

138
02.12.2018 - 17:36

, 400m

(13-14)

4:31.13
4:37.52

(GER)
-1

15.11.2009
07.11.2018

: FINA 2018

					R.T.				FINA			
1.	2004				+0,76				4:46.84 735			
	25m:	14.48	14.48	125m:	1:27.34	17.95	225m:	2:40.91	19.64	325m:	3:56.84	17.20
	50m:	31.62	17.14	150m:	1:45.28	17.94	250m:	3:00.49	19.58	350m:	4:13.89	17.05
	75m:	49.99	18.37	175m:	2:03.37	18.09	275m:	3:19.98	19.49	375m:	4:31.24	17.35
	100m:	1:09.39	19.40	200m:	2:21.27	17.90	300m:	3:39.64	19.66	400m:	4:46.84	15.60
2.	2004				+0,74				4:47.42 731			
	25m:	14.38	14.38	125m:	1:28.05	18.51	225m:	2:41.09	21.14	325m:	4:00.96	16.97
	50m:	32.56	18.18	150m:	1:45.31	17.26	250m:	3:01.69	20.60	350m:	4:16.90	15.94
	75m:	50.60	18.04	175m:	2:02.50	17.19	275m:	3:22.86	21.17	375m:	4:32.85	15.95
	100m:	1:09.54	18.94	200m:	2:19.95	17.45	300m:	3:43.99	21.13	400m:	4:47.42	14.57
3.	2005				+0,89				4:53.29 688			
	25m:	14.75	14.75	125m:	1:28.57	19.81	225m:	2:44.53	21.01	325m:	4:05.23	17.77
	50m:	32.05	17.30	150m:	1:47.09	18.52	250m:	3:05.34	20.81	350m:	4:21.40	16.17
	75m:	50.29	18.24	175m:	2:05.55	18.46	275m:	3:26.55	21.21	375m:	4:37.90	16.50
	100m:	1:08.76	18.47	200m:	2:23.52	17.97	300m:	3:47.46	20.91	400m:	4:53.29	15.39
4.	2005				+0,76				4:54.41 680			
	25m:	14.21	14.21	125m:	1:26.27	18.45	225m:	2:41.12	21.31	325m:	4:03.59	17.16
	50m:	32.35	18.14	150m:	1:44.24	17.97	250m:	3:02.36	21.24	350m:	4:21.00	17.41
	75m:	49.33	16.98	175m:	2:01.94	17.70	275m:	3:23.87	21.51	375m:	4:38.01	17.01
	100m:	1:07.82	18.49	200m:	2:19.81	17.87	300m:	3:46.43	22.56	400m:	4:54.41	16.40
5.	2004				+0,74				4:57.31 660			
	25m:	14.20	14.20	125m:	1:27.95	19.49	225m:	2:45.66	21.09	325m:	4:07.30	16.19
	50m:	31.72	17.52	150m:	1:46.93	18.98	250m:	3:07.97	22.31	350m:	4:24.16	16.86
	75m:	49.62	17.90	175m:	2:05.94	19.01	275m:	3:28.62	20.65	375m:	4:40.99	16.83
	100m:	1:08.46	18.84	200m:	2:24.57	18.63	300m:	3:51.11	22.49	400m:	4:57.31	16.32
6.	2004				+0,63				4:59.07 649			
	25m:	14.10	14.10	125m:	1:26.27	19.48	225m:	2:43.26	22.07	325m:	4:07.21	18.32
	50m:	31.15	17.05	150m:	1:44.52	18.25	250m:	3:05.01	21.75	350m:	4:24.69	17.48
	75m:	48.69	17.54	175m:	2:03.02	18.50	275m:	3:26.93	21.92	375m:	4:42.58	17.89
	100m:	1:06.79	18.10	200m:	2:21.19	18.17	300m:	3:48.89	21.96	400m:	4:59.07	16.49
7.	2005				+0,78				5:00.76 638			
	25m:	14.34	14.34	125m:	1:27.34	20.00	225m:	2:47.16	22.21	325m:	4:10.44	17.60
	50m:	31.45	17.11	150m:	1:46.75	19.41	250m:	3:08.92	21.76	350m:	4:27.51	17.07
	75m:	48.72	17.27	175m:	2:05.80	19.05	275m:	3:30.79	21.87	375m:	4:44.42	16.91
	100m:	1:07.34	18.62	200m:	2:24.95	19.15	300m:	3:52.84	22.05	400m:	5:00.76	16.34
8.	2005				+0,85				5:02.82 625			
	25m:	14.53	14.53	125m:	1:28.40	19.88	225m:	2:46.47	21.75	325m:	4:11.41	18.35
	50m:	31.76	17.23	150m:	1:46.99	18.59	250m:	3:08.44	21.97	350m:	4:28.98	17.57
	75m:	50.12	18.36	175m:	2:05.82	18.83	275m:	3:30.86	22.42	375m:	4:46.40	17.42
	100m:	1:08.52	18.40	200m:	2:24.72	18.90	300m:	3:53.06	22.20	400m:	5:02.82	16.42

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138 , 400m (15-17)
02.12.2018 - 17:36

4:31.13 (GER) 15.11.2009
4:37.52 -1 07.11.2018

: FINA 2018

								R.T.			FINA	
1.			/					+0,81	4:42.06		773	
	25m:	13.99	13.99	125m:	1:23.75	18.33	225m:	2:36.82	20.62	325m:	3:54.25	16.73
	50m:	30.50	16.51	150m:	1:41.05	17.30	250m:	2:56.87	20.05	350m:	4:10.51	16.26
	75m:	47.82	17.32	175m:	1:58.67	17.62	275m:	3:17.50	20.63	375m:	4:26.61	16.10
	100m:	1:05.42	17.60	200m:	2:16.20	17.53	300m:	3:37.52	20.02	400m:	4:42.06	15.45
2.								+0,81	4:45.47		746	
	25m:	13.86	13.86	125m:	1:23.63	18.47	225m:	2:35.99	20.64	325m:	3:56.29	17.60
	50m:	30.09	16.23	150m:	1:40.96	17.33	250m:	2:56.88	20.89	350m:	4:12.99	16.70
	75m:	47.50	17.41	175m:	1:58.47	17.51	275m:	3:17.83	20.95	375m:	4:29.84	16.85
	100m:	1:05.16	17.66	200m:	2:15.35	16.88	300m:	3:38.69	20.86	400m:	4:45.47	15.63
3.								+0,76	4:46.98		734	
	25m:	13.82	13.82	125m:	1:24.10	18.29	225m:	2:38.85	20.54	325m:	3:59.65	15.93
	50m:	30.08	16.26	150m:	1:42.14	18.04	250m:	3:00.34	21.49	350m:	4:15.81	16.16
	75m:	47.41	17.33	175m:	2:00.21	18.07	275m:	3:21.38	21.04	375m:	4:31.58	15.77
	100m:	1:05.81	18.40	200m:	2:18.31	18.10	300m:	3:43.72	22.34	400m:	4:46.98	15.40
4.								+0,83	4:49.42		716	
	25m:	14.08	14.08	125m:	1:24.61	18.72	225m:	2:39.85	19.36	325m:	3:59.47	17.48
	50m:	30.76	16.68	150m:	1:42.73	18.12	250m:	3:00.21	20.36	350m:	4:16.26	16.79
	75m:	47.88	17.12	175m:	2:01.00	18.27	275m:	3:20.83	20.62	375m:	4:32.94	16.68
	100m:	1:05.89	18.01	200m:	2:20.49	19.49	300m:	3:41.99	21.16	400m:	4:49.42	16.48
5.								+0,84	4:49.66		714	
	25m:	14.05	14.05	125m:	1:24.17	18.69	225m:	2:39.15	21.17	325m:	4:00.88	17.53
	50m:	30.54	16.49	150m:	1:42.28	18.11	250m:	3:00.50	21.35	350m:	4:17.72	16.84
	75m:	47.72	17.18	175m:	2:00.25	17.97	275m:	3:21.93	21.43	375m:	4:34.09	16.37
	100m:	1:05.48	17.76	200m:	2:17.98	17.73	300m:	3:43.35	21.42	400m:	4:49.66	15.57
6.								+0,73	4:50.33		709	
	25m:	14.01	14.01	125m:	1:24.00	18.22	225m:	2:37.88	21.34	325m:	3:59.74	17.63
	50m:	30.54	16.53	150m:	1:41.44	17.44	250m:	2:59.23	21.35	350m:	4:16.77	17.03
	75m:	47.94	17.40	175m:	1:59.02	17.58	275m:	3:20.58	21.35	375m:	4:34.10	17.33
	100m:	1:05.78	17.84	200m:	2:16.54	17.52	300m:	3:42.11	21.53	400m:	4:50.33	16.23
7.								+0,89	4:51.73		699	
	25m:	14.04	14.04	125m:	1:26.09	19.13	225m:	2:41.31	20.55	325m:	4:02.37	17.18
	50m:	30.80	16.76	150m:	1:44.19	18.10	250m:	3:02.40	21.09	350m:	4:19.01	16.64
	75m:	48.19	17.39	175m:	2:02.48	18.29	275m:	3:23.59	21.19	375m:	4:36.02	17.01
	100m:	1:06.96	18.77	200m:	2:20.76	18.28	300m:	3:45.19	21.60	400m:	4:51.73	15.71
8.								+0,82	4:53.18		688	
	25m:	14.35	14.35	125m:	1:26.29	18.89	225m:	2:41.57	21.72	325m:	4:03.69	16.73
	50m:	31.28	16.93	150m:	1:44.03	17.74	250m:	3:03.12	21.55	350m:	4:20.32	16.63
	75m:	49.14	17.86	175m:	2:02.15	18.12	275m:	3:25.04	21.92	375m:	4:37.03	16.71
	100m:	1:07.40	18.26	200m:	2:19.85	17.70	300m:	3:46.96	21.92	400m:	4:53.18	16.15