

12 , 400m (13-14)
29.11.2018 - 9:30

		3:58.90		RUS		(CAN)		09.12.2016		
		4:03.08						10.11.2015		
: FINA 2018										
		/		R.T.		FINA				
1.		2004		+0,83		4:14.19		785 Q		
	25m: 13.13	13.13	125m: 1:16.30	16.06	225m: 2:20.20	16.15	325m: 3:24.59	16.06		
	50m: 28.48	15.35	150m: 1:32.05	15.75	250m: 2:36.06	15.86	350m: 3:40.50	15.91		
	75m: 44.38	15.90	175m: 1:47.95	15.90	275m: 2:52.40	16.34	375m: 3:56.86	16.36		
	100m: 1:00.24	15.86	200m: 2:04.05	16.10	300m: 3:08.53	16.13	400m: 4:14.19	17.33		
2.		2004		-		+0,82		4:15.46		773 Q
	25m: 13.68	13.68	125m: 1:15.94	16.11	225m: 2:21.06	16.18	325m: 3:26.61	16.57		
	50m: 28.42	14.74	150m: 1:32.05	16.11	250m: 2:37.15	16.09	350m: 3:43.01	16.40		
	75m: 43.94	15.52	175m: 1:48.49	16.44	275m: 2:53.71	16.56	375m: 3:59.64	16.63		
	100m: 59.83	15.89	200m: 2:04.88	16.39	300m: 3:10.04	16.33	400m: 4:15.46	15.82		
3.		2004		-		+0,81		4:16.60		763 Q
	25m: 14.19	14.19	125m: 1:17.80	16.29	225m: 2:22.49	16.32	325m: 3:27.68	16.48		
	50m: 29.71	15.52	150m: 1:33.69	15.89	250m: 2:38.57	16.08	350m: 3:43.79	16.11		
	75m: 45.51	15.80	175m: 1:49.99	16.30	275m: 2:54.89	16.32	375m: 4:00.28	16.49		
	100m: 1:01.51	16.00	200m: 2:06.17	16.18	300m: 3:11.20	16.31	400m: 4:16.60	16.32		
4.		2004		-		+0,86		4:17.91		751 Q
	25m: 14.22	14.22	125m: 1:16.96	15.88	225m: 2:21.77	16.17	325m: 3:28.15	16.63		
	50m: 29.67	15.45	150m: 1:32.94	15.98	250m: 2:38.33	16.56	350m: 3:45.02	16.87		
	75m: 45.12	15.45	175m: 1:49.00	16.06	275m: 2:54.68	16.35	375m: 4:01.80	16.78		
	100m: 1:01.08	15.96	200m: 2:05.60	16.60	300m: 3:11.52	16.84	400m: 4:17.91	16.11		
5.		2005		-		+0,73		4:21.24		723 Q
	25m: 14.33	14.33	125m: 1:19.40	16.60	225m: 2:26.14	16.56	325m: 3:33.35	16.56		
	50m: 29.99	15.66	150m: 1:36.05	16.65	250m: 2:43.18	17.04	350m: 3:49.68	16.33		
	75m: 46.35	16.36	175m: 1:52.91	16.86	275m: 3:00.09	16.91	375m: 4:06.10	16.42		
	100m: 1:02.80	16.45	200m: 2:09.58	16.67	300m: 3:16.79	16.70	400m: 4:21.24	15.14		
6.		2004		-		+0,98		4:21.32		722 Q
	25m: 14.30	14.30	125m: 1:20.30	16.41	225m: 2:26.33	16.60	325m: 3:32.82	16.37		
	50m: 30.55	16.25	150m: 1:36.84	16.54	250m: 2:43.07	16.74	350m: 3:49.18	16.36		
	75m: 47.06	16.51	175m: 1:53.29	16.45	275m: 2:59.69	16.62	375m: 4:05.42	16.24		
	100m: 1:03.89	16.83	200m: 2:09.73	16.44	300m: 3:16.45	16.76	400m: 4:21.32	15.90		
7.		2005		-		+0,93		4:22.13		716 Q
	25m: 14.69	14.69	125m: 1:19.18	16.64	225m: 2:25.79	16.72	325m: 3:32.94	16.81		
	50m: 30.19	15.50	150m: 1:35.76	16.58	250m: 2:42.47	16.68	350m: 3:49.80	16.86		
	75m: 46.50	16.31	175m: 1:52.67	16.91	275m: 2:59.32	16.85	375m: 4:06.43	16.63		
	100m: 1:02.54	16.04	200m: 2:09.07	16.40	300m: 3:16.13	16.81	400m: 4:22.13	15.70		
8.		2005		I		+0,68		4:23.91		701 Q
	25m: 14.20	14.20	125m: 1:18.84	16.81	225m: 2:26.52	17.14	325m: 3:34.71	16.87		
	50m: 29.31	15.11	150m: 1:35.64	16.80	250m: 2:43.67	17.15	350m: 3:51.58	16.87		
	75m: 45.55	16.24	175m: 1:52.44	16.80	275m: 3:00.95	17.28	375m: 4:08.34	16.76		
	100m: 1:02.03	16.48	200m: 2:09.38	16.94	300m: 3:17.84	16.89	400m: 4:23.91	15.57		
9.		2005		-		+0,91		4:26.28		683 R
	25m: 13.94	13.94	125m: 1:19.93	16.79	225m: 2:28.05	16.82	325m: 3:37.13	17.30		
	50m: 29.89	15.95	150m: 1:36.94	17.01	250m: 2:45.28	17.23	350m: 3:53.97	16.84		
	75m: 46.23	16.34	175m: 1:54.01	17.07	275m: 3:02.59	17.31	375m: 4:10.68	16.71		
	100m: 1:03.14	16.91	200m: 2:11.23	17.22	300m: 3:19.83	17.24	400m: 4:26.28	15.60		
10.		2004		-		+0,99		4:26.76		679 R
	25m: 14.82	14.82	125m: 1:21.77	16.99	225m: 2:30.04	17.04	325m: 3:37.66	16.75		
	50m: 31.20	16.38	150m: 1:39.08	17.31	250m: 2:47.14	17.10	350m: 3:54.36	16.70		
	75m: 47.82	16.62	175m: 1:55.95	16.87	275m: 3:03.92	16.78	375m: 4:10.90	16.54		
	100m: 1:04.78	16.96	200m: 2:13.00	17.05	300m: 3:20.91	16.99	400m: 4:26.76	15.86		



12, , 400m , , (13-14)

	/						R.T.				FINA	
11.	2005						+0,86	4:28.30			667	
	25m:	14.61	14.61	125m:	1:20.14	16.95	225m:	2:28.48	17.12	325m:	3:37.57	17.33
	50m:	30.47	15.86	150m:	1:37.08	16.94	250m:	2:45.68	17.20	350m:	3:54.87	17.30
	75m:	46.80	16.33	175m:	1:54.28	17.20	275m:	3:03.00	17.32	375m:	4:11.89	17.02
	100m:	1:03.19	16.39	200m:	2:11.36	17.08	300m:	3:20.24	17.24	400m:	4:28.30	16.41
12.	2004						-	4:28.56			665	
	25m:	14.68	14.68	125m:	1:20.06	16.58	225m:	2:28.23	16.88	325m:	3:37.25	17.23
	50m:	30.69	16.01	150m:	1:37.01	16.95	250m:	2:45.35	17.12	350m:	3:54.74	17.49
	75m:	46.86	16.17	175m:	1:54.10	17.09	275m:	3:02.55	17.20	375m:	4:12.05	17.31
	100m:	1:03.48	16.62	200m:	2:11.35	17.25	300m:	3:20.02	17.47	400m:	4:28.56	16.51
13.	2005						+0,80	4:28.85			663	
	25m:	14.45	14.45	125m:	1:20.83	16.79	225m:	2:29.93	17.18	325m:	3:39.65	17.27
	50m:	30.43	15.98	150m:	1:38.01	17.18	250m:	2:47.56	17.63	350m:	3:56.85	17.20
	75m:	47.06	16.63	175m:	1:55.34	17.33	275m:	3:05.05	17.49	375m:	4:13.49	16.64
	100m:	1:04.04	16.98	200m:	2:12.75	17.41	300m:	3:22.38	17.33	400m:	4:28.85	15.36
14.	2004						+0,96	4:28.87			663	
	25m:	14.81	14.81	125m:	1:20.65	16.75	225m:	2:28.93	17.01	325m:	3:37.86	17.38
	50m:	30.68	15.87	150m:	1:37.66	17.01	250m:	2:45.80	16.87	350m:	3:55.24	17.38
	75m:	46.93	16.25	175m:	1:54.98	17.32	275m:	3:03.21	17.41	375m:	4:12.60	17.36
	100m:	1:03.90	16.97	200m:	2:11.92	16.94	300m:	3:20.48	17.27	400m:	4:28.87	16.27
15.	2004						+0,79	4:29.14			661	
	25m:	14.02	14.02	125m:	1:20.99	17.15	225m:	2:30.01	17.28	325m:	3:39.98	17.56
	50m:	30.04	16.02	150m:	1:38.17	17.18	250m:	2:47.40	17.39	350m:	3:56.89	16.91
	75m:	46.97	16.93	175m:	1:55.32	17.15	275m:	3:04.94	17.54	375m:	4:13.76	16.87
	100m:	1:03.84	16.87	200m:	2:12.73	17.41	300m:	3:22.42	17.48	400m:	4:29.14	15.38
16.	2004						+0,75	4:29.69			657	
	25m:	14.65	14.65	125m:	1:21.28	16.91	225m:	2:29.12	17.13	325m:	3:38.75	17.61
	50m:	31.03	16.38	150m:	1:38.14	16.86	250m:	2:46.59	17.47	350m:	3:56.30	17.55
	75m:	47.59	16.56	175m:	1:55.11	16.97	275m:	3:03.96	17.37	375m:	4:13.37	17.07
	100m:	1:04.37	16.78	200m:	2:11.99	16.88	300m:	3:21.14	17.18	400m:	4:29.69	16.32
17.	2005						+1,08	4:30.10			654	
	25m:	14.62	14.62	125m:	1:21.76	16.68	225m:	2:30.60	17.13	325m:	3:39.70	17.25
	50m:	30.68	16.06	150m:	1:39.14	17.38	250m:	2:47.86	17.26	350m:	3:57.00	17.30
	75m:	47.15	16.47	175m:	1:56.17	17.03	275m:	3:05.01	17.15	375m:	4:13.93	16.93
	100m:	1:05.08	17.93	200m:	2:13.47	17.30	300m:	3:22.45	17.44	400m:	4:30.10	16.17
18.	2004						-	4:30.11			654	
	25m:	14.89	14.89	125m:	1:21.32	17.16	225m:	2:29.57	16.96	325m:	3:38.98	17.52
	50m:	30.90	16.01	150m:	1:38.44	17.12	250m:	2:46.90	17.33	350m:	3:56.59	17.61
	75m:	47.23	16.33	175m:	1:55.51	17.07	275m:	3:04.09	17.19	375m:	4:13.59	17.00
	100m:	1:04.16	16.93	200m:	2:12.61	17.10	300m:	3:21.46	17.37	400m:	4:30.11	16.52
19.	2004						+0,94	4:30.35			652	
	25m:	15.31	15.31	125m:	1:22.19	17.07	225m:	2:30.90	17.37	325m:	3:40.03	17.26
	50m:	31.49	16.18	150m:	1:39.26	17.07	250m:	2:48.19	17.29	350m:	3:57.31	17.28
	75m:	48.31	16.82	175m:	1:56.39	17.13	275m:	3:05.53	17.34	375m:	4:14.43	17.12
	100m:	1:05.12	16.81	200m:	2:13.53	17.14	300m:	3:22.77	17.24	400m:	4:30.35	15.92
20.	2004						+0,83	4:30.61			650	
	25m:	15.44	15.44	125m:	1:21.56	16.79	225m:	2:29.70	17.13	325m:	3:39.41	17.53
	50m:	31.74	16.30	150m:	1:38.51	16.95	250m:	2:47.18	17.48	350m:	3:56.98	17.57
	75m:	48.29	16.55	175m:	1:55.39	16.88	275m:	3:04.52	17.34	375m:	4:14.40	17.42
	100m:	1:04.77	16.48	200m:	2:12.57	17.18	300m:	3:21.88	17.36	400m:	4:30.61	16.21
21.	2004						+0,77	4:31.46			644	
	25m:	14.24	14.24	125m:	1:20.77	17.12	225m:	2:30.39	17.82	325m:	3:40.36	17.61
	50m:	30.14	15.90	150m:	1:37.82	17.05	250m:	2:47.92	17.53	350m:	3:57.69	17.33
	75m:	46.74	16.60	175m:	1:55.36	17.54	275m:	3:05.46	17.54	375m:	4:14.93	17.24
	100m:	1:03.65	16.91	200m:	2:12.57	17.21	300m:	3:22.75	17.29	400m:	4:31.46	16.53

12, , 400m , , (13-14)

					R.T.				FINA
22.	2005				+0,74 4:31.78				642
	25m: 14.42	14.42	125m: 1:21.74	17.09	225m: 2:31.06	17.48	325m: 3:40.80	17.38	
	50m: 30.62	16.20	150m: 1:38.80	17.06	250m: 2:48.55	17.49	350m: 3:57.91	17.11	
	75m: 47.55	16.93	175m: 1:56.21	17.41	275m: 3:06.07	17.52	375m: 4:15.35	17.44	
	100m: 1:04.65	17.10	200m: 2:13.58	17.37	300m: 3:23.42	17.35	400m: 4:31.78	16.43	
23.	2004				+0,67 4:32.02				640
	25m: 14.49	14.49	125m: 1:21.61	17.12	225m: 2:31.07	17.35	325m: 3:40.90	17.44	
	50m: 30.79	16.30	150m: 1:38.91	17.30	250m: 2:48.30	17.23	350m: 3:58.55	17.65	
	75m: 47.15	16.36	175m: 1:56.20	17.29	275m: 3:05.76	17.46	375m: 4:15.91	17.36	
	100m: 1:04.49	17.34	200m: 2:13.72	17.52	300m: 3:23.46	17.70	400m: 4:32.02	16.11	
24.	2004				+0,91 4:32.11				640
	25m: 14.44	14.44	125m: 1:20.91	16.84	225m: 2:30.20	17.38	325m: 3:41.00	17.60	
	50m: 30.36	15.92	150m: 1:37.97	17.06	250m: 2:47.88	17.68	350m: 3:58.76	17.76	
	75m: 47.02	16.66	175m: 1:55.37	17.40	275m: 3:05.61	17.73	375m: 4:15.79	17.03	
	100m: 1:04.07	17.05	200m: 2:12.82	17.45	300m: 3:23.40	17.79	400m: 4:32.11	16.32	
25.	2005				+0,82 4:32.60				636
	25m: 14.55	14.55	125m: 1:22.06	16.94	225m: 2:32.18	17.81	325m: 3:41.37	17.03	
	50m: 31.17	16.62	150m: 1:39.26	17.20	250m: 2:49.57	17.39	350m: 3:58.66	17.29	
	75m: 48.21	17.04	175m: 1:57.06	17.80	275m: 3:07.30	17.73	375m: 4:16.33	17.67	
	100m: 1:05.12	16.91	200m: 2:14.37	17.31	300m: 3:24.34	17.04	400m: 4:32.60	16.27	
26.	2004				+0,97 4:32.64				636
	25m: 14.83	14.83	125m: 1:22.15	17.20	225m: 2:31.74	17.34	325m: 3:41.23	17.23	
	50m: 31.39	16.56	150m: 1:39.37	17.22	250m: 2:49.30	17.56	350m: 3:58.59	17.36	
	75m: 47.92	16.53	175m: 1:56.99	17.62	275m: 3:06.57	17.27	375m: 4:15.86	17.27	
	100m: 1:04.95	17.03	200m: 2:14.40	17.41	300m: 3:24.00	17.43	400m: 4:32.64	16.78	
27.	2005				+0,99 4:32.90				634
	25m: 15.15	15.15	125m: 1:23.17	17.18	225m: 2:32.72	17.18	325m: 3:41.88	17.06	
	50m: 31.80	16.65	150m: 1:40.52	17.35	250m: 2:50.10	17.38	350m: 3:59.40	17.52	
	75m: 48.63	16.83	175m: 1:58.06	17.54	275m: 3:07.35	17.25	375m: 4:16.54	17.14	
	100m: 1:05.99	17.36	200m: 2:15.54	17.48	300m: 3:24.82	17.47	400m: 4:32.90	16.36	
28.	2005				+1,01 4:33.14				632
	25m: 14.69	14.69	125m: 1:21.83	16.95	225m: 2:32.02	17.37	325m: 3:42.38	17.61	
	50m: 31.25	16.56	150m: 1:39.33	17.50	250m: 2:49.56	17.54	350m: 4:00.03	17.65	
	75m: 47.83	16.58	175m: 1:56.75	17.42	275m: 3:07.15	17.59	375m: 4:17.41	17.38	
	100m: 1:04.88	17.05	200m: 2:14.65	17.90	300m: 3:24.77	17.62	400m: 4:33.14	15.73	
29.	2005				+0,83 4:33.60				629
	25m: 14.80	14.80	125m: 1:22.90	17.30	225m: 2:32.11	17.42	325m: 3:41.61	17.65	
	50m: 31.28	16.48	150m: 1:40.11	17.21	250m: 2:49.28	17.17	350m: 3:59.33	17.72	
	75m: 48.30	17.02	175m: 1:57.37	17.26	275m: 3:06.53	17.25	375m: 4:16.76	17.43	
	100m: 1:05.60	17.30	200m: 2:14.69	17.32	300m: 3:23.96	17.43	400m: 4:33.60	16.84	
30.	2005				+0,83 4:34.07				626
	25m: 14.94	14.94	125m: 1:22.74	17.54	225m: 2:32.86	17.22	325m: 3:43.09	17.58	
	50m: 31.51	16.57	150m: 1:40.28	17.54	250m: 2:50.31	17.45	350m: 4:00.63	17.54	
	75m: 48.31	16.80	175m: 1:58.24	17.96	275m: 3:07.82	17.51	375m: 4:17.71	17.08	
	100m: 1:05.20	16.89	200m: 2:15.64	17.40	300m: 3:25.51	17.69	400m: 4:34.07	16.36	
31.	2004				+1,03 4:34.28				625
	25m: 14.62	14.62	125m: 1:21.75	17.45	225m: 2:31.89	17.51	325m: 3:42.80	17.85	
	50m: 30.76	16.14	150m: 1:39.14	17.39	250m: 2:49.48	17.59	350m: 4:00.30	17.50	
	75m: 47.46	16.70	175m: 1:56.78	17.64	275m: 3:07.21	17.73	375m: 4:17.98	17.68	
	100m: 1:04.30	16.84	200m: 2:14.38	17.60	300m: 3:24.95	17.74	400m: 4:34.28	16.30	
32.	2004				+0,74 4:34.64				622
	25m: 15.02	15.02	125m: 1:22.76	17.29	225m: 2:32.29	17.40	325m: 3:41.66	17.46	
	50m: 31.33	16.31	150m: 1:40.02	17.26	250m: 2:49.79	17.50	350m: 3:59.10	17.44	
	75m: 48.16	16.83	175m: 1:57.17	17.15	275m: 3:06.88	17.09	375m: 4:16.87	17.77	
	100m: 1:05.47	17.31	200m: 2:14.89	17.72	300m: 3:24.20	17.32	400m: 4:34.64	17.77	

12, , 400m , , (13-14)

							R.T.		FINA	
33.	2004		I	-			+0,91	4:34.88	621	
	25m: 15.07	15.07	125m: 1:22.58	17.44	225m: 2:32.65	17.63	325m: 3:42.83	17.59		
	50m: 31.33	16.26	150m: 1:40.01	17.43	250m: 2:50.14	17.49	350m: 4:00.50	17.67		
	75m: 48.14	16.81	175m: 1:57.49	17.48	275m: 3:07.80	17.66	375m: 4:18.13	17.63		
	100m: 1:05.14	17.00	200m: 2:15.02	17.53	300m: 3:25.24	17.44	400m: 4:34.88	16.75		
34.	2004			-			+0,66	4:34.92	620	
	25m: 14.80	14.80	125m: 1:21.60	17.02	225m: 2:31.07	17.59	325m: 3:41.74	17.80		
	50m: 30.82	16.02	150m: 1:38.83	17.23	250m: 2:48.47	17.40	350m: 3:59.77	18.03		
	75m: 47.46	16.64	175m: 1:56.05	17.22	275m: 3:06.17	17.70	375m: 4:17.75	17.98		
	100m: 1:04.58	17.12	200m: 2:13.48	17.43	300m: 3:23.94	17.77	400m: 4:34.92	17.17		
35.	2005						+0,77	4:34.97	620	
	25m: 14.69	14.69	125m: 1:24.32	17.90	225m: 2:34.75	17.20	325m: 3:44.21	17.32		
	50m: 31.16	16.47	150m: 1:41.84	17.52	250m: 2:52.02	17.27	350m: 4:01.81	17.60		
	75m: 48.76	17.60	175m: 1:59.69	17.85	275m: 3:09.32	17.30	375m: 4:18.80	16.99		
	100m: 1:06.42	17.66	200m: 2:17.55	17.86	300m: 3:26.89	17.57	400m: 4:34.97	16.17		
36.	2004						+0,83	4:35.18	618	
	25m: 14.92	14.92	125m: 1:22.59	17.47	225m: 2:32.43	17.58	325m: 3:42.85	18.04		
	50m: 31.09	16.17	150m: 1:39.89	17.30	250m: 2:49.74	17.31	350m: 4:00.83	17.98		
	75m: 48.01	16.92	175m: 1:57.41	17.52	275m: 3:07.32	17.58	375m: 4:18.52	17.69		
	100m: 1:05.12	17.11	200m: 2:14.85	17.44	300m: 3:24.81	17.49	400m: 4:35.18	16.66		
37.	2004						+0,90	4:35.38	617	
	25m: 14.76	14.76	125m: 1:21.98	17.34	225m: 2:31.76	17.57	325m: 3:42.38	17.73		
	50m: 30.60	15.84	150m: 1:39.37	17.39	250m: 2:49.17	17.41	350m: 4:00.52	18.14		
	75m: 47.68	17.08	175m: 1:56.76	17.39	275m: 3:07.03	17.86	375m: 4:18.05	17.53		
	100m: 1:04.64	16.96	200m: 2:14.19	17.43	300m: 3:24.65	17.62	400m: 4:35.38	17.33		
38.	2004						+0,71	4:36.04	613	
	25m: 15.35	15.35	125m: 1:23.31	17.12	225m: 2:32.66	17.42	325m: 3:43.46	17.59		
	50m: 32.13	16.78	150m: 1:40.48	17.17	250m: 2:50.36	17.70	350m: 4:01.42	17.96		
	75m: 49.14	17.01	175m: 1:57.83	17.35	275m: 3:07.85	17.49	375m: 4:19.15	17.73		
	100m: 1:06.19	17.05	200m: 2:15.24	17.41	300m: 3:25.87	18.02	400m: 4:36.04	16.89		
39.	2004						+0,79	4:36.32	611	
	25m: 14.89	14.89	125m: 1:23.01	17.07	225m: 2:33.23	17.67	325m: 3:44.10	17.75		
	50m: 31.17	16.28	150m: 1:40.94	17.93	250m: 2:50.88	17.65	350m: 4:01.83	17.73		
	75m: 48.54	17.37	175m: 1:58.13	17.19	275m: 3:08.38	17.50	375m: 4:19.16	17.33		
	100m: 1:05.94	17.40	200m: 2:15.56	17.43	300m: 3:26.35	17.97	400m: 4:36.32	17.16		
40.	2005			-			+0,88	4:36.33	611	
	25m: 14.95	14.95	125m: 1:23.14	17.67	225m: 2:33.56	17.77	325m: 3:44.49	18.05		
	50m: 31.12	16.17	150m: 1:40.57	17.43	250m: 2:51.12	17.56	350m: 4:02.36	17.87		
	75m: 48.35	17.23	175m: 1:58.22	17.65	275m: 3:08.68	17.56	375m: 4:19.99	17.63		
	100m: 1:05.47	17.12	200m: 2:15.79	17.57	300m: 3:26.44	17.76	400m: 4:36.33	16.34		
41.	2004			-			+0,79	4:36.67	609	
	25m: 14.38	14.38	125m: 1:21.17	17.25	225m: 2:31.73	17.87	325m: 3:43.53	17.97		
	50m: 30.47	16.09	150m: 1:38.73	17.56	250m: 2:49.82	18.09	350m: 4:01.61	18.08		
	75m: 47.01	16.54	175m: 1:56.13	17.40	275m: 3:07.46	17.64	375m: 4:19.48	17.87		
	100m: 1:03.92	16.91	200m: 2:13.86	17.73	300m: 3:25.56	18.10	400m: 4:36.67	17.19		
42.	2004						+0,78	4:36.87	607	
	25m: 14.60	14.60	125m: 1:23.41	17.57	225m: 2:33.82	17.85	325m: 3:45.09	17.75		
	50m: 31.12	16.52	150m: 1:40.71	17.30	250m: 2:51.53	17.71	350m: 4:02.44	17.35		
	75m: 48.48	17.36	175m: 1:58.49	17.78	275m: 3:09.50	17.97	375m: 4:20.13	17.69		
	100m: 1:05.84	17.36	200m: 2:15.97	17.48	300m: 3:27.34	17.84	400m: 4:36.87	16.74		
43.	2004			-			+0,76	4:36.99	606	
	25m: 14.32	14.32	125m: 1:20.98	17.09	225m: 2:31.33	17.81	325m: 3:43.22	18.05		
	50m: 30.37	16.05	150m: 1:38.31	17.33	250m: 2:49.11	17.78	350m: 4:01.40	18.18		
	75m: 47.02	16.65	175m: 1:55.94	17.63	275m: 3:07.22	18.11	375m: 4:20.40	19.00		
	100m: 1:03.89	16.87	200m: 2:13.52	17.58	300m: 3:25.17	17.95	400m: 4:36.99	16.59		

12, , 400m		(13-14)											
		/								R.T.		FINA	
44.		2004								+0,93	4:37.07	606	
	25m:	16.07	16.07	125m:	1:25.64	17.60	225m:	2:35.37	16.90	325m:	3:45.01	17.63	
	50m:	33.37	17.30	150m:	1:43.10	17.46	250m:	2:52.59	17.22	350m:	4:02.86	17.85	
	75m:	50.84	17.47	175m:	2:00.72	17.62	275m:	3:10.04	17.45	375m:	4:20.43	17.57	
	100m:	1:08.04	17.20	200m:	2:18.47	17.75	300m:	3:27.38	17.34	400m:	4:37.07	16.64	
45.		2005								+0,87	4:37.08	606	
	50m:	32.31	32.31	150m:	1:42.70	17.67	250m:	2:52.41	17.28	350m:	4:03.03	17.38	
	75m:	49.68	17.37	175m:	2:00.27	17.57	275m:	3:10.23	17.82	400m:	4:37.08	34.05	
	100m:	1:07.04	17.36	200m:	2:17.60	17.33	300m:	3:28.05	17.82				
	125m:	1:25.03	17.99	225m:	2:35.13	17.53	325m:	3:45.65	17.60				
46.		2004								+0,78	4:37.09	606	
	25m:	14.54	14.54	125m:	1:22.04	17.41	225m:	2:32.55	18.07	325m:	3:44.47	18.02	
	50m:	30.53	15.99	150m:	1:39.40	17.36	250m:	2:50.73	18.18	350m:	4:02.19	17.72	
	75m:	47.45	16.92	175m:	1:56.83	17.43	275m:	3:08.67	17.94	375m:	4:20.26	18.07	
	100m:	1:04.63	17.18	200m:	2:14.48	17.65	300m:	3:26.45	17.78	400m:	4:37.09	16.83	
47.		2004								+0,65	4:37.32	604	
	25m:	14.20	14.20	125m:	1:22.55	17.39	225m:	2:33.01	17.82	325m:	3:44.45	17.72	
	50m:	30.74	16.54	150m:	1:39.88	17.33	250m:	2:50.86	17.85	350m:	4:02.57	18.12	
	75m:	47.97	17.23	175m:	1:57.49	17.61	275m:	3:08.36	17.50	375m:	4:19.85	17.28	
	100m:	1:05.16	17.19	200m:	2:15.19	17.70	300m:	3:26.73	18.37	400m:	4:37.32	17.47	
48.		2005								+0,88	4:37.41	604	
	25m:	15.47	15.47	125m:	1:24.00	17.51	225m:	2:34.48	17.55	325m:	3:44.96	17.76	
	50m:	31.85	16.38	150m:	1:41.65	17.65	250m:	2:51.99	17.51	350m:	4:02.69	17.73	
	75m:	49.08	17.23	175m:	1:59.30	17.65	275m:	3:09.50	17.51	375m:	4:20.40	17.71	
	100m:	1:06.49	17.41	200m:	2:16.93	17.63	300m:	3:27.20	17.70	400m:	4:37.41	17.01	
49.		2004								+0,80	4:37.82	601	
	25m:	14.56	14.56	125m:	1:23.13	17.59	225m:	2:33.70	17.41	325m:	3:44.59	17.73	
	50m:	31.02	16.46	150m:	1:40.84	17.71	250m:	2:51.21	17.51	350m:	4:02.38	17.79	
	75m:	48.19	17.17	175m:	1:58.44	17.60	275m:	3:08.84	17.63	375m:	4:20.24	17.86	
	100m:	1:05.54	17.35	200m:	2:16.29	17.85	300m:	3:26.86	18.02	400m:	4:37.82	17.58	
50.		2004								+0,85	4:39.01	I	593
	25m:	14.74	14.74	125m:	1:22.00	17.52	225m:	2:31.99	17.52	325m:	3:44.73	18.33	
	50m:	30.87	16.13	150m:	1:39.03	17.03	250m:	2:49.79	17.80	350m:	4:02.64	17.91	
	75m:	47.73	16.86	175m:	1:56.79	17.76	275m:	3:08.14	18.35	375m:	4:21.20	18.56	
	100m:	1:04.48	16.75	200m:	2:14.47	17.68	300m:	3:26.40	18.26	400m:	4:39.01	17.81	
51.		2005								+0,77	4:39.45	I	591
	25m:	15.04	15.04	125m:	1:24.06	17.81	250m:	2:52.92	35.27	350m:	4:04.58	18.21	
	50m:	31.61	16.57	150m:	1:41.63	17.57	275m:	3:10.74	17.82	375m:	4:22.82	18.24	
	75m:	48.95	17.34	175m:	1:59.89	18.26	300m:	3:28.68	17.94	400m:	4:39.45	16.63	
	100m:	1:06.25	17.30	200m:	2:17.65	17.76	325m:	3:46.37	17.69				
52.		2005								+0,89	4:39.61	I	590
	25m:	14.85	14.85	125m:	1:24.01	17.60	225m:	2:34.98	17.87	325m:	3:47.00	18.47	
	50m:	31.47	16.62	150m:	1:41.66	17.65	250m:	2:52.76	17.78	350m:	4:04.46	17.46	
	75m:	48.61	17.14	175m:	1:59.36	17.70	275m:	3:10.83	18.07	375m:	4:22.67	18.21	
	100m:	1:06.41	17.80	200m:	2:17.11	17.75	300m:	3:28.53	17.70	400m:	4:39.61	16.94	
53.		2004								+0,71	4:39.76	I	589
	25m:	14.58	14.58	125m:	1:22.99	17.48	225m:	2:35.47	18.38	325m:	3:46.61	17.94	
	50m:	31.35	16.77	150m:	1:40.85	17.86	250m:	2:53.12	17.65	350m:	4:04.95	18.34	
	75m:	48.35	17.00	175m:	1:58.86	18.01	275m:	3:11.02	17.90	375m:	4:22.76	17.81	
	100m:	1:05.51	17.16	200m:	2:17.09	18.23	300m:	3:28.67	17.65	400m:	4:39.76	17.00	
54.		2005								+0,72	4:40.36	I	585
	25m:	14.22	14.22	125m:	1:21.77	17.57	225m:	2:32.91	17.99	325m:	3:46.03	18.61	
	50m:	30.05	15.83	150m:	1:39.52	17.75	250m:	2:50.90	17.99	350m:	4:04.28	18.25	
	75m:	46.93	16.88	175m:	1:57.22	17.70	275m:	3:09.35	18.45	375m:	4:22.66	18.38	
	100m:	1:04.20	17.27	200m:	2:14.92	17.70	300m:	3:27.42	18.07	400m:	4:40.36	17.70	



12, , 400m , , (13-14)

	/						R.T.				FINA	
55.	2005 I						-	+0,77	4:40.78	I	582	
	25m:	15.25	15.25	125m:	1:25.68	17.88	225m:	2:35.87	17.50	325m:	3:46.90	17.99
	50m:	32.45	17.20	150m:	1:43.32	17.64	250m:	2:53.36	17.49	350m:	4:05.25	18.35
	75m:	49.91	17.46	175m:	2:00.80	17.48	275m:	3:11.00	17.64	375m:	4:23.18	17.93
	100m:	1:07.80	17.89	200m:	2:18.37	17.57	300m:	3:28.91	17.91	400m:	4:40.78	17.60
56.	2005						-	+0,89	4:40.81	I	582	
	25m:	15.74	15.74	125m:	1:25.44	17.81	225m:	2:36.43	17.84	325m:	3:48.64	17.89
	50m:	32.43	16.69	150m:	1:42.94	17.50	250m:	2:54.44	18.01	350m:	4:06.45	17.81
	75m:	49.99	17.56	175m:	2:01.06	18.12	275m:	3:12.78	18.34	375m:	4:24.08	17.63
	100m:	1:07.63	17.64	200m:	2:18.59	17.53	300m:	3:30.75	17.97	400m:	4:40.81	16.73
57.	2005						-	+0,83	4:41.30	I	579	
	25m:	14.62	14.62	125m:	1:23.74	17.71	225m:	2:35.72	18.17	325m:	3:47.98	17.96
	50m:	31.41	16.79	150m:	1:41.69	17.95	250m:	2:53.71	17.99	350m:	4:06.22	18.24
	75m:	48.53	17.12	175m:	1:59.57	17.88	275m:	3:12.04	18.33	375m:	4:24.37	18.15
	100m:	1:06.03	17.50	200m:	2:17.55	17.98	300m:	3:30.02	17.98	400m:	4:41.30	16.93
58.	2005						-	+0,73	4:43.02	I	568	
	25m:	14.85	14.85	125m:	1:24.22	17.87	225m:	2:36.64	18.24	325m:	3:49.64	17.71
	50m:	31.65	16.80	150m:	1:42.21	17.99	250m:	2:55.15	18.51	350m:	4:07.97	18.33
	75m:	48.63	16.98	175m:	2:00.59	18.38	275m:	3:13.52	18.37	375m:	4:26.45	18.48
	100m:	1:06.35	17.72	200m:	2:18.40	17.81	300m:	3:31.93	18.41	400m:	4:43.02	16.57
59.	2005 I						-	+0,92	4:43.29	I	567	
	25m:	15.04	15.04	125m:	1:24.44	17.76	225m:	2:36.70	18.17	325m:	3:49.91	18.29
	50m:	31.69	16.65	150m:	1:42.61	18.17	250m:	2:55.11	18.41	350m:	4:08.02	18.11
	75m:	48.80	17.11	175m:	2:00.41	17.80	275m:	3:13.28	18.17	375m:	4:26.20	18.18
	100m:	1:06.68	17.88	200m:	2:18.53	18.12	300m:	3:31.62	18.34	400m:	4:43.29	17.09
60.	2004						-	+0,76	4:43.82	I	564	
	25m:	15.31	15.31	125m:	1:25.62	18.23	225m:	2:37.71	18.00	325m:	3:50.49	17.94
	50m:	32.27	16.96	150m:	1:43.69	18.07	250m:	2:55.83	18.12	350m:	4:08.85	18.36
	75m:	49.52	17.25	175m:	2:01.63	17.94	275m:	3:14.37	18.54	375m:	4:26.75	17.90
	100m:	1:07.39	17.87	200m:	2:19.71	18.08	300m:	3:32.55	18.18	400m:	4:43.82	17.07
61.	2005						-	+0,89	4:45.34	I	555	
	25m:	15.32	15.32	125m:	1:25.37	17.92	225m:	2:37.91	18.36	325m:	3:51.67	18.36
	50m:	32.04	16.72	150m:	1:43.87	18.50	250m:	2:56.10	18.19	350m:	4:10.32	18.65
	75m:	49.60	17.56	175m:	2:01.56	17.69	275m:	3:14.63	18.53	375m:	4:28.19	17.87
	100m:	1:07.45	17.85	200m:	2:19.55	17.99	300m:	3:33.31	18.68	400m:	4:45.34	17.15
62.	2004						-	+0,95	4:45.67	I	553	
	25m:	15.07	15.07	125m:	1:23.69	17.99	225m:	2:36.93	18.21	325m:	3:50.77	18.70
	50m:	30.93	15.86	150m:	1:41.74	18.05	250m:	2:55.11	18.18	350m:	4:09.29	18.52
	75m:	48.13	17.20	175m:	2:00.35	18.61	275m:	3:13.51	18.40	375m:	4:27.68	18.39
	100m:	1:05.70	17.57	200m:	2:18.72	18.37	300m:	3:32.07	18.56	400m:	4:45.67	17.99
63.	2005 I						-	+0,64	4:49.33	I	532	
	25m:	15.28	15.28	125m:	1:25.30	17.91	225m:	2:39.97	18.31	325m:	3:54.38	18.11
	50m:	32.07	16.79	150m:	1:44.26	18.96	250m:	2:58.92	18.95	350m:	4:13.37	18.99
	75m:	49.50	17.43	175m:	2:02.74	18.48	275m:	3:17.66	18.74	375m:	4:31.59	18.22
	100m:	1:07.39	17.89	200m:	2:21.66	18.92	300m:	3:36.27	18.61	400m:	4:49.33	17.74
64.	2005						-	+0,77	4:50.38	I	526	
	25m:	14.81	14.81	125m:	1:24.37	18.27	225m:	2:39.36	18.84	325m:	3:55.25	18.90
	50m:	31.05	16.24	150m:	1:42.78	18.41	250m:	2:58.38	19.02	350m:	4:14.48	19.23
	75m:	48.26	17.21	175m:	2:01.52	18.74	275m:	3:17.27	18.89	375m:	4:33.06	18.58
	100m:	1:06.10	17.84	200m:	2:20.52	19.00	300m:	3:36.35	19.08	400m:	4:50.38	17.32

12, , 400m

12
29.11.2018 - 9:30

, 400m

(15-17)

3:58.90 RUS (CAN) 09.12.2016
4:03.08 10.11.2015

: FINA 2018

								R.T.				FINA
1.				2002	-			+0,80	4:11.14			814 Q
	25m:	14.19	14.19	125m:	1:17.01	15.80	225m:	2:21.30	16.00	325m:	3:24.84	15.73
	50m:	29.46	15.27	150m:	1:33.07	16.06	250m:	2:37.22	15.92	350m:	3:40.45	15.61
	75m:	45.29	15.83	175m:	1:49.17	16.10	275m:	2:53.19	15.97	375m:	3:56.04	15.59
	100m:	1:01.21	15.92	200m:	2:05.30	16.13	300m:	3:09.11	15.92	400m:	4:11.14	15.10
2.				2001				+0,83	4:13.44			792 Q
	25m:	14.12	14.12	125m:	1:16.97	16.08	225m:	2:21.18	16.07	350m:	3:42.87	32.74
	50m:	29.54	15.42	150m:	1:32.69	15.72	250m:	2:37.42	16.24	400m:	4:13.44	30.57
	75m:	45.07	15.53	175m:	1:48.74	16.05	275m:	2:53.65	16.23			
	100m:	1:00.89	15.82	200m:	2:05.11	16.37	300m:	3:10.13	16.48			
3.				2002				+0,79	4:13.65			790 Q
	25m:	13.57	13.57	125m:	1:16.15	15.92	225m:	2:20.70	16.20	325m:	3:26.11	16.19
	50m:	28.68	15.11	150m:	1:32.06	15.91	250m:	2:36.99	16.29	350m:	3:42.50	16.39
	75m:	44.39	15.71	175m:	1:48.18	16.12	275m:	2:53.51	16.52	375m:	3:58.72	16.22
	100m:	1:00.23	15.84	200m:	2:04.50	16.32	300m:	3:09.92	16.41	400m:	4:13.65	14.93
4.				2002				+0,86	4:16.29			766 Q
	25m:	13.80	13.80	125m:	1:18.70	16.31	225m:	2:24.40	16.26	325m:	3:29.20	16.13
	50m:	29.52	15.72	150m:	1:35.35	16.65	250m:	2:40.73	16.33	350m:	3:45.60	16.40
	75m:	45.89	16.37	175m:	1:51.68	16.33	275m:	2:56.83	16.10	375m:	4:01.27	15.67
	100m:	1:02.39	16.50	200m:	2:08.14	16.46	300m:	3:13.07	16.24	400m:	4:16.29	15.02
5.				2003				+0,78	4:18.06			750 Q
	25m:	14.22	14.22	125m:	1:19.42	16.29	225m:	2:24.93	16.38	325m:	3:30.47	16.26
	50m:	30.61	16.39	150m:	1:35.77	16.35	250m:	2:41.53	16.60	350m:	3:46.73	16.26
	75m:	46.82	16.21	175m:	1:52.11	16.34	275m:	2:57.82	16.29	375m:	4:02.90	16.17
	100m:	1:03.13	16.31	200m:	2:08.55	16.44	300m:	3:14.21	16.39	400m:	4:18.06	15.16
6.				2002				+0,81	4:18.09			750 Q
	25m:	14.10	14.10	125m:	1:18.00	16.40	225m:	2:23.93	16.62	325m:	3:30.24	16.75
	50m:	29.48	15.38	150m:	1:34.31	16.31	250m:	2:40.39	16.46	350m:	3:46.71	16.47
	75m:	45.48	16.00	175m:	1:50.68	16.37	275m:	2:56.94	16.55	375m:	4:02.81	16.10
	100m:	1:01.60	16.12	200m:	2:07.31	16.63	300m:	3:13.49	16.55	400m:	4:18.09	15.28
7.				2001	-			+0,77	4:18.30			748 Q
	25m:	13.75	13.75	125m:	1:17.28	16.20	225m:	2:23.02	16.38	325m:	3:29.01	16.41
	50m:	29.03	15.28	150m:	1:33.73	16.45	250m:	2:39.60	16.58	350m:	3:45.70	16.69
	75m:	44.85	15.82	175m:	1:50.07	16.34	275m:	2:56.01	16.41	375m:	4:02.20	16.50
	100m:	1:01.08	16.23	200m:	2:06.64	16.57	300m:	3:12.60	16.59	400m:	4:18.30	16.10
8.				2003				+0,85	4:19.21			740 Q
	25m:	14.09	14.09	125m:	1:18.81	16.49	225m:	2:23.86	16.45	325m:	3:30.07	16.70
	50m:	29.71	15.62	150m:	1:34.86	16.05	250m:	2:40.22	16.36	350m:	3:46.30	16.23
	75m:	45.84	16.13	175m:	1:51.24	16.38	275m:	2:56.74	16.52	375m:	4:03.28	16.98
	100m:	1:02.32	16.48	200m:	2:07.41	16.17	300m:	3:13.37	16.63	400m:	4:19.21	15.93
9.				2001				+0,79	4:20.05			733 R
	25m:	14.26	14.26	125m:	1:17.89	16.12	225m:	2:23.55	16.45	325m:	3:30.22	16.71
	50m:	29.86	15.60	150m:	1:34.14	16.25	250m:	2:40.05	16.50	350m:	3:47.08	16.86
	75m:	45.88	16.02	175m:	1:50.62	16.48	275m:	2:56.65	16.60	375m:	4:03.91	16.83
	100m:	1:01.77	15.89	200m:	2:07.10	16.48	300m:	3:13.51	16.86	400m:	4:20.05	16.14

	12,	, 400m						(15-17)						
									R.T.	FINA				
10.	2001				-				+0,88	4:21.62	720 R			
	25m:	14.26	14.26	125m:	1:18.70	16.35	225m:	2:24.96	16.41	325m:	3:31.99	16.64		
	50m:	30.09	15.83	150m:	1:35.31	16.61	250m:	2:41.69	16.73	350m:	3:48.89	16.90		
	75m:	46.04	15.95	175m:	1:51.86	16.55	275m:	2:58.48	16.79	375m:	4:05.52	16.63		
	100m:	1:02.35	16.31	200m:	2:08.55	16.69	300m:	3:15.35	16.87	400m:	4:21.62	16.10		
11.	2003				-				+0,78	4:22.09	716			
	25m:	14.41	14.41	125m:	1:20.34	16.49	225m:	2:26.15	16.40	325m:	3:33.00	16.64		
	50m:	30.55	16.14	150m:	1:36.87	16.53	250m:	2:42.78	16.63	350m:	3:49.66	16.66		
	75m:	47.09	16.54	175m:	1:53.38	16.51	275m:	2:59.54	16.76	375m:	4:06.35	16.69		
	100m:	1:03.85	16.76	200m:	2:09.75	16.37	300m:	3:16.36	16.82	400m:	4:22.09	15.74		
12.	2002				-				+0,86	4:22.22	715			
	25m:	14.03	14.03	125m:	1:19.32	16.53	225m:	2:26.92	16.78	325m:	3:34.14	16.53		
	50m:	30.04	16.01	150m:	1:36.38	17.06	250m:	2:43.97	17.05	350m:	3:50.75	16.61		
	75m:	46.23	16.19	175m:	1:52.95	16.57	275m:	3:00.64	16.67	375m:	4:06.68	15.93		
	100m:	1:02.79	16.56	200m:	2:10.14	17.19	300m:	3:17.61	16.97	400m:	4:22.22	15.54		
13.	2003				-				+0,85	4:23.03	708			
	25m:	14.22	14.22	125m:	1:19.57	16.76	225m:	2:26.53	17.00	325m:	3:33.43	16.65		
	50m:	29.81	15.59	150m:	1:36.27	16.70	250m:	2:43.16	16.63	350m:	3:50.09	16.66		
	75m:	46.23	16.42	175m:	1:52.91	16.64	275m:	2:59.96	16.80	375m:	4:06.91	16.82		
	100m:	1:02.81	16.58	200m:	2:09.53	16.62	300m:	3:16.78	16.82	400m:	4:23.03	16.12		
14.	2001				-				+0,82	4:23.13	707			
	25m:	14.48	14.48	125m:	1:20.12	16.44	225m:	2:26.83	16.72	325m:	3:34.24	16.89		
	50m:	30.40	15.92	150m:	1:36.60	16.48	250m:	2:43.46	16.63	350m:	3:50.73	16.49		
	75m:	47.07	16.67	175m:	1:53.36	16.76	275m:	3:00.54	17.08	375m:	4:07.40	16.67		
	100m:	1:03.68	16.61	200m:	2:10.11	16.75	300m:	3:17.35	16.81	400m:	4:23.13	15.73		
15.	2002				-				+0,71	4:23.14	707			
	25m:	14.44	14.44	125m:	1:20.52	16.75	225m:	2:27.96	16.50	325m:	3:34.82	16.43		
	50m:	30.45	16.01	150m:	1:37.54	17.02	250m:	2:44.87	16.91	350m:	3:51.38	16.56		
	75m:	46.90	16.45	175m:	1:54.39	16.85	275m:	3:01.37	16.50	375m:	4:07.48	16.10		
	100m:	1:03.77	16.87	200m:	2:11.46	17.07	300m:	3:18.39	17.02	400m:	4:23.14	15.66		
16.	2002				-				+0,65	4:23.35	706			
	25m:	14.42	14.42	125m:	1:20.13	16.53	225m:	2:27.32	16.66	325m:	3:34.16	16.61		
	50m:	30.47	16.05	150m:	1:36.92	16.79	250m:	2:43.99	16.67	350m:	3:50.91	16.75		
	75m:	46.93	16.46	175m:	1:53.72	16.80	275m:	3:00.63	16.64	375m:	4:07.49	16.58		
	100m:	1:03.60	16.67	200m:	2:10.66	16.94	300m:	3:17.55	16.92	400m:	4:23.35	15.86		
17.	2003				-				+0,72	4:24.02	700			
	25m:	14.37	14.37	125m:	1:18.88	16.52	225m:	2:25.08	16.48	325m:	3:33.15	17.29		
	50m:	29.78	15.41	150m:	1:35.34	16.46	250m:	2:41.90	16.82	350m:	3:50.32	17.17		
	75m:	46.15	16.37	175m:	1:52.19	16.85	275m:	2:58.93	17.03	375m:	4:07.57	17.25		
	100m:	1:02.36	16.21	200m:	2:08.60	16.41	300m:	3:15.86	16.93	400m:	4:24.02	16.45		
18.	2003				-				+0,64	4:24.16	699			
	25m:	14.05	14.05	125m:	1:18.85	16.27	225m:	2:25.92	16.64	325m:	3:33.76	16.95		
	50m:	29.90	15.85	150m:	1:35.69	16.84	250m:	2:42.95	17.03	350m:	3:50.98	17.22		
	75m:	46.17	16.27	175m:	1:52.23	16.54	275m:	2:59.67	16.72	375m:	4:07.72	16.74		
	100m:	1:02.58	16.41	200m:	2:09.28	17.05	300m:	3:16.81	17.14	400m:	4:24.16	16.44		
19.	2002				-				+0,93	4:24.29	698			
	25m:	14.46	14.46	125m:	1:20.04	16.74	225m:	2:27.29	16.83	325m:	3:34.84	16.67		
	50m:	30.22	15.76	150m:	1:36.84	16.80	250m:	2:44.09	16.80	350m:	3:51.71	16.87		
	75m:	46.48	16.26	175m:	1:53.56	16.72	275m:	3:01.08	16.99	375m:	4:08.19	16.48		
	100m:	1:03.30	16.82	200m:	2:10.46	16.90	300m:	3:18.17	17.09	400m:	4:24.29	16.10		
20.	2002				-				+0,87	4:24.36	698			
	25m:	14.30	14.30	125m:	1:19.23	16.49	225m:	2:26.19	16.50	325m:	3:34.13	16.80		
	50m:	30.11	15.81	150m:	1:36.18	16.95	250m:	2:43.28	17.09	350m:	3:51.47	17.34		
	75m:	46.15	16.04	175m:	1:52.75	16.57	275m:	3:00.12	16.84	375m:	4:08.20	16.73		
	100m:	1:02.74	16.59	200m:	2:09.69	16.94	300m:	3:17.33	17.21	400m:	4:24.36	16.16		

12, , 400m , , (15-17)

	/				R.T.				FINA			
21.	2001				+0,70 4:24.90				693			
	25m:	13.92	13.92	125m:	1:19.93	16.95	225m:	2:28.19	17.00	325m:	3:35.80	16.87
	50m:	29.81	15.89	150m:	1:36.94	17.01	250m:	2:45.11	16.92	350m:	3:52.50	16.70
	75m:	46.05	16.24	175m:	1:54.15	17.21	275m:	3:02.06	16.95	375m:	4:08.98	16.48
	100m:	1:02.98	16.93	200m:	2:11.19	17.04	300m:	3:18.93	16.87	400m:	4:24.90	15.92
22.	2002				+0,87 4:24.92				693			
	25m:	14.19	14.19	125m:	1:19.21	16.55	225m:	2:26.52	17.01	325m:	3:34.79	17.02
	50m:	30.26	16.07	150m:	1:35.96	16.75	250m:	2:43.43	16.91	350m:	3:51.91	17.12
	75m:	46.34	16.08	175m:	1:52.75	16.79	275m:	3:00.66	17.23	375m:	4:08.90	16.99
	100m:	1:02.66	16.32	200m:	2:09.51	16.76	300m:	3:17.77	17.11	400m:	4:24.92	16.02
23.	2003				+0,93 4:24.93				693			
	25m:	14.31	14.31	125m:	1:18.83	16.32	225m:	2:26.20	16.91	325m:	3:34.83	17.00
	50m:	30.07	15.76	150m:	1:35.69	16.86	250m:	2:43.24	17.04	350m:	3:51.97	17.14
	75m:	45.95	15.88	175m:	1:52.41	16.72	275m:	3:00.30	17.06	375m:	4:08.92	16.95
	100m:	1:02.51	16.56	200m:	2:09.29	16.88	300m:	3:17.83	17.53	400m:	4:24.93	16.01
24.	2003				+0,89 4:25.91				686			
	25m:	13.97	13.97	125m:	1:20.40	16.96	225m:	2:29.30	17.12	325m:	3:37.48	16.52
	50m:	30.11	16.14	150m:	1:37.61	17.21	250m:	2:46.70	17.40	350m:	3:54.35	16.87
	75m:	46.46	16.35	175m:	1:54.78	17.17	275m:	3:03.89	17.19	375m:	4:10.32	15.97
	100m:	1:03.44	16.98	200m:	2:12.18	17.40	300m:	3:20.96	17.07	400m:	4:25.91	15.59
25.	2003				+0,79 4:25.98				685			
	25m:	13.79	13.79	125m:	1:19.62	16.85	225m:	2:27.98	17.11	325m:	3:36.34	17.10
	50m:	29.41	15.62	150m:	1:36.56	16.94	250m:	2:44.94	16.96	350m:	3:53.28	16.94
	75m:	45.98	16.57	175m:	1:53.72	17.16	275m:	3:02.38	17.44	375m:	4:10.18	16.90
	100m:	1:02.77	16.79	200m:	2:10.87	17.15	300m:	3:19.24	16.86	400m:	4:25.98	15.80
26.	2003				+0,72 4:26.30				683			
	25m:	13.72	13.72	125m:	1:17.34	16.40	225m:	2:25.46	17.05	325m:	3:33.12	16.62
	50m:	29.24	15.52	150m:	1:34.33	16.99	250m:	2:42.74	17.28	350m:	3:49.00	15.88
	75m:	45.03	15.79	175m:	1:51.21	16.88	275m:	2:59.70	16.96	375m:	4:10.25	21.25
	100m:	1:00.94	15.91	200m:	2:08.41	17.20	300m:	3:16.50	16.80	400m:	4:26.30	16.05
27.	2003				+0,83 4:26.43				682			
	25m:	14.10	14.10	125m:	1:19.11	16.72	225m:	2:26.84	16.83	325m:	3:35.15	16.98
	50m:	29.76	15.66	150m:	1:35.91	16.80	250m:	2:43.90	17.06	350m:	3:52.63	17.48
	75m:	45.81	16.05	175m:	1:52.79	16.88	275m:	3:00.92	17.02	375m:	4:09.81	17.18
	100m:	1:02.39	16.58	200m:	2:10.01	17.22	300m:	3:18.17	17.25	400m:	4:26.43	16.62
28.	2001				+0,76 4:26.46				681			
	25m:	14.14	14.14	125m:	1:21.27	17.13	225m:	2:29.32	16.83	325m:	3:36.81	16.80
	50m:	30.08	15.94	150m:	1:38.48	17.21	250m:	2:46.28	16.96	350m:	3:53.75	16.94
	75m:	46.95	16.87	175m:	1:55.28	16.80	275m:	3:03.12	16.84	375m:	4:10.56	16.81
	100m:	1:04.14	17.19	200m:	2:12.49	17.21	300m:	3:20.01	16.89	400m:	4:26.46	15.90
29.	2001				+0,97 4:26.66				680			
	25m:	14.74	14.74	125m:	1:21.01	16.78	225m:	2:28.70	16.77	325m:	3:36.74	16.91
	50m:	30.87	16.13	150m:	1:37.94	16.93	250m:	2:45.70	17.00	350m:	3:53.82	17.08
	75m:	47.35	16.48	175m:	1:54.79	16.85	275m:	3:02.72	17.02	375m:	4:10.62	16.80
	100m:	1:04.23	16.88	200m:	2:11.93	17.14	300m:	3:19.83	17.11	400m:	4:26.66	16.04
30.	2002				+0,89 4:26.73				679			
	25m:	13.86	13.86	125m:	1:20.45	16.97	225m:	2:28.92	17.20	325m:	3:38.09	17.19
	50m:	30.04	16.18	150m:	1:37.44	16.99	250m:	2:46.25	17.33	350m:	3:54.96	16.87
	75m:	46.48	16.44	175m:	1:54.48	17.04	275m:	3:03.58	17.33	375m:	4:11.27	16.31
	100m:	1:03.48	17.00	200m:	2:11.72	17.24	300m:	3:20.90	17.32	400m:	4:26.73	15.46
31.	2002				+0,78 4:27.00				677			
	25m:	14.41	14.41	125m:	1:20.17	16.77	225m:	2:27.91	17.22	325m:	3:36.48	16.96
	50m:	30.27	15.86	150m:	1:36.84	16.67	250m:	2:45.24	17.33	350m:	3:53.58	17.10
	75m:	46.82	16.55	175m:	1:53.85	17.01	275m:	3:02.49	17.25	375m:	4:10.66	17.08
	100m:	1:03.40	16.58	200m:	2:10.69	16.84	300m:	3:19.52	17.03	400m:	4:27.00	16.34

12, , 400m , , (15-17)

							R.T.		FINA			
32.	2002						+0,97	4:27.82	671			
	25m:	14.19	14.19	125m:	1:19.78	16.55	225m:	2:28.36	17.15	325m:	3:36.91	16.94
	50m:	30.29	16.10	150m:	1:36.69	16.91	250m:	2:45.63	17.27	350m:	3:53.99	17.08
	75m:	46.63	16.34	175m:	1:53.69	17.00	275m:	3:02.72	17.09	375m:	4:11.03	17.04
	100m:	1:03.23	16.60	200m:	2:11.21	17.52	300m:	3:19.97	17.25	400m:	4:27.82	16.79
33.	2002						+0,86	4:28.34	667			
	25m:	14.51	14.51	125m:	1:19.09	16.80	225m:	2:27.72	17.37	325m:	3:38.44	17.77
	50m:	29.99	15.48	150m:	1:35.83	16.74	250m:	2:45.07	17.35	350m:	3:56.26	17.82
	75m:	46.11	16.12	175m:	1:53.21	17.38	275m:	3:02.96	17.89	375m:	4:12.76	16.50
	100m:	1:02.29	16.18	200m:	2:10.35	17.14	300m:	3:20.67	17.71	400m:	4:28.34	15.58
34.	2003						+0,86	4:28.98	662			
	25m:	13.97	13.97	125m:	1:19.79	16.80	225m:	2:27.95	17.01	325m:	3:37.43	17.33
	50m:	30.23	16.26	150m:	1:36.50	16.71	250m:	2:45.12	17.17	350m:	3:54.93	17.50
	75m:	46.53	16.30	175m:	1:53.36	16.86	275m:	3:02.44	17.32	375m:	4:12.27	17.34
	100m:	1:02.99	16.46	200m:	2:10.94	17.58	300m:	3:20.10	17.66	400m:	4:28.98	16.71
35.	2003						+0,85	4:29.06	662			
	25m:	14.95	14.95	125m:	1:21.60	16.98	225m:	2:30.01	17.04	325m:	3:38.26	17.09
	50m:	31.09	16.14	150m:	1:38.61	17.01	250m:	2:47.05	17.04	350m:	3:55.48	17.22
	75m:	47.59	16.50	175m:	1:55.79	17.18	275m:	3:04.16	17.11	375m:	4:12.38	16.90
	100m:	1:04.62	17.03	200m:	2:12.97	17.18	300m:	3:21.17	17.01	400m:	4:29.06	16.68
36.	2003						-	+0,83	4:29.55	658		
	25m:	14.44	14.44	125m:	1:21.68	17.09	225m:	2:30.08	17.02	325m:	3:39.15	17.44
	50m:	30.69	16.25	150m:	1:38.88	17.20	250m:	2:47.29	17.21	350m:	3:56.36	17.21
	75m:	47.53	16.84	175m:	1:55.88	17.00	275m:	3:04.56	17.27	375m:	4:13.53	17.17
	100m:	1:04.59	17.06	200m:	2:13.06	17.18	300m:	3:21.71	17.15	400m:	4:29.55	16.02
37.	2003						+0,87	4:29.56	658			
	25m:	14.38	14.38	125m:	1:20.68	16.75	225m:	2:29.00	17.26	325m:	3:38.37	17.39
	50m:	30.45	16.07	150m:	1:37.42	16.74	250m:	2:46.31	17.31	350m:	3:55.88	17.51
	75m:	46.94	16.49	175m:	1:54.53	17.11	275m:	3:03.64	17.33	375m:	4:13.33	17.45
	100m:	1:03.93	16.99	200m:	2:11.74	17.21	300m:	3:20.98	17.34	400m:	4:29.56	16.23
38.	2002						+0,74	4:30.00	655			
	25m:	14.60	14.60	125m:	1:21.13	16.84	225m:	2:29.63	16.93	325m:	3:38.19	17.29
	50m:	30.94	16.34	150m:	1:38.55	17.42	250m:	2:46.60	16.97	350m:	3:55.80	17.61
	75m:	47.39	16.45	175m:	1:55.40	16.85	275m:	3:03.37	16.77	375m:	4:13.20	17.40
	100m:	1:04.29	16.90	200m:	2:12.70	17.30	300m:	3:20.90	17.53	400m:	4:30.00	16.80
	2003						+1,17	4:30.00	655			
	25m:	14.57	14.57	125m:	1:21.52	17.03	225m:	2:30.44	17.18	325m:	3:39.00	17.01
	50m:	30.96	16.39	150m:	1:38.71	17.19	250m:	2:47.55	17.11	350m:	3:56.28	17.28
	75m:	47.67	16.71	175m:	1:55.92	17.21	275m:	3:04.69	17.14	375m:	4:13.45	17.17
	100m:	1:04.49	16.82	200m:	2:13.26	17.34	300m:	3:21.99	17.30	400m:	4:30.00	16.55
40.	2003						+1,13	4:30.04	655			
	25m:	14.67	14.67	125m:	1:21.44	16.60	225m:	2:30.39	17.15	325m:	3:39.64	17.29
	50m:	31.27	16.60	150m:	1:38.43	16.99	250m:	2:47.81	17.42	350m:	3:57.44	17.80
	75m:	47.58	16.31	175m:	1:55.66	17.23	275m:	3:04.95	17.14	375m:	4:14.26	16.82
	100m:	1:04.84	17.26	200m:	2:13.24	17.58	300m:	3:22.35	17.40	400m:	4:30.04	15.78
41.	2002						()	+0,79	4:30.10	654		
	25m:	14.48	14.48	125m:	1:21.35	16.86	225m:	2:30.30	17.33	325m:	3:39.47	17.30
	50m:	30.86	16.38	150m:	1:38.38	17.03	250m:	2:47.56	17.26	350m:	3:56.89	17.42
	75m:	47.59	16.73	175m:	1:55.49	17.11	275m:	3:04.93	17.37	375m:	4:14.02	17.13
	100m:	1:04.49	16.90	200m:	2:12.97	17.48	300m:	3:22.17	17.24	400m:	4:30.10	16.08
42.	2003						+0,79	4:30.27	653			
	25m:	14.45	14.45	125m:	1:20.99	17.04	225m:	2:29.83	17.50	325m:	3:39.77	17.75
	50m:	30.38	15.93	150m:	1:37.80	16.81	250m:	2:47.03	17.20	350m:	3:57.14	17.37
	75m:	46.94	16.56	175m:	1:55.14	17.34	275m:	3:04.79	17.76	375m:	4:14.30	17.16
	100m:	1:03.95	17.01	200m:	2:12.33	17.19	300m:	3:22.02	17.23	400m:	4:30.27	15.97

12, , 400m , , (15-17)

					R.T.				FINA
43.	2001				+0,82 4:30.63				650
	25m: 14.80	14.80	125m: 1:21.74	17.07	225m: 2:30.21	16.94	350m: 3:57.14	17.56	
	50m: 31.01	16.21	150m: 1:38.88	17.14	250m: 2:47.48	17.27	375m: 4:14.47	17.33	
	75m: 47.69	16.68	175m: 1:55.98	17.10	300m: 3:22.16	34.68	400m: 4:30.63	16.16	
	100m: 1:04.67	16.98	200m: 2:13.27	17.29	325m: 3:39.58	17.42			
44.	2003				+0,87 4:30.65				650
	25m: 14.12	14.12	125m: 1:20.61	16.64	225m: 2:28.22	17.17	325m: 3:38.48	17.49	
	50m: 30.42	16.30	150m: 1:37.48	16.87	250m: 2:45.93	17.71	350m: 3:56.25	17.77	
	75m: 47.11	16.69	175m: 1:54.05	16.57	275m: 3:03.39	17.46	375m: 4:13.97	17.72	
	100m: 1:03.97	16.86	200m: 2:11.05	17.00	300m: 3:20.99	17.60	400m: 4:30.65	16.68	
45.	2003				+0,81 4:30.69				650
	25m: 14.24	14.24	125m: 1:20.37	16.66	225m: 2:28.67	17.29	325m: 3:38.41	17.52	
	50m: 30.36	16.12	150m: 1:37.23	16.86	250m: 2:46.01	17.34	350m: 3:56.14	17.73	
	75m: 46.97	16.61	175m: 1:54.11	16.88	275m: 3:03.19	17.18	375m: 4:13.69	17.55	
	100m: 1:03.71	16.74	200m: 2:11.38	17.27	300m: 3:20.89	17.70	400m: 4:30.69	17.00	
46.	2003				+0,91 4:32.38				638
	25m: 15.24	15.24	125m: 1:21.34	17.12	225m: 2:31.22	17.43	325m: 3:40.94	17.46	
	50m: 31.07	15.83	150m: 1:38.63	17.29	250m: 2:48.74	17.52	350m: 3:58.44	17.50	
	75m: 47.70	16.63	175m: 1:56.07	17.44	275m: 3:06.14	17.40	375m: 4:15.82	17.38	
	100m: 1:04.22	16.52	200m: 2:13.79	17.72	300m: 3:23.48	17.34	400m: 4:32.38	16.56	
47.	2002				+1,27 4:32.77				635
	25m: 14.32	14.32	125m: 1:20.40	17.00	225m: 2:29.39	17.31	325m: 3:40.04	17.69	
	50m: 30.21	15.89	150m: 1:37.47	17.07	250m: 2:46.97	17.58	350m: 3:57.87	17.83	
	75m: 46.56	16.35	175m: 1:54.65	17.18	275m: 3:04.52	17.55	375m: 4:15.60	17.73	
	100m: 1:03.40	16.84	200m: 2:12.08	17.43	300m: 3:22.35	17.83	400m: 4:32.77	17.17	
48.	2002				+0,98 4:33.42				631
	25m: 15.23	15.23	125m: 1:22.78	17.06	225m: 2:31.63	17.44	325m: 3:41.28	17.86	
	50m: 32.14	16.91	150m: 1:39.90	17.12	250m: 2:48.82	17.19	350m: 3:58.89	17.61	
	75m: 48.70	16.56	175m: 1:57.06	17.16	275m: 3:06.18	17.36	375m: 4:16.37	17.48	
	100m: 1:05.72	17.02	200m: 2:14.19	17.13	300m: 3:23.42	17.24	400m: 4:33.42	17.05	
49.	2001				+0,70 4:34.08				626
	25m: 14.56	14.56	125m: 1:21.48	17.16	225m: 2:31.28	17.79	325m: 3:42.79	17.41	
	50m: 30.81	16.25	150m: 1:38.49	17.01	250m: 2:49.02	17.74	350m: 4:00.64	17.85	
	75m: 47.53	16.72	175m: 1:55.95	17.46	275m: 3:07.25	18.23	375m: 4:17.49	16.85	
	100m: 1:04.32	16.79	200m: 2:13.49	17.54	300m: 3:25.38	18.13	400m: 4:34.08	16.59	
50.	2002				+0,76 4:35.86				614
	25m: 14.85	14.85	125m: 1:23.42	17.56	225m: 2:33.65	17.47	325m: 3:44.60	17.54	
	50m: 31.74	16.89	150m: 1:40.92	17.50	250m: 2:51.38	17.73	350m: 4:02.33	17.73	
	75m: 48.76	17.02	175m: 1:58.51	17.59	275m: 3:09.24	17.86	375m: 4:19.68	17.35	
	100m: 1:05.86	17.10	200m: 2:16.18	17.67	300m: 3:27.06	17.82	400m: 4:35.86	16.18	
51.	2003				+0,73 4:36.79				608
	25m: 15.31	15.31	125m: 1:24.04	17.17	225m: 2:33.96	17.39	325m: 3:44.94	17.67	
	50m: 32.27	16.96	150m: 1:41.51	17.47	250m: 2:51.55	17.59	350m: 4:02.92	17.98	
	75m: 49.41	17.14	175m: 1:58.89	17.38	275m: 3:09.28	17.73	375m: 4:20.36	17.44	
	100m: 1:06.87	17.46	200m: 2:16.57	17.68	300m: 3:27.27	17.99	400m: 4:36.79	16.43	
52.	2003				+0,76 4:40.10 I				586
	25m: 14.33	14.33	125m: 1:22.56	17.29	225m: 2:34.31	17.79	325m: 3:46.69	18.05	
	50m: 30.91	16.58	150m: 1:40.56	18.00	250m: 2:52.32	18.01	350m: 4:04.75	18.06	
	75m: 47.89	16.98	175m: 1:58.41	17.85	275m: 3:10.30	17.98	375m: 4:22.77	18.02	
	100m: 1:05.27	17.38	200m: 2:16.52	18.11	300m: 3:28.64	18.34	400m: 4:40.10	17.33	
53.	2003				+0,90 4:48.02 I				539
	25m: 14.53	14.53	125m: 1:26.19	18.40	225m: 2:40.07	18.86	325m: 3:54.01	18.50	
	50m: 31.36	16.83	150m: 1:44.61	18.42	250m: 2:58.49	18.42	350m: 4:12.12	18.11	
	75m: 49.34	17.98	175m: 2:02.72	18.11	275m: 3:16.82	18.33	375m: 4:30.28	18.16	
	100m: 1:07.79	18.45	200m: 2:21.21	18.49	300m: 3:35.51	18.69	400m: 4:48.02	17.74	



12, , 400m , , (15-17)

							R.T.		FINA			
54.	/						+0,84	4:48.53	I	536		
	25m:	14.99	14.99	125m:	1:24.77	17.86	225m:	2:39.17	18.55	325m:	3:53.78	18.70
	50m:	31.53	16.54	150m:	1:43.31	18.54	250m:	2:57.69	18.52	350m:	4:12.43	18.65
	75m:	48.87	17.34	175m:	2:02.01	18.70	275m:	3:16.33	18.64	375m:	4:31.04	18.61
	100m:	1:06.91	18.04	200m:	2:20.62	18.61	300m:	3:35.08	18.75	400m:	4:48.53	17.49
DSQ	2003								I			