03	300m:	3:08.04	31.79	400m:	4:10.62	30.76
9.				1996				4:10.97				674
	50m:	29.20	29.20	150m:	1:32.62	31.75	250m:	2:36.66	32.11	350m:	3:41.59	32.26
	100m:	1:00.87	31.67	200m:	2:04.55	31.93	300m:	3:09.33	32.67	400m:	4:10.97	29.38
10.				2000				4:11.38				670
	50m:	28.51	28.51	150m:	1:31.88	31.51	250m:	2:35.04	31.22	350m:	3:40.50	32.48
	100m:	1:00.37	31.86	200m:	2:03.82	31.94	300m:	3:08.02	32.98	400m:	4:11.38	30.88
11.				1997				4:14.16				649
	50m:	29.10	29.10	150m:	1:32.17	31.95	250m:	2:36.70	32.39	350m:	3:42.58	33.11
	100m:	1:00.22	31.12	200m:	2:04.31	32.14	300m:	3:09.47	32.77	400m:	4:14.16	31.58
12.				1998				4:14.22				648
	50m:	28.94	28.94	150m:	1:32.93	32.21	250m:	2:38.62	32.81	350m:	3:44.85	32.92
	100m:	1:00.72	31.78	200m:	2:05.81	32.88	300m:	3:11.93	33.31	400m:	4:14.22	29.37
13.				1999				4:14.34				647
	50m:	28.89	28.89	150m:	1:33.06	32.46	250m:	2:38.67	33.09	350m:	3:44.65	33.02
	100m:	1:00.60	31.71	200m:	2:05.58	32.52	300m:	3:11.63	32.96	400m:	4:14.34	29.69

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11,		, 400m								R.T.	FINA	
14.				2001						4:14.43		647
	50m:	28.48	28.48	150m:	1:32.14	32.61	250m:	2:38.58	33.03	350m:	3:45.26	32.95
	100m:	59.53	31.05	200m:	2:05.55	33.41	300m:	3:12.31	33.73	400m:	4:14.43	29.17
15.				1993						4:14.46		646
	50m:	29.00	29.00	150m:	1:32.88	32.44	250m:	2:38.68	33.07	350m:	3:44.34	32.80
	100m:	1:00.44	31.44	200m:	2:05.61	32.73	300m:	3:11.54	32.86	400m:	4:14.46	30.12
16.				1997						4:15.41		639
	50m:	28.85	28.85	150m:	1:33.42	33.24	250m:	2:39.08	32.68	350m:	3:43.86	31.98
	100m:	1:00.18	31.33	200m:	2:06.40	32.98	300m:	3:11.88	32.80	400m:	4:15.41	31.55
17.				1997						4:15.57		638
	50m:	28.57	28.57	150m:	1:32.88	32.68	250m:	2:37.77	32.82	350m:	3:44.08	33.33
	100m:	1:00.20	31.63	200m:	2:04.95	32.07	300m:	3:10.75	32.98	400m:	4:15.57	31.49
18.				1999						4:15.89		636
	100m:	1:00.13	1:00.13	200m:	2:04.66	1:04.53	300m:	3:09.79	1:05.13	400m:	4:15.89	1:06.10
19.				1999						4:16.89		628
	50m:	29.62	29.62	150m:	1:34.31	32.71	250m:	2:40.25	32.73	350m:	3:46.36	32.81
	100m:	1:01.60	31.98	200m:	2:07.52	33.21	300m:	3:13.55	33.30	400m:	4:16.89	30.53
20.				2000 I						4:17.29		625
	100m:	1:01.98	1:01.98	200m:	2:08.80	1:06.82	300m:	3:14.77	1:05.97	400m:	4:17.29	1:02.52
21.				1999						4:17.71		622
	50m:	30.39	30.39	150m:	1:35.72	32.62	250m:	2:41.32	32.67	350m:	3:47.01	32.91
	100m:	1:03.10	32.71	200m:	2:08.65	32.93	300m:	3:14.10	32.78	400m:	4:17.71	30.70
22.				1998						4:17.84		621
	50m:	28.58	28.58	150m:	1:32.38	32.45	250m:	2:39.38	34.06	350m:	3:46.57	33.24
	100m:	59.93	31.35	200m:	2:05.32	32.94	300m:	3:13.33	33.95	400m:	4:17.84	31.27
23.				1997						4:18.21		619
	50m:	28.59	28.59	150m:	1:33.87	33.02	250m:	2:40.37	33.02	350m:	3:46.67	32.73
	100m:	1:00.85	32.26	200m:	2:07.35	33.48	300m:	3:13.94	33.57	400m:	4:18.21	31.54
24.				1999 I						4:18.24		618
	50m:	29.56	29.56	150m:	1:34.86	32.75	250m:	2:41.29	33.43	350m:	3:47.37	32.80
	100m:	1:02.11	32.55	200m:	2:07.86	33.00	300m:	3:14.57	33.28	400m:	4:18.24	30.87
25.				2001						4:18.33		618
	50m:	28.94	28.94	150m:	1:34.04	32.77	250m:	2:40.35	33.21	350m:	3:46.53	32.80
	100m:	1:01.27	32.33	200m:	2:07.14	33.10	300m:	3:13.73	33.38	400m:	4:18.33	31.80
26.				1999 I						4:19.10 I		612
	50m:	29.20	29.20	150m:	1:35.07	33.16	250m:	2:41.38	32.73	350m:	3:47.42	32.57
	100m:	1:01.91	32.71	200m:	2:08.65	33.58	300m:	3:14.85	33.47	400m:	4:19.10	31.68
27.				1998 I						4:19.64 I		608
	50m:	29.86	29.86	150m:	1:34.11	32.18	250m:	2:39.70	33.14	350m:	3:46.95	33.58
	100m:	1:01.93	32.07	200m:	2:06.56	32.45	300m:	3:13.37	33.67	400m:	4:19.64	32.69
28.				1998						4:19.80 I		607
	50m:	29.03	29.03	150m:	1:33.14	32.66	250m:	2:40.19	33.54	350m:	3:47.26	33.37
	100m:	1:00.48	31.45	200m:	2:06.65	33.51	300m:	3:13.89	33.70	400m:	4:19.80	32.54
29.				1999						4:20.62 I		602
	100m:	1:01.81	1:01.81	200m:	2:08.54	33.79	400m:	4:20.62	1:03.87			
	150m:	1:34.75	32.94	300m:	3:16.75	1:08.21						

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11,		, 400m						R.T.		FINA	
30.				1999					4:21.91		593
	50m:	29.37	29.37	150m:	1:34.26	32.83	250m:	2:40.56	32.79	350m:	3:47.58
	100m:	1:01.43	32.06	200m:	2:07.77	33.51	300m:	3:13.93	33.37	400m:	4:21.91
31.				1999					4:21.93		593
	50m:	29.49	29.49	150m:	1:34.27	33.09	250m:	2:41.18	33.78	350m:	3:49.20
	100m:	1:01.18	31.69	200m:	2:07.40	33.13	300m:	3:15.10	33.92	400m:	4:21.93
32.				2000					4:22.34		590
	50m:	29.84	29.84	150m:	1:36.64	33.51	250m:	2:43.78	33.89	350m:	3:51.28
	100m:	1:03.13	33.29	200m:	2:09.89	33.25	300m:	3:17.36	33.58	400m:	4:22.34
33.				1999					4:23.28		584
	50m:	28.88	28.88	150m:	1:34.60	33.82	250m:	2:42.66	33.99	350m:	3:51.67
	100m:	1:00.78	31.90	200m:	2:08.67	34.07	300m:	3:16.98	34.32	400m:	4:23.28
34.				1997					4:24.40		576
	50m:	29.04	29.04	150m:	1:35.09	33.40	250m:	2:42.99	34.15	350m:	3:51.63
	100m:	1:01.69	32.65	200m:	2:08.84	33.75	300m:	3:17.51	34.52	400m:	4:24.40
35.				1999					4:24.64		575
	50m:	30.04	30.04	150m:	1:36.56	33.69	250m:	2:43.84	33.71	350m:	3:52.26
	100m:	1:02.87	32.83	200m:	2:10.13	33.57	300m:	3:18.05	34.21	400m:	4:24.64
36.				2000					4:25.41		570
	50m:	29.44	29.44	150m:	1:35.43	33.72	250m:	2:43.77	34.45	350m:	3:52.76
	100m:	1:01.71	32.27	200m:	2:09.32	33.89	300m:	3:18.18	34.41	400m:	4:25.41
37.				1999					4:25.55		569
	50m:	29.68	29.68	150m:	1:34.50	33.37	250m:	2:42.54	34.27	350m:	3:52.29
	100m:	1:01.13	31.45	200m:	2:08.27	33.77	300m:	3:17.16	34.62	400m:	4:25.55
38.				2000					4:25.65		568
	50m:	29.14	29.14	150m:	1:34.62	33.34	250m:	2:43.11	34.25	350m:	3:52.81
	100m:	1:01.28	32.14	200m:	2:08.86	34.24	300m:	3:17.92	34.81	400m:	4:25.65
39.				1999					4:25.76		567
	50m:	29.11	29.11	150m:	1:35.18	33.86	250m:	2:43.98	34.67	350m:	3:53.27
	100m:	1:01.32	32.21	200m:	2:09.31	34.13	300m:	3:18.79	34.81	400m:	4:25.76
40.				1999					4:25.78		567
	50m:	28.95	28.95	150m:	1:35.09	33.56	250m:	2:43.94	34.34	350m:	3:53.02
	100m:	1:01.53	32.58	200m:	2:09.60	34.51	300m:	3:18.52	34.58	400m:	4:25.78
41.				2000					4:26.74		561
	50m:	28.90	28.90	150m:	1:36.52	34.37	250m:	2:46.72	34.84	350m:	3:55.21
	100m:	1:02.15	33.25	200m:	2:11.88	35.36	300m:	3:21.70	34.98	400m:	4:26.74
42.				2000					4:26.93		560
	50m:	30.40	30.40	150m:	1:37.63	33.92	250m:	2:46.51	34.55	350m:	3:55.91
	100m:	1:03.71	33.31	200m:	2:11.96	34.33	300m:	3:21.20	34.69	400m:	4:26.93
43.				2001					4:27.30		558
	100m:	1:03.49	1:03.49	200m:	2:10.97	1:07.48	300m:	3:19.81	1:08.84	400m:	4:27.30
44.				2000					4:28.69		549
	50m:	29.01	29.01	150m:	1:35.24	34.11	250m:	2:44.67	34.87	350m:	3:55.18
	100m:	1:01.13	32.12	200m:	2:09.80	34.56	300m:	3:20.00	35.33	400m:	4:28.69



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11,		, 400m						R.T.		FINA		
45.				1999						4:28.97	I	547
	50m:	30.07	30.07	150m:	1:37.37	34.42	250m:	2:47.45	34.94	350m:	3:56.28	34.21
	100m:	1:02.95	32.88	200m:	2:12.51	35.14	300m:	3:22.07	34.62	400m:	4:28.97	32.69
46.				1998						4:28.98	I	547
	50m:	29.52	29.52	150m:	1:34.72	33.16	250m:	2:43.01	34.37	350m:	3:54.14	35.56
	100m:	1:01.56	32.04	200m:	2:08.64	33.92	300m:	3:18.58	35.57	400m:	4:28.98	34.84
47.				1998						4:29.87	I	542
	50m:	29.21	29.21	150m:	1:36.27	34.49	250m:	2:46.59	35.50	350m:	3:56.93	35.70
	100m:	1:01.78	32.57	200m:	2:11.09	34.82	300m:	3:21.23	34.64	400m:	4:29.87	32.94
48.				1995						4:30.63	I	537
	50m:	28.71	28.71	200m:	2:10.52	1:08.89	400m:	4:30.63	1:08.93			
	100m:	1:01.63	32.92	300m:	3:21.70	1:11.18						
49.				2001	I					4:30.66	I	537
	50m:	30.32	30.32	150m:	1:38.41	34.19	250m:	2:47.65	34.81	350m:	3:57.44	35.25
	100m:	1:04.22	33.90	200m:	2:12.84	34.43	300m:	3:22.19	34.54	400m:	4:30.66	33.22
50.				2001	I					4:31.18	I	534
	50m:	29.27	29.27	200m:	2:13.18	1:10.56	400m:	4:31.18	1:07.35			
	100m:	1:02.62	33.35	300m:	3:23.83	1:10.65						
51.				2000						4:32.52	I	526
	50m:	30.70	30.70	150m:	1:37.83	34.12	250m:	2:47.77	34.82	350m:	3:57.90	35.00
	100m:	1:03.71	33.01	200m:	2:12.95	35.12	300m:	3:22.90	35.13	400m:	4:32.52	34.62
52.				1999	I					4:34.30	I	516
	50m:	29.86	29.86	150m:	1:38.86	35.27	250m:	2:50.14	36.10	350m:	4:01.21	35.85
	100m:	1:03.59	33.73	200m:	2:14.04	35.18	300m:	3:25.36	35.22	400m:	4:34.30	33.09
53.				1999	I					4:35.47		509
	50m:	29.50	29.50	150m:	1:36.83	34.76	250m:	2:48.89	36.68	350m:	4:01.06	36.27
	100m:	1:02.07	32.57	200m:	2:12.21	35.38	300m:	3:24.79	35.90	400m:	4:35.47	34.41
54.				1999	I					4:35.54		509
	50m:	30.87	30.87	150m:	1:39.63	35.13	250m:	2:50.58	35.78	350m:	4:02.14	36.26
	100m:	1:04.50	33.63	200m:	2:14.80	35.17	300m:	3:25.88	35.30	400m:	4:35.54	33.40
55.				1997						4:37.23		500
	100m:	1:03.70	1:03.70	200m:	2:14.54	1:10.84	300m:	3:26.65	1:12.11	400m:	4:37.23	1:10.58
56.				2000	I					4:38.14		495
	50m:	30.24	30.24	150m:	1:39.07	35.01	250m:	2:51.09	35.99	350m:	4:03.28	35.93
	100m:	1:04.06	33.82	200m:	2:15.10	36.03	300m:	3:27.35	36.26	400m:	4:38.14	34.86
57.				2000	I					4:43.62		467
	50m:	30.80	30.80	150m:	1:40.89	36.03	250m:	2:54.35	36.84	400m:	4:43.62	1:12.35
	100m:	1:04.86	34.06	200m:	2:17.51	36.62	300m:	3:31.27	36.92			
				2001	I					4:43.62		467
	50m:	30.71	30.71	150m:	1:40.68	36.03	250m:	2:53.52	36.49	350m:	4:09.02	38.60
	100m:	1:04.65	33.94	200m:	2:17.03	36.35	300m:	3:30.42	36.90	400m:	4:43.62	34.60
59.				2001	I					4:45.65		457
	50m:	30.91	30.91	150m:	1:41.37	35.95	250m:	2:55.05	37.65	350m:	4:10.28	37.82
	100m:	1:05.42	34.51	200m:	2:17.40	36.03	300m:	3:32.46	37.41	400m:	4:45.65	35.37
60.				2001	I					4:46.55		452
	100m:	1:07.06	1:07.06	200m:	2:21.21	1:14.15	300m:	3:35.22	1:14.01	400m:	4:46.55	1:11.33

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	11,		, 400m							R.T.		FINA
61.				2000	I						4:47.81	447
	100m:	1:03.04	1:03.04	250m:	2:52.07	37.84	400m:	4:47.81	1:17.41			
	200m:	2:14.23	1:11.19	300m:	3:30.40	38.33						
62.				2001	I						4:53.79	420
	50m:	31.77	31.77	150m:	1:43.35	36.84	250m:	2:58.24	38.25	350m:	4:16.22	39.67
	100m:	1:06.51	34.74	200m:	2:19.99	36.64	300m:	3:36.55	38.31	400m:	4:53.79	37.57
63.				1999	I						4:55.36	413
	50m:	30.41	30.41	150m:	1:39.90	35.78	250m:	2:56.73	38.94	350m:	4:16.01	40.24
	100m:	1:04.12	33.71	200m:	2:17.79	37.89	300m:	3:35.77	39.04	400m:	4:55.36	39.35
DSQ				2001	I							
DNS				2000								

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11, , 400m												
11, , 400m (17-18)												
02.02.2016												
				3:43.45						(CHN)		09.08.2008
				3:49.02						(GRE)		22.08.1991
: FINA 2015												
				/					R.T.			FINA
1.				1998						4:04.94		725
	50m:	27.80	27.80	150m:	1:30.34	31.30	250m:	2:33.26	31.22	350m:	3:35.67	30.59
	100m:	59.04	31.24	200m:	2:02.04	31.70	300m:	3:05.08	31.82	400m:	4:04.94	29.27
2.				1998						4:09.68		684
	50m:	28.52	28.52	150m:	1:30.34	30.86	250m:	2:33.70	31.90	350m:	3:38.52	32.73
	100m:	59.48	30.96	200m:	2:01.80	31.46	300m:	3:05.79	32.09	400m:	4:09.68	31.16
3.				1998						4:10.62		677
	50m:	28.60	28.60	150m:	1:32.01	31.90	250m:	2:36.25	32.21	350m:	3:39.86	31.82
	100m:	1:00.11	31.51	200m:	2:04.04	32.03	300m:	3:08.04	31.79	400m:	4:10.62	30.76
4.				1998						4:14.22		648
	50m:	28.94	28.94	150m:	1:32.93	32.21	250m:	2:38.62	32.81	350m:	3:44.85	32.92
	100m:	1:00.72	31.78	200m:	2:05.81	32.88	300m:	3:11.93	33.31	400m:	4:14.22	29.37
5.				1999						4:14.34		647
	50m:	28.89	28.89	150m:	1:33.06	32.46	250m:	2:38.67	33.09	350m:	3:44.65	33.02
	100m:	1:00.60	31.71	200m:	2:05.58	32.52	300m:	3:11.63	32.96	400m:	4:14.34	29.69
6.				1999						4:15.89		636
	100m:	1:00.13	1:00.13	200m:	2:04.66	1:04.53	300m:	3:09.79	1:05.13	400m:	4:15.89	1:06.10
7.				1999						4:16.89		628
	50m:	29.62	29.62	150m:	1:34.31	32.71	250m:	2:40.25	32.73	350m:	3:46.36	32.81
	100m:	1:01.60	31.98	200m:	2:07.52	33.21	300m:	3:13.55	33.30	400m:	4:16.89	30.53
8.				1999						4:17.71		622
	50m:	30.39	30.39	150m:	1:35.72	32.62	250m:	2:41.32	32.67	350m:	3:47.01	32.91
	100m:	1:03.10	32.71	200m:	2:08.65	32.93	300m:	3:14.10	32.78	400m:	4:17.71	30.70
9.				1998						4:17.84		621
	50m:	28.58	28.58	150m:	1:32.38	32.45	250m:	2:39.38	34.06	350m:	3:46.57	33.24
	100m:	59.93	31.35	200m:	2:05.32	32.94	300m:	3:13.33	33.95	400m:	4:17.84	31.27
10.				1999						4:18.24		618
	50m:	29.56	29.56	150m:	1:34.86	32.75	250m:	2:41.29	33.43	350m:	3:47.37	32.80
	100m:	1:02.11	32.55	200m:	2:07.86	33.00	300m:	3:14.57	33.28	400m:	4:18.24	30.87
11.				1999						4:19.10 		612
	50m:	29.20	29.20	150m:	1:35.07	33.16	250m:	2:41.38	32.73	350m:	3:47.42	32.57
	100m:	1:01.91	32.71	200m:	2:08.65	33.58	300m:	3:14.85	33.47	400m:	4:19.10	31.68
12.				1998						4:19.64 		608
	50m:	29.86	29.86	150m:	1:34.11	32.18	250m:	2:39.70	33.14	350m:	3:46.95	33.58
	100m:	1:01.93	32.07	200m:	2:06.56	32.45	300m:	3:13.37	33.67	400m:	4:19.64	32.69
13.				1998						4:19.80 		607
	50m:	29.03	29.03	150m:	1:33.14	32.66	250m:	2:40.19	33.54	350m:	3:47.26	33.37
	100m:	1:00.48	31.45	200m:	2:06.65	33.51	300m:	3:13.89	33.70	400m:	4:19.80	32.54

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11,	, 400m				(17-18)				R.T.	FINA	
14.				1999					4:20.62		602
	100m:	1:01.81	1:01.81	200m:	2:08.54	33.79	400m:	4:20.62	1:03.87		
	150m:	1:34.75	32.94	300m:	3:16.75	1:08.21					
15.				1999						4:21.91	593
	50m:	29.37	29.37	150m:	1:34.26	32.83	250m:	2:40.56	32.79	350m:	3:47.58
	100m:	1:01.43	32.06	200m:	2:07.77	33.51	300m:	3:13.93	33.37	400m:	4:21.91
16.				1999						4:21.93	593
	50m:	29.49	29.49	150m:	1:34.27	33.09	250m:	2:41.18	33.78	350m:	3:49.20
	100m:	1:01.18	31.69	200m:	2:07.40	33.13	300m:	3:15.10	33.92	400m:	4:21.93
17.				1999						4:23.28	584
	50m:	28.88	28.88	150m:	1:34.60	33.82	250m:	2:42.66	33.99	350m:	3:51.67
	100m:	1:00.78	31.90	200m:	2:08.67	34.07	300m:	3:16.98	34.32	400m:	4:23.28
18.				1999						4:24.64	575
	50m:	30.04	30.04	150m:	1:36.56	33.69	250m:	2:43.84	33.71	350m:	3:52.26
	100m:	1:02.87	32.83	200m:	2:10.13	33.57	300m:	3:18.05	34.21	400m:	4:24.64
19.				1999						4:25.55	569
	50m:	29.68	29.68	150m:	1:34.50	33.37	250m:	2:42.54	34.27	350m:	3:52.29
	100m:	1:01.13	31.45	200m:	2:08.27	33.77	300m:	3:17.16	34.62	400m:	4:25.55
20.				1999						4:25.76	567
	50m:	29.11	29.11	150m:	1:35.18	33.86	250m:	2:43.98	34.67	350m:	3:53.27
	100m:	1:01.32	32.21	200m:	2:09.31	34.13	300m:	3:18.79	34.81	400m:	4:25.76
21.				1999						4:25.78	567
	50m:	28.95	28.95	150m:	1:35.09	33.56	250m:	2:43.94	34.34	350m:	3:53.02
	100m:	1:01.53	32.58	200m:	2:09.60	34.51	300m:	3:18.52	34.58	400m:	4:25.78
22.				1999						4:28.97	547
	50m:	30.07	30.07	150m:	1:37.37	34.42	250m:	2:47.45	34.94	350m:	3:56.28
	100m:	1:02.95	32.88	200m:	2:12.51	35.14	300m:	3:22.07	34.62	400m:	4:28.97
23.				1998						4:28.98	547
	50m:	29.52	29.52	150m:	1:34.72	33.16	250m:	2:43.01	34.37	350m:	3:54.14
	100m:	1:01.56	32.04	200m:	2:08.64	33.92	300m:	3:18.58	35.57	400m:	4:28.98
24.				1998						4:29.87	542
	50m:	29.21	29.21	150m:	1:36.27	34.49	250m:	2:46.59	35.50	350m:	3:56.93
	100m:	1:01.78	32.57	200m:	2:11.09	34.82	300m:	3:21.23	34.64	400m:	4:29.87
25.				1999						4:34.30	516
	50m:	29.86	29.86	150m:	1:38.86	35.27	250m:	2:50.14	36.10	350m:	4:01.21
	100m:	1:03.59	33.73	200m:	2:14.04	35.18	300m:	3:25.36	35.22	400m:	4:34.30
26.				1999						4:35.47	509
	50m:	29.50	29.50	150m:	1:36.83	34.76	250m:	2:48.89	36.68	350m:	4:01.06
	100m:	1:02.07	32.57	200m:	2:12.21	35.38	300m:	3:24.79	35.90	400m:	4:35.47
27.				1999						4:35.54	509
	50m:	30.87	30.87	150m:	1:39.63	35.13	250m:	2:50.58	35.78	350m:	4:02.14
	100m:	1:04.50	33.63	200m:	2:14.80	35.17	300m:	3:25.88	35.30	400m:	4:35.54
28.				1999						4:55.36	413
	50m:	30.41	30.41	150m:	1:39.90	35.78	250m:	2:56.73	38.94	350m:	4:16.01
	100m:	1:04.12	33.71	200m:	2:17.79	37.89	300m:	3:35.77	39.04	400m:	4:55.36

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EXH	11,	, 400m	/	1999 I				R.T.		FINA
	50m:	30.74	30.74	150m:	1:39.01	34.23	250m:	2:52.45	4:45.03	460
	100m:	1:04.78	34.04	200m:	2:15.13	36.12	300m:	3:30.10	37.32	38.23
								37.65	400m:	4:08.33
										4:45.03
										36.70

