

104
24.11.2021 - 18:22

, 400m

(15-16)

3:35.30
3:41.14

(CAN)

06.12.2016
20.11.2017

: FINA 2021

									R.T.					FINA
1.	2005								+0,85	3:48.14				805
	50m:	26.09	26.09	150m:	1:24.41	29.23	250m:	2:22.12	28.78	350m:	3:19.81	28.69		
	100m:	55.18	29.09	200m:	1:53.34	28.93	300m:	2:51.12	29.00	400m:	3:48.14	28.33		
2.	2005								+0,70	3:50.72				778
	50m:	26.00	26.00	150m:	1:24.99	29.58	250m:	2:23.20	29.13	350m:	3:21.59	29.18		
	100m:	55.41	29.41	200m:	1:54.07	29.08	300m:	2:52.41	29.21	400m:	3:50.72	29.13		
3.	2005								+0,81	3:52.08				764
	50m:	26.56	26.56	150m:	1:24.25	28.93	250m:	2:22.79	29.37	350m:	3:22.43	29.92		
	100m:	55.32	28.76	200m:	1:53.42	29.17	300m:	2:52.51	29.72	400m:	3:52.08	29.65		
4.	2005								+0,69	3:53.69				749
	50m:	27.43	27.43	150m:	1:26.26	29.55	250m:	2:25.16	29.47	350m:	3:24.62	29.71		
	100m:	56.71	29.28	200m:	1:55.69	29.43	300m:	2:54.91	29.75	400m:	3:53.69	29.07		
5.	2005								+0,79	3:54.98				736
	50m:	27.01	27.01	150m:	1:25.72	29.61	250m:	2:25.30	30.05	350m:	3:26.43	30.38		
	100m:	56.11	29.10	200m:	1:55.25	29.53	300m:	2:56.05	30.75	400m:	3:54.98	28.55		
	2005								+0,83	3:54.98				736
	50m:	27.30	27.30	150m:	1:26.06	29.49	250m:	2:25.92	30.11	350m:	3:26.96	30.64		
	100m:	56.57	29.27	200m:	1:55.81	29.75	300m:	2:56.32	30.40	400m:	3:54.98	28.02		
7.	2005								+0,74	3:55.43				732
	50m:	27.64	27.64	150m:	1:27.02	29.76	250m:	2:26.99	30.14	350m:	3:26.60	30.14		
	100m:	57.26	29.62	200m:	1:56.85	29.83	300m:	2:56.46	29.47	400m:	3:55.43	28.83		
8.	2005								+0,62	4:00.15				690
	50m:	26.15	26.15	150m:	1:25.89	30.23	250m:	2:27.41	30.80	350m:	3:30.08	31.43		
	100m:	55.66	29.51	200m:	1:56.61	30.72	300m:	2:58.65	31.24	400m:	4:00.15	30.07		

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20.11.2017

: FINA 2021

									R.T.					FINA		
1.					2003					+0,73	3:47.20					815
	50m:	26.52	26.52	150m:	1:24.66	29.31	250m:	2:22.71	28.84	350m:	3:20.25	28.51				
	100m:	55.35	28.83	200m:	1:53.87	29.21	300m:	2:51.74	29.03	400m:	3:47.20	26.95				
2.					2004					+0,70	3:47.76					809
	50m:	25.95	25.95	150m:	1:24.12	29.43	250m:	2:23.03	29.11	350m:	3:21.22	28.91				
	100m:	54.69	28.74	200m:	1:53.92	29.80	300m:	2:52.31	29.28	400m:	3:47.76	26.54				
3.					2003					+0,79	3:48.43					802
	50m:	26.25	26.25	150m:	1:23.52	29.08	250m:	2:22.02	29.39	350m:	3:20.81	29.01				
	100m:	54.44	28.19	200m:	1:52.63	29.11	300m:	2:51.80	29.78	400m:	3:48.43	27.62				
4.					2003					+0,82	3:48.72					799
	50m:	26.03	26.03	150m:	1:24.09	29.44	250m:	2:23.10	29.21	350m:	3:21.33	28.96				
	100m:	54.65	28.62	200m:	1:53.89	29.80	300m:	2:52.37	29.27	400m:	3:48.72	27.39				
5.					2003					+0,88	3:49.29					793
	50m:	25.86	25.86	150m:	1:23.97	29.25	250m:	2:23.10	29.10	350m:	3:21.68	29.25				
	100m:	54.72	28.86	200m:	1:54.00	30.03	300m:	2:52.43	29.33	400m:	3:49.29	27.61				
6.					2004					+0,67	3:49.67					789
	50m:	26.41	26.41	150m:	1:25.15	29.28	250m:	2:23.67	29.02	350m:	3:21.65	28.63				
	100m:	55.87	29.46	200m:	1:54.65	29.50	300m:	2:53.02	29.35	400m:	3:49.67	28.02				
7.					2004					+0,74	3:51.64					769
	50m:	25.96	25.96	150m:	1:24.18	29.55	250m:	2:23.45	29.39	350m:	3:22.99	29.68				
	100m:	54.63	28.67	200m:	1:54.06	29.88	300m:	2:53.31	29.86	400m:	3:51.64	28.65				
8.					2003					+0,71	3:52.32					762
	50m:	25.46	25.46	150m:	1:22.07	28.72	250m:	2:21.62	30.00	350m:	3:23.24	30.73				
	100m:	53.35	27.89	200m:	1:51.62	29.55	300m:	2:52.51	30.89	400m:	3:52.32	29.08				

ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ
ПО ПЛАВАНИЮ

САРАНСК

24-28
НОЯБРЯ 2021

РЕЗЕРВ
РОССИИ



104, , 400m ,

R.T.

FINA

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2005
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EXH
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OMEGA

Splash Meet Manager, 11.70661

Registered to Volga Federal District/Republic of Mordovia

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СПОНСОРЫ СОРЕВНОВАНИЙ:



УРАЛХИМ



ПОЧТА РОССИИ

