



КРАСНОДАР
ул. Пригородная, 24,
ГБУ Краснодарского края "МСК" (ДВВС)

ПЕРВЕНСТВО РОССИИ по плаванию среди юношей и девушек



**22-26
АПРЕЛЯ
2024**

37
26.04.2024 - 10:23

, 400m

(14-15)

4:08.05
4:10.02
4:22.35

Kazan /
(HUN)

25.07.2022
23.05.2021
08.05.2019

: FINA 2024

				/				R.T.				
1.				2009		-1		+0,63	4:36.43		675 Q	
	50m:	29.04	29.04	150m:	1:39.48	36.45	250m:	2:53.47	38.25	350m:	4:05.47	32.16
	100m:	1:03.03	33.99	200m:	2:15.22	35.74	300m:	3:33.31	39.84	400m:	4:36.43	30.96
2.				2009		-	-1	+0,65	4:39.02		656 Q	
	50m:	29.57	29.57	150m:	1:41.75	36.71	250m:	2:55.34	37.63	350m:	4:07.36	33.53
	100m:	1:05.04	35.47	200m:	2:17.71	35.96	300m:	3:33.83	38.49	400m:	4:39.02	31.66
3.				2009				+0,65	4:39.09		655 Q	
	50m:	29.92	29.92	150m:	1:39.68	35.46	250m:	2:54.18	38.45	350m:	4:07.09	33.87
	100m:	1:04.22	34.30	200m:	2:15.73	36.05	300m:	3:33.22	39.04	400m:	4:39.09	32.00
4.				2010				+0,68	4:39.35		654 Q	
	50m:	29.41	29.41	150m:	1:38.68	35.13	250m:	2:52.67	40.13	350m:	4:07.85	33.55
	100m:	1:03.55	34.14	200m:	2:12.54	33.86	300m:	3:34.30	41.63	400m:	4:39.35	31.50
5.				2009			-1	+0,71	4:40.21		648 Q	
	50m:	28.29	28.29	150m:	1:39.29	37.12	250m:	2:54.91	39.71	350m:	4:08.29	32.38
	100m:	1:02.17	33.88	200m:	2:15.20	35.91	300m:	3:35.91	41.00	400m:	4:40.21	31.92
6.				2009		-1		+0,57	4:43.24		627 Q	
	50m:	28.31	28.31	150m:	1:37.85	35.76	250m:	2:53.03	40.49	350m:	4:10.08	33.75
	100m:	1:02.09	33.78	200m:	2:12.54	34.69	300m:	3:36.33	43.30	400m:	4:43.24	33.16
7.				2009		-	-2	+0,79	4:44.35		620 Q	
	50m:	29.06	29.06	150m:	1:41.02	37.55	250m:	2:56.20	39.33	350m:	4:11.44	34.13
	100m:	1:03.47	34.41	200m:	2:16.87	35.85	300m:	3:37.31	41.11	400m:	4:44.35	32.91
8.				2009		-1		+0,59	4:45.02		615 Q	
	50m:	28.81	28.81	150m:	1:41.52	38.54	250m:	2:59.30	40.53	350m:	4:14.18	31.60
	100m:	1:02.98	34.17	200m:	2:18.77	37.25	300m:	3:42.58	43.28	400m:	4:45.02	30.84
9.				2009			-1	+0,79	4:45.14		615 R	
	50m:	30.35	30.35	150m:	1:44.10	37.25	250m:	2:59.56	39.93	350m:	4:13.71	33.66
	100m:	1:06.85	36.50	200m:	2:19.63	35.53	300m:	3:40.05	40.49	400m:	4:45.14	31.43
10.				2010		-	-2	+0,72	4:46.68		605 R	
	50m:	31.46	31.46	150m:	1:43.42	35.53	250m:	2:59.02	39.99	350m:	4:13.46	32.83
	100m:	1:07.89	36.43	200m:	2:19.03	35.61	300m:	3:40.63	41.61	400m:	4:46.68	33.22
11.				2010			-1	+0,71	4:47.20		601	
	50m:	28.77	28.77	150m:	1:39.17	35.99	250m:	2:56.75	41.81	350m:	4:14.19	34.24
	100m:	1:03.18	34.41	200m:	2:14.94	35.77	300m:	3:39.95	43.20	400m:	4:47.20	33.01
12.				2010		-1		+0,53	4:47.56		599	
	50m:	29.46	29.46	150m:	1:40.04	35.25	250m:	2:58.97	43.40	350m:	4:14.97	32.97
	100m:	1:04.79	35.33	200m:	2:15.57	35.53	300m:	3:42.00	43.03	400m:	4:47.56	32.59
13.				2009		-	-1	+0,71	4:49.33		588	
	50m:	31.51	31.51	150m:	1:44.17	36.14	250m:	3:00.05	40.27	350m:	4:15.86	34.06
	100m:	1:08.03	36.52	200m:	2:19.78	35.61	300m:	3:41.80	41.75	400m:	4:49.33	33.47
14.				2009			-1	+0,72	4:49.51		587	
	50m:	31.15	31.15	150m:	1:46.30	38.90	250m:	3:03.92	39.18	350m:	4:17.71	32.99
	100m:	1:07.40	36.25	200m:	2:24.74	38.44	300m:	3:44.72	40.80	400m:	4:49.51	31.80

50

SWISS TIMING QUANTUM AQUATIC

Splash Meet Manager, 11.78560

Registered to Southern Federal District/Krasnodar Territory

26.04.2024 11:24 -

1

СПОНСОРЫ СОРЕВНОВАНИЙ:





КРАСНОДАР

ул. Пригородная, 24,
ГБУ Краснодарского края "МСК" (ДВВС)

ПЕРВЕНСТВО РОССИИ по плаванию среди юношей и девушек



**22-26
АПРЕЛЯ
2024**

37, , 400m , , (14-15)

								R.T.				
15.			2009		-2		+0,60	4:49.67	I		586	
	50m:	29.38	29.38	150m:	1:41.10	37.47	250m:	2:58.94	39.80	350m:	4:15.53	34.72
	100m:	1:03.63	34.25	200m:	2:19.14	38.04	300m:	3:40.81	41.87	400m:	4:49.67	34.14
16.			2009				-1	+0,62	4:50.05	I	584	
	50m:	29.32	29.32	150m:	1:41.56	37.76	250m:	3:03.28	43.52	350m:	4:19.85	31.62
	100m:	1:03.80	34.48	200m:	2:19.76	38.20	300m:	3:48.23	44.95	400m:	4:50.05	30.20
17.			2010		-2			+0,61	4:50.58	I	581	
	50m:	30.96	30.96	150m:	1:42.66	36.77	250m:	3:00.64	43.14	350m:	4:17.93	34.34
	100m:	1:05.89	34.93	200m:	2:17.50	34.84	300m:	3:43.59	42.95	400m:	4:50.58	32.65
18.			2009		-	-1		+0,72	4:51.51	I	575	
	50m:	29.67	29.67	150m:	1:43.62	38.98	250m:	3:03.59	42.97	350m:	4:19.75	31.99
	100m:	1:04.64	34.97	200m:	2:20.62	37.00	300m:	3:47.76	44.17	400m:	4:51.51	31.76
19.			2009	I	-	-2		+0,69	4:53.53	I	563	
	50m:	29.48	29.48	150m:	1:41.66	37.82	250m:	3:00.67	41.83	350m:	4:18.93	34.26
	100m:	1:03.84	34.36	200m:	2:18.84	37.18	300m:	3:44.67	44.00	400m:	4:53.53	34.60
20.			2010				-1	+0,66	4:53.56	I	563	
	50m:	31.11	31.11	150m:	1:45.45	37.25	250m:	3:05.13	42.91	350m:	4:21.84	32.74
	100m:	1:08.20	37.09	200m:	2:22.22	36.77	300m:	3:49.10	43.97	400m:	4:53.56	31.72
21.			2009					+0,76	4:54.00	I	561	
	50m:	30.82	30.82	150m:	1:46.14	38.94	250m:	3:04.99	39.99	350m:	4:21.44	35.44
	100m:	1:07.20	36.38	200m:	2:25.00	38.86	300m:	3:46.00	41.01	400m:	4:54.00	32.56
22.			2009					+0,55	4:54.65	I	557	
	50m:	31.32	31.32	150m:	1:46.26	37.15	250m:	3:05.42	42.34	350m:	4:22.47	34.38
	100m:	1:09.11	37.79	200m:	2:23.08	36.82	300m:	3:48.09	42.67	400m:	4:54.65	32.18
23.			2009	I			-1	+0,68	4:55.02	I	555	
	50m:	31.16	31.16	150m:	1:45.72	38.05	250m:	3:05.85	42.47	350m:	4:22.15	33.73
	100m:	1:07.67	36.51	200m:	2:23.38	37.66	300m:	3:48.42	42.57	400m:	4:55.02	32.87
24.			2009				-1	+0,73	4:55.20	I	554	
	50m:	31.13	31.13	150m:	1:43.44	38.20	250m:	3:06.32	46.39	350m:	4:24.61	33.21
	100m:	1:05.24	34.11	200m:	2:19.93	36.49	300m:	3:51.40	45.08	400m:	4:55.20	30.59
25.			2009					+0,57	4:55.31	I	553	
	50m:	29.48	29.48	150m:	1:42.38	38.00	250m:	3:04.39	44.88	350m:	4:22.83	33.04
	100m:	1:04.38	34.90	200m:	2:19.51	37.13	300m:	3:49.79	45.40	400m:	4:55.31	32.48
26.			2009		-	-2		+0,72	4:55.43	I	553	
	50m:	30.97	30.97	150m:	1:47.64	39.89	250m:	3:05.16	39.47	350m:	4:21.09	35.50
	100m:	1:07.75	36.78	200m:	2:25.69	38.05	300m:	3:45.59	40.43	400m:	4:55.43	34.34
27.			2009	I	-	-1		+0,48	4:55.99	I	549	
	50m:	28.79	28.79	150m:	1:40.87	38.31	250m:	3:03.96	44.67	350m:	4:23.35	34.65
	100m:	1:02.56	33.77	200m:	2:19.29	38.42	300m:	3:48.70	44.74	400m:	4:55.99	32.64
28.			2009				-1	+0,63	4:56.26	I	548	
	50m:	30.30	30.30	150m:	1:46.22	40.23	250m:	3:07.49	42.28	350m:	4:25.07	34.01
	100m:	1:05.99	35.69	200m:	2:25.21	38.99	300m:	3:51.06	43.57	400m:	4:56.26	31.19
29.			2009					+0,68	4:56.28	I	548	
	50m:	31.96	31.96	150m:	1:45.42	36.29	250m:	3:04.61	43.66	350m:	4:24.47	34.94
	100m:	1:09.13	37.17	200m:	2:20.95	35.53	300m:	3:49.53	44.92	400m:	4:56.28	31.81
30.			2009					+0,66	4:56.51	I	547	
	50m:	29.96	29.96	150m:	1:50.30	41.54	250m:	3:11.10	39.35	350m:	4:26.20	33.64
	100m:	1:08.76	38.80	200m:	2:31.75	41.45	300m:	3:52.56	41.46	400m:	4:56.51	30.31

СПОНСОРЫ СОРЕВНОВАНИЙ:





37, , 400m , , (14-15)

								R.T.				
31.				2009	I	-	-1	+0,64	4:56.61	I	546	
	50m:	30.26	30.26	150m:	1:47.41	41.70	250m:	3:07.35	40.69	350m:	4:24.50	33.85
	100m:	1:05.71	35.45	200m:	2:26.66	39.25	300m:	3:50.65	43.30	400m:	4:56.61	32.11
32.				2009			-1	+0,77	4:56.72	I	545	
	50m:	30.89	30.89	150m:	1:44.66	36.93	250m:	3:03.10	42.48	350m:	4:22.47	36.01
	100m:	1:07.73	36.84	200m:	2:20.62	35.96	300m:	3:46.46	43.36	400m:	4:56.72	34.25
33.				2009				+0,64	4:56.75	I	545	
	50m:	31.38	31.38	150m:	1:49.10	40.16	250m:	3:11.17	42.59	350m:	4:26.50	31.52
	100m:	1:08.94	37.56	200m:	2:28.58	39.48	300m:	3:54.98	43.81	400m:	4:56.75	30.25
34.				2009			-1	+0,68	4:57.10	I	543	
	50m:	30.70	30.70	150m:	1:42.78	36.64	250m:	3:04.06	43.40	350m:	4:22.85	34.85
	100m:	1:06.14	35.44	200m:	2:20.66	37.88	300m:	3:48.00	43.94	400m:	4:57.10	34.25
35.				2009				+0,67	4:57.25	I	542	
	50m:	29.88	29.88	150m:	1:43.39	38.17	250m:	3:03.97	42.25	350m:	4:22.70	35.13
	100m:	1:05.22	35.34	200m:	2:21.72	38.33	300m:	3:47.57	43.60	400m:	4:57.25	34.55
36.				2009	I			+0,79	4:58.28	I	537	
	50m:	30.51	30.51	150m:	1:44.59	38.64	250m:	3:04.62	41.46	350m:	4:23.68	37.29
	100m:	1:05.95	35.44	200m:	2:23.16	38.57	300m:	3:46.39	41.77	400m:	4:58.28	34.60
37.				2009			-1	+0,78	4:58.53	I	536	
	50m:	30.32	30.32	150m:	1:45.11	39.51	250m:	3:05.46	42.68	350m:	4:24.19	35.55
	100m:	1:05.60	35.28	200m:	2:22.78	37.67	300m:	3:48.64	43.18	400m:	4:58.53	34.34
38.				2009	I		-2	+0,72	4:58.96	I	533	
	50m:	31.11	31.11	150m:	1:46.50	38.05	250m:	3:05.95	42.80	350m:	4:25.41	35.79
	100m:	1:08.45	37.34	200m:	2:23.15	36.65	300m:	3:49.62	43.67	400m:	4:58.96	33.55
39.				2009			-1	+0,61	4:59.07	I	533	
	50m:	31.86	31.86	150m:	1:48.93	39.78	250m:	3:10.68	44.70	350m:	4:27.77	32.62
	100m:	1:09.15	37.29	200m:	2:25.98	37.05	300m:	3:55.15	44.47	400m:	4:59.07	31.30
40.				2009	I			+0,76	4:59.10	I	532	
	50m:	29.85	29.85	150m:	1:44.32	39.89	250m:	3:07.73	45.88	350m:	4:26.63	33.75
	100m:	1:04.43	34.58	200m:	2:21.85	37.53	300m:	3:52.88	45.15	400m:	4:59.10	32.47
41.				2009	I		-2	+0,57	4:59.11	I	532	
	50m:	30.50	30.50	150m:	1:47.38	39.57	250m:	3:07.91	42.40	350m:	4:25.32	34.93
	100m:	1:07.81	37.31	200m:	2:25.51	38.13	300m:	3:50.39	42.48	400m:	4:59.11	33.79
42.				2009	I	-	-2	+0,77	4:59.13	I	532	
	50m:	30.93	30.93	150m:	1:44.64	38.03	250m:	3:06.48	44.18	350m:	4:26.30	34.33
	100m:	1:06.61	35.68	200m:	2:22.30	37.66	300m:	3:51.97	45.49	400m:	4:59.13	32.83
43.				2010	I		-1	+0,61	4:59.28	I	531	
	50m:	30.16	30.16	150m:	1:46.60	40.60	250m:	3:09.44	43.13	350m:	4:26.37	33.90
	100m:	1:06.00	35.84	200m:	2:26.31	39.71	300m:	3:52.47	43.03	400m:	4:59.28	32.91
44.				2010	I	-	-	+0,68	4:59.51	I	530	
	50m:	30.75	30.75	150m:	1:45.66	39.01	250m:	3:07.85	43.91	350m:	4:26.75	34.94
	100m:	1:06.65	35.90	200m:	2:23.94	38.28	300m:	3:51.81	43.96	400m:	4:59.51	32.76
45.				2010	I		-1	+0,68	5:00.37	I	526	
	50m:	31.54	31.54	150m:	1:45.76	38.18	250m:	3:06.74	43.48	350m:	4:26.95	34.66
	100m:	1:07.58	36.04	200m:	2:23.26	37.50	300m:	3:52.29	45.55	400m:	5:00.37	33.42
46.				2010			-1	+0,49	5:00.63	I	524	
	50m:	29.93	29.93	150m:	1:47.06	40.89	250m:	3:12.18	45.70	350m:	4:30.30	33.48
	100m:	1:06.17	36.24	200m:	2:26.48	39.42	300m:	3:56.82	44.64	400m:	5:00.63	30.33





КРАСНОДАР

ул. Пригородная, 24,
ГБУ Краснодарского края "МСК" (ДВВС)

ПЕРВЕНСТВО РОССИИ по плаванию среди юношей и девушек



**22-26
АПРЕЛЯ
2024**

37, , 400m , (14-15)

				R.T.								
47.	/			2010				-1	+0,61	5:00.86		523
	50m:	31.61	31.61	150m:	1:46.21	37.37	250m:	3:08.11	45.11	350m:	4:28.35	34.61
	100m:	1:08.84	37.23	200m:	2:23.00	36.79	300m:	3:53.74	45.63	400m:	5:00.86	32.51
48.	/			2009				-1	+0,70	5:01.25		521
	50m:	31.52	31.52	150m:	1:46.80	37.71	250m:	3:06.49	43.48	350m:	4:26.69	36.51
	100m:	1:09.09	37.57	200m:	2:23.01	36.21	300m:	3:50.18	43.69	400m:	5:01.25	34.56
49.	/			2010					+0,63	5:01.27		521
	50m:	29.69	29.69	150m:	1:46.62	41.20	250m:	3:08.84	42.85	350m:	4:28.40	35.77
	100m:	1:05.42	35.73	200m:	2:25.99	39.37	300m:	3:52.63	43.79	400m:	5:01.27	32.87
50.	/			2009				-1	+0,34	5:01.53		520
	50m:	29.96	29.96	150m:	1:43.94	38.25	250m:	3:05.98	44.83	350m:	4:26.73	35.39
	100m:	1:05.69	35.73	200m:	2:21.15	37.21	300m:	3:51.34	45.36	400m:	5:01.53	34.80
51.	/			2010				-1	+0,56	5:01.65		519
	50m:	30.50	30.50	150m:	1:45.95	39.04	250m:	3:06.90	42.46	350m:	4:27.30	37.21
	100m:	1:06.91	36.41	200m:	2:24.44	38.49	300m:	3:50.09	43.19	400m:	5:01.65	34.35
52.	/			2010				-2	+0,63	5:02.20		516
	50m:	30.60	30.60	150m:	1:45.54	38.61	250m:	3:07.80	45.94	350m:	4:28.27	35.51
	100m:	1:06.93	36.33	200m:	2:21.86	36.32	300m:	3:52.76	44.96	400m:	5:02.20	33.93
53.	/			2009				-2	+0,70	5:02.52		515
	50m:	31.51	31.51	150m:	1:46.46	38.73	250m:	3:09.62	44.45	350m:	4:28.63	34.82
	100m:	1:07.73	36.22	200m:	2:25.17	38.71	300m:	3:53.81	44.19	400m:	5:02.52	33.89
54.	/			2009				-2	+0,62	5:02.78		513
	50m:	31.46	31.46	150m:	1:48.09	39.74	250m:	3:10.17	44.02	350m:	4:28.87	36.15
	100m:	1:08.35	36.89	200m:	2:26.15	38.06	300m:	3:52.72	42.55	400m:	5:02.78	33.91
55.	/			2010				-1	+0,58	5:02.82		513
	50m:	30.78	30.78	150m:	1:47.36	40.00	250m:	3:09.97	44.54	350m:	4:30.10	35.69
	100m:	1:07.36	36.58	200m:	2:25.43	38.07	300m:	3:54.41	44.44	400m:	5:02.82	32.72
56.	/			2009					+0,68	5:02.84		513
	50m:	30.64	30.64	150m:	1:47.05	39.74	250m:	3:09.27	44.46	350m:	4:29.48	34.68
	100m:	1:07.31	36.67	200m:	2:24.81	37.76	300m:	3:54.80	45.53	400m:	5:02.84	33.36
57.	/			2010				-	+0,63	5:03.13		511
	50m:	30.97	30.97	150m:	1:46.78	39.73	250m:	3:09.35	42.92	350m:	4:29.18	35.88
	100m:	1:07.05	36.08	200m:	2:26.43	39.65	300m:	3:53.30	43.95	400m:	5:03.13	33.95
58.	/			2009				-2	+0,49	5:03.45		510
	50m:	30.17	30.17	150m:	1:45.82	39.02	250m:	3:08.27	43.24	350m:	4:28.28	35.69
	100m:	1:06.80	36.63	200m:	2:25.03	39.21	300m:	3:52.59	44.32	400m:	5:03.45	35.17
59.	/			2009				-2		5:03.68		509
	50m:	31.80	31.80	150m:	1:47.03	37.79	250m:	3:08.28	43.40	350m:	4:29.90	36.74
	100m:	1:09.24	37.44	200m:	2:24.88	37.85	300m:	3:53.16	44.88	400m:	5:03.68	33.78
60.	/			2009					+0,76	5:03.71		509
	50m:	29.93	29.93	150m:	1:44.52	39.48	250m:	3:11.09	48.17	350m:	4:32.24	33.20
	100m:	1:05.04	35.11	200m:	2:22.92	38.40	300m:	3:59.04	47.95	400m:	5:03.71	31.47
61.	/			2010				-1	+0,60	5:03.76		508
	50m:	28.96	28.96	150m:	1:42.08	37.93	250m:	3:05.60	46.00	350m:	4:28.54	37.07
	100m:	1:04.15	35.19	200m:	2:19.60	37.52	300m:	3:51.47	45.87	400m:	5:03.76	35.22
62.	/			2009				-2	+0,53	5:04.18		506
	50m:	31.11	31.11	150m:	1:47.22	38.77	250m:	3:09.41	44.71	350m:	4:30.00	34.99
	100m:	1:08.45	37.34	200m:	2:24.70	37.48	300m:	3:55.01	45.60	400m:	5:04.18	34.18

СПОНСОРЫ СОРЕВНОВАНИЙ:





37, , 400m , , (14-15)

			/			R.T.					
63.			2010	I		-2	+0,61	5:04.51	I	505	
	50m:	31.66	150m:	1:46.40	36.19	250m:	3:07.90	45.40	350m:	4:30.13	35.54
	100m:	1:10.21	200m:	2:22.50	36.10	300m:	3:54.59	46.69	400m:	5:04.51	34.38
64.			2010	I			+0,64	5:05.35	I	500	
	50m:	30.33	150m:	1:48.17	42.30	250m:	3:13.09	43.73	350m:	4:32.84	34.10
	100m:	1:05.87	200m:	2:29.36	41.19	300m:	3:58.74	45.65	400m:	5:05.35	32.51
65.			2009				+0,75	5:05.53	I	500	
	50m:	33.69	150m:	1:50.67	38.04	250m:	3:11.72	43.76	350m:	4:33.32	35.99
	100m:	1:12.63	200m:	2:27.96	37.29	300m:	3:57.33	45.61	400m:	5:05.53	32.21
66.			2009			-1	+0,79	5:05.62	I	499	
	50m:	30.46	150m:	1:45.03	38.61	250m:	3:09.46	45.56	350m:	4:31.87	36.58
	100m:	1:06.42	200m:	2:23.90	38.87	300m:	3:55.29	45.83	400m:	5:05.62	33.75
67.			2010				+0,75	5:05.73	I	499	
	50m:	32.12	150m:	1:51.02	41.43	250m:	3:14.51	43.51	350m:	4:33.82	34.46
	100m:	1:09.59	200m:	2:31.00	39.98	300m:	3:59.36	44.85	400m:	5:05.73	31.91
68.			2009	I			+0,59	5:06.33	I	496	
	50m:	32.11	150m:	1:49.31	39.65	250m:	3:13.53	45.14	350m:	4:32.96	34.35
	100m:	1:09.66	200m:	2:28.39	39.08	300m:	3:58.61	45.08	400m:	5:06.33	33.37
69.			2010	I		-2	+0,66	5:06.70	I	494	
	50m:	31.90	150m:	1:50.81	39.73	250m:	3:13.42	44.27	350m:	4:33.54	35.39
	100m:	1:11.08	200m:	2:29.15	38.34	300m:	3:58.15	44.73	400m:	5:06.70	33.16
70.			2009	I		-1	+0,68	5:06.81	I	493	
	50m:	32.54	150m:	1:49.59	40.26	250m:	3:14.24	44.25	350m:	4:34.36	34.16
	100m:	1:09.33	200m:	2:29.99	40.40	300m:	4:00.20	45.96	400m:	5:06.81	32.45
71.			2010	I		-2	+0,64	5:06.97	I	493	
	50m:	30.54	150m:	1:48.18	41.71	250m:	3:13.78	44.59	350m:	4:33.70	33.83
	100m:	1:06.47	200m:	2:29.19	41.01	300m:	3:59.87	46.09	400m:	5:06.97	33.27
72.			2009	I			+0,56	5:07.18		491	
	50m:	30.37	150m:	1:45.67	39.61	250m:	3:10.22	45.76	350m:	4:32.57	35.66
	100m:	1:06.06	200m:	2:24.46	38.79	300m:	3:56.91	46.69	400m:	5:07.18	34.61
73.			2010	I			+0,74	5:07.62		489	
	50m:	31.71	150m:	1:47.84	40.04	250m:	3:13.96	45.92	350m:	4:34.94	35.98
	100m:	1:07.80	200m:	2:28.04	40.20	300m:	3:58.96	45.00	400m:	5:07.62	32.68
74.			2010	I			+0,80	5:07.96		488	
	50m:	31.58	150m:	1:47.96	38.98	250m:	3:11.00	44.81	350m:	4:32.76	36.25
	100m:	1:08.98	200m:	2:26.19	38.23	300m:	3:56.51	45.51	400m:	5:07.96	35.20
75.			2010	I		-2	+0,72	5:08.41		486	
	50m:	32.13	150m:	1:50.53	39.71	250m:	3:15.03	45.22	350m:	4:35.24	33.35
	100m:	1:10.82	200m:	2:29.81	39.28	300m:	4:01.89	46.86	400m:	5:08.41	33.17
76.			2009	I		-2	+0,71	5:08.95		483	
	50m:	31.63	150m:	1:50.11	41.39	250m:	3:14.95	44.82	350m:	4:35.13	35.29
	100m:	1:08.72	200m:	2:30.13	40.02	300m:	3:59.84	44.89	400m:	5:08.95	33.82
77.			2010	I		-2	+0,57	5:09.23		482	
	50m:	32.27	150m:	1:49.45	38.34	250m:	3:13.05	43.13	350m:	4:34.33	35.92
	100m:	1:11.11	200m:	2:29.92	40.47	300m:	3:58.41	45.36	400m:	5:09.23	34.90
78.			2009	I		-2	+0,63	5:09.92		479	
	50m:	32.00	150m:	1:49.84	41.62	250m:	3:15.04	45.23	350m:	4:35.87	35.79
	100m:	1:08.22	200m:	2:29.81	39.97	300m:	4:00.08	45.04	400m:	5:09.92	34.05





37, , 400m , , (14-15)

				/				R.T.				
79.				2010				-2		5:10.46		476
	50m:	31.92	31.92	150m:	1:50.55	41.24	250m:	3:15.38	44.88	350m:	4:36.81	35.20
	100m:	1:09.31	37.39	200m:	2:30.50	39.95	300m:	4:01.61	46.23	400m:	5:10.46	33.65
80.				2009	I			+0,75		5:10.66		475
	50m:	31.36	31.36	150m:	1:49.97	41.23	250m:	3:17.30	47.61	350m:	4:38.16	34.43
	100m:	1:08.74	37.38	200m:	2:29.69	39.72	300m:	4:03.73	46.43	400m:	5:10.66	32.50
81.				2009	I			-2	+0,62	5:10.70		475
	50m:	33.24	33.24	150m:	1:52.12	40.58	250m:	3:13.96	42.79	350m:	4:35.05	37.21
	100m:	1:11.54	38.30	200m:	2:31.17	39.05	300m:	3:57.84	43.88	400m:	5:10.70	35.65
82.				2009	I			-2		5:11.99		469
	50m:	32.04	32.04	150m:	1:50.92	38.56	250m:	3:14.75	46.09	350m:	4:37.58	35.92
	100m:	1:12.36	40.32	200m:	2:28.66	37.74	300m:	4:01.66	46.91	400m:	5:11.99	34.41
83.				2009					+0,76	5:13.04		464
	50m:	30.97	30.97	150m:	1:51.33	42.42	250m:	3:17.65	45.87	350m:	4:39.25	35.44
	100m:	1:08.91	37.94	200m:	2:31.78	40.45	300m:	4:03.81	46.16	400m:	5:13.04	33.79
84.				2009	I				+0,67	5:13.57		462
	50m:	33.19	33.19	150m:	1:55.13	39.88	250m:	3:18.61	44.66	350m:	4:39.61	35.34
	100m:	1:15.25	42.06	200m:	2:33.95	38.82	300m:	4:04.27	45.66	400m:	5:13.57	33.96
85.				2010	I				+0,64	5:13.78		461
	50m:	31.79	31.79	150m:	1:51.85	41.63	250m:	3:18.27	45.16	350m:	4:40.08	36.12
	100m:	1:10.22	38.43	200m:	2:33.11	41.26	300m:	4:03.96	45.69	400m:	5:13.78	33.70
86.				2009					+0,81	5:14.07		460
	50m:	30.68	30.68	150m:	1:47.70	40.29	250m:	3:12.93	46.74	350m:	4:38.03	39.25
	100m:	1:07.41	36.73	200m:	2:26.19	38.49	300m:	3:58.78	45.85	400m:	5:14.07	36.04
87.				2009	I			-2	+0,80	5:15.36		454
	50m:	30.59	30.59	150m:	1:48.00	41.41	250m:	3:14.36	46.44	350m:	4:38.76	36.22
	100m:	1:06.59	36.00	200m:	2:27.92	39.92	300m:	4:02.54	48.18	400m:	5:15.36	36.60
88.				2010	I			-2	+0,60	5:16.32		450
	50m:	31.26	31.26	150m:	1:51.46	43.09	250m:	3:16.86	43.55	350m:	4:40.01	38.03
	100m:	1:08.37	37.11	200m:	2:33.31	41.85	300m:	4:01.98	45.12	400m:	5:16.32	36.31
89.				2009	I			-2	+0,73	5:16.64		449
	50m:	32.28	32.28	150m:	1:51.31	42.29	250m:	3:19.35	47.15	350m:	4:42.59	35.55
	100m:	1:09.02	36.74	200m:	2:32.20	40.89	300m:	4:07.04	47.69	400m:	5:16.64	34.05
90.				2010	I			-2		5:16.82		448
	50m:	32.99	32.99	150m:	1:50.72	39.67	250m:	3:15.79	45.38	350m:	4:41.11	38.27
	100m:	1:11.05	38.06	200m:	2:30.41	39.69	300m:	4:02.84	47.05	400m:	5:16.82	35.71
91.				2009	I			-2	+0,56	5:17.29		446
	50m:	33.34	33.34	150m:	1:55.23	42.49	250m:	3:22.45	47.02	350m:	4:44.73	34.70
	100m:	1:12.74	39.40	200m:	2:35.43	40.20	300m:	4:10.03	47.58	400m:	5:17.29	32.56
92.				2010	I			-1	+0,54	5:18.77		440
	50m:	32.19	32.19	150m:	1:51.21	39.81	250m:	3:18.23	46.85	350m:	4:42.41	36.43
	100m:	1:11.40	39.21	200m:	2:31.38	40.17	300m:	4:05.98	47.75	400m:	5:18.77	36.36
93.				2010	I			-2	+0,77	5:19.85		435
	50m:	32.40	32.40	150m:	1:53.95	42.39	250m:	3:20.44	45.22	350m:	4:44.94	37.55
	100m:	1:11.56	39.16	200m:	2:35.22	41.27	300m:	4:07.39	46.95	400m:	5:19.85	34.91
94.				2009					+0,61	5:21.50		429
	50m:	33.60	33.60	150m:	1:55.88	41.98	250m:	3:23.12	46.19	350m:	4:46.09	36.35
	100m:	1:13.90	40.30	200m:	2:36.93	41.05	300m:	4:09.74	46.62	400m:	5:21.50	35.41





КРАСНОДАР

ул. Пригородная, 24,
ГБУ Краснодарского края "МСК" (ДВВС)

ПЕРВЕНСТВО РОССИИ по плаванию среди юношей и девушек



22-26
АПРЕЛЯ
2024

37, , 400m , , (14-15)

								R.T.				
95.				2009	I			-2	+0,61	5:24.49	417	
	50m:	29.81	29.81	150m:	1:48.45	41.62	250m:	3:18.78	47.85	350m:	4:46.27	38.13
	100m:	1:06.83	37.02	200m:	2:30.93	42.48	300m:	4:08.14	49.36	400m:	5:24.49	38.22
96.				2010	I			-2	+0,53	5:27.85	404	
	50m:	32.91	32.91	150m:	1:54.70	42.78	250m:	3:24.79	47.81	350m:	4:50.51	38.02
	100m:	1:11.92	39.01	200m:	2:36.98	42.28	300m:	4:12.49	47.70	400m:	5:27.85	37.34
DSQ				2009		-1						
DSQ				2009	I	-	-2				I	
DSQ				2010			-1				I	
DSQ				2009			-1				I	
DSQ				2010	I						I	
DSQ				2009	I		-1				I	
DSQ				2009	I		-2				I	
DSQ				2010	I		-2					
DSQ				2010	I		-2					
DSQ				2009	I		-2					
DSQ				2010	I		-1					
DSQ				2009	I		-2					
DNS				2009	I		-1					

СПОНСОРЫ СОРЕВНОВАНИЙ:

