



25
06.05.2021 - 13:31

, 1500m

(13-14)

15:58.98
16:13.13
17:14.76

(ESP)

06.04.2021
22.07.2003
09.05.2018

: FINA 2020

	/				R.T.				FINA		
1.	2007				17:11.08				711		
50m:	31.43	31.43	450m:	5:05.38	34.46	850m:	9:41.91	34.76	1250m:	14:19.18	34.68
100m:	1:05.05	33.62	500m:	5:39.78	34.40	900m:	10:16.42	34.51	1300m:	14:53.81	34.63
150m:	1:39.32	34.27	550m:	6:14.42	34.64	950m:	10:51.39	34.97	1350m:	15:28.82	35.01
200m:	2:13.52	34.20	600m:	6:49.07	34.65	1000m:	11:25.95	34.56	1400m:	16:03.44	34.62
250m:	2:47.97	34.45	650m:	7:23.67	34.60	1050m:	12:00.78	34.83	1450m:	16:38.04	34.60
300m:	3:22.31	34.34	700m:	7:58.03	34.36	1100m:	12:35.21	34.43	1500m:	17:11.08	33.04
350m:	3:56.68	34.37	750m:	8:32.78	34.75	1150m:	13:09.89	34.68			
400m:	4:30.92	34.24	800m:	9:07.15	34.37	1200m:	13:44.50	34.61			
2.	2008				17:18.67				696		
50m:	30.81	30.81	450m:	5:07.68	34.51	850m:	9:45.95	34.82	1250m:	14:25.85	34.91
100m:	1:04.44	33.63	500m:	5:42.56	34.88	900m:	10:21.16	35.21	1300m:	15:01.13	35.28
150m:	1:39.14	34.70	550m:	6:17.27	34.71	950m:	10:55.83	34.67	1350m:	15:36.26	35.13
200m:	2:13.57	34.43	600m:	6:52.06	34.79	1000m:	11:30.85	35.02	1400m:	16:11.26	35.00
250m:	2:48.67	35.10	650m:	7:26.24	34.18	1050m:	12:05.62	34.77	1450m:	16:45.28	34.02
300m:	3:23.21	34.54	700m:	8:01.18	34.94	1100m:	12:40.53	34.91	1500m:	17:18.67	33.39
350m:	3:58.05	34.84	750m:	8:36.02	34.84	1150m:	13:15.51	34.98			
400m:	4:33.17	35.12	800m:	9:11.13	35.11	1200m:	13:50.94	35.43			
3.	2007				17:24.51				684		
50m:	32.02	32.02	450m:	5:11.66	34.95	850m:	9:50.68	35.08	1250m:	14:31.36	35.03
100m:	1:07.03	35.01	500m:	5:46.43	34.77	900m:	10:25.62	34.94	1300m:	15:06.60	35.24
150m:	1:42.02	34.99	550m:	6:21.42	34.99	950m:	11:00.68	35.06	1350m:	15:41.56	34.96
200m:	2:16.92	34.90	600m:	6:56.04	34.62	1000m:	11:35.71	35.03	1400m:	16:16.43	34.87
250m:	2:51.67	34.75	650m:	7:30.96	34.92	1050m:	12:10.94	35.23	1450m:	16:51.06	34.63
300m:	3:26.79	35.12	700m:	8:05.86	34.90	1100m:	12:46.11	35.17	1500m:	17:24.51	33.45
350m:	4:01.87	35.08	750m:	8:40.70	34.84	1150m:	13:21.22	35.11			
400m:	4:36.71	34.84	800m:	9:15.60	34.90	1200m:	13:56.33	35.11			
4.	2007				17:42.63				649		
50m:	31.13	31.13	450m:	5:09.74	35.44	850m:	9:54.94	36.21	1250m:	14:44.69	36.39
100m:	1:04.94	33.81	500m:	5:44.65	34.91	900m:	10:31.27	36.33	1300m:	15:20.70	36.01
150m:	1:39.89	34.95	550m:	6:20.12	35.47	950m:	11:07.56	36.29	1350m:	15:56.94	36.24
200m:	2:14.05	34.16	600m:	6:55.48	35.36	1000m:	11:43.40	35.84	1400m:	16:32.60	35.66
250m:	2:49.25	35.20	650m:	7:31.12	35.64	1050m:	12:19.81	36.41	1450m:	17:08.04	35.44
300m:	3:24.18	34.93	700m:	8:06.60	35.48	1100m:	12:55.82	36.01	1500m:	17:42.63	34.59
350m:	3:59.09	34.91	750m:	8:42.57	35.97	1150m:	13:32.06	36.24			
400m:	4:34.30	35.21	800m:	9:18.73	36.16	1200m:	14:08.30	36.24			
5.	2007				17:48.46				639		
50m:	31.99	31.99	450m:	5:15.57	35.89	850m:	10:03.27	35.90	1250m:	14:50.26	35.96
100m:	1:06.56	34.57	500m:	5:51.44	35.87	900m:	10:38.75	35.48	1300m:	15:26.48	36.22
150m:	1:42.08	35.52	550m:	6:27.87	36.43	950m:	11:14.70	35.95	1350m:	16:02.41	35.93
200m:	2:17.17	35.09	600m:	7:03.47	35.60	1000m:	11:50.57	35.87	1400m:	16:38.64	36.23
250m:	2:52.76	35.59	650m:	7:39.22	35.75	1050m:	12:26.45	35.88	1450m:	17:14.41	35.77
300m:	3:28.52	35.76	700m:	8:15.47	36.25	1100m:	13:02.30	35.85	1500m:	17:48.46	34.05
350m:	4:04.17	35.65	750m:	8:51.44	35.97	1150m:	13:38.45	36.15			
400m:	4:39.68	35.51	800m:	9:27.37	35.93	1200m:	14:14.30	35.85			

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ALGE



25, , 1500m , (13-14)

	/				R.T.				FINA			
6.	2007				18:03.57				613			
50m:	32.38	32.38	450m:	5:20.56	35.86	850m:	10:10.17	36.19	1250m:	15:03.45	36.64	
100m:	1:07.58	35.20	500m:	5:56.70	36.14	900m:	10:46.94	36.77	1300m:	15:39.97	36.52	
150m:	1:43.52	35.94	550m:	6:32.30	35.60	950m:	11:23.76	36.82	1350m:	16:16.17	36.20	
200m:	2:19.90	36.38	600m:	7:08.36	36.06	1000m:	12:00.55	36.79	1400m:	16:52.73	36.56	
250m:	2:56.04	36.14	650m:	7:44.30	35.94	1050m:	12:36.77	36.22	1450m:	17:28.87	36.14	
300m:	3:32.33	36.29	700m:	8:20.99	36.69	1100m:	13:13.58	36.81	1500m:	18:03.57	34.70	
350m:	4:08.38	36.05	750m:	8:57.29	36.30	1150m:	13:50.09	36.51				
400m:	4:44.70	36.32	800m:	9:33.98	36.69	1200m:	14:26.81	36.72				
7.	2007 I				18:10.97				600			
50m:	32.20	32.20	450m:	5:21.09	36.43	850m:	10:13.01	36.63	1250m:	15:08.74	37.24	
100m:	1:07.33	35.13	500m:	5:57.57	36.48	900m:	10:50.04	37.03	1300m:	15:45.66	36.92	
150m:	1:43.03	35.70	550m:	6:33.67	36.10	950m:	11:26.58	36.54	1350m:	16:22.68	37.02	
200m:	2:19.03	36.00	600m:	7:10.26	36.59	1000m:	12:03.67	37.09	1400m:	16:59.66	36.98	
250m:	2:55.14	36.11	650m:	7:46.77	36.51	1050m:	12:40.56	36.89	1450m:	17:35.73	36.07	
300m:	3:31.79	36.65	700m:	8:23.35	36.58	1100m:	13:17.38	36.82	1500m:	18:10.97	35.24	
350m:	4:08.30	36.51	750m:	8:59.69	36.34	1150m:	13:54.42	37.04				
400m:	4:44.66	36.36	800m:	9:36.38	36.69	1200m:	14:31.50	37.08				
8.	2008				18:11.47				599			
50m:	31.81	31.81	450m:	5:23.98	36.43	850m:	10:17.43	37.06	1250m:	15:10.85	36.28	
100m:	1:07.85	36.04	500m:	6:00.52	36.54	900m:	10:54.27	36.84	1300m:	15:48.09	37.24	
150m:	1:44.17	36.32	550m:	6:36.84	36.32	950m:	11:31.21	36.94	1350m:	16:24.60	36.51	
200m:	2:21.15	36.98	600m:	7:13.82	36.98	1000m:	12:07.85	36.64	1400m:	17:01.09	36.49	
250m:	2:57.84	36.69	650m:	7:50.66	36.84	1050m:	12:44.51	36.66	1450m:	17:36.71	35.62	
300m:	3:34.41	36.57	700m:	8:27.45	36.79	1100m:	13:21.46	36.95	1500m:	18:11.47	34.76	
350m:	4:10.79	36.38	750m:	9:03.57	36.12	1150m:	13:58.06	36.60				
400m:	4:47.55	36.76	800m:	9:40.37	36.80	1200m:	14:34.57	36.51				
9.	2008				18:12.48				598			
50m:	33.44	33.44	450m:	5:22.02	36.51	850m:	10:14.80	36.69	1250m:	15:11.16	37.10	
100m:	1:08.96	35.52	500m:	5:58.22	36.20	900m:	10:51.46	36.66	1300m:	15:48.05	36.89	
150m:	1:45.02	36.06	550m:	6:34.79	36.57	950m:	11:28.56	37.10	1350m:	16:25.14	37.09	
200m:	2:20.90	35.88	600m:	7:10.98	36.19	1000m:	12:05.22	36.66	1400m:	17:01.59	36.45	
250m:	2:57.11	36.21	650m:	7:48.06	37.08	1050m:	12:42.71	37.49	1450m:	17:37.92	36.33	
300m:	3:32.85	35.74	700m:	8:24.25	36.19	1100m:	13:19.73	37.02	1500m:	18:12.48	34.56	
350m:	4:09.24	36.39	750m:	9:01.29	37.04	1150m:	13:57.01	37.28				
400m:	4:45.51	36.27	800m:	9:38.11	36.82	1200m:	14:34.06	37.05				
10.	2007				18:14.32				595			
50m:	31.76	31.76	450m:	5:16.40	36.27	850m:	10:14.00	37.22	1250m:	15:11.07	36.34	
100m:	1:05.81	34.05	500m:	5:53.23	36.83	900m:	10:51.14	37.14	1300m:	15:47.86	36.79	
150m:	1:40.71	34.90	550m:	6:30.31	37.08	950m:	11:28.29	37.15	1350m:	16:25.06	37.20	
200m:	2:16.41	35.70	600m:	7:07.39	37.08	1000m:	12:06.00	37.71	1400m:	17:03.46	38.40	
250m:	2:51.76	35.35	650m:	7:44.74	37.35	1050m:	12:44.63	38.63	1450m:	17:40.58	37.12	
300m:	3:27.95	36.19	700m:	8:22.24	37.50	1100m:	13:21.89	37.26	1500m:	18:14.32	33.74	
350m:	4:03.84	35.89	750m:	8:59.73	37.49	1150m:	13:58.22	36.33				
400m:	4:40.13	36.29	800m:	9:36.78	37.05	1200m:	14:34.73	36.51				
11.	2008				18:15.72				592			
50m:	32.47	32.47	450m:	5:22.17	36.53	850m:	10:16.96	36.94	1250m:	15:13.08	36.89	
100m:	1:08.31	35.84	500m:	5:59.26	37.09	900m:	10:53.95	36.99	1300m:	15:50.35	37.27	
150m:	1:44.87	36.56	550m:	6:36.31	37.05	950m:	11:30.75	36.80	1350m:	16:27.26	36.91	
200m:	2:21.23	36.36	600m:	7:13.04	36.73	1000m:	12:08.05	37.30	1400m:	17:04.13	36.87	
250m:	2:57.43	36.20	650m:	7:49.72	36.68	1050m:	12:45.33	37.28	1450m:	17:40.55	36.42	
300m:	3:33.34	35.91	700m:	8:26.57	36.85	1100m:	13:22.06	36.73	1500m:	18:15.72	35.17	
350m:	4:09.53	36.19	750m:	9:03.31	36.74	1150m:	13:59.11	37.05				
400m:	4:45.64	36.11	800m:	9:40.02	36.71	1200m:	14:36.19	37.08				



25, , 1500m , (13-14)

								R.T.		FINA		
12.				2007	I			18:17.72		589		
	50m:	33.44	33.44	450m:	5:21.74	36.65	850m:	10:16.37	37.42	1250m:	15:12.88	37.46
	100m:	1:08.77	35.33	500m:	5:58.06	36.32	900m:	10:53.43	37.06	1300m:	15:50.06	37.18
	150m:	1:44.64	35.87	550m:	6:34.82	36.76	950m:	11:31.26	37.83	1350m:	16:27.94	37.88
	200m:	2:20.64	36.00	600m:	7:11.40	36.58	1000m:	12:07.96	36.70	1400m:	17:05.47	37.53
	250m:	2:56.79	36.15	650m:	7:48.38	36.98	1050m:	12:44.88	36.92	1450m:	17:42.86	37.39
	300m:	3:32.80	36.01	700m:	8:24.99	36.61	1100m:	13:21.48	36.60	1500m:	18:17.72	34.86
	350m:	4:09.08	36.28	750m:	9:02.16	37.17	1150m:	13:58.53	37.05			
	400m:	4:45.09	36.01	800m:	9:38.95	36.79	1200m:	14:35.42	36.89			
13.				2007				18:17.77		589		
	50m:	32.61	32.61	450m:	5:27.02	37.18	850m:	10:20.49	36.85	1250m:	15:17.63	36.75
	100m:	1:08.96	36.35	500m:	6:03.69	36.67	900m:	10:57.58	37.09	1300m:	15:54.58	36.95
	150m:	1:45.60	36.64	550m:	6:40.31	36.62	950m:	11:34.78	37.20	1350m:	16:31.01	36.43
	200m:	2:22.20	36.60	600m:	7:16.75	36.44	1000m:	12:12.32	37.54	1400m:	17:07.45	36.44
	250m:	2:58.97	36.77	650m:	7:53.37	36.62	1050m:	12:49.54	37.22	1450m:	17:43.26	35.81
	300m:	3:35.61	36.64	700m:	8:30.17	36.80	1100m:	13:26.59	37.05	1500m:	18:17.77	34.51
	350m:	4:12.45	36.84	750m:	9:07.08	36.91	1150m:	14:03.84	37.25			
	400m:	4:49.84	37.39	800m:	9:43.64	36.56	1200m:	14:40.88	37.04			
14.				2007				18:17.83		589		
	50m:	32.92	32.92	450m:	5:23.09	36.95	850m:	10:17.60	37.43	1250m:	15:12.75	37.33
	100m:	1:07.96	35.04	500m:	5:59.62	36.53	900m:	10:54.46	36.86	1300m:	15:50.06	37.31
	150m:	1:44.13	36.17	550m:	6:36.68	37.06	950m:	11:31.63	37.17	1350m:	16:28.08	38.02
	200m:	2:19.92	35.79	600m:	7:13.10	36.42	1000m:	12:08.32	36.69	1400m:	17:05.66	37.58
	250m:	2:56.53	36.61	650m:	7:49.99	36.89	1050m:	12:45.26	36.94	1450m:	17:42.61	36.95
	300m:	3:32.93	36.40	700m:	8:26.49	36.50	1100m:	13:21.91	36.65	1500m:	18:17.83	35.22
	350m:	4:09.83	36.90	750m:	9:03.59	37.10	1150m:	13:58.76	36.85			
	400m:	4:46.14	36.31	800m:	9:40.17	36.58	1200m:	14:35.42	36.66			
15.				2007				18:22.45		582		
	50m:	31.53	31.53	450m:	5:20.72	37.04	850m:	10:16.67	37.27	1250m:	15:16.30	37.71
	100m:	1:06.38	34.85	500m:	5:57.41	36.69	900m:	10:53.78	37.11	1300m:	15:53.75	37.45
	150m:	1:42.20	35.82	550m:	6:34.72	37.31	950m:	11:31.66	37.88	1350m:	16:32.30	38.55
	200m:	2:18.09	35.89	600m:	7:11.32	36.60	1000m:	12:08.53	36.87	1400m:	17:09.68	37.38
	250m:	2:54.33	36.24	650m:	7:48.50	37.18	1050m:	12:45.85	37.32	1450m:	17:46.50	36.82
	300m:	3:30.72	36.39	700m:	8:25.48	36.98	1100m:	13:23.29	37.44	1500m:	18:22.45	35.95
	350m:	4:07.21	36.49	750m:	9:02.29	36.81	1150m:	14:00.95	37.66			
	400m:	4:43.68	36.47	800m:	9:39.40	37.11	1200m:	14:38.59	37.64			
16.				2008	I			18:22.87		581		
	50m:	32.70	32.70	450m:	5:27.96	36.79	850m:	10:22.86	37.00	1250m:	15:21.01	37.21
	100m:	1:09.43	36.73	500m:	6:04.66	36.70	900m:	10:59.73	36.87	1300m:	15:57.87	36.86
	150m:	1:46.87	37.44	550m:	6:41.27	36.61	950m:	11:37.22	37.49	1350m:	16:35.09	37.22
	200m:	2:23.19	36.32	600m:	7:18.26	36.99	1000m:	12:14.42	37.20	1400m:	17:11.70	36.61
	250m:	3:00.34	37.15	650m:	7:54.89	36.63	1050m:	12:52.49	38.07	1450m:	17:48.36	36.66
	300m:	3:37.09	36.75	700m:	8:31.80	36.91	1100m:	13:29.47	36.98	1500m:	18:22.87	34.51
	350m:	4:14.46	37.37	750m:	9:08.88	37.08	1150m:	14:06.37	36.90			
	400m:	4:51.17	36.71	800m:	9:45.86	36.98	1200m:	14:43.80	37.43			
17.				2008				18:30.70		569		
	50m:	33.63	33.63	450m:	5:29.39	37.14	850m:	10:27.64	36.78	1250m:	15:25.12	37.97
	100m:	1:10.89	37.26	500m:	6:06.69	37.30	900m:	11:04.83	37.19	1300m:	16:03.09	37.97
	150m:	1:48.01	37.12	550m:	6:43.61	36.92	950m:	11:41.48	36.65	1350m:	16:39.90	36.81
	200m:	2:24.78	36.77	600m:	7:21.14	37.53	1000m:	12:18.65	37.17	1400m:	17:17.06	37.16
	250m:	3:01.87	37.09	650m:	7:58.44	37.30	1050m:	12:55.32	36.67	1450m:	17:54.06	37.00
	300m:	3:38.54	36.67	700m:	8:36.06	37.62	1100m:	13:32.49	37.17	1500m:	18:30.70	36.64
	350m:	4:15.16	36.62	750m:	9:13.03	36.97	1150m:	14:09.56	37.07			
	400m:	4:52.25	37.09	800m:	9:50.86	37.83	1200m:	14:47.15	37.59			



25, 1500m (13-14)

	/				R.T.				FINA					
18.	2007				18:31.65				567					
	50m:	33.34	33.34	450m:	5:28.65	36.62	850m:	10:27.44	37.09	1250m:	15:27.82	37.46		
	100m:	1:09.66	36.32	500m:	6:06.30	37.65	900m:	11:05.26	37.82	1300m:	16:05.71	37.89		
	150m:	1:46.17	36.51	550m:	6:43.24	36.94	950m:	11:42.67	37.41	1350m:	16:42.73	37.02		
	200m:	2:23.69	37.52	600m:	7:20.86	37.62	1000m:	12:20.41	37.74	1400m:	17:20.25	37.52		
	250m:	3:00.33	36.64	650m:	7:57.89	37.03	1050m:	12:57.74	37.33	1450m:	17:56.73	36.48		
	300m:	3:37.67	37.34	700m:	8:35.60	37.71	1100m:	13:35.15	37.41	1500m:	18:31.65	34.92		
	350m:	4:14.55	36.88	750m:	9:12.71	37.11	1150m:	14:12.41	37.26					
	400m:	4:52.03	37.48	800m:	9:50.35	37.64	1200m:	14:50.36	37.95					
	2007				18:31.65				567					
	50m:	33.13	33.13	450m:	5:25.93	37.62	850m:	10:27.43	37.66	1250m:	15:28.14	37.74		
	100m:	1:08.24	35.11	500m:	6:03.59	37.66	900m:	11:05.34	37.91	1300m:	16:05.88	37.74		
	150m:	1:44.19	35.95	550m:	6:41.46	37.87	950m:	11:42.80	37.46	1350m:	16:43.16	37.28		
	200m:	2:20.21	36.02	600m:	7:18.78	37.32	1000m:	12:20.40	37.60	1400m:	17:20.74	37.58		
	250m:	2:57.20	36.99	650m:	7:56.70	37.92	1050m:	12:57.99	37.59	1450m:	17:57.11	36.37		
	300m:	3:34.19	36.99	700m:	8:34.27	37.57	1100m:	13:35.42	37.43	1500m:	18:31.65	34.54		
	350m:	4:11.34	37.15	750m:	9:11.90	37.63	1150m:	14:12.63	37.21					
	400m:	4:48.31	36.97	800m:	9:49.77	37.87	1200m:	14:50.40	37.77					
20.	2008				18:32.19				566					
	50m:	33.77	33.77	450m:	5:29.31	37.16	850m:	10:25.95	37.30	1250m:	15:27.69	38.04		
	100m:	1:10.66	36.89	500m:	6:05.93	36.62	900m:	11:03.21	37.26	1300m:	16:05.57	37.88		
	150m:	1:47.58	36.92	550m:	6:42.74	36.81	950m:	11:40.55	37.34	1350m:	16:43.01	37.44		
	200m:	2:24.57	36.99	600m:	7:19.47	36.73	1000m:	12:18.11	37.56	1400m:	17:20.53	37.52		
	250m:	3:01.51	36.94	650m:	7:56.45	36.98	1050m:	12:56.38	38.27	1450m:	17:57.24	36.71		
	300m:	3:38.55	37.04	700m:	8:33.73	37.28	1100m:	13:34.03	37.65	1500m:	18:32.19	34.95		
	350m:	4:15.40	36.85	750m:	9:11.09	37.36	1150m:	14:11.73	37.70					
	400m:	4:52.15	36.75	800m:	9:48.65	37.56	1200m:	14:49.65	37.92					
21.	2008				18:35.16				562					
	50m:	32.74	32.74	450m:	5:28.78	37.43	850m:	10:28.48	37.75	1250m:	15:30.05	38.21		
	100m:	1:08.73	35.99	500m:	6:06.31	37.53	900m:	11:05.52	37.04	1300m:	16:08.04	37.99		
	150m:	1:45.42	36.69	550m:	6:43.34	37.03	950m:	11:43.14	37.62	1350m:	16:46.34	38.30		
	200m:	2:22.65	37.23	600m:	7:20.64	37.30	1000m:	12:20.57	37.43	1400m:	17:23.42	37.08		
	250m:	2:59.64	36.99	650m:	7:57.97	37.33	1050m:	12:58.69	38.12	1450m:	18:00.80	37.38		
	300m:	3:36.95	37.31	700m:	8:35.62	37.65	1100m:	13:35.85	37.16	1500m:	18:35.16	34.36		
	350m:	4:14.41	37.46	750m:	9:13.15	37.53	1150m:	14:13.87	38.02					
	400m:	4:51.35	36.94	800m:	9:50.73	37.58	1200m:	14:51.84	37.97					
22.	2008 I				18:36.05				561					
	50m:	33.91	33.91	450m:	5:34.28	37.84	850m:	10:33.17	36.95	1250m:	15:30.60	37.29		
	100m:	1:10.99	37.08	500m:	6:11.04	36.76	900m:	11:10.04	36.87	1300m:	16:08.19	37.59		
	150m:	1:48.77	37.78	550m:	6:49.06	38.02	950m:	11:46.97	36.93	1350m:	16:45.53	37.34		
	200m:	2:26.06	37.29	600m:	7:27.03	37.97	1000m:	12:24.14	37.17	1400m:	17:22.83	37.30		
	250m:	3:03.67	37.61	650m:	8:05.00	37.97	1050m:	13:01.65	37.51	1450m:	18:00.23	37.40		
	300m:	3:40.54	36.87	700m:	8:42.07	37.07	1100m:	13:38.72	37.07	1500m:	18:36.05	35.82		
	350m:	4:18.48	37.94	750m:	9:19.40	37.33	1150m:	14:16.14	37.42					
	400m:	4:56.44	37.96	800m:	9:56.22	36.82	1200m:	14:53.31	37.17					
23.	2007				18:41.14				553					
	50m:	35.10	35.10	450m:	5:33.17	37.70	850m:	10:33.79	37.83	1250m:	15:37.30	37.98		
	100m:	1:12.92	37.82	500m:	6:10.51	37.34	900m:	11:11.44	37.65	1300m:	16:14.61	37.31		
	150m:	1:50.18	37.26	550m:	6:48.05	37.54	950m:	11:49.72	38.28	1350m:	16:52.44	37.83		
	200m:	2:27.17	36.99	600m:	7:25.81	37.76	1000m:	12:27.75	38.03	1400m:	17:30.23	37.79		
	250m:	3:04.04	36.87	650m:	8:03.71	37.90	1050m:	13:05.56	37.81	1450m:	18:07.63	37.40		
	300m:	3:41.02	36.98	700m:	8:40.89	37.18	1100m:	13:43.43	37.87	1500m:	18:41.14	33.51		
	350m:	4:17.80	36.78	750m:	9:18.91	38.02	1150m:	14:21.28	37.85					
	400m:	4:55.47	37.67	800m:	9:55.96	37.05	1200m:	14:59.32	38.04					



25, , 1500m , (13-14)

	/				R.T.				FINA			
24.	2008 I				18:41.23				553			
50m:	34.10	34.10	450m:	5:31.52	37.70	850m:	10:33.73	37.70	1250m:	15:38.10	38.55	
100m:	1:11.13	37.03	500m:	6:09.46	37.94	900m:	11:11.28	37.55	1300m:	16:14.46	36.36	
150m:	1:48.50	37.37	550m:	6:47.13	37.67	950m:	11:49.69	38.41	1350m:	16:52.33	37.87	
200m:	2:25.01	36.51	600m:	7:25.16	38.03	1000m:	12:27.37	37.68	1400m:	17:29.92	37.59	
250m:	3:02.39	37.38	650m:	8:03.19	38.03	1050m:	13:05.70	38.33	1450m:	18:07.28	37.36	
300m:	3:38.91	36.52	700m:	8:40.53	37.34	1100m:	13:43.51	37.81	1500m:	18:41.23	33.95	
350m:	4:16.20	37.29	750m:	9:18.82	38.29	1150m:	14:21.68	38.17				
400m:	4:53.82	37.62	800m:	9:56.03	37.21	1200m:	14:59.55	37.87				
25.	2008				18:43.85				549			
50m:	34.34	34.34	450m:	5:32.71	37.17	850m:	10:33.29	37.75	1250m:	15:36.65	37.27	
100m:	1:11.31	36.97	500m:	6:10.51	37.80	900m:	11:11.16	37.87	1300m:	16:15.10	38.45	
150m:	1:48.07	36.76	550m:	6:47.69	37.18	950m:	11:48.84	37.68	1350m:	16:52.71	37.61	
200m:	2:26.17	38.10	600m:	7:25.43	37.74	1000m:	12:26.90	38.06	1400m:	17:31.22	38.51	
250m:	3:02.90	36.73	650m:	8:02.45	37.02	1050m:	13:04.98	38.08	1450m:	18:07.90	36.68	
300m:	3:41.00	38.10	700m:	8:40.39	37.94	1100m:	13:42.96	37.98	1500m:	18:43.85	35.95	
350m:	4:17.82	36.82	750m:	9:17.62	37.23	1150m:	14:20.84	37.88				
400m:	4:55.54	37.72	800m:	9:55.54	37.92	1200m:	14:59.38	38.54				
26.	2008 I				18:47.53				544			
50m:	33.53	33.53	450m:	5:32.51	37.92	850m:	10:36.91	38.26	1250m:	15:41.18	38.34	
100m:	1:10.10	36.57	500m:	6:10.57	38.06	900m:	11:14.57	37.66	1300m:	16:19.38	38.20	
150m:	1:47.17	37.07	550m:	6:48.50	37.93	950m:	11:53.03	38.46	1350m:	16:57.72	38.34	
200m:	2:24.10	36.93	600m:	7:25.75	37.25	1000m:	12:30.97	37.94	1400m:	17:35.06	37.34	
250m:	3:01.56	37.46	650m:	8:03.99	38.24	1050m:	13:09.04	38.07	1450m:	18:12.39	37.33	
300m:	3:38.70	37.14	700m:	8:42.31	38.32	1100m:	13:46.83	37.79	1500m:	18:47.53	35.14	
350m:	4:16.67	37.97	750m:	9:20.38	38.07	1150m:	14:24.95	38.12				
400m:	4:54.59	37.92	800m:	9:58.65	38.27	1200m:	15:02.84	37.89				
27.	2008 I				18:47.85				543			
50m:	33.71	33.71	450m:	5:36.01	37.88	850m:	10:38.78	37.90	1250m:	15:42.29	37.84	
100m:	1:10.55	36.84	500m:	6:13.94	37.93	900m:	11:16.68	37.90	1300m:	16:20.13	37.84	
150m:	1:48.79	38.24	550m:	6:52.29	38.35	950m:	11:54.65	37.97	1350m:	16:58.04	37.91	
200m:	2:26.54	37.75	600m:	7:29.96	37.67	1000m:	12:32.27	37.62	1400m:	17:35.79	37.75	
250m:	3:04.24	37.70	650m:	8:08.04	38.08	1050m:	13:10.54	38.27	1450m:	18:12.56	36.77	
300m:	3:42.11	37.87	700m:	8:45.86	37.82	1100m:	13:48.41	37.87	1500m:	18:47.85	35.29	
350m:	4:20.28	38.17	750m:	9:23.51	37.65	1150m:	14:26.41	38.00				
400m:	4:58.13	37.85	800m:	10:00.88	37.37	1200m:	15:04.45	38.04				
28.	2008 I				18:47.97				543			
50m:	32.84	32.84	450m:	5:33.45	38.31	850m:	10:36.02	38.30	1250m:	15:42.19	38.05	
100m:	1:08.64	35.80	500m:	6:10.81	37.36	900m:	11:14.12	38.10	1300m:	16:20.25	38.06	
150m:	1:46.23	37.59	550m:	6:48.37	37.56	950m:	11:52.22	38.10	1350m:	16:57.62	37.37	
200m:	2:23.71	37.48	600m:	7:25.33	36.96	1000m:	12:30.07	37.85	1400m:	17:35.87	38.25	
250m:	3:01.56	37.85	650m:	8:03.32	37.99	1050m:	13:09.28	39.21	1450m:	18:11.73	35.86	
300m:	3:39.32	37.76	700m:	8:41.70	38.38	1100m:	13:47.77	38.49	1500m:	18:47.97	36.24	
350m:	4:17.43	38.11	750m:	9:19.48	37.78	1150m:	14:25.91	38.14				
400m:	4:55.14	37.71	800m:	9:57.72	38.24	1200m:	15:04.14	38.23				
29.	2007				18:49.88				540			
50m:	32.73	32.73	450m:	5:28.70	37.89	850m:	10:37.28	39.08	1250m:	15:41.69	38.43	
100m:	1:07.97	35.24	500m:	6:07.21	38.51	900m:	11:16.13	38.85	1300m:	16:20.08	38.39	
150m:	1:44.31	36.34	550m:	6:45.20	37.99	950m:	11:54.02	37.89	1350m:	16:57.87	37.79	
200m:	2:21.27	36.96	600m:	7:23.31	38.11	1000m:	12:31.71	37.69	1400m:	17:36.21	38.34	
250m:	2:58.65	37.38	650m:	8:01.73	38.42	1050m:	13:09.06	37.35	1450m:	18:13.92	37.71	
300m:	3:35.92	37.27	700m:	8:40.36	38.63	1100m:	13:47.25	38.19	1500m:	18:49.88	35.96	
350m:	4:12.97	37.05	750m:	9:19.27	38.91	1150m:	14:25.11	37.86				
400m:	4:50.81	37.84	800m:	9:58.20	38.93	1200m:	15:03.26	38.15				



25, , 1500m , (13-14)

	/				R.T.				FINA					
30.	2007				18:49.94				540					
	50m:	33.58	33.58	450m:	5:29.77	37.52	850m:	10:32.01	37.99	1250m:	15:38.70	38.57		
	100m:	1:10.01	36.43	500m:	6:07.19	37.42	900m:	11:10.16	38.15	1300m:	16:17.10	38.40		
	150m:	1:46.40	36.39	550m:	6:44.74	37.55	950m:	11:48.57	38.41	1350m:	16:55.50	38.40		
	200m:	2:23.25	36.85	600m:	7:22.71	37.97	1000m:	12:26.79	38.22	1400m:	17:33.93	38.43		
	250m:	3:00.22	36.97	650m:	8:00.43	37.72	1050m:	13:05.42	38.63	1450m:	18:12.19	38.26		
	300m:	3:37.28	37.06	700m:	8:38.13	37.70	1100m:	13:43.52	38.10	1500m:	18:49.94	37.75		
	350m:	4:14.44	37.16	750m:	9:16.18	38.05	1150m:	14:21.69	38.17					
	400m:	4:52.25	37.81	800m:	9:54.02	37.84	1200m:	15:00.13	38.44					
31.	2008 I				18:51.29				538					
	50m:	33.07	33.07	450m:	5:34.40	38.11	850m:	10:39.15	38.15	1250m:	15:44.94	38.60		
	100m:	1:09.69	36.62	500m:	6:11.60	37.20	900m:	11:17.03	37.88	1300m:	16:22.62	37.68		
	150m:	1:47.45	37.76	550m:	6:50.08	38.48	950m:	11:55.54	38.51	1350m:	17:01.82	39.20		
	200m:	2:24.90	37.45	600m:	7:28.24	38.16	1000m:	12:33.64	38.10	1400m:	17:37.78	35.96		
	250m:	3:03.00	38.10	650m:	8:06.95	38.71	1050m:	13:12.43	38.79	1450m:	18:15.95	38.17		
	300m:	3:40.56	37.56	700m:	8:44.63	37.68	1100m:	13:50.77	38.34	1500m:	18:51.29	35.34		
	350m:	4:18.74	38.18	750m:	9:23.68	39.05	1150m:	14:28.94	38.17					
	400m:	4:56.29	37.55	800m:	10:01.00	37.32	1200m:	15:06.34	37.40					
32.	2007				18:52.66				536					
	50m:	33.80	33.80	450m:	5:35.94	38.26	850m:	10:39.64	38.38	1250m:	15:44.55	37.93		
	100m:	1:11.06	37.26	500m:	6:13.47	37.53	900m:	11:17.49	37.85	1300m:	16:23.54	38.99		
	150m:	1:48.75	37.69	550m:	6:50.91	37.44	950m:	11:55.50	38.01	1350m:	17:01.60	38.06		
	200m:	2:26.34	37.59	600m:	7:28.70	37.79	1000m:	12:34.36	38.86	1400m:	17:40.01	38.41		
	250m:	3:04.60	38.26	650m:	8:06.61	37.91	1050m:	13:12.18	37.82	1450m:	18:17.03	37.02		
	300m:	3:42.51	37.91	700m:	8:45.28	38.67	1100m:	13:49.99	37.81	1500m:	18:52.66	35.63		
	350m:	4:19.66	37.15	750m:	9:23.16	37.88	1150m:	14:27.87	37.88					
	400m:	4:57.68	38.02	800m:	10:01.26	38.10	1200m:	15:06.62	38.75					
33.	2008				18:52.67				536					
	50m:	33.83	33.83	450m:	5:36.67	37.96	850m:	10:37.91	38.32	1250m:	15:44.68	38.50		
	100m:	1:11.16	37.33	500m:	6:14.55	37.88	900m:	11:16.12	38.21	1300m:	16:22.74	38.06		
	150m:	1:49.16	38.00	550m:	6:51.95	37.40	950m:	11:54.41	38.29	1350m:	17:00.87	38.13		
	200m:	2:27.02	37.86	600m:	7:29.66	37.71	1000m:	12:32.65	38.24	1400m:	17:38.31	37.44		
	250m:	3:04.94	37.92	650m:	8:07.28	37.62	1050m:	13:11.01	38.36	1450m:	18:15.97	37.66		
	300m:	3:42.73	37.79	700m:	8:44.51	37.23	1100m:	13:49.67	38.66	1500m:	18:52.67	36.70		
	350m:	4:20.56	37.83	750m:	9:22.09	37.58	1150m:	14:28.20	38.53					
	400m:	4:58.71	38.15	800m:	9:59.59	37.50	1200m:	15:06.18	37.98					
34.	2007				18:52.86				536					
	50m:	32.52	32.52	450m:	5:31.99	38.04	850m:	10:37.31	38.21	1250m:	15:44.45	38.56		
	100m:	1:09.10	36.58	500m:	6:10.12	38.13	900m:	11:15.89	38.58	1300m:	16:23.19	38.74		
	150m:	1:45.80	36.70	550m:	6:47.74	37.62	950m:	11:54.18	38.29	1350m:	17:01.69	38.50		
	200m:	2:23.13	37.33	600m:	7:25.93	38.19	1000m:	12:32.52	38.34	1400m:	17:40.17	38.48		
	250m:	3:00.68	37.55	650m:	8:03.98	38.05	1050m:	13:10.37	37.85	1450m:	18:17.61	37.44		
	300m:	3:38.35	37.67	700m:	8:42.22	38.24	1100m:	13:48.78	38.41	1500m:	18:52.86	35.25		
	350m:	4:16.01	37.66	750m:	9:20.34	38.12	1150m:	14:27.30	38.52					
	400m:	4:53.95	37.94	800m:	9:59.10	38.76	1200m:	15:05.89	38.59					
35.	2007 I				18:53.68				535					
	50m:	32.63	32.63	450m:	5:34.19	37.81	850m:	10:39.57	38.18	1250m:	15:46.21	38.18		
	100m:	1:09.79	37.16	500m:	6:12.16	37.97	900m:	11:17.89	38.32	1300m:	16:24.15	37.94		
	150m:	1:47.22	37.43	550m:	6:50.54	38.38	950m:	11:56.52	38.63	1350m:	17:02.64	38.49		
	200m:	2:24.77	37.55	600m:	7:28.94	38.40	1000m:	12:35.30	38.78	1400m:	17:40.67	38.03		
	250m:	3:02.39	37.62	650m:	8:07.12	38.18	1050m:	13:13.44	38.14	1450m:	18:18.21	37.54		
	300m:	3:40.45	38.06	700m:	8:45.22	38.10	1100m:	13:51.75	38.31	1500m:	18:53.68	35.47		
	350m:	4:18.33	37.88	750m:	9:23.39	38.17	1150m:	14:30.19	38.44					
	400m:	4:56.38	38.05	800m:	10:01.39	38.00	1200m:	15:08.03	37.84					



25, 1500m (13-14)

					R.T.				FINA					
36.	2008				18:54.20				534					
	50m:	34.98	34.98	450m:	5:40.10	38.02	850m:	10:46.09	38.15	1250m:	15:47.40	37.67		
	100m:	1:13.67	38.69	500m:	6:18.21	38.11	900m:	11:23.84	37.75	1300m:	16:25.09	37.69		
	150m:	1:52.08	38.41	550m:	6:56.50	38.29	950m:	12:01.26	37.42	1350m:	17:02.96	37.87		
	200m:	2:30.58	38.50	600m:	7:34.62	38.12	1000m:	12:39.18	37.92	1400m:	17:40.83	37.87		
	250m:	3:08.73	38.15	650m:	8:12.84	38.22	1050m:	13:16.96	37.78	1450m:	18:17.79	36.96		
	300m:	3:46.55	37.82	700m:	8:51.43	38.59	1100m:	13:54.69	37.73	1500m:	18:54.20	36.41		
	350m:	4:24.23	37.68	750m:	9:29.64	38.21	1150m:	14:32.24	37.55					
	400m:	5:02.08	37.85	800m:	10:07.94	38.30	1200m:	15:09.73	37.49					
37.	2007				18:54.24				534					
	50m:	34.16	34.16	450m:	5:37.61	38.11	850m:	10:42.40	38.21	1250m:	15:47.15	38.17		
	100m:	1:10.83	36.67	500m:	6:15.63	38.02	900m:	11:20.63	38.23	1300m:	16:25.55	38.40		
	150m:	1:48.64	37.81	550m:	6:53.83	38.20	950m:	11:58.94	38.31	1350m:	17:03.23	37.68		
	200m:	2:26.33	37.69	600m:	7:31.63	37.80	1000m:	12:36.80	37.86	1400m:	17:41.21	37.98		
	250m:	3:04.68	38.35	650m:	8:09.95	38.32	1050m:	13:14.80	38.00	1450m:	18:19.15	37.94		
	300m:	3:42.87	38.19	700m:	8:48.29	38.34	1100m:	13:52.61	37.81	1500m:	18:54.24	35.09		
	350m:	4:21.31	38.44	750m:	9:26.21	37.92	1150m:	14:30.84	38.23					
	400m:	4:59.50	38.19	800m:	10:04.19	37.98	1200m:	15:08.98	38.14					
38.	2007				18:55.16				533					
	50m:	32.70	32.70	450m:	5:29.16	37.71	850m:	10:36.69	38.51	1250m:	15:45.39	38.17		
	100m:	1:08.87	36.17	500m:	6:07.21	38.05	900m:	11:15.27	38.58	1300m:	16:23.70	38.31		
	150m:	1:45.45	36.58	550m:	6:45.86	38.65	950m:	11:53.95	38.68	1350m:	17:02.00	38.30		
	200m:	2:22.44	36.99	600m:	7:23.90	38.04	1000m:	12:33.12	39.17	1400m:	17:40.15	38.15		
	250m:	2:59.40	36.96	650m:	8:01.97	38.07	1050m:	13:11.59	38.47	1450m:	18:17.77	37.62		
	300m:	3:36.75	37.35	700m:	8:40.73	38.76	1100m:	13:50.08	38.49	1500m:	18:55.16	37.39		
	350m:	4:14.06	37.31	750m:	9:19.65	38.92	1150m:	14:28.64	38.56					
	400m:	4:51.45	37.39	800m:	9:58.18	38.53	1200m:	15:07.22	38.58					
39.	2007				18:57.82				529					
	50m:	33.58	33.58	450m:	5:37.18	38.28	850m:	10:40.52	38.12	1250m:	15:47.94	38.64		
	100m:	1:11.23	37.65	500m:	6:14.99	37.81	900m:	11:18.60	38.08	1300m:	16:26.46	38.52		
	150m:	1:49.43	38.20	550m:	6:52.53	37.54	950m:	11:56.75	38.15	1350m:	17:04.95	38.49		
	200m:	2:27.40	37.97	600m:	7:30.32	37.79	1000m:	12:35.28	38.53	1400m:	17:43.44	38.49		
	250m:	3:05.63	38.23	650m:	8:07.97	37.65	1050m:	13:13.69	38.41	1450m:	18:20.93	37.49		
	300m:	3:43.48	37.85	700m:	8:46.19	38.22	1100m:	13:52.14	38.45	1500m:	18:57.82	36.89		
	350m:	4:21.09	37.61	750m:	9:24.35	38.16	1150m:	14:30.52	38.38					
	400m:	4:58.90	37.81	800m:	10:02.40	38.05	1200m:	15:09.30	38.78					
40.	2007				18:58.97				527					
	50m:	31.63	31.63	450m:	5:33.96	38.12	850m:	10:39.97	38.44	1250m:	15:49.00	38.57		
	100m:	1:08.03	36.40	500m:	6:12.32	38.36	900m:	11:18.64	38.67	1300m:	16:27.73	38.73		
	150m:	1:46.05	38.02	550m:	6:50.40	38.08	950m:	11:57.23	38.59	1350m:	17:06.38	38.65		
	200m:	2:23.80	37.75	600m:	7:28.61	38.21	1000m:	12:35.69	38.46	1400m:	17:45.28	38.90		
	250m:	3:01.85	38.05	650m:	8:06.69	38.08	1050m:	13:14.60	38.91	1450m:	18:22.74	37.46		
	300m:	3:39.71	37.86	700m:	8:44.60	37.91	1100m:	13:53.09	38.49	1500m:	18:58.97	36.23		
	350m:	4:17.73	38.02	750m:	9:23.00	38.40	1150m:	14:31.62	38.53					
	400m:	4:55.84	38.11	800m:	10:01.53	38.53	1200m:	15:10.43	38.81					
41.	2007				18:59.06				527					
	50m:	33.09	33.09	450m:	5:34.26	38.06	850m:	10:39.77	38.35	1250m:	15:48.60	38.75		
	100m:	1:08.97	35.88	500m:	6:12.24	37.98	900m:	11:18.28	38.51	1300m:	16:27.77	39.17		
	150m:	1:46.31	37.34	550m:	6:49.95	37.71	950m:	11:56.75	38.47	1350m:	17:06.07	38.30		
	200m:	2:23.94	37.63	600m:	7:28.16	38.21	1000m:	12:35.32	38.57	1400m:	17:44.52	38.45		
	250m:	3:01.60	37.66	650m:	8:06.47	38.31	1050m:	13:13.87	38.55	1450m:	18:22.76	38.24		
	300m:	3:39.64	38.04	700m:	8:44.67	38.20	1100m:	13:52.46	38.59	1500m:	18:59.06	36.30		
	350m:	4:17.78	38.14	750m:	9:23.16	38.49	1150m:	14:31.27	38.81					
	400m:	4:56.20	38.42	800m:	10:01.42	38.26	1200m:	15:09.85	38.58					





25, 1500m (13-14)

								R.T.			FINA	
42.			2008	I				18:59.34	I		527	
	50m:	34.89	34.89	450m:	5:34.94	38.05	850m:	10:41.14	38.77	1250m:	15:50.28	39.02
	100m:	1:11.40	36.51	500m:	6:12.92	37.98	900m:	11:19.61	38.47	1300m:	16:28.62	38.34
	150m:	1:48.83	37.43	550m:	6:51.22	38.30	950m:	11:58.27	38.66	1350m:	17:07.29	38.67
	200m:	2:26.41	37.58	600m:	7:28.99	37.77	1000m:	12:36.57	38.30	1400m:	17:45.96	38.67
	250m:	3:04.18	37.77	650m:	8:07.30	38.31	1050m:	13:15.45	38.88	1450m:	18:23.60	37.64
	300m:	3:41.51	37.33	700m:	8:45.52	38.22	1100m:	13:53.95	38.50	1500m:	18:59.34	35.74
	350m:	4:19.33	37.82	750m:	9:24.11	38.59	1150m:	14:32.51	38.56			
	400m:	4:56.89	37.56	800m:	10:02.37	38.26	1200m:	15:11.26	38.75			
43.			2007					19:02.47	I		523	
	50m:	32.58	32.58	450m:	5:35.00	38.29	850m:	10:42.96	38.46	1250m:	15:53.95	39.21
	100m:	1:09.28	36.70	500m:	6:13.08	38.08	900m:	11:21.47	38.51	1300m:	16:31.46	37.51
	150m:	1:46.93	37.65	550m:	6:51.83	38.75	950m:	12:00.63	39.16	1350m:	17:10.58	39.12
	200m:	2:24.43	37.50	600m:	7:30.08	38.25	1000m:	12:39.10	38.47	1400m:	17:49.14	38.56
	250m:	3:02.49	38.06	650m:	8:08.46	38.38	1050m:	13:18.63	39.53	1450m:	18:27.80	38.66
	300m:	3:40.37	37.88	700m:	8:46.82	38.36	1100m:	13:57.28	38.65	1500m:	19:02.47	34.67
	350m:	4:18.85	38.48	750m:	9:26.10	39.28	1150m:	14:36.14	38.86			
	400m:	4:56.71	37.86	800m:	10:04.50	38.40	1200m:	15:14.74	38.60			
44.			2007					19:03.28	I		521	
	50m:	35.78	35.78	450m:	5:40.46	38.11	850m:	10:47.11	38.39	1250m:	15:54.88	38.25
	100m:	1:14.36	38.58	500m:	6:18.66	38.20	900m:	11:25.79	38.68	1300m:	16:33.48	38.60
	150m:	1:54.02	39.66	550m:	6:56.74	38.08	950m:	12:03.73	37.94	1350m:	17:11.57	38.09
	200m:	2:31.98	37.96	600m:	7:35.13	38.39	1000m:	12:42.27	38.54	1400m:	17:49.46	37.89
	250m:	3:09.35	37.37	650m:	8:13.09	37.96	1050m:	13:20.43	38.16	1450m:	18:26.82	37.36
	300m:	3:46.83	37.48	700m:	8:51.81	38.72	1100m:	13:59.24	38.81	1500m:	19:03.28	36.46
	350m:	4:24.19	37.36	750m:	9:30.05	38.24	1150m:	14:37.44	38.20			
	400m:	5:02.35	38.16	800m:	10:08.72	38.67	1200m:	15:16.63	39.19			
45.			2008	I				19:05.47	I		518	
	50m:	33.46	33.46	450m:	5:36.81	38.56	850m:	10:44.98	38.36	1250m:	15:54.55	38.49
	100m:	1:10.38	36.92	500m:	6:15.03	38.22	900m:	11:23.14	38.16	1300m:	16:33.69	39.14
	150m:	1:47.72	37.34	550m:	6:53.53	38.50	950m:	12:01.73	38.59	1350m:	17:12.13	38.44
	200m:	2:25.50	37.78	600m:	7:31.95	38.42	1000m:	12:41.04	39.31	1400m:	17:50.86	38.73
	250m:	3:03.37	37.87	650m:	8:10.29	38.34	1050m:	13:19.55	38.51	1450m:	18:28.81	37.95
	300m:	3:41.86	38.49	700m:	8:49.46	39.17	1100m:	13:58.36	38.81	1500m:	19:05.47	36.66
	350m:	4:19.94	38.08	750m:	9:27.70	38.24	1150m:	14:37.16	38.80			
	400m:	4:58.25	38.31	800m:	10:06.62	38.92	1200m:	15:16.06	38.90			
46.			2007	I				19:09.16	I		513	
	50m:	33.89	33.89	450m:	5:34.31	37.84	850m:	10:42.61	38.41	1250m:	15:56.90	39.61
	100m:	1:10.14	36.25	500m:	6:12.70	38.39	900m:	11:21.06	38.45	1300m:	16:36.54	39.64
	150m:	1:47.46	37.32	550m:	6:51.28	38.58	950m:	11:59.99	38.93	1350m:	17:16.45	39.91
	200m:	2:24.68	37.22	600m:	7:29.78	38.50	1000m:	12:38.65	38.66	1400m:	17:56.22	39.77
	250m:	3:02.00	37.32	650m:	8:08.30	38.52	1050m:	13:18.21	39.56	1450m:	18:33.67	37.45
	300m:	3:39.67	37.67	700m:	8:46.51	38.21	1100m:	13:57.88	39.67	1500m:	19:09.16	35.49
	350m:	4:18.07	38.40	750m:	9:25.61	39.10	1150m:	14:38.14	40.26			
	400m:	4:56.47	38.40	800m:	10:04.20	38.59	1200m:	15:17.29	39.15			
47.			2008	I				19:12.95	I		508	
	50m:	34.42	34.42	450m:	5:35.92	38.32	850m:	10:46.68	39.02	1250m:	15:58.89	39.36
	100m:	1:11.54	37.12	500m:	6:14.50	38.58	900m:	11:25.67	38.99	1300m:	16:38.46	39.57
	150m:	1:48.62	37.08	550m:	6:53.13	38.63	950m:	12:04.91	39.24	1350m:	17:18.20	39.74
	200m:	2:26.13	37.51	600m:	7:31.85	38.72	1000m:	12:43.82	38.91	1400m:	17:57.62	39.42
	250m:	3:03.79	37.66	650m:	8:10.92	39.07	1050m:	13:23.20	39.38	1450m:	18:35.97	38.35
	300m:	3:41.42	37.63	700m:	8:49.75	38.83	1100m:	14:02.17	38.97	1500m:	19:12.95	36.98
	350m:	4:19.37	37.95	750m:	9:28.68	38.93	1150m:	14:41.32	39.15			
	400m:	4:57.60	38.23	800m:	10:07.66	38.98	1200m:	15:19.53	38.21			



25, 1500m (13-14)

					R.T.				FINA			
48.	2007 I				19:13.61 I				508			
50m:	33.12	33.12	450m:	5:34.67	38.20	850m:	10:44.49	39.08	1250m:	15:59.12	39.61	
100m:	1:10.02	36.90	500m:	6:13.09	38.42	900m:	11:23.66	39.17	1300m:	16:38.66	39.54	
150m:	1:47.33	37.31	550m:	6:51.29	38.20	950m:	12:02.91	39.25	1350m:	17:17.89	39.23	
200m:	2:24.45	37.12	600m:	7:30.21	38.92	1000m:	12:41.83	38.92	1400m:	17:57.56	39.67	
250m:	3:02.37	37.92	650m:	8:09.19	38.98	1050m:	13:21.71	39.88	1450m:	18:35.48	37.92	
300m:	3:40.12	37.75	700m:	8:47.82	38.63	1100m:	14:01.08	39.37	1500m:	19:13.61	38.13	
350m:	4:18.09	37.97	750m:	9:26.63	38.81	1150m:	14:40.15	39.07				
400m:	4:56.47	38.38	800m:	10:05.41	38.78	1200m:	15:19.51	39.36				
49.	2007 I				19:24.13 I				494			
50m:	34.01	34.01	450m:	5:37.62	38.11	850m:	10:46.55	39.18	1250m:	16:05.58	40.08	
100m:	1:11.43	37.42	500m:	6:15.93	38.31	900m:	11:26.11	39.56	1300m:	16:45.81	40.23	
150m:	1:49.43	38.00	550m:	6:53.70	37.77	950m:	12:05.71	39.60	1350m:	17:25.99	40.18	
200m:	2:27.43	38.00	600m:	7:31.99	38.29	1000m:	12:46.04	40.33	1400m:	18:06.62	40.63	
250m:	3:05.37	37.94	650m:	8:10.43	38.44	1050m:	13:25.89	39.85	1450m:	18:45.93	39.31	
300m:	3:43.28	37.91	700m:	8:49.06	38.63	1100m:	14:06.21	40.32	1500m:	19:24.13	38.20	
350m:	4:21.54	38.26	750m:	9:28.31	39.25	1150m:	14:46.40	40.19				
400m:	4:59.51	37.97	800m:	10:07.37	39.06	1200m:	15:25.50	39.10				
50.	2007				19:27.45 I				490			
50m:	31.23	31.23	450m:	5:39.28	39.54	850m:	10:57.79	39.94	1250m:	16:15.88	39.68	
100m:	1:07.19	35.96	500m:	6:18.92	39.64	900m:	11:37.21	39.42	1300m:	16:55.65	39.77	
150m:	1:44.81	37.62	550m:	6:58.18	39.26	950m:	12:17.86	40.65	1350m:	17:34.90	39.25	
200m:	2:22.73	37.92	600m:	7:37.88	39.70	1000m:	12:57.28	39.42	1400m:	18:12.59	37.69	
250m:	3:01.87	39.14	650m:	8:17.68	39.80	1050m:	13:37.63	40.35	1450m:	18:51.23	38.64	
300m:	3:41.06	39.19	700m:	8:57.90	40.22	1100m:	14:16.85	39.22	1500m:	19:27.45	36.22	
350m:	4:19.97	38.91	750m:	9:38.35	40.45	1150m:	14:57.00	40.15				
400m:	4:59.74	39.77	800m:	10:17.85	39.50	1200m:	15:36.20	39.20				
51.	2008				19:34.96 I				480			
50m:	32.16	32.16	450m:	5:47.03	40.03	850m:	11:05.56	39.76	1250m:	16:22.30	39.31	
100m:	1:09.59	37.43	500m:	6:27.65	40.62	900m:	11:45.39	39.83	1300m:	17:02.01	39.71	
150m:	1:48.80	39.21	550m:	7:07.27	39.62	950m:	12:25.40	40.01	1350m:	17:40.58	38.57	
200m:	2:28.55	39.75	600m:	7:46.62	39.35	1000m:	13:04.53	39.13	1400m:	18:19.97	39.39	
250m:	3:08.23	39.68	650m:	8:26.58	39.96	1050m:	13:44.32	39.79	1450m:	18:58.49	38.52	
300m:	3:47.80	39.57	700m:	9:06.51	39.93	1100m:	14:24.14	39.82	1500m:	19:34.96	36.47	
350m:	4:27.33	39.53	750m:	9:45.91	39.40	1150m:	15:03.53	39.39				
400m:	5:07.00	39.67	800m:	10:25.80	39.89	1200m:	15:42.99	39.46				
52.	2007 I				19:46.32 I				467			
50m:	32.91	32.91	450m:	5:41.86	39.25	850m:	11:01.15	40.12	1250m:	16:25.65	41.12	
100m:	1:10.04	37.13	500m:	6:21.51	39.65	900m:	11:41.68	40.53	1300m:	17:06.06	40.41	
150m:	1:48.13	38.09	550m:	7:01.05	39.54	950m:	12:21.69	40.01	1350m:	17:46.82	40.76	
200m:	2:26.65	38.52	600m:	7:40.69	39.64	1000m:	13:01.90	40.21	1400m:	18:27.46	40.64	
250m:	3:05.33	38.68	650m:	8:20.43	39.74	1050m:	13:42.59	40.69	1450m:	19:07.56	40.10	
300m:	3:44.68	39.35	700m:	9:00.92	40.49	1100m:	14:23.16	40.57	1500m:	19:46.32	38.76	
350m:	4:23.38	38.70	750m:	9:40.64	39.72	1150m:	15:03.88	40.72				
400m:	5:02.61	39.23	800m:	10:21.03	40.39	1200m:	15:44.53	40.65				
53.	2008 I				19:53.17 I				459			
50m:	32.08	32.08	450m:	5:50.10	40.84	850m:	11:13.25	40.91	1250m:	16:38.67	40.54	
100m:	1:08.55	36.47	500m:	6:30.17	40.07	900m:	11:54.27	41.02	1300m:	17:19.28	40.61	
150m:	1:47.78	39.23	550m:	7:10.63	40.46	950m:	12:35.01	40.74	1350m:	17:59.36	40.08	
200m:	2:27.46	39.68	600m:	7:50.77	40.14	1000m:	13:16.07	41.06	1400m:	18:38.94	39.58	
250m:	3:08.21	40.75	650m:	8:31.08	40.31	1050m:	13:57.23	41.16	1450m:	19:17.48	38.54	
300m:	3:48.07	39.86	700m:	9:11.58	40.50	1100m:	14:37.44	40.21	1500m:	19:53.17	35.69	
350m:	4:28.85	40.78	750m:	9:52.35	40.77	1150m:	15:17.82	40.38				
400m:	5:09.26	40.41	800m:	10:32.34	39.99	1200m:	15:58.13	40.31				



25, , 1500m , (13-14)

	/				R.T.				FINA			
54.	2008				19:57.91 				453			
50m:	35.56	35.56	450m:	5:48.91	39.46	850m:	11:10.28	40.26	1250m:	16:37.81	41.18	
100m:	1:14.26	38.70	500m:	6:28.61	39.70	900m:	11:50.73	40.45	1300m:	17:19.07	41.26	
150m:	1:52.91	38.65	550m:	7:08.24	39.63	950m:	12:31.74	41.01	1350m:	17:59.75	40.68	
200m:	2:32.17	39.26	600m:	7:48.58	40.34	1000m:	13:12.63	40.89	1400m:	18:40.44	40.69	
250m:	3:11.12	38.95	650m:	8:28.82	40.24	1050m:	13:53.41	40.78	1450m:	19:20.16	39.72	
300m:	3:50.76	39.64	700m:	9:09.22	40.40	1100m:	14:34.25	40.84	1500m:	19:57.91	37.75	
350m:	4:29.88	39.12	750m:	9:49.41	40.19	1150m:	15:15.37	41.12				
400m:	5:09.45	39.57	800m:	10:30.02	40.61	1200m:	15:56.63	41.26				
55.	2008				20:14.56 				435			
50m:	35.70	35.70	450m:	5:57.65	40.64	850m:	11:25.75	41.10	1250m:	16:53.76	40.75	
100m:	1:14.60	38.90	500m:	6:38.91	41.26	900m:	12:06.94	41.19	1300m:	17:34.53	40.77	
150m:	1:54.38	39.78	550m:	7:19.66	40.75	950m:	12:48.15	41.21	1350m:	18:13.97	39.44	
200m:	2:34.65	40.27	600m:	8:00.70	41.04	1000m:	13:29.34	41.19	1400m:	18:55.36	41.39	
250m:	3:15.23	40.58	650m:	8:41.63	40.93	1050m:	14:10.39	41.05	1450m:	19:36.03	40.67	
300m:	3:55.78	40.55	700m:	9:22.79	41.16	1100m:	14:51.61	41.22	1500m:	20:14.56	38.53	
350m:	4:36.32	40.54	750m:	10:03.73	40.94	1150m:	15:32.36	40.75				
400m:	5:17.01	40.69	800m:	10:44.65	40.92	1200m:	16:13.01	40.65				
DNS	2007											
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