

112
29.11.2018 - 17:37

, 400m

(13-14)

3:58.90
4:03.08

RUS

(CAN)

09.12.2016
10.11.2015

: FINA 2018

							R.T.				FINA	
1.	2004						+0,76				4:07.42	851
	25m: 13.52	13.52	125m: 1:14.98	15.57	225m: 2:17.79	15.80	325m: 3:20.29	15.60				
	50m: 28.62	15.10	150m: 1:30.61	15.63	250m: 2:33.52	15.73	350m: 3:36.12	15.83				
	75m: 43.89	15.27	175m: 1:46.25	15.64	275m: 2:49.17	15.65	375m: 3:51.95	15.83				
	100m: 59.41	15.52	200m: 2:01.99	15.74	300m: 3:04.69	15.52	400m: 4:07.42	15.47				
2.	2004						+0,81				4:10.37	821
	25m: 13.55	13.55	125m: 1:15.29	15.59	225m: 2:18.56	15.66	325m: 3:22.49	16.09				
	50m: 28.71	15.16	150m: 1:31.25	15.96	250m: 2:34.54	15.98	350m: 3:38.75	16.26				
	75m: 44.01	15.30	175m: 1:47.02	15.77	275m: 2:50.24	15.70	375m: 3:54.63	15.88				
	100m: 59.70	15.69	200m: 2:02.90	15.88	300m: 3:06.40	16.16	400m: 4:10.37	15.74				
3.	2004						-				4:12.49	801
	25m: 13.72	13.72	125m: 1:16.06	15.94	225m: 2:19.63	15.82	325m: 3:24.38	16.30				
	50m: 28.88	15.16	150m: 1:32.00	15.94	250m: 2:35.68	16.05	350m: 3:40.58	16.20				
	75m: 44.46	15.58	175m: 1:48.14	16.14	275m: 2:51.96	16.28	375m: 3:57.03	16.45				
	100m: 1:00.12	15.66	200m: 2:03.81	15.67	300m: 3:08.08	16.12	400m: 4:12.49	15.46				
4.	2004						+0,94				4:12.94	797
	25m: 14.42	14.42	125m: 1:16.45	15.79	225m: 2:20.19	16.02	325m: 3:25.12	16.37				
	50m: 29.40	14.98	150m: 1:32.13	15.68	250m: 2:36.28	16.09	350m: 3:41.28	16.16				
	75m: 44.99	15.59	175m: 1:48.16	16.03	275m: 2:52.73	16.45	375m: 3:57.83	16.55				
	100m: 1:00.66	15.67	200m: 2:04.17	16.01	300m: 3:08.75	16.02	400m: 4:12.94	15.11				
5.	2004						+0,65				4:17.87	752
	25m: 13.96	13.96	125m: 1:17.35	16.18	225m: 2:22.15	15.83	325m: 3:27.98	16.64				
	50m: 29.23	15.27	150m: 1:33.73	16.38	250m: 2:38.20	16.05	350m: 3:45.07	17.09				
	75m: 44.91	15.68	175m: 1:49.95	16.22	275m: 2:54.45	16.25	375m: 4:01.92	16.85				
	100m: 1:01.17	16.26	200m: 2:06.32	16.37	300m: 3:11.34	16.89	400m: 4:17.87	15.95				
6.	2005						-				4:19.75	735
	25m: 14.17	14.17	125m: 1:18.66	16.28	225m: 2:24.70	16.33	325m: 3:31.06	16.50				
	50m: 29.94	15.77	150m: 1:35.25	16.59	250m: 2:41.48	16.78	350m: 3:47.78	16.72				
	75m: 45.99	16.05	175m: 1:51.81	16.56	275m: 2:57.87	16.39	375m: 4:04.38	16.60				
	100m: 1:02.38	16.39	200m: 2:08.37	16.56	300m: 3:14.56	16.69	400m: 4:19.75	15.37				
7.	2005						+0,71				4:20.29	731
	25m: 13.99	13.99	125m: 1:18.28	16.79	225m: 2:25.02	16.59	325m: 3:32.17	16.51				
	50m: 29.12	15.13	150m: 1:34.80	16.52	250m: 2:42.01	16.99	350m: 3:48.77	16.60				
	75m: 45.30	16.18	175m: 1:51.64	16.84	275m: 2:59.00	16.99	375m: 4:05.02	16.25				
	100m: 1:01.49	16.19	200m: 2:08.43	16.79	300m: 3:15.66	16.66	400m: 4:20.29	15.27				
8.	2005						+0,89				4:21.08	724
	25m: 14.32	14.32	125m: 1:19.15	16.32	225m: 2:25.70	16.55	325m: 3:32.35	16.37				
	50m: 30.14	15.82	150m: 1:35.81	16.66	250m: 2:42.55	16.85	350m: 3:49.16	16.81				
	75m: 46.19	16.05	175m: 1:52.42	16.61	275m: 2:59.15	16.60	375m: 4:05.46	16.30				
	100m: 1:02.83	16.64	200m: 2:09.15	16.73	300m: 3:15.98	16.83	400m: 4:21.08	15.62				

112, , 400m

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3:58.90 RUS (CAN) 09.12.2016
4:03.08 10.11.2015

: FINA 2018

								R.T.				FINA
1.			/									
			2002		-			+0,77	4:05.89			867
	25m:	13.73	13.73	125m:	1:14.90	15.54	225m:	2:17.82	15.62	325m:	3:20.39	15.22
	50m:	28.48	14.75	150m:	1:30.69	15.79	250m:	2:33.41	15.59	350m:	3:35.83	15.44
	75m:	43.84	15.36	175m:	1:46.42	15.73	275m:	2:49.30	15.89	375m:	3:50.96	15.13
	100m:	59.36	15.52	200m:	2:02.20	15.78	300m:	3:05.17	15.87	400m:	4:05.89	14.93
2.			2002					+0,77	4:08.49			840
	25m:	13.29	13.29	125m:	1:14.82	15.67	225m:	2:18.28	15.61	325m:	3:21.54	15.32
	50m:	28.23	14.94	150m:	1:30.84	16.02	250m:	2:34.22	15.94	350m:	3:37.52	15.98
	75m:	43.39	15.16	175m:	1:46.62	15.78	275m:	2:50.01	15.79	375m:	3:53.18	15.66
	100m:	59.15	15.76	200m:	2:02.67	16.05	300m:	3:06.22	16.21	400m:	4:08.49	15.31
3.			2001		-			+0,76	4:11.71			808
	25m:	13.71	13.71	125m:	1:16.27	15.76	225m:	2:19.92	15.82	325m:	3:24.09	16.01
	50m:	28.97	15.26	150m:	1:32.26	15.99	250m:	2:35.93	16.01	350m:	3:40.18	16.09
	75m:	44.63	15.66	175m:	1:48.04	15.78	275m:	2:51.93	16.00	375m:	3:56.21	16.03
	100m:	1:00.51	15.88	200m:	2:04.10	16.06	300m:	3:08.08	16.15	400m:	4:11.71	15.50
4.			2002					+0,77	4:12.59			800
	25m:	14.05	14.05	125m:	1:17.37	16.22	225m:	2:22.20	16.46	325m:	3:26.10	16.05
	50m:	29.14	15.09	150m:	1:33.44	16.07	250m:	2:38.16	15.96	350m:	3:41.84	15.74
	75m:	45.09	15.95	175m:	1:49.61	16.17	275m:	2:54.20	16.04	375m:	3:57.57	15.73
	100m:	1:01.15	16.06	200m:	2:05.74	16.13	300m:	3:10.05	15.85	400m:	4:12.59	15.02
5.			2001					+0,85	4:13.40			792
	25m:	14.31	14.31	125m:	1:16.04	15.84	225m:	2:20.24	16.38	325m:	3:25.67	16.79
	50m:	29.23	14.92	150m:	1:31.83	15.79	250m:	2:36.40	16.16	350m:	3:42.05	16.38
	75m:	44.71	15.48	175m:	1:47.81	15.98	275m:	2:52.76	16.36	375m:	3:58.23	16.18
	100m:	1:00.20	15.49	200m:	2:03.86	16.05	300m:	3:08.88	16.12	400m:	4:13.40	15.17
6.			2002					+0,72	4:14.69			780
	25m:	13.92	13.92	125m:	1:17.22	16.34	225m:	2:22.27	16.38	325m:	3:27.22	16.38
	50m:	29.02	15.10	150m:	1:33.35	16.13	250m:	2:38.44	16.17	350m:	3:43.33	16.11
	75m:	44.99	15.97	175m:	1:49.64	16.29	275m:	2:54.67	16.23	375m:	3:59.54	16.21
	100m:	1:00.88	15.89	200m:	2:05.89	16.25	300m:	3:10.84	16.17	400m:	4:14.69	15.15
7.			2003					+0,90	4:16.78			761
	25m:	14.25	14.25	125m:	1:16.87	16.00	225m:	2:20.90	16.07	325m:	3:26.66	16.69
	50m:	29.31	15.06	150m:	1:32.71	15.84	250m:	2:37.19	16.29	350m:	3:43.47	16.81
	75m:	45.04	15.73	175m:	1:48.61	15.90	275m:	2:53.47	16.28	375m:	4:00.59	17.12
	100m:	1:00.87	15.83	200m:	2:04.83	16.22	300m:	3:09.97	16.50	400m:	4:16.78	16.19
8.			2003					+0,80	4:18.46			747
	25m:	14.12	14.12	125m:	1:18.85	16.00	225m:	2:24.14	16.07	325m:	3:29.64	16.32
	50m:	30.40	16.28	150m:	1:35.36	16.51	250m:	2:40.60	16.46	350m:	3:46.23	16.59
	75m:	46.48	16.08	175m:	1:51.58	16.22	275m:	2:56.79	16.19	375m:	4:02.60	16.37
	100m:	1:02.85	16.37	200m:	2:08.07	16.49	300m:	3:13.32	16.53	400m:	4:18.46	15.86